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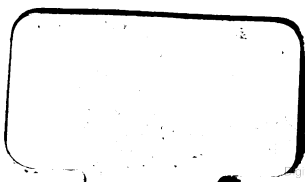
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BATHING  
PLACES

B. BRADSHAW'S



CLIMATIC  
HEALTH  
RESORTS











THE Proprietors being desirous to offer to the Public an accurate and reliable guide to the places named, will feel greatly obliged if any reader observing inaccuracies will kindly notify them, in order that the same may be corrected in future editions.

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# B. BRADSHAW'S DICTIONARY

OF

MINERAL WATERS, CLIMATIC HEALTH RESORTS,  
SEA BATHS,  
AND HYDROPATHIC ESTABLISHMENTS.

*Giving the Summer and Winter Residences of Doctors; Hotels which can be  
recommended with confidence; and other  
useful information.*

WITH A MAP

*Printed in 11 Colours,*

SHOWING THE STATIONS NAMED, AND AN ITINERARY OF THE  
QUICKEST AND CHEAPEST ROUTES BY RAIL,  
BOATS, CARRIAGES, ETC.

*Second (thoroughly revised and considerably augmented) Edition,*  
**1883.**

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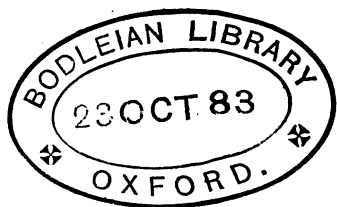
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## PREFACE.

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THE support which this work has met with, and which may fairly be taken as a measure of its utility, enables the proprietors to present the public with a second edition. They return their grateful thanks to friends for many valuable suggestions, and much information freely given, and trust that they may be favoured with a continuance of the same in the future. The caprices of fashion, not less than the advance made each year in science and medicine, render such assistance peculiarly necessary in a work like the present.

To note and chronicle such advances and their bearing on the health resorts of the Continent, is the object which the writers have kept constantly in view. If they have, in the present instance, succeeded in their task, however imperfectly, it will stimulate them to fresh efforts.

The present edition contains nearly 1,300 new names of places. The "Table of Diseases," which shows where invalids suffering from various maladies may best seek change, has been entirely re-written. So likewise has the Table of the quickest and cheapest routes to the various places indicated. This, it is hoped, will be found equally useful to invalids and travellers. Various other additions and emendations have also been made. A map, printed in eleven colours, indicates at a glance the therapeutic properties of the various health resorts mentioned.

NICE, *October*, 1883.



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## ADVICE TO BATHERS.

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IN selecting a bathing-place, not only should the chemical composition of the waters be taken into account, but also the climate, altitude, resources of the station, habits of the patient, and his moral proclivities.

The family medical adviser should select the station most suitable for his patient, should furnish him with an introduction to the resident doctor, and should indicate the proper moment for departure. The warm months, which suit some persons, are not equally advantageous to others. Englishmen, owing to the high temperatures prevailing in July and August, often prefer to make their visits to watering-places in May and September. There are, however, many patients,—for instance, the lymphatic, the scrofulous and the rheumatic,—who require the direct heat of the sun quite as much as the thermal action of the waters. Such persons will, of course, prefer the warmest season for the mineral waters. Our ancestors would appear to have made some systematic preparations before going to the baths. *Non venite mai al bagno se non siete purgato!* We are a little too indifferent now, perhaps, to such preliminaries. We content ourselves generally with complementary treatment. The Germans, on the other hand, employ both. They have the preparatory treatment (Vorkur), and the after treatment (Nachkur), and deem the one not less important than the other.

To regain health, it is not sufficient merely to take a course of waters; it is also necessary to observe certain hygienic precautions. As regards treatment, there are perhaps no fixed rules. The indications must vary according to each individual case, for where one requires tonic, another may require alterative treatment.

Medical men are naturally the best qualified to decide what is good in each individual case. Whether, for example, an animal or a vegetable diet is in any given instance the more suitable of the two.

For some patients Bordeaux, for others a lighter wine is most suitable; the table water will also vary, from Carlsbad to Apollinaris, Oriol, Condillac, Vals or Royat, Vichy or Bourboule, as the case may be.

Many invalids find in exercise, and, if necessary, in massage and gymnastics, a complementary hygienic treatment. The want of exercise engenders disease, and is one of the most potent factors in the production of gout, gravel, obesity, anæmia, dyspepsia, and many other affections. Digestion is aided almost as much by the legs as by the stomach. It is by proper exercise that the appetite is sharpened, the digestion strengthened, nervous energy developed, and sleep induced.

Concerning wearing apparel, it may be remarked that, as a rule, mineral-water stations are situated in mountainous countries, where the temperature and hygrometric conditions of the atmosphere are subject to change every hour. For a patient who has experienced the depurative action of the waters, and has thereby been rendered more liable to take cold, a light woollen overcoat, worn as required, is always advisable.

The stimulating effects of the thermal treatment, the life led, the exercise taken, the obligation of early rising, all conduce to make sleep even more imperatively necessary than under ordinary circumstances.

It is not assuredly by leading in watering-places the same life which a man has led elsewhere—not, for example, by turning night into day—that he can expect to regain strength and nervous energy. Early rising and early retiring to rest must be the rule for all who wish to benefit by the waters.

Amusement is not absolutely necessary to the good effects of the mineral-water cure, nor is it true that it is its principal element. Bordell is said to have treated horses successfully with mineral waters, and as “amusement” or “imagination” are unknown to such animals, the most incredulous must allow that mineral waters have a curative power, due to their own specific principles. On

the other hand, it is not less true, as Zimmermann remarks, that "Certain diseases can only be relieved by medicines acting on the mind, and, therefore, amusement and recreation play an important rôle in hydro-mineral medication." Persons, therefore, interested in the success of any particular spring, should bear this fact in mind, and remember that as there are patients to whom quietude, tranquility, the contemplation of nature, promenades on hills, in meadows, and so forth, may suffice, so there are others, with less bucolic tastes, who may prefer a good orchestra to the song of birds, and to whom the varied amusements of society, enjoyed in just measure, are alike useful and profitable.

The selection of an hotel is also an important matter. If an invalid is thrown among those whose conversation and habits are agreeable, and whose tastes and feelings are in harmony with his own, his sojourn will become a pleasant one. He may be induced to prolong it, and may separate with regret from his new acquaintances. How often has a friendship formed at a watering-place exercised a happy influence over the whole of after life!



## HINTS TO VISITORS AT WATERING- - PLACES.

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**DRINKING THE WATER.**-- It used at one time to be the custom to drink mineral waters by the gallon. Of late years, however, this practice has more or less declined, and it is now the rule to administer waters in graduated doses of one glass, half-a-glass, quarter-of-a-glass, or even, as at Eaux-bonnes, by the table-spoonful. The quantity should be diminished or increased in accordance with the indications of the disease, and the degree of tolerance shown by the patient. The waters are generally taken best in the morning, and their absorption is often promoted by a short walk. To go directly from the spring to the bath, or to drink the waters while in the bath itself, frequently disagrees, causing a sensation of weight in the stomach, or even nausea. Strictly speaking, all mineral waters might be taken internally. In practice, however, the hypothermal are reserved exclusively for external use.

**INHALATION.**-- The object of inhalation is to cause certain medicinal substances to enter the lungs directly. These substances may be in the form of gases, vapours or spray. It has long been known that the pulmonary mucous membrane can be acted on by substances inhaled. It was this knowledge which led **GALEN** to send his patients to the sulphurous air of Sicily, and **LAEMER** to hang seaweed round the walls of the rooms occupied by sufferers from consumption. Pulmonary absorption often takes place with great rapidity, as is shown by the fact that merely passing through a malarial swamp will often induce an attack of fever. There is a double advantage in inhalation; it brings the medicament in direct contact with the affected part, and also

relieves the stomach, already perhaps over-stimulated by excessive and long-continued dosing with drugs.

**BATHS.**—In the present state of our knowledge it is scarcely possible to say how mineral baths exactly act. It is reasonable to attribute their action to absorption through the skin. This however is denied by some physiologists. M. DURRIEN, for instance, maintains that the weight of the body is unchanged after a bath of moderate temperature, but that it gains or loses weight in proportion as the bath is under or over a mean temperature. SCONTETTEN maintains that a mineral water bath acts less by the mineral principles contained in it than by the electricity liberated. He suggests a study of the magnetic needle as a means of judging of the efficacy of a spring. A bath of from 50 to 76° F. is considered tepid, from 76 to 92° F. warm, from 92 to 112° F. hot. A mean between the two latter is the temperature of the reservoirs in the thermal establishments. It is of course impossible to give any one temperature which shall be applicable to all cases. Some individuals will be affected by a temperature of 76° more than others will by one of 82°. When, however, the temperature of the bath is unsuited to a particular case less benefit is derived from the waters. A patient should therefore note accurately the thermometer before entering his bath, and not, as is so often done, rely on his own tactile sensibility, or on that of his attendant. As a rule, to which, however, there are exceptions, the stay in the bath should not exceed one hour; nor should it be continued after the temperature begins to fall to luke warm, for a bath should either be hot or cold. If a warm bath be continued too long it is apt to produce determination of blood to the skin; if a cold bath be so continued, it is apt to produce a revulsion of blood towards the internal organs.

**SHOWER BATHS AND DOUCHES.**—The douche bath has only been prescribed systematically of recent years. Its chief advantages are that it can be used so as to impart a shock or stimulus, that it requires less time, and that it can be administered at what are comparatively extreme temperatures. The douche consists essentially of a jet of water, which as it were encloses the whole or

any given portion of the body. Its effects can be modified by altering the temperature, direction, power, or form of the *jet d'eau*.

MASSAGE, or "Kneading," is a method of treatment which has prevailed in the East from time immemorial. It is now common enough in most balneal establishments in Europe. Long abandoned to quacks and empirics, who owed to it much of their success in treating joint affections, it has at length taken its place as a recognised method of treatment. Massage consists essentially of a series of acts of pressure and traction alternately on the skin, muscles and sinews. This manipulation can be combined, as desired, with the douche, the sweating bath, the simple bath (wet massage), or without water at all (dry massage). From a physiological point of view it may be said that the douche and massage act by augmenting the quantity of blood passing through a tissue or organ in a given time. The process of organic exchange thereby becomes more active, and nutrition is stimulated.

GYMNASTICS form a useful addition to hydrotherapeutics. The gymnastics here spoken of have of course nothing to do with professional gymnastics, but are simply and solely medical exercises. Their object is to restore the body to its normal form by suitable and continuous motion, and to compel feeble or undeveloped organs to undertake their fair share of physiological work. To this system of treatment the illustrious DELPECH gave the name of "orthomorphism."

MINERAL WATERS FROM A THERAPEUTIC POINT OF VIEW.--The term "mineral waters" is applied to those waters which hold in solution a variety of mineral substances at various temperatures. Some writers have denied the therapeutic efficacy of mineral waters, basing their opinions on the minute quantities of mineral matter held in solution. In many cases however the waters act with so much energy that no scepticism as to their power is possible. Thus at Eaux-bonnes a season rarely passes without some sufferer inducing hæmoptysis by an indiscreet use of the waters. At Ax, Dr. GARRIGON has known death to occur from the injudicious and excessive use of the Vignerie spring. The Carlsbad waters, if taken by persons of a plethoric and sanguine habit of



body, may occasion dangerous symptoms. Many of these mineral waters are of a much more complex character than the older chemists, with their less perfect methods of analysis, supposed. Quite recently Dr. THENARD has discovered arsenic in the waters of Mont-Dore, while in other springs the existence of rare elements, such as rubidium, can now be demonstrated. The human body indeed, as every physiologist knows, is itself sufficiently rich in minerals. Iron, lithium, manganese, lead and copper are found in it, besides phosphorus, sulphur, silica, chlorine, fluorine, potassium, sodium, calcium and magnesia in more or less intimate union with the common substances of all organic life, viz., oxygen, hydrogen, carbon and nitrogen--a sufficiently long list it will be allowed.

Modern pathology teaches that many diseased conditions of the body depend on deficiency or undue excess of mineral constituents. Thus a deficiency of iron shows itself in the blood by chlorosis and anæmia, both conditions being soon removed when iron is supplied. Goitre, it has been suggested, depends on the absence of iodine in drinking water, just as stone in the bladder is often induced by drinking excessively hard water. Osteomalachia, or softening of the bones, as also rickets, depend primarily on a deficiency of the salts of lime. Hence, to restore these absent principles would seem at once the most efficacious and common-sense plan of treatment. This is exactly what mineral waters do, but they do it much more surely and quickly than any mixtures compounded artificially in the chemist's laboratory. The similarity existing between the constituents of the human body and of certain mineral waters did not escape the illustrious SYDENHAM, who remarked that chalybeate waters will sometimes restore patients to health more rapidly and thoroughly than the most lauded pharmaceutical preparations. Similarly, Dr. BAZIN, Professor of Dermatology at the Hospital St. Louis, Paris, holds that natural sulphurous waters are much more powerful therapeutically than any which can be produced by art. The mere fact that mineral waters have so long held their own in medicine, and are to-day more used than ever, is a strong argument in favour of their value. When rightly used they constitute a complex, but a very real remedy, the more valu-

able because prepared by Nature herself. One proof is as good as a thousand. The physiological effects of only 0.25 gram. of iron in spa water will show themselves quicker and more pleasantly than many times the amount of the same metal in an artificial compound. The reason is that from some cause or another natural iron water is more quickly absorbed and assimilated. It has been suggested that the presence of other minerals and chemical compounds render it more digestible. Whatever the reason may be the fact is indisputable, as many have learned from personal trial.

Medical experience goes to show that almost every affection which subsequently becomes chronic might at one period of its history have been relieved. All, at a certain stage are susceptible of relief by a suitable course of waters. There exists scarcely a diathesis, or "state of constitution," which may not be modified and improved by these natural remedies. Especially is this true of those faulty states to which the name "syphilitic," "scrofulous or strumous," "herpetic," and "gouty" have been given. A judicious and early use of mineral waters will often check the first manifestations of these unhealthy conditions, which, in the majority of cases, are hereditary rather than acquired. The action of mineral waters is well-nigh as varied and subtle as their composition. The great majority, however, of all medicinal water act essentially as tonics and alteratives. Hence the fact that a certain unhealthy condition of body may often be modified or changed by springs apparently widely different in composition. The important fact to bear in mind is that mineral waters exercise an influence above and beyond that which their merely chemical composition would seem to indicate. This is well-known to medical men in all the scientific centres of Europe. Hence it is that BAZIN sends sufferers from psoriasis to Royat, that HARDY sends herpetics to St. Gervais, that GUENEAU DE MUSSY sends chest cases to Mont-Dore, that RICORD and CALVO send syphilitics to Aix-les-Bains, that Sir HENRY THOMPSON of London sends calculous cases to Marienbad, Pullna, and Vals, that GARROD sends gouty and rheumatic sufferers to Aix-les-Bains, and CAVELOT of Naples lymphatic and strumous patients to Ischia.

**CLASSIFICATION OF MINERAL WATERS.**—It is by no means easy to classify mineral waters. Indeed, a simply arranged but scientific catalogue of the various springs of Europe is still a desideratu, for balneology has not as yet found its Linnæus or Jussien. Chemists are scarcely agreed as to what should form the basis of classification, whether it should be the mineral elements themselves, or the acids with which they are united in the form of various salts. The chief mineral salt present may be taken roughly as characteristic of a particular spring, and as imparting to it certain distinctive characters. It should, however, be borne in mind that the element of quantity is not always identical with that of quality, and that often chemical analysis is a most uncertain guide to therapeutic value.

The following classification may be adopted in the absence of a better, viz. :—

1. Indifferent, thermal, or cold.
2. Alkaline waters.
3. Alkali-saline waters.
4. Acidulated (bitter) waters.
5. Saline waters.
  - (a.) simple saline.
  - (b.) sea water.
  - (c.) iodo-bromide.
6. Sulphurous waters.
7. Ferruginous waters.
8. Lime and earthy waters.

However defective this classification may be, it has the great advantage of indicating the mineral constituents of most importance from a therapeutic point of view. Thus, speaking in general terms, it may be said that lung and skin affections are benefited chiefly by sulphurous waters, the uric acid diathesis by the soda bicarbonate, the scrofulous by the alkaline, anæmia and chlorosis by the chalybeate, syphilis in its various manifestations by the bromiodides, and herpes by the arsenical.

**MILK AND BUTTERMILK CURE.**—The milks used for the former are those of the cow, goat, sheep, donkey, and mare. Of these five, that of the donkey contains most water and least organic matter, i.e., nearly 9 %; next comes goat's milk, with 18½ %;

cow's, with 14 %; sheep's, with 16 %; and mare's, with nearly 17 %. Sheep's milk is, therefore that most generally used. Mare's milk is employed only in Russia, Hungary, and at a very few places in Germany. Sheep's milk is the most nutritive, but at the same time the most difficult of digestion.

Casein is contained in the various milks in the following proportions:—Cow's, 5 %; sheep's,  $4\frac{1}{4}$  %; goat's,  $4\frac{1}{2}$  %; donkey's 2 %; and mare's,  $1\frac{1}{2}$  %.

Milk as a nutritive element has been used from time immemorial. With regard to their respective nutritive values, the various milks are classified as follows:—

- (1) *Cow's*.
- (2) *Goat's*.—Rich in albumen, and especially valuable in intestinal catarrh.
- (3) *Sheep's*.—Very rich, and a valuable remedy in cases of reduced alimentation.
- (4) *Donkey's*.—Relatively the poorest in nutritive constituents, but still one of the most important on account of its ready digestability and mild purgative action. It is especially valuable in chronic chest complaints, with frequent acute exacerbations and pyrexia, and where there is no intestinal catarrh.
- (5) *Mare's milk*, though as yet but little employed as a curative agent, is actually the richest of all the five. It is very poor in protein, but is the richest in butter, as also in milksugar, and salts. Its chemical composition suggests that in chronic tuberculosis of the respiratory organs it might prove to be a very valuable therapeutic agent.

The special treatment advisable in each case differs considerably, and can best be decided by the medical practitioner. Some physicians forbid other nourishment whilst patients are undergoing the milk cure; others admit a very small quantity, while others again continue the usual diet. Some mix the milk with water, others with coffee, and others prescribe it after the cream has been removed. The milk cure has given good results in dropsy, in difficult respiration depending on emphysema and catarrh, in chronic diarrhoea, in liver affections, in dyspepsia,

in diabetes, in morbus Brightii, in diseases of the heart, in articular rheumatism, and in nervous and other affections.

**BUTTERMILK CURE.**—The ordinary residue of the milk after churning is sometimes used as a cure, and has given good results in cases of plethora abdominalis, chronic constipation, chronic heart disease, and especially in ulcers of the stomach.

**WHEY AND KOUMISS CURE.**—Whey is milk deprived of its casein. It has a pale green colour, is transparent, has a sweetish taste, and a flavour of goat's milk. It contains in 100 parts :—

	Sheep's.	Cow's.	Goat's.
Water ... ..	91·960	93·261	93·380
Albumen ... ..	2·130	1·080	1·140
Milksugar ... ..	5·070	5·100	4·530
Fat ... ..	0·252	0·116	0·372
Salt and other substances	0·588	0·416	0·578

The whey cure is generally prescribed in cases of scrofula, incipient tuberculosis, rheumatism, and hereditary gout, plethora abdominalis, chronic phthisis, pneumonia, and bronchitis, laryngitis, abdominal disorders, liver and kidney affections.

The cure is usually carried out in mountainous and woody places, as the air, climate, &c., work in conjunction with the whey. The daily quantities prescribed, vary according to individual habits, and range between  $\frac{1}{4}$  to 1 litre a day. The latter amount, however, can be supported by very few, and is rarely given. The taste of whey is subacid and not unpleasant. Medical authorities are still undecided as to whether it is the whey or the mountain air, or the emanations of the forest which has so often done good in many of the above complaints.

Koumiss is fermented mare's milk and is held in high favour as a remedy against consumption with the nomad tribes of the Russian and Siberian Steppes. There are but few establishments in Germany, Austria or Switzerland, which include Koumiss in the list of their therapeutic agents. Taken in large quantities Koumiss allays the desire for solid food. Invalids can live for weeks, or even months, without any other nourishment but Koumiss itself.

The mode of preparation is too long to describe, besides which,

it varies in almost every station. Koumiss creates a feeling of comfortable warmth in the stomach. Its taste is agreeable. When newly made it has a purgative, but when old an astringent action. As already remarked it is a valuable remedy in phthisis, chronic bronchial and intestinal catarrh, and diarrhœa, anæmia, chlorosis and scrofula. In Germany, as also in Switzerland, Koumiss is prepared from cow's, donkey's and goat's milk, but the results are not the same as those obtained with mare's milk. The Koumiss cure to do any good must be thorough. Taken in small doses it has no effect. Generally one bottle a day is used at first, and this quantity is augmented to five bottles later on. Very little solid food is taken, and that only in the evening when the treatment of the day has been finished. The temperature of the Koumiss should not be higher than 90° F. Nervous invalids and those who have an aversion to it, may take it at from 45° F. to 50° F.

**GRAPE AND FRUIT CURES IN GENERAL:—**Grapes contain in the mean in 1,000 parts -

Water	...	...	...	...	760	---	840
Sugar	...	...	...	...	106	---	330
Acid	...	...	...	...	3·5	-	10·2
Albumen	...	...	...	...	5·0	-	20·0
Pectin, &c.	...	...	...	...	2·5	-	30·0
Salts	...	...	...	...	2·0	--	4·0

The most important constituent is the grape sugar. This varies in quantity very considerably, according to the greater or less warmth of the climate. In Hungary—Ruszt and Tokay—301 parts of grape sugar are found; in Southern France, 240; Styria, 215; Moselle, 214; Worms, 201; Adlersberg, Hungary, 192; Stuttgart, 190; Bohemia, 185; Heidelberg, 180; on the Neckar, 159. Spain, Italy and Madeira, are not included here, as the grape in these countries is not employed therapeutically.

The quantity of grapes prescribed during the cure varies from 4 to 10, and sometimes even to as much as 12 pounds daily. It is but natural to suppose that the human body, subjected to such treatment for three and four weeks continuously must feel the effects of a diminished food supply, and of the stimulus given to

secretion. The material absorbed operates chiefly on the kidneys and intestines.

The grape cure is indicated in cases of scrofula, anæmia, indigestion, convalescence after fevers, chlorosis, and menstrual disorders.

Favourable conditions or otherwise of climate play an important part in the results of treatment. Taken in very large quantities, 8 or 10 lbs. a day for instance, the grape cure is very effective in cases of plethora-abdominalis, hæmorrhoids, constipation, hypochondriasis, and chronic catarrh of the respiratory organs.

In phthisis and gravel the results are somewhat uncertain.

Instead of grapes, other fruits may be similarly employed, as, for example, cherries, strawberries, the various varieties of currants, &c.

Raw ham, and other raw meats are likewise, though very rarely, prescribed as cures.

## ABBREVIATIONS.

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P.L.M.	Paris, Lyons, and Mediterranean Railway.
S. & F.	South of France (Midi) Railway.
N.F.	North                   "                   "
E.F.	East                   "                   "
O.F.	West                   "                   "
Orl.	Orléans Railway.
P.S.R.	Prussian State Railways.
B.R.	Belgian Railways.
D.R.	Dutch Railways.
S.A.R.	South Austrian Railway.
C.G.T.	Compagnie Générale Transatlantic.
T.	Temperature.
F.	Fahrenheit.
F.	Franc.
C.	Centime.
M.	Marks.
Pf.	Pfennigs.
K.	Kilomètres.





# DISEASES :

AND PLACES WHERE THEY ARE MOST EFFECTUALLY  
CURED.

Name of Disease.	Medium.	Places.
<b>Abdominal swellings.</b>	Iodo-bromide waters	<b>Kreuznach, Goczalkowicz, Königsdorff-Jastrzembs, Ravone in Casaglia, Sulzbath, Zajzon.</b>
	Sea baths ... ..	North Sea, Atlantic and Mediterranean.
	Saline waters ... ..	<b>Acquae - Albulae, Ischl, Amélie-les-Bains, Baden-Baden, Castro-Caro, Cheltenham, Gerace, Kissingen, Harrowgate, Leamington, Kreuznach, Mehadia, Riolo, Uriage, La Bourboule.</b>
	Sulphurous waters	<b>Acireale, Acquae-Albulae, Aix-les-Bains, Amélie-les-Bains, Baden (Austria), Brussa, Castellamare, Chianciano, Castel St. Pietro, Eaux bonnes, Gerace, Harkanyi, Hêlouan, Ischl, Leamington, Parád, Strathpeffer, Telese.</b>
<b>Acne</b> ... ..	Various waters ... ..	<b>Ems, Enghien, Luchon, Schlangenbad, Uriage, Vals, Vichy, Recoaro, Dax, Gastein.</b>
<b>Adenitis</b> ... ..	Saline iodurated waters	<b>Ischl, Castro-Caro, Airthrey, Dürkheim, Gazost, Krankenheil, Lipik, Radein, Jvonicz, Baden-Baden, Uriage, Riolo.</b>
	Alum waters ... ..	<b>Erdöbenye, Parád.</b>
	Sea baths ... ..	<b>Brittany and French Atlantic coast.</b>

Name of Disease.	Medium.	Places.
<b>Albuminuria</b> ...	Alkaline ...	<b>Neuenahr</b> , Giesshübl, Fachingen, <b>Mont-Dore</b> , <b>Preblau</b> , Teinach, Salzbrunn.
	Ferruginous alkaline	Contrexéville, <b>Schwalbach</b> , Evian, Schelesna-Wodsk, Harrowgate, Franzensbad, <b>Mont-Dore</b> .
	Alkaline earthy ...	<b>Chianciano</b> , Bath, Loèche, Contrexéville, Szklono, Wildungen.
<b>Amaurosis</b> ...	Purgative waters...	<b>Marienbad</b> , <b>Castellamare</b> , Kissingen, Tardou, St. Alban, Brides.
	Hydrotherapy ...	<b>Divonne - les - Bains</b> , <b>Baden-Baden</b> , Ischl, <b>Vöslau</b> .
<b>Amenorrhœa</b> ...	Sulphurous waters	<b>Aix-les-Bains</b> , <b>Schinzach</b> , <b>Baden</b> (Austria), <b>Castellamare</b> , <b>Acireale</b> , Uriage, <b>Eaux Bonnes</b> .
	Chalybeate waters	Schwalbach, <b>Recoaro</b> , Contrexéville, <b>Pymont</b> , Cleve, <b>Gleichenberg</b> , <b>Chianciano</b> , Spa.
<b>Anæmia</b> ...	Ferruginous waters	Spa, <b>La Bourboule</b> , <b>Gleichenberg</b> , <b>Chianciano</b> , <b>Recoaro</b> , <b>Pymont</b> , Harrowgate, Szliacs, Schwalbach.
	Hydrotherapy ...	<b>Divonne</b> , <b>Baden-Baden</b> , Godesberg, Mondorf, Strathpeffer, Bushy Park.
	Indifferent waters	<b>Badenweiler</b> , <b>Vöslau</b> , <b>Römerbath</b> (Austria).
	Winter stations ...	<b>Acireale</b> , <b>Castellamare</b> , <b>Madeira</b> , the <b>Riviera</b> , <b>Biarritz</b> .
	Climatic air stations	<b>Ischl</b> , <b>Bürgenstock</b> , <b>Schmecks</b> , <b>Görbersdorf</b> .
	Sea baths ...	North Sea, Atlantic, Mediterranean.
<b>Anchylosis</b> ...	Thermal sulphurous	<b>Aix-les-Bains</b> , <b>Chianciano</b> , <b>Amélie-les-Bains</b> , <b>Dax</b> .
	Sulphurous saline	<b>Acireale</b> , <b>Ischl</b> , <b>Baden</b> (Switzerland), <b>Mehadia</b> , <b>Balaruc</b> , <b>Bourbonne</b> .
	Mud and sand baths	<b>Acqui</b> , <b>St. Amand</b> , <b>Dax</b> , <b>Balaton-Füred</b> .
	Thermal alkaline saline	<b>Teplitz - Schöna</b> , <b>Karlsbad</b> .

Name of Disease.	Medium.	Places.
<b>Angina</b> ... ..	Sulphurous waters	Eaux-Bonnes, <b>Ischl</b> , Schinznach, Amélie, Allevard,
<b>Arthritis</b> ... ..	Hydrotherapy ...	Divonne-les-Bains.
<b>Asthma</b> ... ..	Mountain air-cure	<b>Ischl</b> , Gleichenberg, Chamounix, Veldes, Bürgenstock, Grindelwald, La Bourboule.
	Sea baths ... ..	Biarritz, Houlgate, Doberan, Brighton, Scarborough.
	Sulphurous waters	Eaux-bonnes, Acireale, Chianciano, Caunterets.
	Alkaline waters ...	Ems, Neuenahr, Gleichenberg, Recoaro.
	Mixed and ferruginous	Mont-Dore, <b>Spa</b> .
<b>Ataxy</b> ... .. (Locomotor)	Ferruginous alkaline waters	Schwalbach, Pyrmont, Chianciano, Gleichenberg, Contrexéville, Mont-Dore.
	Sulphurous waters	Aix-les-Bains, <b>Ischl</b> , Challes, Schinznach, Baden (Austria).
<b>Atrophy</b> ... .. (Muscular)	Various waters ...	<b>Baden-Baden</b> , <b>Aix-les-Bains</b> , Loèche, Chianciano, <b>Acireale</b> , Schinznach, <b>Schwalbach</b> .
<b>Blenorrhœa</b> ...	Various waters ...	Amélie, Pyrmont, <b>Teplitz-Schöna</b> , Recoaro, Castellamare, Schwalbach.
	Sea baths ... ..	Baltic and Mediterranean.
<b>Boils and Abscesses</b>	Sulphurous... ..	Aix-la-Chapelle, Gazost, Guagno, Caldaniccia.
	Saline waters ...	Bourbon Lancy, Bourbon l'Archambault, Balaruc, <b>La Bourboule</b> .
	Saline sulphurous	Baden (Austria), Mehadia, <b>Uriage</b> , Schinznach, Acireale, Chianciano.
<b>Bones, diseases of the</b>	Sea baths ... ..	North Sea and Atlantic.
	Saline waters ...	Ischia, <b>Ischl</b> , Naheim, <b>Baden-Baden</b> , Kreuznach, La Bourboule.
	Thermal-sulphurous waters.	<b>Aix-les-Bains</b> , Uriage, Alhama de Aragon, <b>Baden</b> (Austria), Mehadia, Chianciano.

Name of Disease.	Medium.	Places.
<b>Calculus (Biliary)</b>	Alkaline ferruginous waters Mild alkaline waters Mixed ... ..	Gleichenberg, Pymont, Recoaro, Schwalbach, Contrexéville. Ems, Neuenahr, Neyrac. Castellamare.
<b>Calculus ...</b> (Urinary and Vesical)	Sulphurous waters Alkaline waters ... Alkaline ferruginous waters	Acireale, Castellamare. Mont-Dore, Evian Neuenahr, Gleichenberg. Pymont, Recoaro, Contrexéville.
<b>Catarrhs ...</b> (Bronchial)	Ferruginous waters Hydrophathy ... Sulphurous waters Saline arsenical waters	Spa, Gleichenberg, Mont-Dore, Pymont, Recoaro. Divonne-les-Bains, Veldes, Albisbrunn. Acireale, Eaux-Bonnes, Chianciano. La Bourboule.
<b>Catarrhs ...</b> (Pulmonary)	Thermal - sulphurous waters Various waters ... Winter stations ...	Eaux-Bonnes, Chianciano, Acireale, Ischl, Baden (Austria). Ems, Neuenahr, Baden-Baden, Badenweiler, Gleichenberg, Mont-Dore, La Bourboule. Acireale, Hyères, Arcachon, Biarritz, Abazzia, Grasse, Cannes, Mentone, San Remo.
<b>Chlorosis...</b>	Ferruginous waters Sulphurous waters Sea baths ... Hydrophathy ...	Spa, Pymont, Gleichenberg, Recoaro, Schwalbach, Mont-Dore. Harrowgate, Schinznach, Acireale, Ischl. North Sea and Atlantic. Divonne-les-Bains, Godesberg, Nassau.
<b>Chorea or St. Vitus Dance</b>	Thermal hydrotherapy Lake baths ... ..	Aix-les-Bains, Baden (Austria), Mehadia, Baden-Baden, Lœche, Divonne, Brighton. Neusiedel, Balaton, Neuchatel, Geneva, Constanze.
<b>Congestions ...</b> (Cephalic)	Purgative and laxative waters	Castellamare, Püllna, Bilin, Ems, Niederbronn, Vöslau, Chianciano, Gerace.

Name of Disease.	Medium.	Places.
<b>Contractions</b> ...	Various waters ...	<b>Aix-les-Bains</b> , Loèche, Schinznach, Baden (Austria), Uriage, Baden-Baden, Dax, Acireale.
<b>Coryza</b> ...	Alkaline ferruginous waters	Mont-Dore, Contrexéville, Schwalbach.
<b>Convalescence</b>	Indifferent waters	Vöslau, Badenweiler, Veldes.
	Climatic air stations	<b>Ischl</b> , Axenstein, Bürgenstock, Sonnenberg, Grindelwald, Schlangenbath, La Bourboule.
	Ferruginous waters	<b>Chianciano</b> , Schwalbach, Recoaro, Pyrmont, Contrexéville, <b>Spa</b> , Acireale.
	Sulphurous and Winter station	
	Saline waters ...	<b>Baden-Baden</b> , La Bourboule.
<b>Debility</b> ... (Nervous and chronic)	Chalybeate ...	<b>Spa</b> , Tunbridge Wells, Recoaro, Gleichenberg, Schwalbach, Pyrmont, Chianciano.
	Climatic air station	<b>La Bourboule</b> , <b>Ischl</b> , Badenweiler, Görbersdorf, Axenstein, Sonnenberg, Bürgenstock, Grindelwald, Villeneuve, Grasse, Mentone, San Remo.
<b>Diabetes</b> ...	Alkaline waters ...	<b>Neuenahr</b> , Royat, <b>Tep- litz-Schönau</b> , Marienbad, Contrexéville, Vichy, <b>Evian</b> , Mont-Dore, La Bourboule.
	Alkaline ferruginous waters	Tunbridge Wells, <b>Recoaro</b> , Gleichenberg, Pyrmont, Schwalbach, Contrexéville.
<b>Dysentery</b> ...	Various waters ...	Niederbronn, Vals, <b>Neuenahr</b> , Weissenburg, <b>Tep- litz-Schönau</b> .
<b>Dysmenorrhœa</b>	Thermal hydrotherapy,	<b>Baden-Baden</b> , <b>Ischl</b> , Gastein, Badenweiler, Topusko, Ugod, <b>Neuenahr</b> .

Name of Disease.	Medium.	Places.
<b>Dyspepsia</b> ...	Gaseous waters ... Alkaline waters ... Effervescent ferruginous waters. Effervescent saline waters. Hydropathy ...	Condillac, Selters, Apollinaris, St. Alban. <b>Recoaro</b> , <b>Gleichenberg</b> , <b>Neuenahr</b> , Chianciano, <b>Teplitz-Schönau</b> . <b>Spa</b> , Oriol, Pougues, <b>Schwalbach</b> , <b>Pymont</b> , Cheltenham. Neiderbronn, <b>Homburg</b> , <b>Baden-Baden</b> , Wildungen, <b>Pymont</b> . <b>Divonne</b> , <b>Gräfenberg</b> , <b>Vöslau</b> , <b>Nassau</b> , <b>Godesberg</b> .
<b>Emphysema</b> ...	Ferruginous waters (climatic air and winter stations.	<b>Gleichenberg</b> , Chianciano, <b>Pymont</b> , <b>Recoaro</b> . <b>Acireale</b> , <b>Malaga</b> , <b>Madeira</b> , <b>Abazzia</b> , <b>Görbersdorf</b> , <b>Schmecks</b> , <b>Zermatt</b> , <b>Chamounix</b> , <b>Grasse</b> , <b>Cannes</b> , <b>Mentone</b> , <b>San Remo</b> .
<b>Female disorders.</b>	Hydropathy ... Ferruginous waters	<b>Divonne-les-Bains</b> , <b>Vöslau</b> <b>Spa</b> , <b>Schwalbach</b> , <b>Pymont</b> , <b>Mont-Dore</b> , Chianciano, <b>Recoaro</b> , <b>Forges - les - Eaux</b> , <b>Contrexéville</b> .
<b>Fractures</b> ...	Saline thermal waters. Sulphurous waters Thermal alkaline saline waters ...	<b>Baden-Baden</b> ... <b>Baden</b> (Austria), <b>Schinz-nach</b> , Chianciano, <b>Uri-age</b> , <b>Acireale</b> . <b>Teplitz-Schönau</b> , <b>Bertrich</b> , <b>Capvern</b> .
<b>Ganglionic tumours</b>	Sulphurous iodobrominated waters. Saline iodo-brominated waters ...	<b>Saxon</b> , <b>Challes</b> , <b>Wildegge</b> , <b>Harrowgate</b> . <b>Kreuznach</b> , <b>Ischl</b> , <b>Nauheim</b> , <b>Salins</b> , <b>Hall</b> (Austria)
<b>Gastralgia</b> ...	Hydropathy ... Effervescing mild mineral waters.	<b>Divonne</b> , <b>Gräfenberg</b> , <b>Bushy Park</b> , <b>Ben-Rhydding</b> , <b>Nassau</b> . <b>Evian</b> , <b>Neuenahr</b> , <b>Badenweiler</b> , <b>Vöslau</b> , <b>Teplitz - Schönau</b> , <b>Schmecks</b> , <b>Spa</b> .

Name of Disease.	Medium.	Places.
<b>Goitre</b> ... ..	Saline sulphurous iodurated waters	St. Genis, Challes, Marlioz, Chianciano.
<b>Gout</b> ... ..	Alkaline waters ...	Marienbad, Neuenahr, Teplitz-Schöna u, Contrexéville, Evian.
	Sulphate of lime waters	Aulus, Vittel, Capvern, Bath.
	Various ... ..	Uriage, Gleichenberg, Schinznach, Castellamare.
	Sulphurous waters	Aix-les-Bains, Escaldas, Harrowgate, Acireale, Baden (Austria).
<b>Gravel (Uric)</b> ...	Alkaline waters ...	Carlsbad, Contrexéville, Teplitz-Schöna u, Neuenahr, Gleichenberg, Recoaro, Chianciano, Mont-dore.
<b>Gravel</b> ... .. (Phosphatic.)	Sulphate of lime waters	Vittel, Ischl, La Preste, Molitg.
	Mild mineral ...	Vöslau, Badenweiler, Evian, Schlangenbad, Contrexéville.
<b>Hæmorrhoids</b>	Alkaline waters ...	Carlsbad, Le Boulou, Hov-ingham, Recoaro.
	Hydrophy ... ..	Divonne, Nassau.
	Acidulous ... ..	Castellamare.
<b>Herpes</b> ... ..	Saline sulphurous waters	Aix-les-Bains, Castellamare, Baden (Austria), Schinznach, Bâges, Caunterets, Uriage, Chianciano, Ischl, Teleze.
	Arsenical waters ...	Baden-Baden, La Bourboule, Mont-Dore, Cheltenham, St. Honoré.
<b>Hydropsia</b> ...	Acidulous ferruginous sulphurous waters	Castellamare ... ..



Name of Disease.	Medium.	Places.
<b>Hypochondriasis</b>	Purgative waters...	Vacqueiras, Montecatini, Hunyadi-Yános, Epsom, Matlock, <b>Castellamare</b> .
	Hydrotherapy ...	Divonne, Coombe Wood, Bushy Park, Godesberg, Gleichenberg.
	Winter stations ...	The Riviera and Spanish Coast towns.
<b>Hysteria</b> ... ..	Sedative ... ..	Schwalbach, Badenweiler, Ischl, Vöslau, St. Sauveur, Neris, Schlangenbad, Bormio.
	Ferruginous and magnesian waters	<b>Spa</b> , Luxeuil, Orezza, <b>Recoaro</b> , Römerbad (Switzerland).
	Climatic air and winter stations	Axenstein, Schmécks, Veldes, Pisa, Pau, Dax, Leghorn, Abazzia, Bürgenstock, <b>Grasse</b> .
	Sea baths ... ..	<b>Livorno</b> , Hastings, Scarborough, Ventnor, Blankenbergh, Zandvoort, The Riviera, <b>Arcachon</b> .
<b>Impotence</b> ..	Various waters ...	Wildbad, Gastein, La Battaglia, Neuenahr, Vöslau, <b>Spa</b> .
	Chalybeate waters	Pymont, Schwalbach, Tunbridge-Wells, <b>Recoaro</b> .
	Saline waters ...	Balaruc, Cornetto, Montecatini.
	Sea baths ... .. Sulphurous waters	North Sea and Baltic ... Aix, Barèges, Schinznach, Harrowgate, <b>Uriage</b> , <b>Baden (Austria)</b> .
<b>Intermittens</b> ...	Saline arsenical waters	<b>La Bourboule</b> .
<b>Intestinal</b> ... .. (Catarrhs, &c.)	Various waters ...	<b>Baden-Baden</b> , Cheltenham, Leamington, Chianciano, Gleichenberg, <b>Castellamare</b> , <b>Recoaro</b> , Vinadio, Vöslau, <b>Spa</b> .
<b>Intumescence</b> (of liver and spleen).	Alkali saline waters	<b>Teplitz-Schönau</b> , Bertrich.
	Alkaline ferruginous waters	Gleichenberg, <b>Recoaro</b> , Contrexéville.
<b>Jaundice</b> ... ..	Muriatic saline and acidulous waters	<b>Castellamare</b> ... ..

Name of Disease.	Medium.	Places.
<b>Leucorrhœa</b> ...	Ferruginous waters	<b>Castellamare, Recoaro, Pyrmont, Schwalbach, Chianciano, Orezza, Spa.</b>
	Saline waters ...	<b>Kreuznach, Bigorre, Solares, Ischl.</b>
	Sea baths ...	<b>The North Sea and Atlantic.</b>
<b>Liver obstructions.</b>	Alkaline-ferruginous waters.	<b>Gleichenberg, Teplitz, Neuenhar, Chianciano, Pyrmont, Recoaro, Contrexéville, Spa.</b>
	Purgative waters...	<b>Leamington, Brides, Castellamare, Cheltenham, Carlsbad, Panticosa.</b>
	Hydrotherapy ...	<b>Divonne, Mondorf.</b>
<b>Lumbago</b> ...	Hydrotherapy ...	<b>Divonne ...</b>
<b>Lymphatism</b> (Lencocythœmia)	Sea baths ...	<b>Baltic and Mediterranean.</b>
	Saline waters ...	<b>Niederbronn, Ischl, Baden-Baden, Szobranetz, La Bourboule.</b>
	Saline ferruginous waters.	<b>Salins Moutiers, Luxeuil, Castellamare, Chianciano.</b>
	Saline sulphurous waters.	<b>Uriage, Mondorf, Baden (Austria), Eaux-Bonnes.</b>
	Sulphurous waters	<b>Schinzach, Harrowgate, Cheltenham, Castellamare, Chianciano, Acireale.</b>
<b>Kidney complaints.</b>	Saline waters ...	<b>Baden-Baden, La Bourboule.</b>
<b>Mercurial intoxication.</b>	Thermal sulphurous waters.	<b>Aix-les-Bains, Baden (Austria), Bigorre, Loèche, Acireale.</b>
	Cold sulphurous waters.	<b>Challes, Ischl.</b>
<b>Metritis</b> (Chronic).	Saline ferruginous waters.	<b>Szczawnicza, Recoaro, Chianciano, Castellamare.</b>
<b>Nephritis</b> ...	Alkaline and mild mineral waters.	<b>Ems, Recoaro, Gleichenberg, Evian, Neuenahr, Capvern, Badenweiler, Schlangenbad.</b>

Name of Disease.	Medium.	Places.
<b>Nervosity</b> ...	Hydropathy ...	<b>Divonne, Nassau, Reiboldsgrun, Landeck, Coombewood, Spa.</b>
	Winter stations ...	<b>Pau, Pisa, Leghorn, Grasse.</b>
	Climatic air stations	<b>Vöslau, Ischl, Römerbad, Bürgenstock, Gersau, Axenstein, Bregenz, Lindau.</b>
<b>Neuralgia</b> ...	Chlorated sulphurous waters.	<b>Bains, Bigorre, Neris, Ischl.</b>
	Mild mineral waters	<b>Ems, Schlangenbad, Neuhaus, Vöslau, Römerbad (Austria), Badenweiler.</b>
	Various waters ...	<b>Neuenahr, Gastein, Tep-litz-Schönau, Acireale, Bains.</b>
	Mixed sulphurous	<b>Olette, St. Sauveur, Eaux-Chaudes.</b>
	Hydropathy ...	<b>Divonne, Gräfenberg, Nassau, Laubbach.</b>
<b>Neuroses...</b> ...	Hydropathy ...	<b>Divonne.</b>
	Sulphurous waters	<b>Baden (Austria), Schinznach, Ischl.</b>
<b>Obesity</b> ...	Purgative ...	<b>Brides, Sedlitz, Marienbad, Kissingen, Püllna, Epsom, Recoaro, Pyrmont, Acireale.</b>
<b>Ophthalmia</b> ...	Sulphurous ferruginous waters	<b>Castellamare, Mäskau.</b>
	Sulphurous saline	<b>Eaux-Bonnes.</b>
	Ferruginous arsenical	<b>Mont-Dore, Castellamare.</b>
	Mixed waters ...	<b>Mont-Dore.</b>
<b>Ovarian</b> ... (derangements)	Bicarbonate and saline waters.	<b>Kreuznach, Pyrmont, Ischl, Niederbrunn, Recoaro, Chianciano, Castellamare, Schwalbach, La Bourboule.</b>
<b>Paralysis</b> ... (generally)	Saline waters ...	<b>Balaruc, Ischia, Kreuznach, Ischl.</b>
	Sulphurous saline waters.	<b>Acireale, Schinznach, Baden (Austria).</b>
	Sulphurous waters	<b>Uriage, Loèche, Aix-les-Bains, Chianciano, Dax, Mehadia.</b>
	Mud baths ...	<b>Acqui, La Battaglia, Valdieri, Mehadia.</b>
	Hydropathy ...	<b>Divonne Nassau, Gräfenberg.</b>
	Natural steam baths.	<b>Monsummano, Stufa di Nerone, La Battaglia, Abano.</b>

Name of Disease.	Medium.	Places.
<b>Paralysis</b> ... (hysterical)	Mild waters ...	<b>Bains, Ems, Plombières,</b> <b>Schlungenbad, Vöslau,</b> <b>Römerbad</b> (Austria), <b>Ischl, Badenweiler.</b>
<b>Paralysis</b> ... (Rheumatic)	Mud and sand baths Sulphurous waters  Sulphate of lime waters. Thermal saline waters. Thermal alkali- saline.	<b>Acqui, Dax, Abano, St.</b> <b>Dalmas, Valdieri.</b> <b>Aix-les-Bains, Uriage,</b> <b>Loèche, Schinznach, Ba-</b> <b>den</b> (Austria), <b>Mehadia,</b> <b>Harrowgate, Bigorre,</b> <b>Acireale, Chianciano.</b> <b>Dax, Bath, Hammam R' Irha.</b>  <b>Baden-Baden, Nau-</b> <b>heim, Ischia.</b> <b>Teplitz-Schönau.</b>
<b>Paraplegia</b> ...	Various waters	<b>La Malou, Wildbad, Gas-</b> <b>tein, Chianciano.</b>
<b>Pharyngitis</b> ... (Granular)	Sulphurous waters Saline waters ... Mixed waters ... Winter stations ...	<b>Allevard, Eaux-Bonnes, Is-</b> <b>chl, Marlioz.</b> <b>Naheim, Ischl, Kreuz-</b> <b>nach.</b> <b>Mont-Dore, Gleichenberg,</b> <b>Contrexéville, La Bour-</b> <b>boule.</b> <b>Cannes, Biarritz, Arca-</b> <b>chon, Acireale, Madeira,</b> <b>Malaga, Castellamare,</b> <b>Murcia, Abazzia, Grasse,</b> <b>Mentone, San Remo.</b>
<b>Phlebitis</b> ... (Abdominal)	Saline waters ...	<b>Homburg, Kissingen,</b> <b>Ischl, Bigorre, La</b> <b>Bourboule.</b>
<b>Phthisis</b> ... (Laryngeal)	Alkaline waters ... Sulphurous, saline and earthy waters  Climatic air and winter stations	<b>Gleichenberg, Mont-Dore.</b> <b>Acireale, Amélie,</b> <b>Eaux-Bonnes, Eilsen,</b> <b>Neudorf.</b> <b>Gorbersdorf, Grasse, Hy-</b> <b>ères, Ischl, Mentone,</b> <b>Cannes, Schmecks, San</b> <b>Remo.</b>

Name of Disease.	Medium.	Places.
<b>Phthisis</b> ... (Pulmonary with lymphatism and atony)	Sulphurous waters	<b>Eaux-Bonnes</b> , Amélie, Ischl, Acireale, Challes, Gleichenberg, Mont-Dore, Neuenahr.
	Alkaline waters ...	Ventnor, Torquay, Atlantic and North Sea baths.
	Sea air ...	Görbersdorf, Schmecks, Acireale, Madeira, Bur- genstock, Abazzia, Biarritz, Arcachon, Malaga, Murcia, Elche, Grasse, San Remo, Le Cannet, Cannes.
	Climatic air and winter stations	
<b>Phthisis</b> ... (With crethism)	Mild waters ...	Ems, Schlangenbad, Römerbad (Austria), Schmecks.
	Mixed and arseni- cal waters	<b>Mont-Dore</b> , Baden- Baden, La Bourboule, Cheltenham.
	Climatic air and winter stations	<b>Abazzia</b> , Mentone, Alas- sio, St. Moritz, Görbers- dorf, Schmecks, Davos, Grasse, Mentone, San Remo.
<b>Pleurodynia</b> ...	Hydropathy ...	Divonne, Nassau, Gräfen- berg, Mondorf.
<b>Pleuritis</b> ...	Sulphurous saline waters	<b>Eaux-Bonnes</b> , Acireale ...
	Mixed waters ...	Mont-Dore.
<b>Pneumonia</b> ...	Sulphurous waters and winter sta- tion	Acireale, Castellamare, Madeira, Abazzia, Elche, Grasse.
<b>Rheumatism</b> ... (Articular)	Thermal and hyperthermal, sulphurous and sulphurous-saline waters, mud and sand baths	<b>Aix-les-Bains</b> , Dax, Baden (Austria), Lœche, Abano, Acqui, Bath, Neuenahr, Mehadia.
	Thermal alkali- saline waters	Teplitz-Schönau.
	Saline waters ...	<b>Baden-Baden</b> , La Bour- boule.
	Natural steam baths	Abano, Monsummano, Stufa di Nerone, La Battaglia.
<b>Rheumatism</b> ... (With Neuralgia)	Thermal sedative waters	Neris, Olette, Schinznach, Acireale, Neuenahr.

Name of Disease.	Medium.	Places.
<b>Rheumatism ...</b> (With Dyspepsia.)	Thermal mixed effervescent waters	Teplitz-Trenczin, <b>Neuenahr</b> , Chianciano, Gleichenberg, <b>Mont-Dore</b> , La Bourboule.
	Saline ... ..	<b>Baden-Baden</b> .
<b>Sciatica ...</b> ...	Thermal sulphate of lime waters	Pistyan, Lœche, Bigorre.
	Thermal sulphurous waters	<b>Aix-les-Bains</b> , Harrogate, Dax, Guagno, Aix.
	Thermal saline ...	<b>Baden-Baden</b> , Kreuznach, La Bourboule.
	Mixed alkaline ...	<b>Mont-Dore</b> , Gleichenberg.
	Various waters ...	Gastein, <b>Neuenahr</b> , Römerbad (Austria), Plombières, Aix.
	Hydrophathy ...	Divonne-les-Bains, Gräfenberg, Nassau.
<b>Scrofula ...</b> ...	Saline waters ...	<b>Ischl</b> , <b>Baden-Baden</b> , Niederbronn, Kissingen, Kreuznach, Dumlane, Ashby-de-la-Zouche, La Bourboule.
	Cold ferruginous waters	<b>Spa</b> , Aberbrothwick, Recoaro, Gleichenberg.
	Sea baths	Pyrmont, <b>Schwalbach</b> , North Sea and Atlantic.
	Various waters ...	<b>Amelie</b> , Barèges, <b>Eaux-Bonnes</b> , Neuenahr, Abano, Lœche, Uriage, La Puda, Marlioz, <b>Castellamare</b> , Teplitz-Schönan, Baden (Austria), Chianciano, <b>Acireale</b> , <b>Schwalbach</b> , <b>Divonne</b> .
<b>Scurvy ...</b> ...	Saline waters ...	<b>Ischl</b> , <b>Kreuznach</b> , <b>Baden-Baden</b> , La Bourboule.
	Sulphurous waters	Caldanicia, Baden (Austria), Dax.
	Ferruginous waters	Pyrmont, Recoaro, <b>Castellamare</b> , Chianciano <b>Schwalbach</b> .
<b>Skin diseases ...</b>	Saline waters ...	<b>Ischl</b> , <b>Baden-Baden</b> , Kreuznach, La Bourboule.
	Alkaline mixed waters	<b>Mont-Dore</b> .
	Sulphurous waters	Chianciano, Castellamare, Acireale.
	Natural steam baths	La Battaglia, Stufa di Nerone, Monsummano.

Name of Disease.	Medium.	Places.
<b>Sores</b> ... (Atonic)	Ferruginous waters	Chianciano, Recoaro.
<b>Sinews</b> ... (Affections of the)	Thermal alkali-saline waters	Teplitz-Schönau.
<b>Spinal affections</b>	Saline waters ...	Ischl, Kreuznach, Uriage, Nauheim, La Bourboule.
	Alkali-saline waters	Teplitz-Schönau.
	Hydropathy ...	Divonne, Nassau, Ben Rhydding, Gräfenberg.
<b>Splenic obstructions</b>	Saline waters ...	Ischl, Castellamare, Kreuznach, La Bourboule.
	Alkaline ferruginous waters	Gleichenberg, Recoaro, Chianciano, Pyrmont, Mont-Dore.
<b>Sterility</b> ...	Saline waters ...	Ischl.
	Ferruginous waters	Forges-les-Eaux, Pyrmont, Schwalbach, Gleichenberg, Spa.
<b>Syphilis</b> ...	Thermal sulphurous waters	Aix-les-Bains, Baden (Austria), Mehadia, Luchon, Abano, Aulus, Loèche.
	Thermal saline waters	Kreuznach, Baden-Baden.
	Iodurated waters	Krankenheil, Kreuth, Marlioz, Quinto.
<b>Ulcers</b> ...	Sulphurous waters	Uriage, Barèges, Amélie, Eaux-Chaudes, Hartfel, Baden (Austria).
	Silicated and mixed sulphurous waters	Valdieri and San Juan de Campos.
<b>Uterus</b> ... (Diseases and affections)	Sulphurous waters	Marlioz, Luchon, Baden (Austria), Chianciano, Schinznach, Ischl, Castellamare.
	Chlorinated waters	Lamotte, Niederbronn.
	Sea baths ...	Atlantic and North Sea.
	Mildly mineralised waters	Bains, Luxeuil, Schlangenbad, Badenweiler, Vöslau.
	Alkaline effervescent waters	Franzensbad, Wiesenbad, Contrexéville.
	Effervescent ferruginous waters	Spa, Gleichenberg, Recoaro, Mont-Dore, Puerto-iano, Schwalbach.

Name of Disease.	Medium.	Places.
<b>Uric</b> (diathesis) ...	Saline waters ...	Baden-Baden, Ischl, <b>La Bourboule.</b>
<b>Vesical</b> ... (disorders)	Various waters ...	Castellamare, <b>Evian, Mont-Dore, Contrexéville, Wildungen, Fachingen, Gleichenberg, Recoaro, Teplitz, Eisenberg, Beschtau-baths.</b>
<b>Wounds, incised</b> or by fire arms	Hydropathy ...	Divonne, <b>Spa.</b>
	Thermal sulphurous or saline waters	Amélie, Barèges, Ischia, Schinznach, Ischl, Baden Baden, Aix-les-Bains, <b>Merhadia, Chianciano, La Bourboule.</b>
	Mud baths ...	Franzensbad, Acqui, <b>St. Amand, Teplitz-Schönau.</b>



Death Rate ‰	‰	Northern Latitude.	°	Rainy days, Dec., Jan. and Feb.	No.
Genoa ... ..	37	Cairo ... ..	29°59	Palermo ... ..	40
Nice and Cannes ...	35	Funchal (Madeira)	32°28	Corfu ... ..	38
Pisa ... ..	34	Malaga ... ..	36°42	Pau ... ..	33
Naples ... ..	31	Algiers ... ..	36°47	Rome ... ..	32
Florence ... ..	30	Catania ... ..	37°30	Funchal (Madeira)	31
Catania ... ..	30	Palermo ... ..	38°06	Pisa ... ..	31
Palermo ... ..	29	Corfu ... ..	39°37	Baden-Baden ...	30
Madeira ... ..	29	Madrid ... ..	40°24	Naples ... ..	29
Görz ... ..	27	Naples ... ..	40°51	Wiesbaden ... ..	28
Ajaccio ... ..	26	Rome ... ..	41°53	Florence ... ..	27
Venice ... ..	25	Ajaccio ... ..	41°55	Nervi ... ..	25
San-Remo ... ..	24	Pau ... ..	43°20	Algiers ... ..	21
Meran ... ..	23	Mentone ... ..	43°47	Cannes ... ..	18
Geneva ... ..	23	San Remo ... ..	43°48	Nice ... ..	17
Rome ... ..	23	Nervi ... ..	44°22	Pallanza ... ..	17
Mentone ... ..	22	Venice ... ..	45°27	Venice ... ..	16
Pau ... ..	22	Arco ... ..	45°52	Mentone ... ..	16
Acireale ... ..	20	Görz ... ..	45°56	Arco ... ..	16
Upper Engadine ...	20	Lugano ... ..	46°00	San Remo ... ..	15
Wiesbaden ... ..	19	Montreux ... ..	46°26	Lugano ... ..	14
Pegli ... ..	19	Meran ... ..	46°41	Ajaccio ... ..	14
Bordighera ... ..	19	Baden-Baden ...	48°46	Catania ... ..	13
Montreux ... ..	19	Wiesbaden ... ..	50°04	Malaga ... ..	12
Alasio ... ..	18	Görbersdorf ...	50°40	Meran ... ..	11
Gries ... ..	16	Berlin ... ..	52°30	Cairo ... ..	9

# OF DIFFERENT STATIONS.

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xli

Relative dampness of air, from 1st Oct. to 30th Apr.	%	Height above sea level.	Feet.	Mean winter temperature, Dec., Jan. and Feb.	F. °
Wiesbaden ... ..	80	St. Moritz ... ..	5,500	Funchal (Maderia)	68°0
Baden-Baden ... ..	79	Samaden ... ..	5,300	Algiers ... ..	63°5
Venice ... ..	79	Da'vos ... ..	5,200	Cairo ... ..	62°0
Pisa ... ..	79	St. Beatenberg ...	3,500	Málaga ... ..	59°5
Pau ... ..	79	Schmëcks ... ..	3,100	Palermo ... ..	57°5
Montreux ... ..	79	Reiboldsgrün ...	2,100	Catania ... ..	57°5
Corfu ... ..	77	Görbersdorf ... ..	1,776	Ajaccio ... ..	57°0
Ajaccio ... ..	76	Bex ... ..	1,390	Corfu ... ..	55°0
Palermo ... ..	75	Veldes ... ..	1,505	San Remo ... ..	54°0
Florence ... ..	73	Obermais ... ..	1,172	Mentone ... ..	52°5
Naples ... ..	73	Meran ... ..	1,100	Cannes ... ..	52°0
Lugano ... ..	72	Lugano ... ..	870	Naples ... ..	52°0
Catania ... ..	72	Gries ... ..	832	Nice ... ..	51°5
Arco ... ..	72	Pallanza ... ..	611	Nervi ... ..	51°0
Madeira ... ..	72	Naples (Capodim)	473	Rome ... ..	50°0
Görz ... ..	72	Wiesbaden ... ..	371	Pisa ... ..	48°0
Rome ... ..	71	Görz ... ..	302	Pau ... ..	45°0
Mentone ... ..	71	Arco ... ..	299	Venice ... ..	40°4
Lesina ... ..	69	Florence ... ..	231	Görz ... ..	40°2
Pallanza ... ..	68	Palermo ... ..	228	Arco ... ..	40°2
Meran ... ..	68	Rome ... ..	199	Pallanza ... ..	40°0
Cairo ... ..	67	Naples (Osservat.)	180	Lugano ... ..	39°5
San Remo ... ?	66	Catania ... ..	100	Montreux ... ..	38°0
Cannes ... .. ?	65	Cairo ... ..	70	Meran ... ..	37°0
Nice ... .. ?	62	Nice ... ..	63	Wiesbaden ... ..	33°0



# TABLE

SHOWING THE QUICKEST ROUTE, MODE OF  
CONVEYANCE, TIME AND FARES TO VARIOUS  
HEALTH RESORTS.

*Time and prices are calculated from Paris.*

Fares for places in Germany and Austria are calculated—  
1st Class in France.  
2nd „ in Germany and Austria.

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
<b>Abano (Italy) ...</b>	1	P.L.M., <i>viâ</i> Mont Cenis, Turin, Milan, Padua ... ..	31 0	144 25
<b>Acireale (Sicily)</b>	2	P.L.M., <i>viâ</i> Mont Cenis or Ventimiglia, Genoa, Rome, Naples, Reggio, Messina... ..	69 0	239 75
<b>Acqui (Italy) ...</b>	5	P.L.M., <i>viâ</i> Mont Cenis, Turin and Alessandria... ..	24 45	114 30
<b>Agueda (Sta.) Spain.</b>	251	O. & S. F., <i>viâ</i> Bordeaux, Irun, Tolosa, Zummarraga (20 h. 11 m.), diligence or carriage, <i>viâ</i> Mondragon (4 h.)	24 10	126 35
<b>Aix (Provence) ...</b>	7	P.L.M., <i>viâ</i> Lyons and Marseilles, branching off at Rognac ...	18 36	106 18
<b>Aix-les-Bains (Savoy).</b>	7	P.L.M., <i>viâ</i> Macon and Culos ...	14 30	71 60
<b>Aix-la-Chapelle (Prussia).</b>	7	N. of F., <i>viâ</i> Erquelines and Namur-Verviers... ..	9 30	48 0
<b>Ajaccio (Corsica)</b>	10	P.L.M. to Marseilles (16h.), thence by C.G.T. steamer (12h.)	28 0	125 0
<b>Alet (Aude) ...</b>	12	P.L.M. and S. of F., <i>viâ</i> Toulouse, Montpellier and Cette ... ..	19 50	104 80
<b>Alexisbad (Thuringia).</b>	13	N. of F., <i>viâ</i> Cologne-Minden, Brunswick, Ballenstedt (29 h.), diligence (3½ h.) ... ..	32 15	118 95
<b>Algiers ... ..</b>	13	P.L.M. to Marseilles (16h. 25 m.), thence by C.G.T. steamer to Algiers (40 h.) ... ..	56 25	177 0
<b>Alhama de Aragon (Spain)</b>	13	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, and Guadalajara ... ..	43 38	238 75
<b>Alhama de Murcia (Spain)</b>	14	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, Cartagena, Murcia (52 h. 20 m.), carriage (5 h.) ... ..	57 20	306 40

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			<b>h. m.</b>	<b>Fr. cts.</b>
<b>Allevard</b> (Isère)	15	P.L.M., <i>vid</i> Lyons and Chambéry to Goncelin (15 h. 20 m.), thence by carriage to Allevard (1½ h.)	16 50	85 0
<b>Altwasser</b> (Silesia).	16	N. of F., <i>vid</i> Aix-la-Chapelle, Cologne, Berlin, and Kohlfurt	33 0	160 50
<b>Amélie-les-Bains</b> (Pyrenées).	17	S. of F., <i>vid</i> Toulouse to Perpignan (21 h.), carriage from Perpignan (3 h.)	24 30	120 25
<b>Amphion</b> (Savoy).	17	P.L.M., <i>vid</i> Lyons, Culoz, Geneva	13 0	81 20
<b>Amsterdam</b> ...	311	<i>vid</i> Harwich by boat ... Or by N. of F., <i>vid</i> Brussels and Antwerp, Rotterdam ...	15 30 15 40	42 50 69 40
<b>Andabre</b> (Aveyron).	18	S. of F., <i>vid</i> Toulouse, Beziers, Bedarient to St. Afrique (27 h. 30 m.), carriage from St. Afrique (2 h.)	29 30	141 0
<b>Antogast</b> (Baden).	18	E. of F., <i>vid</i> Strasburg and Oppenau (14 h. 30 m.), carriage (½ h.)	15 0	66 50
<b>Arcachon</b> (Gironde).	19	S. of F., <i>vid</i> Bordeaux, branching off at Lamothe ...	10 0	78 70
<b>Archena</b> (Spain)	20	O. and S. of France, <i>vid</i> Bordeaux, Irun, Burgos, Madrid, Carthagena ...	51 0	292 65
<b>Arechevaleta</b> (Spain).	21	O. and S. F., <i>vid</i> Bordeaux, Irun, Tolosa, Zumarraga (20 h. 11 m.) carriage (2 h.)	22 11	121 35
<b>Arnedillo</b> (Spain).	21	O. and S. of F., <i>vid</i> Bordeaux, Irun, Tolosa, Vitoria, Miranda, Logroño, and Calahorra (32 h. 30 m.), carriage (4 h.)	36 30	159 15
<b>Audinec</b> (Pyrenées).	24	O. and S. of F., <i>vid</i> Bordeaux, Toulouse and St. Giron (19 h. 25 m.), carriage (30 m.)	19 55	117 85
<b>Aulus</b> (Ariège) ...	24	S. of F., <i>vid</i> Bordeaux, Toulouse, Montrejeau, Boussens to St. Giron (21 h. 30 m.), carriage from St. Giron (3 h.)	24 30	119 0
<b>Avesne</b> (Pyrenées).	24	P.L.M. and S. of F., <i>vid</i> Lyons, Tarascon, Narbonne, and Bousquet d'Orb (19 h. 30 m.), carriage (50 m.)	20 20	133 60
<b>Ax</b> (Ariège).	25	S. of F. up to Foix (19 h.), carriage from Foix to Ax (4 h.)	23 0	118 0
<b>Baden-Baden</b>	27	E. of F., <i>vid</i> Strasburg and Kehl	16 0	69 0
<b>Baden</b> (Austria)	26	E. of F., <i>vid</i> Strasburg, Kehl, Munich, and Passau ...	27 0	152 50
<b>Baden</b> (Switzerland).	23	E. of F. <i>vid</i> Basle and Aarau ...	13 30	71 05
<b>Badenweiler</b> (Baden).	23	E. of F. Railway, <i>vid</i> Belfort and Basle ...	15 0	73 95
<b>Bagnères de Bigorre</b> (Pyrenées).	23	S. of F., <i>vid</i> Bordeaux and Montceux, branching at Tarbes ...	21 45	105 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			<b>H. M.</b>	<b>Fr. cts.</b>
<b>Bagnères de Lu-</b> <b>chon</b> (Pyrenées).	166	S. of F., <i>vid</i> Bordeaux and Tou-		
<b>Bagnoles de</b> <b>l'Orne.</b>	31	louse, branching at Montrejeau	23 50	106 35
<b>Bagnoli,</b> near	31	W. of F. Railway, <i>vid</i> Granville,		
<b>Naples.</b>		Briacze, and La Fert-macé ...	7 0	29 50
<b>Bagnols</b> ...	32	P.L.M., <i>vid</i> Mont Cenis, Genoa,	43 0	190 0
		Rome and Naples ...		
		P.L.M. <i>vid</i> Brioude and Villefort		
		(15 h. 36 m.), carriage (3 h.		
		30 m.) ...	19 6	67 65
<b>Bains</b> (Vosges) ...	32	E. of F., <i>vid</i> Nancy and Epinal...	10 30	56 30
<b>Balaruc</b> (Hérault)	32	P.L.M., <i>vid</i> Lyons and Cette ...	10 30	98 90
<b>Balaton-Furéd</b> (Hungary)	106	E. of F., <i>vid</i> Avricourt, Strasburg,		
		Munich, Vienna, Pesth and		
		Sis-Fók (47 h. 15 m.), steam-		
		boat (1 hour) ...	48 15	223 90
<b>Barbazan</b> (Pyre-	33	O. and S. of F., <i>vid</i> Bordeaux,		
<b>nees).</b>		Tarbes, Montrejeau and Lour-		
		des (18 h. 40 m.), carriage (4 h.)	19 10	109 90
<b>Barbotan</b> ...	34	O. and S. of F., <i>vid</i> Bordeaux and		
		Mont à Marsan (15 h. 20 m.),		
		carriage (3 h. 30 m.) ...	18 50	97 30
<b>Barcelona</b> ...	311	P.L.M. to Marseilles by boat, or		
		S. of F., <i>vid</i> Toulouse and		
		Cette ...	28 25	151 25
<b>Barèges</b> ...	34	S. of F., <i>vid</i> Bordeaux, branching		
		at Lourdes for Pierrefitte (19 h.		
		30 m.). Carriage from Pierre-		
		fitte (2 h.) ...	21 30	113 0
<b>Basle</b> ...	312	E. of F., <i>vid</i> Belfort ...	10 50	63 95
<b>Battaglia (La)</b>	35	P.L.M., <i>vid</i> Macon, Culoz, Turin,		
<b>Italy</b>		Milan, Brescia and Padua ...	31 9	145 15
<b>Bauche (La)</b> ...	35	P.L.M., <i>vid</i> Dijon, Macon, Cham-		
		béry (13 h. 45 m.), carriage		
		(3½ h.) ...	17 15	79 35
<b>Berlin</b> ...	312	M. of F., <i>vid</i> Venlo, Lehrte, Han-		
		nover or Cologne-Magdeburg	22 0	119 40
<b>Berne</b> ...	313	E. of F., <i>vid</i> Belfort-Basle, Olten	14 25	74 50
<b>Bertrich</b>	39	E. of F., <i>vid</i> Metz, Treves and		
<b>(Rhenish Prussia)</b>		Bullay (12 h. 30 m.), diligence		
		(50 m.) ...	13 20	68 65
<b>Biarritz</b> (Pyre-	40	S. of F., <i>vid</i> Bordeaux and Bayo-		
<b>nees).</b>		nne ...	19 30	96 80
<b>Bilin</b> (Bohemia)...	41	N. of F., <i>vid</i> Cologne, Hanover,		
		Magdeburg, Halle, Leipzig,		
		Dresden and Aussig ...	32 30	146 25
<b>Bocklet</b> (Bavaria)	44	E. of F., <i>vid</i> Metz, Frankfort-on-		
		Maine, Würzburg, Kissingen		
		(29 h. 10 m.), carriage (1 h.) ...	30 10	122 25
<b>Bondonneau</b> ...	45	P. L. M. <i>vid</i> Lyons, Valence and		
		Montélimart (14 h. 30 m.), car-		
		riage (30 m.) ...	15 0	83 55
<b>Bordeaux</b> ...	313	O. Railway ...	10 50	72 5
<b>Bormio</b> (Tyrol)...	46	E. of E., <i>vid</i> Basle, Lucerne,		
		Bellaggio Colico (29 h. 49 m.),		
		carriage (15 h.) ...	44 49	142 20
<b>Boulogne</b> ...	47	N. of F. ...	4 35	31 35

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Boulou, Le ...	47	O. and S. of F., <i>vid</i> Bordeaux and Toulouse to Perpignan. (23 h.) carriage thence to Le Boulou. (1½ h.) ...	24 30	126 50
Bourbon-l'Archambault (Allier).	47	Orleans Railway to Sauvigny (5 h. 35 m.), carriage from Sauvigny (1 h.) ...	6 35	40 75
Bourbonlancy (Saône and Loire).	47	Orléans and P.L.M. to Moulins and Gilly (7 h. 55 m.), thence by carriage (1½ h.) ...	9 10	46 5
Bourbonne les Bains.	48	E. of F. Railway to Mulhouse, stop at La Ferte (8 h.); thence carriage to Bourbonne (1½ hour)	9 30	48 75
Bourboule, La (Puy de Dôme).	48	P.L.M. Bourbonnais line <i>vid</i> Clermont-Ferrand and to Laqueille (12 hours), carriage (1½ hours)	13 30	60 0
BrideslesBains (Savoy).	50	P.L.M., <i>vid</i> Culoz and Chambéry to Chamousset (15 h.); thence by carriage (8 h.) ...	20 50	93 0
Brückenau (Bavaria).	52	E. of F., <i>vid</i> Metz, Frankfort-on-Maine, Würzburg and Kissingen (28 h. 40 m.), carriage (5 h.) ...	33 40	125 50
Brussels ...	313	Dover, Ostend ... Or from Paris by N. of F. Railway, <i>vid</i> Maubeuge ...	8 30 9 20	59 75 39 70
Buda-Pesth (Ofen, Hungary)	200	E. of F., <i>vid</i> Avricourt, Strasburg, Munich, Salzburg and Vienna	36 30	208 15
Buzost (Spain) ...	50	P.L.M., and S. of F., <i>vid</i> Tarascon, Cette, Port-Vendres, Barcelona, Valencia, Eucina and Alicante (52 hours), carriage (2 h.) ...	54 0	249 15
Bussang (Vosges).	55	E. of F. Railway, line of Epinal	11 15	60 35
Cadéac (Pyrenees)	57	O. and S. of F., <i>vid</i> Bordeaux, Montrejeau and Lannemézan (21 h. 45 m.), carriage, <i>vid</i> Arreau, (2 h. 50 m.) ...	24 35	122 85
Caille, La (Savoy)	57	P.L.M., <i>vid</i> Macon and Geneva (1h. 50m.), carriage, (3h. 30m.)	15 20	88 05
Cairo (Egypt) ...	57	P.L.M., <i>vid</i> Mont Cenis and Brindisi (70 h.); thence by C.G.T. steamer (79½ h.) ...	140 30	551 25
Caldaniccia (Corsica).	57	P.L.M. and C.G.T. boats, <i>vid</i> Lyons, Marseilles, and Ajaccio, train (15 h. 45 m.), boat (12 to 15 h.), carriage (1 h. 30 m.) ...	32 15	144 30
Caldas de Cuntis (Spain).	53	O. and S. of F., <i>vid</i> Bordeaux, Irun, Palencia, La Corunna, Santjago, and El Carril (53 h.), carriage (5 h.) ...	58 0	241 25
Caldas de Mombuy (Spain).	58	P.L.M. and S. of E., <i>vid</i> Tarascon, Carcassonne, Port Bou and Mollet (28 h. 52 m.), carriage (2 h.) ...	30 52	176 70

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
<b>Caldas de Ovi-</b> <b>edo (Spain).</b>	58	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Vitoria, Burgos, Venta de Baños, Palencia, Busdongo and Pola de Leña (37 h. 46 m.), carriage (5 h.) ...	42 46	252 15
<b>Caldas de Reyes</b> <b>(Spain).</b>	58	Same itinerary as Caldas de Cuntis.	—	—
<b>Cambo (France)</b>	59	O. and S. of F., <i>viâ</i> Bordeaux, Dax and Bayonne (16 h. 10 m.), carriage (2 h.) ...	18 10	98 45
<b>Campagne</b> <b>(France).</b>	59	O. and S. of F., <i>viâ</i> Bordeaux, Toulouse, Carcassonne and Esperanza (17 h. 35 m.), carriage ( $\frac{1}{2}$ h.) ...	18 5	121 60
<b>Cannes ...</b>	60	P.L.M., <i>viâ</i> Lyons, Marseilles, and Toulon ...	20 25	130 0
<b>Cannstadt</b> <b>(Württemberg).</b>	62	E. of F., <i>viâ</i> Avricourt, Strasbourg, Carlsruhe and Stuttgart	17 10	83 95
<b>Capri (Island) ...</b>	62	P.L.M., <i>viâ</i> Mont Genis, Genoa, Rome, Naples, thence by boat (3 h.) ...	46 0	108 0
<b>Capvern (Pyre-</b> <b>nees).</b>	62	S. of F., <i>viâ</i> Bordeaux and Tarbes	17 51	108 70
<b>Carconières</b> <b>(France).</b>	63	P. L. M., <i>viâ</i> Lyons, Tarascon, Carcassonne, and Quillan (24 h. 30 m.), carriage, <i>viâ</i> Axat, (4 h. 30 m.) ...	20 0	131 70
<b>Carlsbad (Bohe-</b> <b>mia).</b>	142	E. of F., <i>viâ</i> Strasbourg, Heidelberg, Würzburg, and Eger ...	32 0	137 0
<b>Carlsruhe ...</b>	314	E. of F., <i>viâ</i> Forbach, Mayence, Mannheim ...	14 30	73 15
<b>Carratraca</b> <b>(Spain).</b>	63	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, Cordoba, and Gobantes (59 h. 25 m.), carriage (2½ h.) ...	62 0	336 60
<b>Casciani ...</b>	64	P.L.M. <i>viâ</i> Lyons and Genoa and Leghorn to Pontedera (44 h.); thence carriage (3 h.) ...	47 0	210 0
<b>Cassel ...</b>	314	N. of F., <i>viâ</i> Cologne-Giessen ...	19 25	90 12
<b>Castellamare</b> <b>(near Naples.)</b>	64	P.L.M., <i>viâ</i> Mont Genis, Genoa, Rome, and Naples ...	50 20	248 0
<b>Castéra-Verdu-</b> <b>san (France):</b>	66	O. and S. of F., <i>viâ</i> Bordeaux, Agen, and Auch (16 h. 10 m.), carriage (3 h.) ...	19 10	104 40
<b>Catania (Sicily)</b>	67	P.L.M., <i>viâ</i> Mont Genis, Genoa, Rome, and Naples (45 h.); by steamer (2¼ h.) ...	09 30	240 65
<b>Cauterets (Pyre-</b> <b>nees).</b>	67	S. of F., <i>viâ</i> Bordeaux, branching from Lourdes to Pierrefitte (19 h. 30 m.), carriage from thence (2 h.) ...	21 30	111 90
<b>Cauvalat-lex-le-</b> <b>Vigan (France).</b>	67	P. L. M., <i>viâ</i> Lyons, Tarascon, Lunel, and Vigan (22 h.), carriage ( $\frac{1}{2}$ h.) ...	22 30	111 45
<b>Celles ...</b>	68	P.L.M. branch at Livron, and stop at Voulte (1¼ h.), thence by carriage ( $\frac{1}{2}$ h.) ...	15 0	82 0



Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Cestona-Guesalaya (Spain).	68	O. and S. of F., <i>vid</i> Bordeaux, Irun, Tolosa, and Zummaraga (20 h. 11 m.), carriage (2 h.) ...	22 11	122 35
Challes (Savoy)	69	P. L. M., <i>vid</i> Culoz to Chambéry (13½ h.) thence by carriage (½ h.) ...	14 0	75 0
Charlottenbrunnen (Silesia).	70	N. of F., <i>vid</i> Cologne, Berlin, Liegnitz, and Altwasser (31 h. 54 m.), diligence (1 h. 20 m.) ...	33 15	163 0
Chateauneuf ...	70	P. L. M., Bourbonnais line to Riome (8 h. 40 m.), carriage (3 h.) ...	11 40	57 35
Châteldon (France).	70	P. L. M. <i>vid</i> Nevers, Moulins, and Vichy (8 h. 26 m.), carriage (2½ h.) ...	11 3	51 95
Chatel-Guyon	70	P. L. M., <i>vid</i> Nevers and Riome, (8 h. 30 m.), carriage (1 h.) ...	9 30	53 10
Chaudes-Aigues (France).	71	P. L. M. and O., <i>vid</i> Nevers, Clermont-Ferrand, Arvant, and Neussargues (12 h. 25 m.), carriage (9 h. 30 m.) ...	21 55	70 65
Chianciano (Italy).	72	P. L. M., <i>vid</i> Modane, Turin, Genoa, Florence and Asciano (38 h. 30 m.), carriage (½ h.) ...	39 0	191 85
Chiclana (Spain).	72	O. and S. of F., <i>vid</i> Bordeaux, Irun, Burgos, Madrid, Cordoba, Sevilla and Cadiz (62 h.), carriage (2½ h.) ...	64 30	372 70
Chitignano (Italy).	73	P. L. M., <i>vid</i> Mont Cenis, Florence and Arezzo (34 h. 30 m.), carriage (2 h.) ...	36 30	186 70
Coblence ...	315	E. of F., <i>vid</i> Forbach-Treves, and N. of F., <i>vid</i> Cologne ...	12 30	67 50
Coise (Savoy) ...	75	P. L. M., <i>vid</i> Culoz, Chambéry, and Cruet (14 h. 25 m.), diligence (1½ h.) ...	15 55	76 45
Cologne ...	315	N. of F., <i>vid</i> Erquelines-Verviers Aix la Chapelle ...	10 0	60 0
Contrexéville (Vosges.)	75	E. of F., <i>vid</i> Chaumont, Toul, and Aulnois ...	9 45	51 25
Cordoba ...	316	O. and S. of F., <i>vid</i> Bordeaux, from Madrid, Toledo, and Ciudad Real ...	53 10	292 45
Courmayeur & La Saxe (Italy).	77	P. L. M., <i>vid</i> Lyons, Culoz, Mont Cenis, and Aosta (19 h. 10 m.), carriage (5 h.) ...	24 10	128 25
Cransac ...	78	S. of F. Railway to Cransac ...	15 0	73 85
Cudowa (Silesia)	79	N. of F., <i>vid</i> Cologne, Hanover, Madeburg, Leipzig, Dresden, Chotzen, Nachod (38 h. 30 m.), diligence (2½ h.) ...	41 0	173 70
Cusset ...	80	Orleans Railway to Cusset ...	10 30	45 0
Dax (Landes) ...	81	S. of F., <i>vid</i> Bordeaux ...	15 0	80 80
Deauville (Calvados).	81	W. of F. ...	7 0	30 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
<b>Dieppe</b> (Seine Inf.).	82	W. of F. ... ..	<b>H. M.</b> 4 0	<b>Fr. cts.</b> 20 65
<b>Divonne les Bains.</b>	84	P.L.M. to Geneva, thence by rail to Nyon, carriage from Nyon ( $\frac{1}{2}$ h.) ... ..	15 30	81 0
<b>Dresden</b> ... ..	316	N. of F., <i>vid</i> Cologne, Berlin, Leipzig, or Cologne, Frankfurt, Leipzig ... ..	28 25	137 50
<b>Driburg</b> ... ..	87	N. of F., <i>vid</i> Cologne, Hamm, and Altenbecken ... ..	17 40	82 50
<b>Dürkheim ad. Haardt.</b>	88	E. of F., <i>vid</i> Forbach, Saar- brücken and Neustadt ad. Haardt ... ..	15 0	09 30
<b>Eaux-Bonnes</b> (Pyrenées).	89	O. and S. of F., <i>vid</i> Bordeaux, Pau and Laruns ( $17\frac{1}{2}$ h.), car- riage ( $\frac{1}{2}$ h.) ... ..	18 0	105 0
<b>Eaux-Chaudes</b> (Pyrenées)	89	Same as above, $\frac{1}{2}$ h. more by carriage ... ..	18 30	112 0
<b>Elster</b> (Bohemia).	93	E. of F., <i>vid</i> Avricourt, Stras- burg, Munich, Regensburg, and Eger ... ..	30 50	134 50
<b>Ems (Nassau)</b> ...	93	N. of F., <i>vid</i> Erquelines, Namur, Cologne, Coblenz, Oberlahn- stein ... ..	16 15	71 15
<b>Encausse</b> (Pyrenées).	94	O. and S. of F., <i>vid</i> Limoges, Toulouse, and St. Gaudens (19 h. 10 m.), carriage (1 h.) ...	20 10	116 85
<b>Enghien</b> (Seine and Oise).	94	N. of F. ... ..	0 20	1 35
<b>Escaldas</b> (Las) (Pyrenées).	95	P.L.M. and S. of F., <i>vid</i> Tarascon, Cette, Perpignan, and Prades (22 h. 30 m.), carriage (10 h.) ...	32 30	143 85
<b>Etretat</b> (Seine Inf.).	96	W. of F., to Ifs (4 h. 50 m.), car- riage to Etretat (1 h.) ... ..	5 50	28 0
<b>Euzet</b> (France).	96	P.L.M., <i>vid</i> Nevers, Langogne, and Alais (17 h. 27 m.), carriage ( $1\frac{1}{2}$ h.) ... ..	19 0	86 15
<b>Evian (Savoy)</b> ...	96	P.L.M., <i>vid</i> Lyons, Geneva, and Bellegarde ... ..	13 0	82 20
<b>Fécamp</b> (Seine Inf.).	98	W. of F. ... ..	5 20	27 30
<b>Fitero (Spain)</b> ...	100	O. and S. of F., <i>vid</i> Bordeaux, Irun, Alsásua, Castejon (26 h. 15 m.), carriage ( $3\frac{1}{2}$ h.) ... ..	29 45	164 75
<b>Florence</b> ... ..	316	P.L.M., <i>vid</i> Geneva and Pisa ...	32 30	160 75
<b>Foucaude</b> (France)	103	P.L.M., <i>vid</i> Lyons, Tarascon and Montpellier (19 h. 16 m.), car- riage ( $\frac{1}{2}$ h.) ... ..	19 46	104 85
<b>Forges</b> (Seine Inf.).	102	W. of F. to Fécamp, stop at Forges ... ..	3 15	14 0
<b>Frankfurt</b> ...	103	N. of F., <i>vid</i> Cologne, Mayence, or E. of F., <i>vid</i> Forbach, May- ence ... ..	18 30	86 0
	317			

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
<b>Franzensbad</b> (Bohemia)	104	E. of F., <i>vid</i> Strasburg, Ulm, Regensburg, and Eger ...	28 0	123 50
<b>Friedrichshall</b> (Bavaria)	105	E. of F., <i>vid</i> Forbach, Mayence, Frankfort and Coburg (20 h. 45 m.), carriage (4 h.) ...	24 25	118 75
<b>Fuencaliente</b> (Spain)	105	O. and S. of F., <i>vid</i> Bordeaux, Irun, Madrid, Ciudad, Real, Veredas (47 h. 55 m.), carriage (3½ h.) ... ..	51 25	267 40
<b>Gastein (Tyrol)...</b>	107	E. of F., <i>vid</i> Strasburg. Munich, Salzburg, to Lend (33 h.), car- riage from Lend to Gastein (3 hr.) ... ..	33 20	148 85
<b>Gazost (France)</b>	108	O. and S. of F., <i>vid</i> Bordeaux, Tarbes, Lourdes (19 h. 30 m.), carriage (1½ h.) ... ..	21 0	107 75
<b>Geneva ... ..</b>	108	P.L.M. <i>vid</i> Macon, Culoz ... ..	13 53	77 0
<b>Genoa ... ..</b>	318	P.L.M., <i>vid</i> Mont Cenis—Turin or Marseilles—Nice ... ..	25 0	120 0
<b>Gleichenberg</b> (Austria)	111	E. of F., <i>vid</i> Strasburg, Munich, Vienna, Gratz, Feldbach (40 h. 50 m.), carriage (1 h. 30 m.) ...	42 20	213 30
<b>Görbersdorf</b> (Silesia)	113	N. of France, <i>vid</i> Cologne, Berlin to Dittersbach (38 h. 30 m.), carriage (½ h.) ... ..	39 0	167 50
<b>Granada ... ..</b>	319	O. and S. of F., <i>vid</i> Bordeaux, Irun, Madrid, Toledo, Cordoba	61 40	364 85
<b>Graválos (Spain)</b>	115	O. and S. of F., <i>vid</i> Bordeaux, Irun, Alsásua, Castejon (26 h. 15 m.), carriage (3½ h.) ... ..	29 45	167 75
<b>Gréoulx (France)</b>	118	P.L.M., <i>vid</i> Lyons, Avignon, Pertuis, Manorgue (20 h. 30 m.), carriage (2½ h.) ... ..	23 0	109 20
<b>Griesbach</b> (Baden)	118	E. of F., <i>vid</i> Strasburg and Oppenau (10 h.), diligence (1 h. 45 m.) ... ..	11 45	67 95
<b>Guagno (Corsica)</b>	120	P.L.M. and C.G.T. boats, <i>vid</i> Lyons, Marseilles, Ajaccio (30 h. 25 m.), carriage (8 h.) ...	38 25	156 25
<b>Guillon (Doubs)</b>	120	P.L.M. to Dijon, branch to Beaux-les-Dames (6 h.), car- riage to Guillon (¾ h.) ... ..	6 45	55 0
<b>Hague ... ..</b>	319	N. of F., <i>vid</i> Brussels, Antwerp, and Rotterdam ... ..	15 20	66 70
<b>Hanover ... ..</b>	319	N. of F., <i>vid</i> Brussels—Venlo— Lehrte ... ..	15 30	87 50
<b>Heidelberg ...</b>	125	E. of F., <i>vid</i> Forbach—Mayence— Mannheim ... ..	18 0	78 75
<b>Herculesbad</b> <b>Mehadia (Hun-</b> <b>gary)</b>	128	E. of F., <i>vid</i> Strasburg, Munich, Vienna, Pesth, Szegedin, and Temesvár ... ..	48 10	249 27

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
<b>Hof.-Ragatz</b> (Switzerland).	222	E. of F., <i>via</i> Basle and Zürich ...	H. M. 22 30	Fr. cts. 89 0
<b>Homburg</b> (Hessen)	131	N. of F., <i>via</i> Erquelines, Cologne, Mayence, Frankfurt ...	18 40	86 00
<b>Huelva</b> (Spain)...	132	O. and S. of F., <i>via</i> Bordeaux, Irun, Madrid, Cordoba and Sevilla ...	62 0	370 70
<b>Hyères</b> (Var) ...	133	P.L.M., <i>via</i> Lyons and Marseilles —Toulon ...	19 50	117 0
<b>Interlaken</b> ...	136	E. of F., <i>via</i> Basle and Berne ...	17 55	78 65
<b>Ischia</b> ...	136	Same as Naples (48 h.), boat (2½ h.) ...	50 30	253 25
<b>Ischl</b> ...	137	E. of F., <i>via</i> Strasburg, Kehl, Carlsruhe, Munich, and Salzburg ...	23 45	109 90
<b>Kissingen</b> (Bavaria) ...	146	E. of F., <i>via</i> Forbach, Bingen and Würzburg, branching at Schweinfurt ...	21 40	106 0
<b>Koesen</b> (Germany)	149	E. of F., <i>via</i> Metz, Saarbrücken, Mayence, Frankfurt, Bebra, Erfurt and Weimar ...	22 50	120 85
<b>Krankenhehl</b> (Bavaria)	150	E. of F., <i>via</i> Strasburg, Carlsruhe, Stuttgart, Munich, Toelz (25 h. 20 m.), carriage (2 h.)...	27 20	110 80
<b>Kreuth</b> (Bavaria).	150	E. of F., <i>via</i> Strasburg, Carlsruhe, Munich, Schaffach (30 h.), diligence (3½ h.)	33 30	110 55
<b>Kreuznach</b> (Rhenish-Prussia)	150	E. of F., <i>via</i> Forbach and Bingerbrück ...	13 25	72 0
<b>Labassère</b> (Pyrenees)	152	S. of F., <i>via</i> Bordeaux and Montceux, branching at Forbes ...	21 45	105 0
<b>Landeck</b> (Silesia).	154	N. of F., <i>via</i> Cologne, Hanover, Berlin, Sagan, Breslau, Glatz (32 h. 40 m.), diligence (4 h.)	36 40	176 30
<b>Lausanne</b> (Switzerland)	156	E. of F. to Geneva and Lausanne	15 23	61 20
<b>Lavey</b> (Switzerland).	157	E. of F., <i>via</i> Pontarlier, Lausanne, St. Maurice (15 h. 30 m.), carriage (25 m.) ...	15 55	72 65
<b>Ledesma</b> (Spain).	157	O. and S. of F., <i>via</i> Bordeaux, Irun, Valladolid, Medina del Campo, Salamanca (52 h. 10 m.), carriage (2½ h.) ...	54 40	196 30
<b>Leipzig</b> ...	320	N. of F., <i>via</i> Erquelines, Cologne, or Forbach—Frankfurt	27 0	131 0
<b>Liebenstein</b> (Thuringia).	160	E. of F., <i>via</i> Saarbrücken, Frankfurt, a/m., Eisenach and Immelborn (21 h. 10 m.), diligence (1 h.) ...	22 10	132 75

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			<b>K. M.</b>	<b>Fr. cts.</b>
<b>Liebenszell</b> (Württemberg).	160	E. of F., <i>vid</i> Strasburg, Carlsruhe, Pforzheim (15 h.), diligence (1½ h.) ...	16 30	76 70
<b>Liebwerda</b> (Silesia).	160	N. of F., <i>vid</i> Cologne, Hanover, Magdeburg, Halle, Leipzig, Dresden, Görlitz, Seidenberg, Raspenau (32 h. 30 m.), carriage (30 m.) ...	33 0	150 25
<b>Lippspringe</b> (Westphalia).	162	N. of F., <i>vid</i> Cologne, Hamm, Paderborn (16 h. 25 m.), diligence (1 h. 10 m.) ...	17 35	81 45
<b>Loèche Valais</b> (Switzerland)	164	P.L.M., <i>vid</i> Geneva and Pontarlier to Susten (27 h.), carriage to Loèche (3 h.) ...	30 0	100 0
<b>Lucca (Italy)</b> ...	166	P.L.M., <i>vid</i> Mont Cenis, Turin, Genoa, and Leghorn, to Lucca Station (31 h.), carriage to the baths (2½ h.) ...	33 30	146 0
<b>Lucerne</b> ...	320	E. of F., <i>vid</i> Belfort, Basle ...	19 30	78 50
<b>Luchon</b> ...	166	O. and S. of F., <i>vid</i> Bordeaux, Tarbes, and Montrejeau ...	19 30	103 00
<b>Luxeuil (Savoy)</b>	168	E. of F. Line to Mulhouse, St. Loup ...	11 40	60 0
<b>Lyons</b> ...	321	P.L.M. ...	9 0	63 00
<b>Madeira (Canary Islands)</b>	169	Steamers from Southampton, Bordeaux, or Lisbon; the whole journey from five to six days ...	90 } 100 }	500 0
<b>Madrid</b> ...	321	O. and S. of F., <i>vid</i> Bordeaux, Irun, and Burgos ...	41 30	184 00
<b>Malou (La)</b> (Pyrenées)	153	P.L.M., S. of F., <i>vid</i> Tarascon, Montpellier, Fangères, and Bedarieux (19 h. 15 m.), carriage (45 m.) ...	20 0	116 7
<b>Malta (Island)</b> ...	171	P.L.M., <i>vid</i> Mont Cenis, Turin, Genoa, Rome, and Naples, (46½ h.); thence by steamer (34 h.); or direct from England by P. and O. steamers, nine days ...	80 15 17 30	315 0 74 0
<b>Mannheim</b> ...	322	E. of F., <i>vid</i> Forbach and Bingen	17 30	74 0
<b>Marcols</b> (Ardèche).	172	P.L.M. line to Marseilles; branch at Livron to Lavoulte station (12½ h.); thence by carriage (4 h.) ...	16 30	84 0
<b>Marienbad</b> (Bohemia).	172	E. of F., <i>vid</i> Strasburg, Heidelberg, Würzburg, Regensburg	30 12	126 60
<b>Marlioz</b> ...	173	Same as Aix-les-Bains.		
<b>Mayence</b> ...	323	N. of F., <i>vid</i> Erquelines-Cologne; or E. of F., <i>vid</i> Forbach, Bingen ...	17 15	75 60
<b>Mehadia or Herculesbad</b> (Hungary).	175	E. of F., <i>vid</i> Strasburg, Munich, Vienna, Pesth, Szegedin, and Temesvár ...	54 10	249 27
<b>Mentone</b> (France).	176	P.L.M., <i>vid</i> Marseilles, Nice ...	24 35	137 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
<b>Mergentheim</b> ...	179	E. of F., <i>vid</i> Strasburg, Heidel- berg, and Königshofen ...	18 50	88 20
<b>Milan</b> ...	322	P.L.M., <i>vid</i> Mont Cenis ...	27 0	116 75
<b>Molar (El)</b> (Spain).	181	O. and S. of F., <i>vid</i> Bordeaux, Irun, Burgos, Valladolid, Madrid (46 h. 40 m.), carriage (4 h.) ...	50 40	188 40
<b>Molinar de Caranza</b> (Spain).	182	O. and S. of F., <i>vid</i> Bordeaux, Irun, Vitoria, Miranda, Bil- bao (27 h. 24 m.), carriage (6 h.) ...	33 24	156 25
<b>Molitz</b> (Pyrenees).	182	S. of F., <i>vid</i> Perpignan to the station of Prades (22 h. 45 m.), carriage (1 h.) ...	23 50	126 0
<b>Monaco and Monte Carlo</b>	182	P.L.M., <i>vid</i> Marseilles and Nice	24 30	133 0
<b>Montbrun</b> (Drôme).	184	P.L.M., <i>vid</i> Lyons; branch at Sorges to Carpentras (16 h.), thence by carriage (5 h.) ...	21 0	95 0
<b>Mont-Dore</b> (Puy de Dôme).	185	P.L.M., Bourbonnais line to Cler- mont - Ferrand and Laqueille (9½ h.), carriage (2 h.) ...	11 0	64 25
<b>Montecatini</b> (Tuscany).	185	P.L.M., <i>vid</i> Mont Cenis, Turin, Genoa, Pisa ...	33 0	145 0
<b>Montemayor</b> (Spain).	186	O. and S. of F., <i>vid</i> Bordeaux, Irun, Burgos, Valladolid, Medina del Campo, and Sala- manca (34 h.), carriage (10 h.)	44 0	202 30
<b>Montmirail- Vacqueiras</b>	186	P. L. M., <i>vid</i> Lyons, Valence, and Orange (15½ h.), carriage (1½ h.) ...	17 0	89 40
<b>Motte (La)</b> ...	154	P. L. M., <i>vid</i> Dijon, Macon, Gre- noble, and St. George (14 h. 5 m.), carriage (2 h. 40 m.) ...	16 45	85 35
<b>Munich</b> ...	323	E. of F., <i>vid</i> Strasburg, Kehl, Stuttgart ...	36 0	104 50
<b>Nantes</b> ...	324	W. of F., <i>vid</i> Le Mans ...	17 30	49 75
<b>Naples (Italy)</b> ...	189	P.L.M., <i>vid</i> Mont Cenis, Genoa, Rome ...	47 45	223 85
<b>Nauheim</b> (Hessen).	180	E. of F., <i>vid</i> Forbach, Binger- brück, Frankfurt ...	16 20	89 0
<b>Neuenahr</b> ...	191	N. of F., <i>vid</i> Erquelines, Cologne, Remagen ...	12 30	61 75
<b>Neris (Allier)</b> ...	100	Orleans Railway, <i>vid</i> Vierzon- Bourges to Chamblet (8 h. 45 m.), thence by carriage (45 m.) ...	9 30	43 0
<b>Nice</b> ...	194	P.L.M., <i>vid</i> Lyons and Marseilles	22 0	134 20
<b>Niederbronn</b> (Alsatia).	196	E. of F., <i>vid</i> Strasburg ...	12 40	45 80
<b>Oeynhausen</b> (Germany).	200	N. of F., <i>vid</i> Erquelines, Cologne, and Düsseldorf ...	17 0	76 75

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
<b>Ofen</b> (Buda-Pesth, Hungary).	200	E. of F., <i>vid</i> Strasburg, Munich, and Vienna	60 0	244 0
<b>Olette</b> (Pyrenees)	201	P. L. M., S. of F., <i>vid</i> Lyons, Tarascon, Narbonne, and Prades (21 h. 30 m.), carriage (2 h.)	23 30	122 30
<b>Ontaneda y Al- ceda.</b>	202	O. and S. of F., <i>vid</i> Bordeaux, Irun, Venta de Baños and Penedo (36 h. 50 m.), carriage (1½ h.)	38 20	246 25
<b>Palermo</b> ...	205	P.L.M., <i>vid</i> Mont Cenis, Genoa, & Rome to Naples (46½ h.), thence by steamer (10 h.)	66 15	230 25
<b>Panticosa</b> (Spain.)	206	O. and S. of F., <i>vid</i> Bordeaux, Irun, Alsásua, Saragoza, Tar- dienta and Huesca (32 h. 10m. carriage, <i>vid</i> Jaca (9 h.)	41 10	225 10
<b>Pau</b> (Pyrenées)	206	S. of F., <i>vid</i> Bordeaux, branch at Dax	17 20	101 0
<b>Pfaeffers</b> (St. Gallen).	211	E. of F., <i>vid</i> Basle and Ragatz (22 h. 30 m.), carriage to Pfaeffers (45 m.)	23 15	81 60
<b>Pierrefonds</b> (Oise)	212	N. of F. to Compiègne (1½ h.), thence by carriage (1 h.)	2 30	12 0
<b>Pietrapola</b> (Corsica).	212	P. L. M. and C. G. T. steamer, <i>vid</i> Marseilles and Bastia (35 h.), carriages, <i>vid</i> Miggli- acciaro (13 h.)	48 0	164 30
<b>Pisa</b> ...	212	P.L.M., <i>vid</i> Genoa	34 30	147 75
<b>Plombières</b> (Vosges).	214	E. of F. line to Mulhouse, branch- ing at Port l'Atelier to Abbe- villers (10 h.), thence carriage to Plombières (1 h.)	11 0	45 0
<b>Porretta (La)</b> (Italy).	216	P. L. M., <i>vid</i> Mont Cenis, Turin, Parma, Modena, Bologna	31 0	163 55
<b>Pougues</b> (Nièvre).	217	P.L.M. Bourbonnais line	5 0	23 70
<b>Prague</b> ...	326	E. of F., <i>vid</i> Strasburg, Kehl, Würzburg	38 0	130 40
<b>Preste (La)</b> (Pyrenees).	218	S. of F., <i>vid</i> Perpignan (18h. 45m.), thence by carriage (5 h.)	23 45	145 0
<b>Puda (La)</b> (Spain).	219	P. L. M. and S. of F., <i>vid</i> Lyons, Tarascon, Cette, Portbou, Bar- celona, and Olesa (31 h. 52 m.), carriage (½ h.)	32 22	189 55
<b>Pyrmont</b> (Waldeck).	220	N. of F., <i>vid</i> Erquelines, Cologne, Elberfeld, Soest, and Alten- becken	18 0	84 30
<b>Pystjan or Pöst- jén</b> (Hungary).	213	E. of F., <i>vid</i> Strasburg, Munich, Vienna, Pressburg and Tyrnau	45 10	100 90
<b>Ragatz-Pfeffers</b> (Switzerland).	222	E. of F., <i>vid</i> Basle-Zürich, Rap- perswyl and Sargans	1 31	83 60

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
<b>Ravone in Casa-</b> <b>glia (Italy).</b>	223	P.L.M., <i>vid</i> Mont Cenis, Turin, Alessandria, Piacenza, Reggio, Modena ... ..	29 30	137 80
<b>Recoaro (Venetia)</b>	223	P.M.M., <i>vid</i> Mont Cenis, Turin, Milan, to Vicenza (30 h. 45 m.), thence by carriage (4 h.) ...	34 45	139 75
<b>Reinerz (Silesia)</b>	225	N. of F., <i>vid</i> Cologne, Hanover, Magdeburg, Leipzig, Dresden, Chotzen, Nachod (38 h. 10 m.), diligence (2½ h.) ... ..	40 40	179 70
<b>Rheinfelden ...</b>	226	E. of F., <i>vid</i> Mulhouse and Basle to Rheinfelden ... ..	13 0	65 0
<b>Rippoldsau</b> <b>(Baden).</b>	223	E. of F., <i>vid</i> Strasburg, Offen- burg and Wolfach (13 h. 40 m.), diligence (2 h. 20 m.) ... ..	16 0	72 40
<b>Rome ... ..</b>	323 & 260	P.L.M., <i>vid</i> Mont Cenis, or Mar- seilles, Nice, Genoa, Pisa ...	49 30	201 90
<b>Rotterdam ...</b>	327	N. of F., <i>vid</i> Maubeuge, Brussels, Antwerp ... ..	14 15	64 40
<b>Roucasblanc</b> <b>(France).</b>	233	P.L.M. to Marseilles (16 h.), thence by carriage (30 m.) ...	16 30	107 0
<b>Rouzat</b> <b>(Auvergne).</b>	233	Orleans Railway to Riom (1 h. 45 m.) omnibus to Rouzat (30 m.)	2 15	9 35
<b>Royat ... ..</b>	233	P.L.M. Bourbonnais line to Cler- mont-Ferrand (9½ h.) thence by carriage (15 m.) ... ..	9 30	51 75
<b>St. Alban</b> <b>(France).</b>	236	P. L. M., Bourbonnais line, <i>vid</i> Nevers, Moulins, and Roanne (9 h. 30 m.), carriage (1 h.) ...	10 32	53 85
<b>St. Amand</b> <b>(France).</b>	236	N. of F., <i>vid</i> Amiens and Va- lenciennes ... ..	6 53	31 25
<b>St. Christau</b> <b>(France).</b>	237	O. and S. of F., <i>vid</i> Bordeaux, Pau, and Oléron (21 h.), car- riage (45 m.) ... ..	21 45	105 75
<b>St. Gervais ...</b>	238	P.L.M. to Geneva (11 h.), thence by diligence (6 h.) ... ..	17 0	95 0
<b>St. Honoré ...</b>	233	P.L.M. Bourbonnais line to Ne- vers to Cergy-la-Tour (6h.50m.) omnibus to St. Honoré (1 h. 30 m.) ... ..	8 20	40 0
<b>St. Laurent</b> <b>(France).</b>	238	P. L. M., <i>vid</i> Nevers, and La Bas- tide (16 h. 42 m.), carriage (1½ h.) ... ..	18 13	77 75
<b>St. Moritz</b> <b>(Engadine).</b>	240	E. of F., <i>vid</i> Belfort and Basle to Coire (23 h.), carriage to St. Moritz (11 h.) ... ..	34 0	130 60
<b>St. Nectaire ...</b>	240	P.L.M. Bourbonnais line to Coudes (10 h. 20 m.), thence by carriage (2 h.) ... ..	12 20	58 0
<b>St. Raphael</b> <b>(Riviera).</b>	241	P. L. M., <i>vid</i> Lyons, Marseilles, and Toulon ... ..	19 30	130 20
<b>St. Sauveur ...</b>	242	S. of F., <i>vid</i> Bourdeaux, branch- ing at Lourdes for Pierrefitte ... (19½ h.), carriage to St. Sau- veur (1½ h.) ... ..	20 45	111 0



Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
<b>San Giuliano</b> (Italy).	240	P. L. M., <i>viâ</i> Mont Cenis, Genoa, and Pisa ...	31 0	136 70
<b>San Remo</b> ...	250	P. L. M., <i>viâ</i> Marseilles-Ventimi- glia ...	25 20	140 0
<b>Sacedon</b> (Spain)	235	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Valladolid, Ma- drid and Guadalaxara (38 h. 45 m.), carriage (4½ h.) ...	43 15	206 65
<b>Sail-les-Bains</b> (France).	233	P. L. M., Bourbonnais line, <i>viâ</i> Nevers, Moulins, St. Germain les Fossés, St. Martin d'Estré- aux (8 h. 50 m.), carriage (1 h.) ...	9 50	49 90
<b>Sail-sous-Cou- zan</b> (France).	236	P. L. M., Bourbonnais line, <i>viâ</i> Nevers and Clermont-Ferrand ...	12 10	61 95
<b>Salies de Béarn</b> (Pyrenées).	244	O. and S. of F., <i>viâ</i> Bordeaux, Dax, and Pujoo (15 h. 45 m.), carriage (45 m.) ...	16 30	96 25
<b>Salins</b> (France)...	244	P. L. M., <i>viâ</i> Dijon, Dôle, and Mouchard ...	10 55	49 45
<b>Salins-Moutiers</b> (Savoy).	245	P. L. M., <i>viâ</i> Dijon, Mâcon, Chambery, and Chaumont (14 h. 36 m.), carriage (5 h. 45 m.) ...	20 20	85 35
<b>Salzbrunn</b> (Silesia)	245	N. of F. <i>viâ</i> Cologne, Hanover, Berlin and Altwasser (33 h. 30 m.), diligence (30 m.) ...	34 0	160 37
<b>Salzungen</b> (Thu- ringia)	247	E. of F., <i>viâ</i> Saarbrücken, Frank- fort, Bebra, Eisenach ...	23 40	111 35
<b>Santa Agueda</b> (Spain)	251	O. and S. of F. <i>viâ</i> Bordeaux, Irun, Tolosa, Zumarraga (20 h. 11 m.), diligence (4 hours).	24 11	126 35
<b>Saragoza</b> ...	327	O. and S. of F., <i>viâ</i> Bordeaux, Irun ...	35 5	184 30
<b>Saxon</b> (Switzer- land).	254	P. L. M., <i>viâ</i> Dijon, Lausanne, St. Maurice, and Martigny ...	17 53	73 55
<b>Scheveningen</b>	254	N. of F. <i>viâ</i> Brussels and Antwerp to the Hague (15 h. 20 m.), thence by carriage (¼ h.) ...	15 35	67 70
<b>Schinznach</b> ...	255	E. of F., <i>viâ</i> Belfort, Basle, and Aarau ...	17 0	72 0
<b>Schlangenbad</b>	256	E. of F., <i>viâ</i> Metz, Forbach, Bin- gerbüch, Eltville (11 h.), thence by carriage (1 h.) ...	19 10	81 75
<b>Schwalbach</b> ...	258	Same itinerary as above to Eltville, carriage (2 h.) ...	20 0	83 05
<b>Schwalheim</b> (Germany)	259	E. of F. <i>viâ</i> Saarbrücken, May- ence, Frankfurt <sup>s/m</sup> , Nauheim (16 h. 30 m.), diligence (30 m.) ...	17 05	87 60
<b>Sermaize</b> ...	263	E. of F., <i>viâ</i> Epernay and Châlons- sur-Marne ...	5 12	28 40
<b>Sevilla</b> ...	328	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Madrid, Cordoba ...	56 5	325 25
<b>Siradan</b> (Pyrenées).	265	O. and S. of F., <i>viâ</i> Bordeaux, Montréjeau Salichau (19 h. 45 m.), carriage (¼ h.) ...	20 15	119 35
<b>Soden</b> ...	266	E. of F., <i>viâ</i> Saarbrücken, Bin- gerbrück, Frankfort and Soden ...	19 30	88 0

Name of Station.		Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Spa ... ..	267	N. of F., <i>vid</i> Erquelines, Namur, Liège, to Pepinster and Spa ...	8 27	44 75
Spezzia (Italy)...	268	P.L.M., <i>vid</i> Genoa, stop at Spezzia	28 6	130 40
Strasbourg ...	328	E. of F., <i>vid</i> Nancy ...	11 8	61 35
Stuttgart ...	328	E. of F., <i>vid</i> Strasbourg-Kehl ...	17 15	80 0
Sulzbach ...	272	E. of F., <i>vid</i> Nancy and Saverne	11 50	59 25
Sulzbach (Alsatia).	272	E. of T., <i>vid</i> Strasbourg, Colmar and Walbach (12 h. 40 m.), diligence (30 m.)...	13 10	70 10
Sulzmatt (Alsatia).	272	E. of F., <i>vid</i> Nancy, Strasbourg, Saverne and Ruffach (13 h. 30 m.), diligence (50 m.) ...	14 20	65 90
Sylvanès (France).	59	O. and S. of F., <i>vid</i> Limoges, Toulouse Beziers, Roquere- donde (26 h.), carriage (3 h.)...	29 0	124 15
Szkleno (Hungary).	274	E. of F., <i>vid</i> Strasbourg, Munich, Vienna, Pesth, Garam-Ber- zencse (47 h. 10 m.), carriage (2½ h.) ...	49 40	243 85
Szliács (Hungary).	274	E. of F., <i>vid</i> Strasbourg, Munich, Vienna, Pesth and Altsohl ...	46 20	135 37
Tabiano (Italy)...	275	P.L.M., <i>vid</i> Mont-Cenis, Turin, Alessandria, Borgo San Do- mino (25 h. 48 m.) carriage (½ h.)	26 18	146 50
Tarasp (Schülz)	276	E. of F., <i>vid</i> Belfort, Basle, Zürich to Coire (23 h.), thence by carriage (11½ h.) ...	34 30	112 0
Teplitz - Schö- nau.	278	E. of F., <i>vid</i> Strasbourg, Stuttgart, Würzburg ...	32 0	145 50
Teplitz - Trenc- zin (Hungary).	285	E. of F. <i>vid</i> Strasbourg, Munich, Vienna, Pressburg, Trenczin (41 h. 40 m.), carriage (1 h. 20 m.) ...	43 0	195 60
Tercis (Pyrenees)	279	O. and S. of F., <i>vid</i> Bordeaux, Dax (15 h. 5 m.), carriage (1 h.)	16 5	92 30
Trescore (Italy)	285	E of F., <i>vid</i> Basle, Lucerne, Ber- gamo, Gorlago (26 h. 48 m.), carriage (½ h.) ...	27 18	128 15
Trillo (Spain) ...	285	O. and S. of F., <i>vid</i> Bordeaux, Irun, Burgos, Madrid, Matilla (40 h. 21 m.), carriage (½ h.) ...	44 21	219 45
Trouville ...	286	W. of F. to Trouville ...	6 0	28 65
Turin ... ..	329	P.L.M., <i>vid</i> Mont Cenis ...	21 30	100 20
Urberoaga y Alzola (Spain)	289	O. and S. of F., <i>vid</i> Bordeaux, Irun, Zumarraga (20 h. 11 m.), carriage <i>vid</i> Vergara (3½ h.) ...	23 41	129 35
Uriage ... ..	289	P.L.M., <i>vid</i> Lyons to Giers, Uriage (14h.), omnibus (40 m.)	14 40	79 0
Ussat ... ..	290	O. and S. of F. to Tarascon (19h.), thence by carriage (3h.)	22 0	115 0

Name Station.	Page.	Mode of Travelling.	Time.	Price.
			<b>h. m.</b>	<b>Fr. cts.</b>
<b>Valdieri (Italy)...</b>	<b>291</b>	<b>P.I.M., <i>vid</i> Mont-Cenis, Turin, Coni (28 h. 30 m.), carriage (4½ h.) ...</b>	<b>33 0</b>	<b>116 05</b>
<b>Vals ... ..</b>	<b>292</b>	<b>P.L.M., branch at Livron to Vogue (16 h. 30 m.), carriage to Vals (1 h.) ...</b>	<b>17 30</b>	<b>87 0</b>
<b>Venice ... ..</b>	<b>293</b>	<b>P.L.M., <i>vid</i> Mont Cenis, Turin, Milan ...</b>	<b>36 0</b>	<b>154 0</b>
<b>Vernet Le ... ..</b>	<b>294</b>	<b>S. of F. to Perpignan and Prades (18 h. 45 m.), thence by carriage (2 h. 20 m.) ...</b>	<b>21 5</b>	<b>136 00</b>
<b>Vevey ... ..</b>	<b>294</b>	<b>P.L.M. to Geneva, <i>vid</i> Lausanne and Montreux ...</b>	<b>16 23</b>	<b>86 45</b>
<b>Vichy ... ..</b>	<b>295</b>	<b>P.L.M., Bourbonnais line ...</b>	<b>8 30</b>	<b>45 0</b>
<b>Vic sur Cère (France)</b>	<b>296</b>	<b>P.I.M. and O., <i>vid</i> Nevers, Clermont-Ferrand, and Arvant ...</b>	<b>14 50</b>	<b>61 70</b>
<b>Vienna ... ..</b>	<b>329</b>	<b>E. of F., <i>vid</i> Strasburg, Kehl, Munich, Salzburg ...</b>	<b>27 0</b>	<b>151 75</b>
<b>Vinadio (Italy)...</b>	<b>297</b>	<b>P.L.M., <i>vid</i> Lyons, Marseilles, Ventimiglia, Coni (24 h. 35 m.), carriage (6 h.) ...</b>	<b>30 35</b>	<b>120 05</b>
<b>Visos (Pyrenées)</b>	<b>298</b>	<b>O. and S. of F., <i>vid</i> Bordeaux, Tarbes, Pierrefitte (20 h. 45 m.), carriage (2 h.) ...</b>	<b>22 45</b>	<b>109 30</b>
<b>Viterbo (Italy) ...</b>	<b>298</b>	<b>P.L.M., <i>vid</i> Mont-Cenis, Turin, Genoa, Florence, Orte (40 h. 46 m.), carriage (2½ h.) ...</b>	<b>43 16</b>	<b>203 25</b>
<b>Vittel ... ..</b>	<b>299</b>	<b>E. of F., by Neufchateau Chateinois (9 h. 40 m.), thence by carriage (2 h.) ...</b>	<b>11 40</b>	<b>48 00</b>
<b>Vöslau (Austria)</b>	<b>299</b>	<b>E. of F., <i>vid</i> Strasburg, Kehl, Stuttgart, Munich, Salzburg, and Vienna ...</b>	<b>27 45</b>	<b>156 95</b>
<b>Warmbrunn (Silesia).</b>	<b>301</b>	<b>N. of F., <i>vid</i> Cologne, Hanover, Sorau, Kohlfurt, Hirschberg (31 h. 30 m.), diligence (45 m.) ...</b>	<b>32 15</b>	<b>155 00</b>
<b>Weillbach ... ..</b>	<b>302</b>	<b>E. of F., <i>vid</i> Metz, Forbach, Mayence, Frankfurt to Flörsheim (17 h. 30 m.), thence by carriage (10 m.) ...</b>	<b>15 0</b>	<b>79 80</b>
<b>Weissenburg (Switzerland).</b>	<b>303</b>	<b>P.L.M., <i>vid</i> Pontarlier, Neuchâtel, Berne, Thune (15 h. 35 m.), carriage (3 h. 30 m.) ...</b>	<b>19 5</b>	<b>81 05</b>
<b>Wiesbaden ... ..</b>	<b>304</b>	<b>E. of F., <i>vid</i> Metz, Forbach, Mayence ...</b>	<b>15 0</b>	<b>86 45</b>
<b>Wildbad... ..</b>	<b>305</b>	<b>E. of F., <i>vid</i> Strasburg, Carlsruhe, Pforzheim... ..</b>	<b>16 0</b>	<b>76 40</b>
<b>Wildungen ... ..</b>	<b>305</b>	<b>N. of F., <i>vid</i> Erquelines, Namur, and Marburg ...</b>	<b>19 10</b>	<b>97 12</b>
<b>Zürich ... ..</b>	<b>309 &amp; 330</b>	<b>E. of F., <i>vid</i> Belfort, Basle ...</b>	<b>18 8</b>	<b>85 10</b>

# CLASSIFICATION.

## INDIFFERENT WATERS.

Abensberg	Ischia	Plombières
Alcala del Rey	Job	La Preste
Arapataka	Jose	Ragatz
Badenweiler	Kács	Renaissou
Barestrand-Syssel	Kaissariani	Römerbad (Austria)
Bejar	Kirstenpils	Röthelbad
Berthemont	Kis-Kalau	Rothenburg
Bikszád	Kleinengstingen	Rudolstadt
Bray	Lauterberg	Säckingen
Bronia	Leprese	St. Blasien
Bulgneville	Leutstetten	St. Georgen
Casamicciola	Limpach	St. Roman le Puy
Caxamarca	Loka	St. Yorre
Chambon	Lund	Schlackenbad
Como	Lutraki	Schlangenbad
Daruvur	Mallow	Seraglio
<b>Divonne</b>	Monestier de Clermont	Sutinsko
Empfing	Moingt	Sztubicza
Enn	Moselli	Tannenbrunnen
Erlau	Nelefin	Tapolca
Foucaude	Niederweil	Tatenhausen
Fuente de Piedra	Nieratz	Teruel
Gainfarn	Nocera	Tonnistein
Gastein	Nook	Topolschitz
Geisslingen	Orebros	Topucsko
Gräfenberg	Oroslau	<b>Tüffer</b>
Guitera	Pelagio	Visibachbad
Hamam el Eux	Perruches	<b>Vöslau</b>
Hevitz	Petersthal	Waldbad
Iceland	Pfaffers	Yverdon
Ilmenau		

## ALKALINE WATERS.

Abach	Anagui	Bagnolino dei Rhachi
Adelholzen	Aspio	tici
Acqua-Bolle	Attisholz	Bains, near Arles
Ajnacsakö	Atya	Balsóc
Al-Gyögy	Aulus	Balzach
Alica	<b>Baden-Baden</b>	Baños
Allegrezza	<b>Bagnères de Bi-</b>	Barzun
Almeida	<b>gorre</b>	Belleriève
Alt-Haide	Bagni-a-Morba	Benedekfalva
Alt-Tura	Bagno d'Apollu	Benetutti
Almeida	Bagnoli	Benyus

**ALKALINE WATERS**—*continued.*

Beschtan baths  
 Bilén  
 Bisztrá  
 Bodok  
 Boesing  
 Bondonneau  
 Borra  
 Borsá  
 Boudes  
 Boulon, Le  
 Bouquéron  
 Brunnenthal  
 Budis  
 Caccio-Cotto  
 Caldas de Malavella  
 Caldas de Oviedo  
 Caldini  
 Calvello  
 Caprenne  
 Casciano (San)  
 Castelletto d'Orba  
 Caz di Bagno  
 Chaudes-Aigues  
 Cinciano  
 Citára  
 Contrexéville  
 Deutsch-Kreutz  
 Diös-Györ  
 Disznopáta  
 Doktorka  
 Dolka  
 Dombhát  
 Dorfbad  
 Douai  
 Draitschbrunnen  
 Dubowa  
 Egerdach  
 Ems  
 Ermetschwyl  
 Escaldas, Las  
 Essentuk  
 Evian  
 Fachingen  
 Fällorne  
 Falú-Szlatina  
 Fellathal  
 Felső-Visso  
 Ferranche  
 Fonga  
 Fonfrede  
 Fontenelle  
 Ficoncella  
 Forges-les-Bains  
 Fortyogó  
 Gehringswalde  
 Geilnau  
 Giesshöbl  
 Gisi  
 Giunco-Marino

Goldbach  
 Göppingen  
 Gythium  
 Hackenthal  
 Haldensten  
 Hambach  
 Harkanyi  
 Heilige-Kreuzbad  
 Heilstein  
 Helenskilde  
 Heppingen  
 Holbeck  
 Houches, Les  
 Hovingham  
 Jacintos  
 Jamicza  
 Jobsbad  
 Johannisbad  
 Kanitz  
 Kastenloch  
 Keruly  
 Kis-Sáros  
 Klieningen  
 Kochel  
 Krähenbad  
 Krapina-Töplitz  
 Krynica  
 Kugelbad  
 Kuppis  
 Landskron  
 Leccia  
 Levana  
 Lienzmühl  
 Lipara  
 Lucan  
 Lucarnena  
 Luxemburg  
 Macerrato  
 Madonna à Papiano  
 Malmédy  
 Malvern  
 Miemo  
 Montbrison  
 Mont-Dore  
 Nave dell' Inferno  
 Neris  
 Neuenahr  
 Neu-Ragoczi  
 Neuschmécks  
 Niederselters  
 Noceto  
 Obertiefenbach  
 Olette  
 Oni  
 Osztrovsk  
 Pergine  
 Pizzofalcone  
 Planchamps  
 Preblau

Pytján  
 Rio-Meo  
 Rodna  
 Römerbad (Switzer-  
 land)  
 Röslibad  
 Royat  
 Sail sous-Couzan  
 St. André  
 St. Galmier  
 St. Honoré  
 St. Jean d'Aulph  
 St. Laurent  
 St. Nectaire  
 Salzbrunn  
 San Georgen  
 Schelesna-Wodsk  
 Schimberg  
 Schmécks  
 Schwalbach  
 Schums  
 Scsavník  
 Selters  
 Shap  
 Sid  
 Sigliano  
 Sinzig  
 Sulz  
 Szaldobos  
 Tarasp  
 Teinach  
 Telgart  
 Tenos  
 Teplitz-Schönau  
 Thingö-Syssel  
 Töplika  
 Tresclaux  
 Tschawitz  
 Tübingen  
 Unterbad  
 Urberoaga de Uhillá  
 Urnässchen  
 Vals  
 Vellebro  
 Vetzell  
 Vichy  
 Villa delle Caselle  
 Vittel  
 Walby-Brunnen  
 Weilbach  
 Wildungen  
 Wolfs  
 Wolfsegg  
 Zagwera  
 Zea  
 Zürich

**ALKALI-SALINE WATERS.**

<b>Adolfsberg</b>	<b>Fonfrede</b>	<b>Ober-Rauschenbach</b>
<b>Assmannshausen</b>	<b>Fläsch</b>	<b>Orel</b>
<b>Badstofuhver</b>	<b>Fossino</b>	<b>Oni</b>
<b>Bagni (Acqua di)</b>	<b>Fosso degli Ontani</b>	<b>Passugg</b>
<b>Bagne à Baccanella</b>	<b>Gaberneg</b>	<b>Peiden</b>
<b>Bagno Fresco</b>	<b>Godesberg</b>	<b>Pötschnig</b>
<b>Barèges</b>	<b>Gross-Schlagendorf</b>	<b>Prutzerbad</b>
<b>Bertrich</b>	<b>Gyűzy</b>	<b>Querzola</b>
<b>Bilin</b>	<b>Hanau</b>	<b>Reinerz</b>
<b>Blumenstein</b>	<b>Heiligeckreuzbad</b>	<b>Riedbad</b>
<b>Boll</b>	<b>Hofgeismar</b>	<b>Roisdorf</b>
<b>Borschom</b>	<b>Ischia</b>	<b>Rolle</b>
<b>Borszek</b>	<b>Irno (Valley of the)</b>	<b>Rita</b>
<b>Brides</b>	<b>Karlsbad</b>	<b>Rocca San Felice</b>
<b>Brussa</b>	<b>Kis-Czeg</b>	<b>Royat</b>
<b>Brüttalen</b>	<b>Katharinenbad</b>	<b>St. Laurent</b>
<b>Bykowicz</b>	<b>Kirchberg</b>	<b>St. Vincent</b>
<b>Caldieri</b>	<b>Kiszlawodsk</b>	<b>Salceti</b>
<b>Camarès</b>	<b>Klein-Chocholna</b>	<b>Salice</b>
<b>Caprifico di Valaspra</b>	<b>Kobersdorf</b>	<b>Sangerberg</b>
<b>Catena</b>	<b>Kronthal</b>	<b>Schwarzenberg</b>
<b>Chitignano</b>	<b>Kungara</b>	<b>Serapis-Temple</b>
<b>Chiusa di Monaci</b>	<b>La Malou</b>	<b>Sisso</b>
<b>Cotto</b>	<b>Landeck</b>	<b>Stoika</b>
<b>Czigelka</b>	<b>Lanjarron</b>	<b>Suliguli</b>
<b>Dombhát</b>	<b>Langenberg</b>	<b>Szczawnicza</b>
<b>Dreykirchen</b>	<b>Liebenzell</b>	<b>Szátou</b>
<b>Dubograedsk</b>	<b>Liebwerda</b>	<b>Teplitz-Schönau</b>
<b>Ebriach</b>	<b>Lochbachbad</b>	<b>Ueberkingen</b>
<b>Elster</b>	<b>Luhatchowitz</b>	<b>Vicarello</b>
<b>Enatbühl</b>	<b>Marienbad</b>	<b>Vichy</b>
<b>Epidaurus</b>	<b>Mehadia</b>	<b>Viđago</b>
<b>Felines</b>	<b>Monte-Ortone</b>	<b>Weissenburg</b>
<b>Felso-Nereszincze</b>	<b>Noceto</b>	<b>Wenzelsbad</b>

**BITTER (ACIDULATED) WATERS.**

<b>Acqua-Santa-di-Buyhuto</b>	<b>Elisabeth-Salz-baths</b>	<b>Mergentheim</b>
<b>Alap</b>	<b>Epidaurus</b>	<b>Montmirail</b>
<b>Alhama de Aragon</b>	<b>Epsom</b>	<b>Nebouzat</b>
<b>Alicum</b>	<b>Felső-Alap</b>	<b>Niedernau</b>
<b>Almeria</b>	<b>Foradade</b>	<b>Oelves</b>
<b>Alsó-Sebes</b>	<b>Friedrichshall</b>	<b>Ofen</b>
<b>Anguillara</b>	<b>Galthof</b>	<b>Olliergues</b>
<b>Aranjuez</b>	<b>Georgenbad</b>	<b>Orel</b>
<b>Arenosillo</b>	<b>Gran</b>	<b>Püllna</b>
<b>Ascoli</b>	<b>Glenn Sulphur Springs</b>	<b>Quinto</b>
<b>Bari</b>	<b>Herg</b>	<b>Saidschütz</b>
<b>Bellus</b>	<b>Hermione</b>	<b>Sarepta</b>
<b>Birmansdorf</b>	<b>Huniady-Yános</b>	<b>Sasso di Maremma</b>
<b>Boras</b>	<b>Ivanda</b>	<b>Sedlitz</b>
<b>Braque</b>	<b>Jaen</b>	<b>Soulieux</b>
<b>Busk</b>	<b>Jood</b>	<b>Spital</b>
<b>Buzost</b>	<b>Kilburn</b>	<b>Stuben</b>
<b>Casale</b>	<b>Kirchbrunnen</b>	<b>Tür</b>
<b>Cefalú</b>	<b>Kreuth</b>	<b>Vescoro</b>
<b>Cheltenham</b>	<b>Lepanto</b>	<b>Viallavieja</b>
<b>Chiclana</b>	<b>Liguria</b>	<b>Zwieselsalpe</b>
<b>Dubograedsk</b>	<b>Mala</b>	

**SALINE WATERS.**

Abas-Tumam  
 Aboukir  
 Absac  
**Acquæ-Albulæ**  
 Acqua-Santa  
 Acquæ-Subreni-  
 Homini  
 Adelheidsquelle  
 Adorf  
 Aegina  
 Agnano  
 Aholi  
 Aigle  
 Aincello  
 Ain-nonicy  
 Airthrey  
 Akná-Szlatina  
 Alange  
 Albano  
 Alcantud  
 Almamezö  
**Amelie-les-Bains**  
 Andabre  
 Antrim Spa  
 Arborme  
 Archena  
 Arenosillo  
 Arnedillo  
 Arnstadt  
 Arpad  
 Artejo  
 Artern  
 Arzilhe  
 Ascoli  
 Ashby-de-la-Zouche  
 Astrakan  
 Augustushad  
 Aussee  
 Availles  
 Baassen  
 Bacskó-Rahó  
**Baden-Baden**  
**Bagnères de Bi-**  
**gorre**  
 Bagnet, Lo  
 Bagnos  
 Bains de la Reine  
 Balaruc  
 Baldini  
 Balyspellan Spa  
 Baran  
 Battaglia, La  
 Bebra  
 Bejar  
 Berg  
 Beringerbad  
 Bex  
 Bikszád  
 Birkenfeld  
 Bleichbad

Bobbio  
 Bodenfelde  
 Bonar  
 Borkút  
 Borla  
 Boulogne-sur-Mer  
 Bourbon l'Archam-  
 bault  
 Bourbon-Lancy  
 Bourbonne-les-Bains  
**Bourboule, La**  
 Bramstadt  
 Bridge of Earn  
 Buca dei Fori  
 Budimir  
 Builth  
 Burnham  
 Busk  
 Buzost  
 Caldanella di Cam-  
 piglia  
 Caldas de Besaya  
 Caldas de Estrac  
 Caldas de Mombuy  
 Caldas da Rainha  
 Caldas de Tuy  
 Caldillas de San Miguel  
 Canillejas  
 Cannstadt  
 Carballino  
 Casares  
 Casa Stronchino  
 CasinodelleCurrighiane  
 Casiola  
 Castellamare  
 Castiglione  
**Castel San Pietro**  
**Castro-Caro**  
 Cestona-guezalaya  
 Cave  
 Chaldette, La  
 Charlottenburg  
 Chatel-Guyon  
 Chateinois  
**Cheltenham**  
 Chazam  
 Ciechocinek  
 Cipollo  
 Colberg  
 Corcoles  
 Cormus  
 Cos (Island)  
 Crieff  
 Daetlingen  
 Diemerungen  
 Dirce  
 Dofana  
 Domène  
 Dovadola  
 Drennon Springs

Driburg  
 Drohobycz  
 Droitwich  
 Drumgoon  
 Drumlane  
 Dürrheim  
 Dürkheim an der  
 Haardt  
 Eberbach  
 Echaillon  
 Ecqueville  
 Elmen  
**Emm**  
 Erlaubad  
 Eufemia  
 Farkas-Mező  
 Felső-Apsa  
 Felső-Bajom  
 Feredachik  
 Filetta  
 Fonsalada  
 Fontaccia  
 Forbach  
 Fordignano  
 Frankenhausem  
 Frankfort-on-Maine  
 Galaxidion  
 Gebangau  
**Gerace**  
 Gleissen  
 Gloucester  
 Gmunden  
 Goczalkowitz  
 Grosskarben  
 Grull  
 Guarda-vieja  
 Guillon  
 Hall (Austria)  
 Hall (Tyrol)  
 Hall (Württemberg)  
 Halle  
 Hallein  
 Hammam-Melouane  
 Hammam-Meskutin  
**Harrowgate**  
 Harzburg  
 Hellopia  
 Helmstädt  
 Helouan-les-Bains  
 Hermida, La  
 Horcajo de Lucena  
 Hubertusbrunnen  
 Hüttersbach  
 Hypate  
 Ikaria  
 Ildjak  
 Ilmenau  
 Inowraslaw  
 Imola  
 Inninchen

**SALINE WATERS**—*continued.*

Inselbad	Moffatt	Puda, La
Inverleithen	Molar, El	Puente-viej
<b>Ischl</b>	Molinar de Carranza	Pyrmont
Ivonitz	Monda	Quinto
Jaxtfeld	Mondorf	Rabka
Joanette	Monegrillo	Raddusa
Jouche	Monfalcone	<b>Radeberg</b>
Jungbrunn	Monsão	Radein
Jurowla	Montalceto	Rapolano
Kalimaneste	Monte-Catini	Rappenau
Karlshafen	Montegrotto	Redruth
Katharsion	Morgins	Rehme
Kerö	Mortagone	<b>Ravone in Casaglia</b>
Keuchreæ	Münster a/ Stein	Recklinghausen
Kimpalungi	Nauheim	Reichenhall
<b>Kissingen</b>	Naples	Retorbido
Kondrau	Naxos	Rheinfelden
Königsborn	Nefflach	Riando
Königsdorf-Jastr-	Nenndorf	Rietenau
zembis	Neuhaus	<b>Riolo</b>
Korond	Neustadt a' Saale	Rio-Mayor
Korytinca	Newtondale	Rio-Sordo
Kosia	Niederbronn	Rippoldsau
Kösen	Niederhall	Roggendorf
Köstritz	Nohanend	Rohitsch
Krankenheil	Oberhergern	Rodenberg
<b>Kreuznach</b>	Oberladis	Rothenfels
Kronberg	Oeynhansen	Rothesay
Kronthal	Offenau	Rothwell
Kythmos	Okarben	Roselle
Laer	<b>Oldesloe</b>	Roucas-Blanc
La-Malon	Orb	Rosswein
La-Motte	Osterfingen	Rothenfelde
Langenbrücken	Palazzolo	Russwyl
Lauchstadt	Pannanich	Saarguemines
Laurion	Panticosa	Sack
<b>Leamington</b>	Páros	Sadshütz
Lemnos	Paterna de la Riviera	St. Blasin
Lesbos	Paterno	St. Genis
Les Salins	Peebles	St. Laurent
Letantus	Peiden	Salces
Limmer	Peleikiton	Salies de Béarn
Lindenholzhausen	Penna, La	Salies
Lipik	Perrière, La	Salins
Llandrindod	Pertino	Salins-Moutiers
Loèche-les-Bains	Petriolo	Salonichi
Lons-le-Saulnier	Pillo	Salz
Loujo	Pitcaithy	Salzhausen
Loreta	Pitigliano	Salzschlirf
Lu	Plan de Phazy	Salzburg (Hungary)
Lucas	Plaue	Salzungen
Lüneburg	Platingan	Salzuffeln
Luxeull	Poggetti	San Fedele
Mackviller	Poggibonzi	San Juan de Campos
Marsala	Poggio-Rosso	Santa-Gonda
Masino	Pontamafrey	Santa Restituta
<b>Mehadia</b>	Pouillon	Santenay
Meinberg	Pozzuoli	Saratoga
Melksham	Préchac	Sarepta
Mezières	Pré St. Didier	Saubuse



**SALINE WATERS—continued.**

Saulce, La	Sulza	Uriage
Saxon	Sulzbach	Ussat
Schieder	Szalatnya	Venafro
Schmalkalden	Talamonaccio	Vignale
Schmeckwitz	Temburg	Vignolles
Schönbeck	Tercis	Vinadio
Seguara	Thermas, Las	Vinça
Segura	Titus, Bânos de	Vippach-Edelhausen
Semur	Thorpe Arch.	Volterra
Sierk	Thermia	Vonitza
Soden	Termopylae	Wieliczka
Soest	Torda	Wiesbaden
Sotteville	Torpa	Wiesenbad
Spalato	Torres-Vedras	Wildegge
Staraja-Rossa	Torretta, La	Wimpfen
Staden	Traishorloff	Wilhelmsbad
Steinfurth	Trescore	Willoughby
Steinheyde	Tritoli	Wittekind
Stolypin	Truskowice	Woodhall
Stuben	Tusnád	Zajzon
Suderode	Ugód	

**BROMO-IODURATED WATERS.**

Abano	Goczalkowicz	Ravone-in-Casaglia
Adelheidsquelle	Grasville l'heure	Ronneburg
Airthrey	Greifswalde	Rothenfelde
Baassen	Hall (Austria)	St. Genis
Bacskó-Rahò	Hechingen	St. Jean d'Aulph
Bains de la Reine	Heilbrunn	Salies de Béarn
Balaruc	Ivonicz	Salins
Beringerbad	Kanitz	Salzburg (Hungary)
Bondonneau	Konigsdorff-Jas-trzembs	Saxon
Borkut	Krankenheil	Soest
Bourbon l'Archambault	Kreuznach	Sotteville
Bourbonne-les-Bains	Lu	Staraja-Rossa
Bourboule, La	Luhaczowicz	Sulzbach
Casa Stronchino	Marlioz	Tatzmannsdorf
Castelnuovo	Molinara de Carranza	Torda
Castro-Caro	Mondorf	Torpa
Challes	Monfalcone	Valenza
Czigelka	Montecatini	Weilbach
Dürkheim an der Haardt	Münster am Stein	Wildegge
Felső-Alap	Pertino	Wimpfen
Gazost	Rabka	Zajzon
	Radein	

**SULPHUROUS WATERS.**

Abano	Acqui	Aix-la-Chapelle
Abas-Tuman	Aghaloo	<b>AIX-LES-BAINS</b>
Acireale	Agnano	Alaráz
Acqua-Santa	Aguas Calientes	Alcafache
Acqua-Acidola	Aguas de Camangilas	Alcama
Acqua-Puzzolente	Aias	Alceda
Acqua-Raineriana	Aidos	Alexandersquelle
Acquac-albulae	Aitora	Alhamade Aragon

**SULPHUROUS WATERS**—*continued.*

<b>Alhama de Granada</b>	<b>Bourtscheidt</b>	<b>Drumgoon</b>
<b>Ali</b>	<b>Braga</b>	<b>Durenhof</b>
<b>Alica</b>	<b>Bramstadt</b>	<b>Dürrwangen</b>
<b>Alicum</b>	<b>Bräsa</b>	<b>Eaux-Bonnes</b>
<b>Allevard</b>	<b>Bréb</b>	<b>Eaux-Chaudes</b>
<b>Allume</b>	<b>Bruca</b>	<b>Ebed</b>
<b>Almás</b>	<b>Brussa</b>	<b>Ebningen</b>
<b>Almeida</b>	<b>Buclesore</b>	<b>Echzell</b>
<b>Almeria</b>	<b>Budosko</b>	<b>Edenkoben</b>
<b>Also-Sebes</b>	<b>Builth</b>	<b>Egartbad</b>
<b>Alveneu</b>	<b>Bujak</b>	<b>Egbell</b>
<b>Amelie-les-Bains</b>	<b>Buncome</b>	<b>Egelhof</b>
<b>Anagui</b>	<b>Bundorran</b>	<b>Elorrio</b>
<b>Andeer</b>	<b>Buschbad</b>	<b>Enatbühl</b>
<b>Archena</b>	<b>Busk</b>	<b>Enghien</b>
<b>Aregos</b>	<b>Butterby</b>	<b>Escaldas, Las</b>
<b>Arenqsillo</b>	<b>Buyères de Nava</b>	<b>Escouloubre</b>
<b>Armajolo</b>	<b>Caccio-Cotto</b>	<b>Eski-cherrer</b>
<b>Ascoli</b>	<b>Cadéac</b>	<b>Esparguena</b>
<b>Astroni</b>	<b>Caldas de Geres</b>	<b>Essentuk</b>
<b>Athimonus</b>	<b>Caldas de Nossa Sen- hora</b>	<b>Falkenberg</b>
<b>Ax</b>	<b>Calliarhoë</b>	<b>Feldalfig</b>
<b>Baccanella</b>	<b>Calw</b>	<b>Feletékút</b>
<b>Baden (Austria)</b>	<b>Cambo</b>	<b>Finceschti</b>
<b>Baden (Switzerland)</b>	<b>Canal Grosso</b>	<b>Fiumorbo</b>
<b>Bagnères de Bi- gorre</b>	<b>Carratraca</b>	<b>Fontaccia</b>
<b>Bagni-à-Acqua</b>	<b>Casa Nuova</b>	<b>Forstegg</b>
<b>Bagni-di-Crana</b>	<b>Casares</b>	<b>Fortyogó</b>
<b>Bagno</b>	<b>Casciani</b>	<b>Fuen-Alamo</b>
<b>Bagno-in-Romagna</b>	<b>Casiola</b>	<b>Fuente del Toro</b>
<b>Bagnoles</b>	<b>Castellamare</b>	<b>Fumades</b>
<b>Bagnols</b>	<b>Castelletto Mascagni</b>	<b>Gaieiras</b>
<b>Bains</b>	<b>Castel San Pietro</b>	<b>Gadara</b>
<b>Bains near Arles</b>	<b>Caunterets</b>	<b>Gafete</b>
<b>Bajfalu</b>	<b>Cecinella</b>	<b>Galera</b>
<b>Balzach</b>	<b>Challes</b>	<b>Galleraje</b>
<b>Bania-Louka</b>	<b>Cheltenham</b>	<b>Gandesa</b>
<b>Baran</b>	<b>Chianciano</b>	<b>Garmyswyl</b>
<b>Barbazan</b>	<b>Christenhofsbad</b>	<b>Gaviria</b>
<b>Barèges</b>	<b>Citára</b>	<b>Gazost</b>
<b>Bari</b>	<b>Civilliano</b>	<b>Georgenbad</b>
<b>Bath (Jamaica)</b>	<b>Civita Vecchia</b>	<b>Gerace</b>
<b>Batignolles</b>	<b>Cocomiso</b>	<b>Gisland</b>
<b>Battaglia, La</b>	<b>Colombajo</b>	<b>Gleisslibergerbaths</b>
<b>Baza</b>	<b>Cordéac</b>	<b>Gmünd</b>
<b>Bellus</b>	<b>Cortegada</b>	<b>Golaise, La</b>
<b>Bernstein</b>	<b>Crailsheim</b>	<b>Gori</b>
<b>Bertua</b>	<b>Cuervo</b>	<b>Graena</b>
<b>Beschtau or</b>	<b>Dax</b>	<b>Grödeck</b>
<b>Maschukabaths</b>	<b>Deux-Lots</b>	<b>Gross-Wunitz</b>
<b>Bivuto di Termini</b>	<b>Dingolfing</b>	<b>Grüben</b>
<b>Blue Sulphur Springs</b>	<b>Dirce</b>	<b>Guarda-vieja</b>
<b>Bobotsch</b>	<b>Disznopátak</b>	<b>Guesalivar</b>
<b>Bocklet</b>	<b>Domène</b>	<b>Guitiriz</b>
<b>Boll</b>	<b>Dorres</b>	<b>Gythium</b>
<b>Bonn</b>	<b>Dotit</b>	<b>Gyüzy</b>
<b>Borgo-Maró</b>	<b>Dragomerfalva</b>	<b>Häbernbad</b>
<b>Bormio</b>	<b>Dronis Namullock, or</b>	<b>Halsbrücke</b>
<b>Bottaccio</b>	<b>Drumsna</b>	<b>Hardeck</b>
		<b>Harkanyi</b>

**SULPHUROUS WATERS—continued.**

**Harrowgate**  
 Hechingen  
 Heckinghausen  
 Heiden  
 Heilige Kreuzbath  
 Hellopia  
**Hélouan-les-Bains**  
 Hermannabad  
 Hermonville  
 Herrscha  
 Hervideros de Fuen  
   Santa  
 Heselwangen  
 Höhenstadt  
 Holbeck  
 Homok  
 Horn  
 Hozumező  
 Hradiszko  
 Hypathe  
 Iberg  
 Ilkeston  
 Inchaurre  
 Imola  
 Innichen  
**Ischl**  
 Isola-Bona  
 Jallöva  
 Jamnicza  
 Janiszek  
 Jano  
 Jaraba  
 Jorullo  
 Joannette  
 Kaifa  
 Kalauria  
 Kalimaneste  
 Kammiätz-Podolsk  
 Karithena  
 Karpfen  
 Kastanowka  
 Keked  
**Kemmern**  
 Kerő  
 Killymard  
 Kimpalungi  
 Kiralyi  
 Kirchheim  
 Kirkilisoa  
 Klemutzion  
 Klosters  
 Klutschewsk  
 Kornwestheim  
 Kosia  
 Kostendil  
 Krevenish  
 Krzeszow  
 Kunda  
 Kunzendorf  
 Labassère

Laemnoli  
 Lago d'Averno  
 Langassa  
 Langenbrücken  
 Laroche-Posay  
 Landeck  
 Lavey  
**Leamington**  
 Lebetzoba  
 Ledesma  
 Lemnos  
 Lepanto  
 Lintzi  
 Lisbon  
 Lisdoonvarna  
 Llandwrtyd  
**Loèche-les-Bains**  
 Los Banos  
 Lu  
 Lucan  
 Luchon  
 Lugo  
 Luxburg  
 Macerrato  
 Magyar-Szent-Lazlo  
 Malnas  
 Marlioz  
 Marching  
 Maria in Bagno  
 Martos  
**Mehadia**  
 Meidling  
 Meinberg  
 Mercantale  
 Methana  
 Miemo  
 Moffatt  
 Moggiona  
 Molar, El  
 Moncada y Reitach  
 Montefiascone  
 Montemayor y Bejar  
 Morto-Ortone  
 Mescheno  
 Münsterberg  
 Müskau  
 Nenndorf  
 Neudorf  
 Neumarkt  
 Neusohl  
 Nevis  
 Nierstein  
 Nissayros  
 Nottingham  
 Nydelbad  
 Obertiefenbach  
 Offenau  
 Okmé  
 Olette  
 Offenstein

Olmenhausen  
**Oldesloe**  
 Ollmütz  
 Olivera  
 Oloneschti  
 Osthofen  
 Otschni  
**Parád**  
 Pantalaria  
 Páramo de Ruiz  
 Patmos  
 Penna, La  
 Peissenberg  
 Petriolo  
 Pierrefonds  
 Pietrapola  
 Piguien  
 Pixigueiro  
 Poggetto-Theniers  
 Pomaret  
 Porretta, La  
 Portoria  
 Poschiavo  
 Pozo-Amargo  
 Pozzuoli  
 Pretriolo  
 Psekups-springs  
 Puzichello  
 Quez  
 Raddusa  
 Rapoláno  
 Ratzes  
 Rede de Corvaçeira  
 Retorbido  
 Reutlingen  
 Reyrieux  
 Riedbad  
 Riga  
**Rio**  
 Rio-Real  
 Rio-Vinagre  
 Rohnau  
 Romeyer  
 Ronneby  
 Rostona  
 Rothesay  
 St. Cassien  
 St. Domingo  
 St. Genis  
 St. Gervais  
 St. Honoré  
 St. Jean d'Aulph  
 St. Martin Lantosque  
 Salmas  
 Salonichi  
 Sandefjord  
 San Casciano  
 San Georgen  
 San Michele  
 San Martino

**SULPHUROUS WATERS—continued.**

San Pedro do Sul	Spag	Ullersdorff
Santa Agueda	Spalato	Unterhallau
Santa Barbara	Sproffondo	Urbalacone
<b>Santa Cesarea</b>	Stachelberg	Urberoaga de Ubilla
Sardara	Starbeck	<b>Uriage</b>
Saturnia	Stolypin	Ussat
Saudon	<b>Strathpeffer</b>	Valdieri
<b>Schinznach</b>	Sujo	Valenza
Schimberg	Swanlibar	Vernet, Le
Schmeckwitz	Szent-Ivan	Vialla
Schmarden	<b>Szmirdak</b>	Vignale
Schwarzseebad	Szobrancz	Villavieja de Nules
Schwefelbad	Szombat-Falva	Vinadio
Schwefelbergerbad	Talamonaccio	Vinça
Sciacca	Talloires	Visone
Scsavnik	Tabbiano	Viterbo
Sebruch	<b>Telese</b>	Vizella
Segesta	Tercis	Voltaggio
Segura	Terme Luigiane	Voltri
Sennfeld	Termini Castoreale	Warm Springs
Serboneschte	Termini-Imerese	Walby Brunnen
Sergiewsk	Teufen	Weillbach
Sibó	Thalgut	White Sulphur Springs
Sibitschu li-Sus	Thera	Wiesloch
Sironabad	Thermopylae	Wildhausbad
Sitka	Thuez	Wilhelmsbad
Skara-Chori	Thusis	Willoughby
Skleno	Tiflis	Winterbach
Slepzoff-Michaeloff	Torre de San Miguel	Wittekind
Springs	Trenczin-Teplitz	Wolfs
Smokobe	Trescore	Yeuzet
Sombór	<b>Trillo</b>	Zante

**FERRUGINOUS WATERS.**

Abbecourt	Arcs, Les	Barbotan
Aberayron	Arcidosso	<b>Bath</b>
Aberbrothwick	Arlam	Bauche, La
Aberystwith	Ascoli	Beaulieu
Acqua-acetosa	Asinolunga	Beaupreau
Acqua-acidola	Aspio	Bela
Acqua-Bolle	Athlone water	Bellesme
Acqua-Subreni	Audinac	Belloc
Adolfsberg	Auerbach	Benavente
Ahioli	Augnat	Ben Haroun
Ajnacskő	Augustusbad	Berg
Alais	Auteuil	Berencze
Albano	Baccanella	Berg-Gilshuebel
Albens	Baczuch	Bernos
Alexisbad	Bagnaccio di Colom-	Bernstein
Aliseda	bajo	Besenyőfalva
Allezani	Bagno Bossale	Bétaille
Allume	Bagnolino dei Rhachi-	<b>Bigorre</b>
Almamezō	tici	Birkenfeld
Altsohl	Ballyspellan Spa	Birlenbach
Altwasser	Balnea d'Avignone	Birresborn
Amphion	Balsócz	Bisztrá
Andabre	Barbazan	Blanchemont
Antogast	Barberie	Bleichbad

**FERRUGINOUS WATERS**—*continued.*

Bleville  
 Blumenstein  
 Bocheggiano  
 Boisse, La  
**Bonar**  
 Bonnington  
 Borra  
 Borrone  
 Borsaros  
 Bottaccio  
 Boulogne-sur-Mer  
 Bourasol  
 Bourbon-Lancy  
 Bournemouth  
 Braga  
 Bramstadt  
**Brighton**  
 Brownstown Spa  
 Brückenau  
 Brüttalen  
 Budis  
 Builth  
 Burnham  
 Burrone  
 Busignargues  
 Bussang  
 Buzias  
 Caldini  
 Calw  
 Camarès  
 Cambo  
 Campagne  
 Candin  
 Canena  
 Cannstadt  
 Caprificio de Valaspra  
 Caprenne  
 Carlsbrunn  
 Casnefouls  
 Castel-Connell  
 Castel-jaloux  
 Castellamare  
 Castoreale  
**Castel San Pietro**  
 Catania  
 Cattenajà  
 Cayla, La  
 Cecinella  
 Celles  
 Cesalpino  
 Cetona  
 Chabetout  
 Chapelle-Godefroy, La  
 Charbonnières  
 Charlottenbrunn  
 Charlottenburg  
 Chateau-Gontier  
 Chateaneuf  
 Chateldon  
 Chatel-Guyon

Chaudfontaine  
**Cheltenham**  
 Chemille  
 Chiatamone  
 Chiusa dei Monaci  
 Cinciano  
 Civilliano  
 Clermont  
 Cleve  
 Combe-Girard  
**Contrexéville**  
 Corneille de la Rivière  
 Corticella  
 Couchon  
 Courmayor  
 Courpière  
 Cours  
 Courtomer  
 Craisheim  
 Crèche  
 Credo  
 Crol, Le  
 Cudowa  
 Cuervo  
 Czacko  
 Czarskow  
 Daneverd  
 Desvres  
 Dinan  
 Dios-Györ  
 Dios-Jenő  
 Dirsdorf  
 Disznopatak  
 Dives  
**Dobberan**  
 Dolka  
 Domeray  
 Dorfgeismar  
 Dorna  
 Douai  
 Drahowa  
 Draitschbrunnen  
 Driburg  
 Drise  
 Drumrastel  
 Durtal  
 Ebeaupin  
 Ebriach  
 Eckartsbrunnen  
 Ecuillé  
 Eghegh  
 Einöd  
**Eisenbach**  
 Eisenberg  
 Elba  
 Elizabethbath  
 Előpathak  
 Elster  
 Engistein  
 Erdöbenye

Erlachbad  
 Ernabraunen  
 Evolena  
 Falciano  
 Falkenberg  
 Falú-Szlatina  
 Farette  
 Felső Neresznicze  
 Felső-Visso  
 Ferranche  
 Ferreira  
 Ficoncella  
 Fideris  
 Flinsberg  
 Folkestone  
 Fonsainte  
 Fonsrouilleuse  
 Fontagre or Sorède  
 Forcerai  
 Forges-les-Bains  
**Forges-les-Eaux**  
 Fortuna  
 Fossino  
 Franzensbad  
 Frasersburgh  
 Freienwalde  
 Freyersbach  
 Fuente-Caliente  
 Gaberneg  
 Gabian  
 Gagliana  
 Gais  
 Galway Spa  
 Garryhill Spa  
 Gava  
 Gavorano  
 Geilnau  
 Genestelle  
**Gerace**  
 Geroldgrün  
 Giglio  
 Giunco Marino  
 Glanagarin  
**Gleichenberg**  
 Gleissen  
 Gloucester  
 Godelheim  
 Godesberg  
 Golaise, La  
 Goldbach  
 Goldberg  
 Gonten  
 Gortwa-Kisfalú  
 Gournay  
 Graena  
 Grandeyrol  
 Grasnawawoda  
 Grasville l'heure  
 Greifenberg  
 Griesbach

**FERRUGINOUS WATERS—continued.**

Griesbad	Jenatz	Macon
Grinneneux	Joanette	Madonna-a-Papiano
Grüben	Johannisbad, nr. Melnik	Magnac
Grundhofen	Johannisbad, nr. Par-	Mahmedy
Gustafsberg	dubitz.	Marcols
Halsbrücke	Johnstown	Marienbad
Hambach	Jordansbad	Marmolejo
Hamma	Josefsbad	Martigné-Briant
Hanau	Kabolapolyána	Martinique
Hardeck	Karlsruhe	Martres de Veyre
Harrowgate	Kaschin	Mastinecz
Hartfelt	Kaudenbach	Mattigbad
Harwich	Kellberg	Mauer
Hassan-Pascha	Keruly	Mecina-Burbaron
Heckinghausen	Kilkenny College	Medewi
Heiden	Kilrush	Melksham
Heiligenstadt	Kinsale	Melos
Heinrichsbad	Kiralymező	Meltingen
Heinrichbrunnen	Kis-Sarós	Mercantale
Helenskilde	Klaussen	Mina Nova
Helmstadt	Klein-Chocholna	Mirandella
Herse, La	Klieningen	Mitterbad
Hermannsbad	Kobersdorf	Modum
Hernösand	Königswarth	Moha
Hervideros de Fon-	Korsow	Molla
tillesca	Korytinca	Moncada y Reitach
Hervideros de Fuen	Kötschenowa	Mondon
Santa	Kronberg	Montalceto
Hervideros de Villar	Krzeszow	Mont Amiata
del Pozo	Kugelbad	Montchauson
Heucheloup	Kunzensdorf	Montégut Ségla
Hinnewieder	Kuppis	Montligon
Hofgeismar	Lacvillers	Mont-Louis
Hohenberg	Lago d'Averno	Montmirail
Hohenstein	Laifour	Monte Rotondo
Holywell	Lamscheid	Montner
Hollywood	Lanaskede	Morba
Homburg	Langenberg	Morgins
Homok	Larivière	Mscheno
Homorod	Leamington	Mula
Horley-Green	Lendershausen	Münchshofen
Horn	Levana	Münsterberg
Houches, Les	Levico	Müskau
Hozumézó	Lichtenthal	Naumburg
Humera	Liebenstein	Naples
Hunstanton	Liebwerda	Navajais
Ilkeston	Lindenholzhausen	Navalpino
Imnau	Lipezk	Neudorf
Imola	Lippspringe	Neskutschnoie
Innichen	Llandrindod	Neu-Lublau
Inselbad	Llandwrtyd	Neumarkt
Islington	Löbenstein	Neu-Ragoczi
Ivonicz	Lochbachbad	Neuschwalheim
Jacintos, de los	Lodova	Neustadt-Eberswalde
Jacobfalva	Loèche-les-Bains	Neyrac
Jahodnika	Luchon	Nieder-Langenau
Jalleyrac	Lucsky	Niedernau
Jamnicza	Luisenbad	Nitrolis
Jaróslaw	Luxburg	Nördlingen
Jelen	Luxeuil	Nowosselja

**FERRUGINOUS WATERS** - *continued.*

Ober-Brambach  
Oberhergern  
Obermendig  
Obernhaus  
**Ober-Ranscheu-  
bach**  
Obladis  
Ochsenhausen  
Olahfalú  
Olliergues  
Oppenau  
Orezza  
Origny  
Oriol  
Osterfingen  
Osterspay  
Otschin  
Palazonia  
Pandraux  
Pannanich  
Pantano  
Panticosa  
**Parád**  
Parchim  
Passy  
Paterno  
Penna, La  
Pejo  
Pergine  
Petraglia  
Pierrefonds  
Pignol  
Piguien  
Pilsen  
Pisciarelli  
Pizzofalcone  
Plaine, La  
Plan, Le  
Planchamps  
Po-Csevicze  
Poggetti  
Poggetto Theniers  
Poggio Curatale  
Poggio Pinci  
Pojan  
Polzin  
Pont & Mousson  
Pontano  
Popoli  
Porla  
Porte  
Port Thareau  
Portugos  
Pötschnig  
Potsdam  
Pougues  
Prenzlau  
Prompsad  
Provins  
Prugues

Puertolano  
Puzzichello  
Puzzola  
**Pyrawarth**  
**Pymont**  
Rabbi  
Radeberg.  
Rajecz  
Rakós  
Randamel  
Ranigsdorf  
Rastenberg  
Ratzes  
**Recoaro**  
Reiboldsgrün  
Reinerz  
Renlaigne  
Rennes  
Reyrieux  
Riguardo  
Rima-Brezó  
Rio  
**Riolo**  
Rio Tinto  
Rippoldsau  
Rita  
Rodna  
Rohitsch  
Roisdorf  
Rolle  
Roncegno  
Roncevaux  
Ronneburg  
Ronneby  
Ronya  
Roselle  
Rosenheim  
Rosswein  
Rosuna  
**Royat**  
Roye  
Ruhla  
Sail-les-Bains  
Sail-sous-Couzan  
Sadschütz  
St. Alban  
St. Denis  
St. Diery  
St. Martin de Fenouilla  
St. Moritz  
St. Myon  
St. Nectaire  
St. Ours  
St. Pardoux  
St. Peter  
St. Pierre  
St. Prieste  
St. Prieste la Roche  
St. Quentin  
St. Remy

St. Sautin  
St. Ubrich  
St. Vallier  
Ste. Hélène  
Ste. Madeleine  
Ste. Marie  
Salins Montiers  
Salies  
San Bernhardino  
**San Casciano**  
San Filippo  
Sangerberg  
San Giuseppe  
San Leopoldo  
Santa Cesarea  
Santorin  
Sarcey  
Sasso di Maremma  
Savergnolles  
Saucats  
Saundersfoot  
Scarborough  
Schandan  
Schelesna-Wodsk  
Schimberg  
Schmerikon  
Schooley Mountain  
**Schwalbach**  
Schuma  
Schüols  
Schwallungen  
Schwelm  
Sciacca  
Scsavník  
Seewen  
Segray  
Segre  
Sentein  
Seravalle  
Shotlev  
Sibitschudi-Sus  
Sid  
Siekeriki  
Sigliano  
Silvanés  
Siradan  
Sixt  
Soden  
Source des Cèdres  
Sohl  
**Spa**  
Starbeck  
Stavenhagen  
Steben  
Steinheyde  
Sternberg  
Sujo  
Sulzbach  
Suot-Sass  
Szaldobos

**FERRUGINOUS WATERS**—*continued.*

Szczawnicza	Toropetz	Vic-sur-Cer
Szliacz	Torres-Vedras	Victoire
Szombhat-Falva	Trebas	Vidago
Szulin	Tremiseau	Vihnye
Talalmanaccio	Trillo	Visk
Tarascon	Trois-Torrens	Vitry
Tarasp	Trolière, La	Vittel
Tatzmannsdorf	Truskowice	Vizella
Telgart	<b>Tunbridge Wells</b>	Waldstatt
Tenby	Tusnád	Wassacherberg
Teneke	Twer	Wattenweiler
Teplitz	Tynemouth	White Sulphur Springs
<b>Teplitz-Schönau</b>	Ueberlingen	Wiesau
<b>Terme Luigiane</b>	Ugod	Wight, Isle of
Termini Castorcale	Undary	Wildungen
Ternaut	Unter-Miczinye	Wilhelmsbad
Terrau	Utzerá	Wolfach
Testa	Vals	Wörth
Thalgut	Vargéde	Zafarana
Tharandt	Varennes	Zagwera
Thera	Vaunières	Zajzon
Thermia	Veierbach	Zerbst
Thesbis Spring	Velmout	Zögg
Tivoli	Vicarsbridge	Zovány
Tolpa	Vic-le-Comte	

**LIME AND EARTHY WATERS.**

Acqua Santa	<b>Cheltenham</b>	Gonten
Acqui	Clifton	Gränichenbad
Adelholzen	Cransac	Griesbad
Aix (Provence)	<b>Cristo (Acqua di)</b>	Grosskarben
Aled	Derin-laft	<b>Grosswardein</b>
Al-Gyógy	Digne	Gyrenbad
Alhama de Murcia	Driburg	Hechingen
Allevard	Draitschbrunnen	Heckinghausen
Altsohl	Ehrenbreitstein	Heilstein
Andeer	Ems	Heppingen
Aranzarre	Encausse	Hohenstein
Archevaleta	Eschellöh	Ibenmoos
Atya	Euzet	Iberg
<b>Baden (Austria)</b>	Faënza	Jobsbad
<b>Badenweiler</b>	Farkas-Mező	Kéménd
Bagni-a-Acqua	<b>Felső-Ruszbach</b>	Kirchberg
Baracca	Féron	Kirchleerau
Barèges	Ferreira	Kiszlawodsk
Bath	Filetta	Klieningen
Benimarfull	Fortuna	Klokocs
Bentheim	Fuente del Rosal	Koroud
Bex	Fumades	Krähenbad
Bigorre	<b>Füred</b>	Krapina-Töplitz
<b>Brigg</b>	Gagliana	Lama
Bubendorf	Gais	Lauchstadt
Caille, La	Gath	<b>Loèche-les-Bains</b>
Caldas de Reyes	Gavorano	Lisdorf
Cauvalat-le-Vigan	Gehringsswalde	<b>Lucca</b>
Cave	Gempelenbad	<b>Malvern</b>
Charlottenburg	Giengen	Mariabrunnenbad



**LIME AND EARTHY WATERS—continued.**

Marmolejo	Quinto	Szalatnya
Mirabello	Radeberg	Szklo
Molina de Aragon	Ransbad	Szombát-Falva
Monbarri	Rennes	Tatzmannsdorf
Montafia	Rietenau	Teinach
Montbrun	Römerbad (Switz.)	Theissholz
Montagnone	Röslibath	Theussenbad
Monte Rotondo	Rosswein	Trois-Torrens
Münchshofen	Röthenbach	Tschawitz
Nave dell' Inferno	St. Amand	Tübingen
Neskutschnoie	St. Boes	Ugod
Neenndorf	Salies	Unterbad
Neuschwalheim	San Georgen	Unter-Miczinye
Oberladiis	San Marziale	Uriage
Osztrovsk	Santa Cesarea	Urnäschen
Peiden	Santa Gonda	Vellebro
Piguien	Schmeckwitz	Vihnye
Pitigliano	Seeon	Waldstatt
Po-Csevicze	Serdopol	Wolfs
Poggetti	Sirona	Zaisenhausen
Pongyelok	Sisso	Zaldivar
Pontano	Staden	Zujar
Pré St. Didier	Stuben	Zurich
Pystián	Sulz	

**HYDROPATHIC ESTABLISHMENTS.**

Acireale	Ernsdorf	Michelstadt
Airthrey	Falkenstein	Nassau
Albisbrunn	Feldberg	Nice
Alexandersbad	Gainfarn	Ottenstein
Alexisbad	Geltschberg	Peebles
Amphion	Geneva (Hôtel	Pitlachy
Assmannshausen	National)	Recoaro
Baden (Austria)	Giesshübl	Reichenau
Baden-Baden	Gleisweiler	Riolo
Bath	Görbersdorf	Roznau
Bellaggio	Grafenberg	Ruhla
Ben-Rhydding	Hilversum	Ryde
Bishops-Down Grove	Herne Bay	St. Radegund
Bushy Park	Hohenstein	Scarborough
Berg	Homburg	Schmecks
Brighton	Ilkley	Schöneck
Bournemouth	Ilmenau	Schöenbrunn
Buxton	Ischia	Schweizermühle
Cannstadt	ISCHL	Strathpeffer
Champel	Johannisberg	Teplitz-Schönan
Charlottenburg	Kaltenleutgeben	Troutbeck
Cheltenham	Königsbrunn	Ullswater
Claremont Park	Königstein	Ustrom
Coombe Wood	Kreuzen	Veldes
Crieff	Langenberg	Villa d'Este
DIVONNE	Laubbach	Vichy
Eckerberg	Lauterberg	Vöslau
Eichwald	Leamington	Wartenberg
Elgersburg	Liebenstein	Wemyss Bay
Empfing	Malvern	Wiesbaden

## NATURAL STEAM GROTTOS (Stufa).

Abano  
Amoniac Gas Spring  
Astroni  
**Battaglia, La**  
Budos  
Caccinto  
Castiglione  
Citára

Civita Vecchia  
Felső-Ruszbach  
Grotto del Cane  
Gurgitello  
Lemnos  
Lipari Islands  
Monsummano  
Naphta

Nerone  
**Pantalaria**  
Petraglia  
Pisciarelli  
**San Germano**  
Testaccio  
Torre del Grecco

## SEA BATHS.

**Abazzia**  
Aberayron  
Aberbrothwick  
Aberdaron  
Aberystwith  
Aboukir  
Agon  
**Ajaccio**  
Alasio  
Aldborough  
Alicante  
Allonby  
Ambletuse  
Amlwich  
Anacapri  
**Ancona**  
Appledore  
**Arcachon**  
Ardrossan  
Arnside  
Arromanches  
Asnelles  
Ballycotton  
Bangor  
Bantry  
**Bari**  
Barmouth  
Beaumaris  
Bernières  
Berwick (North)  
Beuzeval  
Bexhill  
**Biarritz**  
Birchington  
Blankenbergh  
Bognor  
Boltenhagen  
Borbye  
Borkum  
**Boulogne-sur-Mer**  
Bourg d'Ault  
Bournemouth  
Bray  
Bridlington Quai  
Bridport  
**Brighton**  
Broadstairs

Brindisi  
Broughty Ferry  
Bruneval  
Bude  
Buddleigh Salterton  
Cabourg  
Cadiz  
Calais  
Campbelltown  
**Cannes**  
**Carbagnal**  
Carteret  
Carnarvon  
**Castellamare**  
Catania  
Cayeux  
Cherbourg  
Clacton-on-Sea  
Cleethorpes  
Clevedon  
Clynnog Vawr  
Colberg  
Colwyn Bay  
Coney Island  
Courseuilles  
Courtmacsherry  
Coutainville  
Cowes  
Criccieth  
Criel  
Croisic, Le  
Cromer  
Crosshaven  
Crotoy, Le  
Cullercoats  
Cuxhaven  
Dale  
Dalkey  
Dangast  
Dartmouth  
Deal or Walmer Castle  
**Deauville**  
Devonport  
Diedenow  
**Dieppe**  
Dievenow  
Dinard  
Dives

Dobberan  
Douarnes  
Douglas  
Douville  
Drogheda  
Dunbar  
Dundrum  
Dunkerque  
Dunmore  
Dunoon  
Durness  
Dusternbrook  
Eastbourne  
Eckernförde  
Erqui  
Exmouth  
Falmouth  
Fano  
Fécamp  
Felixstowe  
Fleetwood  
Flint  
Folkestone  
**Fontarabbia**  
Fowey  
Fraserburgh  
Freshwater  
**Friedrich**  
**Wilhelmsbath**  
Glengariff  
Gourock  
Grandcamp  
Grange-over-Sands  
Granville  
Graz  
Gravesend  
Great Yarmouth  
Gustafsberg  
Hafkreuz  
**Hapsal**  
Hartlepool  
Harwich  
**Hastings**  
**Havre, Le**  
Hayling Island  
Helensburgh  
Heligoland  
Hennebon

**SEA BATHS**—*continued.*

Heringsdorf  
 Herne Bay  
 Heyst  
 Holkham  
 Holyhead  
 Holywood  
 Home-Varaville, Ls  
 Honfleur  
 Hornsea  
 Houlgate  
 Hourdel  
 Hovehampton  
 Howth  
 Hunstanton  
**Hyères**  
 Hythe  
**Ifracombe**  
 Instow  
 Ismailia  
 Junqueiro  
 Katwyk  
 Kiel  
 Kilkee  
 Kilrush  
 Kinsale  
 Klutz  
 Kopenhagen  
 Langrune  
 Largs  
 Lee  
 Legué St. Brioul  
 Lepoulguen  
 Lion-Sur-Mer  
 Lisbon  
 Littlehampton  
 Littlehaven  
**Livorno**  
 Llandudno  
 Llanfairfechan  
 Llangranog  
 Llanstephen  
 Longbranch  
 Lowestoft  
 Luc sur Mer  
 Lulworth, West  
 Lymington  
 Lyme Regis  
 Lynmouth  
 Lytham  
 Mahlethorpe  
 Madeira  
**Mastrand**  
 Malahide  
 Malta  
 Margate  
**Marienlust**  
 Marsala  
**Marseilles**  
 Massa  
 Melcombe-Regis

**Mentone**  
 Mers  
 Messina  
 Middlekerke  
 Millport  
 Minehead  
 Misdroy  
 Monaco  
 Morecambe  
 Mumbles  
 Mumby-cum-Chapel  
 Muritz  
 Nahand  
**Nairn**  
 New Brighton  
 New Quay (Eng.)  
 New Quay (Wales)  
 Nice  
 Norderney  
 Nouvelle, La  
 Odessa  
 Oesel  
**Oporto**  
 Ostende  
 Paignton  
 Palmpal  
 Palermo  
 Paramé  
 Passage  
 Pegli  
 Pembrey  
 Penarth  
 Pendine  
 Penmaenmawr  
 Penzance  
 Pesaro  
 Petites Dalles, Les  
 Pizo, Il  
 Plymouth  
 Pontailac  
 Pontrieux  
 Pornic  
 Portland  
 Portobello  
 Port Bail  
 Port en Bessin  
 Port Rush  
 Port Said  
 Port Steward  
 Pouroille  
 Puttbus  
 Pwllheli  
 Queenstown  
 Quinéville  
 Ramsay  
 Ramsgate  
 Redcar  
 Regneville  
 Rhyl  
**Rimini**

Roscoff  
 Rosstrevor  
 Royan  
 Runcorn  
 Ryde  
 Ryhope  
 Sables d'Olonne  
 St. Andrew  
 St. Anne's-on-Sea  
 St. Bee's  
 St. Briac  
 St. Davids  
 St. Jean de Luz  
 St. Lawrence  
 St. Leonards-on-Sea  
 St. Lunaire  
 St. Malo  
 St. Marie  
 St. Mary's  
 St. Pair  
 St. Raphael  
 St. Valéry en Caux  
 St. Valéry sur Somme  
 St. Vaast la Houque  
 Ste. Adresse  
 Salcoaths  
 Saltburn-by-the-Sea  
 Saltfleet-Haven  
**Sandefjord**  
 Sandgate  
 Sandown  
**San Lorenzo**  
 San Remo  
 San Sebastian  
 Sassnitz  
 Saundersfoot  
**Scarborough**  
 Scheveningen  
 Seaford  
 Seascales  
 Seaton  
 Seaton-Carew  
 Sea-View  
 Shanklin  
 Shap  
 Sheerness  
 Sidmouth  
 Sillloth  
**Sinigaglia**  
 Skegness  
 Skinburness  
 Sorrento  
 Sôulac-les-Bains  
 Southampton  
 Southbourne  
 Southend  
 Southport  
 Southsea  
 South Shields  
 Southwold

**SEA BATHS**—*continued.*

**Spezia, La**  
**Stromstad**  
 Sutton  
 Swanage  
 Swansea  
 Swinemünde  
 Sylt  
 Taormina  
 Teignmouth  
 Teste, La  
 Thurso Bay  
**Torquay**  
 Totland Bay  
 Toulon  
 Towyn  
 Tramore  
 Trani  
 Travemünde  
 Tremblade, La

Trepot, La  
 Trieste  
**Trouville**  
 Upton  
 Val André, Le  
**Valencia**  
 Vaxholm  
 Venice  
 Ventnor  
 Veules  
 Veulettes  
**Viareggio**  
 Villefranche  
 Villers-sur-Mer  
 Villerville  
 Walton-on-the-Naze  
 Wangeroog  
**Warnemünde**  
 Warrenspoint

Warnicken  
 Watchet  
 Wells  
 Wemys Bay  
 Westerland Sylt  
 Westgate-on-Sea  
 Weston-Super-Mare  
 Westward Ho  
 Weymouth  
 Whitburn  
 Whithy  
 Withernsea  
 Worthing  
 Wyk  
 Yarmouth  
 Yport  
**Zandvoort**  
 Zoppot  
 Zwolle

**CLIMATIC AIR STATIONS.**

**Abazzia**  
 Adelsberg  
 Aigle  
**Ajaccio**  
 Alasio  
 Algiers  
 Alicante  
 Almeria  
 Alton Towers  
 Alveneu  
 Amalfi  
 Ambleside  
 Amelie-les-Bains  
 Amphion  
 Anacapri  
 Antibes  
 Arcachon  
 Arco  
 Arenzano  
 Auerbach  
 Aussee  
 Axenstein  
 Baden (Austria)  
 Baden-Baden  
 Badenweiler  
 Bagnères de Bigorre  
 Ballater  
 Beggenried  
**Belalp**  
 Bellaggio  
 Beuren  
 Biarritz  
 Bodendorf  
 Bordighera  
 Bormio  
 Botzen

Bridge of Allan  
 Brig  
 Brixham  
 Bürgenstock  
 Cadenabbia  
 Cairo  
**Cannes**  
 Cannstadt  
 Capri  
 Carlsbrunn  
 Casamicciola  
**Castellamare**  
 Catania  
 Cauterets  
 Chamounix  
 Chiatamone  
 Chiavari  
 Colico  
 Como  
 Corfu  
 Cornigliano Ligure  
 Courmayeur  
 Davos  
**Divonne les Bains**  
 Eaux-Bonnes  
 Eckerberg  
 Elche  
 Ems  
 Engelberg  
 Feldberg  
 Geltschberg  
 Gerace  
 Gersau  
 Gmunden  
 Godesberg  
**Görbersdorf**

Görz  
**Grasse**  
 Greifenberg  
 Gries  
**Grindelwald**  
 Gurnigel  
 Hastings  
 Helouan  
**Heidelberg**  
 Heiden  
 Hyères  
 Ilfracombe  
 Ilmenau  
 Interlaken  
**Ischl**  
 Johannisbad  
 Korytina  
 Kreuth  
 Kreuzen  
**Lausanne**  
 Leprese  
 Lesina  
 Lieberwerda  
 Lippspringe  
 Lisbon  
 Livorno  
 Löbenstein  
 Looe  
 Lucsky  
**Lugano**  
 Luksor  
**Madeira**  
 Malaga  
 Maloja  
 Malta  
**Martigny**

CLIMATIC AIR STATIONS—*continued*.

Mattigbad	Pontresina	Steinabad
Mentone	Preblau	Streitberg
Meran	Pyrawarth	Stresa
Meta	Ramleh	Sutinsko
Messina	Rapallo	Tambach
Moffat	Reiboldsgrün	Taraspe
Mogador	Rome	Taormina
Modum	Römerbad	Tatzmannsdorf
Monaco	Rosenheim	Tegernsee
Monte-Carlo	Roznau	Teufen
Montreux	St. Cergues	Thoune
Morgins	St. Moritz	Tissington
Murcia	St. Raphael	Torquay
Naples	Salcombe	Tobelbad
Nervi	Salerno	Trieste
Neuschmecks	Salzburg (Salzkamer- gut)	Tüffer
Nice	Samaden	Tuzsnád
Oban	San Remo	Valencia
Obermais	Santa Margherita	Veldes
Ober-Rauschenbach	Schandau	Venice
Oberladis	Schleusingen	Vevey
Oberwinter	Schmecks	Veytaux
Ottenstein	Schmerikon	Viareggio
Palermo	Schönbrunn	Villefranche
Palestrina	Schweizermühle	Villeneuve
Pallanza	Seelisberg	Vihnye
Parád	Sestri Ponente	Vöslau
Pau	Sorrento	Wartenberg
Pegli	Spezia, La	Weggis
Penzance		Zermatt
Pisa		

## WINTER STATIONS.

Abazzia	Cornigliano-Ligure	Nervi
Acireale	Elche	Neuschmecks
Ajaccio	Görberstorf	Nice
Alassio	Görz	Palermo
Algiers	Grasse	Pau
Alicante	Hammam R'irha	Pegli
Almeria	Helouan-les-Bains	Pisa
Amélie-les-Bains	Huelva	Rome
Anacapri	Hyères	St. Jean de Luz
Antibes	Lesina	St. Raphael
Arcachon	Lisbon	San Juan de Campos
Arco	Livorno	San Remo
Arenzano	Luksör	Santa Margherita
Beaulieu	Madeira	Schmecks
Biarritz	Malaga	Sestri-Ponente
Bigorre	Mentone	Sevilla
Bordighera	Meran	Smyrna
Brussa	Messina	Spezia, La
Cairo	Monaco	Taormina
Cannes	Monte-Carlo	Valencia
Capri	Murcia	Venice
Catania	Naples	Villefranche
Corfu		

## GRAPE CURE.

Bodendorf  
Botzen  
Dürkheim an der  
Haardt  
**Erdöbenye**  
Gleisweiler  
Görz  
Johannisberg  
**Lausanne**

Lesina  
Levico  
Locarno  
Lugano  
**Madeira**  
Markammer  
Meran  
Montreux

**Neustadt an der  
Haardt**  
Sinzig  
Sulza  
Vevey  
Vihnye  
Vöslau  
Wachenheim

## WHEY CURE.

Aigle  
Aix-les-Bains  
Albisbrunn  
Andeer  
**Appenzell**  
**Axenstein**  
Baden (Austria)  
Baden-Baden  
Badenweiler  
**Belalp**  
Beuren  
Bistriz  
Ems  
Ernsdorf  
Franzensbad  
Gais  
Giesshübl  
Gleissweiler  
Gmunden  
**Görbersdorf**  
Görz  
Grindelwald  
Heiden  
Interlaken  
**Ischl**  
Jenatz  
Jungbrunn  
Kanitza  
Karlsbad

Kammer  
Kierling  
Kirchberg  
Kreuth  
**Kreuznach**  
Kronberg  
Liebenzell  
Liebwerda  
Marienbad  
Montreux  
Morgins  
Münster am Stein  
Nenndorf  
Neuenahr  
Neustadt an derHaardt  
Nieder Langenau  
Ober-Rauschenbach  
Oberladis  
**Orenburg**  
Ottenstein  
**Parád**  
Partenkirchen  
Piguien  
Rabbi  
Reichenau  
Reichenhall  
Reutlingen  
Rigi  
Rosenau

Rothwell  
Roznau  
**Salzbrunn**  
Salzburg (Tyrol)  
Schinznach  
**Schönbrunn**  
Schöneck  
Seelisberg  
Seon  
Sinzig  
Steinabad  
Sternberg  
Streitberg  
Szczawnicza  
Tegernsee  
Teplitz-Schöna  
**Tüffer**  
Ullersdorf  
Unterseen  
Ustrom  
Veldes  
Vevey  
**Vöslau**  
Waidhaldenbad  
Warmbrunn  
Wattwyl  
Weggis  
Weissenstein  
Wildhausbad

2

# B. BRADSHAW'S DICTIONARY

OF

MINERAL WATERS, CLIMATIC HEALTH RESORTS,

SEA BATHS,

AND HYDROPATHIC ESTABLISHMENTS.

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**ABACH.**—Germany, Bavaria, 12 k. from Ratisbon on the right bank of the Danube.

Alkaline waters.

*Special indications* : Abdominal plethora.

**Abano.**—Italy, Lombardy, 8 k. from Padua ; from Paris by P.L.M. Railway through Mont Cenis 35 hours.

Brom-iodide and sulphurous waters, 200° F.

Mud baths.

*Special indications* : Rheumatism, scrofula, herpes, gout, ovarian and uterine inflammations, secondary and tertiary syphilitic affections.

This place, known to the Romans as *Acquae-Aponenses*, contains now about 4,000 inhabitants. The water is used almost exclusively for baths. The mud is applied locally to affected parts ; the vapour is also utilised in steambaths for inhalation and locally.

**Abas-Tuman.**—Russia, Caucasus, near Achalzich.

Sulphuro-saline waters, 110° to 120° F. Similar to Aix-les-Bains and Caunterets, but less rich in mineral constituents.

*Special indications* : Rheumatism, articular contractions, arthritis, atonic ulcers and mercurial dyscrasia.

The establishments offer but little comfort. The scenery is wild and grand, and game very abundant. There is a tradition that the waters were used by Alexander of Macedon.

**Abazzia.**—Austria, Dalmatia, near Fiume.

Winter station.

*Season* : 1st October to 1st May.

*Special indications* : Affections of the larynx, pharynx and chest.

Abazzia is a new and rising station, one hour's drive from Fiume. It is situated on a small bay of the Adriatic, and is well protected against all north, east and west winds. The Scirocco is deprived of much of its evil influence by the adjacent island of Veglia. Statistics are still wanting.

*Hotel* : The Grand Hotel Abazzia.



**Abbecourt.**—France, Department of Seine and Oise, commune of Passy.  
Cold ferruginous bicarbonate waters.

**Abensberg.**—Germany, Bavaria, situated on the Abens, near Ratisbon.  
Mixed carbonate waters.  
*Special indications* : Herpes and arthritis.

**Aberayron.**—Wales, Cardiganshire, between Cardigan and Aberystwith.  
Chalybeate waters and sea bathing. Sandy beach.  
*Doctor* : Dr. Williams.

**Aberbrothwick, or Arbroath.**—Scotland, Forfarshire. 13 miles from Dundee.  
Sea baths and cold ferruginous carbonate waters.  
*Special indications* : Scrofula.  
*Season* : July-September. The climate is mild, and the town sheltered from easterly winds.  
*Doctor* : Dr. Monroe.  
*Hotel* : The Albion.

**Aberdaron.**—Wales, Carnarvonshire, on the northern coast of Bay of Cardigan.  
Sea bathing ; sandy beach ; very picturesque scenery.

**Aberystwith.**—Wales, Cardiganshire, by London and North-Western Railway, in nine hours.  
Sea baths and ferruginous waters.  
*Season* : May-October. Sandy sloping beach.  
There is an establishment for hot and cold baths. The amusements are varied, and include concerts, theatre, archery, tennis, cricket, musical promenades, balls, horse racing, good fishing and boating; grouse and partridge shooting.  
*Doctor* : Dr. Morgan.  
*Hotel* : The Royal.

**Aboukir.**—Algiers, Province of Oran, near Mostaganem, and 79 k. from Oran.  
Sea baths and saline spring.

**Absac.**—France, Department of Charente, *via* Bordeaux, stop at Ruffec; thence by omnibus.  
Cold saline waters.  
*Special indications* : Atony, constipation, congestions, ague and intermittent fevers.

**Acireale.**—Italy, Sicily ; 24,000 inhabitants ; 550 feet above sea level ; on the southern slope of Mount Etna ; two hours from Messina. For routes see table.  
A winter station of great importance.  
Sulphuro-saline waters of St. Venere, 70° F. Milk and whey cure, Hydropathic establishment.  
*Season* : All the year round.

*Special indications:* Pulmonary phthisis, chronic bronchial catarrh, emphysema, pneumonia, anæmia and chlorosis are benefited by the climate in winter; rheumatism, gout, the uric or oxalic acid diathesis, ankylosis, obesity, latent scrofula, paralysis and neuralgia, mercury, lead and arsenic poisoning are benefited by the waters.

The climate of Acireale is very dry and mild. The death-rate is 19 per thousand. Mean winter temperature 55° F. The variations are never above 10°. The number of rainy days in the year range between 30 and 50, but never exceed the latter. Snow and fogs are unknown. Windy days are less in number than on the Riviera, and there is a complete absence of dust. The prevailing winds are the S.E., S.W., S.S.E., and E.S.E. The air is very rich in ozone, owing to the vicinity of the sea and the richness of the vegetation.

Post and Telegraph in the Hôtel des Bains. Doctors attached to the establishments.

*Hotels:* The *Grand Hôtel des Bains*, facing directly south, surrounded by gardens, 100 bed-rooms, music, reading and billiard rooms. Board, 300 fcs. per month, 80 fcs. per week, and 12 fcs. per day.

**Acquaacetosa.**—Italy, near Rome and Viterbo; from Paris by P.L.M. 36 hours to Rome; tramway thence in 15 minutes.

Bicarbonate ferruginous waters, 33° F.

*Special indications:* Convalescence from intermittent fever.

**Acqua-Acidola.**—Italy, Tuscany, near Montalceto.

Sulphurous and ferruginous waters, 70° F.

*Special indications:* Atonic affections of the stomach and intestines, including various forms of dyspepsia and nephritis.

**Acquæ-Albulæ.**—Italy, 35 minutes from Tivoli; 50 minutes from Rome by steam tramway.

Cold sulphuro-saline waters.

*Special indications:* Atonic and relaxed conditions of the mucous membrane, skin diseases, chronic sores.

These waters were famous and much frequented in ancient times, even, it is said, before the advent of Æneas into Latium. Under the Emperor Augustus the town was particularly flourishing. After a neglect of several centuries the springs have come into public favour once again. A new and excellent bathing establishment has been erected with first-class baths and accommodation. The scenery and gardens round the establishments are very beautiful. Concerts, restaurants, &c.

*Doctor:* Dr. Bacelli.

*Hotel:* Patients as a rule stay in Rome, but rooms can be had at the establishment. J. Anderloni, Director.

**Acqua-Bolle.**—Italy, Tuscany, near Grosseto, in a very lonely and cheerless valley.

Alkaline-ferruginous waters 60° F.

*Special indications:* Gravel and calculous affections of the urinary and digestive organs.

**Acqua-Puzzolente-di-Livorno.**—Italy, Tuscany, near Leghorn.

Sulphuro-saline waters, varying in temperature, according to season, from 50° to 75° F.

*Special indications:* Scabies, herpes, eczema, and other skin diseases, scrofulous and rheumatic affections.

**Acqua-Raineriana.**—Italy, Lombardy, near Venice, in the vicinity of the volcanic lake of Arqua.

Sulphurous waters, 70° F., containing a considerable quantity of free sulphuretted hydrogen.

*Special indications:* Skin diseases such as herpes and psoriasis, scrofulous affections, and debility of the digestive organs.

Notwithstanding its disagreeable taste, the water is chiefly employed internally; when used externally, it is generally mixed with seawater.

**Acqua-Santa (Terme di).**—Italy, Province of Ascoli-Piceno. Railway to St. Benedetto del Tronto, thence by carriage, 4½ hours. Omnibus, 3 fcs. per person. Carriages, 15 fcs. one horse; 25 fcs. two horses. 1,200 feet above sea level.

Saline-sulphurous waters, with traces of bromide and iodine, 85° F.; steam, shower and mud baths. Inhalation.

*Season:* June–September.

*Special indications:* Chronic inflammation of the skin, muscular and articular rheumatism, syphilis, scrofula.

The establishment built in 1843 has recently been furnished with all modern appliances. Several hotels, and pensions from 6 fcs. to 10 fcs. per day.

Acqua-Santa is a quiet spot, with delightful walks and excursions. Post and Telegraph Office.

*Doctors:* Drs. Bellini and Tucci.

**Acqua-Santa-di-Buyhuto.**—Sicily, near Palermo and close to the sea.

Acidulated and bitter waters.

*Special indications:* Constipation and obesity.

**Acqua-Santa.**—Italy, 3 k. from Voltri, *viâ* Genoa.

Sulphate of lime waters, 57° F.

*Special indications:* Scrofula and herpes.

*Doctor:* Dr. Bagliello.

**Acqua-Subreni-Homini.**—Italy, on the road from Naples to Pozzuoli.

Saline ferruginous waters, 95° F.

*Special indications:* Affections of the sexual organs, amenorrhœa, anæmia.

**Acqui.**—Italy, from Paris by P.L.M. Railway, 27 hours and 5 minutes.

Iodide and sulphate of lime waters, 178° F. The muds are more used than the waters.

*Special indications:* Indolent articular affections, local paralysis, rheumatism and sores of an atonic character and syphilis.

The sojourn at Acqui is not considered particularly agreeable, owing to the dampness of the climate. The thermal establishment is well arranged, and the accommodation comfortable.

The mud baths are applied here by the body of the patient being immersed in the hot "fango," from which steam issues and fills the room. In this way a vapour bath is combined with a mud bath. Such baths generally last an hour, after which a cleansing bath follows, furnished by the water of the spring.

The mud for the baths is obtained in a somewhat singular manner; a diver, provided with two large bowls, plunges head foremost into the hot basin, re-appearing with his bowls full of mud. The climate of Acqui is very changeable and always damp in consequence of the vapours rising from the waters.

*Hotel:* The *Thermes*.

**Adelheidsquelle.**—Germany, Bavaria, near Tölz, and 64 k. from Munich, in the village of Oberheilsbrunn.

Bromo-iodurated saline waters, 24° F. 5.93 per cent. mineral constituents.

*Special indications:* Scrofula, obesity, affections of the bones, goitre, inflammatory affections of the ovary, uterus and eyes.

**Adelholzen.**—Germany, Bavaria, near Frauenstein.

Bicarbonate of lime waters.

*Special indications:* Anti-arthritis.

**Adelsberg.**—Austria, Illyria, 23 miles from Trieste.

A climatic station in spring and autumn, very charmingly situated.

The town is visited chiefly on account of the "Grotto of Adelsberg," which is without exception the grandest and most remarkable natural excavation in Central Europe. To visit it thoroughly requires about two hours.

*Hotel:* The *Adelsberger Hof*.

**Adepsos.**—Greece, Island of Eubea.

Thermal sulphurous waters renowned in antiquity, 205° F.

*Special indications:* Rheumatic gout, ankylosis, paralysis, plethora, &c.

**Adolfsberg.**—Sweden, Läns Örebro, near Axberg.

Alkali-saline and ferruginous waters.

*Special indications:* Chronic diarrhoea, gout, rheumatism, anæmia.

One of the most picturesquely-situated towns in Sweden. The arrangements are all good.

**Adorf.**—Germany, Saxony, in the circuit of Zwickau.

Three springs; one contains sulphate of soda, and two are saline.

**Aegina.**—Greece, Morea, near the sea coast.

Thermal saline waters.

**Aghaloo.**—Ireland, county of Tyrone.

Saline sulphurous waters.

*Special indications:* Skin diseases. Only used by the residents.

**Agnano.**—Italy, near Naples, by tramway. On the lake of Agnano.

Sulpho-aluminous and saline waters, 122° F.

The lake of Agnano contains various springs, which owe their origin to the condensation of steam as it escapes from the volcanic soil.

The Grotto del Cane with its emanations, proves, however, a greater attraction to visitors than the waters.

**Agon.**—France, Department of La Manche, from Paris *via* Coutances.

Seabaths; sandy beach; increasing in popularity.

**Aguas-Calientes.**—Mexico, State of Tacatecas.

Sulphurous waters, 214° F.

They give rise to the river of Aguas-Calientes.

**Aguas de Camangilas.**—Mexico, State of Guanajuato.

Sulphurous water, 228° F., only slightly mineralised.

**Ahioli.**—Turkey, about 55 miles from Constantinople, close to Rumili.

Saline ferruginous waters, 100° F.

*Special indications:* Abdominal affections, amenorrhœa, scrofula, &c.

**Aias.**—Turkey, Asia Minor.

Sulphurous and cuprous waters.

The spring rises in a valley rich in silver and copper mines.

**Aidos.**—European Turkey, at the foot of the Balkans, near the Black Sea.

Saline sulphurous waters, 113° F.

**Aigle.**—Switzerland, Canton Vaud, between Montreux and Bex, 1,380 feet above sea level.

Saline waters.

The Kurhaus Hôtel is well fitted-up and thoroughly comfortable. The scenery is romantic.

*Doctor:* Dr. Verey.

**Aincelle.**—France, at the foot of the Pyrenees.

Saline water, containing 135 grammes of salt per litre.

The mineral constituents are derived from a mass of rock salt.

**Ain-nonicy.**—Algiers, Province of Oran, arrondissement Mostaganem, 48 miles from Atteville.

Strong saline waters, which act as a purgative.

**Airthrey.**—Scotland, in the neighbourhood of Stirling.

Brine waters; 6 springs.

*Special indications:* Skin diseases, scrofula.

A fine and picturesque town.

*Doctor:* Dr. Patterson.

**Aitora.**—Italy, Tuscany, near Monte-catini.

Sulphurous waters, 55° to 60° F.

*Special indications:* Used externally in chronic rheumatism, in scrofula, gout, and skin diseases; internally in cases of gravel and vesical catarrh.

**Aix.**—France, Bouches du Rhone, 20 hours from Paris by P.L.M. Railway, branch at Rognac.

Earthy waters, 81° F., useful as a sedative and alterative.

*Doctor:* Dr. Rouget.

**Aix-la-Chapelle (Aachen).**—Germany, Rhenish-Prussia, on the Belgian frontier, 10 hours from Paris, 5 from Brussels, 12 from Berlin.

Sulphurous alkaline waters, 107° to 120° F.

*Special indications:* Skin diseases of all kinds, rheumatism, chronic diseases of the nervous centres, neuralgias, paralysis, and certain diseases in which mercurial treatment is generally indicated.

The principal substances found in the waters of Aix are chloride of sodium, bicarbonate of soda, sulphate of sodium, and carbonate of potash.

*Bookseller:* Rud. Barth, Holzgraben 8.

*English church:* Annastrasse.

*Doctors:* Drs. Trost, Lersch, Mayer, Reumont, Brandes and Schuhmacher.

*Hotels:* The Grand Monarque, The Union.

**Aix-les-Bains.**—France, Savoy, 850 feet above the level of the sea; 8 hours from Turin, 4 hours from Lyons, 3 from Geneva, and 2 from Annecy. A steamboat plies on the Rhone between Aix and Lyons. For routes see table.

Thermal sulphurous waters, containing chiefly sulphuretted hydrogen. Temperature from 112° to 114° F.

*Season :* April to November, but open all the year.

As many as 20,000 strangers annually visit the town.

*Special indications :* Rheumatism and gout are the diseases most successfully treated at Aix. Local affections dependent on or connected with these, such as sciatica, dyspepsia, cutaneous diseases, are also, with few exceptions, cured or relieved.

Chronic catarrh of the neck of the womb, amenorrhœa, metritis, syphilis, bronchitis, laryngeal and nasal catarrh, pharyngitis, wounds by fire-arms, the sequelæ of fractures or sprains, form the bulk of cases in which the value of the Aix waters is most generally admitted by medical men.

The world-wide reputation of the thermal establishment of Aix is easily accounted for, in the first instance, by the abundance of the natural hot-water springs, the supply of which amounts to a million gallons daily: secondly, by the well-known attention and skill of the shampooers: thirdly, by the close proximity of Marlioz and Challes, the two strongest cold sulphur springs on the Continent. They are very useful as therapeutic auxiliaries to the mineral waters of Aix.

The town of Aix is picturesquely situated at an altitude of about 800 feet above the sea level, on the lower slopes of the hills which form the base of Mont Revard. It overlooks the romantic lake of Le Bourget, and lies amidst verdant meadows, vineyards and gardens, in which the fig, the almond, and even the pomegranate flourish luxuriantly.

The resident population of the town numbers some 3,500 inhabitants.

The mean temperature of the air during the season, from April to October, is 70° F.

The thermal establishment is open the whole year round. Dr. MACPHERSON says: "There are probably no sulphur baths in which the arrangements are so complete as in those of Aix."

"The douche," says Dr. Garrod, "forms a very important speciality in the treatment at Aix. It is used in conjunction with hot vapour, with ordinary bathing, and with the waters internally. When a larger amount of sulphur, in the form of sulphate of sodium, is desirable, the cold waters of Marlioz, situated about a mile from Aix, or the Challes water, near Chambéry, which contains not only a large amount of sulphur, but also of iodine and bromine, are employed internally in treatment. In gouty affections the Aix treatment has proved most useful, (1) when the gout has manifested itself in cutaneous eruptions, especially under the form of psoriasis or eczema, whether combined or not with joint affections; (2) when much passive swelling and

stiffness remain after attacks of articular gout; (3) in that form of gout which is unconnected with portal congestion, and in which other thermal waters, such as those of Wildbad and Teplitz, are usually found beneficial."

In speaking of the treatment of rheumatic gout (rheumatoid arthritis), Dr. Garrod adds:

"Waters which I have found very beneficial in rheumatoid arthritis are those of Aix-les-Bains, at which place the douche forms a very important part of the treatment."

The Grand Cercle d'Aix-les Bains is situated in the centre of the town, in close proximity to the Hotels, the railway station, the parks, the bathing establishments and the post and telegraph offices. This club, which has recently been much improved by the addition of an elegant little theatre and large reception rooms, affords every facility for social amusement to its members. Every evening there is a *soirée musicale* given by the Septuor and Italian Orchestra, under the guidance of L. Olivieri. Twice daily concerts are given in the gardens (40 musicians) under the same conductor. Three times a week there are representations by the Opera Comique and Italian Opera troupes (Director, M. Santino Costa); also, three times weekly, a grand instrumental concert by the whole orchestra (60 musicians), directed by M. E. Clonne, of the *Chatelet*, Paris. Every Tuesday, *fête de nuit*, ball, illumination of the parks, and *feu d'artifice*. Visitors who desire to attend these *fetes* must be properly introduced. In July and August some of the chief stars of the Paris theatres, as well as many foreign celebrities, appear. Balls for children, marionettes, music, billiard and card rooms, and pigeon matches, are also open to members. There is a telegraph office in the club café. The season is from the 1st May to 31st October. The *foyer* is a very handsome apartment, affording a magnificent view of the gardens and chain of mountains. For further information address the Director.

Walks and excursions are very varied. The environs being most picturesque, an ample field is given for outdoor amusements. The principal excursions are: Annecy and the lake, les gorges du Fier, la vallée du Fier, la grande chartreuse, la vallée des Beauges, the abbey of Haute-combe, la cascade de Gresy, le moulin de Primor, etc., etc.

Aix possesses a museum with lacustrine collections from the lake of Le Bourget.

Cabs and carriages: one horse, course, 1 fr.; two horses, course, 1½ fr.; by hour, one horse, 2½ fr.; two horses, 3½ fr.; by day and by month, as agreed upon.

Post and telegraph office.

English church.

*Bookseller*: H. Bolliet.

*Bankers*: Credit Lyonnais.

*Doctors*: Drs. Blanc (Inspector of the Baths), Bertier, Macé, Cessens, Brachet and Guiland.

*Hotels*: The *Grand Hotel d'Aix*, a first-rate establishment, well situated between the two casinos, baths and park, open all the year. E. Guibert, proprietor.

The *Hotel de l'Europe* is a first-class and well-appointed house, suitable for English and American families. There are two large villas in the grounds of the hotel, which may be hired by families. J. M. Bernascon, proprietor.



**Ajaccio.**—Corsica. 14 hours by P.L.M. to Marseilles; thence by steamer of the C. G. T. to Ajaccio 15 hours; 138 miles from Nice—direct boat from Nice in 8 hours every Saturday. 67 m. from Porto-Torres, and 300 m. from Bona in Algiers.

A winter station of great importance. Sea and warm baths all the year round.

*Season* : For the former, April to November; Winter season, November to end of May.

*Special indications* : All chest and lung diseases; anæmic and chlorotic affections, rheumatism, paralysis, diabetes.

Built at the foot of a sloping hill, the town extends in the form of an amphitheatre, and is well protected from cold northerly and westerly winds. Ajaccio, as a winter health resort, has a great future. Where, it may be asked, can a finer climate be found than that of Corsica? With the sky of Africa, the sun is less scorching, but none the less bright.

Dr. Bennet, of Mentone, says: "Ajaccio is one of the most elegant and graceful cities I have seen. Cold is unknown during winter; the weather is constantly fine and illuminated by a brilliant and radiant sun." Dr. Colonna, in an excellent note on this town, sums up the various opinions given by well-known medical men as to the excellence of the climate of Ajaccio. There is an unanimous expression of opinion among such, that Ajaccio is one of the best winter stations in the Mediterranean, an opinion shared by Dr. Keith of Edinburgh, and Dr. Garreau.

The drives and walks in the neighbourhood are beautiful, and the roads well kept. Flowers and shells are found in abundance.

Excellent shops and circulating library.

English church during winter season; the chaplain is licensed by the Bishop of Gibraltar. The church has been built by Miss Campbell.

The water of the Gravona river, brought by aqueduct to the town, gives an abundant supply, the overflow from which cleanses the drains.

The railway to Bastia, *via* Corte, is progressing rapidly and will soon be open for traffic.

Guagno, with its celebrated sulphur springs, 123° F., is only 38 miles distant; the famous Orezza springs are 81 miles distant by an excellent road.

The scenery in Corsica is very beautiful and quite unique. From the nature of the soil dust is seldom an annoyance in Ajaccio; while the mountains on the opposite side of the gulf protect the eye from the glare, so often complained of on the Riviera.

Post and Telegraph Office.

*Doctors* : Drs. Keith, Valentiner, Colonna, Wagner and Hugemann.

*Hotels* : The *Continental Hotel*, late *Germania*; a comfortable first-class house, kept on Swiss principles, looking full south. S. Hofer, Proprietor.

The *Hôtel Belle-Vue*, a small, well-kept hotel, in the best quarter of Ajaccio, with view of the bay. W. Reinhardt, Manager.

**Ajnacskö.**—Austria-Hungary, comitat of Gömör.

Alkaline ferruginous waters.

*Special indications* : Gout, rheumatism, hæmorrhoidal affections, disorders of the urinary and intestinal tracts.

**Alais.**—France, department of Gard, near Nismes.

Chalybeate waters.

*Special indications* : Nervous debility, migraine, anæmia, chlorosis.

**Alange.**—Spain, Estremadura, near Mérida.

Saline waters, 80° F.

*Special indications* : One of the most powerful of Spanish waters in cases of rheumatism, paralysis, atonic sores and irregularities of the lower intestines.

Very primitive arrangements.

**Alap or Felső-Alap and Alsó-Alap.**—Austria, Hungary, near Stuhlweissenburg.

Acidulous or bitter waters.

*Special indications* : Irregular functions of the intestinal organs, affections of the mucous membrane, chronic skin diseases and plethora.

**Alaraz.**—Spain, province of Avila, near the town of same name and Peñaranda.

Sulphurous waters.

*Special indications* : Amenorrhœa, hysteria, migraine, and nervous complaints.

**Alassio.**—Italy, between Ventimiglia and Genoa, 5,500 inhabitants.

Winter station. Charming and quiet locality.

Its position is very sheltered and romantic at the foot of wooded mountains. Very fine parks at some of the villas. Little wind and no dust. It has been visited frequently by members of the Italian Royal family, and General Garibaldi was here cured of his bronchial attacks. There is an English church and several primary schools.

*Banker and Exchange Office* : Gurgo, who also gives all information gratis on application.

*Doctors* : Drs. Dickinson and Schneer.

*Hotels* : The *Grand Hôtel d'Alassio*, well situated, full southern aspect ; comfortable, with moderate prices ; baths of every description in the hotel ; omnibus meets all trains. Rafael Paggi, proprietor.

**Albano.**—Italy, in the Campagna of Rome, 37 hours from Paris.

Ferruginous saline waters, 71° F.

The muds and waters are principally used in cases of rheumatism and old wounds.

**Albens.**—France, Savoy, 12 hours from Paris by P.L.M. railway, on the road from Aix to Annecy.

Effervescing ferruginous waters.

**Albisbrunn.**—Switzerland, canton of Zürich, near Hausen; 1,960 feet above sea level.

Hydropathic establishment, milk and whey cure.

A very comfortable and elegant establishment, picturesquely situated.

*Doctor* : Dr. Brunner.

**Alcafache.**—Portugal, district of Beira, in the Sierra Estrella.

Sulphurous waters, 100° F.

*Special indications* : Chronic syphilis and skin diseases.

**Alcala del Rey.**—Spain, province of La Mancha, Sierra Morena.

Indifferent waters.

*Special indications* : Debility of the stomach, nervous complaints.

**Alcama.**—Sicily, near Palermo.

Sulphurous waters, 176° F.

**Alcantud.**—Spain, province of Cuenca, near Alcarria.

Saline waters.

*Special indications* : Constipation and rheumatic paralysis.

These waters enjoy so high a reputation, that notwithstanding the fact that invalids must find accommodation in huts made from branches of trees—no other accommodation existing—they are very much frequented.

**Alceda or Ontaneda.**—Spain, near Santander and Riviero. Thence by diligence.

Sulphurous waters, 65 to 70° F., and winter station.

*Special indications* : Skin diseases and affections of the mucous membranes.

**Aldborough.**—England, Suffolk.

Sea baths, shingly beach ; much frequented.

*Doctor* : Dr. Hele.

**Alderney.**—Channel Islands, 15 miles from Guernsey.

Sea baths ; bad beach.

*Doctor* : Dr. Ross.

**Aled.**—France, Department of Aude. For routes see table.

Bicarbonate of lime waters ; sedative to the nervous system.

*Doctor* : Dr. Gourdon.

**Alexanderbad.**—Germany, Bavaria, circuit of Upper Main, near Wunsiedel, 1,800 feet above sea level.

Cold bicarbonate of lime water ; hydropathic establishment and pine baths.

*Doctor* : Dr. Cordes.

*Hotels* : Weber, Kurhaus.

**Alexandersquelle.**—Russia, Caucasus, near Pjätigorsk.

Sulphurous waters, seven springs, varying in temperature from 110 to 165° F. Very abundant supply.

*Special indications* : Gout, rheumatism, old sores, anchylosis, syphilis.

The situation is extremely picturesque, and the number of visitors have increased considerably of late. Accommodation first-class, but expensive.

**Alexisbad.**—Germany, Thuringia, in the Duchy of Saxe-Anhalt.

Ferruginous waters, electro-therapy, hydropathy.

*Doctor* : Dr. Heusinger.

*Hotels* : *Golden Rose* and *Alexisbaths*.

**Algiers.**—Africa, capital of French colony of Algiers. For routes see table.

Winter station.

*Season* from November to end of April.

*Special indications* : Arthritis, asthma, bronchitis, phthisis.

Owing to the proximity of the Atlas Mountains, the climate of Algiers is warmer and more humid than that of any other Mediterranean station. The mean temperature during winter is 61° F. The mean barometric pressure 762 mm., and the number of rainy days in the year, 87.

*Doctors* : Drs. Thompson and Feuillet.

*Hotel* : *Europe*.

**Al-Gyógy.**—Austria-Hungary, Transylvania, district of Karlsburg.

Alkaline-earthly waters.

*Special indications* : Chronic catarrh in its various forms.

The establishment is in keeping with the place.

**Alhama de Aragon.**—Spain, Province of Saragossa, district of Atéca on the Madrid and Saragossa railway, 136 m. from Madrid.

Sulphurous magnesian and ferruginous waters, 100° F.

*Season* : Spring and autumn, but open all the year round.

*Special indications* : Asthma, paralysis, debility of kidneys and bladder, skin diseases, dysmenorrhœa.

**Alhama de Granada.**—Spain, near Granada and Malaga.

Sulphurous magnesian waters, 110° F. The spring is seven inches in diameter, and contains much sulphretted hydrogen.

*Season* : April 15th to October 31st; climate healthy and mild.

*Special indications* : Intestinal obstructions, affections of the mucuous membranes, nervous debility, rheumatism, atonic sores and skin diseases.

The baths were very much frequented under the Saracen rule, the existing old Moorish edifices showing the importance

the baths then had. The Caliph of Granada is said to have received in some years as much as 500,000 ducats as revenue from these baths.

**Alhama de Murcia.**—Spain, 20 m. from Murcia.

Sulphate of lime waters, 84 to 107° F.

*Special indications:* Affections of the nervous centres, hemi-crania, palsy, anæmia, chlorosis, constipation, difficult menstruation, pyrosis, uterine affections.

Notwithstanding the length of time these baths have existed and the efficacy of their waters, the accommodation is still of the worst kind.

**Ali.**—Sicily, between Messina and Taormina, on the coast.

Hydrosulphuric waters, 100° F.

*Special indications:* Sciatica, rheumatic affections and skin diseases.

Frequented chiefly by the inhabitants of Messina.

**Alica.**—Italy, Tuscany, valley of the Era, on the right bank of the Rigone.

Sulphurous and alkaline waters, 60 to 65° F.

*Special indications:* Kidney diseases, calculous affections of the urinary system in general, menorrhagia, blennorrhœa, for one spring; rheumatism gout, hysteria and anæmia for the other.

**Alicante.**—Spain, on the Mediterranean.

Winter station of first importance.

*Special indications:* Invalids requiring a stimulating climate; also in cases of latent scrofula, asthma and bronchorrhœa, pleuritis, rheumatism and albuminuria.

Mean Winter temperature, 60° F. Very dry air with fewer rainy days than on the Riviera; mean rainfall, 177 m/m. The town is well sheltered and the bay open only to southerly winds. No mistral or dust.

*Doctor:* Dr. Roman.

**Alicum.**—Spain, on the Fardes, near Guadix.

Sulpho-magnesian waters, 90° F.

*Special indications:* All diseases due to debility and atony, hemiplegia, palsy, neuroses, and scrofula.

**Aliseda.**—Spain, in the Sierra Morena, near Leguas de Carolina and the Castle of Las Navas de Tolosa.

Ferruginous waters.

*Special indications:* Chronic stomachic and kidney affections, chronic diarrhœa, intermittent fevers.

**Alkna-Szlatina.**—Austria-Hungary, near Szigeth.

Saline waters.

Arrangements somewhat primitive.

**Allegrezza.**—Italy, district of Montale.

Alkaline waters.

*Special indications:* Gravel, vesical catarrh, and skin diseases.

**Allerheiligen.**—Switzerland, Canton of Solothurn, 8 k. from this town; 4,000 feet above sea level.

Carbonate and sulphate of lime waters.

These waters are well suited to nervous individuals; they have a stringent, depurative and tonic action.

**Allevard-les-Bains.**—France, Department of Isère; 1,400 feet above sea level. For routes see table.

Sulphate of lime waters, 52° F. Inhalation.

*Season,* 15th May to 1st October.

*Special indications:* Very efficacious in chronic inflammation of the laryngeal and pharyngeal mucous membrane, in nasal catarrh, syphilis and skin diseases.

Post and Telegraph.

*Doctors:* Drs. Isoard, Kostens and Niepce, fils.

*Hotels:* The *Hotels du Louvre* and *de la Planta*, very comfortable. Special omnibus meets all trains at Goncelin. Berthet, proprietor.

**Allezani.**—Corsica, arrondissement of Corte.

Ferruginous bicarbonate waters.

**Allonby.**—England, Lancashire, 7 miles from Silloth.

Sea baths. The surf being rather heavy, these baths should not be taken by the weak or nervous. Sandy beach.

**Allume.**—Italy, on the island of Giglio.

Sulpho-ferruginous waters, 68° F.

*Special indications:* Constipation and chronic skin diseases.

**Almamezö.**—Austria-Hungary, comitat of Bereg-Ujocza.

Several saline-ferruginous springs not yet analysed.

**Almas.**—Austria-Hungary, comitat of Gran, on the Danube.

Tepid sulphurous waters.

**Almeida.**—Spain, province of Leon, near Bonar.

Sulphurous-alkaline waters, containing sulphate of iron, 190° F.

*Special indications:* Gout, Rheumatism, paralysis, skin diseases.

**Almeria.**—Spain, on the south coast.

Winter station, with sulphurous magnesian waters.

*Special indications:* Rheumatism and paralysis, phthisis, chlorosis, nervous affections.

Mean winter temperature 60° F. One of the most sheltered of winter stations; frost and snow are entirely unknown here, and the temperature rarely falls to 45° F. A clear, dry and calm air is characteristic of Almeria.

**Alnmouth.**—England, Northumberland, between Newcastle and Berwick. Sea baths and sandy beach.

**Also-Sebes.**—Austria-Hungary, comitat of Kaschau, near Eperies. Sulpho-magnesian waters, 50° F.

*Special indications:* Affections of the lymphatic system, scrofula, commencing tuberculosis, catarrh of the respiratory organs, constipation.

Very primitive arrangements.

**Alt Haide.**—Germany, Silesia, near Glatz, 1,300 feet above sea-level. Alkaline waters and climatic air station.

*Special indications:* Scrofula and chronic affections of the uterus.

*Doctor:* Dr. Otte.

*Hotel:* The Baths.

**Alton-Towers.**—England, Staffordshire.

A summer health resort, interesting only for its romantic scenery.

**Altsohl.**—Austria-Hungary, comitat of Sohl, on the left bank of the Grau.

Earthy alkaline ferruginous waters, 50° F. Indifferent arrangements.

**Alt Tura.**—Austria-Hungary, comitat of Oberneutra, 3,130 feet above sea level.

Alkaline strongly effervescing waters.

**Altwasser.**—Germany, Prussia, near Liegnitz, in Silesia, 1,300 feet above the sea level.

Highly effervescent ferruginous waters; mud baths.

*Special indications:* Anæmia, chlorosis, skin diseases, general debility.

**Alveneu.**—Switzerland, Canton of the Grisons, 5 hours from Coire, 3,000 feet above sea level.

Cold sulphurous waters and climatic mountain station.

*Special indications:* Scrofula, rheumatism, and anæmia.

*Doctor:* Dr. Weber.

*Hotel:* Kurhaus.

**Amalfi.**—Italy, on the Mediterranean, 14 k. from Solerno.

A winter health resort which deserves to be better known.

**Ambleside.**—England, Westmorland, Lake district.

A summer holiday resort.

Doctor : Dr. King.

**Ambleteuse.**—France, department of Pas-de-Calais.

Sea baths ; sandy beach.

A very quiet and retired spot.

**Amelie-les-Bains.**—France, Eastern Pyrenees ; from Paris by O & S. of F. Railway, via Toulouse, to Perpignan, 22 hours, thence by carriage, 3 hours ; 700 feet above sea level.

Sulphurous sodaic waters, 71° to 172° F., and winter station.

Season : All the year.

Special indications : Herpetic diathesis, and catarrhal affections of the respiratory organs.

Doctors : Drs. Genieys and Arnal.

Hotels : The Grand Hôtel des Thermes Romains ; first-class house, covered promenades, heated in winter ; baths in the house ; large garden, thoroughly well appointed. Henry Arnal, proprietor.

**Amlwch.**—Wales, Anglesea, near Bull Bay.

Sea baths ; sandy beach.

A fine establishment.

Gas spring.

**Ammoniac,** Gas Spring or Grotto del Cane.—Italy, near Naples.

Hot vapour baths.

Special indications : Partial paralysis.

**Amphion.**—France, Savoy, near Evian ; 1,310 feet above sea level.

Cold ferruginous bicarbonate waters. Hydropathic establishment.

Season : June 15th to October 1st.

Special indications : Atony of the digestive organs, gravel, hypochondriasis.

Very picturesque site. Vegetation luxurious.

Hotels : The Grand Hotel des Bains, The Casino.

**Amroth.**—Wales, Pembrokeshire.

Sea baths. Pebbly beach.

**Anacapri.**—Italy, Island of Capri.

Sea baths and winter station.

Doctor : Dr. Green.

**Anagui.**—Italy, near the Pontine marshes.

Bituminous-alkaline-sulphurous waters.

A very unhealthy site. Frequented under the Roman emperors, but now altogether neglected.



**Ancona.**—Italy, on the Adriatic, a fortified maritime port, with dockyards.

Sea baths, sandy beach. Very fashionable resort.

*Season*: July—September.

A second-rate establishment has lately been built. During the season, concerts, morning dances and regattas, are among the amusements.

**Andabre.**—France, Department of Aveyron, near Camarès; O. Railway branch from Orleans to Beziers, thence by carriage.

Effervescing bicarbonate saline, and slightly ferruginous waters.

*Special indications*: Affections of the liver, gout and gravel.

*Doctor*: Dr. Martin.

**Andeer.**—Switzerland, Canton of Grisons, near Pignen.

Sulphate of lime waters; whey cure.

Very elegant establishment.

**Anguillara.**—Italy, Tuscany, near Lago Sabatino.

Bitter waters, 70° F.

*Special indications*: Paresis; hemiplegia resulting from rheumatism; kidney affections, pyelitis, blenorrhœa and intestinal debility.

**Antibes.**—France, on the Riviera, between Cannes and Nice.

Winter resort, but little frequented.

**Antogast.**—Germany, Duchy of Baden.

Ferruginous bicarbonate waters, containing arsenic; used in the country only as table waters.

**Antrim Spa.**—Ireland, County Donegal.

Saline and bicarbonate of lime waters.

*Special indications*: Scrofula.

**Apollinaris.**—Germany, Rhenish-Prussia, between Bonn and Coblenz, in the valley of the Ahr; stop at Remagen.

Effervescing table-waters, used only for exportation.

The Company has appropriated the title "Queen of Table Waters" for these waters. The large amount of carbonic acid gas in Apollinaris water is due to the fact that the gas is caught in condensers as it escapes from the spring, and is pumped into bottles. For further information see NEUENAH.

**Appenzell.**—Switzerland, capital of the Canton of same name, near Sitten; 2,400 feet above sea-level.

Carbonate of magnesia waters. Whey-cure station of first importance.

**Appledore.**—England, West Devon.

Sea baths.

Good surf and bathing appliances.

**Aramazona.**—Spain, Province of Alára, district of Victoria.

Sulphate of lime waters.

**Aranjuez.**—Spain, near Toledo.

Acidulous, bitter waters, containing a large quantity of sulphate of soda.

*Special indications* : Impairment of the bilious and digestive secretions, catarrh of the intestines, chronic liver complaints, pain in the kidneys, gravel and calculus, ophthalmia.

**Aranzarre.**—Spain, Province of Guipuzcoa.

Sulphate of lime waters, with sedative properties.

**Arapataka** (Lindorf).—Austria, Transylvania, comitat of Ober Albat, 20 k. from Kronstadt.

Mixed bicarbonate waters.

**Arborme.**—France, Department of Gironde, Arrondissement of Frontiers.

Saline waters, 53° F.

**Arcachon.**—France, Department of Gironde, 34 miles from Bordeaux. For routes see table.

Winter station, with sea baths.

*Season* : Winter season lasts from November till June; summer season from May till October.

Frequented by more than 240,000 visitors in the year (railway official return).

*Special indications* : For invalids requiring a sedative air; for delicate, lymphatic and anæmic persons; nervous complaints; chest and lung affections; scrofula; gout.

The sea baths of Arcachon are especially suitable to delicate, lymphatic and anæmic persons, especially children and women. The Basin of Arcachon—on the Atlantic Ocean—measures more than 90 k. in circumference, while its waters contain proportionately more salt than the Mediterranean, or the Atlantic, for a similar latitude. Storms are rarely experienced in this bay, and the sea baths can be indulged in for hours. The surf is gentle, and the beach composed of the finest sand, permitting children to play without risk. Invalids to whom bathing in the open sea proves too stimulating, can bear, as a rule, bathing in the Basin.

The winter station, also known as the *Sanatorium*, is composed of a great number of very comfortable and elegant villas, scattered throughout the pine forest, which resembles a large English park. The atmosphere is resinous, and the average

temperature, which is 45° to 47° F. in winter, undergoes few changes, and these never rapidly. The air is sedative to the nervous system. Patients who suffer from chest diseases, or from any affection nervous in character, will be much benefited by a prolonged stay in this atmosphere. Not unfrequently patients bathe in the Basin the whole year round.

The town of Arcachon had no existence before 1857. It has been built especially with a view to the comforts and requirements of foreigners, bathers and winter residents. The hotels receive passing visitors and some families, but the majority of families prefer to live in isolated villas. Each family has a separate house, surrounded by gardens. A promenade, of more than 2½ m. in length, bordered with residences, runs along the sea, while the gardens slope down to the very beach. In the forest there are hotels, boarding-houses and pensions, as well as separate villas. The bulk of all the business is concentrated in the summer part of the town, and there consequently is the centre of activity. The sanatorium is for this reason perfectly quiet, and remarkably clean.

Scientific men will find a museum and a marine aquarium to which they can be admitted.

Post and Telegraph.

Casino with club, lawn tennis, fox-hunting twice weekly, 2 theatres, 7,000 inhabitants.

English Church : Rev. S. Radcliff ; two Services on Sundays ; all sittings free.

A college and gymnasium.

Horses, carriages, and boats on hire.

*House and Estate agent and wine merchant* : A. Brannens, who gives all information gratis.

*English banker* : Fred Audap.

*English chemist* : G. Soulan, Boulev. de la Plage.

*Doctors* : Drs. Hameau, Sproule and Labat.

*Hotels* : The *Hotel de France*, open all the year round, very comfortable and well situated on the beach ; sheltered position. L. Lahore, proprietor.

The *Hôtel Richelieu*, Boulev. de la Plage, a good house, newly furnished, comfortable, and under the management of A. Bauré, proprietor.

*Villa Buffon*, situated in the Ville d'Hiver, a well-appointed and exceedingly clean and comfortable pension, with moderate prices. Mad. Vve. Charrier, proprietress.

**Archena.**—Spain, Province of Murcia, near Inicia on the Segura.

Sulphurous and saline waters, 124° F. Steam baths.

*Special indications* : Syphilitic and scrofulous affections.

Very excellent accommodation.

The water is considered to act as a stimulant on the skin and genital organs, and may induce actual congestion of the lungs and uterus.

**Archevaleta.**—Spain, Province of Guipuzcoa, on the French frontier.  
Sulphate of lime waters, 70° F.  
Stimulating and diuretic action.

**Arcidosso.**—Italy, Tuscany, near Grosseto.  
Bicarbonate ferruginous waters, 45° to 55° F.

**Arco.**—Austria, Southern Tyrol, above the Garda Sea.  
Winter station.  
*Doctors:* Drs. Schieder, Schreiber and Althammer.  
*Hotels:* *Kurhaus Arco.*

**Arcs (Les).**—France, Department of Var.  
Ferruginous waters.

**Ardales.**—See Caratraca.

**Ardrossan.**—Scotland, Firth of Clyde.  
Sea baths.  
The air is bracing, but sometimes very humid.

**Aregos.**—Portugal, Province of Beira.  
Sulphurous waters, 150° F.

**Arenosillo.**—Spain, Province of Cordoba, near Montoro.  
Chloride and sulphate of sodium waters, 54° F.  
*Special indications:* Scrofula and skin diseases.

**Arenzano.**—Italy, one hour from Genoa on the Riviera di Ponente.  
Winter station, beginning to attract visitors.  
Cogoletto, the birthplace of Christopher Columbus, is close by. Very agreeable promenades and drives in the neighbourhood.

**Argentières.**—France, Department of Allier, Arrondissement Montlupon.  
Bicarbonate of soda water.

**Arlam.**—France, Department of Puy-du-Dôme, Arrondissement of Ambert.  
Ferruginous bicarbonate waters, containing 0·025 silicate.

**Armajolo.**—Italy, Tuscany, near Siena.  
Sulphate and carbonate of lime waters.  
*Special indications:* Affections of the kidneys and urinary system, gravel.

**Arnedillo.**—Spain, Province of Logrono; 1,000 feet above sea-level.  
Saline waters, 128° F.  
*Special indications:* Rheumatism, syphilis and affections of the urinary system.

**Arnside.**—England, Lancashire, on Morecambe Bay.

Sea baths, sandy beach.

*Doctor* : Dr. Chapman.

**Arnstadt.**—Germany, Province of Saxony, near Erfurt, on the Gera.

Saline waters.

*Special indications* : Scrofulous diseases.

*Doctors* : Drs. Niebergall and Oswald.

**Arp.**—Switzerland, Canton Valais, 2½ hours from Loèche-les-Bains.

Strong sulphurous waters.

*Special indications* : Skin diseases.

**Arpad.**—Hungary, Slavonia.

Saline and purgative waters.

**Arromanches.**—France, Department of Calvados from Paris *via* Bayeux.

Sea baths, sandy beach,

**Artejo.**—Spain, Galicia.

Sulpho-saline waters, 90° F.

*Special indications* : Scrofula, caries, gout, rheumatism.

**Artern.**—Germany, Prussia, Province of Saxony, near Merseburg.

Saline waters.

No amusements are offered here, and the place is therefore visited only by invalids.

*Doctor* : Dr. Förster.

*Hotel* : Kurhaus.

**Arsilhe.**—Switzerland, near Berne. 1,600 feet above sea level.

Thermal saline sulphurous water.

*Special indications* : Skin disease.

**Asciano.**—Italy, Tuscany, near Pisa.

Sulphate of lime waters.

*Special indications* : Affections of the urinary system, lithiasis, catarrh of stomach and intestines.

**Ascoli.**—Italy, in the Abruzzi.

Saline-sulpho-ferruginous waters, 90° F.

*Special indications* : Affections of the urinary system.

Very primitive arrangements, used only by the inhabitants.

**Ashby-de-la-Zouche.**—England, Leicestershire, 12 m. from Derby.

Cold saline waters.

*Season* : From 1st June till 1st October.

*Special indications* : Scrofulous affections.

**Asinolunga.**—Italy, Tuscany, Val d'Orcia.

Ferruginous waters.

*Special indications*: Leucorrhœa, affections of the urinary system, spleen, and liver.

**Asnelles.**—France, Department of Calvados, from Paris *via* Bayeux.

Sea baths, sandy beach.

**Aspio.**—Italy, Province of Ancona, one hour from Ancona.

Ferruginous alkaline waters.

*Special indications*: Affections of the liver, scrofulous and glandular diseases.

Little known and used only by the inhabitants.

**Assmannshausen.**—Germany, Nassau, in the Rhinegau.

Saline and alkaline waters.

Hydropathic establishment.

*Special indications*: Rheumatism and affections of the urinary system and nervous centres.

*Doctor*: Dr. Mahr.

*Hotels*: Kurhaus, Anchor.

**Astrakan.**—Russia, on the Arctic Sea.

Mud baths, containing saline and bituminous substances.

*Special indications*: Scrofula, rheumatism and paralysis.

**Astroni.**—Italy, half-hour from St. Germano.

Thermal sulphurous waters.

Owing to its very unhealthy site, this station has been abandoned.

**Athimonus.**—Ireland, County of Leitrim.

Strong sulphurous waters.

*Special indications*: Rheumatism, paralysis.

The establishment is comfortable.

**Athlone Waters.**—Ireland, County of Roscommon.

Cold ferruginous waters.

Only used internally by residents.

**Attisholz.**—Switzerland, one hour from Solothurn.

Alkaline waters, 60° F.

*Special indications*: Gout, rheumatism, chronic diarrhœa.

**Atya.**—Austria-Hungary, comitat of Weissenburg.

Earthy alkaline waters.

The springs form two lakes.

**Audinac.**—France, Department of Arrière, near St. Giron.

Sulphate of lime and ferruginous waters, 80° F.

*Special indications* : Diseases of the vesical and digestive organs.

**Auerbach.**—Germany, Hesse, half-hour from Darmstadt.

Chalybeate waters ; more frequented as a summer health resort.

*Special indications* : Anæmia, atony, and in general all affections requiring ferruginous treatment.

**Augnat.**—France, Department of Puy-de-Dôme, near Isoire.

Ferruginous bicarbonate waters.

*Special indications* : Anæmia, enlargement of the liver and spleen, and gravel.

**Augustusbad.**—Germany, Kingdom of Saxony, near Raveberg.

One saline and six bicarbonate chalybeate springs.

*Doctors* : Drs. Breunig and Dorner.

*Hotels* : Palais, Thal.

**Aulus.**—France, Arrière, near St. Giron. For routes see table.

Alkaline waters, 48° F.

*Special indications* : Purgative, laxative and diuretic action, according to the dose ; in diseases of the liver, in arthritic affections, and in syphilis.

*Doctor* : Dr. Alrig.

**Aussee.**—Austria, Styria near Graz.

Saline waters and climatic station.

*Season* : July—September.

A very elegant establishment, with sanatorium, offering good accommodation.

The situation is most picturesque, and numerous excursions may be made in the neighbourhood.

*Doctors* : Drs. Schreiber and Pohl.

**Auteuil.**—France, suburb of Paris.

Cold non-effervescent ferruginous waters, difficult of digestion.

**Availles or Abrac.**—France, Department of Charente, near Conjats.

Saline waters.

*Special indications* : Intermittent fever and atonic diseases.

**Avesne.**—France, Herault, Arrondissement of Lodève, near Montpellier.

Mixed bicarbonate waters, 65° F., sedative and tonic.

*Special indications* : Cutaneous affections.

**AX.**—France, Department of Arriège, Arrondissement of Foix, near Tarascon; thence by carriage, 4 hours. For routes see table.

Sulphurous waters.

The sulphurous elements appear here, as at Luchon, in the form of sulphhydrates. There exists a great similarity between these two waters. More than 60 springs, with a temperature varying from 54 to 200° F.

*Special indications:* Rheumatism especially chronic, scrofula, affections of the skin in atonic and inveterate forms.

*Doctor:* Dr. Garrigon.

**Axenstein.**—Switzerland, Canton of Schwyz, Lake of Lucerne, 2,500 feet above sea level. For routes see table to Lucerne; thence by Gotthard railway, or by boat to Brunnen; from Brunnen by omnibus 50 minutes.

Climatic air station; milk and whey cure. Mild yet bracing Alpine air; well sheltered from winds.

*Season:* May 15th to October.

This establishment is situated in a most picturesque country, near the small village of Morschach. An extensive and beautifully planted park surrounds it, with pine and fir trees, which contribute very largely to the health-giving properties of the air. Queen Victoria said of this place: "Axenstein is the finest place I have seen during my Swiss tour." The excursions are very varied and interesting. Two villas situated in the park contain morning, card and billiard rooms, verandahs and baths. Telegraph and post-office in the hotel. English church in one of the villas.

*Doctor:* There is a resident physician during the season.

*Hotels:* The *Grand Hôtel Axenstein* is a magnificent hôtel, and combines every comfort with moderate prices. Excellent kitchen. Large airy rooms and suites. A dairy belonging to the proprietors supplies the establishment with pure produce. Maps of the park may be had of the secretary at the hôtel. A. Eberlé Sons, proprietors.

**Baassen.**—Hungary, near Temesvar and Mediah.

Saline bromo-iodurated waters, 50° F.

*Season:* July, August.

*Special indications:* Chronic rheumatism, scrofula, disorders of uterus and ovary, syphilitic affections of the bones and tissues.

Very picturesquely situated; a quiet but agreeable place.

**Baccanella.**—Italy, Tuscany, near Alita and Pondera.

Sulpho-ferruginous waters, 50° F.

*Special indications:* Chronic sores and skin affections.



**Bacskó Rahó.**—Hungary, comitat of Marmaros, 7 miles from Szigeth. Iodurated saline waters.

*Special indications:* Spleen and liver affections, scrofula and rhachitis.

**Baczuch.**—Hungary, comitat of Sohl.

Cold ferruginous waters.

Not much comfort; the town is but little visited.

**Baden.**—Lower Austria, 1 hour from Vienna. For routes see table.

Sulphurous waters, 82° to 95° F. Sitz, douche, shower and common baths, open swimming baths; climatic station. Two hydropathic establishments.

*Season:* May 15th to 1st October; the establishment is open, however, all the year round.

*Number of Visitors:* The visitors' list shows from 14 to 15,000 annually.

*Special indications:* Rheumatism, gout, anæmia, scrofula, more especially of a chronic character.

The town is very picturesquely situated on the northern slopes of the Viennese mountains. It is surrounded by pine and beech forests, and the air is remarkably healthy and invigorating. The surrounding country is romantic, and affords opportunities for very interesting excursions; the ascent of the mountain "Eisernes Thor" is the best. This mountain is 2,500 feet high, and affords a very extensive view over Vienna and the Alps.

There is a Casino with club, an Arena, a Museum with very interesting collections; Theatre; Protestant church service, &c.

Post and telegraph office; numerous trains and tramways daily to and from Vienna.

The town park, with its shady walks, is scrupulously kept, and affords the chief recreation ground for patients. Here the band plays three times a day.

*Doctors:* Drs. Barth, von Mühlleitner, K. Schwarz and T. Schwarz, Heinz, Czubeka, Taub, Podzhradski, Leitzenberger, Horak, Bradstätter, Kraus and Raab.

*Hotels:* The Hotel de la Ville de Vienne, Green Tree, Golden Deer, Golden Lion, Shepherdess.

*Hôtels meublés:* Zeilner, Rechtberger, Riedel.

Hotel with baths belonging to the town, the Duke Hôtel.

*Swiss pension:* Julienhof.

**Baden.**—Switzerland, near Aarau. For routes see table.

Sulphurous waters, 119° F.

*Special indications:* Neuroses, gout, uterine and vesical catarrh, induration of the thymus gland, scrofula and rheumatism.

**Baden-Baden.**—Germany, duchy of Baden, 650 feet above sea level, 12,000 inhabitants. For routes see table.

Alkaline chloride of sodium waters, varying in temperature from 110° to 150° F.; climatic station; every description of baths; hydropathic and pneumatic establishments; hospital for eye affections; whey cure.

*Season* : May—October; but open all the year round.

The number of visitors annually amounts to between 40,000 and 50,000.

*Special indications* : Uric acid diathesis, gout and kindred complaints (due to excess of lithic acid); complaints dependent on malaria, and certain skin diseases; chronic rheumatism in all its forms, wounds, injuries and fractures of the bones, scrofula, constitutional syphilis, chronic catarrh of the mucuous membrane of the respiratory and digestive tracts, certain kidney affections, anæmia and convalescence after serious illness.

The effect of the Baden waters, like that of all chloride of sodium springs, is to dissipate and dissolve congestions, to stimulate, accelerate and regulate digestion, to increase the secretive power of the skin and kidneys; their most important characteristic is their high temperature and the absence of carbonic acid, which renders them mild and easy of digestion and very suitable for irritable and delicate persons, whose organs are capable of but little reaction. The springs are also useful in cases of weakened or easily disordered digestion.

The amount of mineral ingredients varies for the several springs from 22 to 30 parts in 10,000. The quantity of water supplied in 24 hours by all the springs combined is nearly a million litres. Of this the main shaft spring supplies one-half. According to the analysis by Dr. Bunsen, of Heidelberg, in 1881, this spring is remarkable for the unusually high percentage of arsenic and lithium which it contains.

Thermal baths can be had at several hotels, but best at the "*Grand Ducal Friedrichs Baths*." This may be looked upon as a model of what a bathing establishment should be. It cannot be surpassed either for the completeness of its arrangements, which have been designed to carry out both hydropathic and thermal treatment, or for its excellent system of attendance. It contains baths of the ordinary kinds, stream or wave baths (wild baths), electric baths, inhalation apparatuses, cold water treatment, Russian or Irish baths, hot air baths, swimming baths at 59°, 80°, 95° and 100° F. Douches of every description, temperature and strength.

Separate Russian vapour baths; Bos baths. Skilled gymnasts and shampooers attend. It is open all the year round, and is thoroughly warmed in winter.

*Medical Director of the Baths*, as appointed by the Government, Dr. Heligenthal.

Baden-Baden is a charming town picturesquely situated in a valley, sheltered by the lower ranges of the Black Forest. The winter is very mild, whilst the summer is not excessively hot. It is a resort for idlers, pleasure-seekers and patients from all parts of the world. Its springs were known and used by the ancient Romans.

The centre of Kur-life in the morning is "The Trinkhalle," in front of the *Hotel de l'Europe*. Visitors and patients come here between 6.30 and 7.30 a.m., to take the waters, promenading in the intervals in the gardens and listening to the band.

The frescoes with which the Trinkhalle is ornamented represent legends of the Black Forest.

The most popular rendezvous, however, is the "**Conversationshaus**." Concerts twice daily are held in the small pagoda in front. The *Conversationshaus* includes assembly rooms of immense size, reading-rooms, coffee and billiard-rooms, and a restaurant. The theatre and suite of apartments for assemblies and balls are magnificently furnished and are close by.

The gardens and promenades are all admirably kept and very beautiful. The race course at Iffezheim, at a short distance from Baden-Baden, is considered one of the best, if not the very best in Europe. In the early days of September, the races bring together the *élite* of the German and Austrian aristocracy. They are, perhaps, the best races in Germany or Austria. The Excursions are very varied and interesting. Amongst those at short distances may be mentioned: The old and new Schloss, whence on clear days the spire of the Cathedral of Strasburg is visible; ruins of Eberstein Castle, the Favorite, the Hermitage. Farther off are the falls of Allerheiligenstein Eberstein, the Murg valley, Forbach, Raumünzach, Gernsbach Rothenfels, Kuppenheim, Wildbad, Griesbach, Wolfach, Petersthal, etc.

Amongst the amusements may be mentioned good fishing and hunting, grand concerts, symphonic and quartetto *soirées*, special concerts by the best known artists. Balls, *réunions*, childrens' balls, military concerts, operas and comedies with artists of world wide celebrity, fire works and illuminations.

The educational establishments of Baden are of the highest order.

The prices being everywhere fixed by Government, it is scarcely necessary to bargain for anything, the traveller being well protected against extortion.

English church: Rev. S. A. White.

Post Office: Leopoldsplatz.

Telegraph: Station.

Bankers and Exchange Office: F. C. Joerger.

Bookseller: At the entrance of the Friedrichs Baths.

Doctors: Drs. Heilighenthal, Berton, Schliep, Shiel, Bierman and Averbek.

Hotels: The *Hotel des Bains and Cour de Bade*, a large and first class establishment with extensive gardens and every description of Baths. F. Ziegler, proprietor.

The *Hotel de Russie*, first class, on the promenade; eighty rooms. A. & G. Moersch, proprietors.

The *Hotel de France*, excellent position facing the Trinkhalle and Kurhaus, on the promenade. C. Ulrich, proprietor.

**Badenweiler.**—Germany, Duchy of Baden, in the southern parts of the Black Forest, near Freiburg in Baden; 1,300 feet above sea level. For routes see table.

Warm earthy waters, 80° to 82° F., and climatic station. Surrounded by pine forests.

*Special indications:* Nervous affections generally, rheumatism and catarrhs.

The establishment is very elegantly fitted up with marble basins, open swimming baths, douches, single baths. Cows', goats', and donkeys' milk, whey cure, all mineral waters.

Large, well-kept, and shaded park, with the ruins of an old Roman bath in good preservation; good promenades through the pine-forests; excellent facilities for excursions, ascent of the Hochblauen, 3,550 feet high, with a superb view of the Alps, Lake of Constance, etc. Large reading-room in the Casino.

The amusements are varied; there are daily concerts, theatre, etc. Very comfortable hotels, villas, and private apartments. English church.

Post and telegraph station.

Cabs and carriages by the hour and day.

*Doctors:* Drs. A. Siegel, Thomas, Mandowski and Kollman.

*Hotels:* *Hotel Sommer*, same proprietor as *Hôtel Zaehringenhof*, in Freiburg; the *Römerbath*.

**Badstofuhver.**—Sweden, district of Sunlendinga-Fiordunger, in the valley of Geyss.

Alkaline-saline waters, 189° F.

*Special indications:* Obesity, disorders of the urinary system, liver complaints.

**Bagnaccio di Colombajo.**—Italy, Tuscany, district of Dievole, near Valagli.

Sulphurous ferruginous waters, 62° F.

**Bagne-à-Baccanella.**—Italy, Tuscany, Val d'Agra, on the Arno.

Alkali-saline waters.

*Special indications:* Disorders of the digestive and urinary system.

**Bagnères de Bigorre.**—France, Department of Hautes Pyrénées; 1,750 feet above sea level; 12,000 inhabitants. For routes see table.

Saline, sulphurous, ferruginous and arsenical waters, varying in temperature from 72° to 120° F.; upwards of 50 springs; thoroughly good establishments.

A winter station.

*Season:* June to September, especially for the baths. November till May as winter residence, but baths may be taken all the year round.

Number of visitors, 23 to 25,000 annually.

*Special Indications:* Owing to the complex character of the waters and the mildness of the climate, the therapeutic indications are very varied. The waters enjoy a high reputation in cases of tuberculosis and affections of the respiratory organs, in affections of the intestines and urinary system, in plethora abdominalis, anæmia, chlorosis, and various female disorders.

The town is situated in a valley, open to the north and south; east and west it is sheltered by a range of hills. The climate is very mild and humid, but bracing owing to the high elevation. Mean temperature during the seven winter months, 46.5° F.; mean barometric pressure

same season, 752 mm.; mean rainfall, 4·278 inches a month in winter rainy days 147, and sunny days 123 in the year.  
 The environs are very attractive, and walks and excursions abundant, the latter being highly interesting. The town is within five hours of the Pic du Midi, where the highest meteorological observatory in Europe is situated. The **Casino**, a very elegant building, stands in an extensive park, containing a theatre, ball, concert, assembly, billiard and smoking rooms. Concerts daily.

*English church* : Rev. T. Grundy.

*Post and Telegraph Office* : Place de Strasbourg.

*Bookseller* : Léon Péré, Place de Strasbourg, No. 7.

*Doctors* : Dr. Bagnell (who speaks English) and several French.

*Hotels* : The *Hotel de Paris* is a first-class family hotel, centrally situated, facing the Promenade, and looking full south, with a mountain view. B. Nogues, proprietor.

The *Hotel Beau Séjour*, a first-class and comfortable house, near the Telegraph and Casino. All the rooms are carpeted. P. Bourdette, proprietor.

**Bagnet (Le).**—France, Hautes Pyrenées, near Bagnères de Bigorre.

Waters containing sulphate of soda.

*Special indications* : Debility.

**Bagni-a-Acqua.**—Italy, Tuscany, near Pisa, Val di Chianni.

Sulphurous earthy waters, 100° F.

*Special indications* : Skin diseases, rheumatic gout and paralytic affections.

**Bagni (Acqua dei).**—Italy, near Naples.

Alkali-saline waters.

*Special indications* : Jaundice, stomachic, intestinal and vesical catarrhs, diabetes, plethora abdominalis, rheumatism and neuralgic affections.

**Bagni-a-Morba.**—Italy, Tuscany, between Pomerance and Castelnuovo.

Sulphurous alkaline waters, 100° to 130° F.

*Special indications* : Rheumatism, kidney disorders, calculus, gravel, scrofula, herpes.

**Bagni di Crana.**—Switzerland, Canton of Ticino, 3,270 feet above the sea level, near Lago Maggiore and Lago di Lugano.

Sulphurous waters, 90° F.

Very efficacious waters, but there is little or no accommodation. Visited by tourists, but seldom by invalids.

**Bagno.**—Switzerland, Canton Valais.

Sulphurous waters.

Little used.

**Bagno Bossole.**—Italy, Tuscany, Val di Paglia, near Siena.

Ferruginous effervescent waters, 105° F.

**Bagno d'Apollo.**—Italy, Tuscany.

Alkaline waters, 90° F.

*Special indications*: Jaundice and liver complaints.**Bagno-fresco.**—Italy, Island of Ischia, in the Val Tamburino.

Alkali-saline waters.

*Special indications*: Affections of the digestive and urinary system.**Bagnolino dei Rhachitici.**—Italy, Tuscany, near Levane.

Alkali-ferruginous waters.

No bathing establishment. The peasants in the neighbourhood bathe children affected with rickets in the waters.

**Bagno-in-Romagna**; also Terme Leopoldine or Sta. Agnese.—Italy, province of Florence, 3,000 feet above sea level; diligence from Forli, 3 fcs. each person; carriages, 20 fcs. and 30 fcs.; 6 hours' drive.

Carbonic and sulphurous acid waters, 108° to 110° F., used for drinking; sitz and shower baths.

*Season*: June—September.*Special indications*: Rheumatism, sciatica, skin diseases, gout.

There is a well-appointed bathing establishment, affording accommodation in 100 rooms; pension from 4 fcs. to 6 fcs. daily. The situation is pretty and healthy, in the midst of chestnut and fir forests.

*A Post and Telegraph Office.**Doctor*: Dr. Fanti.**Bagnoles.**—France, Department of the Orne. For routes see table.

Saline, sulphurous, lithic, silicate, and arsenical waters.

Temperature, 66° F.

Three ferruginous, arsenical, and manganese springs, 26° F.

*Special indications*: Diseases of the digestive organs, skin, rheumatism and scrofula, chlorosis, congestion of the abdominal viscera, phlebitis, old wounds, and chronic sores.

Bathing establishment very complete.

*Doctors*: Drs. Commandré and Joubert.**Bagnoli.**—Italy, near Naples, on the road to Bajae, between Posilippo and Pozzuoli by steam tramway.

Saline and alkaline waters, 112° F. Baths, douches, steam baths.

*Special indications*: Paralysis, rheumatism, gout, cutaneous affections and scrofula.

Complete bathing establishment.

Springs di Pisciarelli and of the Temple of Serapis.

The principal establishment, where the sea baths are also taken, is called "La Pietra." They are open all the year round.

*Doctor*: Dr. Pepere.

**Bagnols.**—France, Department of Lozère. For routes see table.

Sulphate of soda waters, from 50 to 105° F.

*Special indications* : Cutaneous and pulmonic diseases, rheumatism, scrofula, wounds, and chronic sores.

Two establishments with piscinæ, douches, baths, steam baths, &c. Climate rather severe, and barometric changes rapid.

**Bains.**—France, Department of Vosges, near Epinal: from Paris, *via* Mulhouse and Epinal.

Sulphate of soda, arsenical waters, from 70° to 115° F.

*Special indications* : Rheumatism, debility, nervous and uterine affections.

Two thermal establishments. The thermometric changes are considerable during the day.

**Bains de la Reine.**—Algiers, Province of Oran, near Oran.

Saline springs containing bromine, 130° F.

*Special indications* : Liver and stomach affections, cutaneous diseases, rheumatism, &c.

**Bains, near Arles.**—France, Department of Pyrénées Orientales.

Slightly sulphurous alkaline waters, 122° F.

*Special indications* : Rheumatism, skin diseases, disorders of the digestive organs and urinary system.

The establishments are said to be the original Roman ones.

**Bajfalú.**—Austria-Hungary, comitat of Százthmar.

Sulphurous waters.

*Special indications* : Gout, rheumatism, skin diseases, obesity, liver and urinary affections.

**Balaruc les Bains.**—France, Département Hérault, near Montpellier and Cette.

Strong saline waters; springs contain bromine, 45° to 100° F.

*Special indications* : Paralysis, softening of the bones, chlorosis, struma, saturnine intoxications, rheumatism, and anchylosis.

Three bathing establishments.

*Doctor* : Dr. Ducroix.

**Baldini (Acqua dei).**—Italy, Tuscany, near Rinfresco.

Saline waters. Strongly purgative action.

**Ballater.**—Scotland, Aberdeenshire.

A summer station, also frequented for the waters at Pananich Wells, which are only two miles off.

Scenery very fine.

**Ballycotton.**—Ireland, county Cork.

Sea baths, sandy beach.

**Ballyspellan Spa.**—Ireland, Leinster, county Kilkenny.

Saline and ferruginous bicarbonate waters, 60° F.

*Special indications*: Nervous affections of the digestive organs; also in abnormal conditions of the blood.

The establishments and accommodation are sufficient for a very large number of visitors.

**Balnea d'Avignone.**—Italy, Tuscany.

Chalybeate waters, 120° F.

**Balsócz.**—Hungary, comitat of Zips.

Slightly alkaline ferruginous waters.

*Special indications*: Hypochondria, hysteria, giddiness, sterility, stomachic disorders.

**Balzach.**—Switzerland, Canton of St. Gall.

Sulpho-alkaline waters.

*Special indications*: Scrofulous dyscrasia, chronic skin diseases, old sores.

**Bangor.**—Wales, Carmarthenshire.

Sea baths; pebbly beach.

*Doctor*: Dr. Hughes.

**Bania-Louka.**—Austria, Bosnia.

Sulphurous waters, from 55° to 105° F.

**Baños.**—Spain, Estremadura.

Sulpho-alkaline waters, 70° F.

*Special indications*: Neuroses, skin diseases, scrofula, syphilis.

The baths should not be taken for longer than 10 minutes at a time.

**Bantry.**—Ireland, Cork.

Sea baths; sandy beach.

*Doctor*: Dr. Swanton.

**Banyuls-sur-Mer.**—France, Pyrénées Orientales.

Bicarbonate waters and sea baths.

**Baracza.**—Hungary, comitat of Gömör, near Czáko.

Earthy waters, 60° F.

**Baran.**—France, Corsica, near Olmeto.

Sulphurous saline springs, 85° F.

**Barbazan.**—France, Department Haute Garonne. Rail from Toulouse to Tarbes and Montrejeau. From Montrejeau to Barbazan 8 k. by carriage.

Sulpho-ferruginous waters, 50° F.

*Special indications*: Cutaneous affections, chlorosis and disorders of the respiratory organs.



**Barberie.**—France, Loire Inférieure, near Nantes.

Silicated ferruginous waters.

*Special indications* : Anæmia, chlorosis.

**Barbern.**—Russia, Finland, district of Mitau, 25 miles from Riga.

Sulphurous waters.

**Barbotan.**—France, Gers, South of France Railway by way of Bordeaux

and Tarbes ; stop at Mont de Marsan, 4 hours' carriage drive to Barbotan.

Sulphate of soda and ferruginous waters, from 50° to 120° F.

Sulphurous muds.

*Special indications* : Rheumatism, paralysis, cutaneous and uterine affections, rickets and syphilis.

*Doctor* : Dr. Dupeyron.

**Barèges.**—France, Hautes Pyrénées ; 4,200 feet above sea level.

Alkali-saline-sulphurous waters, from 45° to 105° F.

*Special indications* : Scrofula, diseases of the bones, herpes and syphilis.

*Season* : 15th June to 15th September.

*Doctors* : Drs. Armieux, Betons, and Grimmaud.

*Hotels* : De France, de l'Europe, des Princes.

**Barestrand-Syssel.**—Iceland.

Indifferent waters, 218° F.

**Bari.**—Austria, Hungary, comitat of Zemplin.

Sulphurous waters.

**Bari (Acqua-di).**—Italy, Province of Barí in Calabria ; line from Foggia to Brindisi, stop at Bari.

Sulphurous magnesian waters. Sea baths, sandy beach.

The springs all lie close to the sea shore. Exclusively purgative action. No establishment.

**Barmouth.**—Wales, Merionethshire, Cardigan Bay.

Sea baths. Smooth sandy beach.

*Doctor* : Dr. Edwards.

**Bartfeld.**—Hungary, near Saben.

Cold ferruginous bicarbonate waters.

A well-arranged bathing establishment, much frequented in summer.

**Barzun.**—France, Department of Hautes-Pyrénées ; 4,000 feet above sea level.

Sulphurous alkaline waters, 85° F.

*Special indications* : as at Barèges.

**Bastennes.**—France, Landes, near St. Sever.

Cold saline and sulphurous waters.

**Bath.**—England, Gloucestershire, 12 miles from Bristol; 102 miles from London by Great Western; from Paddington Station, by express in 2 hours 55 minutes. Fare, 1st class, 23s. 5d.; 2nd class, 16s. 6d.

Saline-sulphate of lime and carbonate of iron waters, from 104° to 120° F.

*Special indications:* Gout and rheumatism, chronic skin diseases, anchylosis.

The climate of Bath is comparatively mild. The season is chiefly in spring, but the baths are also frequented in winter and autumn.

Bath affords ample and varied recreation and amusements.

In addition to balls, concerts, theatres, &c., visitors can also join in the very interesting meetings held at various literary and philosophic institutions. Victoria Park is the fashionable rendezvous in the afternoon.

The number of visitors to Bath has been less of late years, though the reason for this is not very evident, unless, indeed, it be due to a change in fashion. Living is cheap, and the hotels are very comfortable.

*Doctors:* Drs. Fowler and Cole.

*Hotels:* York House, Christopher Hotel.

**Bath.**—Jamaica.

Thermal sulphurous waters, which have been employed with success in those cases of intestinal derangements which are so frequent in tropical countries.

**Bath.**—United States of America, Virginia.

Thermal waters visited more for amusement than cure.

**Batignolles.**—France, near Paris.

Cold sulphurous waters.

**Battaglia (La).**—Italy, Lombardy, near Padua.

Sulphurous saline waters, 190° F.; mud baths; natural steam baths.

*Special indications:* Rheumatism, scrofula, skin diseases, inflammation of the uterus and ovary, syphilitic bone and skin affections.

The establishment, a veritable palace, is situate on the hill of St. Elena.

*Doctors:* Drs. Rosanelli and Pezzolo.

**Bauche (La).**—France, Savoy, *vid* Chambéry and Les Echelles; 1,500 feet above sea level.

Highly effervescent ferruginous waters.

*Special indications:* Chlorosis, anæmia, dyspepsia and muscular debility.

*Doctor:* Dr. Guillard.

**Baza or Zujar.**—Spain, Province of Granada.

Sulphurous waters, 100° F.

Contains large quantities of sulphuretted hydrogen, and is therefore disagreeable to the taste and smell.

*Special indications* : Hysteria, anæmia, amenorrhœa and chronic skin diseases.

**Beaucent.**—France, Hautes Pyrénées, near Caunterets and Barèges.  
Sulphurous saline waters, 48° to 50° F.; little known.

**Beaulieu.**—France, Department of Puy de Dôme, near Issoire.  
Cold chalybeate waters, said to be intermittent.

**Beaulieu.**—France, Alpes Maritimes, near Nice.  
Winter station. A small but charmingly situated village in a very sheltered position. It is one of the best stations on the Riviera for the winter months.

**Beaumaris.**—Wales, Anglesea.  
Sea baths, fine sandy beach.  
Situate at the entrance of the Menai Straits. The views over sea and mountain are very romantic.  
*Doctor* : Dr. Owen.  
*Hotel* : *Liverpool Arms*.

**Beaupreau.**—France, Marne and Loire.  
Cold ferruginous bicarbonate waters.

**Bebra.**—Germany, Saxony, 8 k. from Eckhartsberga.  
Chloride of magnesia waters, 35° F.  
*Special indications* : Neuroses, chlorosis, and menstrual derangements.  
*Doctor* : Dr. Rühlmann.  
*Hotel* : *German Emperor*.

**Beggenried.**—Switzerland, Canton Unterwalden, on the south shore of Lake of Lucerne.  
Climatic station.  
Owing to the low temperature and pure mountain air, this place is much visited in July and August.

**Bejar.**—Spain, near Valladolid, 78 k. from Salamanca.  
Thermal silicate (0.059%) waters, from 50° to 100° F.  
A thermal establishment, much frequented in Spain.

**Bela.**—Austria-Hungary, comitat of Zips, on the Poprád.  
Sulphate of lime ferruginous waters, containing much sulphur.  
*Special indications* : Chronic skin diseases, gout and rheumatism.

**Belalp.**—Switzerland, Canton Valais, 3½ hours by an excellent mule path from Brigue.  
Mountain air and whey cure.

*Season* : From June 1st to Oct. 31st.

A starting point for many most picturesque excursions.

The *Hotel Belalp*, overlooking the Aletsch Glacier, 30 minutes' walk. Resident physician; English church service; post and telegraph office in the hotel. G. Klingele, proprietor.

The *Hotel Jungfrau* at Eggishorn, 7,200', at the foot of Eggishorn, 2½ hours above Fesch, a mountain air station; magnificent panoramic view of the Eggishorn, one hour above the hotel; excursion to the Aletsch Glacier and the Lake of Mergelen. The Cabane of Concordia is 4½ hours distant. Grand and interesting excursions in the Cernoise Alps. Em. Cathrein, proprietor.

**Bellaggio.**—Italy, on the Lake of Como.

Climatic station.

*Season* : Spring and autumn.

*Special indications* : Nervous and lung complaints.

Its pure air, picturesque site, and almost unvaryingly clear sky, have gained for Bellaggio the name of "The Garden of Lombardy."

*Hotels* : The *Hôtel de la Grande Bretagne* is a large and magnificent hotel, exceedingly well appointed. Meyer & Arrigoni, who are also proprietors of the Grand Hotel at Sestri Ponente.

**Bellas Agoas.**—Portugal, near Lisbon.

Sulphurous waters.

**Bellesme.**—France, Orne, near Montague.

Ferruginous bicarbonate waters.

**Belleville.**—France, in the *enceinte* of Paris.

Cold sulphate of lime waters.

**Belloc.**—France, Gironde, near Bazas.

Cold ferruginous bicarbonate waters.

**Bellrière.**—Switzerland, Canton of Berne on the Birs, 7 hours from Basle.

Sulphurous alkaline waters.

*Special indications* : Intestinal obstructions, congestions, scrofula, hypochondriasis, hysteria, jaundice.

**Bellus.**—Spain, south of Valencia.

Sulphate of magnesia and carbonate of lime springs, 65° to 70° F.

Little frequented.

Roman and Arab ruins in the environs.

**Bellus.**—Austria-Hungary, comitat of Trenczin, on the Waag, and 1½ hours from Trenczin.

Cold sulphurous waters.

**Benavente.**—Spain, Province of Zamora.

Ferruginous bicarbonate waters, 40° to 45° F.; rich in carbonic acid gas.

**Benedekfalva.**—Hungary, comitat of Liptau,  $\frac{1}{2}$  hour from Liptó-Szent-Miklos.

Alkaline waters.

**Benetutti.**—Italy, in what was formerly the Kingdom of Sardinia, near Incontrado-Logoduro.

Numerous sulphurous alkaline springs, 85° to 95° F. No bathing establishment.

The arrangements are so inefficient, that only the simple tastes of the Italians could tolerate them.

**Ben Haroun.**—Africa, Province of Algiers, 12 k. from Dra el Nizan.

Ferruginous bicarbonate waters, highly gaseous; used only for exportation.

**Benimarfull.**—Spain, Province of Alicante, 65 k. from the latter town.

Sulphuretted lime waters, 40 to 45° F.

*Special indications* : Cutaneous affections.

**Ben Rhydding.**—England, Yorkshire, Wharfedale, near Leeds; 480 feet above the sea.

Hydropathic establishment.

**Bentheim.**—Germany, Hanover, near Osnaburg.

Sulphate of lime waters.

*Doctors* : Drs. Stroth and Stollenkamp.

*Hotels* : *Kurhaus*.

**Benyus.**—Hungary, comitat of Sohl.

Alkaline waters.

**Berencze.**—Hungary, comitat of Neograd.

Cold effervescent ferruginous waters.

There being no bathing nor drinking arrangements, the waters are used only by the inhabitants.

**Berg.**—Germany, Württemberg, near Stuttgart.

Saline springs and ferruginous waters, of 45° to 50° F.; similar to the Cannstadt waters, with which their therapeutic properties are also identical.

A very excellent bathing establishment.

**Bergallo.**—Italy, Tuscany, near Castelnovo-Berrardenga.

Bicarbonate of lime springs, 33° F.

**Berg-Gilfshuebel.**—Germany, Saxony, near Dresden.

Bicarbonate ferruginous waters.

*Special indications* : Gouty affections.

**Beringerbad.**—Germany, Saxony, near Alexisbad.

Bromurated saline cold waters, containing 12 grammes calcic chloride, and 9 grammes sodic chloride per litre.

*Special indications:* Scrofulous and chronic skin affections, diseases of the bones.

**Berka.**—Germany, Duchy of Saxe-Weimar, near Weimar.

Sulphate of lime and chalybeate waters.

*Special indications:* Rheumatism and paralysis, chronic mercurial intoxication.

*Doctors:* Drs. Ebert and Freygang.

*Hotels:* Kurhaus, German Emperor.

**Bernières.**—France, Department of Calvados, from Paris, *via* Caen.

Sea baths, sandy beach.

**Bernos.**—France, Department of Gironde.

Bicarbonate ferruginous cold waters.

**Bernstein.**—Hungary, comitat of Eisenburg.

Sulphurous, ferruginous and cupric waters; little used and scarcely known.

**Berthemont.**—France, Department of Alpes Maritimes, near Nice.

Highly effervescent, indifferent waters.

*Special indications:* Lithiasis and vesical catarrh.

**Bertrich.**—Germany, Rhenish Prussia, circuit of Trèves on the Moselle, stop at Bullay Moselle Railway.

Alkaline, saline and sulphate of soda waters, of 75° F.

*Special indications:* Rheumatic affections, liver and spleen disorders and affections of the urinary system.

Excellent bathing establishments.

*Doctor:* Dr. Cüppers.

*Hotels:* Wering, Adler.

**Bertua.**—Spain, Guipuzcoa, near Corunna, and the Convent of St. Miguel.

Sulphurous thermal waters.

*Special indications:* Goitre, sciatica, rheumatic paralysis.

**Berwick (North).**—Scotland, Haddington, on the Firth of Forth.

Sea baths, firm sandy beach.

*Doctor:* Dr. Crombie.

**Beschtau or Maschukabaths.**—Russia, Caucasus, near Pjätigorsk.

Alkaline-sulphurous waters, varying in temperature from 110° to 170° F.

Under this denomination are classed all the springs which rise in the district of Eisenburg and Pjätigorsk. Protected by

Peter the Great, they owe their development mainly to the Emperor Nicolas. Residence here is very expensive, which may be one reason why the baths are not more frequented. The establishments are first-rate, and both comfort and amusement are amply provided for. The scenery is of the most romantic character. Abundant shooting and fishing.

**Besenyőfalva.**—Hungary, comitat of Liptau, on the Waag.

Cold effervescent ferruginous waters.

*Special indications* : Disorders of the urinary system, intermittent affections and affections of the abdominal viscera.

**Besse.**—France, Puy de Dôme, near Issoire.

Cold ferruginous waters.

**Betaille.**—France, Department of Carrèze, near Tulle.

Cold ferruginous waters.

*Special indications* : Catarrhs, anæmia, chlorosis, atony of the stomach, fluor albus and female complaints.

**Beuren.**—Germany, principality of Hohenzollern-Sigmaringen, in the Black Forest; 1,580 feet above sea level.

Climatic, air and whey-cure station. Climate very mild and steady.

*Special indications* : Tuberculosis, chronic catarrh of respiratory organs, bronchial and laryngeal catarrhs.

**Beuzeval.**—France, Department of Calvados, from Paris, *via* Caen.

Sea baths, sandy beach.

**Bex.**—Switzerland, Canton of Vaud, near Lausanne and Vevey; 1,380 feet above sea level.

Nine sulphate of calcium and saline springs.

Bathing establishment; inhalation of air saturated with saline particles. Mild climate and very agreeable situation.

*Special indications* : Scrofula and phthisis.

**Bexhill-on-Sea.**—England, Sussex, between Hastings and Eastbourne.

Sea baths, sandy beach.

**Biarritz.**—France, Department of Basses Pyrénées, close to the Spanish frontier, on the northern shore of the Bay of Biscay; 5,500 inhabitants. For routes see table.

Sea bathing and winter station; climate mild and humid; fine sandy beach.

*Season for baths* : The late summer and autumn months.

*Winter Season* : From November till May.

Above 10,000 visitors annually.

*Special indications* : Chlorosis, anæmia, chest and lung complaints, laryngitis, pharyngitis.

Biarritz is a small but picturesque town, which was brought much into notice by the Empress Eugenie, who used to reside there every year. It is distinguished for its very select society, which assembles both for sea bathing and the winter season. The scenery is beautiful, although the vegetation in the immediate environs of the town is rather scanty. The town is built like an amphitheatre on the rising cliffs of the Pyrenees, and has some fine modern buildings, of which the Villa Eugenie is one of the most striking.

There is a casino with ball, concert, card and reading room.

*English Church.*

*Post and Telegraph Office.*

*Banker and Exchange Office* : E. H. Bellairs.

*Bookseller* : Victor Benquet.

*English Chemist* : J. Moureu, 5, Place de la Mairie.

*Dentist* : Edwards.

*Doctors* : Drs. Adhéma, Girdlestone, Augey, Le Roy and Wellby.

*Hotels* : The *Hôtel Continental* is a large, first-class, well-appointed house, with a lift; in a sheltered position, looking full south, with sea view, near the park and Villa Eugenie. B. Peyta, proprietor.

The *Hôtel de France* is a very comfortable house, in a quiet part of the town. J. Fourneau, proprietor.

**Bikszad.**—Hungary, comitat of Szathmár.

Saline and bicarbonate waters, 4 gr. mineralisation.

*Special indications* : Feeble digestion, constipation, chronic disorders of the respiratory organs, incipient phthisis, menstrual irregularities and other affections of the genito-urinary organs.

The water is exported. In its chemical composition it is analogous to Gleichenberg, but stronger.

Notwithstanding the very moderate accommodation and the little comfort offered, the place is much frequented; a good proof of the efficacy of its waters.

**Bilazai.**—France, Department of Deux Sèvres, near Bessuire, 60 k. from Poitiers.

Sulphate of calcium waters, 56° F.

**Bilén.**—Austria-Hungary, comitat of Marmarós, district of Rahó.

Alkaline waters.

Very primitive arrangements.

*Special indications* : feeble digestion, constipation, liver and spleen affections.

**Bilin.**—Austria, Bohemia, near Teplitz.

Alkali saline waters; their composition is similar to those of Vichy.



Bilin is well known under the name of the "cold Vichy."

*Special indications* : Catarrh, hæmorrhoidal affections, morbus Brightii, disorders of the urinary system, obesity.

*Doctor* : Dr. Reuss.

*Hotels* : Lion and High House.

**Birchington.**—England, near Dover.

Sea baths, sandy beach. Very picturesque site.

*Doctor* : Dr. Neame.

**Birkenfeld.**—Germany, Grand Duchy of Oldenburg, near Trèves and Saarlouis.

Ferruginous, magnesian, sodic and calcic bicarbonate waters—tonic and resolvent.

*Special indications* : Affections of the glandular system.

*Doctor* : Dr. Rieken.

**Birlenbach.**—Germany, Duchy of Nassau.

Ferruginous bicarbonate table water.

**Birmansdorf.**—Switzerland, Canton of Aargau, 2 k. from Baden.

Acidulous or bitter waters, 31 gr. of mineralisation.

These waters are only used for exportation and as purgative agents.

*Doctor* : Dr. Pfeuffer.

**Birresborn.**—Germany, Rhenish Prussia, in the Eifel, near Gerolstein.

Ferruginous bicarbonate waters, exported and brought into the market by the Gerolstein Mineral Water Co., Limited, London.

A station little frequented.

**Bistriz.**—Austria, Moravia, near Ollmütz and Hullein.

A celebrated whey cure station; The Appenzell of Austria. Sheep's milk only is used.

*Season* : June—September.

**Bisztra.**—Austria-Hungary, comitat of Marmarós, near Majdanka.

Alkali-ferruginous waters.

Mineral constituents very scanty.

**Bivuto di Termini.**—Italy, Sicily, between Palermo and Sciacca.

Thermal sulphurous waters.

Very suitable bathing establishments, and the accommodation in the Convent of St. Kalogerus is comfortable.

**Blackpool.**—England, Lancashire.

A much frequented sea-bathing town.

**Blanchemont.**—Belgium, near Liege.

Cold ferruginous bicarbonate waters.

**Blankenbergh.**—Belgium, near Bruges.

Much frequented sea baths; more retired and quiet than Ostend.

*Doctors* : Drs. Cosyn, Notebaert and Van Mullem.

*Hotels* : *Cursaal, Godderis de la Paix.*

**Blankenburg.**—Germany, Principality of Rudolstadt, near Weimar and Halberstadt.

Pine-cone sap and resinous baths.

*Special indications* : Herpes, scabies, excessive perspiration, muscular pains, paresis.

The accommodation is comfortable, and living exceedingly cheap.

**Bleichbad.**—Switzerland, Canton of St. Gall, near Altstätten; 1,600 feet above the sea level

Ferruginous saline waters, with strong odour of sulphur.

*Special indications* : Gout, rheumatism, paralysis, neuralgias.

**Bleville.**—France, Seine Inférieure, near Le Havre.

Cold ferruginous bicarbonate waters.

**Blue Sulphur Springs.**—U.S., North America, Virginia.

Sulphurous waters.

*Special indications* : Rheumatism, scrofula, syphilis.

**Blumenstein.**—Switzerland, 20 k. from Bern.

Cold ferruginous alkali-saline waters.

*Special indications* : Constitutional debility.

A fairly good bathing establishment.

**Blumenthal.**—Switzerland, near Solothurn.

Saline-alkaline waters, only used by the inhabitants.

**Bobbio.**—Italy, 60 k. from Genoa.

Thermal, sulphurous and saline springs.

**Bobotsch.**—Roumania.

Sulphurous waters.

Owing to the lack of energy on the part of the inhabitants there is little or no accommodation; the waters are very efficacious.

**Bocheggiano.**—Italy, near Siena.

Five springs, some ferruginous and some sulphate of lime, 35° F.

*Special indications* : Anæmia, chlorosis, constipation, liver, spleen, and chronic skin diseases.

**Bocklet.**—Germany, Bavaria, near Kissingen.

Cold, sulphurous and chalybeate waters, rich in carbonic acid gas ; mud baths.

Frequented by patients at Kissingen.

*Special indications* : Scrofula, plethora, diabetes, hyperæmia of the liver, anchylosis, chronic muscular affections, torpid sores.

*Doctor* : Dr. Scherpf.

**Bodajk.**—Hungary, near Weissenburg.

Sulphate of lime waters, rich in silicic acid.

*Special indications* : Hæmorrhoids, scrofula, gout, rheumatism.

**Bodendorf.**—Germany, Rhenish Prussia, near Neuenahr.

Climatic station ; grape cure.

Especially frequented by invalids suffering from chest and nervous complaints.

**Bodenfelde.**—Germany, Hanover.

Saline waters.

**Bodok.**—Transylvania.

Cold alkaline waters, very similar to those of Bilin.

**Boesing.**—Austria-Hungary, comitat of Pressburg.

Ferruginous alkaline waters, effervescing.

*Special indications* : Chlorosis, blenorrhœa, hysteria.

**Bognor.**—England, Sussex.

Sea baths, firm sandy beach.

*Doctor* : Dr. Todd.

**Boisse (La).**—France, Savoy, near Chambery.

Cold ferruginous waters.

**Boll.**—Germany, Württemberg, near Göppingen ; 1,300 feet above the level of the sea. East of France Railway by Strasbourg, Kehl, Stuttgart, stop at Goppingen.

Cold alkali-saline-sulphurous waters ; milk cure ; mild climate.

*Special indications* : Affections of the larynx, skin diseases, contractions, stiffness of the joints.

**Boltenhagen.**—Germany, Mecklenburg-Schwerin, equally distant from Lübeck and Wismar.

Much frequented for its sea-baths ; fine sandy beach, with pine forests behind.

*Doctor* : Dr. Kelling.

*Hotels* : Kurhaus, Luckmanns.

**Bonar.**—Spain, Galicia, near Leon.

Ferruginous saline waters, 75° F.

*Special indications* : Constipation, amenorrhœa, chlorosis, hypochondriasis.

These waters were used by the Romans Grass withers under their influence, and the meadows in the neighbourhood are blighted.

**Bondonneau.**—France, Department of Drôme, near Montélimart, 500 feet above sea level.

Alkaline iodurated waters; effervescent.

*Special indications* : Anæmia, chlorosis, dyspepsia, diarrhœa.

**Bonn.**—Switzerland, Canton of Fribourg, two hours from that town.

Cold sulphurous waters.

*Special indications* : Skin diseases.

**Bonnefontaine (La).**—France, near Metz.

Cold bicarbonate ferruginous waters.

**Bonneval.**—France, Savoy, 6 k. from Bourg St. Maurice.

Thermal sulphurous waters, analogous to those of St. Gervais, 85° F.

**Bonnington.**—Scotland, near Leith and Edinburgh.

Strong ferruginous and cold sulphurous waters.

*Special indications* : Anæmia, chlorosis, scrofula, rhachitis.

Every comfort, and the bathing establishments very good.

**Borås.**—Sweden, near Elfsborg.

Acidulous or bitter waters; exported.

**Borbye.**—Germany, Province of Schleswig, near Eckernförde.

Sea-bathing place on the Baltic coast; little frequented.

**Bordighera.**—Italy, on the French frontier and on the Riviera.

Winter station, well frequented, but very quiet.

*Doctor* : Dr. Goodchild.

*Hotels* : D'Angleterre, Grand, Windsor.

**Borgo Maro.**—Italy, Piedmont, near Oneglia.

Cold sulphurous waters.

*Special indications* : Scrofula and skin diseases.

**Borkum.**—Germany, Oldenburg. An island in the North Sea.

Much visited for sea-bathing, especially by Hanoverians.

*Doctor* : Dr. Schmidt.

*Hotel* : Kurhaus.

**Borkút.**—Hungary, comitat of Bereg-Ugocsá, District of Rahó.

Saline and strongly iodurated waters.

*Special indications* : Scrofula, lymphatism, goitre, adenitis.

**Borla.**—Italy, also called *Acqua del Mortagone*.

Saline waters, 85° F.; highly effervescent.

*Special indications* : Constipation, lymphatism, adenitis.

**Bormio.**—Italy, Lombardy, on the *Ada*; 4,500 feet above sea level.

Sulphurous thermal waters, from 90° to 120° F.; a climatic station.

**Borra.**—Italy, Tuscany near Arezzo, in the valley of the Arno.

Ferruginous alkaline waters, effervescing.

**Borrone.**—Italy, Tuscany, near Montalto.

Ferruginous waters, 65° F.

*Special indications* : Disorders of the digestive and urinary organs.

**Borsa.**—Hungary, comitat of Mármaros.

Cold alkaline ferruginous waters.

*Special indications* : Jaundice, and disorders of liver and spleen.

**Borsaros.**—Transylvania.

Ferruginous bicarbonate waters, 45° F.

*Special indications* : Rheumatism and herpes.

**Borschom.**—Russia, Caucasus, on the Kura; 2,700 feet above the sea level, near Pjätigorsk.

Alkali-saline waters, 75° to 95° F.

*Special indications* : Gravel, affections of the mucous membrane of the respiratory, digestive and urinary organs; hyperæmia of liver and spleen; hæmorrhoids and plethora abdominalis, as also disorders of uterus and ovaries.

Borschom is very quiet, and the surrounding country wild. The accommodation is good, and residence agreeable.

*Doctor* : Dr. Remmert.

**Borszek.**—Austria, Transylvania, on the Moravian frontier in a valley of the Carpathians; 2,400 feet above the level of the sea.

Alkali-saline waters, highly charged with gas; mud baths.

*Special indications* : Affections of the uterus, atony, paralysis, liver and spleen disorders, gravel and vesical complaints.

A good bathing establishment.

The climate is very trying and variable. Borszek is the most important watering place in Transylvania. The water is largely exported. Accommodation abundant, and in accordance with modern requirements.

**Bottaccio.**—Italy, Tuscany, near Castelnuovo-Berrardenga.

Sulpho-ferruginous waters.

*Special indications* : Affections of the uterus, amenorrhœa, chloræsis.

**Botzen.**—Austria, Tyrol.

Air cure station; grape cure.

*Hotel*: Victoria.

**Boudes.**—France, Puy de Dôme, near Issoire.

Bicarbonate alkaline waters, 35° F., mineralisation, 4 to 9 grs.

May possibly in the future become an important spa.

**Boulogne-sur-Mer.**—France, Pas de Calais.

Sea baths, and one ferruginous saline spring.

*Doctors*: Drs. Harvey, Parmentier, Sydney Chater and Walker.

*Hotel*: Christol.

**Boulou (Le).**—France, Pyrénées Orientales, 5 k. from the Spanish frontier.

Alkaline waters similar to those of Vichy, and ferruginous to those of Spa.

*Special indications*: Anæmia, obesity, chlorosis, gravel.

*Doctor*: Dr. Massot.

**Bouquéron.**—France, Isère, near Grenoble, P. L. M. Railway *vid* Lyons to Grenoble.

Alkaline waters similar to those of Evian.

One of the best appointed hydrotherapeutic establishments. Terebinthine baths.

*Special indications*: Affections of the urinary organs, bladder, liver and kidneys.

**Bourasol.**—France, Haute Garonne, near Toulouse.

Ferruginous bicarbonate waters, 40° F.

**Bourbon l'Archambault.**—France, Department of Allier.

Bromo-iodurated saline waters, 125° F.; bicarbonate ferruginous magnesian waters, 120° to 160° F., highly gaseous.

*Special indications*: Scrofula, rheumatism, paralysis, nervous affections.

The bathing establishment is the property of the Government. There is a civil and military hospital.

*Doctor*: Dr. Regnault.

**Bourbon-Lancy.**—France, Saone and Loire; from Paris by Orleans and Lyons line, 10½ hours to Moulins.

Six thermal saline ferruginous springs, from 66° to 135° F.

*Special indications*: Scrofula, chlorosis, paralysis, syphilis.

These waters increase the mucous secretion, and when taken in large doses, are purgative. They are also tonic and alterative.

*Doctor*: Dr. Valentini.

**Bourbonne-les-Bains.**—France, Haute Marne, from Paris by East of France Railway to Mulhouse; 850 feet above the sea level.

Bromo-iodurated saline waters of 119°, 138° and 180° F.

*Special indications* : Scrofula, paralysis, rheumatism, catarrh of the stomach and constipation.

These bathing establishments are a striking exception to those generally met with at French watering-places. They leave much room for improvement in comfort and efficiency.

There are some fine promenades, and the excursions are very interesting.

*Doctor* : Dr. Bougard.

**Bourboule (La).**—France, Auvergne, Department of Puy de Dôme, from Paris, *via* Clermont-Ferrand and Tulle; 2,850 feet above sea level; 1,400 inhabitants. For routes see table.

Effervescent saline arsenical waters (28 milligr. arseniate of soda per litre), 140° F.

*Season* : 25th May to 30th September.

*Number of Visitors* : Above 6,000 annually.

*Special indications* : Anæmia, lymphatism, general debility, affections of the skin and respiratory organs, diabetes, rheumatism and intermittent fevers.

There are three bathing establishments thoroughly well fitted up and ably managed. They offer all the appliances of modern times: single sitz baths, general baths, steam baths, inhalation and spray rooms, douches of every description, shampooing, &c.

The waters keep well in bottle, and excellent results have followed their use at home. It is advisable to begin taking them before coming to La Bourboule for the cure; the usual dose is from  $\frac{1}{2}$  to 3 glasses a day, taken before breakfast, or with wine during that meal.

The country around La Bourboule is very mountainous, as may be supposed from its elevated position. It is situated in one of the most picturesque parts of Auvergne, and the excursions which may be made from it are very varied. There is a beautiful park, well suited for promenades.

The Casino is in course of construction; concerts are given daily; all sorts of amusements, including lawn tennis.

English Church service.

*Doctors* : Drs. Verité and Danjoy.

*Hotels* : The *Iles Britanniques* is a large first-class family hotel; in an excellent position, close to the establishment, table d'hôte and restaurant. J. Donneaud, proprietor.

The *Grand Hotel*, a first-class establishment, near the baths. A. Ferreyrolles, proprietor.

The *Hôtel de Paris*, a small, well-kept family hotel. A. Lequimme, proprietor.

The *Splendid Hotel et d'Angleterre réunis*. A private villa in the garden of the above hotel, containing 25 rooms, is let for the season; apply to the proprietor, A. Lemerle.

**Bourg d'Ault.**—France, Department of Somme.  
Sea baths, near Abbeville.

**Bourg d'Oisans.**—France, Isère.  
Cold indifferent waters.

**Bournemouth.**—England, Hants.  
Cold ferruginous waters and sea baths.  
Hydropathic establishment. A much frequented watering-place.  
Sandy beach five miles long.  
Especially recommended for chest and lung complaints. Several establishments for the treatment of consumption. The climate is dry and mild. Average rainfall 30 inches, and mean winter temperature 42° F.  
*Doctors* : Drs. Hirson and White.

**Bourtscheidt.**—Germany, adjoining Aix-la-Chapelle, and forming one town with it.  
Chloride of sodium and sulphurous waters, from 107° to 190° F.  
*Special indications* : Rheumatism, scrofula, syphilis and neuroses.  
*Doctors* : Drs. Lüth, Laaff and van Erkelenz.  
*Hotels* : *De la Rose, Charles, Newbath.*

**Braga.**—Portugal, Province of Minho.  
Sulphurous and ferruginous waters.

**Bramstadt.**—Germany, Holstein.  
Three springs; one saline, one sulphate of soda, and one chalybeate.

**Braque.**—Spain.  
Bitter waters, 55° F.; mineral muds.  
*Special indications* : Chronic skin diseases, scrofula, leucorrhœa, amenorrhœa, ankylosis and chronic effusions.

**Brâsa.**—Roumania.  
Saline sulphurous waters, 55° F.  
Little visited.

**Braunfels.**—Germany, Rhenish Prussia.  
Resinous steam baths.  
*Special indications* : Rheumatism, gout, chronic skin diseases, mucous discharges, especially in females; menstrual difficulties.  
The bathing arrangements are of a superior kind. Accommodation very good. The surrounding country is charming.



**Bray.**—Ireland, Counties Dublin and Wicklow.

Sea baths, sandy and gravelly beach.

There is also a mineral spring, which, however, is little used, its exact composition not being known.

*Doctor* : Dr. Ward.

**Bréb.**—Hungary, comitat of Marmarós, district of Sugutag.

Saline sulphurous waters, 60° F.

*Special indications* : Muscular contractions and gout.

**Bregenz.**—Austria, Tyrol, on the south-eastern shore of the Lake of Constance, 1,903 feet above the sea level. 5,600 inhabitants.

Climatic station in summer, with mild and equable air.

Chiefly a centre for excursions.

The old town is very interesting on account of its ancient buildings. It is surrounded by pine and beech forests, which fill the air with their odour.

Bathing establishment on the lake, near the "Reichstrasse." The walks in the immediate vicinity of the town are well kept and longer excursions of endless variety may be made. There is a museum in the Riedgasse, containing many interesting specimens of the fauna and flora of the districts, and many antiquities and prehistoric relics.

*Post Office* : Near the station and the Port.

*Telegraph Office* : Römerstrasse.

*Bookseller* : 'Tentsch Sohn.

*Doctors* : Drs. Bär, Von Honstetter, Müller and Heusler (Homœopath).

*Hotel* : The *Hotel d'Autriche* faces the landing-place of the steamers, and is near the station; a very comfortable hotel, and very central for excursions into the surrounding country. A. Thönen, proprietor.

**Bresigala.**—Italy, near Faenza.

Sulphurous waters.

**Brides.**—France, Savoy, 5 k. from Moutier; 1,750 feet above the sea level.

Alkali-saline springs, 85° F., with purgative and tonic action.

*Special indications* : Dyspepsia and stomach diseases.

*Doctors* : Drs. Desprez and Philbert.

**Bridge of Allan.**—Scotland, Stirlingshire.

Climatic station in summer; also saline waters at Airthree, 45° F.

*Special indications* : Stomach and liver complaints, skin diseases and scrofula.

Very many interesting excursions can be made in the environs. Picturesque site; climate mild and equable; air dry.

*Doctor* : Dr. Paterson.

**Bridge of Earn.**—Scotland, Perthshire, near Perth.

Highly effervescent saline waters, 45° F., at Pitkeathly.

*Special indications* : Plethora, calculus, syphilitic and liver affections.

*Doctor* : Dr. Laing.

**Bridlington-Quay.**—England, Yorkshire.

Sea baths and chalybeate waters.

Sandy and shingly beach, air pure and bracing.

*Doctor* : Dr. Hutchinson.

**Bridport.**—England, Dorsetshire.

Sea baths, firm, sandy beach, bracing climate; the bathing is, however, dangerous for non-swimmers.

*Doctor* : Dr. Evans.

**Brig.**—French Brigues—Switzerland, Canton of Valais, on the right bank of the Rhône, at the foot of the Simplon and Fourka Pass. For routes see table.

Sulphate of lime springs, 105° F. The waters are essentially similar to those of Leukerbad, but somewhat more potent.

*Special indications* : Blenorrhœa, constipation, chronic rheumatism and skin diseases.

Notwithstanding the proximity of glaciers, the climate is very mild, and in the valley even tropical fruits ripen. Visited so long ago as the fourteenth century, it has been neglected of late, owing to the proximity of Leuk.

*Hotel* : The *Hotel Crown* and *Post*. English Church service in the hotel during summer; carriages to be had in the hotel for excursions, and for Italy. Jos. Escher, proprietor.

**Brighton.**—England, Sussex.

The best sea-bathing place in the United Kingdom. In the neighbourhood is a sulphate of lime ferruginous spring.

*Special indications* : Anæmia, chlorosis, affections of the respiratory organs, skin diseases, scrofula, general debility, and nervous affections.

This bathing-place has risen steadily in public favour ever since George IV.'s visit, and has competed successfully with Bath in attracting fashionable and aristocratic society. The town offers every luxury and comfort. The climate is mild and very favourable to patients. Very little visited by foreigners. For persons subject to lung and throat affections the air is too bracing, although the temperature of the sea-water is from 60° to 65° F.

The warm baths, especially the large swimming baths, are used more than the open sea bathing. Indian shampooing baths have been erected by a native of India, and are replete with every luxury and comfort. They are, as regards the shampooing, very similar to Russian steam baths, but differ in that aromatic vapours are used instead of steam. Brighton is a well-known station for yachting and, in fact, for amusement of every kind.

*Doctors* : Drs. Addison, Barrett and Barker.

*Hotel* : *Grand*.

*Haxells*. Magnificent sea view facing the Aquarium ; excellent house, with moderate charges.

**Brindisi**.—Italy, Calabria, capital of Province of Brindisi.

Sea baths ; sandy beach.

The arrangements are very defective.

**Brixen**.—Austria, Tyrol, 30 m. from Brenner Pass.

Considered an air-cure station.

*Hotel* : *Elephant*.

**Brixham**.—England, Devonshire, near Torquay.

Climatic station. Season, October—April.

*Doctor* : Dr. Colston.

**Broadstairs**.—England, Kent, between Ramsgate and Margate.

Sea baths ; sheltered and sandy beach.

Climate healthy and bracing.

*Season* : June to October.

*Doctor* : Dr. Walter.

**Bronia**.—Italy, Tuscany, district of Montale.

Indifferent waters, containing chiefly sodium.

Little visited ; no bathing establishment.

**Broughty Ferry**.—Scotland, on the North Sea.

Sea baths.

The good establishments, comfortable accommodation, &c., attract large numbers of visitors.

**Brownstown Spa**.—Ireland, Kilkenny.

Ferruginous waters.

The bathing establishments are said to be the best in Ireland. The town of Killarney offers every comfort to visitors.

**Bruca**.—Italy, Sicily, near Catania.

Cold sulphurous waters.

Little used and no establishment.

**Brückenau**.—Germany, Bavaria, near Kissingen.

Chalybeate springs.

*Special indications* : Anæmia, uterine diseases, affections of the mucous membranes.

*Doctor* : Dr. Wehner.

*Hotels* : *Kurhäuser* ; all are under Government management.

**Brugheas**.—France, Allier, 6 k. from Vichy.

Bicarbonate of soda waters.

**Bruneval.**—France, Department of Seine Inférieure, from Paris and Les Ifs and Le Havre.

Sea baths ; sandy beach.

A quiet and aristocratic place.

**Brussa.**—Turkey, Asia-Minor, the second town in size of the Ottoman Empire.

Alkali, saline and sulphurous waters, varying in temperature from 55° to 170° F.

*Season* : All the year round.

*Special indications* : Skin diseases, gout, rheumatism, syphilis, ankylosis, chronic sores.

Brussa is the most interesting and cleanest city of the whole East. It is situated in the ancient Kingdom of Bythynia, in a very beautiful country at the foot of Olympus, 4,500 feet high. The most interesting object in the town is the baths ; as many as 3,000 springs are said to exist in and around the city.

Amongst the bathing establishments, "Ieni-Kaplıdscha" is the most interesting and best appointed, both in its interior and its architecture. It is generally called the "New Bath." The cisterns, basins, walls and seats are all of white marble ; light enters from cupolas. There are seven public baths, all fitted with such splendour and elegance, that this establishment may fairly be said to have no rival either in Europe or the East. The arrangements are, however, limited to the Turkish, i.e., perspiration baths.

The waters are exclusively used in bathing and are not taken internally.

Their high temperature and the steam in which the bather is enveloped during the whole process make these baths pre-eminently "Turkish" or "Steam baths." The greatest luxury is every where visible.

There are two or three other establishments with very good arrangements, and a large number of inferior ones.

**Brusznó.**—Hungary, District of Sohler.

Sulphate of soda waters, 45° to 50° F.

A much frequented watering place.

**Brüttalen.**—Switzerland, Canton Berne ; 1,300 feet above sea level.

Alkali saline ferruginous waters.

*Special indications* : Constipation, congestion, hypochondria, hysteria, jaundice.

**Bubendorf.**—Switzerland, near Basle ; 1,200 feet above the sea level.

Earthy waters.

A very good establishment, with sitz, shower and vapour baths.

**Buca dei Fori.**—Italy, Tuscany.

Sulphurous saline waters, 97° F.

No establishment. No accommodation.

**Buclesore.**—India, Bengal.

Springs forming a small sulphurous brook, 50° F.

**Bude.**—England, Cornwall, near Barnstaple.

Sea baths, sandy beach.

No bathing machines, caves in the rocks being used instead.

**Budimir.**—Austria, Bosnia.

Saline waters, of high therapeutic value.

Accommodation is only afforded in the Khan, a building in the style of an Eastern Karavanserai. Provisions must be brought by visitors.

**Budis.**—Hungary, comitat of Arva-Turóc.

Very strong alkaline chalybeate waters. Only used as table waters. Exported.

**Budleigh-Salterton.**—England, Devonshire, near Exmouth.

Sea baths, gravelly beach.

Air very pure. Climate mild but bracing.

Doctor: Dr. Mercer.

**Budos.**—Austria-Hungary, Transylvania.

Thermal sulphurous springs and sulphurous exhalations.

**Budosko.**—Hungary.

Sulphur waters, 40° F.

A popular bathing resort.

**Builth.**—Wales, Breconshire, 7 miles from Llandrindod.

Saline, sulphurous and chalybeate waters.

Doctor: Dr. Vaughan.

**Bujak.**—Austria-Hungary, comitat of Saròs.

Sulphurous waters, containing much free sulphur.

No establishment and no accommodation.

**Bulgneville.**—France, Vosges, near Contrexéville.

Mixed bicarbonate waters.

**Bullycome (Le).**—France.

Sulphate of lime waters, 145° F. This spring emits large quantities of carbonic and hydrosulphuric acid gases.

**Buncome.**—U.S.A., North Carolina.

Thermal sulphur springs, 95° F.

**Bundorran.**—Ireland, Donegal, near Enniskillen.

Sulphurous waters at Kinelough.

Sea baths, sandy beach, with excellent bathing.

Doctor: Dr. Flood.

**Buntschibad** or Weissenburg, Switzerland.—(*See* Weissenburg.)  
Alkali-saline waters.

**Burgbergheim**.—Germany, Bavaria, 20 k. from Anspach.  
Sulphate of magnesia waters.

**Bürgenstock**.—Switzerland, Lake of Lucerne near Stansstadt; 2,650 feet above sea level.

Climatic air cure station; milk and whey cure; hydropathy.

*Season*: June—September.

*Special indications*: Debility resulting from mental over-exertion, anæmia, chronic non-inflammatory lung complaints, disorders of the digestive organs, nervous affections, especially hypochondria and hysteria, asthma.

The air is buoyant, mild and equable. The situation is one of the most charming in Switzerland. The vegetation is luxurious, and the hills are covered with pine, hazel and chestnut trees. The views from the hotel and hills above are unsurpassed, and leave an enduring impression on the traveller. During the season balls and concerts are frequently given. Numerous and interesting excursions may be made. There is a resident physician.

Post and Telegraph Office in the hotel.

*Hotel*: The *Bürgenstock Hotel* is one of the best managed houses in Switzerland. Pension for a prolonged stay. It has its own dairy. Bucher-Dürer, proprietor, also of the *Hotel de l'Europe*, Lucerne, and *Grand Hotel*, at Pegli.

**Burnham**.—England, Somersetshire, on the Bristol Channel.  
Saline ferruginous waters; sea baths and fine sandy beach.  
*Doctor*: Dr. Matthews.

**Burrone**.—Italy, Tuscany, near Arceno.  
Ferruginous bicarbonate waters, 40° to 45° F.

**Buschbad**.—Germany, Saxony.  
Cold sulphurous springs.

**Busignargues**.—France, Department of Hérault.  
Ferruginous bicarbonate waters, 40° F.

**Busk**.—Russia, Poland, near Krakau.  
Saline, sulphurous, acidulous waters, 45° F. Three springs.  
*Special indications*: Disorders of liver and spleen, mercurial intoxication, chronic rheumatism.

**Bussang**.—France, Vosges; from Paris to Epinal by East of France railway, 11½ hours. 47 fcs. 80 c. 1st class.  
Ferruginous bicarbonate waters, for table and bath use.

**Butterby.**—England, 2 miles from Durham, on the river Wear.

Saline and sulphurous waters, 50° F.; there is also a bicarbonate of lime spring.

*Special indications* : For the sulphurous waters, skin diseases, scrofula, rachitis; for the bicarbonate spring, kidney and bladder affections.

A picturesque site, with mild climate.

**Buyères de Nava.**—Spain, Province of Oviedo, at the foot of the Peña Mayor, on the left bank of the Pla.

Sulphurous and carbonate of lime waters, 62° F.

Little frequented.

**Buxton.**—England, Derbyshire, by London and North Western Railway to Stockport, 5½ hours by express, 29s., 1st class; from Stockport to Whaleybridge, 35 minutes, 2s. 3d., 1st class; from Whaleybridge by carriages to Buxton, 30 minutes.

Carbonate of lime waters, 66° F.

*Special indications* : Anæmia, chlorosis, affections of kidney and bladder, blennorrhœa, eczema, chronic diarrhœa, chronic sores, &c.

The environs are very picturesque. Many old castles are still existing in the neighbourhood, such as Chatsworth, Haddon Hall, Old Hall, &c.

*Doctors* : Drs. Bennet and Turner.

**Buzias.**—Hungary, District of Temesvar.

Five springs, all cold, containing chloride of sodium, iron, carbonic acid, &c.

*Special indications* : Scrofula and failing vitality.

Buzias is one of the best frequented stations in Hungary.

**Buzot.**—Spain, Province of Alicante, 2 hours from Alicante.

Sulphate of magnesia springs, 100° F.

*Special indications* : Rheumatism, herpes, &c.

There are natural sweating baths at Buzot.

**Bykowicz.**—Russia, Ukraine, Government of Charkow, district of Isumicz.

Alkali-saline waters. Very powerful, and used chiefly for exportation.

**Cabeça-da-vida.**—Portugal.

Bicarbonate of soda waters, 68° F.

*Special indications* : Diabetes.

**Cabourg.**—France, Department of Calvados.

Sea baths; good beach.

A fine casino, and well frequented station.

**Caccio Cotto.**—Italy, Tuscany, district of Volterra, on the northern slopes of Monte Cerboli.

Sulphurous-alkaline waters, 80° to 90° F., containing much sulphur.

A large and elegant bathing establishment, with hotel adjoining.

**Cadéac.**—France, Department of Hautes Pyrénées.

Cold sulphurous waters.

*Special indications* : Rheumatism, anæmia.

*Doctor* : Dr. Fontau.

**Cadenabbia.**—Italy, Lake of Como.

A transitory climatic health resort.

Very pure and healthy air.

**Cadiz.**—Spain, on the Straits of Gibraltar.

Sea baths ; indifferent beach.

The establishments are fairly well arranged.

**Caille (La).**—France, Savoy, near Annecy.

Sulphate of lime waters, 72° F.

*Special indications* : Struma, herpes and rheumatism.

**Cairo.**—Capital of Egypt.

A winter station ; much resorted to by sufferers from diseases of the chest owing to the dryness of its air. A very interesting town.

*Doctor* : Dr. Williams.

*Hotel* : The New Hotel.

**Calais.**—France, Department of Pas de Calais, 23 m. from Dover.

Sea-baths.

Calais is a neat little town, built in the shape of an oblong parallelogram. It has wide streets, with houses built mostly of brick.

*Post and Telegraph Office* : Rue des Thermes.

*Doctor* : Dr. Daringhem.

*Hotels* : The *Hôtel Dessein* is a good old first-class hotel for families, well situated and thoroughly well managed.

The *Hôtel de Londres*, a good second-class house in close proximity to the railway station. Sainsard, proprietor.

**Caldanella di Campiglia.**—Italy, Tuscany.

Saline waters.

**Caldanicia.**—France, Corsica.

Sulphate of soda waters, 90° F.

*Doctor* : Dr. Rocca Tartarini.



**Caldas da Nossa Senhora do Pronto.**—Portugal, Province of Beira.  
Sulphurous waters, from 80° to 90° F.

**Caldas de Besaya.**—Spain, Province of Santander.  
Saline springs, containing chlorides, 90° to 95° F.  
*Special indications* : Rheumatism.

**Caldas de Bóhi.**—Spain, Province of Lérida.  
Thermal springs, 100° to 110° F.  
Composition various, chiefly sulphate of lime.

**Caldas de Cuntis.**—Spain, Province of Pontevedra.  
Twenty sulphate of soda springs, from 95° to 145° F.  
*Special indications* : Herpes and rheumatism.

**Caldas de Estrac.**—Spain, Province of Barcelona.  
Saline springs from 95° to 105° F.  
*Special indications* : Rheumatism and gravel.

**Caldas de Geres.**—Portugal, Province of Entre Douro and Minho.  
Sulphurous waters, 110° to 115° F.

**Caldas de Malavella.**—Spain, Province of Jiron.  
Alkaline waters, 145° F.  
*Special indications* : Rheumatism and paralysis.

**Caldas de Mombuy.**—Spain, Province of Barcelona.  
Saline waters, from 145° to 160° F.

**Caldas de Oviedo.**—Spain, Province of Oviedo.  
Carbonate of lime waters, containing nitrogen.  
*Special indications* : Pulmonary catarrh, consumption, rheumatism.

**Caldas de Raina.**—Portugal, Province of Estremadura.  
Saline waters, 80° F. One of the most frequented of Portuguese watering places.

**Caldas de Reyes.**—Spain, Province of Pontevedra.  
Sulphate of lime waters, 80° F.  
*Special indications* : Rheumatism, paralysis, and herpes.

**Caldas de Tuy.**—Spain, Province of Pontevedra, Galicia, on the Minho.  
Sulphurous-saline waters, 112° F.  
*Special indications* : Rheumatism.  
The establishment is fairly well appointed, and the site charming.

**Caldas Novas.**—South America, Brazil, near Santa Cruz.  
Thermal waters.

**Caldieri.**—Italy, between Vicenza and Verona.

Alkali-saline waters, 75° to 80° F.

*Special indications* : Constipation, obesity, liver and spleen disorders.

A very picturesque site, with many excursions. The springs are surrounded by walls, and form a small lake. No accommodation, and but few visitors.

**Caldillas de San Miguel.**—Spain, Province of Salamanca.

Saline waters, 65° F.

**Caldini.**—Italy, Tuscany.

Effervescent alkaline ferruginous waters, 90° to 95° F.

No establishment.

**Calliano.**—Italy, Piedmont.

Sulphate of lime waters, 40° F.

**Calliarhoë.**—Palestine, North of the Dead Sea.

Thermal sulphurous waters.

*Special indications* : Elephantiasis.

**Calvello, or Acqua dei Poggetti.**—Italy, Tuscany, in the valley of the Ombrone,

Effervescent alkaline waters, 90° F.

The country all around is barren and uncultivated. The springs are little used, and that only by the surrounding inhabitants, as a protective against malaria.

**Calw.**—Germany, Württemberg.

Sulphurous ferruginous waters.

A small drinking establishment.

Very little known.

**Camarès.**—France, Department of Aveyron, near Sylvanès.

Alkali-saline-ferruginous waters. Exported.

There is a good establishment and comfortable accommodation.

**Cambo.**—France, near Bayonne.

Sulphurous and ferruginous waters, 50° to 55° F.

*Special indications* : Constipation, scrofula, and atonic ulcers.

*Doctor* : Dr. Lescamel.

**Camoins.**—France, Bouches du Rhone, near Marseilles.

Sulphate of lime springs, 35° to 45° F.

**Campagne.**—France, Department of Aude, near Lemoux.

Two ferruginous springs, from 60° to 70° F.

*Special indications* : Dyspepsia, intermittent fever.

**Campbelltown.**—Scotland, Argyllshire.

Sea baths.

Much frequented on account of its mild climate and well-arranged establishments.

**Canal-grosso.**—Italy, Tuscany, one hour from Calice.

Saline sulphurous waters, 50° F.

A small bathing establishment.

**Canaveilles, or Grans d'Olette.**—France, Department of Pyrénées Orientales, near Prades.

Sulphate of soda waters, 130° F.

**Candé.**—France, Department of Vienne, near Loudun.

Waters contain sulphate of iron and silica (0.2988 siliceous acid). Their action is laxative, resolvent, tonic and diuretic.

**Candin.**—Spain, Province of Leon.

Bicarbonate of iron waters: action purgative.

**Canena.**—Spain, Province of Jaen.

Bicarbonate of iron waters.

**Canillejas.**—Spain, Province of Madrid.

Saline waters.

**Cannes.**—France, Department of Alpes Maritimes, on the Bay de la Napule, 19,000 inhabitants. For routes see table.

Winter station of first importance. Climate tonic and stimulating near the sea; sedative in the direction of Le Cannet and at other points removed from the sea. Sea baths in spring.

*Season:* October till May.

*Number of Visitors:* Above 16,000 annually—6,000 being the average number staying at any given time.

*Special indications:* Nervous debility, anæmia, chlorosis, phthisis, laryngitis, pharyngitis, rheumatism, paralysis, gout and diabetes.

The climate of Cannes is more stimulating and invigorating than that of either Mentone or San-Remo. The air is very dry and fogs are rare. The mean winter temperature is 50° F.; but from 10 a.m. to 3.30 p.m., on even the coldest day, the thermometer never falls below 55° F. Humidity of air is 65%; mean rainfall, 88; mean barometric pressure, 760 mm. Rainy days during season (seven months), 44; sunny days, 108. Snow is exceptionally rare, and remains only for a few hours even in the coldest winters. Cannes is one of the least windy stations of the Riviera.

The reputation of Cannes as a winter resort has been made since 1830—at least from an English point of view—when

Lord Brougham fixed his residence here. A few English families soon followed, and made the place known. To-day the original town is surrounded for a radius of three miles by villas, with beautiful gardens. One of the most fashionable quarters is still the West-end, with Lord Brougham's villa. The East-end, with some very extensive gardens, is newer, but has also some magnificent residences, amongst which the Chateau Scott may be especially mentioned. Both quarters are in partial proximity to the sea. Towards Le Cannet is the inland quarter, and that is the more sheltered of the two as regards atmospheric disturbances. The west and the extreme east are on porphyry soil, which retains the heat much further into winter, and consequently produces earlier vegetation in spring.

Cannes, in a word, may be said to be the "*pied à terre*," during winter, of the English and French aristocracy. They have given the town a peculiar position among Mediterranean stations. No fewer than 80 English families hold property in the locality, and every year sees an increase in their number.

The drinking water has become excellent since the construction of the Siagne canal. The drainage, a sore point of late years, has been the object of considerable attention, both from the municipality and the medical faculty. These bodies, fully aware of the importance of the matter, have combined, with the assistance and advice of Captain Douglas Galton, in subjecting it to very material improvements, so that before long the drainage of Cannes will be as perfect as that of any English town.

The environs of Cannes are very interesting, and excursions to the Esterel mountains, the Lerins, &c., are well worth making. Amusements are not in general of a public character, but are, to a great extent, confined to family parties and *soirées*, and, in these respects, Cannes has no rival on the Riviera.

*English churches*: Christ Church, at the West-end; Holy Trinity, at the East-end; and St. Paul's, on the Boulevard du Cannet.

*Post and Télégraph office*: Rue Bossu.

*Estate Agents and Bankers*: John Taylor & Riddett, 43, Rue Fréjus, wine merchants. Established 1864.

*Dentist*: A. Preterre.

*English bookseller*: Fotheringham, 59, Rue d'Antibes.

*Chemist*: Isaac B. Ginner, 40, Rue d'Antibes.

*Bankers*: Crédit Lyonnais, Boulevard de la Croisette.

*Doctors*: Drs. Frank, Williams, Bright, de Valcourt, Battersby, Stephens, Whitely and Guimbert.

*Hotels*: The *Beausite*, and *Esterel* hotels, 300 rooms, beautifully situated in an extensive garden; first-rate lawn tennis ground. Geo. Gougoltz, proprietor.

The *Hôtel Continental* is a large and first-class house, with

a winter garden, beautifully situated, overlooking the bay. A sumptuous establishment. Chas. Bodemer, manager.

The *Hotel de la Californie*; first-class house; extensive view from its large gardens. A. Chabassière, proprietor.

**Cannstadt.**—Germany, Württemberg, near Stuttgart; 750 feet above the level of the sea.

Forty different springs of saline and chalybeate waters, 50° F. These waters are stimulating, laxative, tonic, and diuretic.

The climate of the valley of Cannstadt is mild and equable. Accommodation good.

*Special indications*: Anæmia and general weakness of the digestive organs.

*Doctors*: Drs. Loh, Ebner, Pantlen, Rühle and Verel.

*Hotel*: Grand Hôtel Herman.

**Caprenne.**—Italy, Tuscany, district of Castiglione Ubertini.

Ferruginous alkaline waters, 50° F.

No bathing arrangements, and the waters are used only in a primitive fashion by the surrounding peasantry.

**Capri.**—Italy, island in the Bay of Naples.

Winter station.

Air very pure and healthy.

*Special indications*: Bronchitis, phthisis, chronic pneumonia.

*Doctor*: Dr. Cerio.

*Hotels*: Quisisana, de France.

**Caprifico di Valaspra.**—Italy, Tuscany, between Casale and Fercole.

Alkali-saline-ferruginous waters, 50° F.

A very rough and barren country. No establishments.

**Capvern.**—France, Hautes Pyrénées. From the station to the establishment  $\frac{1}{2}$  hour by omnibus. For routes see table.

Sulphate of lime waters, from 55° to 60° F.

*Special indications*: Gravel and gout.

*Doctor*: Dr. Delfau.

*Hotel*: The Grand.

**Carbagnal.**—Spain,  $\frac{1}{2}$  hour from Valencia.

Sea baths, sandy beach.

The most fashionable of Spanish sea bathing places. What Biarritz was under the Second Empire, Carbagnal is to-day in Spain. The baths form but a minor feature, fashionable people and elegant toilettes being the main attractions.

**Carballino.**—Spain, Province of Orense.

Thermal waters, containing sulphate of soda, 80° to 85° F.

**Carconières.**—France, Department of Ariège, near Foix.

Thirteen sulphate of soda springs. The management of these springs is by no means perfect.

**Carlsbrunn.**—Austria, Silesia, near Freudenthal and Troppan; 2,380 feet above sea-level.

Highly effervescing, ferruginous manganese waters, 45° F.; climatic station.

*Season* : June, September.

*Special indications* : Debility of the male and female sexual organs, sterility, impotence, affections of the brain due to over-work.

The situation is romantic and charming. Vegetation very luxuriant. The accommodation and bathing establishments are well up to the level of modern requirements.

*Doctor* : Dr. Steinschneider.

**Carnarvon.**—Wales, Carnarvonshire.

Sea baths, sandy beach.

*Doctor* : Dr. Davies.

**Carratraca or Ardales.**—Spain, Province of Málaga.

Sulphurous waters, 45° F.

*Special indications* : Skin diseases and affections of the respiratory organs.

A delicious climate, fine situation but imperfect arrangements.

**Carteret.**—France, Department of La Manche, from Paris *via* Valognes.

Sea-baths; sandy beach.

**Casale.**—Italy, Tuscany, valley of Cecina, near Bibbona.

Acidulous bitter waters. Exported.

*Special indications* : Affections of the urinary system, congestions of the head, giddiness, noises in the ears, deafness, affections of the eyes and chest, palpitation, dyspnoea, liver and spleen complaints, hypochondriasis and hæmorrhoids.

**Casamicciola.**—Italy, Island of Ischia.

Indifferent waters of Gurgitello, 100° to 160° F.

Climatic station.

*Season* : May—September.

*Special indications* : Diabetes, nervous complaints, scrofula.

*Doctor* : Dr. Reitemeyer.

The bathing establishment and whole town have been completely destroyed by the earthquake of July, 1883.

**Casa Nuova.**—Italy, Tuscany, near Triana.

Sulphurous waters, 50° F., with traces of iron.

No arrangements whatever for visitors.

**Casares.**—Spain, Province of Málaga, three hours from Gibraltar.

Effervescent sulphurous saline waters, 55° F.

There is an hospital, and also some bathing establishments, but they are wholly devoid of comfort. Another serious drawback to the growth of the town is the bad roads and inferior means of communication.

**Casa-Stronchino.**—Italy, Tuscany, valley of Modigliano.

Saline bromo-iodurated waters, 49° F.

Very strongly mineralised, and only used externally. Poor accommodation.

**Casciani.**—Italy, Tuscany, Val d'Elsa, district of Montajone.

Sulphurous alkaline waters, 55° F.

Only used internally; they cannot be exported, as they soon become turbid.

**Casino-delle Currigliane.**—Italy, Val d'Arno, near Pontedera.

Saline waters, containing such large quantities of chloride of calcium that they can be used only externally.

**Casiola.**—Italy, Tuscany, near the sources of the Magra.

Sulphurous-saline waters, 45° F.

The bathing establishment is in good condition, but visitors must not expect too much in the way of accommodation.

**Casnefouls.**—France, Department Aveyron.

Strong bicarbonate of iron waters.

**Castel-Connell.**—Ireland, Limerick and Tipperary.

Strong chalybeate waters.

*Special indications:* Jaundice, bilious disorders, ulcers.

*Doctor:* Dr. Ryan.

**Castel-Doria.**—Island of Sardinia, near Busachi.

Sulphate of lime waters, 160° F.

**Castel-jaloux.**—France, Department Lod and Garonne, near Neyrac.

Bicarbonate of iron waters.

**Castellamare di Stabia.**—Italy, Province of Naples, on the southern coast of the Bay of Naples, looking northwards. 45 minutes by rail from Naples; 29,000 inhabitants. For routes see table.

Autumn and winter station. Sea baths. Cold chloride of sodium, bitter and sulphurous chalybeate waters.

*Seasons:* Sea and mineral bathing, principally from May till October. Winter season, October—April; the bathing establishments are open all the year.

*Number of visitors:* More than 10,000 visitors are reported annually.







*Special indications:* Obstructions of the liver and spleen, affections of the mesenteric glands, biliary and vesical calculi, jaundice, dropsy, hæmorrhoids, chronic ophthalmia, herpes, catarrh of the digestive organs, hypochondriasis, urinary calculi, vesical catarrh, scrofula, lymphatism, congestion of the uterus, leucorrhœa, blenorrhœa, &c.

Castellamare, built upon the ruins of the ancient Stabia, is beautifully situated at the foot of Monte St. Angelo, overlooking the Bay of Naples, Ischia and Capri. Pliny died here, 79 A.D. It has been recognised from very early times as a place of residence for sufferers from affections of the respiratory organs. Summer, spring and autumn are very dry, but the winters rather damp. As an illustration of the health-giving power of its climate, may be mentioned the fact that Ferdinand I., of Bourbon, caused a castle to be built here, which he named "*Qui si sana.*" The Bosco di Quisisana, or park surrounding this villa, has delightful walks and is beautifully laid out. It is open to visitors. The view from the terrace is charming.

Owing to its being open to the north wind, the hottest days in summer are as cool as October days in Naples. The winter is mild. The sea and well-wooded slopes of Monte St. Angelo render the atmosphere of Castellamare tonic and stimulating. The town was called Stabiæ as late as 1226, when Charles I. of Anjon built two castles close to the sea for purposes of defence, since which it has received its present name. The town consists principally of one main street, running for almost four miles along the sea, with a second one parallel to and behind it.

Numerous excursions can be made in the neighbourhood. The ascent of Monte St. Angelo, 5,000 feet high, and clothed almost to the summit with chestnut trees, is one of the most interesting. From the top a view of the whole bay and surrounding country is obtained (4 hours); 1½ hours to Sorrento; 20 minutes to Pompeii; 45 minutes to Naples; 1½ hours to Salerno; 3½ hours to Pæstum, and 3 hours to Amalfi. Any special information which may be required will readily be given by the Mayor of the town.

*Amusements:* Theatre Principe Umberto; three clubs (Union, Nazionale, dell' Independencia); public gardens, with daily orchestra; "Stabia Hall," the rendezvous of society, with Theatre, Ball, Concert, and Reading, Card, and Refreshment rooms; a verandah towards the sea, boating and fishing.

*Post and Telegraph Office:* Town Hall, see plan.

*Bankers:* National Bank, Corso Vittoria Emmanuele 18.

*English Church in Winter:* Rev. D. Clark.

*House and Estate Agent:* Giornale di Stabia, Corso Vittoria Emmanuele.

*Bookseller* : Canzanella, largo Municipio, 5.

*Doctors* : Drs. Gentile, Somma, Scherillo and Fusco.

*Hotels* : *Hotel Quisisana* ; *Hotel Stabia*.

**Castelletto-Mascagni.**—Italy, Tuscany.

Bicarbonated, sulphurous and earthy waters, 55° F.

Only used externally ; accommodation poor.

**Castelletto d'Orba.**—Italy, Piedmont, Province of Acqui.

Sulphurous alkaline waters.

**Castelnuovo.**—Italy, Piedmont, near Asti.

Sulphurous and iodine waters ; the richest in iodine of any of the Piedmont springs.

**Castel San Pietro dell' Emilia.**—Italy, Province of Bologna, one hour from Bologna, carriages and omnibuses at the station.

Three springs of ferruginous, sulphurous and saline waters, 75° to 85° F. Natural steam baths.

*Season* : July—August.

*Special indications* : Chlorosis, anæmia, rheumatism, stomachic and intestinal disorders.

The establishment is deficient in comfort, but efforts have lately been made to put it on a better footing. There are some well-appointed hotels in the town. The country around is romantic, and abounds in well-kept walks.

Post and telegraph office, theatrical performances and concerts.

*Doctors* : Drs. Nella and Gatti.

**Castenar dei Bor.**—Spain, Province of Caceres.

Sulphate of iron waters. Mixed waters, 45° F.

**Castera-Verduzan.**—France, Department of Gers, near Auch.

Sulphate of lime springs, 60° F. ; one is a cold chalybeate spring.

*Doctor* : Dr. Dupeyron.

**Castiglione.**—Italy, island of Ischia, near Casamicciola.

Saline waters, 175° F.

Only used internally. Very fine bathing establishments existed here in ancient times, as is shown by their ruins.

**Castro-Caro.**—Italy, Province of Florence. Rail to Forlì, thence one hour's drive. Omnibus, 2 fcs. each person. Carriages, one horse, 5 fcs ; two horses, 7 fcs.

Saline-iodo-brominated waters, very rich in iodine. In this respect, indeed, they may be placed first among European iodinated waters. Douches, sitz, shower and steam baths, and inhalations.

*Season* : June—September ; but open all the year round.

*Special indications* : Goitre, scrofula, rhachitis, obesity, diseases of the female organs.

Two establishments, with all modern appliances, afford comfortable accommodation at a pension of 7 fcs. per diem.

The village has 2,000 inhabitants, and is charmingly situated. Mild and healthy climate. The variety of amusement which forms the great attraction of many other bathing-places is not to be found here, but instead, the quietude and repose which are so valuable in restoring health when shattered by city life. The number of visitors is very considerable.

**Catania.**—Italy, Sicily, on the east coast.

A winter station of first importance.

Ferruginous waters at Paterna.

*Season* : Middle of November till end of March.

Mean temperature in winter, 55° to 60° F. ; mean dampness, 72.5 m. ; amount of rainfall, 42.5 ; rainy days during season, 42 ; cloudless days, 103 ; air dry. The thermometer never falls below freezing point.

The refuse of the town is emptied into the sea. The smells are intolerable, and the sanitary condition of the place very defective. Visitors generally reside at the back of the town.

*Doctor* : Dr. Joris.

**Catena.**—Italy, Tuscany, between Pisa and Florence, on the Evola.

Alkali-saline waters, 55° to 60° F. Only used for baths.

**Cati.**—Spain, near Castellon de la Plana.

Carbonate of lime waters, 45° F.

**Cattenaja.**—Italy, Tuscany, district of Subiaco.

Highly effervescent ferruginous waters, 55° F.

No establishments and no accommodation.

**Cauterets.**—France, Hautes Pyrénées, near Pierrefitte-Nestalas ; 3,050 feet above sea level. For routes see table.

Numerous sulphate of soda springs, 55 to 145° F.

*Special indications* : Catarrh of the respiratory tract, skin diseases, uterine affections, scrofula.

The inexhaustible resources of Cauterets have made it one of the most largely visited stations in the Pyrénées.

*Doctor* : Dr. Duhoureaux.

*Bookseller* : A. Pazaux.

*Hotels* : De France.

**Cauvalat-le-Vigan.**—France, Department of Gard ; 700 feet above sea level.

Sulphate of lime springs.

*Doctor* : Dr. Champrier.

**Cave.**—Italy, Tuscany, district of Vico Pisano, near Oliveto.

Earthy saline waters, 86° F., highly effervescent.

*Special indications*: Disorders of the urinary organs, gravel, calculus, chronic rheumatism, gout, skin diseases.

**Caxamarca.**—South America, Peru.

Thermal waters, not yet analysed.

It was at these baths that the Inca Atahualpa had fixed his residence when Pizarro first appeared in Peru.

**Cayeux.**—France, Department of Somme, near Valéry sur Somme.

Sea baths, sandy beach; very quiet place.

**Cayla (La).**—France, Department of Aveyron, near Andabre.

Cold bicarbonate of iron waters.

*Doctor*: Dr. Martin.

**Caz-di-Bagno.**—Italy, Veltelino, valley of Masino.

Sulphurous alkaline waters, 95° F.

The bathing establishment is old-fashioned, and the place but little visited.

**Cecinella.**—Italy, Tuscany.

Sulphurous ferruginous waters, 55° F.

No bathing establishments, and waters used only by the surrounding peasantry.

**Cedres (Sources des).**—France, Algiers, Department of Oran.

Sulphate of iron waters.

**Cefalu.**—Italy, Sicily, 12 miles from Sciafani.

Acidulous bitter waters, 135° F.

Very efficacious, though but little used.

**Celles.**—France, Department of Ardèche, near Privas.

Four bicarbonate springs, from 40° to 60° F. One sulphate of iron spring. Carbonic acid gas is here employed in douches and inhalations.

**Cerresoles.**—Italy, Piedmont.

Bicarbonate of iron waters, very rich in carbonic acid.

**Cesalpine.**—Italy, Tuscany, near Arezzo Val di Chiana.

Ferruginous waters, 55° F.

**Cestona-guezalaga.**—Spain, Province of Guipuzcoa.

Saline springs, rich in nitrogen. Tonic and laxative.

*Special indications*: Dyspepsia and gastric catarrh, sciatica, hypochondriasis.

**Cetona.**—Italy, Tuscany, near Chiusi.  
Ferruginous waters, 55° F.

**Ceylon.**—Island of.  
Several thermal springs, from 90° to 100° F., composition unknown.

**Chabetout.**—France, Puy de Dôme, near Issoire.  
Bicarbonate of iron waters.  
Mineral constituents, 3 grammes.

**Chaldette (La).**—France, Lozère, near Chaudes-aigues.  
Saline waters, 95° F.  
A very good establishment, but the accommodation is indifferent.

**Challes.**—France, Savoy, near Chambéry,  $\frac{1}{2}$  hour from Aix-les-Bains.  
Cold sulphurous iodurated waters.  
These waters are frequently prescribed by medical men at Aix-les-Bains, as adjuvants to those of Aix. They have proved specially useful in scrofula and syphilis, as also in locomotor ataxy.  
*Doctor : Dr. Cazalis.*

**Chambon.**—France, Department of Puy de Dôme, near Ambert.  
Cold mixed bicarbonate waters.

**Chamounix or Chamonix.**—France, Upper Savoy, at the foot of Mont-Blanc; 3,450 feet above sea level; 4,500 inhabitants. For routes see table.

Climatic mountain air station and holiday resort; some earthy waters and the whey cure.

*Season : July 1st—September 15th.*

Number of visitors about 20,000 annually.

Chamounix, since the fire of 1855, is quite a new place, with Museum, bathing establishment, and a handsome church. The scenery is some of the grandest, if not the grandest in Switzerland. The town is the starting point for almost all ascents up Mont Blanc. Excursions to the Montanvert, Jardin and Mer de Glace, the Flégère, Brevier, and Glacier des Bossons, Tête Noir, Col du Géant and Martigny.

The new Casino, opened recently, contains ball, concert, theatre, card, reading and smoking rooms.

*English church.*

*Post and Telegraph office.*

*Photographs, Bookseller and curiosity shop : Jos. Paccard, Magasin des Souvenirs, route de Genève.*

*Doctor : Dr. Duchosal.*

*Hotels : The Hotels de Londres et d'Angleterre, first-class, well appointed for families. T. Crepaux fils aîné, proprietor.*

The *Alpine Club Hotel et Pension Union*, an excellent house, open all the year. Edw. Jutz, director.

The *Hotel et Pension Couttet* is a very comfortable hotel; the proprietor, Francois Couttet, known as "Baguette," is an old guide, and has made the ascent of Mont Blanc 27 times.

The *Hotel de la Couronne* at Argentières, one hour from Chamounix is a modest house, well situated for excursions, and faces the Glacier of Argentières. J. Tissay, proprietor.

**Champoleon.**—France, Department of Hautes Alpes, near Embrun.  
Sulphate of lime water.

**Chapelle-Godefroy (La).**—France, Department of Aube, near Nogenton, left bank of the Seine.  
Cold bicarbonate of iron water, 6 grs. of mineral constituents.

**Charbonnières.**—France, Rhone, near Lyons.  
Cold bicarbonate of iron, sulphurous and iodurated waters.

**Charlottenbrunn.**—Germany, Silesia, district of Breslau; 1,300 feet above sea level.  
Cold bicarbonate of iron waters.  
*Doctors:* Drs. Bujakowsky and Neisser.  
*Hotel:* Kurhaus.

**Charlottenburg.**—Germany, Prussia, Province of Brandenburg, half-an-hour from Berlin.  
Earthy, saline and ferruginous waters. Hydropathic establishment. Open all the year round.

**Chateau-Gontier.**—France, Mayenne.  
Effervescent ferruginous waters.

**Chateauneuf.**—France, Department of Puy de Dôme, near Riome; 1,200 feet above sea level.  
Cold, tepid and warm ferruginous waters; 14 springs, varying from 40° to 110° F. Their composition is similar to that of the springs of St. Alban.  
*Special indications:* Dyspepsia, scrofula, rheumatism.  
*Doctor:* Dr. Rainvillers.

**Chateldon.**—France, Department of Puy de Dôme, near Thiers and Vichy.  
Cold bicarbonate of iron waters; five springs, containing 3, 4 and 5 grs. of mineral constituents.  
*Special indications:* Dyspepsia.

**Chatel-Guyon.**—France, Puy de Dôme, near Riome.  
Saline and ferruginous waters.  
Seven springs, from 55 to 110° F.  
These waters are slightly purgative.  
*Special indications:* Liver complaints, splenic and glandular derangements.

**Chatenois.**—Germany, Alsatia, near Schlettstadt.

Cold saline waters, 7 gr. of mineral matter, very similar to the waters of Niederbronn; traces of arsenic and fluoride have been found in them.

*Doctor* : Dr. Levy.

**Chaufontaine.**—Belgium, near Liège.

Thermal springs, assimilating to those of Spa, 80° to 90° F.

A charmingly situated quiet little place, with a great variety of excursions. The country around is very picturesque.

**Chaudes-Aigues.**—France, Department of Cantal, near St. Flour.

Alkaline waters, containing iron, sulphur and arsenic. Several hyperthermal springs, from 135° to 195° F.

*Special indications* : Articular rheumatism, and generally similar to those of Bourbon Lancy.

**Chaumont.**—France, Department of Marne and Loire.

Cold bicarbonate and other waters.

**Chaves.**—Portugal, Province of Traz-os Montes.

Thermal sulphurous spring, 135° F.

**Chazam.**—Algiers, Province of Oran, near Mostanagem.

Saline waters.

**Cheltenham.**—England, Gloucestershire, by Great Western Railway from London.

Several springs, saline and sulphurous, sulphate of magnesia, mixed saline, carbonate and chalybeate waters. Climate mild and agreeable.

*Season* : November to April.

*Special indications* : Anæmia, dyspepsia, abdominal obstructions and hepatic enlargement.

The bathing establishments and assembly-rooms are justly renowned for their elegance and comfort. They are some of the best, if not the very best, in England.

The town is laid out in boulevards, crescents and squares, planted with fine trees. It more resembles a collection of country seats than a town in the general sense of the word.

*Dentist* : Mr. Cull.

*Doctors* : Drs. Abercrombie, Bennett and Cottle.

*Hotels* : Royal, Queen, Belle Vue.

**Chemille.**—France, Department of Marne and Loire.

Ferruginous waters little known.

**Cherbourg.**—France, Department of La Manche.

Sea baths; sandy beach.



**Chianciano.**—Italy, Tuscany, District of Montepulciano, in the valley of the Chiana Railway from Siena to Rome,  $\frac{1}{2}$ -hour's carriage from Asciano; 1,850 feet above sea level; 3,500 inhabitants. For routes see table.

Sulphurous waters,  $100^{\circ}$  F.; ferruginous effervescent waters,  $45^{\circ}$  F.; alkaline, acidulous waters,  $85^{\circ}$  F.; hydropathic establishment and cool and delightful climatic station in summer.

*Season* : June to September.

*Special indications* : Disorders of liver, spleen, stomach and intestines, for the alkaline waters; anæmia, atonic sores, chronic catarrh of the mucous membranes, difficult menstruation, leucorrhœa and convalescence for the ferruginous; catarrhal affections of the respiratory organs, bronchial catarrh, scrofula, rheumatic paralysis and skin diseases, fractures, anchylosis and paraplegia for the sulphurous waters.

Chianciano is situated in a delightful valley, about half-an-hour from Chiusi. The environs offer a great many attractions with numerous walks and drives.

Carriages attend the trains during the season. Post and Telegraph Office. All applications should be directed to Luigi Innocenti, lessee of the baths, who gives information gratis. The waters are to be had at all the best hotels and mineral water merchants throughout Italy.

*Doctor* : Dr. Burresi.

*Hotels* : The prices for accommodation and comfortable living may be had by applying to Luigi Innocenti as above.

**Chiatamone.**—Italy, Naples.

Ferruginous waters,  $68^{\circ}$  F.

*Special indications* : Anæmia, general debility, chronic affections of the nervous system, neuralgia, chlorosis.

The establishment is fitted with all modern requirements; one of its most salient features is the Hammam or Turkish baths. Swimming bath.

A café is attached to the baths. Concerts every evening.

*Doctor* : Dr. Aguglia.

**Chiavari.**—Italy, Piedmont, two hours from Genoa.

A climatic station. Especially frequented in the later summer months and in autumn.

**Chichimequillo.**—Mexico.

Hyperthermal waters,  $230^{\circ}$  F., not analysed.

**Chiclana.**—Spain, near Cadiz.

Bitter waters,  $45^{\circ}$  F. Very slightly mineralised.

*Special indications* : Herpes.

Good establishment, and moderately frequented.

**Chios.**—Island in the Grecian Archipelago.

Sulphate of lime waters, purgative. Thermal waters of Tsesmé, from 110° to 130° F., contain chlorine, bromine and iodine.

No bathing establishment.

**Chitignano.**—Italy, Tuscany.

Effervescent alkali-saline waters, containing some iron, 55° F.

**Chiusa dei Monaci.**—Italy, Piedmont, near Arrezzo.

Alkali-saline and ferruginous waters, 55° F.

The establishment is poor and the accommodation bad.

**Choranche.**—France, Department of Isère.

Cold sulphurous lime-springs.

**Christenhofsbad.**—Germany, Württemberg, District of the Jaxt, near Mögglingen.

Sulphurous waters.

Internally, diuretic and laxative; externally, stimulating the action of the skin.

**Ciechocinek.**—Russia, Poland, near the Prussian frontier, one hour from Thorn.

Very strong saline waters and brine baths.

Season: May 20th—September.

Visited by upwards of 2,000 visitors.

*Special indications:* Scrofula, rheumatism, catarrh of the larynx and bronchi, neuroses and hysteria.

The bathing establishments are completely fitted with all modern appliances.

The casinos and assembly rooms are elegant and comfortable.

The accommodation is first class.

**Cinciano.**—Italy, Tuscany, Val d'Elsa, near Siena.

Highly effervescent alkaline and ferruginous waters.

*Special indications:* Amenorrhœa, anæmia, chlorosis, gravel, vesical calculi, and generally affections of the digestive and urinary system.

Establishments indifferent.

**Cipollo.**—Italy, Tuscany, Val di Nivole.

Saline waters, 70° F.

Only applied externally.

**Citára.**—Italy, Island of Ischia, near the Campo Imperatore.

Sulphurous alkaline waters.

*Special indications:* Sterility.

Known to and much visited by the ancient Romans, who erected a temple here to Venus Genitrix.

The earthquake of July, 1883, made great havoc here.

**Civilliano.**—Italy, Lombardy, between Vicenza and Verona.

Cold ferruginous and sulphurous waters.

*Special indications* : Affections of the mucous membranes, scrofula and chronic diarrhoea.

One of the strongest sulphate of iron waters known up to the present.

**Civita Vecchia.**—Italy, the seaport of Rome.

Thermal sulphurous waters, natural sweating baths.

**Clacton-on-Sea.**—England, Essex, near Walton-on-the-Naze.

*Season* : July—October.

Sea baths; shingly and sandy beach. Climate mild and bracing.

*Doctor* : Dr. Maine.

**Claremont Park.**—England, Lancashire, near Blackpool.

Hydropathic establishment.

**Cleethorpes.**—England, Lincolnshire, on the Humber.

Sea baths; sandy beach. Climate healthy.

*Season* : June—September.

**Clermont.**—France, Department of Puy de Dôme.

Numerous ferruginous bicarbonate springs, from 35° to 55° F. Mineralisation from 4 to 5 grammes. The spring "Puits de la Poix" is said to be bituminous.

**Cleve.**—Germany, Rhenish Prussia, on the Rhine, near the Dutch frontier, a very old town.

Chalybeate waters, fine Kurhaus, and well-appointed bathing establishment.

*Special indications* : Nervous complaints.

*Doctor* : Dr. Arntz, who speaks English.

*Hotels* : Bath Hotel, Styrum.

**Clevedon.**—England, Somersetshire, on the Severn.

Sea baths; pebbly and muddy beach; bathing not very good.

*Season* : June—September.

*Doctor* : Dr. Pizey.

**Clifton.**—England, Gloucestershire, near Bristol.

Sulphate of lime waters, 75° F.

Climate mild and dry.

*Special indications* : Dyspepsia.

*Doctor* : Dr. McGowan.

**Clynnog Vawr.**—Wales, Carnarvonshire.

Sea baths; beach and bathing good.

*Season* : Summer.

*Doctor* : Dr. Roberts.

**Cocomiso.**—South America, New Granada.

Sulphurous and bicarbonate of soda waters, 175° F.

This spring generates so much carbonic and sulphurous acids, that a long stay in its vicinity is dangerous.

**Coise.**—France, Savoy, near Chambéry.

Ammoniacal, bromo-iodurated waters.

*Special indications* : Goitre and kindred affections.

*Doctor* : Dr. Dubouloz.

**Colberg.**—Germany, Pomerania, on the Baltic.

Saline waters and sea baths.

The establishment is very well fitted up. Accommodation first rate. The walks and drives are well kept and shady.

*Doctors* : Drs. Bodenstein, von Bühnau and Hirschfeld.

*Hotels* : Strandschloss, Society House.

**Colico.**—Italy, upper end of Lake Como.

A transitory air station for those returning from Italy. Very fine position and scenery grand.

**Collioure.**—France, Department of Pyrénées Orientales.

Sulphate of lime waters, 45° F.

**Colwyn Bay.**—Wales, Carnarvonshire.

Sea baths; fine sandy beach. Very mild climate.

*Doctor* : Dr. Brooks.

**Combe-Girard.**—Switzerland, Canton of Neuchâtel, near La Chaux de Fonds.

Effervescent ferruginous waters. The spring affords a very scanty supply, so that the water is available only for drinking.

**Como.**—Italy, on the southern bank of Lake Como.

An intermittent spring, chiefly visited as a transitory station in spring and autumn, for patients coming and going to Italy.

*Hotel* : Volta.

**Condillac.**—France, Department of Drôme.

Bicarbonate of lime waters, which have been called by some French medical authorities "the Queen of table waters;" exported.

*Doctor* : Dr. Coche.

**Coney Island.**—New Jersey, United States of North America.

Sea baths, much frequented by the inhabitants of New York.

**Contrexéville.**—France, Department of Vosges, from London direct in 19 hours, from Paris in 9 hours; 800 inhabitants; 1,090 feet above sea level. For routes see table.

Effervescent alkaline, slightly ferruginous waters, 55° F. The export of the waters is considerable.

Thoroughly well-arranged establishment.

*Season* : May 20th to September 15th.

*Number of Visitors* : Above 3,000 during the season.

*Special indications* : Gravel, biliary and vesical calculi, and catarrh, diabetes, gout and gouty rheumatism, disorders of the urinary system, affections of the uterus, hepatic complaints generally.

The name "Contrexéville" almost connotes the cure of gravel. In regard to the treatment of this disease its waters are without a rival; its Pavilion-spring reigns supreme. The highest medical French authorities consider Contrexéville water as the remedy in all such cases.

The village itself is situated in a charming valley, which widens out into a large plain. Visitors will do well to bring some warm woollen clothing, as the thermometric changes are at times sudden.

The surrounding country is hilly and well wooded, and affords an ample field for excursions.

The principal spring, "the Pavilion," is situated in a large and beautifully laid-out park. Surrounding the spring is a covered gallery, which affords patients taking the waters the opportunity of out-door exercise in wet weather. The gallery is connected with the hydropathic and other bathing establishments and with the Casino. There is a very comfortable hotel close by, and also in the park.

The Casino is an elegant structure, and contains assembly, reading, ball, concert and billiard rooms. In the theatre, in the same building, performances of opera-comique and comedies are given during five days of the week.

There are also two daily concerts by a well-trained band.

*English Church Service.*

*Postal Telegraph Office*, with four deliveries a day.

Ample accommodation may be had in furnished apartments and private villas.

*Carriages and Horses* : Ed. Grandvallet.

*Doctors* : Drs. Debout d'Estree (inspector of the baths, who speaks English), Aymé, Broichux, Brongniart, Graux, Pierre and Thierry.

*Hotels* : The *Grand Hotel de Paris*, near the railway station, a large house, clean, with moderate prices. Schuhkraft, proprietor.

The *Hotel de la Providence*, a family house, celebrated for its good attendance and cooking. F. Cheret, proprietor.

**Corcoles.**—Spain, Province of Guadalajara.

Saline waters, 50° F.

*Special indications* : Syphilis and rheumatism.

**Cordeac.**—France, Department of Isère, near Grenoble.

Sulphurous sodaic waters.

**Corenc.**—France, Department of Isère, near Grenoble.  
Sulphurous sodaic waters, 35° F.

**Cormus.**—Austria, Illyria.  
Saline waters, 35° F.

**Corneille de la Rivière.**—France, Department of Pyrénées Orientales, near Perpignan.  
Ferruginous bicarbonic waters, 40° F.

**Cornigliano-Ligure.**—Italy, three-quarters of an hour from Genoa.  
A spring and autumn station.  
The village is exposed to the north-east winds, and has a considerably lower temperature than Mentone or San-Remo.

**Cortegada.**—Spain, Province of Orense.  
Thermal sulphurous springs, 70° to 90° F.  
Ferruginous spring, 60° to 70° F.  
*Special indications:* Gastro-intestinal affections; rheumatism.

**Corticella.**—Italy, Province of Bologna, one hour from this town.  
Ferruginous waters, not yet properly analysed.  
The country around is very picturesque, but there is no establishment.

**Cos, Islands of,** in the Ægean Sea.  
Saline springs.

**Cotone.**—Italy, Tuscany, near Empoli, between Florence and Pisa.  
Sulphurous alkaline waters, 55° F. No accommodation.

**Cotto.**—Italy, island of Ischia, near Monti.  
Alkali-saline waters, 105° F.  
*Special indications:* Obesity, constipation, disorders of the urinary system.  
The establishments and accommodation are good, and the place is fairly well visited.  
Suffered by the earthquake of July, 1883.

**Couchon.**—France, Department of Pyrénées Orientales.  
Ferruginous bicarbonic waters, 35° F.

**Coudes.**—France, Department of Puy de Dôme.  
Cold bicarbonate of soda waters.

**Courmayor.**—Italy, Piedmont, near Aosta; 3,700 feet above the sea level.  
Ferruginous, sulphurous saline waters, from 35° to 85° F.  
*Special indications:* Herpes and scrofula.

**Courpière.**—France, Department of Puy de Dôme.  
Cold ferruginous bicarbonate waters.  
*Special indications:* Same as Vichy.

**Cours.**—France, Department of Gironde.

Cold ferruginous bicarbonate waters.

**Courseulles.**—France, Department of Calvados; from Paris, *via* Caen.

Sea baths, shingly beach, oyster beds.

**Courtmacsherry.**—Ireland, county Cork, near Lisley.

Sea baths; good beach.

**Courtomer.**—France, Department of Orne, near Bagnoles.

Cold ferruginous water.

**Coutainville.**—France, Department of La Manche, from Paris, *via* Coutances.

Sea baths; a quiet place.

**Cowes.**—England, Isle of Wight.

Sea baths: extensive and sandy beach.

*Season*: May—August. Yachting season till November.

*Doctor*: Dr. Hoffmeister.

**Crailsheim.**—Germany, Württemberg; 1,150 feet above sea level.

Ferruginous and sulphurous waters.

*Season*: June—September.

The number of visitors has increased since the building of an establishment, with a Kurhaus and hotel.

**Cransac.**—France, Department of Aveyron, near Rodez; 930 feet above sea level. For routes see table.

Cold sulphate of lime water. Tonic and restorative.

Good establishment fairly well frequented.

**Craveggia.**—Italy, Piedmont.

Sulphate of soda waters, 65° F.

*Special indications*: Goitrous and arthritic affections.

**Crêche.**—France, Department of Saône and Loire, near Mâcon.

Cold ferruginous bicarbonate waters.

**Credo.**—France, Department of Gironde.

Cold ferruginous bicarbonate waters.

**Criccieth.**—Wales, Carnarvonshire,

Sea baths, shingly and sandy beach.

*Doctor*: Dr. Roberts.

**Crieff.**—Scotland, Perthshire.

Saline waters, hydropathic establishment.

*Season*: July—September.

Air pure and bracing; climate comparatively mild.

*Doctor*: Dr. Gairdner.

**Criel.**—France, Department of Seine Inférieure ; from Paris *via* Dieppe.  
Sea baths, sandy beach.

**Cristo (Acqua di).**—Italy, Province of Trani, line from Foggia to Brindisi, stop at Trani.

Highly effervescent earthy waters.

The spring is close to the seashore on the east of the town.

*Season* : June—September.

*Special indications* : Gravel, cystitis, obstructions of liver and spleen.

**Croisic (Le).**—France, Department of Loire Inférieure, near St. Nazaire and Nantes.

Sea baths.

A well-appointed bathing establishment.

*Doctor* : Dr. Macario.

**Crol (Le).**—France, Department of Aveyron.

Cold sulphate of iron and magnesia waters.

**Cromer.**—England, Norfolk.

Sea baths, sandy beach. Bracing climate.

*Season* : June—October.

Very fine scenery ; esplanade and jetty.

*Doctor* : Dr. Flueder.

**Crosshaven.**—Ireland, county Cork.

Sea baths, sandy and shingly beach.

*Season* : June—September.

**Crotoy (Le).**—France, Department of Somme.

Sea baths.

**Cudowa.**—Germany, Silesia ; 1,200 feet above the sea level.

Ferruginous bicarbonate waters.

*Doctors* : Drs. Jakob and Scholz.

*Hotels* : *Kurhaus* and *New World*.

**Cuervo.**—Spain, Province of Malaga, near Medina-Sidonia.

Sulphurous-ferruginous waters.

There are a number of springs in the neighbourhood, and owing to their efficacy, they have been named after saints by the peasantry. No accommodation, and no establishment.

**Cullercoats.**—England, Northumberlandshire, parish of Tynemouth.

Sea baths ; sandy beach. Climate bracing and fresh.

*Season* : June—September.

*Doctor* : Dr. Rennie.



**Cusset.**—France, Department of Allier, near Vichy; 900 feet above the sea level. For routes see table.

Bicarbonate of soda water, 40° F.

Complementary to Vichy.

Establishment and accommodation good. The environs, however, are said to be malarious, and travellers should be careful. The waters are exported.

**Cuxhaven.**—Germany, Hanover, near Hamburg.

Sea baths.

Contain 30 per cent. less salt than the Heligoland, and 30 per cent. more than the Baltic sea baths.

**Czacko.**—Austria-Hungary, comitat of Hónt, near Rimaszets.

Effervescent ferruginous waters.

Used only internally by the surrounding peasantry.

**Czarskow.**—Germany, Silesia.

Ferruginous bicarbonate waters.

*Special indications:* Gout, anæmia.

**Czigelka.**—Austria-Hungary.

Cold bromo-iodurated alkali-saline waters.

**Daetlingen.**—Switzerland, Bernese Oberland, four hours from Thune.

Saline waters.

Very poor establishment, and but little visited.

**Dale.**—Wales, Pembrokeshire, near Milford Haven.

Sea baths; sandy beach.

**Dalkey.**—Ireland, county of Dublin.

Frequented sea baths.

**Daneverd.**—Sweden, near Upsala.

Cold ferruginous bicarbonate waters.

**Dangast.**—Germany, Oldenburg, near Varel.

Sea baths; sandy beach.

Very good establishment for cold and warm sea baths.

Accommodation abundant and comfortable.

**Dardagni.**—Switzerland, Canton of Geneva; 4,500 feet above sea level.

Bituminous waters. Very little used, although they are some of the best waters in Switzerland.

**Dartmouth.**—England, Devonshire.

Sea baths; indifferent beach and bathing. Climate mild.

The scenery is very fine.

*Doctor:* Dr. Allnut.

**Daruvar.**—Austria-Hungary, Slavonia, north of Szigeth.

Mixed bicarbonate waters, from 100° to 115° F.

Slightly mineralised; mud baths.

The situation is very romantic, and the vegetation luxurious.

**Davos-Platz.**—Switzerland, Engadine; 5,200 feet above sea level.

Climatic station. The air is very dry, and therefore suitable for the earlier stages of consumption. Invalids must be careful, however, as the climate is treacherous. In proportion as the influx of visitors increases, the drainage becomes less perfect.

*Doctors:* Drs. Peters, Beeli, Boner, Schimpf and Spengler.

*Hotels:* Kurhaus, Rhætia, Strela.

**Dawlish.**—England, Devonshire, on the Channel coast.

Much frequented sea baths.

**Dax.**—France, Department of Landes, near Bayonne. For routes see table.

Hyperthermal mixed sulphurous waters, 120° to 145° F.

*Special indications:* Articular, muscular, or rheumatic affections; gout in certain of its manifestations; neuralgia and neuroses.

The balneal treatment at Dax includes hyperthermal mineral waters, the muds, sulphurous cold mineral water, and sea water. The effects produced depend on the temperature and duration of the baths, and may be either sedative or excitant.

*Doctors:* Drs. Barthe de Sandford and Delmars de Sandford.

**Deal and Walmer.**—England, Kent.

Sea baths; indifferent beach.

*Season:* June—September. The climate is less mild than that of St. Leonards or Hastings.

*Doctor:* Dr. Hulke.

**Deauville.**—France, Department of Calvados.

Sea baths; fine, firm sandy beach. Climate bracing.

*Season:* June—September.

Many excursions in the neighbourhood.

**Derrindaff.**—Ireland, Ulster.

Sulphate of lime waters, with a considerable quantity of sulphuretted hydrogen.

*Special indications:* Chronic catarrh of the respiratory organs, rheumatism, gout, skin diseases, sores, paralysis and syphilis.

**Desaigues.**—France, Department of Ardeche, near Tournon.

Bicarbonate of soda water, similar to the Vals water; mineralisation, 5.24 grms.

**Desvres.**—France, Department of Pas de Calais.

Cold ferruginous waters. Only used by the surrounding inhabitants.

**Deutsch-Kreutz.**—Austria-Hungary, comitat of Oedenburg.

Cold and pure alkaline waters.

They are largely exported, and are very efficacious in all complaints, where the stronger and more exciting action of effervescent alkaline waters is contra-indicated. In some cases they are more effective than the Gieshübl.

*Special indications:* Dyspepsia, affections of the mucous membranes, disorders of urinary and digestive organs, vesical calculi, gravel.

Establishments are indifferent, and the accommodation limited.

**Deux-Lots.**—France, Department of Landes, near Dax.

Cold sulphurous waters, 60° F.

**Devonport.**—England, near Plymouth.

Sea baths.

Establishment good.

**Diedenow.**—Germany, Pomerania.

Sea baths on the Baltic.

**Diemerigen.**—Germany, Upper Alsace.

Saline waters; 3 grms. of mineral constituents.

**Dieppe.**—France, Department of Seine Inférieure. London and Paris, via Newhaven, Dieppe, and Rouen, shortest and cheapest route. Through Fares—single tickets, 1st class, 33s.; 2nd, 24s.; 3rd, 17s. Return tickets, 1st class, 55s.; 2nd, 39s.; 3rd, 30s., available one month. These tickets are available for seven days from the date of issue, thus giving passengers who do not desire to proceed direct to Paris, the opportunity of staying for a short time at Dieppe or Rouen. They are available by any of the ordinary trains, as well as by the special and express trains running in connection with the steamers.

Much frequented sea baths.

Passengers will find the buffet open at the arrival of every train from Paris, or boat from London.

*Dentist:* A. Preterre.

*Bookseller:* Rainville, 52, Grande rue.

*Doctors:* Drs. Williams and De la Rue, fils.

*Hotels:* The *Royal Hotel*, first class, facing the sea; the casino and bathing establishment. Larsonneux, proprietor.

The *Grand Hotel des Bains*, full view of the sea, 150 rooms; very comfortable; pension from 10 francs a day. Morgan, proprietor.

**Dieu-le-Fit.**—France, Department of Drôme, near Montelimart.

Cold bicarbonate of lime waters; little used.

**Dievenow.**—Germany, Prussia on the Baltic in Pommerania.

Sea baths; sandy beach.

*Season:* June—September.

Good bathing and fishing. Very interesting excursions.

Assembly rooms; hotel and other accommodation is first class. The place is much frequented by Poles and Germans. Amusements are abundant, and in great variety.

**Diezgo.**—Spain, Province of Ciudad-Real.

Bicarbonate of soda waters, 30° F.

**Digne.**—France, Department of Lower Alps.

Saline and sulphate of lime waters, 80 to 110° F. The composition of these waters is not thoroughly understood.

*Season* : May—August.

Used by the ancient Romans.

**Dinan.**—France, Department of Côtes du Nord.

Cold ferruginous waters.

*Doctor* : Dr. Brabant.

**Dinard St. Enogat.**—France, Department of Ille and Vilaine, from Paris *via* St. Malo.

Sea baths; good beach.

**Dingolfing.**—Germany, Bavaria, district of the lower Danube.

Sulphurous waters.

There is a bathing establishment which serves also as an hotel.

**Dinkhold.**—Germany, Nassau.

Cold bicarbonate of lime waters.

*Special indications* : Abdominal plethora.

**Dinsdale.**—England, Yorkshire.

Cold sulphate of lime waters.

*Special indications* : Dyspepsia.

**Dios-Győr.**—Austria-Hungary, comitat of Borsod, near Misklocz.

Sulphurous alkaline ferruginous waters, 70° F.

The therapeutic properties of these waters are as yet unknown. There is a small establishment, with a few rooms for visitors. The situation is fine, and the place could be greatly improved in proper hands.

**Dios-Jenő.**—Austria-Hungary, comitat of Neograd.

Saline ferruginous waters.

A wooden bathing establishment, and no accommodation.

**Dirce.**—Greece, near Thebae.

Sulphurous saline waters, 170° F.

No establishments, and the surrounding country is unhealthy owing to extensive marshes.

**Diersdorf.**—Germany, Prussia, near Nimpsch.

Cold ferruginous waters.

A recently built bathing establishment and other buildings afford accommodation for about 200 visitors.

**Dissnopatak.**—Austria-Hungary, comitat of Marmarós.

Ferruginous alkaline, sulphurous waters, 45° F.

A small bathing establishment.

Waters are used only externally.

**Dives.**—France, Department of Calvados.

Sea baths and ferruginous waters.

**Divonne-les-Bains.**—France, Department of Ain, 1½ hours from Geneva. For routes see table.

Cold water springs; the water is exquisitely pure, and less charged with minerals than any other; 44° F.

*Special indications:* Chronic rheumatic arthritis, lumbago, pleuro-dynia, gout, sciatica, neuralgia, hypochondria, neuroses, chlorosis, gastralgia, bronchial catarrh, dyspepsia, liver complaints, affections of the bladder, hæmorrhoids, paralysis, chronic affections of the spinal chord, scrofula and female disorders.

A very healthy station for those who have resided long in hot climates.

Hydro-therapeutic establishment of great importance. The waters have a very wide application. Every variety of douche and bath, inhalation, electric baths, steam and swimming baths.

Post and telegraph office in the establishment.

Beautiful walks and excursions.

The accommodation in the establishment is very good and prices are moderate.

*Doctor:* Dr. Vidart.

*Hotels:* The *Establishment* is very comfortable, and the charges moderate.

**Dizenbach.**—Germany, Württemberg.

Carbonate of lime waters.

**Dobberan.**—Germany, Mecklenburg-Schwerin, on the Baltic shores.

Much frequented sea baths, in a very pleasantly situated valley. Hydromineral station. Several cold mineral springs: one saline, one saline and magnesian, and one ferruginous bicarbonate.

*Special indications:* Anæmia and general debility.

*Doctors:* Drs. Kartum and Lange.

*Hotels:* Du Nord, Lindenhof, Logenhaus.

**Doccio.**—Italy, Tuscany, near Siena.

This spring, which has not been analysed, gives off carbonic and hydrosulphuric acid gases.

**Dofana.**—Italy, Tuscany.  
Saline waters, 80° F.

**Doktorka.**—Austria, Bohemia, district of Prachin, near Prachatitz.  
Alkaline waters.

Very little known. Only used internally by persons in the immediate neighbourhood.

**Dolka.**—Austria-Hungary, comitat of Marmarós, district of Huszt.  
Ferruginous alkaline waters. Four springs.

This place is renowned for its mud baths. It has an establishment intended to encourage the use of these baths. The muds are also exported.

**Dombhát.**—Austria-Hungary, near Klausenburg, in Transylvania.  
Strongly effervescent alkaline, magnesian waters.

The bathing establishment is fitted with all modern comforts and requirements. Hunting, fishing and racing supply outdoor amusement.

**Domène.**—France, Department Isère, near Grenoble.

Sulphurous and saline springs, 110° F.; mineralisation, 4·76 grms.

**Domeray.**—France, Department Maine and Loire, near Bougé.

Cold ferruginous bicarbonate waters.

**Domèvre sur Vazeuse.**—France, Department of Meurthe, near Luneville.

Purgative waters.

**Dorfbad.**—Switzerland, near Appenzell; 2,200 feet above the sea level.

Alkaline earthy waters.

The bathing establishments are mediæval.

**Dorfgeismar.**—Germany, Hesse, near Cassel.

Cold ferruginous waters.

There is a bathing establishment with a Trinkhalle. The climatic conditions are favourable.

**Dorna-Kandrény.**—Austria, Galicia, on the Dorna.

Many cold, ferruginous, bicarbonate springs.

Season: June—September.

Special indications: Nervous affections, anæmia.

The bathing establishments are efficient, which is however, more than can be said for the accommodation.

**Dorres.**—France, Department of Pyrénées Orientales, near Prades.

Sulphurous sodaic springs, 95° to 100° F.

**Dotit.**—Hungary, comitat of Gömör.

Thermal sulphur spring.

**Douai.**—France, Department du Nord.

Alkaline ferruginous waters. They are not used beyond the district of Douai.

**Douarnenez.**—France, Department of Finistère, near Quimper.

Sea baths.

**Douglas.**—England, Isle of Man.

Sea baths; beach good. The caves are used instead of bathing machines.

Climate and air bracing but mild.

Season: June—September.

Doctor: Dr. Hobbs.

**Douville.**—France, Department of La Manche, from Paris, *via* Granville.

Sea baths; sandy beach.

**Dovadola.**—Italy, Tuscany, near Castrocaro.

Saline waters; little used.

**Dovedale.**—England, Derbyshire.

Summer health and holiday resort. Visited on account of the surrounding scenery.

**Dover.**—England, Kent, on the Channel Coast.

Sea baths; shingly beach.

Doctor: Dr. Barton.

**Dragomérfalva.**—Austria-Hungary, comitat of Marmarós, district of Vissó.

Very strong sulphurous springs, containing naphtha, which is exported.

**Drahova.**—Austria-Hungary, comitat of Neutra, near Iastrabje.

Cold ferruginous waters.

Strong diuretic action.

**Draitschbrunnen.**—Germany, Rhenish Prussia, close to Godesberg.

Earthy alkaline ferruginous waters. The waters are used in the establishments at Godesberg.

**Drennon Springs.**—North America, Kentucky.

Thermal sulphurous saline water.

Much frequented: beautiful site.

**Dreykirchen.**—Austria, Tyrol, valley of the Eisack, near Kollmann.

Alkali saline waters.

Very pure and healthy air. Picturesquely situated, with numerous excursions.

The establishment is well appointed.

**Driburg.**—Germany, Westphalia, near Paderborn.

Earthy, saline chalybeate waters. Sulphurous muds.

Notwithstanding its numerous therapeutic resources, Driburg is little frequented. The establishment and accommodation are very good.

*Doctors* : Drs. Riefenstahl, Brück and Huller.

*Hotels* : Warnecke, Brockmann.

**Drise.**—Switzerland, Canton of Geneva, on the road to Annecy.

Cold ferruginous water.

**Drogheda.**—Ireland.

Sea bathing.

**Drohobycz.**—Austria-Hungary, Gallicia, district of Sambór, near Truscawicze.

Saline waters, 25 per cent. of salt. Only used externally.

The bathing establishments are good.

**Droitwich.**—England.

Saline water.

**Drumgoon.**—Ireland, Ulster, County Fermanagh.

Saline sulphurous waters, 50° F.

**Drumrastel.**—Ireland, County Cork, near Mallow Spa.

Ferruginous waters ; only used internally.

**Drumsna.**—Ireland, County Leitrim.

Sulphurous waters, 50° to 55° F. The waters have an intense odour of sulphuretted hydrogen.

**Dubograedsk.**—Russia, Government of the same name.

Two bitter water and two alkali-saline springs.

Only used internally. Arrangements are of a primitive kind, and although the waters are effective, they are scarcely known beyond the immediate neighbourhood.

**Dubowa.**—Austria-Hungary, comitat of Arva-Turócz.

Alkaline waters.

Primitive arrangements ; the waters are used only in the environs, and exported in stone bottles.

**Dubrawa.**—Austria-Hungary, comitat of Zips.

Cold alkaline waters.

An establishment, with a Trinkhalle.

**Duivon.**—France, Department of Loire, near Molières.

Bicarbonate waters analogous to those of St. Alban.



**Dumlane.**—Scotland, Perthshire, near Stirling.

Saline waters, purgative and diuretic.

*Special indications:* Scrofula and herpes.

**Dunbar.**—Scotland, Haddingtonshire.

Sea baths.

*Doctor:* Dr. Turnbull.

**Dundrum.**—Ireland, Down, near Lisburn.

Sea baths; good beach.

*Doctor:* Dr. Nolan.

**Dunkerque.**—France, Department of Nord.

Sea baths, much frequented.

*Season:* June—September.

Dunkerque is duly celebrated for its extensive rabbit-shooting facilities. During season, races of importance are held. Theatre, casino, boating and fishing.

*Hotels:* The *Grand Hôtel du Casino*, a large, magnificent house, facing the sea, and close to the race-course.

**Dunmore.**—Ireland, County of Waterford.

Sea baths.

**Dunoon and Mellan.**—Scotland, Argyleshire.

Sea baths; sandy beach.

*Doctor:* Dr. Reid.

**Dürenhof.**—Russia, Livland, district of Wollmar.

Sulphurous waters, containing a quantity of sulphuretted hydrogen. No establishment, and but little used.

**Dürkheim an der Hardt.**—Germany, Palatinate.

Saline bromo-iodurated springs, similar to Kreuznach waters, but not so rich. Grape cure.

*Doctors:* Drs. Löchner and Kauffmann.

*Hotels:* *Four Seasons*.

**Durness.**—Scotland, Sutherland.

Sea baths; stony beach.

Very little frequented and accommodation poor.

**Durrheim.**—Germany, Baden, near Donaueschingen.

Saline waters.

**Dürrwangen.**—Germany, Würtemberg, district of Bahlingen.

Sulphurous waters, containing a considerable quantity of sulphuretted hydrogen. Little frequented.

**Durtal.**—France, Department of Maine and Loire, near Bougé.

Ferruginous bicarbonic waters.

**Dusternbrook.**—Germany, Holstein.

Sea baths on the bay of Kiel.

**Eastbourne.**—England, Sussex, between Brighton and Hastings.

Sea baths; sandy beach; air very pure and healthy. Mortality 16 per 1,000. Much frequented.

*Doctor* : Dr. Gould.

*Hotel* : The Grand.

**Eaux-Bonnes.**—France, Department of Basses Pyrénées; 2,500 feet above sea level; half-hour from Laruns by carriage. For routes see table.

Sulphurous saline and alkaline waters, 90° F. Inhalation saloon. Hydropathic establishment.

*Season* : June to September.

Frequented by more than 3,000 visitors.

*Special indications* : Angina pectoris and laryngitis, bronchitis and chronic catarrhs, asthma, chronic pleuritis, pulmonary phthisis, anæmia, lymphatism and scrofula.

“The thermal sulphurous and sulphurous saline waters of the Pyrénées, and especially the Eaux-Bonnes waters,” says Dr. Cazaux, “are specific remedies in all the chronic affections of the chest.”

The late celebrated Dr. Pidoux wrote :—“In cases of pulmonary tuberculosis, the waters of Eaux-Bonnes possess a force with which no medicine of the chemist can compare. Thermal Europe has no remedies, we venture to assert, worthy to be placed on the same level as the Eaux-Bonnes waters. Even phthisis in the third stage can be cured here, only if the whole system be not already completely undermined.”

The town of Eaux-Bonnes is sheltered against winds by the surrounding forest-clad mountains. It is also favourably known as an air cure station, owing to its elevated position.

Post and telegraph. Protestant and Catholic churches.

Casino, club and municipal band. Many points for excursions. Villas and furnished apartments.

*Doctors* : Drs. M. Cazaux and Cazenave de la Roche.

*Hotels* : The *Hotel des Princes*, a first-class house in every respect; comfortable and elegant; situated in the park. E. Murret-Labarthe, proprietor.

**Eaux-Chaudes.**—France, Department of Basses Pyrénées, near Eaux-Bonnes; 2,020 feet above sea level. For routes see table.

Sulphate of soda waters, from 22° to 90° F. The Baudot l'Espuriette and Bey springs are taken internally.

*Special indications* : Rheumatism, catarrhs, scrofula.

*Doctor* : Dr. Anglada.

*Hotels* : De France, Baudot.

**Ebeaupin.**—France, Department Loire Inférieure, near Nantes.

Ferruginous bicarbonate waters, 30° F.

**Ebed.**—Austria-Hungary, comitat of Grau.

Sulphurous waters, 70° F. The volume of the spring is very large.

Very little known, and no establishment.

The waters are used to drive a mill, a fair proof of the copiousness of the supply.

**Eberbach.**—Germany, Württemberg.

Saline waters.

A small bathing establishment.

**Ebningen.**—Germany, Württemberg, district of Bahlingen.

Sulphurous waters.

A small and fairly appointed bathing establishment.

**Ebriach.**—Austria, Carinthia, district of Klagenfurt, near Kappel.

Alkali-saline and ferruginous waters.

The water is exported. The municipal authorities are earnestly endeavouring to provide the accommodation and amusements expected by visitors in the present day.

**Echaillon.**—France, Department of Isère, near Grenoble.

Sulphate of lime waters, 45° F.

**Echaillon.**—France, Savoy, near St. Jean de Maurienne.

Saline and sulphate of soda springs, 100° to 110° F.; highly purgative and diuretic.

**Echzell.**—Germany, Hessen, near Nenschwalheim.

Sulphurous waters. Used only by the peasantry.

**Eckartsbrunnen.**—Germany, Nassau.

Ferruginous waters.

**Eckerberg.**—Germany, Pomerania.

Air cure station and hydropathic establishment.

The place is situated in the midst of a pine forest.

Doctor: Dr. Vieck.

**Eckernförde.**—Germany, Schleswig, 5 hours from Kiel.

Sea baths; sandy beach.

The bathing establishments are very efficient, and well appointed.

**Ecoquevilly.**—France, Upper Saone.

Cold saline spring.

**Ecuillé.**—France, Department of Maine and Loire.

Ferruginous bicarbonate water.

**Edenkoben.**—Germany, Bavaria.

Sulphurous waters.

Only used in the immediate neighbourhood.

**Egartbad.**—Austria, Tyrol, near Meran.

Cold sulphurous waters.

The bathing establishment, one of the best in the Tyrol, is much frequented during summer.

Air sedative and mild; Egartbad is well suited to nervous temperaments as a climatic air station.

**Egbell.**—Austria-Hungary, comitat of Neutra.

Sulphurous waters, little used.

**Egelhof.**—Austria, district of Traun, near Windisch-Garsten.

Cold, sulphurous waters.

A small bathing establishment, with a limited number of visitors annually.

**Egerdach.**—Austria, Tyrol, near Innsbruck; 1,900 feet above sea level.

Alkaline waters.

The establishment affords everything necessary, and is much frequented.

**Eggishorn.**—Switzerland, Canton Valais; 7,200 feet above sea level; 6 hours from Brig, *via* Fesch, by good mule paths and carriage road.

Mountain air and whey cure station.

Season: June to October.

A great centre for excursionists to the Eggishorn, Glacier of Aletsch, lake of Mergelen, 4½ hours to the Cabane of Concordia and the most interesting peaks of the Cernoise Alps.

Hotels: The *Hotel Jungfrau* commands a magnificent view of the Eggishorn, 2½ hours above Fesch. E. Cathrein, proprietor.

**Eghegh.**—Austria, comitat of Grau.

Strong, cold ferruginous waters.

**Ehrenbreitstein.**—Germany, Rhenish Prussia, near Coblenz, at the foot of the fortress.

Earthy waters, used in the environs as table waters, and also exported.

**Eichwald.**—Austria, Bohemia, district of Leitmeritz.

Hydropathic establishment, much visited.

**Eilsen.**—Germany, principality of Schaumburg-Lippe.

Sulphate of lime springs, 35° F. Mud baths.

Special indications: Inhalation in chronic catarrhs and phthisis of the larynx.

Doctors: Dr. Müller, Dr. Wegner.

Hotels: *Kurhaus*.

**Eimbeck.**—Germany, Hanover.

Bicarbonate of lime water.

**Einöd.**—Austria, Carinthia, district of Iudenburg.

Ferruginous waters.

A very bare and monotonous country, as the name indicates.

**Eisenbach.**—Austria, Hungary, near Schemnitz.

Thermal, ferruginous and sulphurous waters, 105°.

Very good establishment and accommodation.

**Eisenberg or Zelesna-Wodsk.**—Russia, Caucasus, near Pjätigorsk.

Ferruginous waters, 50° to 110° F.

The establishments and general accommodation are very poor, considering the large number of visitors which the efficacy of the waters attracts.

**Elba.**—Island of, Italy, on the coast of Tuscany.

Ferruginous sulphur and saline waters; not used therapeutically.

**Elche.**—Spain, Province of Alicante, and one hour rail from that town.

Climatic winter station.

Dryer and warmer than Alicante. The accommodation, however, is but indifferent.

**Elgersburg.**—Germany, Thuringia.

Hydrotherapeutic establishment.

Doctor: Dr. Pelizäus.

Hotels: Kurhaus.

**Elisabethbad.**—Germany, Brandenburg, near Prenzlau.

Ferruginous bicarbonate waters.

Special indications: Nervous affections.

**Elisabeth-Salzbaths.**—Austria-Hungary, in the town of Ofen.

Bitter waters, the oldest spring of Ofen.

Exported to over a million bottles per annum. There is also a bathing establishment.

**Ellabria.**—Switzerland, Canton of St. Gall.

Sulphurous waters, not used therapeutically.

**Elmen.**—Germany, Saxony, district of Magdeburg, near Salza.

Saline waters.

Special indications: Affections of the glands and of the mucous membrane, rheumatism.

Doctor: Dr. Kirchheim.

Hotels: Evers, Voight.

**Elöpathak, or Arapatak.**—Transylvania, near Kronstadt.

Ferruginous bicarbonate water, 30° F.

Doctor : Dr. Meyr.

**Elorrio.**—Spain, Province of Biscaya, near Bilbao.

Mixed sulphurous waters, 30° F.

Special indications : Skin diseases.

**Elster.**—Germany, Saxony, near the Bohemian frontier ; 1,300 feet above sea level.

Alkali-saline ferruginous waters, 25° to 30° F. A very well-appointed bathing establishment.

Special indications : Abdominal plethora, dyspepsia, and nervous affections depending on anæmia.

Mud baths, recommended in cases of rheumatic paralysis and articular disease.

Doctors : Drs. Hahn, Cramer and Flechsig.

Hotels : *De Saxe, Wettiner.*

**Empfing.**—Germany, Bavaria, near Traunstein ; 1,300 feet above sea level.

Indifferent waters ; hydropathic establishment. Steam, douche, mud and pine-cone sap baths.

The establishment is good, and accommodation abundant and adequate.

**Ems.**—Germany, Duchy of Nassau, on the Lahn. For routes see table.

Saline alkaline and saline earthy, 65° to 110° F.

Season : May—October.

In a very charming valley. Milk cure establishment.

These waters have a special action on the lungs, chest, and on nervous diseases, for the treatment of which Ems is specially noted. A much-frequented station, there being as many as 15,000 visitors.

Bookseller : A. Pfeiffer, Colonnade 11.

Banker : L. J. Kirchberger, under the Colonnades.

Doctors : Drs. Géisse, Orth, Prussian, Vogler and Kastan.

Hotels : The *Hôtel d'Angleterre*, first-class house, good in every respect ; opposite the Royal Baths ; large garden belonging to the hotel. Fr. Schmitt, proprietor.

The *Four Seasons*, first-class hotel, facing the Kursaal. Baths of every description ; excellent appliances for inhalation. Carl Eisenmann, proprietor.

The *Four Towers*, first-class private house, situated in the centre of the gardens, and in the best part of Ems. Handsome suites of apartments. H. Becker Veuve, proprietress.

**Enatbühl.**—Switzerland, Canton of St. Gall ; 3,000 feet above sea level.

Alkali-saline and sulphurous waters.

The establishment is efficient, and the accommodation good.

**Encausse.**—France, Department of Haute Garonne, near St. Gaudens.

Sulphate of lime waters, 50° F.

*Special indications* : Uterine and nervous affections in general.

**Engelberg.**—Switzerland, Valley of Engelberg, near the Lake of Lucerne, 3,200 feet above sea level.

Mountain air cure. Equable temperature, and air not too dry ; suitable in affections of the digestive organs, nerves, and muscles.

*Doctors* : Drs. Daubeny, Whiteley and Brunner.

*Hotels* : *Hotel Sonnenberg*, *Hotel Angel*, and *Hotel Müller*.

**Enghien.**—France, Department of Seine and Oise, near Montmorency.

Cold sulphurous and lime waters.

*Special indications* : Scrofula, affections of respiratory organs, herpes and rheumatism.

Bathing establishment very well fitted for hydropathic medication.

*Doctor* : Dr. Pozzioli.

**Engistein.**—Switzerland, near Berne ; 1,850 feet above sea level.

Cold ferruginous and carbonate of lime waters. Little frequented.

**Enn.**—France, Department of Pyrénées Orientales, near Prades.

Thermal neutral waters, 120° F.

**Epidaurus.**—Greece, Peloponnesus, near the ruins of the old Temple of Epidaurus.

Alkali-saline bitter waters. Strong purgative action, even in small doses.

**Eppenhauseu.**—Germany, Westphalia.

Alkaline-earthly waters.

**Eppingen.**—Switzerland.

Cold sulphate of magnesia waters.

**Epsom.**—England, Sussex.

Sulphate of magnesian waters, rich in mineral matter, though little resorted to.

The sulphate of magnesia, which constitutes the mineral base of these waters, is usually called "Epsom Salts" in England.

**Erdöbenye.**—Hungary, near Tokay.

Sulphurous ferruginous waters ; grape cure station.

Much frequented. Establishments and accommodation good.

**Erlachbad.**—Austria, Tyrol.

Ferruginous alum thermal waters.

Primitive establishments.

**Erlau.**—Hungary.

Thermal indifferent waters, 80° F.

**Erlaubad.**—Germany, Duchy of Baden, near Sasbach.

Thermal saline waters, 75° F.

**Ermetschwyl.**—Switzerland, Canton of St. Gall, near Toggenburg, 2,250 feet above sea level.

Alkaline waters, 80° F.

*Special indications* : Rheumatic paralysis and contractions.

**Ernabrunnen.**—Germany, Brunswick.

Ferruginous waters, 50° F.

*Special indications* : General debility, anæmia, affections of the nerve centres.

**Ernsdorf.**—Austria, Silesia, near Bielitz.

Whey cure station. Kumiss, pine-cone sap baths.

**Erquy.**—France, Department of Côtes du Nord ; from Paris, *via* Lamballe.

Sea baths ; sandy beach.

**Escaldas (Las).**—France, Department of Pyrénées Orientales.

Thermal alkaline sulphurous waters, slightly mineralised.

*Doctor* : Dr. Companyo.

**Eschelloh.**—Germany, Bavaria, near Partenkirchen.

Earthy waters.

Scarcely known even in the immediate vicinity.

**Escouloubre.**—France, Department of Aude.

Thermal sulphurous waters.

*Special indications* : Rheumatism.

**Eski-cherrer.**—Turkey, Asia Minor.

Thermal sulphurous water.

**Esparguera and Olesa.**—Spain, near Barcelona.

Sulphurous waters, 90° F.

Very fine promenades, and much visited. The bathing establishments and accommodation are good.

**Essentuk.**—Russia, Caucasus, near Pjatigorsk.

Cold alkaline and alkali sulphurous waters.

*Season* : May—October.

*Special indications* : Affections of the abdominal organs, hyperæmia of liver and spleen, arthritis, lithiasis, affections of the urinary organs, scrofula, emphysema and affections of the respiratory organs.

The bathing establishments and accommodation generally are



luxurious, and fresh improvements are being made each year. No known European waters are so rich as those of Essentuk in iodide and bromide.

**Etretat.**—France, Department of Seine Inférieure.  
Largely visited sea baths.

**Eufemiá**—Italy, Calabria, near Nicastro.  
Saline waters, 100° F.  
Very famous in antiquity, but now entirely neglected.

**Euzet.**—France, Department of Gard.  
Sulphate of lime bituminous springs.  
*Special indications* : Pulmonary catarrh.

**Evaux.**—France, Department of Creuse.  
Eight sulphate of soda springs, 60° to 140° F.  
*Special indications* : Rheumatism, paralysis, ulcers.

**Evian-les-Bains.**—France, Upper Savoy, on the Lake of Geneva ; 1,150 feet above sea level. For routes see table.

Alkaline waters, and climatic air station.

*Special indications* : Affections of the urinary and digestive organs, chronic affections of the liver and biliary apparatus. The waters are also efficacious in anæmic dyspepsia, acidity with pyrosis and gastro-dynia, gastralgia, chlorosis, anæmia, paranchymatous and chronic nephritis, pyelitis, pyo-nephritis, morbus Brightii, gravel, nephritic colic, gout, vesical catarrh, chronic cystitis, catarrhal affections of the genito-urinary organs in both sexes, gleet, congestion of the liver, diseases of the nervous centres, insomnia, difficult respiration, &c.

The watering place of Evian offers to the tourist as well as to the bather an agreeable sojourn. The temperature is very equable, ranging from 10 to 12° F. lower than on the opposite or Swiss side of the lake of Geneva. Evian is on the French shore, and lies in an amphitheatre on the slopes of the Alps, which protect it against the south winds. Facing the north it receives refreshing breezes from across the lake. There is no site which offers similar climatic conditions so fully as Evian. The waters are diuretic and sedative in a high degree.

Dr. Taberlet, in his work entitled "Evian, its Waters, and their Therapeutic Value," the result of eighteen years' practice and residence there, states that this diuretic effect is almost always produced within a few seconds. One glass of water taken will cause a flow of urine equal to two.

The eminent Professor Bernutz, of Paris, similarly speaks of their marked physiological effect on himself during his stay at Evian.

Dr. Campardon, of Paris, in a monogram on this subject,

also speaks in the highest terms of the excellent qualities of these waters.

The medical men of Paris, Lyons, Marseilles, and the Riviera, have long been acquainted with the exceptional salubrity and purity of the Evian air. They appreciate the extraordinary virtues of its waters, as is shown by their sending every year from 5,000 to 6,000 patients, who derive marked benefit from their stay.

The springs have been in use since 1789. In the Universal Exhibition of 1878, they were awarded a bronze medal. In Evian they are employed as drinking water, and for baths and douches. They are also exported, and may be obtained in Geneva, at the Central Dépôt, Place du Molard, No. 11.

The thermal establishment is very comfortable, and the hydropathic establishment is fitted with all the most modern scientific appliances.

Post and Telegraph station.

Cabs, carriages, horses, mules, and donkeys for excursions at moderate rates.

Walks and excursions in great variety into the forests and mountains, &c. Excursions, by steamer (25 departures every day), to Montreux, Chillon, Vevey, Lausanne, Geneva, &c.

Further particulars may be had on application to Mr. Besson, general agent of the company of Evian.

*Doctors:* Drs. Taberlet, Million, Flottard, Dantaud and Dumuz.

*Hotels:* The *Grand Hotel des Bains*, for years under the management of A. A. Sigrist, is connected with the establishment. It enjoys a well-merited culinary reputation.

**Evolena.**—Switzerland, Canton of Tecino, 5 hours from Sitten.

Ferruginous waters.

Used only by the surrounding peasantry.

**Exmouth.**—England, Devonshire, 10 miles from Exeter.

Sea baths, sandy beach.

*Climate:* Mild.

*Season:* June—September.

An establishment for hot and cold baths.

*Special indications:* Failing digestion, debility and catarrhal affections.

*Doctor:* Dr. Ward.

*Hotel:* The *Beacon*.

**Fachingen.**—Germany, Nassau, near Ems.

Cold alkaline waters; for table use only.

*Special indications:* dyspepsia.

Some of the strongest alkaline waters in Germany. Largely exported.

**Faënza.**—Italy, Romagna, on the Quartolo.

Earthy waters.

Only used by the inhabitants. The establishment and accommodation are indifferent.

**Falciano.**—Italy, Tuscany, on the Ghiora.

Ferruginous muriatic waters, 60° F.

*Special indications* : Gravel and vesical calculus.

**Falkenberg.**—Germany, Silesia, district of Oppeln, near Grottkau.

Ferruginous sulphurous waters.

The establishment is of a superior kind.

**Falkenstein.**—Germany, Thaurus, Nassau, near Kronberg.

Hydrotherapeutic station.

*Special indications* : Affections of the lungs.

*Doctors* : Drs. Meissen, Dettweiler and Lorent.

*Hotel* : *Kurhaus*.

**Fällorne.**—Sweden, half a mile from Wexis.

Alkaline waters.

Taken only internally at the spring; neither used in baths nor exported.

**Falmouth.**—England, Cornwall.

Sea baths; sandy beach.

*Doctor* : Dr. Dub.

*Hotel* : *The Royal*.

**Falú-Szlatina.**—Austria-Hungary, district of Szigeth.

Alkaline ferruginous and pure alkaline and saline waters.

The country around is picturesque.

**Fano.**—Italy, 4 hours' rail from Bologna.

Sea baths; sandy beach.

Arrangements fairly good.

**Farette.**—France, Savoy.

Cold ferruginous arsenical waters; a table water.

**Farkas-Mező.**—Austria, Transylvania, district of Udvarhely.

Earthy saline waters.

**Farnbühl.**—Switzerland, near Lucerne; 2,500 feet above the sea level.

Air cure station.

**Fécamp.**—France, Department of Seine Inférieure.

Much frequented sea baths.

**Feldalfig.**—Germany, Bavaria, near Munich.

Cold sulphurous springs.

**Feldberg.**—Germany, Mecklenburg-Strelitz.

Hydropathic establishment. Electro-therapeutic baths. A winter station.

*Doctor* : Dr. Erfurth.

**Feletekút.**—Austria-Hungary.

Sulphurous waters, containing a large quantity of sulphuretted hydrogen.

No bathing establishment and no adequate accommodation.

**Félines.**—France, Department of Auvergne.

Alkali saline waters ; highly effervescent.

**Felixstowe.**—England, Suffolk, near Harwich.

Sea baths ; firm sandy beach.

Climate bracing.

*Season* : July—September.

**Fellathal.**—Austria, Carinthia.

Cold alkaline water.

Very good establishment and accommodation.

**Felsenegg.**—Switzerland, Canton of Zug ; 3,030 feet above sea level.

Climatic station. Very pure and equable atmosphere.

**Felsö-Alap.**—Austria-Hungary, comitat of Weissenburg.

Bitter waters, containing iodine. Exported since 1853. No establishment.

**Felsö-Apsa.**—Austria-Hungary, comitat of Szigeth.

Saline waters.

Accommodation and bathing establishments bad.

**Felsö-Bajom.**—Austria, Transylvania, near Baasen.

Saline waters, 70° F.

The establishment is well arranged, and the accommodation good.

**Felsö-Neresznice.**—Austria-Hungary.

Ferruginous, alkaline and saline waters.

**Felsö-Russbach.**—Austria-Hungary, comitat of Zips, near Pudlein.

Earthy waters.

The establishment resembles an old gothic castle of feudal times. Its ancient splendour is still attested by numerous antiquities. The gaseous emanations from the soil are very peculiar, and not without risk to man and animals.

**Felsö-Visso.**—Austria-Hungary.

Alkaline and chalybeate waters of great strength.

No establishment, and but poor accommodation.

**Feredschik.**—Turkey, Roumelia, Sandschak Gallipoli.

Saline waters, 70° F.

The establishments are on a grand scale, and fitted with every luxury.

**Féron.**—France, Department du Nord.

Earthy waters, but little used.

**Ferranche.**—France, Savoy, near Chamonisset.

Cold ferruginous, alkaline and magnesian waters.

**Ferreira.**—Spain, Province of Murcia.

Earthy ferruginous waters.

*Special indications* : Anæmia, dyspepsia, irregular menstruation, disorders of kidney and bladder.

**Ferriere (La).**—France, Department of Isère.

Cold sulphate of lime waters.

**Ficoncella.**—Italy, Tuscany, valley of the Paglia, near Siena.

Ferruginous alkaline waters, 105° F.

Though very much frequented in the time of the Roman Emperors, they are now scarcely visited.

**Fideris.**—Switzerland, Canton of the Grisons.

Cold bicarbonate of soda and chalybeate waters.

**Fiestel.**—Germany, Westphalia.

Sulphate of lime springs ; 2 grs. of mineralisation.

**Filetta.**—Italy, Romagna, near Torano.

Earthy saline waters, 85° F.

Little used ; accommodation of a very inferior kind.

**Filey.**—England, Yorkshire, seven miles from Scarborough.

Saline springs, deserving to be better known.

*Season* : June—September.

*Doctor* : Dr. Scrivener.

**Fineschti.**—Roumania, Walachia.

Sulphurous waters, 45° F.

Establishment and accommodation inferior.

**Fitero.**—Spain, Province of Navarre.

Thermal chloride of lime springs, 115° F.

*Special indications* : Rheumatism and paralysis.

**Fiumorbo.**—France, Corsica.

Sulphurous waters, 130° F.

Establishment and accommodation inferior.

**Fläsch.**—Switzerland, Argovy, near Feldkirch; 1,750 feet above the sea level.

Alkali-saline waters, 45° F.

*Special indications* : Gravel, vesical calculi, podagra, hæmorrhoids.

The establishment is good and accommodation fair.

**Fleetwood.**—England, Lancashire, on the Wyre.

Sea baths; shingly beach.

Climate humid and mild.

*Doctor* : Dr. Orr.

**Flinsberg.**—Germany, Silesia.

Bicarbonate ferruginous cold waters.

*Doctor* : Dr. Adam.

*Hotels* : Thomas, Grasser.

**Flint.**—Wales,

A well-frequented sea bathing-place.

**Flue.**—Switzerland, near Solothurn.

Alkaline springs.

**Folkestone.**—England, Kent, on the Channel coast.

A much frequented sea bathing-place; sandy beach.

Chalybeate waters.

*Doctor* : Dr. Tyson.

**Fonciègue.**—France, Arriège.

Bicarbonate of lime waters, 50° F.

*Special indications* : Nervous affections.

**Fonfrede.**—France, Department of Lot and Garonne.

Alkaline magnesian waters, 35° F.

*Special indications* : Gravel, affections of the kidneys, bladder, liver and diabetes; deserves to be better known.

*Doctor* : Dr. de Gaulejac.

**Fonga.**—Italy, Tuscany.

Effervescent alkaline waters.

Little or no accommodation.

**Fonsainte.**—France, Department of Cantal, near Cahors.

Ferruginous waters.

Mostly used in after treatment.

**Fonsalada.**—France, Department of Puy du Dôme, near Billon.

Saline waters, only employed by the surrounding inhabitants.

**Fonsanches.**—France, Department of Gard, near Vigan, 2 hours from Nîmes.

Sulphate of soda waters, 60° F.

*Special indications:* Neuralgia and rheumatism.

**Fonsrouilleuse.**—France, Department of Maine and Loire, near Chaumont.

Muriatic ferruginous waters.

Only used in the immediate neighbourhood.

**Fontaccia.**—Italy, Tuscany, near Monte Bicchieri.

Sulphurous and saline waters, 65° F.

**Fontagre or Sorède.**—France, Pyrénées Orientales, near Perpignan.

Effervescent ferruginous waters.

The hamlet is charmingly situated, while but little has been done to attract visitors.

**Fontarabia.**—Spain, near Bayonne.

Sea baths.

**Fontenelle.**—France, Vendée, near Napoléonville.

Alkaline waters similar to those of Forges-les-Bains.

**Foradade.**—France, Department of Pyrénées Orientales, near Tantarel.

Bitter waters, 65° F.

Used as a purgative, but only by the resident population.

**Forbach.**—Germany, Alsace-Lorraine.

Cold saline water; 6 grs. of mineralisation.

**Forceral.**—France, Department of Pyrénées Orientales, near Perpignan.

Ferruginous waters, 65° F.

**Fordel.**—Scotland, Fifeshire.

Alkali-saline waters.

**Fordignano.**—Italy, Sardinia, district of Barrigado.

Saline waters, 160° F.

Renowned under the Roman Emperors, as the ruins show; the baths are now altogether neglected. The roads leading to it are, as is almost universally the case in Sardinia, in a miserable condition.

**Forges-les-Bains.**—France, Department Seine and Oise. For routes see table.

Cold alkaline ferruginous springs.

**Forges-les-Eaux.**—France, Department of Seine Inférieure. Rail from Dieppe to Paris.

Cold bicarbonate and ferruginous waters, tonic and fortifying in their action.

*Special indications*: Convalescence, and more especially in cases of sterility.

Forges boasts a casino.

*Doctor*: Dr. Caraman.

*Hotels*: The *Hotel des Thermes* is the only hotel which can be recommended for comfort and proximity to the baths.  
Miss Broderick, proprietress.

**Forstegg**.—Switzerland, Canton St. Gall, near Sennwald.

Effervescent sulphurous waters.

Fairly good establishment.

**Fortuna**.—Spain, Province of Murcia.

Earthy ferruginous waters, 125° F.

*Special indications*: Rheumatism and paralysis.

**Fortyogo**.—Austria-Hungary, Transylvania, district of Coik.

Sulphurous alkaline waters.

Used in baths only by the surrounding peasantry.

**Fossino**.—Italy, Tuscany, in the bed of the Valcontò river.

Alkali-saline and ferruginous waters.

Very little used.

**Fosso degli Ontani**.—Italy, Tuscany, valley of the Fiora.

Alkali-saline waters, 65° F.

**Foucaude**.—France, Department of Herault, near Montpellier.

Warm bicarbonate of soda waters, 60° F.

*Special indications*: Sedative action; useful in certain nervous affections.

**Fourchambault**.—France, Department of Nièvre, near Nevers.

Bicarbonate of lime waters, cold.

**Fowey**.—England, Cornwall.

Sea baths on the south coast.

**Frankenhausen**.—Germany, Thuringia, near Sondershausen.

Saline lithic waters.

*Special indications*: Scrofula, rheumatism.

*Doctors*: Drs. Graef and Pflug.

*Hotels*: Nigger, Thuringia.

**Frankfort-on-Main**.—Germany.

Saline waters; 2 grs. of mineralisation.

*Special indications*: Skin diseases.



**Franzensbad.**—Austria, Bohemia, near Eger; 1,900 feet above sea level.  
For routes see table.

Six sulphate of soda and ferruginous springs, all cold; mineralisation, 4 to 5 grs. Carbonic acid waters and mud baths.

These waters are tonic and stimulating.

*Special indications:* Anæmia and many uterine affections.

The treatment is internal rather than external.

*Doctors:* Drs. Hamburger, Kallay, Klein and Sommer.

*Hotels:* Post, Hubner, Emperor's.

**Fraserburgh.**—Scotland, Aberdeenshire, 28 miles from Aberdeen.

Sea baths, sandy beach and chalybeate waters.

*Doctor:* Dr. Grieve.

**Freienwalde.**—Germany, Pomerania, on the Oder.

Cold ferruginous bicarbonate waters. Little frequented.

Situated in a very fine valley.

*Doctors:* Drs. Giserius and Nath.

*Hotel:* Kurhaus.

**Freshwater.**—England, Isle of Wight.

Sea baths, pebbly beach.

Climate pure and bracing.

*Doctor:* Dr. Phelps.

**Freyersbach.**—Germany, Duchy of Baden.

Bicarbonate and ferruginous waters. Treatment by means of the mud and carbonic acid gas baths. Little visited.

*Special indications:* Liver complaints, female diseases, disorders of the respiratory and urinary organs.

**Friedrichshafen.**—Germany, Württemberg, on the north shore of the Lake of Constance; 1,376 feet above sea level; 3,300 inhabitants.

A climatic summer station. Lake and Turkish baths.

The town is very old, but owing to recent additions it has acquired quite a modern aspect. The situation is very fine and picturesque, overlooking the lake and the opposite coast of Switzerland, with its mountain chains. Like all stations on the lake of Constance, it forms a good centre for excursions. There is a Kursaal, with park, on the shores of the lake. A museum, with many interesting objects illustrating the history of the lake of Constance and its primitive inhabitants. The King of Württemberg resides here in summer; the castle and park are both open to visitors.

Amongst the favourite excursions may be mentioned Mauzell, Berg, Unter, and Ober Theuringen, Lochbrücke, Trautenmühle, Waggershausen Riedle, St. George, Tettnang, Ravensburg, Wolfegg and Waldburg.

Post and telegraph office at the railway station.

*Doctor* : Dr. Seibold.

*Hotel* : The *Hôtel de la Couronne*, near the landing stage of the steamers, overlooking the lake and Alps, with a fine garden ; well managed house, with reasonable prices. Louis Deeg, proprietor.

**Friedrichshall.**—Germany, Bavaria, near Kissingen and Cobourg.

Bitter water, sulphate of soda and magnesia.

The water coming into the market under the above denomination is artificially prepared. It is less purgative, and consequently less irritating, than the waters of Pullna and Seidlitz, which allows of its being used for a greater length of time.

Only used for exportation.

**Friedrichroda.**—Germany, Thuringia, near Gotha.

Saline waters and pine-cone baths.

Very picturesque site.

*Doctors* : Drs. Keil and Weidner.

*Hotels* : *De Berlin*, *Herzog Ernst*.

**Friedrich Wilhelmsbad.**—Prussia, Island of Rügen, near Puttbus, in the Baltic.

A much frequented and very fashionable sea-bathing resort.

Established 1816.

*Season* : June—September.

**Fuen-Alamo.**—Spain, Province of Jaen.

Sulphurous waters, 45° F.

*Special indications* : Cutaneous affections.

**Fuente-Caliente.**—Spain, Province of Ciudad-Real.

Ferruginous waters, 100° F. ; douches, steam and mud baths.

*Special indications* : Rheumatism and paralysis.

**Fuente del Rosal.**—Spain, Province of Cuenca, near Beteta.

Earthy waters, 65° F.

Much visited, but lacking in comfort.

**Fuente del Toro.**—Spain, Province of Madrid.

Cold sulphurous waters, containing much free sulphur.

**Fuente de Piedra.**—Spain, near Antequera.

Indifferent waters, 60° F.

Known under the Romans as highly efficacious in cases of calculi.

**Fumades.**—France, Department of Gard, near Alais.

Sulphate of calcium bituminous waters, 40° F.

*Special indications* : Skin diseases and chest affections.

**Füred, or Balaton-Füred.**—Hungary, comitat of Szalad.

Earthy, alkaline and ferruginous water; baths in the lake of Balaton; mud baths; milk cure.

*Special indications*: Anæmia, chlorosis, debility.

This town is picturesquely situated, and affords valuable therapeutic aid.

*Doctor*: Dr. Mangold.

**Gaberneg.**—Austria, Styria, near Rohitsch.

Alkali-saline ferruginous waters.

Only internally employed.

**Gabian.**—France, Hérault, near Beziers.

Effervescent ferruginous waters. Little visited.

**Gadara.**—Syria, near Lake Tiberias (Tabarich).

Hyperthermal sulphurous waters; mud baths. Much frequented by the Arabs. Primitive appliances.

*Special indications*: Herpes, rheumatism and elephantiasis.

**Gafete.**—Portugal, Province of Estremadura.

Cold effervescent sulphurous waters.

**Gagliana.**—Italy, Tuscany, Valley of the Arno near Figline.

Earthy ferruginous waters, 50° F.

**Gaieiras.**—Portugal, Province of Estremadura.

Sulphurous waters, 95° F.

Little visited.

**Gainfarn.**—Austria, one hour's rail from Vienna, and close to Vöslau.

Hydropathic establishment. Much frequented.

*Doctor*: Dr. Friedmann.

**Gais.**—Switzerland, Canton of Appenzell; 2,820 feet above sea level.

Bicarbonate of iron, and carbonate of lime waters; climatic and whey cure station.

**Galaxidion.**—Greece, Morea.

Saline waters, 65° F.

*Special indications*: Spleen and liver affections.

**Galera.**—Spain, Province of Granada.

Cold sulphurous waters. Not much visited.

**Galleraje.**—Italy, Tuscany, Valley of Cecina.

One thermal sulphurous spring, 115° F.; two bicarbonate and ferruginous springs, 45° F.

*Season*: May and June, September and October.

Good establishment and accommodation.

**Galthof.**—Austria, Moravia, near Brünn.

Bitter waters, some of the mildest of their class.

The water is exclusively used for exportation, and is but little known.

**Galway Spa.**—Ireland, Connaught.

Muriatic ferruginous waters. Only used internally by the inhabitants.

**Gamarde.**—France, Department of Landes, near Dax.

Cold sulphate of lime springs.

**Gandesa.**—Spain, Province of Tarragon.

Thermal sulphurous waters.

**Garde de Bio. (La).**—France, Department of Lot.

Cold sulphate of sodium waters.

*Special indications* : Affections of the stomach.

*Doctor* : Dr. Audual.

**Gardinière.**—France, Department of Ain, near St. Rambert-en-Bugey.

Sulphate of lime waters. Little used.

**Garmyswyl.**—Switzerland, Canton of Fribourg ; 1,950 feet above sea level.

Cold sulphurous waters. Little used.

**Garris.**—France, Lower Pyrénées, near Maulcon.

Sulphate of lime springs.

**Garryhill Spa.**—Ireland, County Carlow.

Ferruginous waters.

**Gastein, or Wildbad-Gastein and Hof-Gastein.**—Austria, Duchy of Salzburg ; 2,900 feet above sea level. For routes see table.

Indifferent waters. Eighteen springs, of which nine only are utilised ; temperature ranges from 75° to 170° F.

Although these waters are not more highly mineralised than ordinary water, they are useful in relieving nervous affections, gout and rheumatism. They are charged with electricity.

The price of lodgings is fixed by the authorities.

*Doctors* : Drs. Pröll and Schider.

*Hotels* : *Straubinger, Schloss.*

**Gath.**—Austria-Hungary, Transylvania, near Stuhlweissenburg.

Earthy waters, 50° F.

**Gava.**—Spain, Province of Barcelona.

Bicarbonate and ferruginous waters, 45° F.

**Gaviria.**—Spain, Province of Guipuzcoa.

Sulphur springs, 45° F.

**Gavorano.**—Italy, Tuscany, valley of the Pecora.

Earthy ferruginous waters, 90° F.

The bathing establishment is good, but the unhealthiness of the site prevents any large concourse of visitors.

**Gazost.**—France, Department of Hautes Pyrénées, near Lourdes.

Sulphurous sodic, bromo-iodurated waters, 50° F.

Deserve to be better known.

A very good establishment, with comfortable accommodation.

**Gebangau.**—Java, Dutch Indies.

Saline springs, rich in iodine and magnesia.

**Gehringsswalde.**—Germany, Saxony, near Wolkenstein.

Earthy alkaline waters, 75° F.

Only used in baths. The establishment contains all modern appliances, and affords comfortable accommodation to visitors.

**Geilnau.**—Germany, Nassau.

Alkaline ferruginous table waters, analogous to those of Selters. Exported only.

**Geisslingen.**—Germany, Württemberg, between Stuttgart and Ulm.

Indifferent waters.

A small establishment.

**Geltschberg.**—Austria, Bohemia, near Leitmeritz.

Hydropathic establishment. Climatic air station.

**Gempelenbad.**—Switzerland, Canton of St. Gall; 1,680 feet above the sea level.

Earthy waters.

Used only by the surrounding peasantry.

**Genestelle.**—France, Department of Ardèche, near Entraigues.

Effervescent ferruginous waters. Scarcely known.

**Geneva.**—Switzerland, on the Lake of Geneva.

Transition station. Bathers from Aix-les-Bains come here to take a few days' rest after their cure.

Milk cure.

Bookseller: Monroe, 32, Grand Quai.

Doctor: Dr. Wilkinson.

Hotels: The *Hôtel Metropole*, facing the Lake, and the English garden. W. Greuling, director.

The *Hôtel de la Paix*, first-class house, Quai Mont Blanc, comfortable, well appointed for families. H. Trieschmann, proprietor.

**Georgenbad.**—Germany, Saxony, near the Bohemian frontier.

Sulphurous acidulated waters.

The bathing establishment has been much neglected.

**Gerace.**—Italy, Province of Reggio di Calabria. Rail from Naples to Reggio, stop at Gerace, thence to the baths by omnibus or carriage, one hour.

Effervescent saline, ferruginous and sulphurous waters, containing arsenic; the air is pure and healthy.

*Season:* May—September.

*Special indications:* Inflammation of the respiratory and digestive organs, herpes, skin diseases; chronic, articular and muscular rheumatism; glandular obstructions, *radical cure of syphilis.*

The establishment is not what the efficacy of the waters and the large number of visitors necessitates.

The hotels are good and comfortable; villas and private houses may also be had for the season or by the month.

**Geroldsgrün.**—Germany, Bavaria.

Cold ferruginous bicarbonate waters.

**Gerolstein.**—Germany, Rhenish Prussia, in the Eifel, near Trèves.

The waters used largely under this name in England as table waters, and exported by an English Company, are in reality those of Birresborn.

**Gersau.**—Switzerland, on the lake of Lucerne; 1,400 feet above sea level; a small village with 800 inhabitants. For routes see table to Lucerne; thence by boat in 1½ hours.

A climatic station, and also for the whey and grape cure. Inhalations, spray, pneumatic apparatus, electricity and shower baths. Bathing establishment on the lake.

*Season:* Spring and autumn, but open all the year.

Gersau is a quiet but charming village, situated on the southern slopes of the Righi. Its position is extremely picturesque and well sheltered. The climate is similar to Vevey and Montreux, but milder and less variable. The fact that figtrees, almonds and laurel bear fruit and grow well out of doors through the winter, shows how genial the climate is. Gersau is much visited by patients going to and from the Riviera and Italy, while a good many pass the whole winter here. During the summer months it is more a centre for excursions, which may be taken in endless variety, and the mere enumeration of which would occupy too much space. A large park surrounds the Villa Flora, and is open to visitors.

*Post and Telegraph Office.*

*English Church.*

*Doctor:* Dr. Fassbind.

*Hotel:* The Hotel Müller, with its dependency the Villa

Flora, is a thoroughly well managed hotel, affording every desirable accommodation; 130 rooms, with all the advantages of a Kurhaus. Pension from 7 to 10 fcs. a day.

**Giengen.**—Germany, Württemberg; 1,450 feet above sea level.  
Earthy waters, of the same class as "Wild baths."  
Very good establishment; largely frequented.

**Giesshübl.**—Austria, Bohemia, near Carlsbad; 1,100 feet above sea level.  
Pure alkaline waters.  
The water is chiefly exported. There is a whey cure and hydropathic establishment.  
*Special indications:* Feeble digestion and nervous stomachic disorders, affections of the urinary organs, albuminuria, diabetes.  
A very elegant and comfortable Kurhaus.  
Doctor: Dr. Gastl.

**Giglio.**—Italy, Tuscany, Island of Giglio.  
Ferruginous effervescent waters, used only as table waters.

**Gigondas, or Montmirail.**—France.  
Acidulated waters, 60° F.  
Mild but unsteady climate.

**Gigonza.**—Spain, Province of Cadiz.  
Cold sulphate of lime waters.

**Gijon.**—Spain, Galicia, near Oscura.  
Sea baths. Very fashionable.  
The scenery is highly picturesque, and the excursions in the neighbourhood very interesting.

**Ginols.**—France, Department of Aude, near Limoux.  
Thermal sulphate of magnesia waters, 75° F.  
Mildly laxative and diuretic.

**Gisi.**—Switzerland, Canton Unterwalden.  
Alkaline waters. Not used.

**Gisland.**—England, Cumberland, on the line of railway from Carlisle to Newcastle.  
Sulphurous waters, little visited.

**Giunco Marino.**—Italy, Tuscany, Valley of the lower Arona, district of Lorenziana.  
Alkaline-ferruginous waters, 50° F.  
Only used in the immediate neighbourhood.

**Glaine-Montaigut.**—France, Puy de Dôme, near Clermont-Ferrand.  
Cold ferruginous waters.

**Glanagarin.**—Ireland, Cork.

Ferruginous waters; but little used.

**Gleichenberg.**—Austria, Styria, near Graz. One hour by carriage from Feldbach station on the West Austrian Railway, and 3 hours from Spielfeld on the South Austrian line.

Alkaline, muriatic and ferruginous waters, four springs. Grape cure in autumn. Climatic air station in spring and autumn. Carbonic acid gas baths, iron and fir-cone baths.

*Season:* May—October.

*Special indications:* Nasal catarrh, inflammation of pharynx and larynx, chronic bronchial catarrhs, emphysema, asthma, chronic catarrhal inflammation, incipient phthisis, affections of the intestines, congestion of liver and spleen, vesical catarrh, amenorrhœa, sterility, chlorosis, scrofula, anæmia, gout, and chronic rheumatism.

Gleichenberg is situated in a park-like valley, offering great diversity of scenery and vegetation. The accommodation is of the best, there being more than eighty villas at the disposal of visitors. The climate is mild and equable, the mean annual temperature being 65° to 70° F. Mean atmospheric pressure, 735  $\frac{m}{m}$ . Gleichenberg is consequently a convenient intermediate halting place for invalids passing from a southern to a northern climate.

Post and telegraph. Excursions of the most varied nature. Concerts twice daily, theatre, casino, reading rooms, tombolas, &c.

*Doctors:* Drs. Präsil and Von Hausen.

All information may be had from the director of the baths.

**Gleisweiler.**—Germany, Palatinate, near Landau; 1,000 feet above sea level.

Hydro-therapeutic establishment; koumiss, whey and grape cures.

*Doctor:* Dr. Schneider.

*Hotel:* The Establishment.

**Gleissen.**—Germany, Prussia, near Langsberg and Küstrin.

Saline ferruginous waters; whey cure.

A very good establishment.

**Gleisslibergerbad.**—Austria, Tyrol, near Botzen.

Cold sulphurous waters.

A small bathing establishment

**Glengarriff.**—Ireland, Cork, near Bantry.

Sea baths; climate bracing but mild.

**Glenn-Sulphur-Springs.**—U. S. America, North Carolina, near Columbia.

Sulphate of magnesia springs.

Much frequented.



**Gloucester.**—England.

Saline ferruginous waters.

Much frequented, and possessing good bathing appliances.

**Gmünd.**—Austria, Carinthia, district of Villach.

Two cold sulphurous springs.

Only used by the surrounding peasantry.

**Gmunden.**—Austria, Upper Austria; 1,290 feet above sea level.

Saline waters, 25 per cent., 2 per cent. more than at Reichenhall. Climatic station.

The Curhaus provides saline, brine, warm, pine-cone and steam baths, and the arrangements are very efficient. The casino contains concert, gaming, reading and ball rooms, and is elegantly fitted up.

The scenery around is very picturesque.

**Goczalkowitz.**—Germany, Silesia, near Pless.

Very strong, bromo-iodurated saline waters, containing iron, 50° F.

There is a very good establishment, principally for sitz baths.

**Godelheim.**—Germany, Westphalia, district of Höxter.

Cold bicarbonate and ferruginous waters.

A good establishment, but little known.

**Godesberg.**—Germany, Rhenish Prussia, near Bonn.

Alkaline-saline ferruginous waters. Climatic summer station of great repute, and much frequented.

A charming little town in a very picturesque country, near the seven mountains chain; half-hour from Bonn. Combines town with country comforts.

*Doctors:* Drs. Finkelnburg, Gerber and Schwann.

*Hotels:* *Blinzler, Alder, and Riebes.*

**Golaise (La).**—Switzerland, Canton Valais.

Sulphurous and ferruginous waters.

**Goldbach.**—Germany, Bavaria, near Aschaffenburg.

Alkaline ferruginous waters.

**Goldberg.**—Germany, Duchy of Mecklenburg-Schwerin.

Chalybeate waters.

An efficient bathing establishment, containing sitz, douche, spray and steam baths.

**Golden Bridge.**—Ireland, County Dublin.

Strong sulphurous waters.

Very good establishments.

**Gonten.**—Switzerland, Canton of Appenzell ; 2,750 feet above sea level.

Earthy ferruginous waters.

The establishments are thoroughly efficient, and afford comfortable accommodation.

**Göppingen.**—Germany, Württemberg, between Stuttgart and Ulm.

Alkaline magnesia waters. Exported.

A well arranged establishment. Charmingly situated.

**Görbersdorf.**—Germany, Silesia, circuit of Breslau. Rail to Dittersbach ; 1,700 feet above sea level. For routes see table.

Mountain air cure station.

This establishment, the first of its kind in Europe, was founded in 1854, by Dr. Brehmer, who was the first to popularise the mountain air cure as a method of treatment in affections of the respiratory organs. From this place the "mountain air treatment," also known as the "Görbersdorf treatment," has spread. Görbersdorf, or rather the establishment of Dr. Brehmer, is situated 1,700 feet above the level of the sea, in a zone exempt from consumption. It lies in a narrow, winding valley, surrounded almost entirely by mountains, from 2,000 to 2,200 feet high. The mountains are covered to their very bases with pine forests, and offer a great variety of excursions. The shady walks, conducting direct from the establishment by easy windings to the summits of the mountains, at whose feet the Kurhaus is situated, form very gradual ascents. The paths and roads are well cared for, and are provided with seats, in order that patients while ascending may avoid fatigue and over-exertion. This feature is of the utmost importance in the treatment of many lung affections. The bye-paths and roads of the establishment are above 6 k. in length, and are provided with more than 400 benches and seats. The walks lie mostly in the forest, or in a park of twenty-eight years growth, and therefore well shaded. The sun has free play only in the immediate neighbourhood of the establishment, the remainder of the ground being thickly shaded.

The establishment itself comprises the Kurhaus and five detached villas, comprising altogether 234 rooms, furnished with every comfort which patients can require. The exterior of the building denotes sufficiently that it is no mere boarding-house or barrack. It combines beauty of architecture with utility. The two buildings forming the Kurhaus, and which contain 40 and 68 rooms respectively, are separated from each other by an extensive conservatory and reading-room. The rooms are thoroughly ventilated, especially in the new Kurhaus, where the air in every room is renewed three times in the hour.

These arrangements permit of the winter cure being carried on under the most favourable conditions. The conservatories

and winter gardens enable patients to take exercise on days when the weather forbids it in the open air. Such days are, indeed, very seldom met with here; five or six may be the utmost during the whole winter season. The majority of days are cloudy, but on sunny days a heat of from 45° to 51° F. in the sun is registered in mid-winter.

The establishment is arranged essentially for patients suffering from phthisis, or other affection of the respiratory organs. Anæmia, however, and chlorosis are also treated here with success. Some good results have been obtained likewise in the treatment of purely nervous asthma and in emphysema.

The therapeutic advantages are as follows:—An elevated position and a well-arranged establishment, with easy promenades and walks to the very summit of the mountains; baths of every description on each floor of the Kurhaus; douche and electric baths, and Waldenburg's apparatuses are also in use.

The director of the establishment is Dr. Brehmer, the founder, assisted by Drs. Wulfert, Achtermann, and Sargins; and by Mr. Grehmann, an accomplished chemist, and chief of the laboratory.

Visitors on arrival are recommended to drive directly to the establishment, where rooms and every other necessity will be selected by one of the attending physicians. But the safest way is to write beforehand and make the necessary arrangements with the director, so that everything may be ready on arrival. Hotels and private apartments can also be had in the village; but a sojourn in the establishment, under the immediate superintendence of the medical men, is much more preferable in all serious cases.

The prices of pension in the establishment, including room, attendance, board (five meals daily), *and the free use of all baths*, varies from 36s. to 60s. a week. The difference in price is occasioned exclusively by the position of the rooms. Patients who are obliged to reside outside the establishment, from want of room, pay for board and use of baths, &c., a weekly pension of 30s. to the establishment. The price of rooms in the hotels and village varies from 24s. per week. Winter pension costs 6s. a week more. The companions or attendants upon sufferers must be pensionaires of the establishment, and medical attendance is not included in the price of the pension.

Concerts and theatrical representations are given frequently. A cure-tax of 30s. for one person, and 48s. for a family, is levied each year, in return for which free use of the promenades, reading-room, concerts, milk-and-whey cure, trout fishing, &c., is given. The baths ordered by the doctors are included in the weekly pension, and are not charged for extra.

Divine service every second week.

In order to prevent disappointment, intending visitors should always order a carriage, by letter or telegram, at the establishment, to meet them at the station in Dittersbach. This is the only way to ensure comfortable conveyances.

Post and telegraph station.

All further information free on application to the director, Dr. Brehmer.

**Gori.**—Russia, Caucasus, near Semu-Chwedureti, district of Gori.

Cold sulphurous waters.

*Special indications:* Mercurial dyscrasia, liver and spleen disorders, old sores, herpes.

No establishment, and the baths are taken in common by patients in a natural basin in the rocks.

**Gortwa-Kisfalv.**—Austria-Hungary, near Vargeden.

Cold ferruginous waters.

Accommodation indifferent.

**Görz or Goritz.**—Austria, Illyria.

A climatic winter station. Grape cure.

Very pure air.

*Season:* Autumn and early spring.

*Special indications:* Scrofula, rhachitis, chronic catarrh, with emphysema, phthisis, nervous complaints.

Mean winter temperature, 52° F.; windless days, 71 in winter season; rainy days, 81; cloudless days, 53; mean rainfall, 841 m/m. The climate must therefore be considered as a humid one.

*Doctor:* Dr. Arone.

*Hotels:* *De la Poste.* The *Grand* is in course of erection.

**Goschwitz.**—Germany, Duchy of Saxe-Weimar, near Jena.

Cold sulphate of lime waters.

**Gournay.**—France, Department of Seine Inférieure, near Neufchâtel-en-Braye.

Cold ferruginous waters.

Only used in the neighbourhood as a table water.

**Gourock.**—Scotland, Renfrewshire, on the Clyde.

Sea baths, with good beach and healthy climate.

*Doctor:* Dr. Leitch.

**Grabalos.**—Spain, Province of Logrono.

Sulphate of lime waters.

**Graena.**—Spain, Cadiz, near Purullena.

Thermal ferruginous and sulphurous waters, 100° to 105° F.  
Superior bathing appliances and accommodation.

**Gräfenberg.**—Austria, Silesia.

Indifferent waters. Hydropathic establishment of great celebrity.

*Doctors :* Drs. Angel and Schindler.

*Hotels :* Crown Prince.

**Gramat.**—France, Department of Lot, near Gourdon.

Cold bicarbonate of iron waters.

**Gran.**—Austria-Hungary, comitat of Gran.

Sulphate of magnesia or bitter waters. Mineralisation  
108 gr., of which 104 are sulphate of magnesia.

One of the strongest bitter waters known. The action is  
rapid and very marked, even in small doses.

**Grandcamp.**—France, Department of Calvados, from Paris, *via* Isigny.

Sea baths, with good sandy beach.

**Grandeeyrol.**—France, Department of Puy de Dôme, near Issoire.

Ferruginous bicarbonate waters.

**Grandril.**—France, Department of Puy de Dôme, near Ambert.

Cold bicarbonate of lime waters.

**Grange-over-sands.**—England, Lancashire, Morecambe Bay.

Sea baths and good beach.

Climate fresh and bracing.

*Season :* March—October.

*Doctor :* Dr. Beardsley.

**Gränichenbad.**—Switzerland, Canton of Argovia.

Earthy waters.

A good bathing establishment, in Swiss chalet style, with  
ample appliances.

**Granville.**—France, Department of La Manche.

Much frequented sea baths.

**Grao.**—Spain, near Valencia.

Sea bathing and sandy beach.

Grao shares with Carbagnal ( $\frac{1}{4}$  hour distant) much the  
same reputation in Spain which Brighton and Hastings do in  
England. Accommodation very good.

**Grasnewawoda.**—Austria-Hungary, comitat of Neutra, one hour from  
Iastrabje.

Ferruginous effervescing waters. Only used internally.

**Grasse.**—France, Department of Basses Alps, three-quarters of an hour's rail from Cannes; 1,230 feet above sea level; 11,000 inhabitants. For routes see table.

Winter station. Dry and sedative climate.

Season: October—June.

*Special indications:* Chest and lung complaints, laryngitis, pharyngitis, nervous affections, anæmia, chlorosis.

The town of Grasse is situated in a picturesque country, and in a well-sheltered position. It stands on rising ground, and is surrounded by gardens in a very high state of cultivation. It has lately attracted the attention of medical men as a suitable winter resort. The air is less dry here than in stations closer to the sea-shore, whilst, owing to its being completely sheltered on three sides by high mountains, and open only towards the south, atmospheric changes are little felt.

The town is very old, and part of the ancient Saracen fortifications still remain. It is a quaint place, possessing many interesting buildings. The principal industry is the preparation of essences, perfumery and crystallised fruit; in consequence the country has a beautiful appearance in spring. The view from one of the hills embraces the whole coast from Toulon to Villefranche. Excursions, though only for the robust, as they must be made on foot, are numerous and interesting.

English Church service is held in winter in the *Grand Hôtel*.

Post Office: Boulevard du jeu de ballons.

Telegraph: Au Cours.

Doctor: Dr. Ferraud.

*Hotels:* The *Grand Hotel de Grasse* is splendidly situated, overlooking the town; exceptionally beautiful view; fine garden.

The *Hotel de la Poste*, a quiet family hotel in the centre of the town.

**Grasville-l'heure.**—France, Department of Seine Inférieure, near Le Havre.

Iodurated ferruginous waters.

**Gravesend.**—England, Kent, on the mouth of the Thames.

Sea baths; good beach. Healthy air.

Season: June—September.

Doctor: Dr. Firman.

**Great Yarmouth.**—England, Norfolk.

Sea baths; fine sandy beach.

Hot and cold baths on the parade. Climate bracing and exciting.

Doctor: Dr. Vores.

**Greifenberg.**—Germany, Bavaria, 4 hours from Landsberg and 2,000 feet above sea level.

Chalybeate waters; mud baths; also a climatic station.

*Special indications:* Feeble digestion, anæmia, disorders of the urinary system.

The environs are very interesting, possessing numerous ruins of Roman buildings. The site is charming. The Ammersee is close by.

**Greifswalde.**—Germany, Pomerania.

Strongly saline and bromine waters.

Establishments and accommodation good.

**Gréoulx.**—France, Department of Lower Alps, near Digne.

Thermal bromo-iodurated and sulphate of lime waters. The various springs remain much as they were in the time of the Romans.

*Special indications:* Scrofulous affections, and general constitutional weaknesses, atonic sores, blenorrhœa.

In proper hands, Gréoulx would soon become a first-class bathing and climatic station.

*Doctor:* Dr. Joubert.

**Gries.**—Austria, Tyrol, close to Botzen.

Climatic winter station, in a well sheltered position.

There are very few days here during winter when an invalid cannot take outdoor exercise between 11 and 2 o'clock. Much patronised by Austrians and Germans.

The accommodation is good, but amusements are few.

*Doctor:* Dr. Mayrhofer.

*Hotel:* Belle Vue.

**Griesbach.**—Germany, Duchy of Baden, in the valley of the Rench, on the road from Strasbourg to Stuttgart.

Two chalybeate springs, one of 60° F. Mineralisation, 3 gr.

A much frequented station, providing also the milk cure.

*Doctors:* Drs. Jaegerschmid (speaks English) and Haberer.

*Hotels:* Kurhaus.

**Griesbad.**—Germany, Bavaria, near Ulm.

Earthy ferruginous waters.

A good establishment.

**Grindelwald.**—Switzerland, Berner Oberland; 3,200 feet above sea level; 3 hours from Interlaken.

A very important climatic mountain station, especially suitable in cases of anæmia, hydræmia, chlorosis and rhachitis.

Goats' cows' and asses' milk. Baths of every description. The scenery all around is unsurpassed, and walks and excursions

sions of great variety abound. Latterly a mineral spring has been discovered, but has not yet been analysed.

The *Bear* (I. Boss, proprietor) is the hotel where English comforts are most studied. Arrangements made for families.

**Grinneaux.**—France, Department of Puy de Dôme, near Riome.

Bicarbonate of iron waters, 60° F.

These waters are used for incrustation more than for medical purposes.

**Grodeck.**—Austria, Galicia, district of Lemberg.

Sulphurous waters.

*Special indications* : Rheumatism and gout.

**Gross-Albertshofen.**—Germany, Bavaria, near Sulzbach.

Cold sulphate of magnesia water.

**Grosskarben.**—Germany, Bavaria, on the Nidda.

Earthy saline waters, very effervescent.

A good establishment, with abundant accommodation, reasonable in price.

**Gross-Schlagendorf.**—Austria-Hungary, comitat of Zips; 3,025 feet above sea level.

Alkali saline waters.

A very efficient establishment, with comfortable and cheap accommodation.

**Grosswardein.**—Austria-Hungary, near Hájos.

Sulphate of lime waters, 90° to 110° F.

Sulphurous indications in general; a much frequented station.

*Special indications* : Rheumatism and old wounds.

Two very elegant establishments, with concert, ball, reading, billiard and smoking rooms.

**Gross-Wunitz.**—Austria, Bohemia, near Püllna.

Sulphate of soda and magnesia water, 22 grs. of mineralisation; purgative action.

**Grotto del Cane.**—Italy, Naples, near Agnano.

Natural steam baths.

A grotto with gaseous emanations, much visited as a natural curiosity.

**Grüben.**—Germany, Silesia.

Sulphur ferruginous waters, very slightly mineralised.

Has a small bathing establishment.

**Grull.**—Germany, Westphalia.

Saline springs.

*Special indications* : Scrofulous affections.



**Grund.**—Germany, Brunswick.

Pine-cone, steam baths, and inhalations.

In the midst of the magnificent pine forests of the Harz.

*Special indications* : Convalescence after severe illnesses of all kinds, affections of the respiratory organs.

*Doctor* : Dr. Brockmann.

*Hotel* : Town Hall Hotel.

**Grundhofen.**—Germany, Saxe-Weimar, near Salzungen.

Effervescent ferruginous waters.

In a charming valley. Its elegant and comfortable establishment attracts many visitors.

**Guagno.**—France, Island of Corsica.

Two sulphate of soda springs, 95° to 125° F.

A thermal military establishment.

*Special indications* : Rheumatism in its chronic forms.

**Guarda-vieja.**—Spain, Province of Almeria, near Murcia.

Thermal sulphate and saline waters, mineralisation 44 grs.

*Special indications* : Rheumatism, herpes.

**Guernsey.**—England, an island in the Channel, off the coast of Normandy.

Sea baths much visited.

**Guesalivar or Sta. Agueda de Mondragon.**—Spain, Province of Guipuzcoa.

Cold sulphurous waters.

The bathing establishment is one of the best appointed in Spain, with good accommodation.

**Guillon.**—France, Department of Doubs, near Beaume-les-Dames.

Cold saline springs, slightly mineralised ; have a strong smell of sulphuretted hydrogen. This water frequently induces erysipelas.

*Special indications* : Rebellious neuralgias and syphilis.

The bathing establishment is well fitted up, and has ample accommodation.

*Doctor* : Dr. Brauley.

**Guitera.**—Corsica.

Undetermined waters, 110° F.

**Guitiriz.**—Spain, near Lugo.

Sulphurous waters, 50° F.

*Special indications* : Herpes.

**Günthersbad.**—Germany, Thuringia, near Erfurt.

Cold sulphate of soda and saline water.

**Gurnigel.**—Switzerland, Canton of Berne ; 3,700 feet above sea level.

Sulphate of lime and ferruginous waters.

Climatic station.

Very pure air. The establishments are thoroughly well arranged with all modern accommodation.

**Gustafsberg.**—Sweden, near Uddevalla.

Sea baths and ferruginous waters ; mud baths.

A much frequented station.

**Gyrenbad.**—Switzerland, Canton of Zürich ; 2,320 feet above sea level.

Effervescent earthy waters.

An establishment with sitz, swimming and steam baths.

The water is very seldom used internally. Climate severe, but healthy.

*Special indications:* Very efficient in rheumatism and abdominal obstructions.

**Gythium.**—Greece, south coast of Laconia.

Cold sulphurous and alkaline waters.

**Gyüzy.**—Austria-Hungary, comitat of Hónth.

Alkali-saline and sulphurous waters, 60° to 70° F.

*Special indications:* Affections of the eyes, gont, rheumatism, chronic skin diseases.

**Häbernbad.**—Switzerland, Canton of Berne, near Hutwyl.

Cold sulphurous waters ; whey cure. Primitive arrangements.

**Hackelthal.**—Germany, Bavaria, half-an-hour from Haag.

Alkaline waters.

**Hafkreuz.**—Germany, Hollstein.

Sea baths ; very fine sandy beach. Much visited by the inhabitants of Lübeck and Hamburg.

**Haiti or St. Domingo.**—An island in the Antilles.

Several sulphurous thermal springs.

**Haj-Stubna.**—Hungary, comitat of Thuraz on the Stubna.

Thermal sulphate of soda waters, 105° F.

Laxative action.

**Haldenstein.**—Switzerland, Grisons, near Chur.

Alkaline waters ; little used.

**Hall.**—Austria, near Linz ; 1,157 feet above sea level.

Cold saline and bromo-iodurated waters, mineralisation 17 grs.

*Special indications:* Scrofula, goitre.

*Doctors:* Drs. Körbl and Rabl.

**Hall.**—Austrian Tyrol, near Innsbruck, 1,610 feet above sea level.

Cold saline waters.

The bathing establishment is at Baum-Kirchen.

*Special indications* : Scrofula.

*Doctor* : Dr. Katzer.

Only private dwellings ; there is no hotel.

**Hall.**—Germany, Württemberg, near Stuttgart ; 670 feet above sea level.

Cold saline waters.

*Special indications* : Scrofula.

A much frequented station.

*Doctors* : Drs. Bilfinger, Dürr and Haneisen.

*Hotels* : Bath, Lamb.

**Halle.**—Germany, Prussian Province of Saxony, district of Merseburg.

Cold saline waters.

There is a very good establishment here, and the University is one of the best in Germany.

**Hallein.**—Austria, near Salzburg on the Salzach.

Saline waters. Climatic station in summer.

Very picturesquely situated, and a good centre for many interesting excursions.

**Halsbrücke.**—Germany, Saxony, near Freiberg.

Sulphurous and chalybeate waters.

**Hambach.**—Germany, Rhenish Prussia, 10 hours from Trèves.

Alkaline ferruginous waters.

These springs are also called the Birkenfeld water. Much frequented in the 18th century. Establishment destroyed in 1792, but rebuilt in 1845. Visitors have increased in number every year since then.

**Hamma.**—Algiers, near Constantine.

Bicarbonate of iron water, 90° F.

**Hamam Berda.**—Algiers, between Bona and Constantine.

Bicarbonate of lime waters, 70° F.

**Hamam de Gabes.**—Tunis.

Thermal waters not yet analysed.

**Hamam el Eux.**—Regency of Tunis, near Tunis.

Thermal waters.

**Hamam-Melouane.**—Algiers, near Ravigo, about 20 miles from the capital, Algiers.

Saline waters, 95° F., strongly mineralised, 26 gr. of chloride of sodium.

*Special indications* : Very efficient in rheumatism and abdominal obstructions.

**Hammm-Meskutin.**—Algiers, Province of Constantine, 12 miles west of Guelma.

Hyperthermal waters, 190° F., saline, sulphate of lime and arsenical springs.

Military bathing establishment.

*Special indications:* Paralysis, paludal cachexia, herpes, syphilis, old wounds.

**Hammm R' Irha.**—Algiers. Railway from Algiers to Bou-Medja, 4 hours; thence to Hammm R' Irha by carriage, 8 miles.

One thermal sulphate of lime spring, 105° F., and one bicarbonate of iron, 45° F.

*Special indications:* Articular pains and stiffness, muscular retractions, ankylosis, rheumatism, and intestinal obstructions.

It has a military hospital.

*Doctors:* Drs. Brandt and Lamargue.

*Hotels:* *The Establishment.* Mr. A. A. Dufour, proprietor.

**Hampstead.**—England, a suburb of London.

A place visited rather for the beauty of its situation than for the medicinal properties of its waters.

**Hanau.**—Germany, Hessen-Nassau, near Frankfort-on-the-Main.

Alkali-saline and ferruginous waters.

The establishment is tastefully built, and contains sitz, douche and steam baths. It is surrounded by a large park.

**Hapsal.**—Russia, Esthland, on the coast of the Baltic Sea.

Sea and mud baths, with temperature of about 60° F.

Celebrated for its mud baths.

**Hardeck.**—Germany, Bavaria, Palatinate.

Cold sulphurous and ferruginous waters.

**Harkanyi.**—Hungary, comitat of Baranya, near Siklós.

Alkaline sulphurous waters, 130° F.

A small establishment.

*Season:* May—October.

*Special indications:* Gout, rheumatism, feeble circulation, hæmorrhoids, lymphatism, scrofula, affections of the female organs, mercurial dyscrasia, atonic sores.

The vegetation is very luxuriant, the site picturesque. The near neighbourhood of Siklós and Fünfkirchen, with all the advantages offered by their size, &c., the mild climate and elegant bathing establishments make Harkanyi a very favourite Hungarian bathing station. The environs are full of most interesting antiquities. Accommodation is abundant and good and prices moderate.

**Harrodsburg.**—U. S. America, Kentucky.

A much-frequented thermal watering-place.

**Harrowgate.**—England, Yorkshire. About a hundred trains pass daily through Harrowgate.

Its waters are athermal. They contain sulphuretted hydrogen, chloride of sodium and iron.

*Special indications:* Chlorosis, anæmia and herpes.

Harrowgate is a very fashionable watering-place, with every accommodation for visitors.

The old sulphur spring has a mineral percentage of 137 grs., and is highly charged with carbonic acid.

*Doctors:* Drs. Ford and Oliver.

*Hotels:* Queen's, Crown.

**Hartfel.**—Scotland, Dumfriesshire.

Chalybeate waters.

*Special indications:* Chronic ulcers, anæmia; chlorosis, skin diseases, gout, rheumatism, paralysis.

**Hartlepool.**—England, Durham.

Sea baths.

**Harwich and Dovercourt.** England, Essex, on the North Sea.

Sea baths; sandy beach. Chalybeate spring at Dovercourt, with a good bathing establishment.

Climate mild and healthy.

*Season:* June—September.

*Special indications:* General debility, anæmia, scrofula.

*Doctors:* Drs. Cook and Dalton.

*Hotel:* The Pier.

**Harsburg.**—Germany, Duchy of Brunswick, in the forest of the Harz.

Saline waters, mineralisation 6 grammes of chloride of sodium.

Whey cure, pine-cone sap baths, climatic station in summer.

Very charming locality, surrounded by pine forests.

*Doctors:* Drs. Franke and Schücking.

*Hotels:* Kurhaus, Iulishall, Löhr, London.

**Hassan-Pacha-Palenka.**—Servia, near Lemendria.

Ferruginous waters, strongly impregnated with carbonic acid.

**Hastings and St. Leonard's.**—England, Sussex.

Sea baths and winter station; sandy beach. A favourite rendezvous of fashionable English society. Very mild and salubrious climate.

*Season:* September to March.

*Special indications:* Dyspepsia, bronchitis, nervous irritation and pulmonary complaints.

*Doctors:* Drs. Brodribb, Croft and Greenhill.

*Hotels:* The Queen's, The Albion.

**Hauterive.**—See Vichy.

**Havre.**—France, Department of Seine Inférieure, at the mouth of the Seine, 142 m. from Paris, and 105 sea miles from Southampton. Steamers of the L. & S. W. Railway (London, Waterloo Station) ply three times a week between Southampton and Le Havre, 6½ hours; 28 fcs. 75 c. 1st class. Steamboats continuously ply between Le Havre, Honfleur, Trouville and Deauville.

Sea baths. The beach being stony, bathers require shoes.

Season : 1st June to 1st October.

A very thriving commercial town, containing two theatres, chamber of commerce, several interesting churches, exchange, town hall, aquarium, port and docks. After Marseilles, it is the largest seaport in France.

English Church : Rue Mexico.

Post and Telegraph Office : Boulev. de Strasbourg.

Doctors : Dr. Farral, 170, Boulev. de Strasbourg.

Hotels : The *Hotel, Casino and Baths of Frascati* are situated close to the sea-shore. Large first-rate establishments, band, various amusements every day. The hotel cannot be too highly recommended for its excellent management and comfort. Theoph. Fötsch, proprietor.

**Hayling-Island.**—England, Sussex, on the South coast.

Sea baths, fine sandy beach. Climate mild and bracing.

No particular season ; open all the year round.

Special indications : Convalescence.

The vegetation of the island is luxurious.

Doctor : Dr. Aldersey.

Hotel : The *Royal*.

**Hechingen.**—Germany, Hohenzollern, between Württemberg and Baden, near Siegmaringen ; 1,570 feet above sea level.

Sulphurous calci-iodurated waters.

Special indications : Skin diseases.

The bathing establishment is situated in a park, and is thoroughly well fitted up.

**Heckinghausen.**—Germany, Rhenish Prussia.

Earthy ferruginous and sulphurous waters.

**Heidelberg.**—Germany, Duchy of Baden. For routes see table.

Climatic station.

Most pleasantly situated on the banks of the Neckar, and in what is certainly one of the most beautiful localities in Germany. It owes its celebrity chiefly to its university, which, after that of Prague, is the oldest in Germany.

The castle of Heidelberg was formerly the residence of the electors, but is now in ruins ; in its cellars is the celebrated "Heidelberger Fass." The whey cure station, Church of Holy Ghost, St. Peter, university, with an archæological institute,

zoological and botanical gardens, zoological museum and mineral collection, are close by.

Excursions to the Königsstuhl, Wolfsbrunnen, Schwetzingen, and Philosophen weg.

CABS: One hour, 1 m., 20 pfgs.; by course, one person, 50 pfgs.; two persons, 90 pfgs.

Dentist: Ph. Geierhaas.

Bookseller: Chas. Schmidt, Grabengrasse.

Doctors: Dr. Erb, Dr. Arnold, Dr. Czerny.

Hotels: The *Hotel Prince Charles*, a first-rate house, with view of the castle; railway tickets can be obtained and luggage registered in the hotel. Sommer & Ellmer, proprietors.

The *Castle Hotel*, the only hotel in the castle grounds; air, grape, and whey cures. H. Albert, proprietor.

The *Hôtel de Hollande*, on the Neckar; an old and renowned house; beautiful view of the valley near the castle. Omnibus at station. L. Spitz, proprietor.

The *Neckar Hotel* is an excellent house opposite the castle ruins, and very well situated. Omnibus at station. F. Spitz, proprietor.

Miss Sutton's Pension, 49, Anlage, first-class comfortable house, quietly and well situated on the chief promenade; has the advantage of a large and shady garden.

**Heiden.**—Switzerland, Canton of Appenzell, 2½ hours from Rorschach, on the Lake of Constance.

Ferruginous and sulphurous waters; but chiefly known as a climatic station.

The climate is mild and healthy in winter. As there are no shady walks, the heat in summer is sometimes almost unbearable.

**Heilbrunn.**—Germany, Bavaria, near Munich.

The Adelaide spring supplies cold iodo-bromurated water.

*Special indications:* Scrofula, chlorosis.

*Doctor:* Dr. Petrequin.

**Heiligeckreuzbad.**—Austria, Tyrol, near Hall.

Alkaline, saline, sulphurous waters, very mild, and little used.

**Heiligenstadt.**—Austria, Lower Austria, half-hour from Vienna.

Ferruginous waters, but frequented more as a summer villeggiatura.

**Heilstein.**—Prussia, District of Aix-la-Chapelle, 1½ hour from Gmünd, in the Eifel.

Earthy alkaline waters. Exported.

**Heinrichbrunnen.**—Germany, Silesia, District of Neisse.

Cold ferruginous waters.

**Heinrichsbad.**—Switzerland, Canton of Appenzell, near St. Gall, near Herisau; 2,410 feet above sea level.

Cold ferruginous bicarbonate waters.

Goats' milk cure.

Elegant Curhaus, with all modern requirements.

**Helensburgh.**—Scotland, on the Clyde, eight miles from Dumbarton.

Sea baths, sandy beach; no machines.

*Doctor*: Dr. Finlay.

**Helenskilde.**—Sweden, Zealand, Westerbotten, near Fredericksborg.

Alkaline ferruginous waters.

Only used in the immediate vicinity.

**Heligoland.**—Island of, at the mouth of the Elb, belonging to England.

Much frequented sea bathing place.

*Season*: June 15th to September.

*Doctor*: Dr. Zimmermann.

*Hotels*: London, Queen of England.

**Hellopia.**—Greece, Epirus, on the Kimara.

Saline, sulphurous thermal waters, mentioned by Homer and Hesiod.

*Special indications*: Skin diseases.

In the vicinity was the oracle of Dodona.

**Helmstädt.**—Germany, Brunswick.

Saline ferruginous waters.

A bathing establishment for sitz, steam, shower and dust baths.

**Helouan-les-Bains.**—Egypt, near Cairo, on the Nile.

Saline, sulphurous thermal springs, 75° F.

Single bath, swimming baths, inhalations, and hot sand baths.

*Special indications*: Pulmonary diseases, phthisis, gout, rheumatism.

Winter station, mean temperature, 30° F. in the shade; mean moisture, 67%; rainy days in winter season, 11.

*Doctor*: Dr. Engel.

Hotels and pensions.

**Helsingfors.**—Russia, 5 hours from Reval.

Seabaths; sandy beach.

A luxurious bathing establishment, situated in a fine garden.

**Hennebon.**—France, Department of Morbihan.

Sea baths, little frequented.

**Heppingen.**—Germany, Rhenish Prussia, District of Ahrweiler.

Mild, alkaline earthy waters, containing a little iron.



**Herculesbad.**—*See* Mehadia.

**Heringsdorf.**—Germany, Prussia, on the island of Usedom, in the Baltic, 22 miles from Stettin; 150 feet above sea level.

Sea baths, excellent beach of very fine sand.

Much frequented; mild and steady atmosphere.

*Season* : June—September.

**Herlein.**—Hungary, near Kaschau.

The beauty of the site, rather than the cold chalybeate spring, attracts visitors.

An establishment recently re-built, together with the new hotels adjoining, offer every comfort, and are well kept.

**Hermannsbad.**—Germany, Saxony, near Lausigk.

Ferruginous and sulphurous waters. Not used therapeutically.

**Hermannsbad.**—*See* Muskau.

**Hermida (La).**—Spain, Province of Santander.

Thermal saline waters, 145° F.

*Special Indications* : Rheumatism and paralysis.

**Hermione.**—Greece, Argolia.

Bitter waters, mostly exported to Turkey.

**Hermonville.**—France, Department of Marne, near Rheims.

Bituminous sulphurous waters.

*Special indications* : Rheumatism, asthma, gout.

**Herne Bay.**—England, Kent.

Sea baths, good beach. Climate mild.

*Season* : July—September.

A very much frequented resort. Two establishments.

*Doctor* : Dr. Bowes.

*Hotel* : The Brunswick.

**Hernösand.**—Sweden, Angermanland.

Ferruginous and effervescent waters.

**Herrsch.**—Roumania, on the Transylvanian frontier.

Very potent sulphurous waters; used only in the neighbourhood. No visitors.

**Herse (La).**—France, Department of Orne, near Montagne.

Cold ferruginous bicarbonate waters, very mild.

*Special indications* : Debility of the stomach, leucorrhœa.

**Hervideros del Emperador (Los).**—Spain, near Ciudad-Real.

Bicarbonate of lime waters, 60° F.

**Hervideros de Fontillesca.**—Spain, near Ciudad-Real.  
Ferruginous waters, 45° F.

**Hervideros de Fuen Santa (Los).**—Spain, Villafranca, near Pozuelo de Calatrava.

Ferruginous bicarbonate waters, 50° F., very rich in carbonic acid, which gas escapes from the soil in great quantities.

*Season* : June 10th to September 15th.

The number of visitors during the season is over 6,000.

*Special indications* : Rheumatism and herpes, old syphilis, hysteria, epilepsy, chorea, neuralgia, leucorrhoea.

The establishment is elegant, and very clean, a quality not found, as a rule, in Spanish hotels.

One of the most frequented of Spanish baths. Excellent establishments. The accommodation is abundant and efficient.

**Hervideros de Villar del Pozo (Los).**—Spain, near Ciudad-Real.

Ferruginous bicarbonate waters, 65° F.

*Special indications* : Rheumatism and herpes.

**Heselwangen.**—Germany, Württemberg, district of Black Forest.

Cold sulphurous waters, little known.

**Heucheloup.**—France, Vosges, near Mirecourt.

Ferruginous iodo-arsenical waters.

**Heustrichsbad.**—Switzerland, in the Bernese Oberland ; 2,050 feet above sea level.

Cold sulphate of sodium waters, rich in nitrogen. Establishment pretty good.

*Special indications* : Catarrhs and nervous affections.

**Hevitz.**—Austria-Hungary, comitat of Zala.

Indifferent waters, 75° to 85° F.

The springs form a lake. The establishment is well arranged and surrounded by a park. The accommodation is ample and comfortable.

**Heyst.**—Belgium, on the North Sea, near Ostend and Blankenbergh.

A rising sea bathing place, in which every effort is made to amuse and accommodate visitors.

**Hildegard-Brunnen.**—Hungary, near Ofen.

Sulphate of soda and magnesia waters, 16 grammes of mineralisation ; purgative.

**Hilversum.**—Holland, near Utrecht.

Artificial mineral waters.

The establishment is elegant, and is every year increasing in favour. Scrupulous cleanliness is the rule.

**Hing-tchon.**—China, North of Pekin.  
Thermal waters not yet analysed.

**Hinnewieder.**—Germany, Silesia.  
Bicarbonate ferruginous cold waters; a much frequented establishment.

**Hofgeismar.**—Germany, Province of Hesse-Cassel, on the route from Cassel to Paderborn.  
Cold alkali-saline chalybeate waters.  
A small but very good establishment.

**Hohenberg.**—Germany, Bavaria, near Wunsiedel.  
Bicarbonate ferruginous table water.

**Höhenstadt.**—Germany, Bavaria, near Passau.  
Cold indifferent and slightly sulphurous waters; mineral muds.  
A very good establishment, with every luxury and comfort.

**Hohenstein.**—Germany, Saxony, near Chemnitz.  
Earthy ferruginous waters; whey cure and hydropathic establishment.  
The Kurhaus is well arranged, and the accommodation abundant and good.

**Holbeck.**—England, Yorkshire, near Leeds.  
Alkaline sulphurous waters.

**Holkham.**—England, Norfolk, near New Walsingham.  
Sea baths; satisfactory beach.

**Holyhead.**—Wales, Anglesea.  
Sea baths; good beach.  
Doctor : Dr. Hughes.

**Holywell.**—England, Lancashire, near Cartwell.  
Muriatic ferruginous waters.  
*Special indications* : Anæmia, obstructions, skin diseases.

**Hollywood.**—Ireland, Downshire.  
Sea baths; sandy beach and chalybeate waters at Ballymahon and Cultra.  
The air is very fine.  
Doctor : Dr. Smith.

**Holzhausen.**—Germany, Prussia.  
Cold sulphate of lime waters.  
*Special indications* : Rheumatic neuralgias.

**Homburg-les-Bains.**—Germany, in the Province of Hesse Nassau ; 15 k. north-west of Frankfort-on-the-Maine. For routes see table.

Four springs of saline, ferruginous and acidulous waters.

The mineralisation consists principally of chloride of sodium, and is, 6, 10, 13 and 19 grammes respectively.

*Special indications* : Dyspepsia, scrofula, anæmia.

The thermal bathing establishment is comfortable and luxurious.

*Doctors* : Drs. Weber, Zurbach, Dietz, Lewis and Haase (specialist for eye and ear affections).

*Hotel* : The *Hotel Victoria*, a first-class house in every way. L. Weigand, proprietor.

**Home-Varaville (Le).**—France, Department of Calvados, from Paris, *via* Cabourg.

Sea baths.

**Homok.**—Austria-Hungary, comitat of Szathmar.

Ferruginous and sulphurous waters. Only used by inhabitants as a specific against gout.

**Homorod.**—Hungary.

Ferruginous bicarbonate waters, 30° F., tonic action.

**Honfleur.**—France, Department of Calvados.

Sea baths on the mouth of the Seine.

**Horcajo de Lucena.**—Spain, Province of Cordova.

Saline waters of 75° F.

*Special indications* : Skin diseases.

**Horley-Green.**—England, Oxfordshire.

Sulphate of iron waters.

**Hornsea.**—England, Yorkshire.

Sea baths, shingly beach.

Climate mild and bracing.

*Doctor* : Dr. Hodson.

**Horn.**—Switzerland, Thurgau, 2 hours from St. Gallen.

Ferruginous and sulphurous waters.

Baths in the Lake of Constance and the whey cure.

**Houches, Les.**—France, Upper Savoy.

Cold ferruginous, alkaline, magnesian and carbonate waters.

*Special indications* : Chlorosis ; acts on the digestive organs.

**Houlgate.**—France, Department of Calvados, *via* Dives.

Sea baths.

**Hourdel.**—France, Department of Somme.

Sea baths ; retired and quiet.

**Hovehampton.**—England, Sussex.  
Sea baths.

**Hovingham.**—England, Yorkshire.  
Alkaline springs.

**Howth.**—Ireland, Dublin.  
Sea baths, sandy beach.  
Climate mild.  
*Doctor* : D. Wright.

**Hozumező.**—Austria-Hungary, comitat of Sarós.  
Cold sulphurous and ferruginous waters.  
Only used by the surrounding inhabitants.

**Hraditzko.**—Austria-Hungary, comitat of Sarós, near Zeben.  
Cold sulphurous waters.  
A small bathing establishment.

**Hubertusbrunnen.**—Germany, Prussia, Province of Saxony ; 800 feet above sea level.  
Saline springs.  
*Doctors* : Dr. Schläger.

**Huelva.**—Spain, capital of the Province of same name, on the Atlantic coast, and on the junction of the Rios Tinto and Odiel, 9,500 inhabitants. For routes see table.

Winter station and sea baths.

*Season* : For baths the autumn months, and generally from November till May.

The climate is delightfully steady, mild, and invigorating, and as a consequence, the station has been coming into favour of late. The bay is a fine expanse of water, and the town is well sheltered from northerly winds. It is an old place, having been built by the Romans.

There are as yet no statistics concerning the atmosphere, rainfall, &c., but the number of cloudless days in the year is large. Some interesting old buildings exist in the town.

Post and telegraph office.

There is a resident English physician.

The hotel is owned and managed by an English Company, and is supplied by produce from their own farm. The prices are moderate and the accommodation excellent.

**Humera.**—Spain, Province of Madrid.  
Ferruginous bicarbonate waters, 50° F.

**Huniadi-Yanos.**—Hungary, near Budapesth.  
Cold sulphate and saline waters.  
Purgative action.

**Hunstanton.**—England, Norfolk, near Lynn.

Ferruginous water and sea baths.

Sandy beach.

Climate bracing and fresh.

Doctor : Dr. Whitty.

**Hüttersbach.**—Germany, Baden.

Saline waters.

**Hyères.**—France, Department of Var, near Toulon. For routes see table.

A winter station and sea baths.

Winter season, November—June ; summer, or sea bathing season, May—October.

*Special indications :* Diseases of the chest and lungs, scrofula, affections of the larynx, diabetes, gout and rheumatism.

The town proper is three miles from the sea, and is built on the southern slope of the Maurettes chain of hills, here about 700 ft. high. North of the Gapeau, a small river east of the town of Hyères, the chain of Maures mountains protects the town against north-east and north winds. To the south and south-east of Hyères are the three islands of Porquerolles, Port Gros, and Levant, also called the Hesperides, or Golden Islands. These protect the roadstead of Hyères, and form a safe harbour. The situation of this winter station has been frequently wrongly stated to be on these islands. The mean winter temperature at noon in the sun is 55° F., and in spring from 65 to 68° F. Approaching Hyères from La Pauline on a calm day, the traveller will be astonished at the rapidity with which the temperature rises, while the vegetation assumes a more and more tropical character, until the culminating point is reached in the date palms on the Place des Palmiers. The mistral, that great enemy of Provence, is little felt here. The valley of Costebelle is well sheltered against this scorching wind, and is also more protected and favoured as regards vegetation.

The mean barometric pressure is 762 to 766 mm., and the mean humidity of the air is 58 per cent. in the year. Forty-five rainy days, from October to end of April, have been counted ; snow falls very rarely, indeed not more than two or three times in a century. Fogs occur sometimes in autumn and spring, but are of short duration. The health of the community is very good, and scrofula and phthisis scarcely exist. The water is good. Drainage has been improved considerably of late, but much still remains to be done in this respect.

As everywhere on the Riviera, so likewise in Hyères, the hour of sunset is a dangerous one, and patients have to be careful then not to remain out of doors. The climate of Hyères, on the

whole, may be called a dry and stimulating one, and well-suited to patients who desire to avoid the damp and cold of a northern winter, and who have not to depend on free exercise in the open air as their principal treatment.

The town has 12,000 inhabitants, and the excursions are very varied and beautiful. A special feature of this town is the three avenues planted with palm-trees, whence the place has been named by enthusiasts, "*Hyères les Palmiers*." A large casino, with theatre, reading rooms, concert hall, &c., exists on the Boulevard Napoleon, where the syndicate has its offices.

English church, post and telegraph on the Route National, near the *Hotel des Iles d'Or*.

*Bookseller*: T. Hébrard.

*Doctors*: Drs. Griffith, Guessens and Marquez.

*Hotels*: The *Hôtel des Iles d'Or* and *Continental*, both first-class houses, in the best position of Hyères, comfortable in all respects. E. Weber, proprietor.

The *Hôtels Peyron* and *de l'Ermitage*, healthily and beautifully situated in the pine forest. A. Peyron, proprietor.

The *Hotel d'Europe* is now under new management; it has been entirely refurnished and greatly improved; it is centrally situated; the cooking is good, and the prices moderate. Marius Arnoux, proprietor.

**Hypate.**—Greece, Peloponnesus.

Saline sulphurous waters, 50° F., mildly purgative action.

*Special indications*: Leprosy, elephantiasis, syphilis and mercurial dyscrasia.

**Hythe.**—England, Kent, on the Channel coast.

Sea baths much frequented, and good bathing appliances.

**Ibenmoos.**—Switzerland, Canton of Lucerne; 1,800 feet above sea level.

Cold earthy waters. Charming site.

Internal and external application.

The establishment is well arranged, and the accommodation satisfactory.

**Iberg.**—Switzerland, Canton Schwyz, near Schwyz; 3,050 feet above sea level.

Sulphurous magnesian waters.

Exported in stone bottles to the surrounding districts.

**Iceland.**—Island of, belonging to Denmark.

Intermitting springs, known under the name of "Geysers."

The hottest springs and the largest in volume in the world.

**Ikaria.**—Greece, island in the *Ægean Sea*.

Very strong saline waters, 120° to 125° F.

Notwithstanding there being no accommodation and climate unsatisfactory, the place is much visited by the inhabitants of Samos and Asia Minor.

**Ildjak.**—Bosnia.

Saline waters.

**Ilfracombe.**—England, North Devonshire, at the entrance of the Bristol Channel.

Sea baths, much frequented. Air bracing and fresh.

*Doctor* : Dr. Stonehame.

*Hotel* : The *Ilfracombe Hotel*.

**Ilkeston.**—England, Derbyshire.

Sulphate of iron waters.

**Ilkley.**—England, Yorkshire, on the Wharfe.

Climatic station in summer, with hydropathic establishment at Ben-Rhydding.

*Doctors* : Dr. Leeson, Dr. Scott.

**Ilmenau.**—Germany, Thuringia, Duchy of Saxe Anhalt; 1,620 feet above sea level.

Various waters; hydro-therapeutic establishment; and owing to the surrounding pine forests, a climatic station.

*Special indications* : Affections of the eyes and nervous and heart diseases.

*Doctor* : Dr. Hassenstein.

*Hotels* : *Kurhaus*, *Sun*, *Lion*.

**Imnau.**—Germany, Principality of Hohenzollern; 1,260 feet above sea level.

Ferruginous bicarbonic waters, 22° F. Exported. Pine-cone-sap baths.

*Special indications* : Affections of the chest.

Much frequented station. Good establishment.

**Imola.**—Italy, Province of Bologna; 45 m. from Bologna by rail, quarter of an hour carriage from the station; 12,000 inhabitants.

Ferruginous, sulphurous saline waters. The establishment, erected in 1830, is efficient, and is situated in a very charming valley. The hotels afford every accommodation and comfort.

*Doctors* : Drs. Lesi and Ferretti.

**Inchaurte.**—Spain, Province of Gupuzcoa.

Cold sulphurous waters.

**Innichen.**—Austria, Tyrol, valley of the Puster.

Saline sulphurous and saline ferruginous waters. Little frequented.

*Special indications* : Gout, scrofula, blenorrhœa, amenorrhœa, hysteria, hypochondriasis, colics.



**Inowrazlaw.**—Germany, Prussian Province of Posen.

Saline waters.

*Special indications* : Scrofula, skin diseases, rheumatism and female affections.

*Doctors* : Drs. Mannheim, Rakowski and Winkler.

*Hotels* : Kurhaus, Villa Weiss.

**Inselbad.**—Germany, Westphalia, near Paderborn.

Saline and saline chalybeate waters, 45° F. Inhalations, whey cure.

*Special indications* : Tuberculosis, chronic bronchial catarrhs, pleuritic exudations.

*Doctor* : Dr. Brüggelmann.

*Hotels* : Kurhaus, Bathhouse.

**Instow.**—England, Devonshire.

Sea baths.

**Interlaken.**—Switzerland, Canton of Berne, between the Lakes of Brienz and Thune.

Climatic station in summer. Whey cure.

It possesses only artificial baths, and is visited almost entirely on account of its beautiful environs. Very fine scenery, and pure healthy air.

English service in the church at the Nunnery, also at Beatenberg.

*Doctors* : Drs. Zürcher and Strasser.

*Hotel* : The *Rugen Hotel*?, Jungfraublick, a first-class, well appointed house; magnificently situated on the Rugen. J. Oesch-Müller, proprietor.

**Inverleithen.**—Scotland, Peebles, on the Tweed.

Saline waters.

**Irno (Valley of).**—Italy, Province of Naples; from Naples to Salerno by rail, 1½ hours, thence by carriage half-an-hour.

Alkali-saline waters; not properly analysed (but superior to Vichy, and assimilating more to the Karlsbad waters), 59° F.

*Season* : June—September.

*Special indications* : Chronic catarrh of the stomach, splenic and hepatic complaints, uric acid diathesis, catarrhs of the urinary organs, gout and chronic rheumatism.

The site is beautiful, but the management of the establishment is scarcely on a par with the efficacy of the waters.

**Ischia.**—Italy, island in the Bay of Naples.

Alkali-saline waters, 145° F. Thermal establishment of Casamicciola. Climatic station for spring and autumn.

*Special indications* : Uterine affections, rheumatism, but especially diseases of the bones, sores, gout and paralysis.

An island celebrated for its rich vegetation and the beauty of its sky. It is much visited, too, on account of the abundance of its mineral springs. On its small surface there are no fewer than 22 springs, all well known and all in use under the Romans. The principal are St. Restituta, Fontana Cappone (similar to cold Carlsbad), and Gurgitello. (See articles on above). The earthquake of July, 1883, has wrought so much havoc amongst the bathing establishments, that it is unlikely they will ever be rebuilt.

*Doctor* : Dr. Storer.

**Ischl.**—Austria, Salzkammergut, on both banks of the Traun, on the confluence of the Traun and Ischl, 1,600 feet above sea level ; 9,000 inhabitants. For routes see table.

Saline and cold sulphurous waters ; climatic summer station ; whey cure ; saline, steam, hot and cold brine and sulphurous baths ; mud, malt, pine-cone sap, and wave baths ; inhalation ; medical gymnastics ; large swimming basin.

*Season* : May—October ; the most charming months here are September and October.

*Special indications* : Lymphatism, incipient goitre, affections of the mucous membrane of the stomach and intestines, chronic vomiting, diarrhœa from debility, dropsy, chronic affections of the respiratory organs, chronic skin diseases, **Nervous Affections**, disorders of ovaries and uterus, and sterility.

Ischl is charmingly situated in the centre of three valleys, and surrounded by high mountains, off-sets of the Tyrolese Alps. The country around offers an ever-varying change of picturesque beauty. The vegetation is very luxurious, especially in spots exposed to the sun's rays. The air is soft and pleasant ; nor does Ischl suffer from the defect common to most valleys, namely, a very limited period of sunshine daily, with a proportionately high temperature, which at times may become almost unbearable. The thermometer at Midsummer seldom rises above 86° F., and the change in temperature from morning to evening is hardly perceptible. Large Government salt-works are carried on here, and owing to this circumstance, the air is always impregnated with saline particles, which render it very invigorating. The surrounding mountains are clothed with pine forests, the emanations from which contribute in a large degree to the health-giving qualities of the air.

The chief promenade is the Esplanade, where visitors congregate, and which is thus the centre of "cure-life." The streets and roads are admirably kept, and the population is very civil and attentive. Beautiful villas and gardens surround Ischl to a wide range. The price of baths, &c., is posted up in all the establishments. Rudolph's Garden is the centre of

visitor-life in the morning, when the band plays from seven till half-past eight. Around it are the different bathing establishments. The hotels, villas, and houses with furnished apartments, are prettily situated, mostly in their own gardens.

The "*Curhaus*" surpasses most establishments of its kind in the best watering-places along the Rhine, both in architectural beauty, and in elegant and comfortable arrangements. A very extensive garden surrounds it: its prominent features are:—The terrace, where daily concerts are held, a large concert and ball-room, reading-room, gaming and smoking-rooms. The view from the terrace is beautiful. The theatre is in the town on the Kreuzplatz. Operas and comedies.

Society at Ischl is composed of the highest aristocracy, and the Imperial family passes several months here every year, in their beautiful castle. The *Post and Telegraph Office* is in the centre of the town, near the church. From here the different diligences start.

The excursions are very varied and too numerous to name in detail. Fishing is an amusement much indulged in, and amongst the fish frequenting the waters are, *salmo frio*, *salmo salvelinus*, *Salmo Schieffermulleri*, and *Salmo Thymallus*. Permission to fish is obtainable from Mr. Koch, mayor of the town.

*English church*: Hôtel Kaiserin Elisabeth.

*Exchange and Bank*: Gottwald, Kreuzplatz.

*House and Estate Agent*: Heuschober, Crown Hôtel.

*Bookseller*: Manhart, Pfarrstrasse.

*Chemist*: Krupitz, Landstrasse.

*Doctors*: Drs. Kaan, Fürstenberg, Heinemann, Stieger and Kottowitz.

*Hotels*: The *Hôtel Kaiserin Elisabeth* is splendidly situated. The proprietor owns the trout fishing. F. Koch, Proprietor. *Crown, Victoria, Post.*

**Islington.**—England, a district of London.

Ferruginous waters of great repute in the eighteenth century; at present not used.

**Ismailia.**—Egypt.

Sea baths.

**Isola Bona.**—Italy, near Porto Maurizio.

Cold sulphurous waters.

**Ivanda.**—Austria, on the frontier of Servia and Wallachia, near Temesvar.

Bitter waters, mineralisation 17 grammes., 12 grammes. of which are sulphate of sodium. It contains no sulphate of magnesia, and is laxative, mild in action, and therefore suitable for prolonged and gentle treatment.

**Ivonicz.**—Austria, Galicia, near Krosno.

Two saline bromo-iodurated, a bituminous and a ferruginous spring. This water contains 0.017 iodide of sodium.

*Special indications*: Goitre, articular disease, and herpes.

The establishments are efficient and the environs charming.

**Jacintos** (de los).—Spain, New Castilia, near Toledo.

Ferruginous alkaline waters, only exported.

*Special indications*: Difficult and irregular menstruation, chlorosis.

**Jacobfalva**.—Austria, Transylvania.

Cold bicarbonate ferruginous waters, mineralisation 5 grammes.

A small establishment, with limited accommodation.

**Jaen**.—Spain, Capital of Province of Jaen.

Thermal sulphate of magnesia springs, 85° to 90° F.

*Special indications*: Rheumatism, paralysis.

**Jahodnika**.—Austria-Hungary, comitat of Turocz.

Highly effervescent ferruginous waters. Only used locally.

**Valleyrac**.—France, Department of Cantal.

Cold bicarbonate ferruginous waters.

**Jallova**.—Turkey, Asia Minor, near Brussa.

Thermal sulphurous springs.

A very good establishment and an interesting place to stay at.

**Jamnicza**.—Austria, Croatia, near Agram.

Cold alkaline and sulphurous ferruginous waters, 16 grammes. of mineralisation, of which 6 are carbonate of sodium and 3 sulphate of sodium.

*Special indications*: Anæmia.

A much frequented establishment.

**Janischek**.—Russia, Lithuania.

Sulphurous waters.

Only used in the neighbourhood.

**Jano**.—Italy, Modena, near Scandiano.

Cold sulphurous waters.

Only used in baths by the surrounding peasantry.

**Jaraba**.—Spain, Province of Saragoza, near Ateca.

Thermal sulphurous waters, 85° F.

*Special indications*: Rheumatism, urinary affections.

**Jaróslaw**.—Austria, Galicia, district of Przemyśl.

Effervescent ferruginous waters, used in bathing.

**Jaxtfeld**.—Germany, Württemberg, near Heilbronn; 450 feet above sea level.

Saline waters, mineralisation 113 grammes., of which 108 are chloride of sodium. Inhalation.

A good establishment, with comfortable accommodation.

**Jelen.**—Austria-Hungary, comitat of Gömör, 1½ hour from Rima-Szombath.

Effervescent ferruginous waters, used only in the environs as table water.

**Jenatz.**—Switzerland, Canton of Grisons.

Cold ferruginous and mixed bicarbonate waters of 60° F.

Whey cure.

The establishment is fairly well arranged, and the accommodation good.

**Joanette.**—France, Department of Maine and Loire, near Angers.

Saline ferruginous springs, one sulphurous.

A small establishment.

**Job.**—France, Department of Puy de Dôme.

Slightly mineralised waters, used only as table water.

**Jobsbad, or Wiesenbad.**—Germany, Saxony, near Annaberg; 1,370 feet above sea level.

Earthy alkaline waters.

A fairly good establishment. Scenery grand and charming.

**Johannisbad.**—Austria, Bohemia, near Melnik.

Ferruginous waters.

**Johannisbad.**—Austria, Bohemia, near Pardubitz; 2,000 feet above sea level.

Alkali-ferruginous thermal water, 70° F.; climatic station.

*Special indications:* Nervous affections, hysteria, neuralgia, gastralgia.

Very charming site and mild air.

*Doctors:* Drs. Kopf and Pauer.

*Hotel:* Kurhaus.

**Johannisberg.**—Germany, Nassau, near Geisenheim on the Rhine.

Hydropathic establishment with electrotherapy. Grape cure.

Very elegant accommodation.

**Johnstown.**—Ireland.

Ferruginous spring. Much frequented.

**Jood.**—Hungary.

Sulphate of soda and magnesia waters, with purgative action.

**Jordansbad.**—Germany, Württemberg, near Biberach; 1,660 feet above sea level.

Effervescent ferruginous waters; establishments, with shower, spray, douche, and sitz baths. The situation is retired and pretty.

**Jorullo.**—South America, Venezuela.

Thermal sulphurous springs, 155° F.

**Jose.**—France, Department of Puy de Dôme.

Bicarbonate of soda water; only used as table waters.

**Josephsbad.**—Austria, Bohemia, near Tetschen.

Ferruginous waters.

**Jouche.**—France, Jura, near Dole.

Saline waters.

**Juliushall.**—*See* Harzburg.

**Jungbrunn.**—Germany, Württemberg, near Rottweil.

Saline waters, whey cure.

A good establishment.

**Junqueiro.**—Portugal, on the Atlantic, close to Lisbon.

Sea baths, sandy beach.

Very good establishments, and much frequented.

**Jurowla.**—Austria, Galicia, district of Sónok.

Cold saline waters.

Poor arrangements.

**Kabolapolyána.**—Austria-Hungary, comitat of Marmáros, district of Bahó.

Highly effervescent ferruginous waters.

Thoroughly efficient bathing establishments with all modern requirements.

The position of the town is picturesque.

**Kács.**—Austria-Hungary, district of Mező-Kovesd, near Miskolcs.

Indifferent waters, 65° F.

A very good establishment, with good accommodation.

**Kaifa.**—Greece, east coast of Morea, Elis, near Navarin.

Thermal sulphurous waters.

*Special indications:* Herpes, psoriasis, elephantiasis.

These waters are mentioned by Strabo. They are very efficient, but the severity of the climate makes a sojourn scarcely advisable.

**Kaissariani.**—Greece, Attica, at the foot of Hymettos.

Indifferent waters; climate very good in summer.

In the neighbourhood there are many ruins.

Ovid speaks of these waters in the following lines:

“Est prope purpureos colles florentis hymetti,  
Fons sacer et viridi cespite mollis humus.”

**Kalauria or Poros.**—Greece, island in the *Ægean Sea*.

Slightly sulphurous waters, used in urinary and intestinal disorders.

**Kalimaneste.**—Roumania.

Saline sulphurous waters, 55° F.

A small establishment.

**Kaltenleutgeben.**—Austria, Lower Austria, near Vienna.

Hydropathic establishment.

Very mild air and picturesque site.

*Doctor* : Dr. von Winternitz.

**Kammietz-Podolsk.**—Russia, Government of Podolia.

Sulphurous waters.

A much-frequented station.

**Kammer.**—Austria, near Linz and Salzburg.

Climatic summer station ; baths in the *Attersee* ; whey cure.

Very charmingly situated, pure air and steady climate ; good trout fishing and interesting excursions for tourists. The establishment is excellent, and accommodation comfortable and moderate.

**Kanitz.**—Germany, Bavaria, near Werdenfels ; 2,500 feet above sea level.

Alkaline iodurated waters.

Whey cure.

A good establishment.

**Karithena.**—Greece, Arcadia.

Cold sulphurous waters.

Like the majority of Greek springs, these were used in antiquity, but are now neglected.

**Karlsbad.**—Austria, Bohemia ; 1,150 feet above sea level. For routes see table.

There are twelve springs, of which the four principal ones are the *Sprudel*, 170° F., the *Neubrunnen*, 145°, the *Mülbrunnen*, 130°, and the *Theresienbrunnen*, 125° F. In these polymetallic waters the predominating elements are sulphate of sodium, carbonate of sodium, and chloride of sodium.

*Special indications* : Constipation, liver and bilious complaints, plethora, obesity, gout, gravel, &c.

*Doctors* : Drs. von Hochberger, Kafka, Lewis, Kroser, Gans, Preiss, Loudon, Neubauer and Schnee.

*Hotels* : *National, Hanover, de Russie.*

**Karlsbaden.**—Germany, Prussia, near Minden.

Saline waters.

A good establishment with satisfactory accommodation. A very mild and agreeable climate.

- Karlsruhe.**—Germany, Baden, between Karlsruhe and Durlach.  
Cold effervescent ferruginous waters; little used.
- Karpfen.**—Austria-Hungary, comitat of Sohl, on the Kropona.  
Sulphurous magnesian waters.  
A small establishment, used only by the inhabitants.
- Kaschin.**—Russia, near Moskau, on the Masletka.  
Very cold ferruginous waters.  
Primitive arrangements, used only by residents.
- Kastanowka.**—Russia, Government of Kiew, near Schpoli.  
Sulphurous waters, little used.
- Kastenloch.**—Switzerland, Canton of Appenzell.  
Alkaline waters, little used.
- Katharinenbad.**—Russia, Caucasia, on the Terck.  
Alkali-saline waters, 175° to 180° F.  
Primitive arrangements and accommodation.
- Katharsion.**—Greece, Island of Lesbos.  
Saline waters, 75° to 80° F.; they contain a good deal of sulphur. The place is called, from this, the "ill-savoured pool."  
The baths enjoy a high reputation, and are much frequented.  
The ruins of the old Grecian baths have been partially restored, and afford visitors satisfactory accommodation.
- Katwyk.**—Holland, one hour from Leyden.  
Sea baths and sandy beach; very quiet place, though much frequented. The simple life and peaceful surroundings act very favourably on patients.
- Kaudenbach.**—Germany, Rhenish Prussia, near Bertrich.  
Earthy ferruginous waters, 70° F.; used in drinking, as auxiliary to those of Bertrich.
- Keked.**—Austria-Hungary, near Kaschau.  
Cold sulphurous waters.  
*Special indications:* Chronic catarrhs and muscular contractions.
- Kellberg.**—Germany, Bavaria, 1½ hours from Passau; 1,200 feet above sea level.  
Ferruginous and slightly effervescing waters.  
The establishment is well arranged, and the accommodation comfortable and moderate in price.
- Kéménd.**—Austria-Hungary, comitat of Hunyad.  
Earthy waters, 45° F.



**Kemmern.**—Russia, near Riga.

Very strong sulphurous waters, containing a large quantity of sulphuretted hydrogen.

The bathing establishment is elegant and the accommodation satisfactory.

**Kerö.**—Austria, Transylvania, district of Dées.

Cold saline sulphurous waters.

Good establishment, with tolerable accommodation.

**Keruly.**—Austria, Transylvania, district of Udvarhély, 4 hours from Lövete.

Effervescent alkaline ferruginous waters. Used only by the surrounding peasantry.

**Keswick.**—England, Cumberland, Lake District.

Summer holiday resort, with fishing and boating.

Doctor : Dr. Knight.

**Keuchresæ.**—Greece, on the Isthmus, south of Corinth.

Saline waters, 70° F.

Known in the days of Pausanias as the Helena baths.

**Kiel.**—Germany, Province of Holstein. Important maritime port on the Baltic.

Sea baths ; fine white sandy beach.

Season : June—September.

The establishment is very elegant and much frequented.

**Kierling.**—Austria, Province of Lower Austria, near Klosterneuburg.

Climatic station, but better known through its whey cure establishments.

Very fine climate and luxuriant vegetation.

The establishment is comfortable.

**Kilburn.**—England, near Hampstead, in Hertfordshire.

Bitter waters.

*Special indications* : Similar to those of Friedrichshall.

**Kilkee.**—Ireland, Donegal.

Sea baths ; sandy beach ; chalybeate springs.

Doctor : Dr. Griffin.

**Kilkenny College Spa.**—Ireland, on the River Store.

Chalybeate waters.

**Killymard.**—Ireland, Donegal.

Sulphurous springs, entirely neglected.

**Kilrush.**—Ireland, Clare.

Sea baths ; sandy beach ; chalybeate waters.

Doctor : Dr. Counihan.

- Kimpalungi.**—Roumania, Wallachia, near the Austrian frontier.  
Saline sulphurous waters.  
Primitive establishment, with indifferent accommodation.  
The site is pleasant and pretty.
- Kinsale.**—Ireland, Cork, on the Bandon river.  
Sea baths, fine sandy beach, chalybeate waters near Castle-in-Park.  
*Doctor:* Dr. Bishopp.
- Kiralyi.**—Austria-Hungary, comitat of Gömör, near Tornallya.  
Sulphurous earthy waters, 60° to 75° F. Only used in the environs.
- Kiralyesö.**—Austria-Hungary, comitat of Marmaros, district of Tecsö.  
Ferruginous iodo-bromurated saline waters.  
The spring is the property of the Government, and is almost neglected.
- Kirchberg.**—Germany, Bavaria, near Reichenhall; 1,520 feet above sea level.  
Earthy alkaline saline waters, whey cure, and aromatic herb extract baths.  
Much frequented. The situation is charming.
- Kirchbrunnen.**—Germany, Württemberg, near Heilbronn.  
Bitter waters.  
Formerly much frequented, and the water exported, but now abandoned.
- Kirchheim.**—Germany, Württemberg, near Teck.  
Cold sulphurous waters.  
*Special indications:* Chronic, rheumatic and arthritic complaints, chronic skin diseases.  
There is a good establishment.
- Kirchleerau.**—Switzerland, Canton of Argovia, 3 hours from Aarau.  
Earthy waters.  
Used only by the surrounding peasantry.
- Kirkilissa.**—Turkey, Bulgaria, on the road from Adrianople to Constantinople.  
Sulphurous water, 80° F.  
The bathing arrangements are the same as in all Oriental baths.
- Kirstenpils.**—Denmark, near Copenhagen, in the Zoological Gardens.  
Indifferent waters.  
*Special indications:* Paralysis and rheumatism.

**Kis-Czeg.**—Austria, Transylvania.

Alkali-saline waters ; four springs.

Purgative and very efficacious action. A cold Karlsbad.

**Kis-Kalan.**—Austria, Transylvania, 2 hours from Hunyad.

Mixed bicarbonate waters, 75° F.

**Kis-Sáros.**—Austria-Hungary, comitat of Sáros, near Eperies.

Alkaline ferruginous waters.

A very good establishment, with comfortable accommodation.

Very picturesquely situated.

Doctor : Dr. Jác.

**Kissingen.**—Germany, Bavaria, near Würzburg, on the right bank of the Saale ; 602 feet above sea level. For routes see table.

Three principal springs ; the Rakocsy, the Pandur, and the Maxbrunnen.

Cold saline waters, strongly mineralised.

*Special indications* : Tonic and excitant, they are admirably suited to abdominal and hæmorrhoidal congestions.

Prince Bismarck passes about two months here every year.

*Bookseller* : Ph. Hailmann.*Doctors* : Drs. Sotier, Stöhr, Scherpfert, Galbois, Diruf, Welsh and Gaetschenberger.*Hotels* : Kurhaus, de Russie, Sanner, Victoria.**Kiszladowdk.**—Russia, Caucasus ; 2,375 feet above sea level.

Alkali-saline earthy waters, 45° F.

A special feature of this water is its action on the kidneys. It is most efficacious in all vesical diseases. Great caution must be used in drinking it.

**Klaussen.**—Austria, Styria, near Graz.

Ferruginous bicarbonate waters. Composition almost the same as those of Spa ; 0.098 of iron.

*Special indications* : Catarrhal affections, hypochondriasis, hysteria, anæmia.**Klein-Chocholna.**—Austria-Hungary, comitat of Trenczin and near this town.

Alkali-saline ferruginous waters.

Only used by the peasantry in cases of intermittent fever.

**Kleinengstingen.**—Germany, Württemberg, near Marbach ; 2,190 feet above sea level.

Indifferent waters ; little used.

**Kleinern.**—Germany, Principality of Waldeck-Pyrmont.

Bicarbonate of magnesia waters. Complementary to those of Wildungen.

**Klein-Schirma.**—Germany, Saxony, between Freiberg and Chemnitz.  
Mineral and mud bathing establishment.

**Klemutzion.**—Greece, Morea, Province of Elis, facing Zante.  
Sulphurous waters, 70° to 95° F.  
Well known in ancient times.

**Klieningen.**—Austria, Carinthia, District of Klagenfurt.  
Earthy alkaline and ferruginous waters.  
*Special indications* : Debility, anæmia, difficult menstruation.

**Klokocs.**—Austria-Hungary, comitat of Sohl.  
Effervescent earthy waters, little used.

**Klosters.**—Switzerland, Grisons ; 3,700 feet above sea level.  
Cold sulphurous waters.  
Indifferent establishment.

**Klutschewsk.**—Russia, in the Ural mountains, Government of Perm.  
Sulphurous waters.

**Klütz.**—Germany, Mecklenburg, near Wismar.  
Sea baths, sandy beach, and good arrangements.

**Knaresborough.**—England, Yorkshire.  
Sulphate of lime waters.

**Knutwyl.**—Switzerland, Canton of Lucerne ; 2,110 feet above sea level.  
Sulphate of lime and iron waters. Very mild and pure air.  
Good establishment and tolerable accommodation.

**Kobersdort.**—Austria-Hungary, comitat of Oedenburg, near Rabnitz.  
Alkali-saline ferruginous waters.  
Good establishment, with comfortable accommodation at moderate rates.

**Kochel.**—Germany, Bavaria, on the Lake of Kochel.  
Alkaline waters, climatic air station ; very mild and equable air.  
The establishment is luxurious, and accommodation ample.

**Kondrau.**—Germany, Bavaria, near Ratisbon ; 1,600 feet above sea level.  
Saline waters.  
*Special indications* : Catarrh of the vesical organs and gravel.

**Königsborn.**—Germany, Westphalia, near Unna.  
Cold saline waters.  
Very efficient establishment.

**Königsbrunn.**—Germany, Saxony, near Königstein, 1½ hour from Dresden.

Hydropathic establishment.

Very fine site; place thoroughly well appointed.

**Königsdorff-Jastrzems.**—Germany, Silesia, near Ratibor; 800 feet above sea level.

Bromo-iodurated saline waters, very strongly iodurated. 65° F.

*Special indications:* Chronic rheumatism, paralysis, syphilis, scrofula, affections of the uterus, difficult menstruation, caries, necrosis, skin diseases, goitre.

*Doctor:* Dr. Weissenberg.

*Hotels:* Königsdorff, Hohenzollern.

**Königstein.**—Germany, Nassau in the Taunus.

Hydro-therapeutic establishment.

*Doctors:* Drs. Pingler and Thewalt.

*Hotels:* Pfaff, Amsterdam.

**Königswarth.**—Austria, Bohemia, near Marienbad; 2,155 feet above sea level.

Bicarbonic ferruginous waters.

*Special indications:* Anæmia, rhachitis, scrofula, chronic paralysis.

The establishment is thoroughly fitted up and the site is charming.

*Doctor:* Dr. Kohn.

*Hotel:* Kurhaus.

**Konopkowka.**—Austria, Galicia, district of Tarnopol.

Cold sulphate of lime waters.

*Special indications:* Herpes, rheumatism.

Only used in baths; the establishment is efficient.

**Kopenhagen.**—Denmark, capital of.

Sea baths, sandy beach.

**Kornwestheim.**—Germany, Württemberg, half-hour from Ludwigsburg.

Cold sulphurous waters.

The Kurhaus combines bathing establishment and hotel.

**Korond.**—Austria-Hungary.

Saline waters.

No establishment, and but primitive accommodation.

**Koroud.**—Austria, Transylvania, near Parajd.

Effervescent earthy waters.

There is a bathing establishment, and several buildings affording good accommodation.

**Korsow.**—Austria, Galicia.

Ferruginous bicarbonate waters.

**Korytnica.**—Austria-Hungary, in the Carpathians, near Neusohl.

Saline ferruginous waters, and climatic station.

Korytnica is magnificently situated. The vegetation is very luxuriant, the air mild and equable, and the place very fashionable.

*Doctor:* Dr. Vogel.

**Kösen.**—Germany, Saxony.

Saline bituminous waters, 40 grammes of mineral principles, of which 33 grammes are chloride of sodium; the salts are exported.

*Special indications:* Scrofula.

Very good establishments, with abundant and fashionable amusements.

*Doctors:* Drs. Wahn, Knorr and Rosenberger.

*Hotels:* Zum Muthigen Ritter, Kurzhalz.

**Kosia.**—Roumania.

Sulphurous-saline waters, 60° F.

Very little used.

**Kostendil.**—Turkey.

Sulphurous waters.

*Special indications:* Skin diseases, gout, paralysis and intestinal disorders.

**Kostreiniz.**—Austria, Styria.

Carbonate of soda water; 10 grammes of mineralisation, of which six are carbonate of sodium.

**Köstritz.**—Germany, Principality of Reuss, in Saxon Switzerland.

Saline, pine-cone sap, dry, warm, and sand baths.

*Special indications:* Rheumatism, ankylosis.

*Doctor:* Dr. Sturm.

*Hotel:* Kurhaus.

**Kötschenowa.**—Russia, near Moskau.

Effervescent ferruginous waters.

Good establishments, long known.

**Kovaszna.**—Austria, Transylvania, near Kronstadt.

Cold alkaline-muriatic springs.

Primitive establishment, with accommodation of an indifferent sort.

**Krähenbad.**—Germany, Württemberg; 1,400 feet above sea level.

Alkaline-earthly waters.

There is a primitive establishment.

**Krankenheil.**—Germany, Bavaria, near Tölz; 3,452 feet above sea level, on the river Isar.

Cold iodo-bromurated saline waters.

*Special indications:* Scrofula, inflammation of the ovaries, hyperæmia of the uterus, indurated breasts, inflammation of the prostate gland and urinary organs, goitre.

Kursaal and Trinkhalle; much frequented establishments.

*Doctors:* Drs. Höffer and Jungmayer.

*Hotel:* Kurhaus. Chas. Loder, proprietor.

**Krapina Töplitz.**—Austria, Croatia, comitat of Warasdin.

Two thermal carbonate of lime springs, 100° to 115° F.

*Special indications:* Nervous affections, eczema, prurigo-lichen, psoriasis.

Excellent establishment and accommodation. The site is beautiful and the climate mild and healthy.

*Doctors:* Drs. Von Aigner and Rak.

*Hotel:* Kurhaus.

**Kreuth.**—Bavaria, Germany; 2,910 feet above sea level.

Bitter waters, whey cure, climatic station.

A well-appointed establishment; climate mild, yet damp.

*Doctor:* Dr. May.

*Hotel:* Kuranstalt.

**Kreuzen.**—Austria, Province of Upper Austria, near Grein; 1,360 feet above sea level.

Hydropathic establishment. Climatic station, surrounded by pine forests.

Complete establishment.

*Doctors:* Dr. Krischke, Dr. Urbaschick.

**Kreuznach.**—Germany, Rhenish Prussia, on the Nahe. For routes see table.

Bromo-iodurated saline waters.

*Season:* From 1st May to 1st October; open all the year round.

*Special indications:* Scrofulous affections, diseases of the ears, eyes, respiratory organs, bones and joints, all female and skin diseases, and in chronic affections generally.

In the immediate vicinity of the Elisabeth Spring is the Kurhaus. This establishment contains one large and several small and elegantly decorated concert, conversation, billiard and reading-rooms, with 200 newspapers of all countries, the offices of the director, and on two floors 80 rooms of various dimensions, which are let during the season at fixed prices.

During the season cows are kept in the park, so that patients who require a milk cure may have milk in first-class condition at fixed rates. Goats' milk and whey, prepared by a Swiss

from Appenzell, are to be had in the pavilions in the park, also at fixed prices. Other mineral waters, freshly imported under the supervision of the committee, may also be had at fixed rates at the Elisabeth Spring.

Invalids who require especial care will meet with it at the Diaconesses, from Kaiserswerth, or the Catholic nuns. The former provide the nursing in the town hospital, and the latter in the Catholic convent. Into both establishments patients are admitted, in special cases, where their limited means do not permit them to undergo a cure in Kreuznach. In the Catholic convent the arrangements are such that wealthy patients, who wish to reside in the institute, can be received. Applications for admittance should be made in the case of the former to the Mayor, and of the latter to the Abbess of the convent. There exists, moreover, since 1878, a childrens' hospital, the Victoria Institute, established under the especial patronage of H.R.H. the Crown Princess of Germany and Princess Royal of England. This establishment offers to the poorer class of children, irrespective of creed or nationality, the free use of the baths and waters of Kreuznach, with the view of checking, as far as may be, the ravages of children's diseases, and especially of those which, like scrofula, prevail chiefly among the poor. The cost of a course of treatment lasting thirty days is from 45s. to 60s. inclusive.

For the accommodation of patients there are nearly 200 elegantly furnished hotels and private bathing houses, most of them in gardens. The amusements provided are all that can be desired. The splendid Kurhaus forms the centre of Cure life. Three times daily, the excellent orchestra of Director Parlow gives symphonic and artistic concerts. Water parties and carriage drives, balls, Italian nights, illuminations, fire-works, theatres, hunting, and fishing, etc., etc., supply the requirements of most visitors.

The excursions in the environs are very varied and beautiful. English Church.

Post-office Telegraph.

*Bookseller*: Rhein. Schmidthals.

*Doctors*: Drs. Engelmann, Stabel and Strahl.

*Hotels*: The *Kurhaus Hotel*. G. Simpson, proprietor.

The *Hôtel Royal* and *d'Angleterre*, well situated, close to the *Kurhaus*, 100 bed and 20 sitting-rooms. J. C. Heitz, proprietor.

The *Hôtel d'Europe*, a well-managed house, near to the station, Bath-Kreuznach. L. Anheisser, proprietor.

**Krevenish.**—Ireland, County Fermanagh.

Sulphurous waters, with only a local reputation.

**Kronberg.**—Germany, Nassau.

Saline and chalybeate waters. Whey cure.

There is a very efficient establishment.

**Kronthal.**—Germany, Nassau; 500 feet above sea level. For routes see table.

Alkali-saline waters, 40° F.; exported.

*Special indications*: Nervous diseases and affections of the mucous membranes, catarrhs of the lungs.

Good establishment.



**Krumbach.**—Germany, Bavaria, between Ulm and Memmingen.

Carbonate of lime waters.

*Special indications* : Nerve affections.

Very little frequented.

**Krynica.**—Austria, Galicia, in the Carpathian mountain chain ; 2,200 feet above sea level.

Gaseous alkaline ferruginous waters ; climatic station ; whey cure.

The establishments and the accommodation are thoroughly good.

*Doctors* : Drs. Mars, Zdun and Zieliniewsky.

*Hotels* : Seyfert, Krakau.

**Krzeszow.**—Austria, Galicia.

Ferruginous and sulphurous waters ; mineral muds.

Primitive arrangements, and the place is but little frequented.

**Kugelbad.**—Austria, Bohemia,  $\frac{1}{2}$ -hour from Prague.

Alkaline ferruginous waters.

Good establishment.

**Kunda.**—Russia, Esthland, near Maholm.

Cold sulphurous waters.

**Kungara.**—Russia, Caucasus, near Zelesnawodsk.

Alkali-saline waters, 80° F.

Very primitive arrangements, although the waters are highly efficacious.

**Kunzendorf.**—Germany, Silesia, district of Neustadt.

Ferruginous and sulphurous waters.

Tolerable establishment.

**Kuppis.**—Russia, Finland, 2 miles from Abo.

Alkaline ferruginous waters.

**Kythmos.**—Greece, Island in the *Ægean* Sea.

Two thermal saline springs, from 100 to 130° F.

*Special indications* : Rheumatism, gout, and elephantiasis.

**Labassère.**—France, Department Hautes Pyrénées, near Bagnères de Bigorre.

Cold sulphurous soda waters.

*Special indications* : Pulmonary, laryngeal and bronchial affections.

*Doctor* : Dr. Lacoste.

**Labestz-Biscaya.**—France, Department of Basses Pyrénées, near Maulcon.

One sulphate of lime and one cold ferruginous spring.

**Lacanne.**—France, Tarn, near Castres.

Thermal sulphate of lime waters.

*Special indications* : Herpes, rheumatism, and gravel.

*Doctor* : Dr. Strehalano.

**La Cava.**—Italy, near Naples.

Climatic summer station.

*Season* : June—August.

**Lacvillers.**—France, Department of Doubs, Arrondissement of Pontallier.

Cold ferruginous waters.

**Laemnoli.**—Switzerland, Canton St. Gall.

Cold sulphurous springs.

**Laer.**—Germany, Hanover, near Iburg.

Muriatic waters, 11 grammes of chloride of sodium.

**Lago d' Averno.**—Italy, near Pienza.

Ferruginous sulphurous waters. They form a lake which exhales a very disagreeable odour.

*Special indications* : Chronic skin diseases, old sores and anchylosis.

**Laifour.**—France, Department of Ardennes, near Mezières.

Cold ferruginous waters. Exported.

*Special indications* : Leucorrhœa and vesical catarrhs.

**Lake District.**—England, Lancashire and Westmorland.

Comprises several summer stations and holiday resorts, forming centres of excursions, and of boating and fishing on these picturesque lakes.

*Season* : June—September.

**Lake of Constance.**—*See* Bregenz, Friedrichshafen, Lindau, Rorschach.

**Lalliaz.**—Switzerland, Canton of Vaud, near Vevey; 1,760 feet above sea level; a fine Alpine situation.

Sulphate of lime waters.

*Special indications* : Herpes, dyspepsia, atonic and discrasic sores.

The establishment is very good, and comfortable accommodation is offered in it.

**Lama.**—Italy, Department of Siena, near Poggibonsi.

Earthy magnesian waters, little used.

**La Malou.**—France, Hérault. For routes see table.

Thermal and cold polymetallic waters, 75 to 115°. Alkaline, ferruginous, brine and arsenical waters; gaseous and natural steam baths.

*Special indications:* Rheumatism, neuralgia, affections of the nerve centres and locomotor ataxy.

The climate is warm, and temperature changes rapid. The establishments are thoroughly well fitted up.

*Doctor:* Dr. Cros.

**Lamotte.**—France, Department of Isère; 1,450 feet above sea level. For routes see table.

Thermal saline springs, 145° F.; 6 grs. of mineralisation, of which 3 grs. are chloride of sodium. Action excitant and tonic.

*Special indications:* Rheumatism, uterine affections, scrofula and white swelling.

The bathing establishment is an old castle, with good airy rooms.

*Doctor:* Dr. Gubian.

**Lamscheid.**—Germany, Prussia, Lower Rhine, near Coblenz.

Bicarbonate of iron waters, also known under the name "Leiningen acidulous waters."

*Special indications:* Debility, anæmia, chlorosis, difficult menstruation.

**Lanaskede.**—Sweden, district of Iönköping.

Cold sulphate of iron water.

**Landeck.**—Germany, Silesia, near Glatz; 1,460 feet above sea level.

Six alkaline-saline and sulphurous springs, with a varying temperature of 45° to 75° F.

*Special indications:* Rheumatism, affections of the larynx, nervous affections and female complaints.

A well-appointed establishment.

*Doctors:* Drs. Joseph, Wehse, Langner and Ostrowitz.

*Hotels:* Bismarck, Carlshof, Schlössel.

**Landetta.**—Spain, in the vicinity of Cuenca.

Bicarbonate of lime waters, 45° F.

**Landskron.**—Germany, Rhenish Prussia, district of Ahrweiler, near Nenenahr.

Alkaline magnesian waters.

No establishment.

**Langassa.**—Greece, near Tessalonica.

Sulphurous thermal waters, much used in antiquity, but now neglected.

No establishments and no accommodation. Especially efficacious in arthritic complaints.

**Langenberg.**—Germany, Principality of Reuss.

Hydropathic establishment. Very mild and healthy air.

**Langenbrücken.**—Germany, Baden, between Bruchsal and Heidelberg ; 440 feet above sea level.

Saline sulphurous waters, 35° F.

*Special indications:* Catarrhal affections of the respiratory organs and of the bladder, rheumatism, gout.

*Doctor:* Dr. Ziegelmeyer.

*Hotel:* Kurhaus.

**Langensalza.**—Germany, Thuringia, Province of Saxony.

Cold sulphate of lime bituminous waters.

The establishment is excellent.

*Doctor:* Dr. Baumbach.

*Hotel:* Kurhaus.

**Langenschwalbach.**—See Schwalbach.

**Langrune.**—France, Department of Calvados, near Caen.

Sea baths ; very quiet. Sea highly charged with iodine.

*Season:* May—September.

**Lanjarron.**—Spain, Alpajurras, near Cordova ; 2,300 feet above sea level.

Alkali-saline waters, superior to those of Vichy ; climate mild and bracing.

*Season:* June—September.

*Special indications:* Gravel, disease of the kidneys and bladder, gout, rheumatism and obesity.

**Largs.**—Scotland, Ayrshire, near Glasgow, railway station of Wemyss bay.

Sea baths, gravelly beach, climate mild and steady.

A good bathing establishment.

*Season:* June—September.

*Doctor:* Dr. Caskie.

**Larivière sous Aigremont.**—France, Department of Haute Marne, near Bourbonne les Bains.

Cold effervescent ferruginous waters.

**Laroche-Posay.**—France, Department of Vienne.

Sulphuro-ferruginous springs.

**La Salute.**—Italy, near the Lago Maggiore.

An intermediate station, which deserves to be better known.

**Lasserre.**—France, Lot and Gard, near Fronsecas.

Cold effervescent earthy waters, slightly laxative.

Auxiliary to the waters of Luchon.

**Laubbach.**—Germany, Rhenish Prussia,  $\frac{1}{2}$ -hour from Coblenz.

Hydropathic establishment.

Can accommodate over 100 indoor patients at the time. It is situated in a beautiful garden, close to the Rhine.

**Lauchstadt.**—Germany, Prussian Province of Saxony, near Halle and Merseburg.

Earthy saline ferruginous waters.

*Special indications:* Neuroses, rhachitis, chorea, debility, anæmia, disorders of the urinary organs.

A fairly appointed establishment.

**Laugenberg.**—Russia, Caucasus, near Pjätigorsk.

Alkali-saline ferruginous waters.

The site is picturesque. The establishment is primitive, and little has been done to bring these very efficient waters into prominent notice.

**Laurion.**—Greece, Attica, near Keratix, six hours from Athens.

Thermal saline waters, little used.

**Lausanne.**—Switzerland, Canton Vaud, 61 m. from Berne, an irregular picturesque town; 30,000 inhabitants; 1,600 feet above sea level.

Climatic station; bracing air and grape cure.

*Season:* Summer and autumn.

Magnificently situated on the slopes of the Swiss Jura, dominating Lake Lemman, from whose shores it is  $1\frac{1}{2}$  mile distant. Air mild, and especially suitable to convalescents and weak and anæmic persons. Winter less cold and summer less hot than in other stations in the same latitude. The annual mortality ranges between 21 and 22 per thousand, the average of other European towns being 24 to 30 per 1000. Lausanne, with Geneva, has the lowest mortality of any Swiss town. Spring and rock water of finest quality, 250 quarts each person daily, or 575 quarts, including water for washing purposes.

Numerous educational establishments for young gentlemen and ladies. University studies can be followed up at the academy. Conservatory of music.

Very varied, well-shaded promenades and excursions; boating on the lake.

English, Scotch, Presbyterian, and Wesleyan church.

*Post and Telegraph Office:* Place du Grand Pont.

*House and Estate Agent:* Amadée de la Harpe, who gives all information gratis.

*Bookseller:* Th. Roussy, Rue du Bourg 7.

*Doctors:* Drs. Dufour and Recordon, oculists; Dr. de Cirenvile, lung and chest diseases; Drs. Rouge and Dupont, surgeons; Dr. Challand, cerebral affections; Drs. Larguier and Rogivue; Dr. Eug. Secrétan, ear diseases; Drs. de la Harpe, and Joël; Drs. Heer & Rupin, ladies' doctors.

*Hotels:* The *Hôtel Gibbon*, a first-class old family hotel. Best situation in the town. E. Ritter, proprietor.

The *Hôtel du Faucon* is recommended as a very comfortable first-class house. Excellent kitchen. A. Raach, proprietor.

*The Pension Chevallier—Beau Séjour*, situated in a garden overlooking the lake. Avenue de la Gare. Very comfortable and homelike house; winter garden and billiard rooms. Madame Chevallier, proprietress.

**Lausigk.**—Germany, Saxony, 3 miles from Grimma.

Sulphate of iron waters.

The establishment is good.

**Lauterberg.**—Germany, in the Harz, near Nordhausen.

Mild waters and hydrotherapeutic establishment.

*Doctor* : Dr. Ritscher.

*Hotels* : Kurhaus, Crown.

**Lavardens.**—France, Department of Gers.

Bicarbonate of lime, 45° F.

**Lavey.**—Switzerland, Canton of Vaud, near Bex.

Thermal mixed sulphurous waters, 90° F.

*Special indications* : Rheumatism, herpes, scrofula.

Good climate. Well-appointed establishment.

**Leamington.**—England, Warwickshire, near Warwick, station on the Coventry line.

Saline, sulphurous, and chalybeate waters, acting as purgatives.

*Season* : May—October.

*Special indications* : Affections of the intestines, liver, and visceral obstructions.

The bathing establishments are very efficient, and are among the best in England. During the season all kinds of amusements are offered. Many very interesting excursions can be made.

*Doctors* : Drs. Haynes, Holmer and Thursfield.

*Hotels* : Clarendon, Crown.

**Lebetsoba.**—Greece, Morea, Laconia.

Sulphurous waters.

Much used in antiquity. For modern requirements the arrangements are rather of a primitive kind.

**Leccia.**—Italy, Tuscany, near Siena.

Thermal alkaline-magnesian bicarbonate waters, 95° F.

Primitive arrangements and accommodation.

**Ledesma.**—Spain, 3 hours from Salamanca.

Thermal sulphurous waters, 120° F.

*Special indications* : Rheumatism and paralysis.

A much frequented station. Good establishment, dating from the days of the Moors.

Very good accommodation in the new baths.

**Lee.**—England, Devonshire, near Ilfracombe.

Sea baths; sandy beach, chiefly frequented as a summer station. Climate bracing.

Season: June—October.

**Legué St. Brioul.**—France, Department of Côtes du Nord.

Sea bath, sandy beach, climate mild yet bracing.

**Leissigen.**—Switzerland, District of Interlaken.

Cold sulphate of lime springs.

**Lemnos.**—Greece, Island in the *Ægean Sea*.

Saline sulphurous thermal waters.

There is only a small grotto, admitting two persons at a time, to bathe in.

**Lendershausen.**—Germany, Bavaria, near Hofheim.

Effervescent ferruginous waters.

No establishment.

**Lepanto.**—Greece, near Missolonghi.

Sulphurous and bitter waters.

Season: May—August.

Much frequented; possesses a well-arranged establishment.

**Lepoulguen.**—France, Department of Loire Inférieure, near Savenay.

Sea baths, sandy beach.

**Leprese.**—Switzerland, on the Lake of Peschiavo; 2,962 feet above sea level.

Indifferent waters; a climatic station.

The establishment is efficient, and the accommodation cheap and good.

**Lès.**—Spain, near the French frontier and Luchon.

Sulphate of soda waters, 80° and 45° F. Only frequented by those living in the environs.

**Lesbos.**—Island in the Grecian Archipelago, also called Mytilene.

Saline waters, 125° F.; about half-hour from the town of Lesbos. Sulphurous thermal waters near the port of Lebanus.

The baths are taken by both sexes in common; much freedom prevails. The establishments leave room for improvement, while the accommodation is far from what it ought to be.

**Lesina.**—Austria, Dalmatia, an island in the Adriatic, on the coast of Dalmatia.

Winter station. Grape cure, with sea baths in autumn.

Though one of the best of winter stations, the arrangements for properly receiving patients are still wanting.

**Les Salins.**—France, Department of Puy du Dôme.  
Saline waters.

**Lessina.**—Austria, Croatia, near Carlstadt.

Sulphate of soda water; 5 grs. of mineral principles, of which 2 grs. are sulphate of sodium. Highly charged with carbonic acid gas.

**Letantus.**—Greece, island of Eubœa.

Saline waters, 130° to 140° F.

No establishment and but little accommodation; in fact, the waters are used only by the surrounding inhabitants.

**Leutstetten.**—Germany, Bavaria, district of Starenberg.

Indifferent waters.

Very well arranged establishments.

The scenery is charming and the climate mild.

**Levana.**—Italy, Tuscany.

Alkaline ferruginous waters, 35° F.

*Special indications:* Rhachitis, scrofula.

Primitive arrangements, but the waters enjoy a great reputation.

**Levico.**—Austria, Trientino, near Trient, valley of the Sugana; 1,600 feet above sea level.

Effervescent ferruginous waters, containing arsenic. Grape cure.

*Season:* May—October.

*Special indications:* Anæmia, chlorosis, incipient affections of the spinal chord, nervous diseases, irregular menstruation.

The newly-erected bathing establishment has been fitted up with all modern requirements. The stay here is very agreeable, and the scenery and vegetation fine.

Excursions very varied. Balls, concerts, and other amusements during the season, which is sometimes prolonged through November.

**Lichtenthal.**—Germany, Baden, near Baden-Baden.

Cold ferruginous waters.

Two establishments, which are fitted up with all modern requirements and elegance.

*Special indications:* Debility, scrofula, anæmia, chlorosis, menorrhagia.

**Lidja.**—Turkey, Anatolia.

Thermal springs, 120° F.; known in ancient Greece as the baths of Agamemnon.



**Liebenstein.**—Germany, Thuringia, Saxe-Meiningen; 1,000 feet above the sea level.

Cold ferruginous bicarbonate waters: 0.0775 of carbonate of iron. Climatic air station, hydropathic establishment, whey cure.

Very fashionable resort. Air mild and equable, charming and very picturesque situation. One of the most *recherché* resorts of German society. Excursions in endless variety.

*Doctors:* Drs. Döbner and Hesse.

*Hotels:* Müller, Martius.

**Liebenzell.**—Germany, Württemberg, near Stuttgart; 1,100 feet above sea level.

Light alkali saline waters, 60° F. Climatic station.

The establishment is small but elegant.

*Doctor:* Dr. Trion.

*Hotel:* Kurhaus.

**Liebwärda.**—Austria, Bohemia, near Görlitz; 1,220 feet above sea level.

Alkali-saline, ferruginous, and effervescent waters. Exported.

Whey cure.

The establishment is thoroughly fitted up, and accommodation comfortable.

*Doctor:* Dr. Plunert.

*Hotels:* Kurhaus, Black Eagle.

**Lienzmühl.**—Austria, Carinthia, district of Klagenfurt, 1½ hours from Wolfsberg.

Alkaline-magnesian ferruginous waters, highly effervescent.

**Lierganes.**—Spain, near Santander.

Sulphate of lime springs, 50° F.

**Ligurio.**—Greece, Argolia, near Nauplia and Epidaurus.

Muriatic bitter thermal waters, much frequented in antiquity, but now entirely abandoned.

**Limmer.**—Germany, Hanover, near Hanover.

Cold saline sulphurous waters.

*Special indications:* Chronic mercurial dyscrasia, paralysis, gout, rheumatism, and skin diseases.

**Limpach.**—Switzerland, near Berne; 1,200 feet above sea level.

Indifferent water.

*Special indications:* Neuroses.

The establishment is thoroughly fitted up, and the accommodation reasonable in price.

**Lindenholtzhausen.**—Germany, Nassau; 452 feet above sea level.

Magnesian saline-ferruginous waters.

Very little frequented.

**Lindau.**—Germany, Bavaria, a small island in the Lake of Constance, on the north-eastern shore; 5,124 inhabitants; 1,230 feet above sea level. For routes see table.

Climatic station. Very mild and steady equable air. Milk and whey cure; baths in the lake. Hechelmann's bathing establishment has Turkish, Russian, sulphurous, pine-cone sap, brine baths, and is well fitted up.

The island of Lindau is in one of the best sheltered and healthy positions on the lake. Epidemics have never occurred here. Its situation is most picturesque, overlooking as it does the lake and the whole panorama of Switzerland-East. Its environs will bear comparison for scenery with the best parts of Switzerland. The town of Lindau is very old, and contains many interesting antiquities. The schools for music and foreign languages are excellent. It is connected with the main land by the railway bridge. There are sulphurous waters in Schachenbad, half-hour from Lindau.

The island of Lindau has been much embellished of late. The quays and old walls of the town have been converted into promenades and planted with trees. Parks and gardens at the Landthor, Schützengarten, Reichsplatz, and Seehafen are all admirably kept. Steamboats ply frequently to the different places of interest on the lake. Concerts, balls, theatre, etc., during season. Good fishing in the lake and the different brooks. Reading room at the Harmony Assembly Rooms. Illuminations on the lake. Post and Telegraph office at the station. English church.

*Chemist*: The Angel.

*Dentist*: Dr. Kirsch.

*Carriages*: Mr. Seutter.

*Doctors*: Drs. Langheinrich (Ladies' Doctor), Volk, Mayer, Ott, Kimmerte and Bever.

*Hotels*: The *Hotel de Bavière*, an old and well-established first-class house on the harbour, with garden, very comfortable.

C. Ludwig, Proprietor.

*Hotel Rentemann, Helvetia, Lindau, and Crown.*

**Lintzi.**—Greece, Peloponnesus.

Thermal sulphurous waters, 90° F.

*Special indications*: Rheumatism, skin diseases, eczema.

Fairly well frequented.

**Lion-sur-Mer.**—France, Calvados, near Caen.

Sea baths, sandy beach.

The air is impregnated with iodine to a large extent.

*Season*: May—October.

The climate is said to be especially beneficial in cases of skin diseases.

**Lipara.**—Italy, capital of Liparian Islands.

Alkaline waters,  $110^{\circ}$  F., but more frequented for its natural steam baths.

*Special indications* : Gout, rheumatism, and chronic skin diseases.

**Lipezk.**—Russia, Government of Saratow, near Tambow.

Effervescent ferruginous waters.

The establishment is good, but the place is only visited by the surrounding inhabitants.

**Lipik.**—Austria, Slavonia ; 500 feet above sea level.

Bicarbonate, soda, and iodurated water,  $150^{\circ}$  to  $155^{\circ}$  F.; iodide of calcium, 0.029 ; resolvent action.

Very steady and equable climate.

*Special indications* : Scrofula and syphilis, periostitis, tophi, psoriasis, cachexia.

The new establishment is thoroughly fitted up and very elegant. The rooms are high and airy, and covered verandahs connect them with the baths, thus avoiding any prejudicial influences from the weather.

The gardens are very tastefully laid out, and there are plenty of all sorts of amusements.

*Doctor* : Dr. Kern.

**Lippspringe.**—Germany, Westphalia.

Effervescent ferruginous waters,  $50^{\circ}$  F.

This station possesses a chamber for inhalation, where catarrhal and phthisical patients are treated ; climatic station.

The sojourn is quiet, and well suited to the class of patients here treated.

*Doctors* : Drs. Frey, Roden and von Brunn.

*Hotel* : Kurhaus.

**Lisbon.**—Portugal, capital of.

Thermal sulphurous spring,  $70^{\circ}$  F.

Sea baths and climatic winter station.

Several very good bathing establishments.

Formerly much frequented by Englishmen as a winter station ; it has been somewhat neglected of late, probably owing to its changeable climate. Its mean winter temperature is  $55^{\circ}$  F. Mean humidity of the air, 79 per cent. Rainy days in the year, 111, in the winter season, 39.7.

Snow and fogs are unknown.

The drinking water is excellent, and a stay in town very interesting.

**Lisdoonvarna.**—Ireland, County Clare, near Limerick.

A much frequented sulphurous spring, sea baths.

*Season* : June—October.

**Littlehampton.**—England, Sussex, near Worthing and Bognor.

Sea baths, sandy beach, climate dry and mild.

*Season* : May—September.

*Doctor* : Dr. Vines.

**Little Haven and Broadhaven.**—Wales, Pembrokeshire, or St. Bride's Bay.

Sea baths, sandy beach, climate mild yet bracing.

*Season* : April—October.

**Livorno or Leghorn.**—Italy, Tuscany, port on the mouth of the Arno.

Sea baths ; also a good winter station.

The climate is almost the same as at Pisa, only a little more moist and exhilarating.

The drinking water is excellent, and the houses being all of more or less recent construction, epidemics, such as occur in other Italian towns, are exceedingly rare.

The existing meteorological observations by Schouw are quite untrustworthy. It is well known that invalids from the north with weak chests have stayed here for many years, with very favourable results.

*Doctor* : Dr. Schintz.

*Hotel* : The *Anglo-American* is a first-class house, facing the gardens and sea baths, combining comfort and moderate prices. Leop. Foccacci, proprietor.

**Llandrindod.**—Wales, Radnorshire.

Ferruginous and saline sulphurous thermal waters.

*Special indications* : Rheumatism, skin diseases and affections of the eyes.

*Doctor* : Dr. Davies.

**Llandudno.**—Wales, Carnarvonshire.

Sea baths, much visited ; sandy beach, climate dry and mild

*Season* : July—September.

*Doctor* : Dr. Nicol.

**Llandwrtd.**—Wales, Breconshire.

Strongly sulphurous and ferruginous waters.

*Special indications* : Scrofula, scurvy, skin diseases, ulcers, and nephritic affections.

*Doctor* : Dr. Tombs.

**Llanfairfechan.**—Wales, Carnarvonshire.

Sea baths, sandy beach.

*Season* : July—September.

**Llangranog.**—Wales, Cardiganshire.

Sea baths. Summer and holiday resort. Climate healthy and cool.

**Llanstephen and Ferryside.**—Wales, Carmarthenshire.  
Sea baths. Extensive sandy beach. Climate mild.  
*Season* : May—October.  
*Doctor* : Dr. Phelan.

**Llo.**—France, Department of Pyrénées Orientales.  
Sulphate of sodium, 70° F.  
Enjoys a very high reputation in the surrounding country.

**Löbenstein.**—Germany, Thuringia, Principality of Reuss.  
Chalybeate waters, 82° to 90° F. Summer station.  
*Special indications* : Anæmia, chlorosis, anchylosis, rheumatism, gout.  
*Doctor* : Dr. Aschenbach.  
*Hotels* : Kurhaus, Bavière.

**Locarno.**—Switzerland, on the Lago Maggiore.  
Intermediate spring station. Grape cure in autumn. More resorted to for the beauty of its site.

**Lochbachbad.**—Switzerland, Canton Berne ; 1,810 feet above sea level.  
Alkali-saline ferruginous waters.  
The establishment is thoroughly well fitted up, and the accommodation abundant and reasonable.

**Lodova.**—Spain, Province of Navarre.  
Cold ferruginous waters.

**Loèche-les-Bains.**—(Leukerbad), Switzerland, Canton of Valais ; 4,360 feet above sea level. For routes see table.

Various springs ; hot saline earthy waters, from 70° to 120° F.

*Season* : From May 15th to September 30th.

*Special indications* : Struma, herpes and skin diseases ; pityriasis, psoriasis, prurigo, eczema, chronic ulcers and bone diseases ; chlorosis, anæmia, scrofula, arthritis, rheumatism, chronic bronchitis, inveterate syphilis, stomachic and intestinal catarrhs, muscular contractions and articular stiffness.

The special feature of the baths of this place is that they are taken in common, sometimes as many as 25 to 30 persons partaking of the same bath. Single baths may be had also, but as the cure consists essentially in a prolonged stay in the bath, beginning with 1 to 2 hours, increasing up to 5 hours, and returning at the end of the cure to 1 or 2 hours again, it is more amusing to take the "social bath." Bathers may be seen smoking, drinking coffee, playing cards, &c., the small tables floating before them. For certain skin diseases Loèche is reported by medical authorities to be "the bathing place."

There are five establishments, but no Kursaal.

*Doctors* : Dr. Brunner, Dr. Mengis.

*Hotels* : The Hôtel de France.

**Loka.**—Sweden, near Phillipstadt, on the Lake of Lokar.

Indifferent waters; mud baths.

The establishment is ample and surrounded by a beautiful park. The scenery in the neighbourhood is of the most picturesque description.

**Longbranch.**—United States.

Sea baths on the Atlantic; very fashionable; much frequented.

*Season:* June—September.

**Lons-le-Saulnier.**—France, Department of Jura.

Cold saline water.

*Special indications:* Rheumatism, skin diseases, scrofula.

**Looe.**—England, Cornwall, near Liskeard.

Summer health resort; air pure and mild.

*Doctor:* Dr. Kerswill.

**Loreta.**—Italy, Romagna, Province of Forli, 2 hours' carriage from Forli.

Saline waters.

*Special indications:* Inertia of stomach and intestines, obstructions of liver and spleen.

No bathing establishment.

**Los Baños.**—Philippines, Island of Luçon.

Sulphurous waters, 200° F.

Very much visited by the inhabitants of Manila.

**Losdorf.**—Switzerland, Canton of Argovia; 2,200 feet above sea level; between Olten and Aarau.

Cold sulphate of lime waters.

Laxative action.

The establishments are very efficient, and the sojourn pleasant.

**Loujo.**—Spain, at the mouth of the Arosa.

Saline water, 60 to 70° F.

**Lowestoft.**—England, Suffolk, 10 miles from Yarmouth.

Sea baths; firm sandy beach mixed with shingles. Climate bracing.

*Season:* June—September.

*Doctor:* Dr. Ray.

**Lu.**—Italy, Piedmont, near Alexandria, district of St. Salvador.

Saline, sulphurous, and iodurated waters; mineralisation 3 grammes. Deserves to be better known. Mud baths.

The establishment is primitive.

**Lubien.**—Austria, Galicia, near Lemberg.

Cold sulphate of lime waters. Inhalation.

*Special indications* : Rheumatism and herpes, laryngitis.

Modest arrangements.

**Lucan.**—Ireland, county Dublin, on the Liffey.

Alkaline sulphurous waters.

*Special indications* : Biliousness, scurvy, gout, rheumatism.

*Doctor* : Dr. Watson.

**Lucarnena de las Torres.**—Spain, near Almeria.

Carbonate of lime, 50° F.

*Special indications* : Herpes.

**Lucas.**—Greece, four hours from Lalaia.

Saline waters.

The establishment is in the convent of St. Lucas, where good accommodation can be had.

**Lucca.**—Italy, Tuscany.

Thermal sulphate of lime waters, 70 to 125° F. Ten springs, very abundant.

The baths are about 13 miles from the town, at the foot of the Apennine mountains.

Fine climate, beautiful site, and agreeable sojourn.

*Special indications* : Herpes, rheumatism and gout.

*Doctors* : Drs. Gason and Giorgi.

**Luchon.**—France, Department of Haute Garonne, near the Spanish frontier. For routes see table.

More than 50 different springs, mineralised by hydrosulphuric acid; also ferruginous waters and one alkaline spring.

*Season* : June—September.

*Special indications* : Rheumatism, scrofula, affections of the bronchi, skin diseases, and chronic sores.

Luchon is one of the most frequented of bathing stations, and affords every comfort and luxury.

*Doctors* : Drs. Garrigou, Kuhnemann, Laspales, Verdalle and Lambron.

*Hotels* : The *Hotel Richelieu*, first-class, facing the bathing establishment and park. Louis Estrade, proprietor.

The *Hotel d'Angleterre*, a quiet and comfortable family hotel, centrally situated in a large garden. De Vries, proprietor.

**Lucsky.**—Hungary, comitat of Liptau, near Rosenberg; 1,900 feet above sea level.

Ferruginous waters, 80° F. Climatic station.

*Season* : June—September.

The site is most picturesque, and the surrounding vegetation consists chiefly of pine forests. The establishments are fitted with all modern requirements, but more should be done for the accommodation, seeing the waters attract so many visitors.

The springs yield very abundantly.

**Luc-sur-Mer.**—France, Department of Calvados.

Sea baths; sandy beach.

**Ludwigsbrunnen.**—Germany, Hessen, near Schwalheim.

Table water, similar to seltzer.

*Special indications* : Gravel, biliary calculi and urinary disorders.

**Lugano.**—Switzerland, on the Lake of Lugano.

Intermediate station, with fine climate, beautiful situation on the lake. Grape cure.

*Season* : Spring and autumn.

Mean humidity of air in winter, 72°; 48 to 50 rainy days, 31 windy days. Snow frequent.

*Doctor* : Dr. Cornilo.

**Lugo.**—Spain, Province of Lugo, on the right bank of the Miño.

Sulphurous cold waters.

*Special indications* : Rheumatism and herpes.

The spring is about 3 k. south of the town.

**Luhatschowitz.**—Austria, Moravia; 600 feet above sea level.

Alkali-muriatic, iodide and bromine waters. One of the strongest springs known.

*Special indications* : Affections of the respiratory and digestive organs and urinary disorders.

The establishment is thoroughly fitted up. Parks, gardens and covered walks of great extent give Luhatschowitz the appearance of a station of first importance. The accommodation is excellent, and moderate in price.

*Doctors* : Drs. Gallus and Küchler.

*Hotel* : Kurhaus.

**Luisenbad.**—Germany, Pomerania, near Polzin.

Chalybeate waters; mud baths.

*Special indications* : Rheumatism, ankylosis, articular affections.

*Doctors* : Drs. Deets, Bechert and Lehman.

*Hotel* : Kurhaus.



**Luksór.**—Egypt, on the Nile, and built on the ruins of Thebae.

Winter station; warm and very dry climate.

*Season*: January—March.

*Doctor*: Dr. Maclean.

*Hotel*: *Luvor Hotel*, pension £1 per day in season. Thos. Cook & Son, proprietors.

**Lulworth West.**—England, Dorsetshire, near Worl.

Sea baths frequented all the year round.

Climate bracing, in winter warm.

**Lund.**—Sweden, district of Ludsjö, near Lidköping.

Effervescent indifferent waters.

Establishment good, but the accommodation is indifferent.

**Lüneburg.**—Germany, Hanover, on the left bank of the Ilmenau.

Cold saline waters; 254 grammes of mineralisation, of which 246 are chloride of sodium.

The brine being so excessively strong, is mixed with common water for the baths.

**Lutraki.**—Greece, on the isthmus of Corinth.

Indifferent waters, 150° F. Only used in baths and by the surrounding inhabitants. The springs are mentioned by Xenophon.

**Luxburg.**—Switzerland, Canton Thurgau, near Salmsach, on the Lake of Constance; 1,200 feet above sea level.

Sulphurous alkaline ferruginous waters.

Ample establishments.

**Luxeuil.**—France, Department of Haute Saone, 1,300 feet above sea level. For routes see table.

Saline, ferruginous and magnesian waters. Eleven springs, of from 70° to 125° F.

These waters act first as excitants, then as sedatives.

*Special indications*: Neuralgia, rheumatism, paralysis, gastralgia, and catarrhal affections of the uterus.

Well appointed establishment. Comfortable accommodation, and place much frequented.

*Doctor*: Dr. Gros.

**Lyme Regis.**—England, Dorsetshire, near Bridport.

Sea baths; firm sandy beach.

*Season*: July—August.

*Doctor*: Dr. Skinner.

**Lymington.**—England, Hampshire. South Western Railway.

Sea baths; sandy beach.

**Lynmouth.**—England, on the west coast, near Ilfracombe ; 430 feet above sea level.

Frequented sea baths ; sandy beach.

Mild but bracing climate.

*Season :* July—August.

*Doctor :* Dr. Hartley.

**Lytham.**—England, Lancashire, near Blackpool.

Sea baths ; sandy beach ; climate very mild. Season all the year.

*Doctor :* Dr. Garstang.

**Mablethorpe.**—England, Lincolnshire, near Sutton.

Sea baths ; firm sandy beach.

*Season :* June—September.

*Doctor :* Dr. Campbell.

**Macerrato.**—Italy, Tuscany, district of Siena, on the Merse.

Alkaline sulphurous waters, 150° F.

*Season :* June—September.

*Special indications :* Gout, rheumatism, paralysis, skin diseases.

The situation is very fine. The establishment has only two piscinæ, and the baths are taken in common. Frequented mostly by the neighbouring inhabitants and by those of the Maremma.

**Macon.**—France, Department of Saone and Loire.

Cold ferruginous bicarbonate waters.

**Macviller.**—Germany, Alsace-Lorraine.

Cold saline waters ; little used.

**Madagascar.**—An Island in the Indian Ocean, on the East of Africa.

Two thermal springs, not yet analysed.

**Madeira.**—One of the Canary Islands, a Portuguese possession, north of Teneriffe. By steamer from Lisbon in from 50 to 54 hours. For routes see table.

Winter station ; select and pleasant society.

Owing partly to the sea journey, partly to contradictory and malicious reports, Madeira is not visited as much as it deserves to be by patients suffering from pulmonary complaints. The climate is delightful, and there is absolutely no winter. Complete absence of dust, an ever luxuriant vegetation, no bad drainage, a pleasant moisture, and an ever mild, equable, and pure atmosphere, are the principal advantages of Funchal, the capital. These, when not entirely absent in many of the now fashionable winter stations on the Riviera, are in many of them only imperfectly enjoyed. Madeira has suffered much from false statements. English visitors decreased in number greatly from 1870 to 1880, but their numbers have been on the increase since 1881.

The town of Funchal, except in the quarter close to the sea shore, is like a large garden. The view of it obtained from the sea is very beautiful, the town being built in the form of an amphitheatre. It is completely sheltered against north, north-east and north-west winds by mountains which rise to a height of 6,000 feet. During the whole year both northern and tropical fruits ripen. Wet days are rare, and invalids are thus enabled to take out-door exercise during some hours, however short, every day. The winds and storms, which are of such frequent occurrence on the Riviera during the spring months, and which prevent not only invalids, but even the healthy and strong, from taking out-door exercise, are unknown in Madeira.

Mean temperature, 68° F. The mean barometric pressure is 762  $\frac{m}{m}$ ; mean humidity of atmosphere 70%. Weather statistics are—170 clear days, with bright sun; 110 with a cloudy sky, and 85 rainy days. The thermometer stands at an average 10° to 15° higher than on the Riviera in winter, and proportionably lower in summer.

Locomotion in the town and its environs, and on excursions (which are numerous) is effected by palankins, hammocks or sledges, drawn by oxen, mules or horses.

Amusements are amply provided for, and although a stay in Madeira may be called on the whole quiet, patients will find an ample recompense in the delightful climate and scenery.

The slight difference (viz. 15° to 20°) which there is between the mean of the coldest and hottest months, shows how equable the climate of Funchal is.

The mosquitoes which annoy on the Riviera as early in the year as April, are entirely absent. Indeed Madeira, especially its southern slopes, might with justice be called "*The Sanatorium for Phthical patients.*"

*English Church Service.*

*Bankers:* Krohn Bros. & Co.

*Chemist:* Dos dois Amigos.

*Doctors:* Drs. Goldschmidt, Grabham, Larisa and Vieira.

*Hotels:* *Miles Carmo Hotel*, well situated on the Place St. Laurent, close to the baths.

**Madonna a Papiano.**—Italy, Tuscany, near Caprose, valley of the Teverino.

Alkaline-ferruginous waters.

A small establishment.

**Madonna di tre Fiume.**—Italy, Tuscany.

Cold bicarbonate of soda waters.

*Special indications:* Calculous affections.

**Maestrand.**—Sweden, two hours from Gothenburg.

Sea baths; the most frequented in Sweden.

*Season:* June—September.

**Magnac.**—France, Department of Cantal.

Cold ferruginous bicarbonate waters.

**Magyar-Szent-Lazlo.**—Hungary.

Sulphurous waters.

**Mala.**—Spain, Province of Granada.

Sulphate of magnesia waters, 50° to 55° F.

**Malaga.**—Spain, on the Mediterranean coast.

Winter station. Fine mild, dry and warm climate.

Mean winter temperature, 55° F.

If more were done to make visitors comfortable, Malaga would soon become a serious competitor to the stations on the Riviera.

*Doctor* : Dr. Bundsen.

**Malahide.**—Ireland, county Dublin.

Sea baths ; good sandy beach.

*Doctor* : Dr. Stainstreet.

**Mallow.**—Ireland, County of Cork. Rail from Dublin to Cork.

Thermal springs from 145 to 180° F.

**Malmedij.**—Germany, Rhenish Prussia, near the Belgian frontier.

Alkaline-magnesian ferruginous waters.

Although the waters are very strongly chalybeate, they are little used.

**Malnas.**—Austria-Hungary, District of Haromszék.

Sulphurous waters, 65° F.

*Special indications* : Articular contractions.

**Maloja.**—Switzerland, Engadine, near St. Moritz ; 5,200 feet above sea level.

Climatic station recently opened. Treacherous climate.

The *Kurhaus* is expected to be finished this year.

**Malta.**—Island in the Mediterranean, between Sicily and Tunis.

Winter station ; sea baths.

*Doctors* : Drs. J. Sammet, Stilon and Schembri.

**Malvern.**—England, Worcestershire.

Alkaline earthy waters, 40° to 42° F. Two hydropathic establishments.

*Special indications* : Skin diseases, affections of the urinary organs, especially stone and gravel ; scrofulous sores.

A very picturesque place, frequented by great numbers of tourists.

The houses are mostly situated in gardens, and the hotels afford every comfort.

*Doctors* : Drs. Cooksey and Weir.

**Mara.**—Africa, Abyssinia.  
Bitter waters.

**Marat.**—France, Department of Puy de Dôme.  
Cold gaseous waters.

**Marbella.**—Spain, Province of Granada.  
Sulphate of lime waters, 60° F.

**Marching.**—Germany, Bavaria; 1,160 feet above sea level.  
Sulphurous waters.  
Little known or used.

**Marcôls.**—France, Department of Ardèche.  
Bicarbonate of soda and ferruginous waters. For table use only.

**Margate.**—England, Kent, at the mouth of the Thames.  
Sea baths.  
Firm sandy beach. Much frequented.  
Season : April—September.  
Doctor : Dr. Chambers.

**Mariabrunnenbad.**—Germany, Bavaria, half-an-hour from Munich, 1,500 feet above sea level.  
Effervescent earthy waters.  
The bathing establishment is very efficient, and affords at the same time good accommodation.

**Maria dell' Aquila.**—Italy, Tuscany, valley of the Fiora.  
Alkaline magnesian waters, 85° F.  
Little used, and no establishments.

**Maria in Bagno.**—Italy, Tuscany.  
Sulphurous waters, 90° F.  
The establishment is well arranged, and also affords comfortable accommodation.

**Marienbad.**—Austria, Bohemia, near Carlsbad; 1,920 feet above sea level.  
Alkali-saline and ferruginous waters, 17° to 25° F. Mud baths.  
Climatic station in summer.  
The same indications as the waters of Carlsbad.  
The establishments are excellent and the situation beautiful.  
Doctors : Drs. Guetz, Kisch, Ott, Opitz, Von Heilbrunn and Ingrish.  
Hotels : English, Weimar, Leipzig.

**Marienfels.**—Germany, Nassau, near Schwalbach.  
Cold saline waters.

**Marienlyst or Marienlust.**—Denmark, near Helsingör, in the circuit of Fredericksborg.

Very quiet and fashionable sea baths.

A very picturesque site, with lovely view of opposite Swedish coast.

Close by is a castle belonging to the King of Denmark.

*Hotel : Bath Hotel.*

**Markammer.**—Germany, Bavaria, near Neustadt.

Grape cure station.

*Season : September—October.*

Good accommodation.

**Marlioz.**—France, Savoy, close to Aix-les-Bains ; 800 feet above sea level.

Sulpho-sodic and bromo-iodurated waters, 30° F.

Bathing, drinking, and inhalation.

*Special indications : Skin diseases, struma, and affections of the larynx.*

**Marmolejo.**—Spain, Province of Jaen.

Bicarbonate of magnesia and ferruginous waters, 50° F.

The situation is fine, but little has been done to attract visitors. Primitive arrangements.

**Marsala.**—Italy, Sicily.

Sea baths and saline spring.

**Marseilles.**—France, Department of Bouches du Rhône.

Sea baths ; sandy and shingly beach. Climate fine.

The bathing establishments are very good, and are fitted up with every luxury.

*Bookseller : P. Perrard, 3, Rue Noilles.*

*Doctor : Dr. Seaux.*

*Hotels : The Terminus Hotel, entrance from the platform of the railway station ; baths and every accommodation, such as is found in first-class hotels.*

*The Hotel Louvre and de la Paix, large, first-class house in every respect, the only one of the large hotels which faces south ; very popular. P. Neuschwander & Co., proprietors.*

**Martigné-Briant.**—France, Department of Marne and Loire.

Cold ferruginous bicarbonate waters.

**Martigny.**—Switzerland, Canton Valais, 41 m. from Lausanne ; 5,000 feet above sea level.

Starting point for the Tête Noir, 4 hours ; and Col de Balme, 5 hours ; leading to Chamounix, 8 hours ; to the Gorges du

Durnau, 1 hour; and numberless other excursions; the Grand St. Bernard, 8 hours.

*Hotel*: The *Hôtel Clerc* is recommended as comfortable in all respects. I. Clerc, proprietor.

**Martigny-lez-Lamarche.**—France, Vosges.

Cold sulphate of lime waters.

**Martinique.**—Central America, West Indies.

Several thermal ferruginous bicarbonate springs. Generally used in cases of rheumatism and wounds.

**Martos.**—Spain, Province of Jaen.

Sulphurous waters, 45° F.

**Martres de Veyre.**—France, Department of Puy de Dôme.

Bicarbonate of soda ferruginous water, 50° to 85° F. Mildly purgative.

**Masino.**—Italy, Lombardy, 6 hours from Chiavenna; 3,270 feet above sea level.

Saline waters, 100° F.

*Special indications*: Nervous affections.

The establishment is very antiquated, and the visitors have considerably decreased in number of late years.

**Massa.**—Italy, near the Bay of Genoa.

Sea baths; sandy beach.

Only frequented by the inhabitants of Genoa and its environs.

**Mastinecz.**—Hungary.

Ferruginous bicarbonate waters, 30° F.

Not used.

**Matlock.**—England, Derbyshire, on the Derwent.

Bicarbonate of lime water, 66° to 68° F.

In a very charming position; a well-appointed establishment, much frequented. Cool and agreeable climate.

*Special indications*: Muscular and acute rheumatism, dyspepsia, biliary and glandular affections.

*Doctor*: Dr. Holland.

**Mattigbad.**—Austria, Upper Austria, near Moos; 1,200 feet above sea level.

Ferruginous waters, climatic station in summer.

Very sheltered position, mild and pure air.

The establishment is thoroughly well fitted up, and affords ample and comfortable accommodation.

**Mauer.**—Austria,  $\frac{1}{2}$ -hour from Vienna.

Effervescent ferruginous waters.

*Special indications*: Debility, nervous complaints, hemicrania, rhachitis, anæmia, chlorosis, menstrual derangements.

**Mayres.**—France, Department of Ardèche.  
Sulphate of lime, table water.

**Mazel (Le).**—France, Department of Lozère.  
Cold mineral water.

**Mecina-Burbaron.**—Spain, Province of Granada.  
Ferruginous bicarbonate waters, 35° F.

**Medagues.**—France, Puy de Dôme.  
Cold bicarbonate of lime waters.  
*Special indications* : Dyspepsia, gravel, chlorosis, and intermittent fevers.

**Medewi.**—Sweden, Government of Linköping.  
Effervescent ferruginous waters. One of the strongest of Swedish ferruginous waters.  
*Special indications* : Debility, nervous disorders, anæmia, chlorosis.  
The establishment is thoroughly well fitted up, and the accommodation is comfortable, though somewhat expensive.

**Mehadia, also Herculesbad.**—Austria-Hungary, Province of the Danube.  
Alkali-saline sulphurous waters, 80° to 130° F. The volume of water is larger than that of any known spring in Europe.  
*Special indications* : Affections of the respiratory organs, skin diseases, syphilis, icterus, dropsy, mercurial dyscrasia.  
Most frequented bathing place in Hungary.  
*Doctors* : Drs. Chlorin, Munk, Miesko and Paesn.  
*Hotel* : *Kurhaus*.

**Meidling.**—Austria, on the route from Vienna to Trieste.  
Sulphurous waters.  
A well-appointed establishment, with theatre, concert hall, and comfortable accommodation.

**Meinberg.**—Germany, Lippe-Detmold, near Pyrmon; 638 feet above sea-level.  
Mixed sulphurous waters and mud baths.  
*Special indications* : Rheumatic affections, female complaints and scrofula.  
Very well-appointed establishment.  
*Doctor* : Dr. Caspari.  
*Hotels* : *Red House* and *Kurhaus*.

**Melcombe Regis.**—England, on the South coast, near Weymouth.  
Sea baths; firm sandy beach.  
The beach is very steep and the surf heavy.  
There is a spring slightly sulphurous here; the waters are mixed with warm sea water.



**Melkshaw.**—England, near Salisbury.

Saline and ferruginous waters. Artificially prepared with carbonic acid they are exported for table use.

**Melos.**—Greece, island in the *Ægean* sea.

Ferruginous waters, 80° F.

Much renowned in antiquity; at present the available accommodation is very primitive.

**Meltingen.**—Switzerland, Canton Soleure.

Cold ferruginous bicarbonate waters. These waters are tonic.

A much frequented and well-appointed establishment.

**Mentone.**—France, Department of Alpes, Maritimes, near the Italian frontier. For routes see table.

Winter station of first importance, and sea baths.

*Winter Season*: November—June.

*Summer, or sea-bathing Season*: May—October.

*Special indications*: All forms of chest diseases, consumption, bronchitis, chronic laryngitis; nearly every form of rheumatism; all cachectic diseases, and diseases of debility; it also suits admirably the very young or the very old, when debilitated from any cause.

Mentone lies at the foot of the Maritime Alps, on the strip of shore to which the name of Riviera, or Cornice, has been given, and which extends from Nice to Genoa. It is a small town of 6,000 inhabitants. Latitude, 43° N., longitude, 11° E.

The coast line of mountains here rises to an elevation of 4,000 feet or more, and, receding, forms a sheltered amphitheatre, well protected from the north, north-east, and north-west winds. The scenery is more picturesque than in any other portion of the Riviera. The mingling of mountain and sea, and lemon and olive-clad hills, intersected as they are by innumerable charming valleys, is indescribably lovely, and, to be realised, must be seen. The flora is very varied, and spring or summer reigns throughout the winter. The watershed of the country—the mountain masses—are formed of secondary white limestone. But tertiary sand and gravel enter into the soil and diversify vegetation in a very charming manner.

The climate is milder than in any other portion of the north shore of the Mediterranean, as is proved by the presence of forests of lemon trees creeping up the hillsides to a considerable elevation. Nowhere on the north Mediterranean shore does the lemon-tree grow with equal luxuriance. It is a tropical tree which cannot bear more than three or four degrees of frost without perishing. The fruit is destroyed by one or two degrees. At Mentone it constitutes the chief agricultural product.

The most trustworthy meteorological data respecting the winter climate of Mentone are those given by Dr. Henry Bennet, in his well-known work: "Winter and Spring on the Shores and Islands of the Mediterranean," 5th edition. They are founded on fifteen years' personal observation; for November his mean temperatures are min. 49·2°, max. 60·1°; December, min. 44·2°, max. 55·1°; for January, min. 42·8°, max. 53°; for February, min. 43·5°, max. 55·7°; March, min. 45·3°, max. 59·3°; April, min. 50·8°, max. 66·3°. The mean minimum for the six winter months is thus for fifteen years, 45·9°; the mean maximum, 58°2. The combined mean for the six months for the fifteen years is 52° F. During these years, observations were daily made of the hygrometric state of the air with wet and dry bulb thermometers, and a mean of 5·1 was obtained. This corresponds to 68 % of dryness—saturation being 100°, with a temperature of about 58°, and implies moderate dryness in the air. In the winter there are no sea or land fogs, although sea fogs are occasionally observed in May and June. The average number of days on which rain falls—little or much—is, according to Mr. Brea, about 81 in the year. The amount of rainfall is about 24 inches. (*Farina*.)

The climatic conditions above described render Mentone an exceptionally valuable winter resort in all diseases and in all conditions of health in which a dry, sunny, mild winter climate is required. There is a peculiar condition connected with the climate of Mentone, which Dr. Henry Bennet was the first to point out. The moisture-laden sea breeze, which is drawn in daily by the sun's heat in sunny, cloudless weather, is arrested by the amphitheatre of mountains, which it cannot get over. The colder atmosphere of the elevated regions condenses its moisture, so as to form a haze over the landscape from about 11 a.m. These condensed vapours soften the atmosphere in an exceptional manner, and no doubt explain the fact of so many invalids improving, or even getting well there, while other regions of the north Mediterranean coast and the Riviera disagree with them. The rapid changes of temperature common to Nice, Cannes and Hyères, are less noticed here, the temperature being in general more equable.

The drainage is improving, owing to the united efforts of the medical men and the municipal authorities.

There is a casino, with theatre, reading rooms, &c.  
English church.

Post and Telegraph office, Rue St. Michael.

*American Dentist*: A. Preterre.

*Bookseller*: Bertrant, Queyrot & Co.

*Bankers*: Credit Lyonnais, Avenue Victor Emmanuel.

*House & Estate Agent & Provision Merchant*: T. Willoughby,  
Rue St. Michel.

*English Chemist* : P. Bezos, 27, Rue St. Michael.

*Doctors* : Drs. Henry Bennet, Marriott, Daremberg, Fitz-Henry, Siordet and Cazenave de la Roche.

*Hotels* : *The Hôtel des Îles Britanniques*; exceptional position, well recommended. Rosnoble, proprietor.

*The Hôtel des Anglais*, full south in the East Bay, well sheltered, near the Chalet des Rosiers (residence of Queen Victoria in 1882). Em. Arbogast, proprietor.

*The Hôtel Victoria*, in the centre of the town, fine garden, and well sheltered. Sèmeria and Leubner, proprietors.

**Meran.**—Austria, Tyrolean Alps, near the Italian frontier, 1,100 feet above sea level. For routes see table.

Climatic station in winter. Very fine and pure air. Pneumatic baths. Whey cure, grape cure.

*Season* : October—April.

*Grape cure Season* : September—October.

Mean winter temperature, 40° F.; spring and autumn, 55° F.; summer, 70° F. The greatest proportion of days in winter are sunny and cloudless.

The real climatic residences in winter are Ober and Untermais. The latter is beautifully situated on the left bank of the rivulet Passer, spreading with its castles, villas, gardens, parks and old ruins over a rising slope. Obermais is making rapid strides of late, and its fine villas and large hotels offer very comfortable accommodation.

Gratsch is a quarter which has come into existence only within the last few years. It is gaining rapidly in favour, as its situation is the best and its climate exceptionally mild. Invalids as a rule prefer to stay at one of the above-mentioned villages.

The situation is a very charming one. The scenery is picturesque, and suggests excursions. The promenades in the town and suburbs afford ample space for long walks. The streets are well kept and life in the town is agreeable.

The "Winteranlage" is the principal promenade for visitors and patients during winter; between 11 and 3 o'clock the Foreign Colony meets here. The vegetation is evergreen, composed mainly of sub-tropical plants.

The "Curhaus" is a very fine building, and contains besides assembly-rooms, concert, ball and billiard rooms, a café and a bathing establishment.

*Chemist* : Hallersche.

*Bookseller* : Pötzelberger.

*Bank and Exchange Office* : Biedermann Bros.

*Post and Telegraph Office* : 36, Rennweg.

*Doctors* : Dr. von Kaan, Dr. Hausmann, Dr. Huber, and Dr. Settari.

*Hotels* : Comte de Meran, Sun.

**Mercantale.**—Italy, Tuscany, valley of the Arno.

Ferruginous sulphurous waters, 45° F.

The establishment is very primitive, though the waters enjoy a great reputation in the neighbourhood.

**Merens.**—France, Department of Ariège.

Sulphate of soda water, 90° to 110° F.

**Mergentheim.**—Germany, Württemberg, 8 hours from Würzburg.

Bromo-iodurated bitter waters, 30° F.

Slightly purgative.

The establishment is elegant and efficient.

Theatre, assembly and reading-rooms and fine promenades.

*Doctors:* Dr. Lindemann, Dr. Höring and Dr. Krauss.

*Hotels:* *Strauss* and *Rose*.

**Mers.**—France, Department of Seine Inférieure.

Sea baths; sandy beach.

A small establishment.

**Messina.**—Italy, Sicily, 45 minutes by steamer from Reggio. Pullman cars are now attached to all express trains from Naples. For routes see table.

A winter station and sea baths.

Much exposed to winds. We mention it only because it is selected by some as a winter residence, though it has actually one of the severest climates of any Sicilian town. On the average there are 12 snowy days in winter.

*Bookseller:* G. Welbatus.

*Hotel:* The *Hôtel Victoria* is the best house in the town. William Möller, proprietor.

**Meta.**—Italy, between Castellamare and Sorrento.

Climatic station in summer.

Used by inhabitants of Naples as a summer residence. The whole country is one vast garden.

**Metelin.**—Asiatic Turkey.

Sulphate of soda water, 80° to 100° F.

*Special indications:* Rheumatism and skin disease.

**Methana.**—Greece, near Kato-Muska, Argolia.

Sulphurous waters, 85° F.

The arrangements are on a system of taking the baths in common.

Accommodation primitive.

**Mezières.**—France, Department of Ardennes.

Cold saline waters.

**Michelstadt.**—Germany, Hessen, near Erbach, in the Odenwald; 800 feet above sea level.

Summer station, with hydropathic establishment.

*Doctor:* Dr. Spies.

**Middelkerke.**—Belgium, near Ostend.

Sea baths, with fine beach.

Is rising in importance.

**Miemo.**—Italy, Tuscany, in the Maremma-Volterana.

Alkaline sulphurous waters, 80° F.

Primitive arrangements and accommodation. Almost exclusively used by the surrounding peasantry.

**Miers.**—France, Department of Lot.

Cold sulphate of soda waters.

*Special indications:* Hepatic affections, constipation and hæmorrhoids.

*Doctor:* Dr. Fraisse.

**Millport.**—Scotland, Buteshire, on the greater Cumbrae Island.

Sea baths; sandy beach; air mild; scenery barren.

*Doctor:* Dr. Kerr.

**Milo,** Island of.—In the Grecian Archipelago.

Thermal waters, of great repute in antiquity, but now neglected.

**Mina Nova.**—Portugal, Province of Estremadura.

Ferruginous sulphate waters.

**Mindelheim.**—Germany, Bavaria.

Bicarbonate of lime waters.

A bathing establishment, but little known.

**Minehead.**—England, Somersetshire, near Taunton.

Sea baths; rocky and sandy beach; climate mild.

*Season:* July—September.

*Doctor:* Dr. Gaye.

**Mingolsheim.**—Germany, Baden.

Cold sulphurous soda water.

*Special indications:* Rheumatism and skin diseases.

**Mirabello.**—Italy, Piedmont.

Sulphate of lime springs, 30° F.

*Special indications:* Scrofula.

**Mirandella.**—Portugal, Province Traz os Montes.

Cold ferruginous waters.

**Misdroy.**—Germany, Island of Wollin.

Sea baths on the Baltic.

Firm fine sandy beach. The scenery is hilly and charming. Establishments good.

**Mitterbad.**—Austria, Tyrol, district of Botzen.

Ferruginous waters, containing sulphuric acid.

*Season* : June—August.

One of the most frequented bathing places in the Tyrol.

The scenery is very mountainous and picturesque.

*Special indications* : Anæmia, fluor albus, difficult menstruation, chronic diarrhœa.

**Moching.**—Germany, Bavaria, near Munich.

Bicarbonate of lime waters.

The establishment is ample, and provides comfortable accommodation.

**Modum.**—Norway, district of Tellmarken, near Christiania.

Effervescent ferruginous waters, and summer station.

The situation is very picturesque and mountainous. The environs contain large pine forests, and the air is highly charged with ozone.

**Moffatt.**—Scotland, Anandale.

Hot sulphur and saline waters ; air bracing.

Hydropathic establishment.

*Season* : Summer.

*Special indications* : Skin diseases, female ailments, dyspepsia.

*Doctor* : Dr. Thomson Forbes.

**Mogador.**—Africa, Morocco.

Winter station. Warm and damp climate.

**Moggiona.**—Italy, Tuscany, District of Poppi.

Sulphurous waters, 65° F.

*Special indications* : Gravel and skin diseases, abdominal disorders.

The establishment is inadequate.

**Moha.**—Hungary, Transylvania, comitat of Stuhlweissenburg.

Bicarbonate of lime ferruginous waters.

Act as a mild purgative.

**Moingt.**—France, Department of Loire.

Cold bicarbonate of soda, table waters.

**Molar** (El, or Fuente del Toro)—Spain, Province of Madrid, on the road to Burgos.

Saline sulphurous waters, 45° F.

*Special indications* : Skin diseases.

**Molina de Aragon.**—Spain, Province of Guadalajara.

Sulphate of lime waters.

**Molinar de Caranza.**—Spain, Province of Biscaya, near Tolosa.  
Saline springs, 90° F.

*Special indications:* Scrofula.

A much frequented establishment, thoroughly well fitted up, but the accommodation is not scrupulously clean.

**Molig.**—France, Department of Pyrénées Orientales, near Prades.  
Sulphate of soda waters, 50° to 65° F.

Two small establishments.

*Special indications:* Rheumatism, bronchitis, and skin diseases.

**Molla Il.**—Italy, Piedmont.

Ferruginous bicarbonate waters, 45° F.

*Special indications:* Chlorosis.

**Monaco and Monte Carlo.**—Principality of Monaco, between Nice and Mentone. For routes see table.

Winter station. Sea baths.

Although Monte Carlo is one of the most sheltered stations on the Riviera, it is more frequented by pleasure seekers than by the really sick. Strangers coming to the Riviera only for amusement, or to pass the winter, prefer staying here.

Mean winter temperature, 50° F. The barometric pressure, mean humidity of the air, and average rainfall, are almost the same as at Nice. The temperature in the quarter called "La Condamine," is generally from 3° to 5° F. higher; it is also the most sheltered from winds, but it has the drawback of inferior drainage. The weather statistics are 57 fine, 26 clouded, and 17 rainy days per cent.; the above statistics are, however, open to question. Atmospheric disturbances are somewhat frequent, and in 26 per cent. of days there are strong winds; fogs are rare, but the dews are heavy and frequent. On the whole the climate is an exceptionally dry and exciting one. The mistral is as little felt here as at Villefranche, especially in the Condamine district.

The air being very dry, and high winds of frequent occurrence, the entire absence of dust is the more noteworthy and pleasant. The roads, gardens, etc., are excellently kept, and residence here is certainly as agreeable as in any town on the Riviera.

The Casino, with its almost unrivalled orchestra (concerts twice daily) is the chief attraction. The reading-room contains newspapers of every country, and in the handsome theatre, operatic and other representations are given during the season, with the help of the most renowned artists in Europe. The pigeon-shooting arrangements are very complete, and the meetings well attended.

The old town on the promontory, or Monaco proper, is interesting, and the Prince's palace is well worth visiting. The gardens are very fine. The sea bathing establishments are thoroughly good.

*Bankers:* Vve. Adolphe Lacroix, Méja & Co.

*Dentist* : Mr. H. Ash, Condamine.

*House and Estate Agents and Provision and Wine Merchants* :  
A. Gauteri & Co., under the Grand Hotel.

*Doctors* : Drs. Belvin and Pickering, at Monte Carlo.

*Hotels* : The *Grand Hotel*, at Monte Carlo, magnificent first-class house, with exceptionally good restaurant, which has been considerably enlarged and embellished. X. Jungbluth, proprietor.

The *Victoria Hotel*, at Monte Carlo, healthily situated, first-class family house. Very quiet and comfortable. Rey Frères, proprietors.

The *Hôtel des Anglais* is a first-class family house, situated in the best part of the gardens, refurnished, and under new management. L. Troiel Fribert, director.

**Moncada-y-reitach.**—Spain, Province of Barcelona.

Ferruginous sulphatic waters, 45° F.

*Special indications* : Chlorosis and dyspepsia.

**Monchiqua.**—Portugal, Province of Algarvia.

Thermal sulphurous waters.

Very much frequented station.

**Monda.**—Spain, Province of Malaga.

Cold saline springs.

Waters act as a diuretic.

**Mondon.**—Spain, Province of Orense.

Cold ferruginous bicarbonate waters.

**Mondorf.**—Germany, Duchy of Luxemburg, from Paris by East of France Railway.

Bromo-saline waters, 60° F.

*Special indications* : Scrofula, chlorosis, and dyspepsia.

A very good hydropathic establishment.

*Doctors* : Drs. Marshal and Klein.

*Hotel* : Kurhaus.

**Monegrillo.**—Spain, Province of Saragoza.

Saline waters.

Purgative action.

**Monestier de Briançon.**—France, Department of Hautes Alpes.

Sulphate of lime waters, 50° to 105° F.

*Special indications* : Rheumatism, old gun-shot wounds, and skin diseases.

**Monestier de Clermont.**—France, Department of Isère.

Mixed bicarbonate table waters.



**Monfalcone.**—Austria, Illyria, on the Bay of Trieste.

Iodo-bromurated saline waters, 100° F.

*Special indications:* Rheumatism and paralysis.

Sea bathing establishment. The springs rise and fall with the tide.

**Monsao.**—Portugal, Province of Minho.

Saline waters, from 80 to 100° F.

**Monsummano.**—Italy, Tuscany, near Montecatini valley of Nievole.

A grotto, where natural sulphurous vapour baths are taken.

They are especially efficient in rheumatism.

Three lakes in the grotto contain sulphurous waters from 80° to 100° F.

*Special indications:* Gout, herpes, rheumatism, ankylosis, sciatica, syphilis, catarrhal affections, and in all cases where strong action of the skin is indicated.

**Montafia.**—Italy, Piedmont.

Sulphate of lime waters, 30° F.

Employed by the peasants against skin diseases.

**Montagnone.**—Italy, Venezia, near Abano.

Earthy waters, 130° F.; mud baths.

*Special indications:* Diseases of the bones, old sores, scrofula, gout, rheumatism.

The bathing establishment is well arranged, and affords comfortable accommodation.

The baths were used by the Romans, as is shown by numerous ruins.

**Montalceto.**—Italy, Tuscany, Val d'Arbia.

Saline-magnesian ferruginous waters, 65° to 85° F.; mud baths.

A very good establishment, and well frequented station.

**Mont' Amiata.**—Italy, Tuscany.

Highly effervescent ferruginous waters, 35° to 65° F.

The arrangements are primitive, and consequently used only by the surrounding inhabitants.

**Montbarri.**—Switzerland, Canton Fribourg.

Cold sulphate of lime waters.

*Special indications:* Skin diseases and rheumatism.

**Montbrison.**—France, Department of Loire.

Cold alkaline bicarbonate waters.

*Special indications:* Chronic disorders of the digestive organs, hæmorrhoids.

**Montbrun.**—France, Department of Drôme.

Sulphate of lime waters, 30° F.

Mud baths.

**Montchauson.**—France, Department of Cantal.  
Cold bicarbonate and ferruginous waters.

**Mont Dore.**—France, Puy de Dôme, 1½-hour by carriage from Laqueuille station, route from Clermont-Ferrand to Tulle; 3,150 feet above sea level; 8,000 inhabitants. For routes see table.

Bicarbonate, arsenical, and effervescent ferruginous waters, from 107° to 115° F. The establishment is thoroughly well fitted up with all modern requirements. Climatic station.

*Season* : 1st June to 1st October.

*Number of visitors* : above 5,000.

*Special indications* : Chronic bronchitis, pulmonary phthisis, asthma, chronic pleuritis, laryngitis, pharyngitis, coryza, chronic ophthalmia, rheumatic and nervous affections, disorders of the uterus and of the skin.

This station, whose waters are known to have been extensively used by the Romans, as testified by the ruins of ancient baths in the environs, is a charming little village in the romantic province of Auvergne. The scenery is most picturesque, and walks and excursions in all directions are plentiful. The baths, which were entirely deserted until the beginning of the present century, have been much improved of late, under the able direction of M. J. Chabaud, the present lessee. This gentleman has expended a large amount of money upon the bathing establishment, which is well lighted by gas.

The waters of Mont Dore are exported, keep well in bottles, and may be had of all mineral water merchants. The ordinary dose is from two to five glasses a day, during 20 or 25 days.

The amusements comprise daily concerts in the park and in the new Casino. Theatre, Balls, Card and Assembly-rooms, Café. Daily representations of comedies and operettas.

*Bookseller* : J. Armet.

*Doctors* : Drs. Léon Chabory, Chabory-Bertrand, Emond (speaks English), and Mascarel.

*Hotels* : The *Hôtel de Paris* and *du Parc* are first-class, well appointed houses, healthily situated, and replete with all modern comforts. Léon Chabory, proprietor, is the only one of this name. Note the address, "Léon Chabory."

**Monte Carlo.**—See MONACO.

**Monte-catini.**—Italy, Tuscany. For routes see table.

Saline springs, 50° to 75° F.

*Special indications* : Rheumatic affections, leucorrhœa, blenorrhœa, menstrual disorders, skin diseases, sciatica.

The purgative waters of the Tettuccio spring are exported, and used in the treatment of hypertrophy of the liver.

The establishments are very good. Vegetation and scenery charming, and in consequence Monte-catini is much frequented.

**Montefiascone.**—Italy, Romagna.

Thermal sulphurous springs.

*Special indications* : Skin diseases.**Montegrotto.**—Italy, Venezia, near Padua.

Hot saline muds, 176° F.

Stimulating action.

The establishment is good, and the accommodation comfortable.

**Montegut Ségla.**—France, Department of Haute Garonne.

Ferruginous bicarbonate water, 30° F.

*Special indications* : Dyspepsia and gastralgia.**Montemayor y Bejar.**—Spain, near Salamanca.

Sulphurous waters, 90° F.

The establishment is very good and affords comfortable accommodation. The air is remarkably pure, and the scenery picturesque.

Notwithstanding the difficulty of reaching the town, it is very much frequented.

**Monte-Ortone.**—Italy, Venezia, near Padua.

Alkali-saline sulphurous waters, 100° F.

There is a bathing establishment and hotel combined. Little frequented.

**Monte-Rotondo.**—Italy, Tuscany, on the Cornia.

Earthy ferruginous water, 75° F.

No establishment, and primitive arrangements. The site is picturesque.

**Montione di Piombino.**—Italy, near Arezzo.

Bicarbonate of lime waters, 85° F.

*Special indications* : Rheumatism and skin diseases.**Montlignon.**—France, Department of Seine and Oise, near Montmorency.

Cold ferruginous bicarbonate waters.

**Mont Louis.**—France, Department of Pyrénées Orientales.

Cold ferruginous waters.

Charming situation.

**Montmirail-Vacquairas.**—France, Department of Vaucluse, near Carpentras and Avignon.

Three springs with a purgative action; one sulphate of lime, and one ferruginous.

The bathing establishment is good and affords fair accommodation.

*Doctor* : Dr. Millet.

**Montner.**—France, Department of Pyrénées Orientales.  
Ferruginous bicarbonate waters.

**Montol.**—France, Department of Puy de Dôme.  
Cold bicarbonate of lime waters.

**Montpellier.**—France, Department of Hérault.  
Winter station.  
*Doctors* : Dr. Coste and Dunal.

**Montpensier.**—France, Department of Puy de Dôme, near Riome.  
On the route to Gannat two excavations are found, from which carbonic acid gas escapes, as in the "Grotto del Cane," near Naples.

**Montreux.**—Switzerland, Canton of Vaud, near Vevey and Lausanne.  
Climatic and intermediate station, whey cure, grape cure.  
Situated on Lake Leman, it has a very charming position ; the excursions in its neighbourhood are very interesting and numerous.

Montreux, Vevey, and Veytaux have lost of late much of their importance as winter stations. Patients prefer going to the more southern stations along the Riviera.

*Doctor* : Dr. Lebert.

**Montserrat.**—West Indies, one of the Windward Islands.  
Several thermal springs.

**Monzaio les Mines.**—Africa, Algiers, near Medah and Blidah ; 1,600 feet above sea-level.  
Sulphate of sodium waters, 35° to 50° F. Table waters ; digestive action.

**Morba.**—Italy, Tuscany.  
Bicarbonic ferruginous and sulphate of lime waters, 45° to 105° F.  
*Special indications* : Rheumatism and herpes.

**Morecambe and Paulton-le-Sands.**—England, Lancashire.  
Sea baths ; sandy and extensive beach ; two piers.  
Climate mild but bracing.  
*Season* : June—September.  
*Doctor* : Dr. Jackson.

**Morgins.**—Switzerland, near Monthey and Evian ; 4,344 feet above sea-level.  
Saline ferruginous waters ; climatic mountain air station ; whey cure.  
*Season* : June—September.  
*Special indications* : Anæmia, chlorosis, female complaints, asthma.

The establishment is good and accommodation abundant.

**Mortagone.**—Italy, Tuscany.  
Saline springs, 65° F.

**Mortefontaine.**—France, Department of Oise, near Senlis.  
Cold mineral waters analogous to those of Enghien. Not used.

**Moselli.**—Greece, near Astio.  
Indifferent waters, 45° F.  
Very charming site. Air pure and mild.

**Mtscheno.**—Austria, Bohemia.  
Cold sulphurous ferruginous waters.  
*Special indications* : Atonic diseases.

**Mula.**—Spain, near Murcia.  
Ferruginous bicarbonate waters, 95° F.  
Reconstituent action.  
*Special indications* : Herpes and rheumatism.

**Mumbles.**—Wales.  
Sea baths.

**Mumby-cum-Chapel.**—England, Lincolnshire, near Willoughby.  
Sea baths, sandy beach.

**Münchshofen.**—Germany, Bavaria.  
Earthy ferruginous waters, 60° F.  
*Special indications* : Liver and spleen obstructions, paralysis.

**Münster am Stein.**—Germany, Rhenish Prussia, near Kreuznach.  
Waters similar to those of Kreuznach ; very efficacious in children's diseases.  
A very quiet spot, but full of picturesque attractions.  
*Doctors* : Drs. Welsh and Glaesgen.  
*Hotel* : *Kurhaus Hotel*.

**Münsterberg.**—Germany, Silesia, circuit of Breslau.  
Cold bicarbonate of iron and hydrosulphuric waters.  
A small establishment.

**Murcia.**—Spain, capital of the Province of Murcia, on the Mediterranean.  
Winter station of first importance.  
Murcia may be called the driest and least rainy place on the whole east coast of Spain. Mean winter temperature, 55° F. Relative dampness of the air, 66·7 %, with only 18 rainy days during winter season. Spaniards call its sky "El reino serenissimo." Snow is altogether unknown, and fogs and mists are never seen. The town having 90,000 inhabitants, offers all possible resources.

**Muritz.**—Germany, Mecklenburg.

Sea baths, sandy beach.

**Muskau.**—Germany, Silesia, circuit Liegnitz on the Neisse.

Sulphate of iron waters. Astringent action.

*Special indications:* Hæmorrhages, hyperæsthesia, female complaints.

Very well appointed.

*Doctor:* Dr. Prochnow.

*Hotels:* Berlin, Green Tree.

**Nahaud.**—United States of America, Massachusetts.

Sea baths, much frequented.

**Nairn.**—Scotland, near Inverness.

Very much frequented sea baths; "the Brighton of the North."

Sandy beach; dry and bracing air.

*Doctor:* Dr. Cameron.

**Nammen.**—Germany, Westphalia.

Cold sulphate of lime springs.

*Special indications:* Herpes, rheumatism, gout.

**Naples.**—Italy, capital of the former kingdom of Naples. For routes see table.

Winter station, mineral and sea baths.

The climate of Naples is dry and stimulating; the nearer one approaches Vesuvius the more the air becomes tonic.

As a hydromineral station, Naples has a great variety of springs, chief among which are those of Chiatamone, Bagnoli, Ischia, Castellamare, Torre Annunciata, Agnano, Pozzuoli, and Santa-Lucia. The great variety of mineral waters and their therapeutic properties have rendered Naples and its environs the most frequented bathing station in Italy.

*Guides and Couriers:* Chas. Mancinelli and Emanuele Benati.

*Doctors:* Drs. Barranger, Tweedie Stodart, Tomasi and Wyatt.

*Hotel:* Hôtel Royal des Etrangers. A. G. Caprani, proprietor.

**Nassau.**—Germany, Nassau, on the Lahn, 1½ hour from Ems.

Hydropathic establishment of very great repute. Climatic station in summer. Electric baths, gymnastics.

The site is delightful and the environs afford scope for many attractive excursions.

*Doctor:* Dr. Runge.

**Nauheim.**—Germany, Hessen-Nassau. For routes see table.

Strongly mineralised saline waters; 17 grs. of mineral constituents, of which 14 grs. are chloride of sodium. The water is effervescing, 50° to 95° F.

Two springs are used in drinking - the Kurbrunn and the Salzbrunn. Two others serve for douches and baths. *EIGENES* :  
*Special indications* : Enlargement of the liver, derangement of the spleen, scrofula.

*Doctors* : Dr. Bode, Dr. Bencke.

**Naumburg.**—Germany, Silesia.

Cold ferruginous waters not used.

**Navajas.**—Spain, Province of Castellon de la Plana.

Ferruginous bicarbonate waters, 45° F.

**Navalpino.**—Spain, Province of Ciudad Real.

Bicarbonate of iron waters, 70° F. Little used.

**Nave dell' Inferno.**—Italy, Tuscany, on the Arno.

Earthy alkaline waters, 59° F.

*Special indications* : Gravel, calculus, vesical catarrhs, atonic intestinal derangements, menorrhagia, hysteria.

The establishment is inadequate and the accommodation poor.

**Naxos.**—Greece, island, one of the largest of the Cyclades.

Saline waters.

**Nebouzat.**—France, Department of Puy de Dôme, 23 k. from Clermont-Ferrand.

Cold acidulous waters.

**Nefflach.**—France, Department of Pyrénées Orientales, 20 k. from Perpignan.

Saline waters, 50° F.

Only visited by persons in the neighbourhood.

**Nelefina.**—Hungary, comitat of Beregh-Ugocz.

Mixed bicarbonate waters.

Pretty good arrangements.

**Neundorf.**—Germany, Hessen. For routes see table.

Cold saline sulphurous lime waters.

The bathing establishment is well appointed; inhalations, douches, &c. Mineral and mud baths. Whey cure.

*Special indications* : Catarrh of the respiratory organs, herpes, old dyscrasic sores, disorders of the urinary organs.

The sojourn is agreeable, and amusements are freely provided.

*Doctors* : Drs. Ewe, Neussell, and Varenhorst.

*Hotels* : Kassel, Hanover.

**Neris.**—France, Department of Allier, near Montluçon.

Thermal mixed alkaline waters, 110° to 125° F.

*Special indications* : Nervous affections, rheumatic neuralgia, uterine affections.

Very large bathing establishment, thoroughly well appointed. Casino with theatre, concert, reading, smoking, and billiard rooms. Gardens and parks.

*Doctor* : Dr. Planat.

**Nerone** (Stufa di).—Italy, near Puzzuoli.

Natural mineral steam baths. The heat of the escaping gases is stated to be 170° F.

*Special indications* : Chronic skin diseases, gout, rheumatism, anchylosis.

Very largely used by the Romans, especially under Nero, by whom they were fitted up with the greatest luxury. They are still visited and used, notwithstanding the entire absence of any suitable accommodation.

**Nervi**.—Italy, one of the suburbs of Genoa, on the Riviera di Levante.

Winter station.

The mean winter temperature is not so high as that of Mentone or St. Remo, but the climate is less windy, more humid, and less exciting and tonic. The vegetation is luxurious, and beautiful gardens abound. There is little room for excursions, and Nervi is therefore most suitable for patients who desire repose.

*Doctor* : Dr. Schetelig.

**Neskutschnoie**.—Russia, near Moskau.

Earthy ferruginous waters, 45° F.

The establishments are good.

**Neudorf**.—Austria, Bohemia, also called Constantinsbad.

Sulphurous and ferruginous waters, 25° F. Mud baths.

Very pure air.

*Special indications* : Anæmia, disorders of menstruation, rhachitis, gout, and rheumatism.

The establishments are very good and the accommodation is abundant and moderate in price. The situation is picturesque, and the country well wooded.

*Doctor* : Dr. Dlanhy.

*Hotel* : Kurhaus.

**Neuenahr**.—Germany, Rhenish Prussia, on the left bank of the Rhine and on both banks of the river Ahr ; 760 feet above sea level. For route see table.

Thermal mixed bicarbonate, mildly alkaline waters ; four springs, one of which the "great" or "Grosse Sprudel" is a natural wonder, worth visiting if only for curiosity's sake. They are reported to be the richest known bicarbonate springs. Their temperature varies between 72.5° and 104° F.



*Season* : 1st May to 15th of October.

*Special indications* : Catarrh of the stomach and bowels, affections of the kidneys and liver, female diseases, Bright's disease, stone, diabetes mellitus, gout and rheumatism, nephritic calculus, scrofula, and affections of the respiratory organs.

The waters are especially efficacious in *diabetes mellitus* and *albuminuria*.

Congestion of the head and lungs, irritability and hyperæsthesia, as also many forms of hæmoptysis, not only find no relief here, but even become aggravated.

This place offers charming and picturesque mountain scenery. It is in one word, "an Idyllic spot." The noisy attractions, amusements, and fashionable life of Baden, Wiesbaden, and Homburg must not be looked for here. Neuenahr is not without its amusements, but they are not a predominant feature. Those in search of a place of rest, where complete repose and retirement can be secured, should go to Neuenahr. The walks through the meadows, up the hills, and into the almost endless vineyards are delightful.

The longer excursions into the Ahr valley are among the most picturesque which the borders of the Rhine offer. Everything combines to make this little spot a paradise of comfort, rest, and repose, such as is so often needed by invalids in the present day of over-excitement of mind and body. The mineral constituents of the waters, in the form of pastilles and salts, are, with the waters themselves, exported.

Post and telegraph office in the Kurhotel.

English church service in the Kurhotel.

Cabs, carriages, horses, mules and donkeys, per hour and day.

*Doctors* : Drs. R. Schmitz, A. Teschemacher and Unschuld, all speaking English.

*Hotel* : The *Kurhotel*, a large, commodious first-class house, standing in its own grounds, adjoining the bath establishment. J. H. Peters, director.

#### **Neuenheim.**—Germany, Nassau.

Cold bicarbonate ferruginous waters.

#### **Neuhaus.**—Austria, Styria.

Bicarbonate of lime waters, 85° F.

*Special indications* : Nervous diseases.

Good establishment.

*Doctor* : Dr. Paltauf.

#### **Neuhaus.**—Germany, Bavaria.

Cold saline springs.

*Special indications* : Scrofula and abdominal obstructions.

#### **Neu Lublau.**—Austria, Hungary, comitat of Zips, near Leutschau.

Effervescent ferruginous waters.

*Special indications* : Migraine, hypochondriasis, hysteria, affections of the nerve centres, menorrhagia, blenorrhœa.

The establishments and accommodation are satisfactory.

**Neumarkt.**—Germany, Bavaria, near Nuremberg; 1,445 feet above sea level.

Ferruginous sulphurous waters.

*Special indications:* Rheumatic and skin affections, muscular contractions, hæmorrhoids, gravel and vesical calculi, old sores and mercurial dyscrasia.

**Neu Ragoczi.**—Germany, Prussia, Province of Saxony, near Halle.

Alkaline ferruginous waters. Inhalation.

*Special indications:* Plethora, disorders of liver and spleen, vesical disorders, female complaints, hysteria, chlorosis, asthma.

The establishments are very complete and fitted with all modern requirements. The country is picturesque, and the neighbourhood of Halle affords ample amusements. Accommodation good and moderate in price.

**Neuschmécks or Uj Tatrafüred.**—Austria-Hungary, Galicia, near Kaschau; 3,100 feet above sea level.

Pure alkaline waters, climatic station.

*Special indications:* Affections of the digestive organs, obstructions of liver and spleen.

The establishment is very good, and the accommodation comfortable. Society select. Scenery picturesque and vegetation luxurious.

*Doctor:* Dr. H. von Szontagh.

**Neuschwalheim.**—Germany, Hessen, 1½ hour from Salzhausen.

Earthy muriatic ferruginous waters. Very little frequented. The establishment is inferior.

**Neusiedel.**—Austria-Hungary, Lake of, near the town of Neusiedel.

The waters of this lake have a mineral basis of bicarbonate of soda, 45° to 50° F.

Military hospital.

*Special indications:* Scrofulous affections.

**Neusohl.**—Hungary.

Cold sulphurous waters.

**Neustadt an der Saale.**—Germany, Württemberg, near Waiblingen.

Cold saline waters.

A small and inadequate bathing establishment.

**Neustadt-Eberswalde.**—Germany, Prussia, Province of Brandenburg.

Ferruginous bicarbonate waters.

**Neustadt-on-the-Haardt.**—Germany, Bavaria, Palatinate, near Mannheim.

Grape and whey cure station.

Renowned throughout Germany, and much frequented in the months of September and October.

**Neuville lez la Charité.**—France, Department of Haute Saône.  
Cold sulphate of lime waters.

**Nevis.**—One of the English West Indian Islands.  
Four thermal springs.

**New Brighton.**—England, Cheshire, at the mouth of the Mersey.  
Sea baths; fine sandy beach.  
*Season*: June—September.  
*Doctor*: Dr. Bell.

**Newcastle.**—Ireland, County Down, near Dublin.  
Much-frequented sea baths, and sulphurous ferruginous waters; sandy beach; climate mild. The scenery is picturesque.  
*Doctor*: Dr. Clarendon.

**New Quai.**—England, Cornwall, near Parr.  
Sea baths; fine sandy beach. Climate bracing.  
*Season*: June—September.  
One of the most fashionable of Cornish watering-places.  
*Doctor*: Dr. Jewell.

**New Quai.**—Wales, Cardiganshire.  
Sea baths, sandy beach, with occasional pebbles.  
*Doctor*: Dr. Evans.

**Newtondale.**—England, Lincolnshire.  
Saline springs.

**Neyrac.**—France, Department of Ardèche, branch from Livron to Privas.  
3 hours by carriage from Privas to Neyrac.  
Bicarbonate of lime ferruginous waters, 95° F.  
Very complete establishment.  
*Special indications*: Skin diseases.  
*Doctor*: Dr. Deputowsky.

**Nice.**—France, Department of Alpes Maritimes. 70,000 inhabitants. For routes see table.

Winter station of first importance; sea baths.

*Season*: Winter season, November to June. Summer or sea-bathing season, May to October. Principal season, January to March.

Number of visitors about 30,000 annually.

*Special indications*: Chronic diseases of the chest, lungs, and respiratory organs; affections of the larynx, liver complaints, disorders of the spinal chord, diabetes, gout, rheumatism, paralysis, general weakness, are the principal diseases for which a stay in Nice is recommended. But the climate is very exciting, and patients suffering from any form of nervousness can derive no benefit from it.

The dryness of its atmosphere is the chief characteristic of Nice. Rain falls generally only in spring and autumn, and but rarely in winter. The total amount is 702 mm.; 70 days of rain are reported in the season, 80 days of sunshine, and 60 with cloudy sky. Fogs are rare, and snow falls occasionally. Mean atmospheric pressure is 761 mm.

The mean temperature for the winter months is 55° F. in November, 50° F. in December, 44° F. in January, 50·5° F. in February, 52·2° F. in March, and 59° F. in April.

The mean temperature in winter is 50° F.

No winter station offers so many resources as Nice. All who suffer from that vague disease called "ennui," or "spleen," will find in this sunny spot on the Riviera the remedy they seek better than elsewhere. One fête succeeds another, and the Municipal Committee, as also the Mayor, uses every endeavour to amuse visitors.

The carnival lasts ten days, and is said to be superior to that of Rome. The days of the "batailles des fleurs" are a special feature, which no other town can offer. The road all along the Bay des Anges, from the Port down to the Pont Magnan, is thronged with rows of carriages, all decked with flowers.

**Clubs:** Cercle de la Méditerranée, on the Promenade des Anglais; Cercle Masséna, Avenue de la Gare; Cercle Philharmonique, Cercle de l'Athénée. There is a Comédie-Française theatre, circus, panorama, skating gallery.

**Excursions:** The excursions are numerous and very varied. The nearer ones are to the Castle Hill, the Villa Arson Hotel, and Bischoffsheim's Observatory, from all three of which an unsurpassed view of the town and bay is obtained. More distant excursions are to Villefranche (station of the French, American and English men-of-war in the Mediterranean), maritime port and fortresses; Beaulieu, along the Cornice road to Monte Carlo; Mentone by carriage (2 horses, 40 fr. in the season; towards the close, 25 and 30 fr.) to Cannes, Antibes, and the Îles Marguerite by boat, rail and carriage, and into the Mountains.

The races take place in the middle of January, the carnival in February, and the regattas in the middle of March. There is a pigeon-shooting match after the regattas, on the Castle Hill, during April.

The Nice climate, so very beneficial in many cases of disease, when proper precautions are taken, may be very hurtful if they are neglected. Delicate persons should never go out before ten in the morning nor after half-past three in the afternoon, and should always be provided with overcoats, mantles, and wrappers.

An omnibus runs between Nice and Monte Carlo; fare outside, 2 fr. 50 c. there and back; inside, 2 fr.; three times a day; change of horses at Beaulieu.

Cabs, one horse the course, 1 fr.; by hour, 2 fr. 50 c.; two horses as by agreement. Visitors should arrange beforehand in order to avoid any difficulties at the end of the drive, as the coachmen are often inclined to impose upon strangers.

The smells are sometimes very disagreeable. They are particularly obnoxious when the south wind is high, and the dust is then really injurious. The streets and promenade are watered only once a day in the season, and that early in the morning. The promenade and Avenue de la Gare are sometimes clouded by dust at about 2 or 3 p.m.

**Turkish Bath and Hammam:** Rue Macarani, Dr. Bonnal, Algerian shampooers.

**Electric Baths:** Dr. Barda, Place du Jardin Public.

**Post Office:** Rue St. François de Paule.

**Telegraph:** Rue de la Prefecture.

*Bankers* : Credit Lyonnais, 15, Avenue de la Gare.

*Booksellers* : Galignani, Quai Massena, No. 3.

*Mineral Water Merchant* : Ed. Thaon, Avenue de la Gare.

*House and Estate Agent* : D. Lemer cier, 1, Place du Jardin Public.

*Wine Merchant* : Hodgson, Place Charles Albert.

*American Dentist* : A. Preterre, Place Massena.

*English Chemists* : J. Daniel & Co., 7, Quai Massena.

*Doctors* : Drs. Crosby, Drummond, Sturge and Mrs. Sturge, Camerer, Lippert, Schnee, Pröll, Granvillier, Barety and Prompt.

*Hotels* : The *Hotel des Anglais*. This first-class English family hotel is situated in the best position in Nice, corner of the Promenade des Anglais and Public Gardens, facing the sea. English management; very popular.

The *Hôtel de la Grande Bretagne*. First-class family house, facing the public gardens and sea.

The *Cosmopolitan Hotel*, late *Chauvain*, opposite the new Casino; a splendid hotel, with large conversation hall.

The *Mediterranean Hotel*, in the best position on the Promenade des Anglais. Large suites of apartments for families. Vco. Palmieri, proprietor.

*Hôtel de l'Elisee*, 59, Promenade des Anglais, situated in a large garden. For a prolonged stay arrangements may be made.

*Cimiez* :  $\frac{1}{4}$  hour from Nice. *Vitali's Hotel* in the healthiest position, a branch-house of the *Hôtel de France* in Nice. There is constant correspondence between the two hotels. Ad. Berthelmann, director.

**Niederbronn.**—Germany, Lower Alsace, near Weissenburg; at the foot of the Vosges mountains, separating Alsace from Lorraine; 650 feet above sea level. For routes see table.

Strong saline waters, 45° F.

Purgative, resolvent, and dissolvent action.

*Special indications* : Very effective in the treatment of chronic diarrhoea, hepatic constipation, bilious affections, scrofula, obesity.

*Doctors* : Drs. Klein and Boell.

*Hotels* : *Vauxhall*, *Golden Lion*.

**Niederhall.**—Germany, Baden.

Saline waters.

Inferior establishment.

**Nieder-Langenu.**—Germany, Silesia, near Glatz; 1,100 feet above sea level.

Ferruginous carbonate of lime waters; mineral muds.

Milk cure.

*Special indications* : Rheumatism, articular pains.

The bathing establishment is fairly well appointed.

*Doctor* : Dr. Seidelmann.

*Hotel* : *Kurhaus*.

**Niedernau.**—Germany, Württemberg, near Tübingen, on the banks of the Neckar; 1,050 feet above sea-level.

Ferruginous bitter and pure bitter waters, very gaseous.

*Special indications:* Neuropatic affections, gout, gravel, dyspepsia.

The establishment is very efficient, and the accommodation dear but good.

**Niederselters.**—Germany, Nassau, on the Ems, 3 hours from Limburg. Alkaline-muriatic waters.

Only used as table water, and as such largely exported.

**Niederweil.**—Switzerland; Appenzell; 1,450 feet above sea level. Inert waters.

Used in a primitive fashion.

**Nieratz.**—Germany, Württemberg.

Cold mixed carbonate waters.

Sedative in action.

*Special indications:* Neuroses.

**Nierstein.**—Germany, Hesse-Darmstadt, near Oppenheim.

Sulphurous waters.

The arrangements are inadequate.

**Nissyros.**—Greece, island in the Archipelago; 1,800 feet above sea level.

Sulphurous thermal waters, only used by the natives.

**Nitrolis.**—Italy, island of Ischia, near Moropano.

Thermal ferruginous waters, 85° F.

The baths merely consist of a swimming basin.

**Nocera.**—Italy, near Perugia.

Inert waters; very pure air.

*Season:* June—September.

*Special indications:* Nervous complaints, hysteria.

The establishment is good, and the accommodation comfortable.

**Noceto.**—Italy, Tuscany.

Alkaline-magnesian waters, 65° F.

*Special indications:* Affections of the intestines, liver and spleen, and of the urinary organs in general.

Primitive arrangements.

**Nohanend.**—France, Department of Puy de Dôme, near Clermont-Ferrand.

Cold saline waters.

Inadequate establishment.

**Nördlingen.**—Germany, Bavaria, near Wallenstein.

Effervescent ferruginous waters.

A small bathing establishment.

**Nook.**—Austria, Tyrol, District of Botzen ; 5,000 feet above sea-level.  
Inert waters.

The arrangements are inadequate.

Formerly enjoyed a good reputation, but is now almost deserted.

**Norderney.**—Germany, Island of, on the coast of Hanover.

Much frequented sea bath.

*Season* : July—September.

The arrangements are very good.

*Doctors* : Drs. Fromm and Gazert.

*Hotels* : Hasse, Heitmüller.

**Northeim.**—Germany, Hanover, between Göttingen and Hanover.

Cold sulphate of lime waters.

Mud baths ; establishment good.

*Special indications* : Rheumatism and herpes.

**Nottingham.**—England, near Weymouth.

Slightly sulphurous waters ; little used.

**Nouvelle (La).**—France, Department of Aude.

Sea baths.

**Novelda.**—Spain, Province of Alicante.

Sulphate of lime waters, 50° F.

*Special indications* : Herpes.

**Nowosselja.**—Russia, Government of Twer, on the Volga.

Effervescent ferruginous waters.

Primitive arrangements, and little or no accommodation.

**Nydelbad.**—Switzerland, 8 k. from Zürich ; 2,000 feet above sea level.

Hydro-sulphuric waters. Only frequented by people from the neighbourhood.

**Oban.**—Scotland, Argyleshire, 2,500 inhabitants.

Climatic resort in summer. Sea baths, good bathing. The air is mild and bracing.

*Season* : August—September.

The scenery around is very charming, and an ample field exists for excursions. Good boating and fishing.

*Doctor* : Dr. MacKelvic.

*Hotel* : The Great Western.

**Ober-Brambach.**—Germany, Kingdom of Saxony, near Franzensbad.

Effervescent ferruginous waters.

*Special indications* : Debility of the digestive organs, affections of the uterus, vesical catarrh, gravel, and nervous disorders.

Very good establishment with satisfactory accommodation. The scenery is very fine.

**Oberhergern.**—Germany, Hesse-Darmstadt, near Münzenberg.

Ferruginous saline waters, effervescent.

Very little used. Poor arrangements.

**Oberladis.**—Austria, Tyrol, in the Upper Inn Valley; 3,780 above sea level.

Climatic station in summer; also an earthy saline spring; may be taken pure or mixed with whey.

This station is frequented chiefly by persons passing the winter in Meran, and coming here for the summer months. The air is pure and delightfully cool, and the situation is charming.

There is no regular establishment, but very comfortable accommodation can be had.

**Oberlahnstein.**—Germany, Nassau, near Coblenz, on the mouth of the Lahn.

Cold bicarbonate of sodium waters, 2 grs. of mineralisation.

A very charming position, with fine view of the Rhine and its hills.

**Obermaiss.**—Austria, Tyrol, one of the suburbs of Meran.

Climatic station. See "Meran."

**Obermendig.**—Germany, Rhenish Prussia, a village near Andernach.

Highly effervescent ferruginous waters.

Only used for drinking. There is no establishment. Accommodation good.

**Obernhaus.**—Austria, Tyrol, District of Meran, in the beautiful valley of the Adige.

Climatic summer station and ferruginous earthy waters.

No establishment and very quiet.

Scenery very picturesque.

**Ober-Rauschenbach.**—Austria, Hungary, comitat of Zips, near Püdlein.

Alkali-saline slightly ferruginous waters, similar to Karlsbad, 70° F. Climatic summer station.

*Special indications:* Rheumatic and gouty complaints, chronic skin diseases and sores, lymphatism, scorfula, goitre, neuroses. The spring is situated behind the Kurhaus and forms a lake. However cold the atmosphere may be, its waters never freeze. Objects exposed to the influence of the water become in a short time incrustated over.

The Kurhaus affords abundant accommodation. Moderate rates. The establishment is built in the style of an old feudal castle. It contains every modern appliance, and from its terrace a superb view is obtained. Concerts are given.

The air is pure and mild. In the vicinity are some holes or grottos, whence certain gases emanate, which are poisonous both to human beings and to animals.

The place is much frequented both for the beauty of its site and the efficacy of its waters.



**Ober-Selters.**—Germany, Nassau, on the Ems.

Muriatic alkaline table water.

The production reaches 20,000 stone bottles daily.

**Obertiefenbach.**—Germany, Bavaria.

Alkaline-sulphurous waters; climatic station; whey cure.

No establishment.

**Oberwinter.**—Germany, Rhenish Prussia, near the Seven Mountains, and opposite Bonn.

Climatic station in summer. Very mild air. Comfortable accommodation.

**Ochsenhausen.**—Germany, Würtemberg, 1½ hour from Biberach, 1,790 feet above sea level.

Highly effervescent ferruginous waters. No establishments, but good accommodation.

**Odessa.**—Russia.

Sea baths on the Black Sea; mud baths.

Doctor: Dr. Prussian.

The establishments are very good.

**Oelses.**—Austria-Hungary, comitat of Kolos in Transylvania.

Bitter waters, 55° F.

The water is very good, and might easily be made to command a large sale, but the necessary energy is wanting, and consequently the springs are almost abandoned.

**Oesel.**—Russia, Livonia, Island in the Baltic Sea.

Sea and mineral mud baths.

**Oeynhausen.**—Germany, Westphalia. For routes see table.

Thermal saline springs, 90° F., charged with carbonic acid.

*Special indications:* Scrofula, hysteria, gout.

*Doctors:* Dr. Säuerwald, Dr. Lehmann, Dr. Müller, Dr. Rinteln.

*Hotels:* Pavillon, Victoria, Rose.

**Ofen or Buda.**—Hungary, on the right bank of the Danube. For routes see table.

Ofen possesses numerous thermal bathing establishments: The Kaiserbad, the Lukasbad, Königsbad, Raitzenbad, Bruckbad, &c. The water supplying these baths is charged with carbonate of lime, sulphate of soda and magnesia. Its action is diaphoretic, diuretic, and purgative. At 7 k. from Ofen is the establishment of Hunijadi Yanos bitter waters, denominated "The Royal Hungarian Water."

**Offenau.**—Germany, Württemberg, 3 hours from Heilbronn.

Cold saline and sulphurous waters.

*Special indications:* Scrofula.

There is a bathing establishment, affording at the same time comfortable accommodation.

**Offenstein.**—Germany, Hesse-Darmstadt, district of Pfeddersheim.

Sulphurous waters, 50° F., contains much carbonic acid.

The place is little visited, a fact due to the indolence of the inhabitants.

**Oioun-Sekhakna or Frais Vallon.**—Algiers, in the immediate neighbourhood of the capital.

Table water, bicarbonate of soda.

**Okarben.**—Germany, Hessen, district of Grosskarben, on the Nidda.

Muriatic saline waters, little used.

**Okmé.**—Africa, Nubia.

Thermal sulphur springs.

**Olahfalú.**—Austria, Hungary, Transylvania.

Everescent ferruginous waters.

Very little used, even by the surrounding peasantry.

**Oldesloe.**—Germany, Schleswig-Holstein; one hour from Hamburg; 5,000 inhabitants.

Saline and sulphurous waters.

The establishments are very good, and the accommodation most comfortable.

Owing to the fact that the royal family of Denmark has ceased to frequent the place its former popularity has received a severe blow. Of late years visitors are again on the increase. A peculiar feature about Oldesloe is the large swimming baths in the saltlake, which covers an extent of 1½ acres.

**Olette.**—France, Oriental Pyrénées. For routes see table.

Several alkaline sulphurous springs, from 65° to 175° F.; mild climate.

*Special indications:* Rheumatic neuralgia, neuropathy in general.

The arrangements are not very good, and the number of visitors is limited. The accommodation is comfortable.

**Olivera.**—Spain, Province of Cadiz.

Cold sulphurous waters.

**Olliergues.**—France, Department of Puy de Dôme, near Ambert, on the Dore.

Acidulated ferruginous and gaseous waters.

**Ollmütz.**—Austria, Moravia.

Cold sulphurous waters.

**Ollon.**—Switzerland, Canton Valais, between Aigle and Bex; 1,900 feet above sea level.

Climatic station.

Very mild air and sheltered position.

Picturesquely situated, and a quiet spot.

**Olmenhausen.**—Germany, Baden, between Reutlingen and Tübingen.

Cold sulphurous waters.

No establishment, and little visited.

**Oloneschti.**—Roumania.

Sulphurous waters.

No establishments, and all the arrangements are primitive. The place is much frequented, but the excellence of the waters would justify a larger concourse of visitors, were it not for the entire absence of all comfort.

**Oni.**—Russia, Caucasus, near Kutais.

Alkaline, slightly saline waters.

*Special indications:* Liver and splenic disorders, urinary affections.

No establishment, and used for drinking only.

**Ontaneda y Alceda.**—Spain, Province of Santander, valley of Toranzo.

Thermal sulphate of lime springs, 80° F.; very rich in nitrogen.

A well-appointed establishment, receiving a large number of herpetic patients.

The village is small, and contains some 60 houses. The accommodation is good.

**Oporto.**—Portugal, second town in the kingdom; 90,000 inhabitants.

Sea baths, sandy beach; also a winter station. There are good bathing appliances.

The country around is beautiful.

**Oppenau.**—Germany, Baden, at the foot of the Kniebis.

Ferruginous waters.

**Orb.**—Germany, Bavaria, district of Ashaffenburg; 450 feet above sea level.

Saline waters, 35° F.

Good arrangements and comfortable accommodation.

*Special indications:* Scrofula, skin diseases and chronic nervous affections.

**Orebro.**—Sweden.

Indifferent waters; mud baths.

The site is charming, and although there is no proper establishments, Orebro is much frequented.

**Orel.**—Russia, Government of Poltawa.

Bitter and alkali-saline waters.

Exported, but not beyond Russia. One of the strongest alkali-saline waters known.

**Orenburg.**—Russia, north of the Caspian and Aral Sea.

Kumis or fermented mare's milk cure.

**Orense.**—Spain, on the left bank of the Miño.

Three bicarbonate of soda springs, 155° to 160° F., but not used.

**Orezza.**—France, in the interior of Corsica, Department of Piedicroce.

Gaseous ferruginous bicarbonate table waters.

Mild climate.

*Season* : July—August.

*Special indications* : Anæmia, chlorosis.

*Doctor* : Dr. Donné.

**Origny.**—France, Department of Loire, near Roanne.

Cold bicarbonate of iron waters.

**Oriol.**—France, Isère, Cllele Station, on the line from Grenoble to Gap.

Highly effervescing ferruginous bicarbonate waters. The high degree of effervescence of these waters explains why they are so well tolerated by dyspeptic and anæmic persons. They are likewise efficacious in cases of gravel.

Oriol has no bathing establishment, the waters only being used as table waters, and for exportation.

**Oroslau.**—Austria, Croatia.

Indifferent waters, 130° F.

*Special indications* : Nervous disorders, hysteria.

The site is charming, but the establishment leaves room for improvement.

**Ostende.**—Belgium, West Flanders, 60 m. from Dover, 77 m. from Brussels.

Sea baths of first importance. Season from 1st June to 1st October. Sandy beach and bracing climate.

The Digue forms a most agreeable promenade along the sea, one mile long, with the King's palace at one end.

The town hall, casino, and lighthouse are very fine buildings. The old walls have been turned into promenades.

The Kursaal is a splendid building, with an excellent restaurant attached. Concerts every afternoon and evening, morning dances and balls; theatre, races, regattas, pigeon-shooting.

The bathing machines are good and the sands excellent.

English church, Rue Longue. Post and telegraph office.

*Doctors* : Drs. Saulmann, Janssens, Jumè and Noppe.

*Hotels* : Hôtel de la Plage.

**Osterfingen.**—Switzerland ; 1,323 feet above sea level.

Saline ferruginous waters.

The arrangements are of a primitive kind.

**Osterspay.**—Germany, Nassau.

Chalybeate waters, not used beyond the immediate neighbourhood.

**Osthofen.**—Germany, Hesse-Darmstadt, near Worms.

Sulphurous waters, 40° F., not in use.

The surrounding country abounds in sulphurous springs.

**Ostrovsk.**—Austria-Hungary, near Klopas.

Alkaline earthy waters.

Little used, and no establishment.

**Otschin.**—Roumania, near Bräsa.

Ferruginous sulphurous waters.

No establishment, and little visited.

**Ottenstein.**—Germany, Saxony, near Schwarzenberg ; 10 m., carriage to Ottenstein ; 1,550 feet above sea level.

Climatic summer station ; very pure and mild air. Koumiss cure. Hydropathic establishment. Electric and pine-cone sap baths ; inhalation.

The environs are covered with pine forests. The walks and promenades are beautiful and well kept. A large park surrounds the Kurhaus. The accommodation is abundant and comfortable.

**Outrancourd.**—France, Department of Vosges, near Contrexéville.

Cold sulphate of lime and magnesian springs, 2 grammes of mineralisation ; slightly purgative.

**Paderborn.**—See Inselbad.

**Paignton.**—England, Devonshire, Torbay.

Sea baths ; firm sandy beach ; bracing climate.

Season : May—October.

A great variety of amusements is offered during the season.

Doctor : Dr. Goodridge.

Hotel : The Crown.

**Paimpal.**—France, Department of Côtes du Nord.

Sea baths.

**Paipa.**—South America, New Granada, State of Tunja, and near the latter town.

Thermal sulphate of sodium waters, 135° to 180° F.

An exceptionally high mineralisation of 470 grammes, of which 329 are sulphate of sodium.

**Palazonia.**—Italy, Sicily, Val di Nolo, near Cattagnone.

Highly effervescent ferruginous waters. No establishment, and used only by the inhabitants.

**Palazzolo.**—Italy, Sicily, 6 miles from Syracuse, Val di Nolo.

Cold saline waters.

The splendid ruins standing close to this spring indicate that it was much in favour in ancient times. To-day it is almost completely abandoned.

**Palermo.**—Italy, Sicily, capital of the island.

Winter station, though very damp. Sea baths.

*Season* : November—April.

*Bathing season* : May—October.

Mean winter temperature, 55° F. The changes in evening and morning temperature are gradual. Good drinking water. Mean temperature throughout the year, 75° F.; 75 to 80 rainy days during winter. Atmosphere free from sudden changes.

*Chemist* : Caputo, Via Vitt. Emanuele, 107.

*English church* : Via Cavour.

*Post office* : Piazza Bologni.

*Telegraph* : Via Macequeda, 226.

*Doctor* : Dr. Berlin, Via San Sebastiano, 30.

*Hotels* : Hotel Trinacria, de France.

**Palaty.**—Austria-Hungary, comitat of Bács, near Szegedin.

Baths in the Lake of Palaty, very celebrated for its waters, which are especially efficacious in scrofulous cases.

The establishments are very efficient and the accommodation good, and moderate in price. The scenery is charming, and a great many visitors resort to the place.

**Pallanza.**—Italy, Lago Maggiore.

Climatic station.

*Season* : Spring and autumn.

*Special indications* : Chest and lung complaints.

*Doctor* : Dr. Scharrenbroich.

**Pallestrina.**—Italy, Romagna, in the Sabine hills.

Climatic station in summer. Very picturesque situation and agreeable place of residence.

**Panassau.**—France, Department of Dordogne.

A water enjoying great reputation in the surrounding country, but not yet analysed.

**Pandraux.**—France, Department of Haute Loire, near Puy.

Effervescent ferruginous waters. No establishment, and little in use.

**Pannanich Wells.**—Scotland, Aberdeenshire.

Saline ferruginous waters.

Two very well-appointed bathing establishments.

*Special indications* : Stone, gravel, dyspepsia, scrofula.

**Pantalaria.**—Island in the Mediterranean, between Sicily and Tunis.

Sulphurous steam grotto. Very hot natural steam baths.

No establishment, although the baths are frequently used.

**Pantano.**—Italy, Tuscany, near Cetona.

Ferruginous waters, 65° F. Very gaseous. Used only by the surrounding inhabitants.

**Panticosa.**—Spain, on the French frontier, near Canterets, in the Pyrénées.

Four sulphate of soda springs—El Higado, 80° F., el Herpes, 75° F., la Laguna, 73° F., and el Estomago, 88° F. These waters have various actions; el Higado and el Herpes are reputed to be sedative to the nervous system; La Laguna is purgative; while the Estomago spring is stimulating to the digestion. Azotic inhalations. The establishment might be improved as regards comfort.

**Párad.**—Hungary, comitat of Heres, 12 k. from Erlau.

Sulphurous and effervescent ferruginous waters, one of the springs containing 0.76 of carbonate of iron. No other spring is so rich in iron. These waters are much more gaseous than those of Spa, in Belgium. There is also a spring containing a large quantity of alum.

*Special indications* : Anæmia, chlorosis, debility, urinary disorders, liver and splenic plethora, affections of the respiratory organs.

A very well-appointed establishment. Párad is one of the most frequented bathing-places in Hungary.

**Paradies.**—Switzerland, Thurgau, between Schaffhausen and Diesenhofen; 1,180 feet above sea level.

Artificial steam and mineral water baths. More frequented on account of its beautiful situation.

**Paramé.**—France, Department of Ille and Vilaine, from Paris, *via* St. Malo.

Sea baths, sandy beach.

There is a casino.

**Páramo de Ruiz.**—South America; New Granada, in the central Cordillera; 11,600 feet above sea level. A very cold high mountain plain.

A thermal spring, containing, like the solfatare waters, free sulphurous acid and hydrochloric acid. Only used in a primitive way by the people of the surrounding districts.

**Parchim.**—German, Mecklenburg Schwerin.

Chalybeate waters.

A very good establishment; the accommodation is comfortable, ample, and moderate in price.

**Paris.**—France, Seine.

In Batignolles, Belleville, Ternes, and near the Pont d'Austerlitz are cold sulphate of lime springs. They have been imperfectly analysed and never used.

All other information, *see* page 324.

**Páros.**—Greece, island in the Archipelago.

Saline spring of the Temple of Anargyron.

Much frequented in antiquity, but now neglected.

**Partenkirchen.**—Germany, Bavaria, in the Bavarian Alps; 2,500 feet above sea-level.

Climatic station in summer. Goats' whey.

The place is situated in a most charming valley, and has a mild climate. The accommodation is good, and reasonable in price.

**Passage.**—Ireland, county Cork, on the west side of Cork harbour.

Sea baths; sandy beach; good climate.

*Season*: June—September.

*Doctor*: Dr. Stone.

*Hotel*: The *Gerston*.

**Passugg.**—Switzerland, Grisons, near Coire.

Alkali-saline waters; one spring containing iron. All the springs are highly effervescent, and are some of the strongest of their kind.

*Special indications*: Chronic catarrh of the mucous membrane of the stomach and intestines, habitual constipation, acute ankylosis, gout, affections of the kidneys and urinary organs, morbus Brightii, diabetes, obesity.

The establishment is adequate, and comfortable accommodation can be had in Coire.

**Passy.**—France, Department of Seine, near Paris.

Sulphate of lime and ferruginous waters, not effervescing, and difficult of digestion.

**Paterna de la Riviera.**—Spain, Province of Cadiz, near Medina Sidonia.

Ferruginous, saline, sulphate, magnesian and silicated waters, 15 grammes of mineralisation, of which five are chloride of sodium and five sulphate of magnesia.

*Special indications*: Herpes, anæmia, chlorosis.

Very primitive appliances, and scarcely anything has been done for comfort.



**Paterno.**—Italy, Sicily, Val di Demona, on the east coast.

Ferruginous and saline waters.

No establishment, and used by the natives only.

**Patmos.**—Turkey, island in the Archipelago.

Cold sulphurous waters.

No establishment; the waters are obtained by a primitive method, viz., by digging holes in the ground, in which the baths are then taken.

**Pau.**—France, Department of Basses Pyrénées; 650 feet above sea level.  
For routes, see table.

Winter station of first importance.

*Season* : From 15th November to end of May.

*Special indications* : Chest complaints, consumption, where there is a tendency to inflammatory action and blood-spitting, asthma, bronchitis, rheumatism, neuralgia, and different forms of nervous disorders.

Pau, the ancient capital of Bearn, is situated on the north bank of the river Gave, at the foot of the Pyrénées, of which it affords a very fine view. It has been considered for many years a most useful winter station for invalids on account of its mild and sedative climate, and the complete absence of strong winds. The above-mentioned diseases more especially are likely to be benefited by a prolonged stay in the town. The various febrile disorders of children are here of a particularly mild type. The soil of Pau being of a light sandy character, or moraine (glacier formation), allows of the free percolation of surface water, so that there is very little free moisture in the air, although the evaporation is rapid.

During the last few years the drainage of Pau has been under reconstruction, and it is now perfect. The town may to-day be safely called the best drained in France, and will probably henceforward enjoy a complete immunity from epidemics.

The mean temperature of Pau in the winter months is 47° F.; mean barometric pressure is 743·25; humidity of the air amounts to 68·955 monthly, saturation point being 100. Average rain-fall per month, 3·538 inches. Taylor gives 122, and Otley, who included in his statistics nightly showers, 140 rainy days in the year.

Amusements very varied, and excursions innumerable.

English and Scotch churches.

*Post-office* : Rue de la Nouvelle Halle.

*Bookseller* : Lafon, Rue Henry IV., No. 3.

*Exchange Bank* : John Musgrave Clay.

*Dentist* : Edwards, Rue Serviez.

*English Chemist* : John Jarvis, 1, Rue Serviez.

*Doctors* : Drs. J. Bagnell, W. H. Bagnell, Hunt, Clay and Edwards.

*Hotels* : The *Grand Hotel Gassion*, *Hotel de France*, *Grand*.

**Peebles.**—Scotland, Peeblesshire, near Inverleithen.

Hydropathic establishment, saline waters.

*Doctor* : Dr. MacGregor.

**Pegli.**—Italy, on the Riviera, near Genoa.

A winter station with a mild climate.

As forming the most northerly point of the bay of Genoa, Pegli should really be considered as belonging to the Riviera di Levante. The luxuriant vegetation, composed of tropical and sub-tropical plants, speaks sufficiently for the mildness of its climate.

The gardens of the Villas Pallavicini, Doria, Rostan and Elena are open to visitors and form some of the chief attractions of Pegli.

The dampness of the air is a mean between the Riviera di Ponente and Pisa. The air is milder than in the former. Dust is quite as much an inconvenience as elsewhere on the Riviera.

The inhabitants are somewhat unsophisticated, and visitors must grow accustomed to see them frequently on the sea-shore in the costume of Adam and Eve.

*Doctors* : Drs. Fletcher and Spurway.

*Hotels* : The *Grand Hotel* is a first-class house in a large park; 100 rooms, full south, near the station, the Villa Pallavicini, and the English Church. Landry & Bucher, proprietors.

**Peiden.**—Switzerland, Canton of the Grisons; 2,500 feet above sea level.

Cold mixed alkaline, earthy, saline waters, 4 grammes of mineralisation.

*Special indications* : Neurosis, herpes, liver complaints, difficult digestion, chronic vesical catarrh, laryngitis.

**Peissenberg.**—Germany, Bavaria, district of Weilheim; 1,800 feet above sea level.

Sulphurous waters.

There is an establishment affording fair accommodation.

**Pejo.**—Italy.

Very pure ferruginous waters.

Owing to insufficient means of communication, this water, one of the most easily digested ferruginous waters in Italy, has never received proper attention.

**Pelagio.**—Italy, Tuscany, near Monte Rotondo.

Thermal mixed springs, 90° F.

*Special indications* : Rheumatism, gout.

**Pelago.**—Italy, near Florence.

Mixed carbonate waters.

*Special indications:* Diseases of the bladder, gravel.

**Peleikiton.**—Greece, Morea, near Gythion.

Saline waters.

In use in ancient times, but little visited at present.

**Pembrey.**—Wales, Carmarthenshire.

Sea baths, sandy beach; climate mild.

*Season:* May—September.

*Doctor:* Dr. Jones.

**Penarth.**—Wales, Glamorganshire, near Cardiff.

Sea baths, shingly beach; climate mild.

*Doctor:* Dr. Nell.

**Pendine.**—Wales, Carmarthenshire, near St. Clear.

Sea baths, sandy beach, very good bathing; climate mild.

**Penmaenmawr.**—Wales, Carnarvonshire.

Sea baths; sandy beach; climate mild.

*Season:* July—September.

*Doctor:* Dr. Hughes.

**Penna (La).**—Italy, the old Pinna Vestina, on the Adriatic.

Muriatic ferruginous waters, 60° F.

*Special indications:* Anæmia, chlorosis, debility, neurosis, gravel.

**Penna (La).**—Italy, near Genoa.

Saline sulphurous waters, forming a small lake, 65° F.

Used in primitive fashion.

**Penzance.**—England, Cornwall, Land's End.

Climatic air station and sea baths, sandy beach.

Climate mild and invigorating.

*Special indications:* Chronic affections of the pharynx, larynx, and bronchi.

Very much frequented station.

*Doctors:* Drs. Couch and Grenfell.

*Hotel:* The Queen.

**Pergine.**—Italy.

Alkaline ferruginous waters, 60° F.

No establishment, and only used by the surrounding peasantry.

**Perrière (La).**—France, Savoy, near Montiers; 1,460 feet above sea level.

Saline waters, 100° F.

The bathing establishment is complete, and offers comfortable accommodation.

**Perruches.**—France, Department of Cantal, near Aurillac.

Carbonate of soda springs, rich in minerals. Have not been accurately analysed.

**Pertinò.**—Italy, Romagna, near Civitella.

Saline-iodurated waters, 60° F.

No establishment. The accommodation is extremely behind-hand.

**Pesaro.**—Italy, 3½ hours by rail from Bologna.

Sea baths; sandy beach.

No establishments, and great liberty prevails.

**Pescara.**—Italy, 8½ hours rail from Bologna.

Sea baths; fine beach.

No establishment.

**Pesth.**—Capital of Hungary.

Several ferruginous bicarbonate springs.

**Petersthal.**—Germany, Baden, in the Black Forest.

Bicarbonate of lime silicated waters (0·08 and 0·09 grammes of silicate). Four cold springs, 5 gr. of mineralisation.

*Special indications:* Dyspepsia and gastro-intestinal affections.

A very well managed establishment.

*Doctor:* Dr. Jaegerschmidt.

**Petites Dalles (Les).**—France, Department of Seine Inférieure, from Paris, *via* Fécamp.

Sea-baths, sandy beach.

**Petraglià.**—Italy, Sicily, Val di Nolo.

A mineral water spring, the surface of which is covered with petroleum. The water is used as a vermifuge by the surrounding peasantry.

**Petriolo.**—Italy, Tuscany.

Thermal, sulphurous and saline waters, 105° F.

*Special indications:* Rheumatism and herpes.

**Pfaeffers.**—Switzerland, Canton of St. Gall. From Paris, *via* Basle and Zurich; 2,200 feet above sea level.

Indifferent waters, 90° F. Three springs.

These waters are reputed to be stimulating to the nervous system, and to have a beneficial influence on the digestive organs.

*Special indications:* Nervous disorders, hysteria, chlorosis.

The establishment is very good and the situation picturesque. Scenery wild.

**Pierrefonds.**—France, Department of Oise, near Compiègne.

One cold sulphate of lime spring, analogous to Enghien, and one ferruginous and arsenical.

*Special indications:* Pulmonary catarrh.

The establishment is thorough, and contains, besides all modern appliances, abundant and excellent accommodation.

*Doctor:* Dr. Janvier.

**Pietra.**—Italy, Tuscany, in the Val de Chiana.

Carbonate of lime waters, 37° F. Two grammes of mineralisation.

*Special indications:* Dyspepsia and hepatic obstructions.

**Pietrapola.**—France, Corsica, 48 k. from Corte, 80 k. from Bastia.

Sulphate of soda waters, 80° to 135° F.

Establishment has tanks and douches, and is magnificent.

*Special indications:* Nervous affections and syphilitic lesions.

The springs were much used under the Romans.

**Pigna (Ia).**—Italy, near Bordighera.

Sulphate of soda waters, 70° F. Not much frequented.

**Pignol.**—Switzerland, Canton of the Grisons, 24 k. from Coire.

Ferruginous magnesian waters.

**Piguien.**—Switzerland, Grisons; 3,240 feet above sea level.

Earthy, sulphurous, ferruginous waters, 60° F.: Milk and whey cure.

The establishment is good and affords comfortable accommodation.

**Pillo.**—Italy, Tuscany, near Gambasti.

Very effervescent ferruginous saline waters, 35° F. Act as a purgative.

*Special indications:* Gravel and vesical calculi, general debility.

**Pilsen.**—Austria, Bohemia.

Cold sulphate of iron waters.

**Pisa.**—Italy, Tuscany on the Arno, near Leghorn.

Winter station with a sedative climate. 57 days with a clear sky during winter season; damp and steady air. Generally thought a melancholy station. Other statistics are wanting.

*Hotels:* Hôtel Victoria and Dell'Arno.

**Pisciarelli.**—Italy, near Naples, at the foot of Monte Secco.

Sulphate of iron waters, 180° F., and natural steam baths.

The establishments are inadequate.

**Pistyan or Postyén.**—Hungary, on the route from Vienna to Pesth, near Tyrnau.

Earthy, alkaline-ferruginous waters, 135° to 150° F. Mineral muds.

*Special indications:* Cutaneous and rheumatic affections.

*Doctor:* Dr. Wagner.

**Pitigliano.**—Italy.

Earthy saline waters, 105° F.

There is only a natural basin, without any accommodation.

**Pitkeathly.**—Scotland, Perthshire; also known under the name of Bridge of Earn. 1½ mile from Perth.

Saline waters.

Situated in a most picturesque country, and reported to be the most frequented Spa of Scotland.

**Pitlachy.**—Scotland.

The Athole hydropathic establishment.

Very fine Highland scenery.

*Doctor:* Dr. McRoy, M.D.

**Pixigueiro.**—Spain, Province of Orense.

Thermal sulphur springs, 80° F.

**Pizzofalcone.**—Italy, on the road to the Castello dell'Ova.

Alkaline-ferruginous waters.

Only used by the surrounding people.

**Pizzo (Il).**—Italy, Calabria, on the Bay of Euphemia.

Sea baths.

**Pjätigorak.**—Russia, Caucasus. *See* Beschtua or Maschuka baths.

**Plaine, (La).**—France, Department of Loire.

Cold ferruginous waters. Very little used.

**Planchamps.**—France, Savoy, near Rumelly.

Ferruginous alkaline springs.

**Plan de Phazy.**—France, Hautes Alpes.

Thermal ferruginous saline waters, 90° F.

The establishment is inadequate.

**Plan (Le).**—France, Department of Haute Garonne, near Mured.

Cold ferruginous waters.

**Platimgan.**—Island of Java, East Indies.

Saline waters, 105° F.

**Plaue.**—Germany, Principality of Schwarzburg-Rudolstadt, Thuringia.

Saline waters, 65° F.

The establishments and arrangements are not of the best.

**Plombières.**—France, Department of Vosges, near Remiremont. For routes see table.

Indifferent springs, 30° to 175° F.

The establishment belongs to the Government, who sub-lets it to a company.

*Special indications:* Rheumatism, paralysis, herpes, nervous debility, hysteria.

Picturesque situation. Well frequented station.

*Doctor:* Dr. Davilliers.

**Plymouth.**—England, Devonshire.

Sea baths. The beach is rough. The climate is mild, but damp and relaxing, rain being prevalent.

*Doctors:* Drs. Harper and Eccles.

*Hotel:* The Duke of Cornwall.

**Po-Osevicze.**—Austria-Hungary, comitat of Gömör, near Balogfalú.

Effervescent earthy ferruginous waters.

The establishment is inferior. Little or no accommodation.

**Poggeto-Thenfers.**—France, Department of Alpes Maritimes, near Nice.

Sulphate of iron waters. Owing to the great amount of sulphate of iron which they contain, these waters must be taken with discretion.

**Poggetti.**—Italy, Tuscany, Val d'Ombrone.

Ferruginous earthy saline waters, 85° F.

Very primitive arrangements. Recommended in cases of gravel and vesical calculus.

**Poggibonzi.**—Italy, Tuscany; station on the railway from Florence to Siena.

Cold saline waters; purgative action.

**Poggio Curatale.**—Italy, near Fiora.

Effervescent ferruginous waters.

Primitive appliances.

**Poggio Pinci.**—Italy, Tuscany, Val d'Ombrone.

Ferruginous waters. Little used.

**Poggio Rosso.**—Italy, near Arezzo.

Saline waters. Not used.

**Pojan.**—Austria, Transylvania, comitat of Haromszek.

Effervescent ferruginous waters.

The establishment is primitive.

**Polzin.**—Germany, Prussia, circuit of Cöslin on the Wugger.

Effervescent ferruginous waters.

*Season:* May—September. Much frequented.

The establishments are all very good, and the accommodation comfortable, abundant and moderate in price.

There are electric, pine-cone and mud baths.

**Pomaret.**—France, Department of Gard.

Sulphurous waters, 65° to 70° F.

Used by the surrounding inhabitants in cases of skin disease, gravel, and constipation.

**Pongyelok.**—Austria-Hungary, near the Puszta-Mastinecz.

Effervescent earthy waters.

*Special indications* : Hypertrophy of liver and spleen, hypochondriasis and urinary disorders.

**Pontailiac.**—France, Department of Charente Inférieure, near Royan.

Sea baths ; sandy beach.

**Pontamafrey.**—France, Savoy, near St. Jean de Maurienne.

Cold saline waters, containing iodide, iron and arsenic.

**Pont à Mousson.**—France, Department of Meurthe.

Four ferruginous springs, used only by the peasantry in cases of chlorosis.

**Pontano.**—Italy, island of Ischia.

Earthy ferruginous waters, 90° F.

No establishment.

**Pont de Bared.**—France, Department of Drôme, near Dieu-le-Fit.

Bicarbonate of lime and magnesian springs.

*Special indications* : Dyspepsia and gravel.

**Pontresina.**—Switzerland, Engadine ; 3,200 feet above sea level, near Samaden.

Climatic station.

Picturesque situation, with many excursions.

*Season* : June—September.

*Doctor* : Dr. Ludwig.

*Hotel* : The White Cross.

**Pontrieux.**—France, Department of Côtes du Nord, near St. Brienne.

Sea baths ; sandy beach.

**Ponts, Les.**—Switzerland, Canton of Neuchâtel.

Cold sulphate of lime waters.

A fairly frequented station.

**Popoli.**—Italy, Abruzzo, between Pescara and Aquila.

Sulphurous ferruginous waters, not thoroughly analysed ; used in drinking and bathing.

*Special indications* : Rheumatism, skin diseases, uterine and intestinal affections, chronic vesical catarrhs.

No bathing establishment. The springs being close to the town, visitors reside here and walk or drive to the baths.

**Porla.**—Sweden, District of Oerebro, Westmanland.

Cold ferruginous waters.

These waters are very yellow, and Berzelius, when analysing



them, discovered two new acids, viz., cremic and apocremic acid.

*Special indications*: Chlorosis, scrofula.

Well frequented station, with a good establishment.

**Pornic.**—France, Department of Loire Inférieure, in front of the Island of Noirmontiers.

Sea baths, fine sandy beach; a good establishment, having a casino with concert, reading, and assembly-rooms.

**Porretta (La).**—Central Italy, between Pistoia and Bologna.

Thermal sulphurous saline waters and mud baths.

A well kept and much frequented establishment.

**Port Bail.**—France, Department of La Manche, *vid* Valognes.

Sea baths, sandy beach.

**Porte.**—France, Corsica.

Ferruginous bicarbonate waters, 35° F.

**Port-en-Bessin.**—France, Department of Calvados, *vid* Bayeux.

Sea baths, very fine beach.

**Portland.**—England, south coast.

Sea baths.

Very salubrious climate.

**Portobello.**—Scotland, a suburb of Edinburgh.

Sea baths, firm sandy beach; ferruginous waters at Joppa.

Climate bracing.

*Doctor*: Dr. Balfour.

**Portoria.**—Spain, Province of Galicia.

Sulphurous waters, 100° F.

No establishment, and little used.

**Port Rush.**—Ireland, County of Antrim.

Sea baths, sandy beach, pure air.

*Doctor*: Dr. Gibson.

**Port Said.**—Egypt, on the Mediterranean Sea, at the entrance of the Suez Canal.

Sea baths.

*Hotels*: *Des Pays bas*.

**Port Steward.**—Ireland, County of Londonderry.

Sea bathing, sandy beach, air bracing.

*Season*: June—September.

*Doctor*: Dr. Campbell.

**Port Thareau.**—France, Department of Nièvre.

Cold ferruginous bicarbonate waters.

**Portugos.**—Spain, Province of Granada.

Cold ferruginous bicarbonate waters. Much used by the surrounding peasants.

**Poschiavo.**—Switzerland, Canton of the Grisons; 2,300 feet above sea level.

Cold sulphurous waters.

A well-appointed establishment.

**Pötschnig.**—Austria-Hungary, one hour from Oedenburg.

Alkali-saline, ferruginous waters, 55° F.

*Special indications:* Affections of the spinal cord, nervous debility, hysteria, spleen and liver complaints.

The establishment is good, and has comfortable accommodation; moderate prices. The site is charming.

**Potsdam.**—Germany, Prussia, near Berlin.

Cold ferruginous bicarbonate waters.

**Pougues.**—France, Nièvre, near Nevers. For routes see table.

Mixed bicarbonate ferruginous gaseous waters.

*Special indications:* Affections of the digestive organs.

Very well managed establishment. Complete balneal appliances.

*Doctor:* Dr. Logerais.

**Pouillon.**—France, Department of Landes.

Saline waters, 50° F.

*Special indications:* Rheumatism, scrofula, ague.

*Doctor:* Dr. Laudry.

**Pouroille.**—France, Department of Seine Inférieure.

Sea baths.

**Pozo-Amargo.**—Spain, Province of Sevilla.

Sulphurous springs, 50° F.

**Pozzuoli.**—Italy, near Naples, on the road to Bajä.

Sulphurous saline waters, 80° F.

*Special indications:* Gout, rheumatism, scrofula, skin diseases.

Establishments open all the year; in the vicinity are the "Stufe di Nerone." (See these.)

**Prades-Vernet.**—France, Department of Ardèche, near Vals.

Bicarbonate of iron water, effervescing.

**Preblau.**—Austria, Carynthia, near Wolfsberg.

Alkaline waters. Climatic air station. The waters are exported.

*Season:* May—October.

*Special indications:* Chronic stomachic catarrhs, pyelitis, gravel, and vesical catarrh.

The situation of Preblau is very romantic and charming. The surrounding mountains and hills are clad with pine and fir trees. The establishments are elegant and thoroughly complete. The accommodation is according to modern requirements, and not excessive in price.

The "Gillitshhof" is a kurhaus and hotel combined.

**Prechac.**—France, Department of Landes, near Dax.

Cold saline waters, 130° to 140° F. Mud baths.

Small establishment. The surrounding country being much exposed to inundations, the town is little visited.

**Prenslau.**—Germany, Prussia, Province of Brandenburg, Uckermark.

Effervescent ferruginous waters.

The establishment is good, and much frequented by the people of Berlin.

**Pré St. Didier.**—Italy, Sardinia, Val d'Entrèves; 3,110 feet above sea level.

Saline earthy waters, 95° F.

A good establishment. The water is used only in baths.

**Preste (La).**—France, Department of Pyrénées Orientales, on the route from Perpignan to Amelie les Bains.

Inert waters, from 90° to 105° F.

*Special indications:* Diseases of the urinary organs, gravel and catarrh of the bladder.

Very efficacious, and not sufficiently known.

The establishment is good, the site picturesque, and vegetation luxurious.

**Pretiolo.**—Italy, Tuscany, Valley of the Cecina.

Sulphurous waters, 110° F.

Formerly in great repute; it is now little visited. The establishment is old.

**Prodersdorf.**—Hungary, comitat of Oedenburg.

Sulphate of lime waters, 60° F.

*Special indications:* Rheumatism, herpes.

**Prompsad.**—France, Department of Puy de Dôme, near Riom.

Lithium and phosphate of iron waters, 50° F.

**Propiac.**—France, Department of Vaucluse, near Merindol.

Sulphate of lime waters.

**Provins.**—France, Department of Seine and Marne, 2½ hours from Paris.

Cold ferruginous waters.

There is a good establishment.

**Prugues.**—France, Department of Aveyron, near Comares.  
Cold bicarbonate of iron waters.

**Prutzerbad.**—Austria, Tyrol, Upper Inn Valley.  
Alkali-saline waters. Effervescent.  
Long used, but never properly worked.

**Psekups-Springs.**—Russia, Caucasia, near Eisk and Jekatherinodar.  
Sulphurous waters, 65° to 140° F.  
The country is very charming, and the place much frequented. The establishment is good and well-appointed.

**Puda (La).**—Spain, Province of Barceloná.  
Sulphate of lime and saline waters, 70° F.  
Very well-appointed establishments.  
*Special indications:* Herpes, scrofula, bronchial catarrh.

**Puente Viesgo.**—Spain, Province of Santander, on the road to Burgos.  
Saline waters, 85° F.  
*Special indications:* Rheumatism.  
A fine situation, and a well-frequented bathing establishment.

**Puertolano.**—Spain, Province of Ciudad-Real.  
Ferruginous bicarbonate waters, 50° F.  
*Special indications:* Dyspepsia and diseases of the uterus.

**Püllna.**—Austria, Bohemia, near Brüx.  
Bitter waters. Exported since last century. The exportation amounts annually to over 4,000,000 bottles. Prize medals: Universal Exhibition of Philadelphia, 1876; Paris, 1878; Sydney, 1879; Melbourne, 1880; London International Medical Congress, 1881; Eger, 1881; Trieste, 1882.

Universally known as the best and mildest preservative and remedy against diseases of the digestive organs, constipation, congestions, liver and bladder complaints, nervous disorders, obesity, diseases of the eye, headache, giddiness, dyspnoea, gastritis.

To be had from all chemists and mineral water merchants in the world, and at Püllna from the Communal Bitter-water Director, M. Anton Ulbrich.

There are no bathing or drinking establishments at Pullna, and the whole of the buildings are adapted for bottling the water only. No treatment is undertaken at Pullna itself.

**Puttbus.**—See Friedrich-Wilhelmsbad.

**Puzzichello.**—France, Corsica, Arrondissement of Corte.  
Two springs, one sulphurous, and the other ferruginous.  
Small establishment, where mud baths are also administered.  
*Special indications:* Skin diseases and hæmorrhoidal affections.  
The scenery is charming, and the sojourn agreeable but quiet.

**Puzzola di Pienza.**—Italy, near Pienza.

Sulphate of iron waters. Effervescent.

No establishment.

**Pwllheli.**—Wales, Carnarvonshire.

Sea baths, fine sandy beach. Climate mild.

*Season* : June—September.*Doctor* : Dr. Hughes.**Pyrawarth.**—Austria, Lower Austria, two hours from Vienna.

Chalybeate waters. Climatic station.

*Season* : May—October.

The establishment is very elegant, and is situated in a beautiful park. The Kurhaus is close by, and has ball, theatre, concert and reading-rooms.

The scenery is very charming, and the end of one's visit is generally looked forward to with regret.

**Pyrmont.**—Germany, Principality of Waldeck-Pyrmont, on the Emmer, near Hanover, 2,000 inhabitants. For routes see table.

Sixteen springs, chalybeate waters of importance and considerable renown; effervescent saline waters, brine baths, inhalations.

*Season* : 15th May—1st October.*Number of Visitors* : Above 14,000 annually.

*Special indications* : Female complaints, especially anæmia, chlorosis, scrofula, stomachic and intestinal catarrhs, obesity, affections of spleen and liver.

Pyrmont is one of the oldest and most renowned bathing places in Germany. It is beautifully situated in the Emmer valley, a charming portion of the native country of H.R.H. the Duchess of Albany.

The Kursaal is an elegant building, containing theatre, concert, assembly and reading-rooms; the orchestra is good. There are races, hunting, and fishing.

Private hospital for female diseases. Hydropathic establishment, with shampooing and electric baths; both establishments under the direction of Dr. Schücking, formerly professor and first assistant to the female clinique of the University of Halle.

*English Church.**Post and Telegraph Office.**Dentist* : H. Brandt.*Doctors* : Drs. Schücking, Köhler, Lynker, Lahs and Weitz.

*Hotels* : The *Grand Hotel des Bains* communicates with the bathing establishment and the chalybeate waters. A very comfortable house, with good attention and a beautiful view of the mountains. Doctor in the hotel. Völkers Bros.

The *Villa Schücking* also affords very good accommodation, with home comforts.

**Queenstown.**—Ireland, county Cork.

Sea baths, good sandy beach. Climate mild and steady.

*Season* : June—September.

*Doctor* : Dr. Allen.

**Querzola.**—Italy, Parma, near Reggio, at the foot of the Apennines.

Alkali-saline waters, mud baths.

Primitive arrangements.

**Quez.**—France, Department of Pyrénées Orientales, near Latour.

Sulphurous waters, 65° F.

No establishment, and little used.

**Quinéville.**—France, Department of La Manche, *viâ* Valognes.

Sea baths, sandy beach.

**Quinto.**—Spain, Province of Saragozza, on the right bank of the Ebro.

Saline earthy bitter waters, 60° F.

*Special indications* : Affections of the digestive organs, syphilis, rheumatism.

A well-attended station.

**Rabbi.**—Austria, Tyrol, Valley of Rabbi, near Trient; 2,800 feet above sea level.

Cold ferruginous waters. Whey cure.

The establishments are elegant and comfortable, and the accommodation abundant.

**Rabka.**—Austria-Hungary, Galicia, near Makow.

Iodo-bromurated saline waters, very effervescent.

The establishments are not entirely in accordance with modern requirements. The place, however, is much frequented.

**Raddusa.**—Italy.

Sulphurous and saline waters.

Little used, and scarcely known beyond the immediate neighbourhood.

**Radeberg.**—Germany, Kingdom of Saxony, one hour from Dresden.

Earthy saline ferruginous waters and mud baths.

*Season* : June—October.

The establishments are fitted with all modern requirements. The accommodation is comfortable and moderate in price. The situation is picturesque, and the walks and drives, which are very numerous, are well kept.

**Radein.**—Austria, Styria, 3 hours from Gleichenberg.

Saline, iodo-bromurated waters, largely exported.

The water-drinking establishments are modern, and the accommodation good.

**Ragatz.**—Switzerland, adjoining Pfeffers.

Supplied by the indifferent waters of Pfeffers.

More frequented on account of the scenery than for the efficacy of the waters.

**Rajecz.**—Hungary, comitat of Trencsîn.

Ferruginous waters, 85° F.

A well-frequented station.

**Rakós.**—Austria-Hungary, Transylvania, district of Csik.

Effervescent ferruginous waters, only used by the peasantry

**Ramleh.**—Egypt, on the Mediterranean, North-east of Alexandria.

A summer station for patients desirous of remaining Egypt during that season.

*Hotel : Beau Séjour.*

**Ramlösa.**—Sweden, near Helsingborg, 4 miles from Kopenhagen.

Ferruginous spring and sea baths.

**Ramsay.**—England, Isle of Man, on the North-east coast.

Sea baths ; sandy level beach.

Climate healthy and bracing.

*Season : June—September.*

*Doctor : Dr. Ashdown.*

*Hotels : The Albert.*

**Ramsgate.**—England, Kent.

Sea baths, sandy beach. Climate warm and bracing.

*Season : June—September.*

*Doctor : Dr. Curling.*

**Randamel.**—Iceland, District of Vestfirðinga-Fiordunger.

Ferruginous waters, 45° to 60° F.

The most frequented of all the springs of Iceland.

**Ranigsdorf.**—Austria, Moravia, District of Ollmütz, near Trübau.

Effervescent ferruginous waters.

The establishment is good.

**Ransbad.**—Switzerland, Canton St. Gall, near Sevelen.

Earthy waters. Little used.

**Rapolano.**—Italy, Tuscany, on the road to Siena.

Thermal saline sulphurous springs. 95° F.

*Season : July—August.*

*Special indications : Herpes, gravel and vesical calculus.*

A well-frequented station.

**Rappalo.**—Italy, Riviera di Levante, 1½ hours from Genoa.

Winter station.

There is little hotel accommodation; but owing to its sheltered position and beautiful vegetation, it has a good future.

Population, 11,000.

**Rappenau.**—Germany, Baden, on the road from Heidelberg to Heilbronn.

Saline waters.

**Rastenbergl.**—Germany, Thuringia.

Chalybeate waters.

*Special indications:* Scorbutus, dropsy, disorders of the blood, gout, rheumatism, hysteria, hypochondriasis.

Also saline, sulphur, and pine-cone sap baths.

*Doctor:* Dr. Kiel.

*Hotel:* Bath, Kurhaus.

**Ratzes.**—Austria, Tyrol, 5 hours from Botzen.

Ferruginous and sulphurous waters.

The climate being rather severe, the place is little frequented.

**Ravone-in-Casaglia.**—Italy, Province of Bologna, near Modena. For routes see table.

Saline strongly iodurated waters; used in bathing and drinking.

Notwithstanding the fact that there is no bathing establishment, the place is much frequented for the beauty of its environs.

The waters are said to be superior to those of Montecatini.

**Recklinghausen.**—Germany, Prussian Province of Westphalia, District of Münster.

Saline waters.

The establishment is good, and situated in pine and beech woods. Very quiet.

**Recoaro.**—Italy, Lombardy, Province of Vicenza; 6,000 inhabitants; 1,470 feet above sea level. Railway to Vicenza, thence by steam tramway.

Alkaline, acidulated ferruginous waters, 45° F., mud baths, hydropathic establishment, Turkish and Russian baths. The water is largely exported.

*Season:* May—September.

*Special indications:* Chronic and nervous debility, female diseases, obesity, anæmia, chlorosis, gravel and vesical calculus, congestion of the liver, biliary calculi, hæmorrhoidal complaints, intestinal and stomachic catarrhs.

The situation of Recoaro is most charming and picturesque, the air mild, and even in the hottest months cool and delightful. The magnificent valley of the Agno is clothed with



luxuriant vegetation, and shady walks and woods abound. The excursions are most varied.

Amusements as at all chief bathing stations—concert, theatre, reading-rooms, balls, &c. &c.

The hydropathic establishment belongs to Mr. P. Antoniani, who is at the same time the lessee of the waters. The upper stories form the baths, hotel, casino, &c. All information by P. Antoniani, 9, Corso Genova, Milan.

Tax for drinking the waters at the spring, 10 francs for the season for one person. A sum of 20 francs for each person is payable for the waters, use of reading-rooms, concerts, &c.

The bathing establishments are very elegant, the baths being of white marble. The greatest cleanliness prevails everywhere. The accommodation is in accordance with all modern requirements, and reasonable in price at the same time.

One medical consultation is obligatory for 10 francs, the physician then laying down rules for subsequent treatment; further consultations are left to the option of patients.

Post and Telegraph Office close to the bathing establishment. There is a room for fencing and gymnastics.

*Doctors* : Drs. Chiminelli and Schivardi.

*Hotels* : The *Grand Hôtel des Bains* ; large, airy apartments, and single rooms ; comfortably and efficiently conducted by A. Visentini, with two dependencies, *Hôtel Gottico* and a Villa.

The *Hôtel Giorgetti*, in close proximity of the baths and springs, also with a dependency ; very conveniently and charmingly situated, and well kept. B. Giorgetti, proprietor.

The *Hôtel de l'Europe*. Very clean and comfortable. Reduced prices for families. Victor Merrini, proprietor.

**Redcar.**—England, Yorkshire, on the North Sea, near Gainsborough.

Sea baths ; flat sandy beach.

*Season* : May—September.

*Doctor* : Dr. Bennett.

**Bede de Corvaçeira.**—Portugal, Province of Traz os Montes.

Sulphurous waters, 105° F.

Primitive establishments.

**Redruth.**—England, Cornwall.

Saline and sulphate of lime waters ; very rich in lithium.

Deserve to be better known.

**Regneville.**—France, Department of La Manche.

Sea baths ; sandy and shingly beach. Oyster beds.

**Rehburg.**—Germany, Hanover.

Cold carbonic and sulphate of lime waters. Mineral and mud baths.

*Doctors* : Drs. Michaelis and Kaatzer.

*Hotel* : *Kurhaus*.

**Rehme.**—Germany, Westphalia, on the railway from Cologne to Ber'lin.

Saline waters, 75° F.

Inhalation hall ; very fine *Kurhaus*.

**Reiboldsgrün.**—Germany, Saxony, near Auerbach ; 2,100 feet above sea level.

Climatic mountain station and ferruginous waters.

The establishment and accommodation are good.

**Reichenau.**—Austria, 2½ hours from Vienna by South Austrian Railway.

Climatic summer station ; whey cure ; hydropathic establishment.

The establishment is thoroughly well fitted up ; situated in a fine park, and contains concert, assembly, and reading-rooms. It likewise affords comfortable accommodation.

**Reichenhall.**—Germany, Upper Bavaria, near Salzburg ; 1,400 feet above sea level. For routes see table.

Saline waters. Very important air cure station.

*Special indications* : Lymphatic disease, scrofula.

Whey cure and pine-cone baths ; inhalations of brine-saturated air. The spring has from 22 to 24 per cent. of saline contents. Beautifully situated near Berchtesgaden and the Königs Sea ; most picturesque country. But Reichenhall is chiefly valuable as a transitory station to patients returning from or going to Italy.

*Doctors* : Drs. Pachmayr, Rapp, Camerer, von Liebig (in Munich in winter) and Burdach.

*Hotel* : *Burkert*.

**Reinerz.**—Germany, Silesia ; 1,750 feet above sea level ; near Nachod.

Alkali-saline ferruginous waters, 20° to 45° F.

The climate materially assists the waters in cases of general debility.

Everything is well-appointed.

*Doctor* : Dr. Secchi.

**Remollion.**—France, Department of Hautes Alpes, near Embrun.

Carbonate of lime and sulphate of magnesia springs ; 7 grs of mineralisation.

**Renaissou.**—France, Department of Loire, near Roanne, not far from St. Alban and St. Galmier.

Mixed bicarbonate waters, used only for table use.

**Renlaigne.**—France, Department of Puy de Dôme.

Cold ferruginous waters, more effervescing than the Orezza waters.

**Bennes-les-Bains.**—France, Department of Aude, near Limoux ; 1,000 feet above sea level.

Sulphate of lime and magnesia ferruginous waters. Five springs, from 30° to 130° F.

*Special indications:* Atony, paralysis, rheumatism, anchylosis, scrofula, lymphatic affections.

Well appointed.

Very mild climate. The place is charmingly situated, and is a much frequented station.

**Betorbido.**—Italy, Piedmont.

Saline sulphurous waters, 50° F.

*Special indications:* Hypertrophy of liver and spleen, scrofula, lithiasis, skin diseases.

The establishment is inadequate to the requirements of the place.

**Beutlingen.**—Germany, Württemberg, near Stuttgart ; 1,170 feet above sea level.

Cold sulphurous bicarbonate waters ; whey cure.

Insufficient arrangements.

**Beyrieux.**—France, Department of Ain, near Trevaux.

Strong sulphurous and ferruginous waters.

**Rheinfelden.**—Switzerland, near Basle ; 890 feet above sea level.

Saline waters and brine baths.

The establishments are good, and fair accommodation can be had.

**Rhyl.**—Wales, Flintshire, near Chester.

Sea baths ; hard sandy beach ; climate mild.

Concerts on pier and promenade.

*Season :* June—September.

*Doctor :* Dr. Griddlestone.

*Hotel :* The Belvoir.

**Riando.**—Italy, Piedmont, on the Volturno.

Saline waters.

The establishment is of the most primitive kind.

**Riedbad.**—Switzerland, Canton of Appenzell ; 2,610 feet above sea-level ; half-hour from Appenzell.

Alkali-saline sulphurous waters.

Were used so long ago as the 16th century ; the establishment is good.

**Rietenau.**—Germany, Württemberg, near Marbach.

Effervescent saline earthy waters.

The establishment is good, and the accommodation satisfactory.

**Rieumajou.**—France, Department of Hérault, near Salvat.

Several cold bicarbonate of lime springs.

*Special indications:* Affections of the urinary organs, dyspepsia.

**Riga.**—Russia, on the Baltic.

Sulphurous waters, 35° F.

The establishment is sufficiently good.

**Rigi Scheideck.**—Switzerland, on the Lake of Lucerne; 5,073 feet above sea level.

Ferruginous waters.

Alpine air cure; goats' and cows' whey. More frequented for its beautiful scenery.

**Riguardo.**—Italy, valley of the Era.

Ferruginous muriatic waters, 55° F.

The establishment is inferior, but the place is well-frequented.

**Rima-Brezó.**—Austria-Hungary, comitat of Kaschau.

Effervescing ferruginous waters.

Used in primitive fashion.

**Rimini.**—Italy, on the Adriatic, rail from Bologna to Ancona.

Sea bathing; sandy beach.

*Season:* June—October.

Splendid and well-appointed bathing establishments. Very healthy climate. It is the sea-side resort of Italian society.

**Rio.**—Italy, Island of Elba.

Sulphate of iron waters, 65° F.

There is no establishment, and the bathing appliances are very rough.

**Riolo.**—Italy, Province of Ravenna, near Castel Bolognese,  $\frac{1}{2}$ -hour from Bologna,  $\frac{1}{2}$ -hour carriage from Castel Bolognese; 760 feet above sea level.

Chalybeate, sulphurous and saline waters; several springs; hydropathic establishment; inhalation.

*Season:* June 15th—September 15th.

*Special indications:* Chlorosis, leucorrhœa, vesical disorders, when not connected with organic diseases, for the chalybeate springs; affections of larynx and pharynx, chronic affections of the skin, gout, rheumatism for the sulphurous; stomachic, intestinal and female complaints for the saline waters.

The bathing establishment is one of the best in Italy, and is

fitted with all modern appliances. It is situated in a large park, surrounded by villas and gardens. The resinous atmosphere produced by the pine forests of the surrounding hills is very suitable to patients suffering from chest and lung affections, or from nervous disorders.

Hotels and villas, as also the establishment, afford abundant and comfortable accommodation at moderate prices. Highest inclusive charge, 12 fcs. per day.

The village is *clean*, and picturesque as are all Italian country places. Promenades and excursions are abundant.

Post and Telegraph office.

Yearly number of visitors, 5,000.

Concerts, illuminations, fêtes champêtres, &c., are the amusements offered here.

Doctor : Dr. Mezzini.

**Rio-Mayor.**—Portugal, Estremadura, near Santarem.  
Cold saline springs.

**Rio-Meo.**—Italy, District of Vernio.  
Alkaline waters.  
Primitive arrangements.

**Rio-Real.**—Portugal, Estremadura.  
Sulphurous waters, 60° F.

**Rio-Sordo.**—Italy.  
Saline waters.  
Inadequate arrangements.

**Rio-Tinto.**—Spain, Province of Huelva.  
Sulphate of iron waters, 14 grs. of mineralisation.  
The proximity of copper and iron mines explains the mineralisation of these waters.

**Rio-Vinagre.**—South America, New Granada, Boyaca ; 9,800 feet above sea level, at the foot of the volcano.  
Thermal waters, 175° F., containing sulphuric acid, 1.11 gr., hydrochloric acid, 0.91.  
These waters are analogous to those of the Parama de Ruiz.

**Rippoldsau.**—Germany, Duchy of Baden, in the Black Forest.  
Saline ferruginous effervescing waters. Milk cure, whey cure.  
Very fine establishment, and comfortable accommodation.  
*Special indications :* Dyspepsia, atony of the digestive organs.  
Doctor : Dr. Feyerlin.

**Rita.**—Italy, island of Ischia.  
Ferruginous alkali-saline waters, 155° F.  
Excellent water, but nothing is done to attract visitors. No establishment.

**Riva.**—Austria, Tyrol, on the Lake of Garda.

Climatic transitory station.

*Season* : Spring and autumn.

The climate is very windy and changeable; the scenery around is picturesque. This station is little frequented.

**Rivera.**—Spain, Province of Jaen.

Sulphate of lime waters, 45° F.

*Special indications* : Skin diseases.

**Rocabigliera.**—France, Department of Sea Alps, near Nice, on the left bank of the Vesubia.

Sulphate of lime waters, 80° F.

The arrangements are very primitive, and little is done to attract visitors.

**Rocca San Felice.**—Italy.

Alkali-saline waters, 95° F.

The establishment is very inadequate.

The water is used internally and externally.

**Rodenberg.**—Germany, Hessen.

Saline waters, brine baths, 60° F.

The establishment is tolerable, and the accommodation moderate.

**Rodna.**—Austria-Hungary, Transylvania, on the frontier of Moldavia.

Highly effervescing alkaline ferruginous waters, 7 gr. of mineralisation. Exported.

*Special indications* : Catarrhal affections, anæmia, chlorosis.

Good arrangements, and comfortable accommodation at moderate rates.

**Roggendorf.**—Austria, Danubian Provinces.

Sulphate of sodium and magnesia waters; purgative action.

**Rohitsch.**—Austria, Styria, on the Croatian Frontier in the Noric Alps.

Cold effervescent saline ferruginous waters. Exported.

*Special indications* : Intestinal atony and mucous catarrhs.

Very good arrangements. The site is picturesque.

*Doctors* : Drs. Glax and Hoisel.

*Hotel* : Kurhaus.

**Rohnau.**—Germany, Silesia, district of Landshut.

Ferruginous sulphurous waters.

The establishment is good, and affords comfortable accommodation.

**Roigheim.**—Germany, Württemberg, near Möckmühl.

Cold sulphate of lime waters.

A small establishment; very quiet.

**Roisdorf.**—Germany, Rhenish Prussia, near Bonn.

Cold effervescing alkali-saline and chalybeate waters.

Only for table use and exportation.

**Rolle.**—Switzerland, Canton of Vaud, on the borders of the Lake of Geneva; 1,600 feet above sea level.

Alkali-saline ferruginous waters.

*Special indications:* Catarrh of the uterus.

**Romagna.**—Italy, Tuscany.

Thermal mixed carbonic waters, 105° F.

**Rombole.**—Italy, Tuscany, near Rappolano.

Sulphate of lime waters, 90° F.

Primitive establishment.

**Rome.**—Italy, Capital, 250,000 inhabitants. For routes see table.

Winter station of first importance.

*Season:* October to May. Principal months: March to May.

*Special indications:* Debility and scrofula in children, chronic catarrh of the bronchi, emphysema. The climate is sedative to the nerves and respiratory organs.

Mean winter temperature 45° to 50° F., mean barometric pressure 756·8; relative dampness of the air, 74% in winter; in summer, 57%. The climate therefore is damper than that of the Riviera, and dryer than that of Venice and Pisa. High winds are prevalent during the season. Weather statistics: 92 days with cloudless sky, 81 dull, and 72 rainy, out of the 245 days of the season.

Patients arriving in Rome should first consult their doctor before engaging an apartment for the winter; this is essential, on account of the fevers which are endemic in some quarters of the city.

The drinking-water is excellent. The promenades on the Monte-Pincio are well kept, and invaluable to patients requiring out-door exercise.

*Post and Telegraph Office:* Piazza San Silvestro.

*For sights, &c., see Rome, page 326.*

*Booksellers:* Piale's, Piazza di Spagna.

*Chemists:* Sinimbergha, Evans & Co., 64, 65 and 66, Via Condotti.

*Bankers:* Vansittart & Co., Piazza di Spagna.

*House and Estate Agents:* Contini & Donzelli, 6, Via Condotti.

*Doctors:* Drs. Aitken, Grigor and Gason.

*Hotels:* The *Anglo-American Hotel*, 128, Via Frattina, central position, near the Post and Telegraph Office. Moderate prices. Visciotti & Merli, proprietors.

**Römerbad.**—Austria, Styria, near Cilly ; 760 feet above sea-level.

Indifferent waters, 95° F. Climatic station in summer.

Equable atmosphere. The establishment is very good, and the situation picturesque. The gardens, parks and roads are well kept, and Römerbad is a favourite resort.

*Doctor* : Dr Mayrhofer.

**Römerbad.**—Switzerland, Aargau, near Zofingen ; 1,450 feet above sea level.

Earthy-alkaline waters.

Establishment and accommodation are good.

**Romeyer.**—France, Department of Drôme, near Die.

Cold sulphurous waters.

Die is much more frequented for its resin baths than for its spring.

**Roncegno.**—Italy, Trientino.

Ferruginous, highly arsenical waters.

*Special indications* : Skin diseases.

**Roncevaux.**—France, Department of Saône and Loire.

Ferruginous waters.

Used only by the surrounding peasants in cases of dyspepsia.

**Ronneburg.**—Germany, Saxe-Altenburg, near Gera.

Iodurated ferruginous waters ; pine-cone sap, lime, sulphurous and steam baths. Whey cure.

The establishment is fitted with all modern improvements, and the scenery is romantic. Accommodation good and reasonable.

**Ronneby.**—Sweden, Province of Bleckingen, near Carlskrona.

Sulphurous and sulphate of iron waters.

*Special indications* : Debility, anæmia, chlorosis.

**Ronya.**—Austria-Hungary, comitat of Neograd.

Effervescent ferruginous waters.

There is an establishment, but the accommodation is indifferent.

**Rorschach.**—Switzerland, Canton of St. Gall, on the South shore of the Lake of Constance, 4,500 inhabitants ; 1,240 feet above sea level.

Climatic station in summer ; baths in the lake ; Turkish baths.

Very pure and equable atmosphere.

Rorschach is a small old town, the foundation of which dates from the 8th century. It is a very favourite summer station and a centre for excursions. The hills and mountains at its back are clad with pine forests, and handsome villas with their gardens surround it to a large extent. There are many quaint



old houses, and a museum with a reading-room. Post and telegraph offices near the port. One of the most favoured excursions is by railway to Heiden.

Other excursions may be made to Annaschloss, Möthelischloss, Stone Table, Weinburg, Romanshorn, and Arbon.

*Hotels*: The *Hôtel du Cerf* is near the landing-place of the steamers, facing the lake. Clean and modest, with moderate prices.

**Roscoff.**—France, Department of Finistère.

Sea baths; sandy beach.

A quiet station.

**Roselle.**—Italy, Tuscany, on the Ombrone, near Grosseto and Siena.

Saline ferruginous waters, 105° F.

*Special indications*: Arthritic and rheumatic complaints, neuralgia, muscular contractions, rheumatic paralysis.

The establishment is a new and elegant building. The waters were used by the Romans. Accommodation good.

**Rosenheim.**—Germany, Bavaria, between Munich and Salzburg; 1,370 feet above sea level.

Effervescent ferruginous waters, and climatic station.

The situation is very romantic. The establishment good, affording comfortable accommodation at moderate rates.

**Rosheim.**—Germany, Alsatia, 3 hours from Strasbourg.

Mixed carbonate of lithium waters.

**Röslibad.**—Switzerland, near Zürich.

Earthy alkaline waters, containing alum.

The establishment is thoroughly good, and supplies all varieties of artificial mineral baths.

**Rosnau.**—Hungary, comitat of Gomör, on the left bank of the Sago.

Sulphate of iron waters; whey cure.

**Rosstrevor.**—Ireland, county Down, near Warrenspoint.

Sea baths, sandy beach, mild climate.

*Doctor*: Dr. Vesey.

**Rosswein.**—Germany, Saxony.

Earthy saline and ferruginous waters.

Arrangements rough.

**Rostona.**—Italy, near Chianni.

Sulphurous waters.

*Special indications*: Skin diseases, gravel, and vesical calculus.

The establishment is inferior.

**Röthelbad.**—Germany, Württemberg, near Stuttgart and Ulm.

Inert waters.

The establishment is good.

**Röthenbach.**—Germany, Württemberg, near Najold; 1,250 feet above sea level.

Earthy waters, 70° F.

The establishment is not of the best.

**Rothenburg.**—Germany, Bavaria, on the Tauber; 1,050 feet above sea level.

Inert waters.

The establishment is good.

**Rothenefelde.**—Germany, Westphalia, near Osnaburg.

Saline waters and brine baths, 65° F. Contains a large quantity of iodine and bromine.

The establishment is adequate and but little has been done to attract visitors. The air contains much ozone, due to the surrounding pine forest.

**Rothenfels.**—Germany, Baden, close to Baden-Baden.

Saline waters, 50° F.

A very picturesque situation. The establishment is excellent.

**Rothessay.**—Scotland, Island of Bute, Clyde.

Cold saline and sulphurous springs. Mild climate.

Sea bathing on the Clyde. The scenery is grand.

Doctor : Dr. Hunter.

**Rothwell.**—Germany, Württemberg, in the Black Forest; 2,100 feet above sea level.

Saline treatment of scrofula; whey cure.

The site is beautiful. Establishment good.

**Roucas Blanc.**—France, Hérault.

Saline waters and transitory station.

**Rouzat.**—France, Department of Puy de Dôme, near Riome.

Ferruginous waters.

**Royan.**—France, Department of Charente Inférieure.

Sea baths.

**Royat.**—France, Department of Puy de Dôme, near Clermont-Ferrand; 1,400 feet above sea level.

Four springs; mixed alkaline, gaseous, ferruginous, and slightly arsenical and lithic waters, 45° to 95° F.

*Special indications:* Lymphatic affections, anæmia, chlorosis, catarrhal affections, arthritic gout and skin diseases dependent on a gouty diathesis.

Excellent arrangements. The scenery is mountain.

Royat offers all the comforts and amusements of an important station to its visitors.

*Bookseller* : Puel Vve., in front of the Establishment.

*Doctors* : Drs. Brandt, Frédet, Petit and Langaudin.

*Hotels* : The *Grand Hôtel*, splendidly situated near the casino.

L. Servant, proprietor.

The *Splendid* and *Continental Hotels*, well situated in the park, near the bathing establishment. Chabassière, proprietor.

**Roye or St. Mars-les-Roies.**—France, near Noyon.

Effervescent ferruginous waters.

Very little used.

**Roznau.**—Austria, Moravia, two hours from Pohl; 1,225 feet above sea level.

Whey cure and climatic station.

The establishment is elegant, and thoroughly well fitted-up. Accommodation good and abundant, at moderate rates. Sojourn agreeable.

*Doctor* : Dr. Koblovsky.

**Rubinat.**—Spain, on the French Frontier.

Sulphate of sodium and magnesia waters.

Strongly purgative action.

**Rudolstadt.**—Germany, capital of Principality of Schwarzburg.

Indifferent waters. Very picturesque site.

*Doctor* : Dr. Clemens.

*Hotels* : *Ritter*, *Lion*.

**Ruhla.**—Germany, Thuringia.

Ferruginous waters, and hydropathic establishment.

*Doctor* : Dr. Seyd.

*Hotels* : *Kurhaus*, *Bellevue*.

**Runcorn.**—England, Lancashire.

Sea baths.

**Russwyl.**—Switzerland, 3½ hours from Lucerne; 2,040 feet above sea level.

Saline waters, only used by the surrounding peasantry in cases of skin diseases, difficult digestion, and nervous complaints.

**Ryde.**—England, Isle of Wight.

Sea baths; firm sandy beach.

Hydropathic establishment. Mild climate.

*Doctor* : Dr. Davey.

*Hotel* : The *Crown*.

**Ryhope.**—England, Durham.  
Sea baths; firm sandy beach.  
*Doctor*: Dr. Sage.

**Saarguemines.**—Germany, Alsatia.  
Cold saline waters, little used.

**Saasfee.**—Switzerland, Canton Valais, 7 hours (mule path and carriage) from Visp.

Excellent mountain air station.

Central for excursions to Macugnaga by Monte-Moro, St. Nicolas by the Glacier de Ried, Glacier de Balfrin, and numerous other promenades and passes.

The *Hotel and Pension du Dome* is a first-rate house, and comfortable in all ways; kept by the same proprietors as the *Hôtel de La Poste* at Visp. *Lagger* and *Stampfer*.

**Sables d'Olonne.**—France, Vendée.  
Sea baths.

**Sacedon.**—Spain, near Guadalaxara.  
Sulphate of lime waters, 70° F.; mud baths.  
*Special indications*: Skin diseases, nervous affections, rheumatism, hemicrania, chronic sores, kidney affections.  
Very well arranged, elegant and comfortable establishment.  
Much frequented station, known and used in the times of the Romans, and afterwards by the Moors.

**Sachsa.**—Germany, in the Harz, near Nordhausen.  
An air-cure station, owing to the surrounding pine forests.  
*Doctor*: Dr. Schötensack.  
*Hotel*: *Schützenhaus*.

**Sack.**—Russia, Government of Tauri, district of Keslow.  
Brine and mud baths.

This lake is called, owing to the ill-savoured evaporation which arises from it, "the putrid lake." In July and August it dries up almost completely. The mud is reported to be efficacious against gout, rheumatism, hæmorrhoids and skin diseases.

**Säckingen.**—Germany, Baden, 3 hours from Basle.  
Inert waters, 70° F.  
The establishment is good, but a residence extremely dull.

**Sadschütz.**—Austria, Bohemia, near Neudorf-Eisendorf.  
Earthy saline ferruginous waters.  
Imperfect arrangements, and little visited.

**Saidschütz.**—Austria, Bohemia, near Teplitz.

Bitter waters, exported in large quantities.

There is an establishment which, however, is little frequented.

**Sail-les-Bains.**—France, Department of Loire, near Roanne.

Six springs: three mixed bicarbonate, one ferruginous, and two sulphur, 55° to 85° F.

*Special indications:* Herpes, intestinal atony, affections of the uterus.

A very well appointed establishment.

**Sail-sous-Couzan.**—France, Department of Loire, near Montbrison.

Cold alkaline ferruginous waters.

*Special indications:* Dyspepsia; the waters are reputed to have also the power of exciting hæmorrhoidal and menstrual discharges.

The establishment is good, and the accommodation abundant and comfortable.

**St. Alban.**—France, Department of Loire, near Roanne.

Bicarbonate of soda ferruginous highly effervescing waters, 65° F.

This well-conducted establishment contains a chamber for the carbonic acid gas treatment. The scenery is picturesque.

The water is one of the best table waters known.

*Doctor:* Dr. Servajan.

**St. Amand.**—France, Department of Nord, near Valenciennes.

Sulphate of lime waters, 50° F.

The sulphurous muds, with a temperature of 60° F., constitute the principal means of treatment.

The establishment and accommodation are luxurious.

*Doctor:* Dr. Isnard.

**St. André.**—France, Haute Savoie, near Remilly.

Cold hydrosulphuric alkaline waters.

**St. Andrews.**—Scotland, Fifeshire, near Edinburgh.

Sea baths; the beach is rocky.

Climate cold and damp.

*Doctor:* Dr. Heddle.

**St. Anne's-on-Sea.**—England, Lancashire, near Blackpool.

Sea baths; sandy beach.

Climate mild but bracing.

**St. Antoine di Guagno.**—*See* Guagno.

**St. Bee's.**—England, Cumberland.

Sea bath; firm, clean sandy beach.

Climate mild and bright.

**St. Blasien.**—Germany, Baden, near the Lake of Constance, in the Hell Valley.

Saline waters.

All varieties of baths. Very fine scenery, and pure and mild air; in a pine forest.

*Special indications* : Anæmia, nervousness, affections of the lungs, convalescence from illness.

•Establishment and accommodation good.

*Doctor* : Dr. Haufe.

*Hotels* : St. Blasien, Crown.

**St. Boes.**—France, Lower Pyrénées.

Sulphate of lime bituminous waters.

**St. Bonnet.**—France, Department of Hautes Alpes, Arrondissement of Gap.

Sulphate of lime waters, 80° F.

*Special indication* : Skin disease.

**St. Briac.**—France, Department of Ille and Vilaine, *vil* St. Malo.

Sea baths; sandy beach.

**St. Cassien.**—Italy.

Thermal sulphurous waters.

Used especially in affections of the eyes.

**St. Cergues.**—Switzerland, Canton Soleure, 3,150 feet above sea level; in a very sheltered position.

Climatic station.

In the neighbourhood are noble pine forests.

**St. Christau.**—France, Department of Lower Pyrenees, South of Oleron.

Cuprous waters.

*Special indications* : Affections of the eyes.

*Doctors* : Drs. Tillot and Vigneau.

**St. Davids.**—Wales, Pembrokeshire.

Sea baths; firm sandy beach.

Pure and bracing air.

*Doctor* : Dr. Foley.

**St. Denis-les-Blois.**—France, Department of Loire and Cher, near Blois.

Cold effervescing ferruginous table waters.

**St. Diery.**—France, Department of Puy de Dôme, near Issoire.

Ferruginous waters.

**St. Domingo.**—Island of St. Domingo or Haiti, West Indies.

Several thermal sulphurous springs, 70° to 125° F.

**St. Galmier.**—France, Department of Loire, near Montbrison.

Alkaline table waters, which have been highly recommended in advertisements; there are, however, many others far superior to St. Galmier. More used for its agreeable taste than its medical properties.

**St. Genis.**—Italy, Piedmont, near Turin.

Saline sulphurous iodurated waters.

*Special indications* : Scrofula, goitre.

**St. Georgen.**—Germany, Bavaria, near Altötting.

Inert waters; a spring of very small size.

**St. Gervais.**—France, Savoy, at the foot of Mont Blanc, near Sallanches, on the road to Chamounix; 1,830 feet above sea level.

Saline sulphurous waters, 50° to 120° F.

*Special indications* : Skin diseases, obstructions of the intestines and tape-worms.

A much frequented station; it offers to the visitor all modern comforts. The scenery is grand.

*Doctor* : Dr. Bertier.

**St. Gildas.**—France, Morbihan, near Vannes.

Sea bathing establishment for women kept by nuns. They used to live formerly at the Abbey of Abeylard.

**St. Honoré.**—France, Nièvre, in the centre of France, 8 hours from Paris and from Lyons; 920 feet above sea level. For routes see table.

Alkaline sulphurous and arsenical waters, 70° to 80° F.

*Special indications* : Skin diseases, affections of the pulmonary mucous membrane, scrofula.

A very well-organized thermal establishment.

*Doctor* : Dr. Odin.

**St. Icaire.**—France, Savoy.

Analogous waters to those of Challes.

**St. Jean d'Aulph.**—France, Haute Savoy, near Thonon.

Cold hydrosulphurous, alkaline, and iodurated waters; 11 grammes of sulphurous principles.

**St. Jean de Luz.**—France, near the Spanish frontier, in the Bay of Biscay.

Winter station and sea baths.

*Doctor* : Dr. Goyeneche.

**St. Laurent les Bains.**—France, Department of Ardèche, near Privas; post from Montélimar.

Saline-alkaline waters, 130° F.

*Special indications* : Rheumatism, paralysis.  
 Three establishments, well frequented.  
*Doctor* : Dr. Bignon.

**St. Lawrence-on-Sea.**—England, Kent, Isle of Thanet.  
 Sea baths, sandy beach. Climate bracing.  
*Season* : June—November.  
 There is an hydropathic establishment.  
*Doctor* : Dr. Johnstone.  
*Hotel* : The *Granville*.

**St. Leonards-on-Sea.**—England, Sussex, on the Channel coast.  
 A very fashionable sea-bathing town. Sandy beach.  
*Season* : Autumn months.  
*Doctors* : Drs. Greenhill and Warwick.

**St. Loubouer.**—France, Landes.  
 Sulphate of lime waters, 45° F.

**St. Lunaire.**—France, Department of Ile and Vilaine, *via* St. Malo.  
 Sea baths.

**St. Malo.**—France, Department of Ile and Vilaine.  
 Sea baths; soft sandy beach; bracing climate.  
 The establishments are very good.  
*Dentist* : A. Preterre.

**St. Marie de Mont.**—France, Calvados, *via* Isigny.  
 Sea baths.

**St. Martin de Fenouilla.**—France, Department of Pyrénées Orientales, near Le Boulou.  
 Highly effervescent ferruginous waters.  
 Little frequented. Exported.

**St. Martin-Lantosque.**—France, Department of Sea-Alps, 7 hours by carriage from Nice.  
 Slightly sulphurous thermal waters.  
 A favourite resort with the inhabitants of Nice. Not much accommodation.

**St. Mary's.**—England, Scilly Islands.  
 Sea baths, fine white sandy beach; mild and invigorating air; scenery rocky.  
*Doctor* : Dr. Moyle.  
*Hotel* : *Hugh House*.

**St. Maurice.**—France, Department of Puy de Dôme, on the right bank of the Allier.  
 Bicarbonate of iron waters, 40° to 80° F.; 6 grammes of mineral principles.  
*Special indications* : Scrofula, chlorosis.  
 An establishment very little visited.



**St. Moritz.**—Switzerland, Engadine; 5,300 feet above sea-level.

Two ferruginous springs, very cold and very effervescing.

Climatic mountain air station.

A much frequented station. The drainage is faulty.

*Special indications:* Phthisis.

*English Chemist:* Sheppard.

*Doctors:* Drs. Drummond and Biermann.

*Hotels:* The *Hôtel de l'Angleterre* at Campher, 10 minutes from St. Moritz, a comfortable first-class house, lawn-tennis grounds, and all rooms fitted with fireplaces. Suitable to those who require quiet. A. Slanina, proprietor; also of the *Square Brougham Hotel*, at Cannes.

**St. Myon.**—France, Department of Puy de Dôme, near Acquiperse.

Bicarbonate of iron waters; 5 gr. of mineralisation.

Table water. Exported.

*Special indications:* Dyspepsia.

**St. Nectaire.**—France, Department of Puy de Dôme, near Issoire.

Mixed alkaline ferruginous bicarbonate waters, 45° to 100° F.

Supplying three establishments.

*Special indications:* Gastralgia, liver complaints, rheumatism and leucorrhœa.

**St. Ours.**—France, Department of Puy de Dôme.

Bicarbonate ferruginous waters.

**St. Pair.**—France, Department of La Manche, *vid* Granville.

Sea baths.

**St. Pardoux.**—France, Department of Allier, near Bourbon l'Archambault.

Bicarbonate ferruginous waters. Exported.

Table waters. There is no establishment, and the arrangements are solely for exportation.

**St. Parize.**—France, Department of Nièvre, near Nevers.

Sulphate of lime and magnesian waters. Highly gaseous.

*Special indication:* Ague.

**St. Peter.**—Austria, Carinthia, district of Klagenfurt.

Ferruginous effervescent waters.

The arrangements are inadequate. The site is picturesque; with capital a great deal could be made of this place.

**St. Pierre d'Argenson.**—France, Department of Upper Alps.

Cold ferruginous bicarbonate waters.

**St. Prieste des Champs.**—France, Department of Puy de Dôme.

Ferruginous (very slightly mineralised) waters.

**St. Prieste-la-Roche.**—France, Department of Loire.  
Ferruginous bicarbonate waters.

**St. Quentin.**—France, Department of Aisne.  
Cold ferruginous bicarbonate waters.

**St. Radegund.**—Austria, Styria, near Graz.  
Hydropathic establishment; whey cure.  
*Doctor:* Dr. Macher.

**St. Raphael.**—France, Department of Var, between Hyères and Cannes, on the sea. Population 3,500. For routes see table.

Winter station and sea baths.

*Summer season:* May 1 until November 1. *Winter season:* November 1 until June 1.

Sea baths can be taken all the year round in the bathing establishment and the open sea; there are also douches, shampooing, and sand baths.

Climate is stimulating and bracing near the sea; mild and sedative in the valleys of Valescure and Boulerie.

*Special indications:* Atonic debility, rhachitis, scrofula, lymphatic affections, chest and lung complaints, diabetes, rheumatism, gout, emphysema, anæmia, and chlorosis.

This winter station has only been known a comparatively short time. It is beginning, however, to enter into successful competition with the older towns along the Riviera. This is owing mainly to its enlightened "municipal administration," which has contrived to make St. Raphael as attractive and healthy as is possible. The drinking-water is excellent and abundant. The town is lighted by electric light; the telephone unites the hotels, the public establishments and the principal villas. In a word, every thing is in conformity with the requirements and progress of the present day.

There are no statistics as to barometric pressure, rainfall, or humidity of the air, sufficient time not having yet elapsed for their compilation. Most, however, of the medical and meteorologic observations collected at Nice, Hyères, Cannes, etc., are applicable to the climate of St. Raphael. The characteristic of the climate of the latter is its dryness, hence the stimulating and tonic influence it exercises. Until within recent years, some medical men, whether from ignorance or owing to lack of personal experience of the town, used to hesitate to send invalids suffering from chest complaints thither. They made it a reproach that the town was open to the full force of the "mistral" and its injurious influences! Such may be the case with St. Raphael proper, but is quite untrue as regards the valleys of Valescure and Boulerie, on the territory of the commune, and almost at the gates of St. Raphael. The number of births far exceeds the deaths, and

octogenarians are numerous enough, facts which speak sufficiently for the healthiness of the climate of St. Raphael.

In the foregoing statements we have had only in view the advantages of St. Raphael as a winter station. But to Englishmen who have resided long in tropical climates, and are accustomed to seek a warm residence, St. Raphael may be recommended also as a summer station. The inhabitants of Lyons and Marseilles supply the majority of summer visitors, who come hither in search of the fresh breezes, which their towns are without at that season of the year. During summer, the bathing establishment is open, and hydropathic treatment at every season can be undergone.

The excursions and walks are very varied, and too numerous to describe here; they are equally interesting alike to the botanist, the geologist, and the naturalist.

**CARRIAGES:** Carriages of every description can be hired at the Hôtel de France and Grand Hotel; the course of less than 2 k., 1½ fr.; the hour, 3 fr.; the course to Fréjus and back (2 miles), 5 fr.; to Valescure, 5 fr.; and to Boulouris (3 miles), 6 fr.

Omnibus to Fréjus, 30 cts.; to Valescure, 25 cts.; to Boulouris, 35 cts.; from Valescure to Boulouris, 50 cts.

Post and telegraph on the Place de la Mairie.

English church: Avenue du Grand Hotel. A. F. Dyce, Chaplain.

The casino is situated on the seashore, with an overhanging terrace. On the ground-floor is the café and restaurant, and on the first-floor the conversation, reading, concert or ball and card rooms; theatre. Subscriptions for either six months or by the month.

*Doctors:* Drs. Bontemps and Goyat (speaks English).

*Hotels:* The *Grand Hôtel des Bains*, *Hôtel de la Plage*.

**St. Remy la Varenne.**—France, Department of Marne and Loire.

Cold ferruginous bicarbonate waters.

**St. Roman le Puy.**—France, Department of Loire.

Cold bicarbonate waters.

**St. Sautin.**—France, Department of Orne.

Ferruginous waters.

**St. Sauveur.**—France, Department of Hautes Pyrénées, near Argelès; 2,400 feet above sea-level. For routes see table.

Sulphurous saline-alkaline waters, 50° to 85° F., containing a little arsenic.

Sedative action; three springs.

*Special indications:* Nervous and lymphatic affections, and female diseases.

*Doctors:* Drs. Blondin and Lafont.

**St. Simon.**—France, Savoy, near Aix.

Cold bicarbonate of lime waters.

*Special indications:* Gravel.

*Doctor:* Dr. Bonjan.

**St. Thomas.**—France, Pyrénées Orientales.

Sulphate of soda water, 115° to 140° F.

*Special indications:* Articular rheumatism, scrofula and skin diseases.

**St. Ubrich.**—Germany, Alsatia.

Cold ferruginous bicarbonate waters.

**St. Vaast-la-Houque.**—France, Department of La Manche, *vis* Valognes.

Sea baths.

**St. Valéry-en-Caux.**—France, Department of Seine Inférieure, near Fécamp.

Sea baths; firm sandy beach.

*Season:* July—October.

**St. Valery-sur-Somme.**—France, Department of Somme, near Boulogne.

Sea baths; sandy beach. A good establishment.

*Season:* May—September.

**St. Vallier.**—France, Vosges.

Same water as Contrexéville.

**St. Vincent.**—Italy, Province of Aosta, near Chatillon.

Alkali-saline waters, 30° F.

*Special indications:* Dyspepsia and gravel.

The establishments are neglected, and little is done to attract visitors.

**St. Yorre.**—France, Department of Allier, near Vichy.

Bicarbonate of soda waters.

**Ste. Adresse.**—France, Department of Seine Inférieure, near Le Havre.

Sea baths.

**Ste. Catherine.**—North America, Canada, near Niagara Falls.

Mineral water establishment.

**Ste. Helène des Milières.**—France, Savoy.

Ferruginous arsenical waters.

**Ste. Lucia.**—One of the Danish West Indian Islands.

Hyper-thermal springs.

**Ste. Madeleine de Flourens.**—France, Department of Haute Garonne, near Toulouse.

Cold ferruginous waters.

The establishments are good and the scenery charming.

**Ste. Marie.**—France, Department of Hautes Pyrénées, near Luchon.  
Four sulphate of lime springs, 40° F.

The new establishment is elegant, and affords comfortable accommodation. The station is rising in favour.

**Ste. Marie.**—France, Department of Cantal, near Chaudesaigues.  
Cold ferruginous waters.

**Salah Bey.**—Algiers, near Constantine.  
Thermal springs, 65° F.

**Salces.**—France, Department of Pyrénées Orientales, near Perpignan.  
Effervescing saline waters, 50° F.

**Salceti.**—Italy, Tuscany, valley of the Arno, District of San Luce.  
Alkali-saline waters, 55° F. The supply is very limited.

**Salcoaths.**—Scotland, Firth of Clyde.  
Sea baths.  
A good bathing establishment.

**Salcombe.**—England, Devonshire, also called the Montpellier of the North.

Climatic air station and sea baths.

Recommended to persons suffering from affections of the respiratory organs and pulmonary complaints.

Doctor : Dr. Langworthy.

**Salerno.**—Italy, near Naples.

Winter station ; waters effervescing and ferruginous, 60° F.  
Mild and moist air, with more sunny days than Naples.

**Salice.**—Italy, District of Ravanazzo, near Retorbido.  
Alkali-saline waters.

The establishment and accommodation indifferent.

**Salies.**—France, Department of Haute Garonne, near St. Gaudens.

Sulphate of lime and saline waters. The latter possess 34 gr. of mineral principles, of which 30 gr. are chloride of sodium.

**Salies de Béarn.**—France, Department of Basses-Pyrénées, near Orthey.  
Saline bromo-iodurated waters ; 250 gr. mineral principles, of which 225 gr. are chloride of sodium.

*Special indications* : Scrofula and lymphatic affections.

**Salins.**—France, Department of Jura, P.L.M. by way of Dijon and Dôle, 9 hours. 1,200 feet above sea level.

Saline bromine and brine waters, having 320 gr. of mineralisation.

*Special indications* : Scrofula, lymphatic affections and atony.

A much frequented establishment. Very well arranged, affording comfortable and abundant accommodation, at reasonable prices.

*Doctor* : Dr. Guyenot.

**Salins Moutiers.**—France, Savoy; rail up to Alberville, thence by carriage to Salins, 3 hours. 1,500 feet above sea level.

Ferruginous saline effervescing waters, 90° F.; 15 grammes of mineral principles, of which 11 are chloride of sodium. Tonic and resolvent action.

*Special indications* : Scrofula, rhachitis, and affections of the bones.

The establishment has been recently erected, and contains all modern appliances, with comfortable accommodation.

*Doctor* : Dr. Desprez.

**Salles.**—France, Department of Haute Garonne, near Luchon.

Ferruginous waters, 35° F., used as an adjuvant to those of Luchon.

**Salmas.**—Asia, Persia, north of the Lake Ourmiah.

Thermal sulphurous waters.

**Saló.**—Italy, on the south shore of the Lake of Garda.

Climatic station. Too cold to pass the winter in. The accommodation is inferior.

**Salonichi.**—Turkey, Macedonia.

Several saline sulphurous thermal springs, close to the town. Mud baths.

Two establishments, one of which only is in use. Its arrangements are elegant, as in all Turkish baths.

**Saltburn-by-the-Sea.**—England, Yorkshire.

Sea baths and chalybeate waters; fine firm sandy beach. Climate mild and bracing. The country is wooded.

*Doctor* : Dr. Rhodes.

**Saltfleet-Haven.**—England, Lincolnshire, near Skidbroke.

Sea baths; sandy beach.

**Salz.**—France, Department of Aude.

A small salt-water brook near the thermal spring of Rennes, in conjunction with which it is sometimes used as an aid to it.

**Salzbrunn.**—Germany, Silesia; 1,250 feet above sea level.

Cold alkaline waters. Climatic and whey cure station.

*Special indications* : Nervous affections and pulmonary catarrh.

The establishments are excellent and the place much frequented.

*Doctors* : Drs. Biefel and Valentiner.

*Hotels* : Kursaal, Kurhaus.

**Salzburg.**—Austria-Hungary, near Hermannstadt, in Transylvania.

Iodurated brine baths.

*Season* : July—August.

The establishment is good, and affords comfortable accommodation.

The parks and gardens, owing to the salty nature of the soil, have all been artificially made and kept up. Vegetation in the vicinity of the town is poor.

**Salzburg.**—Austria, Salzkammergut, on the Salzach, 25,000 inhabitants; 1,340 feet above the sea level. For routes see table.

Climatic station in summer.

This town is mostly resorted to as a centre for excursions into the magnificent environs, situated on the northern slopes of the Tyrolese Alps. It is a very old town, and full of curious and interesting antiquities. It was the birthplace of Mozart. It has been considerably improved of late by the formation of new streets, squares, and parks. The Cathedral, the Library of the Imperial College (formerly the University), Museum, Theatre, and Riding School, are all remarkable buildings.

The Curhaus is a fine edifice, and contains baths of every description, ball, concert, and refreshment-rooms, and has some fresco paintings by Otto.

Humboldt said of Salzburg: "Its scenery is some of the finest in the world."

The excursions are very varied and numerous; Aigen, Gaisberg, Berchtesgaden, Reichenhall, Hallein, Ischl, Gastein, Königsee, Leopoldskron, Grodig, Gölling, Taxenbach, Mattsee, and Mondsee are amongst the most interesting.

English church. Excellent schools.

Post and Telegraph Office: Residenz Platz.

*Bookseller* : Henry Dieter, Markt and Residenz, Platz Corner.

*Exchange and Bank* : Charles Spängler, 7, Mozart Square.

*Chemist* : Sedlitzki, Markt Platz.

*Doctor* : Dr. Sedlitzki.

*Hotels* : The *Hôtel de l'Europe* is situated in a fine park, and forms, so to say, a sanatorium. It is near the station, and is excellently kept in every respect. Large stables, and the best starting place for excursions. C. Jung, proprietor.

**Salzhausen.**—Germany, Hessen Darmstadt.

Cold saline waters, 11 grammes of mineral principles.

*Special indications* : Scrofula.

**Salzschlirf.**—Germany, Hessen, near Fulda.

Iodo-bromurated saline waters, 15 grammes of mineralisation.

*Special indications* : Scrofula.

**Salsuffeln.**—Germany, Lippe-Detmold, near Herford.

Brine baths.

The establishments are not of the best, and the accommodation is but moderately good.

**Salsungen.**—Germany, Saxe-Meiningen, near Eisenach.

Cold saline springs, 30 grammes of mineral principles.

Well appointed establishment and good accommodation.

*Special indications:* Scrofula.

Very picturesque site. Vegetation luxurious. Parks and gardens are well kept.

*Doctors:* Drs. Ley and Wagner.

*Hotels:* Kurhaus, Crown, and Starke.

**Samaden.**—Switzerland, Canton Grisons, Upper Engadine; 5,350 feet above sea level.

Climatic station; also a proposed winter station for consumptive patients; but, up to the present, it has found but few visitors.

*Doctor:* Dr. Brügger.

*Hotel:* Hôtel d'Engadine.

**San Adrian y la Losilla.**—Spain, Province of Léon.

Bicarbonate of magnesia and iron waters, 90° F.; 4 grammes of mineralisation, of which 2 are carbonate of magnesia.

**San Bernhardino.**—Switzerland, Canton of Grisons; 5,200 feet above sea-level.

Ferruginous waters.

*Special indications:* Dyspepsia, lymphatism and catarrhs.

Largely frequented establishment, which is very well fitted up.

The situation is one of the most picturesque in Switzerland.

**San Casciano.**—Italy, Province of Siena, valley of the Paglia.

Ferruginous waters, 110° F., and sulphurous waters, 100° to 120° F.

These waters were much used in antiquity, as the ruins show. The new establishments are very complete, and afford abundant and comfortable accommodation. Great efforts are being made to resuscitate the place once more. The scenery is picturesque.

**San Daniele.**—See Abano.

**Sandefjord.**—Norway.

Sea baths and sulphurous waters.

Climate very mild.

*Season:* June—August.

The best frequented station in Norway. Establishment and accommodation both equally good.



**Sandgate.**—England, Kent, between Folkestone and Hythe.

Sea baths ; shingly beach. Climate mild.

*Season* : June—September.

*Doctor* : Dr. Howard.

**Sandown.**—England, Isle of Wight.

Sea baths fine sandy beach ; climate very mild. Bathing arrangements are very good.

*Doctor* : Dr. Neal.

**Sandrocks.**—England, Isle of Wight, near Chale.

Alkali saline waters, 40° F.

*Special indications* : Intermittent fevers, chronic dysentery, rheumatism, affections of the intestines.

**San Fedele.**—Italy, Tuscany, valley of the Cecina, near Volterra.

Saline waters. Exported.

The establishment is good.

**San Filippo.**—Italy, Tuscany, Valley of the Orcia, near Radicofani.

Bicarbonate of iron and sulphate of lime waters ; 5 springs, ranging from 45° to 120° F.

The establishments leave room for improvement.

**San Genesio.**—Italy, Piedmont on the Po.

Sulphurous iodurated waters.

Only used for drinking. No establishment of any note.

**San Georgen.**—Austria-Hungary, near Pressburg.

Earthy alkaline sulphurous waters.

*Special indications* : Disorders of liver and spleen, chronic skin diseases, lymphatism.

The establishment is situated in an extensive garden, and is elegant and comfortable.

Society at San Georgen is very select.

**Sangerberg.**—Austria, Bohemia, near Marienbad.

Alkali-saline ferruginous waters.

The establishment is excellent ; accommodation first-class and moderate in price. Park and gardens are well kept. The surrounding country affords very interesting excursions.

*Doctor* : Dr. H. Penn.

**San Germano.**—Italy, Province of Naples, near the lake of Agnano.

Steam baths, 90° to 150° F. The waters from which the steam is given off contain sulphides of calcium and iron.

*Special indications* : Rheumatic pains, joint affections, catarrhs, neuralgias, paralysis.

The baths are never prolonged above a-quarter of an hour.

**San Giuliano.**—Italy, Tuscany, near Pisa.

Sulphate of lime waters, 80° F.

*Special indications* : Nervous affections.

The establishments are good.

**San Giuseppe.**—Italy, Naples, near Mondragone.

Cold ferruginous waters.

Only used by the surrounding peasantry.

**San Juan de Azcoitia.**—Spain, Province of Guipuzcoa, near Tolosa.

Sulphate of lime waters, 40° F.

*Special indications* : Skin diseases.

**San Juan de Campos.**—Spain, Balearic Islands.

Thermal saline and silicated waters, 115° F. ; 0·78 of silicate.

Winter station.

*Special indications* : Rheumatism, skin diseases.

**San Leopoldo.**—Italy, district of Lari, near Val d'Era.

Muriate of iron waters.

*Special indications* : Vesical catarrh, hysteria, hypochondriasis, liver complaints.

**San-Lorenzo.**—Austria, Istria, 1½ hour from Trieste, 40 minutes from Pirano.

Sea baths ; very fine sandy beach ; whey and grape cure ; mud baths ; a climatic station in summer.

The climate is equable, and the air pure.

**San Martino.**—Italy, Valtelino, near Bormio ; 4,950 feet above sea level.

Mixed sulphurous waters, 100° F.

*Season* : June—August.

Two well-arranged establishments, and good accommodation.

**San-Marziale.**—Italy, Tuscany, district of Siena, Val d'Elsa.

Earthy waters, 80° F.

Though much known and visited in antiquity the baths are now neglected. In spite of considerable efforts which have been made to resuscitate them, they are not frequented by the public.

**San-Michele delle Formiche.**—Italy, Tuscany, on the Monte Sestolo.

Sulphurous waters, 120° F.

*Special indications* : Inveterate gout, skin diseases, nervous affections, rheumatism.

The establishment consists of a small building, with two cisterns and several distinct baths.

**San Pedro do Sul.**—Portugal, Province of Beira.

Hyperthermal sulphurous waters.

**San Remo.**—Italy, on the Riviera di Ponente, near the French frontier; 18,000 inhabitants. For routes see table.

Winter station of first importance; sea baths.

*Season:* For winter, November—May. Sea bathing, September—November.

More than 7,000 visitors annually.

*Special indications:* Latent scrofula, chronic bronchial, stomachic and intestinal catarrhs, emphysema, pharyngitis, laryngitis, pleuritic exudations, incipient phthisis, rheumatism, Bright's disease, diabetes and general debility.

The mean winter temperature, according to Dr. Hassall's statistics, is 54° F.; the mean barometric pressure, 761·5 mm.; relative humidity of the air, 66·7 per cent.; death-rate, 24 per 1,000; rainy days during seven season months, 30; sunny and cloudy, 182. Wind and fogs are rare. Snow quite exceptional, in some winters not more than once or twice.

San Remo proper is an old town, with the characteristics and peculiarities of the middle ages more marked than in any of the other towns along the coast. Some of the streets of the old quarter are unoccupied at present, and a traveller with a little ingenuity may easily fancy himself transported to the ruins of Pompeii. San Remo is very sheltered, as the mean temperature shows. Both its older and newer portions are the highest of any town on the Riviera. The town is built on a hill, with its base resting on the seashore. This hill rises behind it to an altitude of 4,270 feet (Monte Bignone). Three ranges of mountains form a natural shelter for San Remo. The first is formed by seven olive-clad hills, separated from each other by a number of picturesque valleys, in which the lemon tree is successfully cultivated. Next is the Monte Bignone, already referred to, which is pine-clad and forms an unbroken chain. Behind this second range come the Alpes-Maritimes, with an elevation of from 7,000 to 8,000 feet. The latter are invisible from the town, and can only be seen from the summits of the second range. San Remo is thus only open to south-east, south and south-west winds.

In early spring, the country round the bay resembles a vast garden. As regards vegetation San Remo is perhaps the most favoured of any health resort on the Riviera. As early as the month of February wild flowers come into bloom, a fact which sufficiently attests the mildness of the climate. The air is bracing and healthy to a degree which attracts the attention of visitors staying for any length of time. The climate may be described as moderately warm, dry, very sunny, and in comparison with other towns on the coast, only slightly stimulating. There is a theatre and a club. Daily concerts are held in the Giardino Pubbico.

*English Church:* Via Carli.

*Post and Telegraph Office:* Via Vittorio Emmanuele.

*Chemist:* Squires, Via Vittorio Emmanuele.

*Bankers and Exchange Office:* Asquasciati Bros., Via Vittorio Emmanuele.

*Bookseller and Circulating Library*: Gandolfo, Via Vittorio Emmanuele.

*House and Estate Agency*: Congrève, Via Privata.

*Doctors*: Drs. Hassall, Freeman, Schmitz, Thomas, Biermann, Onetti and Daubeney.

*Hotels*: The *West End Hotel*, ten minutes' walk from the station, a really splendid house within and without. It is the only one which has a lift. Rob. Wülfig, proprietor.

The *Hôtel Palmeri*, near the sea, is a first-class house.

The *Hôtel Victoria* in the East Bay.

**San Sebastian.**—Spain, Santander, in the Bay of Biscay.

Sea baths; sandy beach. Climate bracing, yet mild.

*Season*: June—September.

One of the fashionable Spanish seaside resorts. The scenery around is picturesque.

*Doctor*: Dr. Smith.

*Hotel*: *Hôtel Ingles*.

**Santa Agueda.**—Spain, Province of Guipuzcoa, near Villareal.

Cold hydrosulphuric waters.

*Season*: June—September.

*Special indications*: Skin diseases.

A clean, well-conducted and well-frequented bathing establishment.

The environs are picturesque, and a sojourn pleasant.

**Santa Barbara.**—North America, California.

Thermal sulphurous waters, 90° F.

**Santa Cesarea** (Acqua di).—Italy, Province of Lecce, district of Galipoli, near Ortelle, on the line from Brindisi to Otranto; stop at Maglie, thence by omnibus (1½ fcs.), or carriage (5 frs. to 10 fcs.).

Earthy ferruginous sulphurous water, 65° F. Healthy and mild climate. The waters are very efficacious.

*Season*: May—October.

Frequented by more than 4,000 patients during the season.

*Special indications*: Rheumatism, skin diseases, chronic affections of the intestines.

The establishment is good. Close to the spring accommodation can be had at from 4 fcs. to 8 fcs. a day. Post and Telegraph at Poggiardo, 1 hour distant.

**Santa Gonda.**—Italy, Tuscany, between Pisa and Florence, on the left bank of the Evola.

Earthy saline waters, 55° F. Mud baths.

*Special indications*: Skin diseases, chronic gout and rheumatism.

**Santa Margherita.**—Italy, on the Riviera di Levante, 1½ hour from Genoa.

Winter station.

This little town, at the head of the bay of Rapallo, is very charmingly situated in a sheltered position. It has a promising future before it.

**Santa Restituta.**—Italy, island of Ischia, near Lacco.

Saline waters, 115° F.; sand baths.

The establishment is good.

**Santenay.**—France, Department of Côte d'Or.

Saline waters; laxative action.

The town has a future before it.

**Santorin.**—Greece, an island in the Grecian Archipelago.

Chalybeate waters.

The finest island in the Grecian Archipelago, renowned in antiquity for its luxuriant vegetation.

The establishment is small and incomplete. Some accommodation can be obtained.

**San Vigone.**—Italy, Tuscany, Valley of Orcia, on the road from Siena to Rome.

Sulphate and carbonate of lime waters, 105° F.

*Special indications:* Rheumatism, skin diseases.

**Saratoga.**—North America, State of New York, near Albany.

Saline waters, 20° to 30° F., and cold bicarbonate of iron waters.

*Special indications:* Dyspepsia, calculous affections, scrofula.

A very fashionable and much-frequented station. Season, August and September.

*Hotels:* Great Union, Washington, pension £1 a day.

**Sarcey.**—France, Department of Rhône, near Lyons.

Cold ferruginous bicarbonate waters.

**Sardara.**—Sardinia.

Sulphurous waters, 145° F.

Only frequented by inhabitants of the island.

*Special indications:* Rheumatism.

**Sarepta.**—Russia, Government of Saratow, district of Zarizyn.

Saline bitter waters. Exported.

There are some establishments, and the accommodation on the whole is comfortable.

**Sark.**—England, Channel Islands.

A holiday resort, as there are no baths, nor is the air particularly healthy. The place is interesting for its scenery.

**Sassnitz.**—Germany, Pommerania.

Sea bathing, sandy beach, with heavy surf.

The situation is fine, and owing to its quiet the place is frequented only by real invalids. Accommodation very good.

**Sasso di Maremma.**—Italy, Tuscany, on the Ombrone, near Grosseto.

Ferruginous bitter waters. Exported.

The establishments are inferior, and accommodation inadequate.

**Saturnia.**—Italy.

Sulphurous waters, 100° F.

The establishment might be improved.

Accommodation indifferent.

**Saubuse.**—France, Department of Landes.

Saline waters, 80° F.

*Special indications* : Rheumatism.

**Saucats.**—France, Gironde.

Cold ferruginous bicarbonate waters.

**Saudon.**—Spain, Province of Guadalaxara.

Sulphurous waters.

*Special indications* : Rheumatism and skin diseases.

**Saulce (La).**—France, Department of Hautes Alpes, near Gap.

Saline waters, 35° to 55° F.

**Sault.**—France, Department of Vaucluse.

Cold sulphate of lime waters.

**Saundersfoot.**—Wales, Pembrokeshire, on Carmarthen Bay, near Tenby.

Sea baths and chalybeate waters, sandy beach. Climate fine and bracing.

*Season* : June—September.

*Doctor* : Dr. Allen.

**Sausillonges.**—France, Department of Puy de Dôme.

Cold bicarbonate of soda waters.

*Special indications* : Liver complaints, anæmia.

**Saute-Vaux.**—France, Department of Cantal.

Bicarbonate of soda waters.

*Special indications* : Liver complaints, anæmia, feeble digestion.

**Savergnolles.**—Department of Cantal.

Cold ferruginous bicarbonate waters.

*Special indications* : Chlorosis.

**Saxe (La).**—France, near Courmayeur in Savoy ; 3,750 feet above sea level.

Sulphate of lime waters, 70° F.

The establishment is good and affords comfortable accommodation.

**Saxon.**—Switzerland, Canton Valais.

Bromo-iodurated saline waters, 60° F. Climate mild and healthy.

*Special indications* : Syphilis, scrofula, and gout.

The environs are very picturesque, and numerous excursions may be made.

*Doctors* : Drs. Reichenbach and Boyer.

**Scarborough.**—England, Yorkshire, on the coast of the North Sea. Great Northern line of rail.

Cold sulphate of magnesia and iron waters.

Very fashionable and much-frequented sea baths.

*Doctors* : Drs. Cooke and Dale.

*Hotels* : The Royal.

**Seey.**—France, Department of Haute Saône, near Vesoul.

Cold mixed bicarbonate waters.

**Schandau.**—Germany, Saxony, railway from Dresden to Prague.

Cold ferruginous bicarbonate waters.

A climatic station. Tonic action.

The establishment is very good.

*Doctor* : Dr. Roscher.

*Hotels* : Bath, Sendig.

**Schelesna-Wodsk.**—Russia, Caucasus, near Pjätigorsk ; 1,800 feet above sea-level.

Alkaline ferruginous waters, 65° to 110° F.

Koumiss cure.

*Special indications* : Intestinal catarrhs, hypochondriasis, catarrhs of the genito-urinary organs, rheumatism.

The climate is very healthy, the place being surrounded by pine and other woods. The establishment is elegant, but the accommodation not quite up to the level of western requirements.

A much-frequented station.

**Scheveningen.**—Holland, near the Hague, on the North Sea.

Very fine sands, and a very well-frequented sea bathing station.

The bathing arrangements are good.

**Schieder.**—Germany, Principality of Waldeck, near Meinberg.

Saline waters and brine baths.

Primitive arrangements.

**Schimberg.**—Switzerland, Canton Lucerne, near Ebenstetten.

Alkaline sulphurous and ferruginous waters. Mountain air cure.

A much frequented establishment. Social distinctions count for little at Schimberg.

**Schinznach.**—Switzerland, Canton of Aargau, between Berne, Basle, and Zurich, station on the North East Swiss Railway; 1,100 feet above sea level. For routes see table.

Sulphurous waters of considerable celebrity, very rich in sulphuretted hydrogen and carbonic acid, also in chloride of sodium and salts of lime, 95° F. The springs, lately provided with a new lining of cement, yield abundantly, viz., about 1,000 litres, or 220 gallons a minute.

*Season* : 1st May to 15th October.

*Special indications* : Chronic skin diseases, eczema, acne, psoriasis, furunculosis, &c.; scrofula, chronic nasal, throat, and laryngeal catarrh, bronchitis, emphysema, asthma, rheumatism, gout, syphilis, mercurialism.

Schinznach is most picturesquely situated on the rapid and beautiful stream of Aar, at the foot of the Wülpelsberg. This hill, crowned with the old and far-famed ruins of the castle of the Habsburgs, slopes down into a fertile and well wooded valley looking southward.

The establishment stands in its own grounds, which are of large extent, mostly laid out in park, with numerous shady walks, sheltered from all dust and noise. An excellent farm supplies visitors with its produce. Schinznach appears to have been especially intended as a paradise for children.

In this park are six dwelling-houses or pavilions (capable of admitting 350 persons), communicating with each other and with the bath house by long covered verandahs and galleries. Cleanliness in every detail and a faultless table are the principal features of these houses.

The director of the establishment, Mr. Hans Amsler, who has lived for some years in England, and knows English requirements and habits, is very obliging, and will gladly give any further information on application.

Post and telegraph office.

Protestant church.

No cure tax as in many German watering-places.

Concerts, halls, and all other amusements and distractions; walks and excursions of great variety and beauty.

Cabs and carriages, horses, mules, and donkeys.

Three doctors at the establishment, all of whom speak English.

The internal use of the iodine waters of Wildegge (3 miles from Schinznach) is very efficacious in connection with the baths of Schinznach.



**Schlackenbad.**—Prussia, Saxony, near Hettstadt.

Artificial inert thermal baths.

The establishment is good, and contains ball, concert assembly and billiard rooms. The situation is romantic.

**Schlangenbad.**—Germany, Prussian Province of Hesse-Nassau, near Wiesbaden; from Paris by N. of F., *via* Forbach, Saarbrücken, and Bingen, or *via* Erquelines, Cologne, and Coblenz; Bingen to Eltville, thence by post three times daily, 1 hour; 950 feet above sea level.

Indifferent waters, 75° to 90° F. Nine springs.

Season: 1st May to 1st October.

*Special indications:* Menstrual difficulties in delicate women; general debility in children, women, and aged persons; gout, partial paralysis, general or local hyperæsthesia of the nerves.

The establishment is well arranged, and Schwalbach waters (half hour's distance) are often successfully combined with milk, whey and aromatic herb essences.

The village (60 houses with 500 inhabitants) is situated in a valley of the Taunus, with three entrances towards the south and the Rhine. The valley is surrounded by hills, clothed with forests, and rising to a height of 1,400 and 1,500 feet. The atmosphere is very pure and fresh, and saturated with ozone. The environs are charming and idyllic, with many well-shaded and beautiful promenades and drives.

Concerts, balls, reading-rooms, and various other amusements. Tax for one person 12 marks, other members of a family 9 marks each.

The Kurhauses, upper, middle, and lower, are under Government management. The hotels Nassau and Neubau can accommodate 600 persons in separate rooms, and are admirably kept, every five rooms having baths.

Post and telegraph in the Kurhaus.

*Doctors:* Drs. Baumann, Grossman (winter, Cannes) and Wolff.

*Hotels:* Hôtel Planz, Victoria.

**Schleusingen.**—Germany, Thuringia, 1½ hours from Hildburghausen; 1,240 feet above the sea level.

A climatic air station.

The establishment and accommodation are very good.

**Schmalkalden.**—Germany, Hesse-Cassel, on the Werra railway line, 1,000 feet above sea level.

Iodo-bromurated saline waters, 45° F. Brine baths.

*Special indications:* Scrofula.

The establishment is good and the site picturesque.

*Doctors:* Drs. Fuckel and Rehm.

*Hotels:* Crown, Eagle.

**Schmardau.**—Russia, Lithuania, district of Apitsch, near Podaizen. Sulphurous waters; not much frequented.

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**Schmecksz, or Tatra-Füred.**—Hungary, Galicia, near Kaschau; 3,100 feet above sea level.

Pure alkaline bicarbonate waters. For table use only.

Climatic station.

*Special indications:* Debility, disorders of the digestive organs, catarrh of the intestines, derangements of liver and spleen, rhachitis, anæmia and scrofula, phthisis, emphysema, bronchial, laryngeal, and pharyngeal catarrhs.

The situation of Schmecksz is one of the finest in the Carpathians. The establishments, open all the year round, are very good, and afford excellent accommodation. The visitors consist chiefly of the Hungarian and Austrian aristocracy. Abundant room for excursions. The place is one of the most favourite resorts in Hungary, and social intercourse is free and unrestrained.

The climate of Schmecksz, being very mild and equable, and the surrounding country covered with pine forests, this station competes most favourably with Davos or St. Moritz. It does not suffer yet as they already do from the effects of bad drainage. Austrian medical authorities prefer it to either of them.

*Bookseller:* A. Mayer.

*Doctor:* Dr. L. Jarmay.

*Hotel:* The establishment.

**Schmeckwitz.**—Germany, Saxony, near Dresden.

Earthy saline sulphurous waters, 55° F.

The establishments are good, but the accommodation is not of the best.

**Schmerikon.**—Switzerland, Canton, St. Gallen, near Uznach.

Cold ferruginous bicarbonate waters.

Climatic station.

The establishment is well arranged and beautifully situated, with a view over the lake of Zürich.

**Schönau.**—Austria, Bohemia, near Teplitz.—*See* Teplitz-Schönau.

Thermal indifferent waters.

*Special indications:* Gout and nervous affections. There are extensive military hospitals here.

**Schönbeck.**—Germany, Prussia, Province of Saxony.

Saline waters.

**Schönbrunn.**—Switzerland, near Zug; 2,270 feet above sea-level.

Hydropathic establishments, climatic and whey cure station. Irish and Turkish baths.

The site is very fine. Climate mild and bracing. The establishment is excellent, and the accommodation equal to that in the best Swiss hotels.

**Schöneck.**—Switzerland, Canton Glarus, below Beggenried, Lake of Lucerne.

A summer station, with hydropathic establishment, compressed air baths, and whey cure.

*Doctor:* Dr. Hugemann.

**Schöngau.**—Switzerland, Canton of Lucerne.

Cold bicarbonate of lime waters.

**Schooley Mountains.**—United States of North America, State of New Jersey.

Ferruginous and magnesian waters.

A much-frequented station.

**Schüls, also Tarasp-Schüls.**—Switzerland, Canton of Grisons.

Cold bicarbonate of soda and iron waters.

**Schums.**—Austria, Tyrol, district of Botzen.

Alkaline, ferruginous and sulphurous waters.

*Special indications:* Anæmia, rheumatism and general debility, skin diseases and chronic sores.

**Schüols.**—Switzerland, Engadine, 10 hours from St. Moritz, 3,730 feet above the sea level.

Effervescent ferruginous waters. There are some 30 springs, of which only a few are used.

**Schwalbach or Langenschwalbach.**—Germany, Hessen-Nassau, between Wiesbaden and Ems; 2,200 inhabitants; 955 feet above sea level. For routes see table.

Chalybeate waters; every description of bath; climatic station; mud baths (peat).

*Season:* May to 1st October.

Number of visitors, between 5,000 and 6,000, as shown by the visitors' list, the majority being ladies.

*Special indications:* All female complaints are treated here as a specialty; anæmia, chlorosis, nervous complaints, debility of muscles and mucous membranes, especially catarrhal affections of the genital and urinary organs.

Schwalbach is a neat little town of about 500 houses, tastefully built. Its situation is very romantic, and the surrounding country is picturesque and affords an ample field for excursions. The bathing establishment is an elegant building, with every modern appliance. The Kursaal contains assembly, concert, reading and refreshment rooms. Daily concerts and bi-weekly *soirées dansantes* are given.

*English Church.*

*Post and Telegraph.*

*Banker and Exchange Office:* Ernst Grebert.

*Wine Merchants:* Ferd. Grebert Söhne.

**Doctors :** Drs. Boehm, Genth, Frickhöffer, Oberstad, Gosebruch and Grebert.

**Hôtels :** The *Hôtel Alleesaal* and *Hotel de la Promenade*, are well situated in the midst of gardens, first-class in every respect. A covered way leads to the bathing establishment. Ferd. Grebert Sons, proprietors; dependance, Villa Grebert.

The *Duke of Nassau Hôtel* : Well situated, a first-class, and very good family house, with home comforts. J. C. Wilhelmy, proprietor.

**Schwalheim.**—Germany, Hessen, near Frankfort-on-Maine.

Mixed cold bicarbonate waters. For table use only.

**Doctor :** Dr. Fleury.

**Schwallungen.**—Germany, Saxe-Meiningen.

Ferruginous waters.

The establishment is indifferent.

**Schwarzenberg.**—Switzerland, near Aarau; 2,180 feet above sea level.  
Alkali-saline waters.

The establishments are good and the place is much frequented.

**Schwarzseebad.**—Switzerland, six hours from Fribourg; 3,200 feet above the sea level.

Sulphurous waters; climate severe, but healthy.

The establishments are good.

**Schwefelbad.**—Austria-Hungary, comitat of Zips, near Leibnitz.

Cold sulphurous waters.

*Special indications :* Rheumatism, gout, chronic skin diseases and old sores.

The site is beautiful and the establishment good.

**Schwefelbergerbad.**—Switzerland, Canton of Bern; 4,170 feet above the sea level.

Sulphurous waters; little used.

**Schweizermühle.**—Germany, Saxony, near Königstein; 1,200 feet above sea level.

Hydropathic establishments and climatic station.

*Special indications :* Affections of the lungs and respiratory organs.

The establishment is elegant and contains comfortable assembly rooms. The accommodation is good and moderate in price.

**Schwelm.**—Germany, Westphalia.

Cold ferruginous bicarbonate waters.

**Sciacca.**—Italy, Sicily, on the south-west coast.

Three springs, one sulphurous and ferruginous, and one magnesian, the latter slightly purgative; also natural steam baths.

The establishments are good, and the place is much frequented. The accommodation is scarcely according to English requirements.

**Sclafani.**—Italy, Sicily, Province of Palermo.

Sulphate of lime waters, 145° F., containing alum.

Season: May—July.

Bathing establishment is old-fashioned, but the accommodation is tolerable.

**Sosavnik.**—Austria-Hungary, comitat of Zemplén, near Eperies.

Alkaline ferruginous sulphurous waters.

The establishment is arranged in a primitive manner.

**Seaford.**—England, Sussex, near Eastbourne.

Sea baths, shingly beach. Climate fine and bracing.

Doctor: Dr. B. Tuck.

**Seascales.**—England, Cumberland.

Sea baths, sandy flat beach; bracing climate.

Season: June—September.

**Seaton.**—England, Devonshire, near Sidmouth.

Sea baths, heavy surf; climate mild and bracing.

Doctor: Dr. Pattison.

Hotel: *Royal Clarence*.

**Seaton-Carew.**—England, Durham, on Hartlepool Bay.

Sea baths, firm sandy beach; climate bracing.

Doctor: Dr. Norman.

**Sea-View.**—England, Isle of Wight.

Sea baths, extensive and sandy beach; climate dry and bracing.

Hotel: *The Crown*.

**Sebastianweiler.**—Germany, Württemberg, near Tübingen.

Sulphate of sodium waters, 40° F.; laxative and diuretic action.

Well-appointed establishment. The sojourn is quiet, and offers but few amusements.

**Sedlitz.**—Austria, Bohemia.

Sulphate of sodium and magnesia waters. Purgative action.

**Seebruch.**—Germany, Westphalia, district of Herford, near Vlotho.

Cold sulphurous waters.

Not much used, and the arrangements are primitive, though the waters are said to be very efficacious.

**Seelisberg.**—Switzerland, Canton of Uri, Lake of Lucerne; 2,210 feet above sea level. For routes see table to Lucerne, thence by rail to Fluelen and boat to Treib, or from Lucerne by boat to Treib; thence by carriage, 30 minutes.

Climatic station in summer, with whey cure and baths in the lake of Seeli. Air very mild and pure; very sheltered. Baths in the hotel.

*Season:* May 15th to October.

The Canton of Uri is celebrated for the legend of William Tell and the Oaths of Alliance. It is the cradle of the Swiss confederacy. In 1852, the present excellent hotels, three in number, and belonging to the same proprietor, were built. They form the chief attraction of Seelisberg, both as a quiet and comfortable place of call and as a centre for numerous excursions. Through its altitude of 2,500 feet, this establishment enjoys the same climatic conditions as the other stations in Switzerland. A moist atmosphere, with an equable and comparatively low temperature, is the characteristic of Seelisberg from a therapeutic point of view. Vegetation is luxurious, and forests, consisting chiefly of pine and fir, begin at the very door of the establishment. The terrace in front of the hotel is 650 feet long, and 1,200 feet above sea level. It is shaded by trees, and is an excellent place to enjoy the beautiful scenery from, or for walking exercise. There is a "Trinkhalle," where most European mineral waters are supplied. English church in the hotel; Post and Telegraph Office, a resident doctor during the season, concerts, balls, etc.

The *Hôtel Sonnenberg* contains about 300 bed-room and drawing rooms; it is very well managed, and the prices are moderate. Good kitchen and excellent cellar. The dining-room is cool and well ventilated, 22 feet in height, and can hold 500 persons at a time. It is the largest in Switzerland. M. Truttmann, Proprietor.

**Seeon.**—Germany, Upper Bavaria, near Endorf; 1,725 feet above sea level.

Earthy waters; whey cure and brine baths.

The establishment is good and the situation very picturesque.

**Seewen.**—Switzerland, half-hour from Schwyz; 1,410 feet above sea level.

Ferruginous waters, highly effervescent.

The establishments are very good and the accommodation is comfortable and abundant.



**Segesta.**—Italy, Sicily, half-hour from the ruins of this old town.

Sulphurous waters, 165° F.

Used in a primitive fashion.

**Segray.**—France, Department of Loiret, Arrondissement of Pithiviers.

Cold ferruginous waters.

**Segre.**—France, Department of Maine and Loire.

Cold ferruginous waters.

**Seguara de Aragon.**—Spain, Province of Teruel.

Saline waters, 55° F.

Good establishment; the surrounding houses afford, for Spain, good accommodation.

**Segura.**—Spain, Province of Castellon de la Plana.

Saline sulphurous waters, 55° F.

*Special indications:* Skin diseases and lymphatic affections.

Primitive arrangements.

**Seltz or Selters.**—Germany, Nassau, Circuit of Wiesbaden on the Rhine.

Alkaline highly effervescing waters. Only used for exportation.

**Semur.**—France, Department of Côte d'Or.

Cold saline waters. Five grains of mineralisation.

**Sennfeld.**—Germany, Bavaria, near Schweinfurth-on-the-Maine.

Sulphurous waters; little used.

**Sentein.**—France, Ariège, near St. Giron.

Cold bicarbonate of iron waters.

**Sepey.**—Switzerland, Canton Vaud, 7½ miles from Aigle by carriage.

A mountain air station.

Excursions in the charming valleys of Ormonts and the Mosses; place of call for Chateau d'Oex and Diablerets. Very pure air. Post, telegraph, carriage and relays of horses, with guides.

The *Hôtel and Pension des Alpes* is the only hotel which can be recommended. V. Chenaud, proprietor.

**Seraglio.**—Italy, near Siena.

Indifferent waters, 60° F.

No establishment and little or no accommodation.

**Serapis, Temple of.**—Italy, near Pozzuoli and Naples.

Alkali-saline waters, 85° F.

A place now scarcely visited, but very celebrated in antiquity, as the ruins show.

**Seravalle.**—Italy, Tuscany.  
Ferruginous waters, 40° F.

**Serboneschte.**—Roumania, near Putschos.  
Sulphurous waters.  
Arrangements primitive.

**Serdopol.**—Russia, Finland.  
Earthy waters.  
Only used by the surrounding peasantry.

**Sergiewsk.**—Russia, Government of Orenburg, near Kasan.  
Sulphurous waters.  
No accommodation, and visitors have to arrange for themselves as best they can.

**Sermaise.**—France, Department of Marne, near Vitry le Français.  
Mixed sulphate and bicarbonate waters, with laxative and slightly diuretic action.

**Sestri-Ponente.**—Italy, 20 minutes from Genoa.  
A winter station.

Though the place is rather dusty and windy, it has of late attracted many visitors, owing to its good hotels. They afford very comfortable accommodation, at moderate rates. The town possesses little of interest beyond its shipbuilding yards.

*Hotels* : The *Grand Hotel Sestri*, a first-class house, 15 minutes from Genoa; the house is heated by calorifères; moderate charges for a continuous winter stay; play-grounds specially arranged for children. *Meyer* and *Arrigoni*, also proprietors of *Hôtel de la Grande Bretagne*, at Bellagio.

**Shanklin.**—England, Isle of Wight.  
Sea baths, fine sandy flat beach.  
Air pure and healthy.  
*Season* : June—October.  
*Doctors* : Drs. Dabbs and Moss.  
*Hotel* : The *Royal*.

**Shap.**—England, Cumberland, near Gisland.  
Alkaline waters and sea baths.

**Sheerness-on-Sea.**—England, Kent, on the Medway.  
Sea baths, shingly and sandy beach, climate bracing.  
*Season* : June—September.  
*Doctors* : Drs. Arrol and Swales.  
*Hotel* : The *Fountain*.

**Shotley.**—England, Northumberland.  
Chloride of calcium ferruginous water.

**Sibitschudi-Suz.**—Roumania.

Ferruginous and sulphurous waters. Very primitive arrangements, and the place is little visited.

**Sibó.**—Austria-Hungary, comitat of Zsolnok.

Sulphurous waters, little used.

**Sid.**—Austria-Hungary, comitat of Gömör, near Vargede.

Alkaline ferruginous waters.

The arrangements are of the most primitive kind, and very little is done for comfort.

**Sidmouth.**—England, Devonshire, near Exeter.

Sea baths, sandy beach; climate equable.

*Season* : June—September.

*Doctor* : Dr. Hodge.

*Hotels* : The *Royal York*.

**Siekeriki.**—Russia, Poland, near Varsovia.

Ferruginous waters.

The establishment is incomplete.

**Sierk.**—Germany, Lorraine, near Thionville.

Cold saline waters, similar to those of Mondorf.

**Sigliano.**—Italy, Romagna, valley of the Teverino.

Alkaline ferruginous waters.

The arrangements are still of a primitive character.

**Silloth.**—England, Cumberland, near Carlisle.

Sea baths; sandy and gravel beach; climate mild, dry, equable.

*Season* : June—September.

*Doctor* : Dr. Leitsch.

*Hotel* : The *Solway*.

**Silvanès.**—France, Department of Aveyron, near St. Affrique.

Ferruginous bicarbonate waters, 90° F.

**Sinigaglia.**—Italy, Province of Ancona, and near that town.

Sea baths and sulphurous spring, 110° to 130° F.

*Special indications* : Arthritis, rheumatism, gout, skin diseases, affections of the liver and spleen.

Much frequented by wealthy Romans, although there is no bathing establishment. The spring is half-an-hour distant from the town.

**Sinzig.**—Germany, Rhenish Prussia, near Bonn.

Alkaline muriatic waters; a climatic station in summer, with whey and grape cure.

A very old town, with picturesque surroundings.

**Siradan.**—France, Department of Hautes Pyrénées, near Bagnères de Bigorre.

Sulphate of lime and ferruginous waters.

*Special indications:* Affections of the urinary organs, chlorosis, and anæmia.

**Sironabad.**—Germany, Hessen, near Nierstein.

Sulphurous waters.

The ruins, said to be those of Roman buildings, serve to show the long period during which these waters have been used. The place is now little visited.

**Sisso.**—Austria-Hungary, comitat of Neutra, district of Gross-Tapolczá.

Alkaline-saline earthy waters.

Little visited.

**Sitka.**—Russian America.

Hyperthermal sulphurous waters.

**Sixt.**—France, Department of Upper Savoy, near La Croix de Pilly.

Effervescing ferruginous waters.

**Skara-Chori.**—Greece, Morea, Elis, near Katakobi.

A sulphurous warm lake.

There are some ruins of old baths with mosaic floors. They are now used as baths.

**Skegness.**—England, Lincolnshire.

Sea baths, sandy beach; climate bracing.

*Season:* June—September.

*Hotel:* The Sea View.

**Skinburness.**—England, Cumberland, on the Solway.

Sea baths, fine sandy beach; climate mild and dry.

*Season:* June—September.

**Slepzoff-Michailloff Springs.**—Russia, Caucasus, near Wladiskawkas.

Sulphurous waters, 70° F.

There is a military hospital, but all other arrangements are as yet in a primitive state. The site is romantic and the scenery wild. Good hunting can be had.

**Smokobe.**—Turkey, on the Greek frontier.

Sulphurous waters.

Very primitively used, holes being sunk in the ground.

**Smyrna.**—Asia Minor.

Thermal sulphurous waters.

**Soden.**—Germany, Nassau, at the foot of the Taunus, near Frankfort-on-Main.

Effervescing and saline ferruginous water, 45° F., with laxative and alterative action.

*Special indications:* Scrofula, abdominal plethora, pulmonary phthisis.

Fine climate, beautiful situation.

*Doctors:* Drs. Köhler, Thilenius and Fresenius.

*Hotels:* Kurhaus, d'Europe, de Frankfort.

**Soest.**—Germany, Westphalia.

Saline waters. Brine baths.

*Special indications:* Scrofula.

The establishments are good.

**Sohl.**—Germany, Saxony, near Elster; 1,418 feet above sea-level.

Ferruginous waters.

The arrangements are primitive.

**Solar de Cabras.**—Spain, Province of Cuenca, near Priego.

Bicarbonate of lime waters, 45° F.

*Special indications:* Nervous affections, skin diseases, tabes, intermittent fever and marasmus.

The establishment is an indifferent one.

**Solares.**—Spain, Province of Santander.

Saline waters, 70° F.

*Special indications:* Lymphatic affections.

Primitive arrangements, and the accommodation is Spanish.

**Sombór.**—Austria-Hungary, comitat of Harómszek, near Torja.

Sulphurous waters, 45° F.

Very little used.

**Sorrento.**—Italy, near Naples..

A climatic station in summer.

The town (population 7,500) being open to the north winds, is much frequented by Neapolitans as a summer station. In winter it is somewhat too cold.

**Sotteville-lez-Rouen.**—France, Department of Seine Inférieure, 2 k. from Rouen.

Thermal saline bromo-iodurated waters, 55° F.

**Soulac-les-Bains.**—France, Department of Gironde.

Sea baths.

Very fine beach.

**Soulieux.**—France, Department Isère, near Grenoble.

Sulphate of magnesia and soda waters, 5 grammes of mineralisation.

**Southampton.**—England, Hants.

Sea baths, unsatisfactory beach; climate mild and healthy.

*Season* : June—September.

*Doctors* : Drs. Olliver and Ward.

*Hotel* : The South Western.

**Southbourne-on-Sea.**—England, Hants.

Sea baths, excellent sandy beach; climate healthy and invigorating.

*Season* : July—September.

**Southend-on-Sea.**—England, Essex.

Sea baths, sandy beach; pure and bracing air.

*Season* : June—August.

*Doctors* : Drs. Jones and Phillips.

*Hotel* : The Royal.

**Southport.**—England, Lancashire.

Much frequented sea bathing-place, with sandy beach, and mild and pure air.

*Season* : June—July.

*Doctor* : Dr. Elias.

**Southsea and Portsmouth.**—England, Hants, opposite Isle of Wight.

Sea baths, sandy beach, with very good bathing; climate mild and steady.

*Season* : July—October.

*Doctors* : Drs. Axford and Simpson.

*Hotel* : The Queen's.

**South Shields.**—England, Durham, on the Tyne.

Sea baths, sandy beach; climate pure and bracing.

*Season* : June—September.

*Doctors* : Drs. Dalziel and Spear.

**Southwold.**—England, Suffolk.

Sea baths, sandy beach; climate very equable and healthy.

*Season* : June—September.

*Doctor* : Dr. Vertue.

*Hotel* : The Swan.

**Spa.**—Belgium, close to the German frontier, 17 miles from Liege and Aix-la-Chapelle, 1,050 feet above the sea level; nearly 7,000 inhabitants. For routes see table.

Highly effervescent ferruginous and acidulous waters. Every description of baths.

*Season* : May to October. Air healthy and bracing.

*Number of Visitors* : More than 30,000 annually.

*Special indications* : Anæmia, chlorosis, female complaints, hysteria, gastralgia, sterility, difficult menstruation, liver com-

plaints, urinary disorders, cachexia, mucous catarrh of the uterus, &c.

The splendid bathing establishment is fitted with every requisite for modern balneological treatment, including hydro-pathy, medical gymnastics, swimming basin.

The mineral waters of Spa the sovereign efficacy of which is established by an experience of nearly four centuries (indeed, they were already well known in the days of the Romans) effect each year very marvellous cures. So thoroughly is their superiority over a number of similar waters acknowledged, that the custom has arisen in England and America of calling all mineral springs "Spas."

The surrounding country, being on the outskirts of the Ardennes, is most picturesque. There are numerous promenades in and around the town. The beauty of the surrounding country, the exceptionally good position of the town, the mountains clothed with woods, and laid out in easy walks, the remarkably bracing air, and the variety of amusements, have all combined to make of Spa the rendezvous of fashion for more than a century past.

The casino, opposite the Pouhon spring, and in the centre of the town, is justly celebrated for its comfortable and elegant arrangements. It contains a theatre, with assembly, card and reading rooms, and a covered winter garden. There is also a covered gallery in the *promenade des sept heures*, which enables patients to take out-door exercise in rainy weather. Concerts are held twice daily; balls, soirées dansantes, fêtes champêtres, illuminations, races, pigeon and other shooting matches, are among the amusements. Saddle-horses, carriages and pony-chaises on hire. The ponies are remarkably sure-footed.

English and Scotch churches.

*Post and Telegraph Office*: Near the bathing establishment.

*Bookseller*: Jos. Engel, opposite the Pouhon.

*Exchange Office and Banker*: H. Hayemal, near the Pouhon.

*Doctors*: Drs. Thompson, Lezaack, De Dameseau and Scheuer.

*Hotels*: The *Hotel de Flandre*, *Hotel d'Orange*, *des Pays bas*, *Hotel Britannique*.

**Spag.**—Russia, Government of Pleskow, on the Dña.

Sulphurous waters. Primitive arrangements.

**Spalato.**—Austria, Dalmatia.

Saline and sulphurous waters, 28 grammes of mineralisation, of which 19 grammes are chloride of sodium.

*Special indication*: Scrofula.

**Spezia (La).**—Italy, on the Riviera di Levante, an Italian maritime port, between Genoa and Pisa. Fine Bay.

Winter air-cure and summer sea bathing station.

Mean winter temperature, 50° F.; 74 rainy days, 64 cloudy days, and 63 sunny, during the winter season. The atmosphere is thus more humid than on the Riviera di Ponente.

The Piazza Vittorio Emanuele is a very fine square, and the gardens are being extended every year. The walks are admirably clean, and this is a very favourite one.

Very agreeable and picturesquely situated, air fine and bracing. Many excursions.

There is a good theatre and a casino.

Vegetation is luxuriant, and composed chiefly of olive and vine trees. The water is good, but should always be mixed with wine at the beginning of residence, to prevent diarrhoea. There is very little dust.

English church in winter.

Post office : Corso Cavour.

Telegraph : Via Facio.

Chemist : Fossati, Farmacia Regia.

Doctor : Dr. Crucknell.

Hotel : The *Grand Hotel de Spezia*, a thoroughly appointed house, comfortable, open all the year; excellent situation, overlooking bay. Well managed by Menetrey Hauser, the proprietor.

**Spital.**—England, Durham, near the mouth of the Tweed.

Cold sulphate of soda waters.

Laxative action.

**Sproffondo.**—Italy, Tuscany, near Asciano.

Nine springs. Sulphurous waters, 37° to 75° F., mud baths.

The establishments are good.

**Stachelberg.**—Switzerland, Canton of Glarus; 2,800 feet above sea-level.

Cold sulphur waters.

*Special indications* : Skin diseases, chronic laryngitis.

A very well-appointed establishment, with comfortable accommodation. The situation is highly picturesque.

**Staden.**—Germany, Hessen-Nassau, near Nidda.

Earthy saline waters. Exported.

The establishments are incomplete, though the spring is one of the oldest in Germany.

**Staraja-Rossa.**—Russia, District of Nischni-Novgorod.

Cold saline iodo-bromurated waters.

The establishments are very good, and the place is one of the most frequented of Russian stations. Its situation is charming.



**Starbeck.**—England, Yorkshire, near Harrowgate.

One ferruginous and one sulphurous spring, both slightly mineralised.

There is a bathing establishment lately opened, which is beginning to be frequented.

**Stavenhagen.**—Germany, Mecklenburg.

Earthy alkaline ferruginous waters.

The arrangements leave room for improvement.

**Steben.**—Germany, Bavaria, district of Upper Franconia, near Hoff; 1,900 feet above sea level.

Five ferruginous effervescing springs, and mud baths.

Mountain air cure.

The situation is most picturesque. The establishments are fitted with all modern improvements. The accommodation is comfortable and moderate in price.

*Doctor:* Dr. Klinger.

*Hotels:* *Anchor, Bavière.*

**Steinabad.**—Germany, Baden, in the Black Forest.

A climatic station.

The place is situated in the midst of pine forests. The climate is mild and strengthening. Disorders of the digestive organs are those chiefly benefited by residence.

*Doctor:* Dr. Wiel.

**Steinfurt.**—Germany, Hessen-Nassau, near Wisselsheim.

Saline waters.

The place deserves to be better known. At present the waters are used only by the surrounding inhabitants.

**Steinheyde.**—Germany, Saxe-Meiningen.

Saline ferruginous waters.

The site is picturesque, but little has been done towards improving the place.

**Steinwasser.**—Austria, Bohemia.

Sulphate of magnesia waters, 31 grammes of mineralisation, of which 28 grammes are sulphate of magnesia.

Purgative, as Püllna and Sedlitz.

**Sternberg.**—Austria, Bohemia, near Prague.

Chalybeate waters. Whey cure station.

The establishment is very efficient. The site is picturesque and much visited.

**Stoika.**—Austria-Hungary, comitat of Szolnok.

Alkali-saline waters, 45° F.

No establishment, and the waters are used only in the neighbourhood.

- Stolypin.**—Russia, on the Kuschum, one of the tributaries of the Volga.  
 Saline sulphurous waters.  
 The establishment is thoroughly well fitted up, is very elegant, and affords comfortable accommodation. Its situation is charming, and the place is rising rapidly in public favour.
- Strathpeffer.**—Scotland, Rosshire, near Dingwall, in a very picturesque situation.  
 Strong sulphurous waters.  
 Hydropathic establishment.  
*Special indications:* Skin diseases, rheumatism.  
*Doctors:* Drs. Manson and Middleton.
- Streatham.**—England, near London.  
 Sulphate of magnesia waters.  
 Purgative action.
- Streitberg.**—Germany, Bavaria, near Forchheim; 1,800 feet above sea level.  
 A climatic air station with whey cure.  
 The surrounding hills are covered with pine forests. The country is picturesque, and abounds in walks and excursions. The establishment is thoroughly fitted up and affords ample accommodation.
- Stresa.**—Italy, Lago Maggiore, in front of the Borromean Islands.  
 Station of call. Air cure.
- Stromstad.**—Sweden, on the Skagerak, near Gothenburg.  
 Sea baths; strong surf, stony beach.  
 The most popular of Swedish sea-bathing places.
- Stuben.**—Austria-Hungary, comitat of Arva Turóc, on the Stubna.  
 Earthy saline bitter waters, 110° F.  
 The establishment and accommodation generally are very satisfactory. The place is romantically situated, and the park and gardens well kept.
- Suderode.**—Germany, near Quedlinburg.  
 Saline waters.  
*Special indications:* Scrofula, pulmonary affections, anæmia, &c.  
*Doctor:* Dr. Barwinsky.  
*Hotel:* Kurhaus.
- Sujo.**—Italy, in the valley of Garigliano.  
 Thermal sulphurous ferruginous and effervescent waters.  
*Doctor:* Dr. Rocco-Tagliata.

**Suliguli.**—Austria-Hungary, District of Visso.

Alkali-saline waters.

The establishment is incomplete, and the accommodation not such as to attract visitors.

**Sulz.**—Hungary, comitat of Eisenburg, near Güssing.

Cold alkaline-earthly waters.

Very celebrated in the district. The establishment is good, and the accommodation satisfactory.

**Sulza.**—Germany, Saxe-Weimar.

Saline waters; brine baths; grape cure.

*Special indications:* Scrofula.

The site is charming, and the establishment good.

*Doctor:* Dr. Sanger.

*Hotels:* Kurhaus and de Save.

**Sulzbach.**—Germany, Alsatia, near Colmar.

Cold bicarbonate ferruginous waters, 4 grammes of mineralisation.

*Special indications:* Dyspepsia, chloro-anæmia.

**Sulzbach.**—Germany, Baden.

Ferruginous bicarbonate waters, 50° F., 2 grammes of mineralisation.

*Special indications:* Dysmenorrhœa.

**Sulzbad.**—Germany, Alsatia, near Weissenburg and Strasburg.

Saline iodo-bromurated waters, 4 grammes of mineralisation.

The same therapeutic properties as Wildeggen and Kreuznach.

*Special indications:* Scrofula and lymphatic affections.

The gardens are beautiful, and the establishment is well fitted up.

**Sulzmatt.**—Germany, Alsatia, near Gebweiler and Colmar; 850 feet above sea level.

Effervescing alkaline waters, more gaseous than those of Seltzer.

*Special indications:* Catarrh of the bladder and lungs.

An excellent table water.

**Suot-Sass.**—Switzerland, Canton of the Grisons.

Strongly effervescing chalybeate waters.

**Sutinsko.**—Austria-Hungary, Croatia, near Agram.

Inert waters, 100° F.; climatic station.

This is a very favourite bathing-place. The situation is good, and the air mild and exhilarating.

The establishment is elegant, and thoroughly well fitted up. Comfortable accommodation at reasonable prices.

**Sutton.**—England, Lincolnshire, near Alford.

Sea baths ; sandy beach ; climate bracing and healthy.

Season : June—September.

Hotel : *The Jolly Bacchus*.

**Swanage.**—England, Dorsetshire, Isle of Purbeck.

Sea baths ; sandy beach. Climate very healthy. Hydropathic establishment.

Season : July—September.

The surrounding scenery is fine.

Doctors : Drs. Delamotti and Pearse.

Hotel : *The Victoria*.

**Swanlibar.**—Ireland, near Enniskillen.

Cold hydrosulphuric waters.

**Swansea and the Mumbles.**—Wales.

Sea baths ; sandy beach. Climate good.

Rather hot in summer ; good establishments.

Doctors : Drs. Bend and Couch.

**Swinemünde.**—Germany, Pomerania, on the Baltic Coast.

Very well frequented sea baths, near Stettin ; very fashionable.

Doctors : Drs. Schulze and Wilhelm.

Hotels : *Wilhelmsbad* and *Three Crowns*.

**Sylt.**—Island in the North Sea, on the coast of North Schleswig.

Sea baths ; sandy beach.

Doctors : Drs. Ditmann and Marcus.

Hotels : *Royal*, *Strand*, *German Emperor*.

**Szalatnya.**—Hungary, comitat of Hont, near Schemnitz.

Cold saline earthy waters.

Digestive and diuretic action.

The situation is a fine one, and the waters are efficacious, but the want of energy on the part of the proprietors is gradually destroying the place.

**Szaldobos.**—Austria-Hungary, Transylvania, District of Udvarhely.

Alkaline ferruginous waters.

The arrangements are very primitive.

**Szator.**—Austria-Hungary, near Rimaszecs.

Alkali-saline waters.

Only used by the surrounding inhabitants.

**Szczawnicza.**—Austria, Galicia, near Neusandek ; 1,000 feet above sea level.

Alkali-saline ferruginous waters ; whey cure.

Special indications : Chronic metritis, vesical catarrhs,

kidney affections, fluor albus, vaginal and uterine catarrhs, goitre, rhachitis.

Owing to its magnificent situation, and the elegance and comfort of its bathing establishments and accommodation, this place is the most important of the Galician bathing stations. Each year the number of its visitors increases. The efficiency of its waters contribute to this result in no small degree. The excursions are very varied and interesting, while the Kursaal supplies all that is required for making time pass pleasantly.

**Szent-Ivan.**—Austria-Hungary, near Magyarfalva.

Sulphurous, highly effervescent waters, with gaseous emanations.

Little has been done to attract visitors, and the arrangements are very primitive.

**Szkleno.**—Hungary, comitat of Bars, near Schemnitz.

Several thermal sulphate of lime springs, 50° to 135° F.

*Special indications:* Rheumatism, gout, skin diseases.

The establishments leave much room for improvement.

They are all very elegant, but not well suited to modern requirements. The situation is highly picturesque, and excursions are abundant. The parks and gardens are scrupulously kept, and the surrounding woods are intersected with walks. The sojourn is an agreeable one, and the place is gaining in favour every day.

**Szklo.**—Austria, Galicia, 5 hours from Lemberg.

Sulphate of lime water.

*Special indications:* Skin diseases, rheumatic affections.

The establishments are good.

**Szliacz.**—Hungary, comitat of Sohl, near Kremnitz; 1,200 feet above sea-level.

Eight ferruginous effervescing springs, 25° to 80° F.

Diuretic, tonic, and fortifying action.

*Special indications:* Anæmia, menstrual disorders, atony.

Well-appointed and well-frequented; beautiful situation.

*Doctor:* Dr. Hasenfeld.

**Szmrdak.**—Austria-Hungary, comitat of Oberneuthra, near Szenitz.

Sulphurous waters.

*Special indications:* Chronic skin diseases, paralysis, hæmorrhoids, disorders of liver and spleen, hypochondriasis, hysteria, scrofulous and rhachitic affections, dyscrasia, chronic blenorrhœa.

The situation is picturesque, and the concourse of visitors large.

The two bathing establishments are thoroughly well fitted up. The large Kurhaus, built in the style of an old feudal castle, affords very excellent accommodation. The establishments are situated in an extensive English-like park.

**Szobrancz.**—Hungary, near Kaschan.

Saline sulphurous waters, 85° F.

In a very picturesque position, with mild salubrious air and well-appointed arrangements. The list of visitors is composed principally of Russians, Moldavians and Hungarians of the upper classes. The whole place is one large park.

**Szombat-Falva.**—Austria-Hungary, Transylvania, 2 hours from Udvarhely.

Earthy ferruginous and sulphurous waters, the latter of a temperature of 225° F.

The site is picturesque, but little has been done to bring these most excellent waters into greater prominence.

**Sztubicza.**—Austria-Hungary, comitat of Agram.

Inert waters, 140°.

*Special indications:* Chronic, nervous diseases, chronic skin affections, rheumatism, gout, lymphatic and scrofulous disorders.

The establishment is incomplete.

**Szulin.**—Hungary, comitat of Saros.

Cold ferruginous and effervescing lime waters, 7 grammes of mineralisation, of which 3 grammes are bicarbonate of soda, and 2 grammes chloride of sodium.

**Tabbiano.**—Italy, near Piacenza, and Parma.

Sulphurous waters, 60° F.

There is a small establishment.

**Talamonaccio.**—Italy, Tuscany, Valley of Osa.

Saline ferruginous sulphurous springs, 80° F.

*Special indications:* Lymphatic affections, rheumatism.

There are some ruins of old bathing establishments, but the waters are now only used at the spring.

**Talloires.**—France, Department of Haute Savoie, on the banks of the lake of Annecy.

Cold sulphurous waters.

**Tambach.**—Germany, Saxe-Coburg, near Gotha.

Climatic station in summer.

One of the most picturesque of the valleys of Thuringia. The surrounding country is covered with pine forests.

**Tannenbrunnen.**—Germany, Bavaria, near Haagard Ampfing.  
Indifferent waters.

The establishment is good, and affords comfortable accommodation.

**Taormina.**—Italy, Sicily, 30 miles from Messina ; 1 mile by carriage, and  $\frac{1}{2}$ -mile by footpaths.

Winter station, and one of the most interesting places in Sicily.

The *Hôtel Belle Vue* truly deserves its name, and will be found very clean and comfortable. G. Kellermann, Proprietor.

**Tapolcza.**—Austria-Hungary, near Mis-Kosz.

Inert waters, 70° F.

There is a small establishment.

**Tarascon.**—France, Department of Arège, near Foix, Ax and Ussat.  
Bicarbonate of iron waters.

**Tarasp.**—Switzerland, Engadine ; 4,500 feet above sea level.

Mild alkaline and ferruginous waters, climatic station.

Mild and steady climate.

*Special indications* : Affections of the bladder.

*Doctors* : Drs. Killias and Pernish at Scans.

**Tardon.**—Spain, near Sevilla.

Sulphate of magnesia waters.

**Tatenhausen.**—Germany, Westphalia, near Bielefeld.

Inert waters ; mud baths.

*Special indications* : Nervous affections.

The establishment is good and the accommodation comfortable and moderate in price.

**Tatzmannsdorf.**—Austria-Hungary, near Günz and Steinamanger.

Bromurated earthy, ferruginous waters ; climatic station.

A well-appointed establishment, beautifully situated.

Well-frequented station ; mild and equable air.

*Doctor* : Dr. Thomas.

**Tegernsee.**—Germany, Bavaria, near Holzkirchen ; 2,400 above sea level.

Climatic mountain air station, with whey cure.

The site is charming and the accommodation comfortable.

**Teignmouth.**—England, on the Channel Coast.

Sea baths, smooth sandy beach ; climate bracing.

*Doctor* : Dr. Lake.

**Teinach.**—Germany, Württemberg, in the Black Forest, near Wildbad.

Cold earthy alkaline waters.

*Special indications* : Nervous debility.

The situation is charming and residence agreeable.

*Doctor* : Dr. Wurm.

**Telese.**—Italy, Province of Benevento, on the line from Naples to Foggia; carriages and omnibus from the station to the establishment; 1,900 feet above sea level.

Sulphurous waters, 68° F., contains much sulphuretted hydrogen gas. Used externally and internally.

*Seasons* : June—September.

*Special indications* : Herpes, affections of the glandular system, rheumatism and mercurialism.

This place is much frequented and during the season, a special service of fast trains runs between it and Naples.

The establishment is fitted with all modern requirements. Visitors and patients generally prefer, however, staying at San Salvatore Telesine, a fine village in a very picturesque position, quarter of an hour by carriage from the establishment. There are comfortable hotels with pensions, from 10 fcs. upwards a day. Beautiful walks and excursions.

Post and Telegraph Office.

*Doctor* : Dr. Abbamondi.

**Telgart.**—Austria-Hungary, Comitatus of Gran.

Alkaline-ferruginous waters.

*Special indications* : Constipation, hypochondriasis, hysteria.

Little accommodation, and the establishment is incomplete.

**Temburg.**—England, Worcestershire.

Cold saline waters.

*Special indications* : Scrofula.

**Tenby.**—Wales, near Pembroke.

Chalybeate springs; tonic and fortifying action, sea baths, sandy beach.

*Special indications* : Anæmia.

*Doctors* : Drs. Chater and Dyster.

*Hotels* : The Albion.

**Teneke.**—Austria-Hungary, comitat of Südbihar, near Grosswardein.

Effervescent ferruginous waters.

The small establishment is good, and the accommodation it affords satisfactory.

**Tennstädt.**—Germany, Prussia, Province of Saxony, near Langensalza.

Sulphate of lime waters, 30° F.

*Special indications* : Rheumatism and skin diseases.

The establishment is efficient, the country uninteresting.



**Tenos.**—Greece, island in the Archipelago.

Alkaline waters.

There are no arrangements for visitors.

**Teplitz.**—Austria, Moravia,  $\frac{1}{2}$ -hour from Weisskirchen.

Effervescent-ferruginous waters; climatic summer station.

The valley of Teplitz has a very mild and steady air. The scenery around is picturesque. The establishments are good and accommodation comfortable and moderate. A quiet place of residence. It is much frequented.

**Teplitz-Schönau.**—Austria, Bohemia, by E. of F. Railway, *via* Strasbourg, Heidelberg, Würzburg, and Eger, 32 hours, 145.50 fcs. 1st class; 700 feet above sea level; 17,000 inhabitants.

Alkali-saline waters. The temperature of the several springs ranges between 95° and 125° F. The coolest is the Steinbath, and the hottest the Stadtbath. Refrigerating basins enable the waters to be used at any temperature.

Season: 1st May to end of September.

Number of visitors in 1882, 32,197.

*Special indications:* Rheumatism, gout, neuralgias, paralysis, incipient spinal complaints, scrofulous tumours and sores, sequelæ of severe wounds, fractures, ankylosis, and affections of the tendons.

Teplitz-Schönau, the oldest of the Bohemian baths, is a thermal mineral bathing station of first importance. It lies in a valley of the Erz mountains, by which it is sheltered from north winds. Against the hot south winds, the Mittel mountains provide an efficient protection. The parks and gardens are magnificent, while the walks and drives offer every variety of scenery and vegetation. The excursions into the Erz and Mittel mountains are very interesting.

The bathing establishments contain arrangements for mud baths. This mud is applied in most of the above-mentioned complaints in conjunction with thermal water baths. The thermal waters are applied in sitz baths, with very satisfactory results.

Percussion, jet, shower and douche baths.

The bathing establishments: Stadtbath, the Kaiserbad (with very luxurious arrangements), and Steinbad, belong to the municipality of Teplitz. The Schlangenbad is the property of the adjoining Schönau. The cure is taken in summer and winter, and with the exception of the Schlangenbad, the bathing establishments offer very comfortable accommodation. Teplitz has a very fine *Cursaal*, a magnificent theatre, and a municipal band of musicians; in Schönau a military band gives concerts several times a week. There is an elegant reading room in Teplitz, and one also in Schönau. Churches of various denominations, and two railway stations.

Post: Schlossplatz, No. 2, '66.

*Telegraph Office:* Waisenhausgasse, No. 4./736.

For detailed information, apply to the Bath Inspector in Teplitz, and to the Mayor in Schönau.

There are a great many cafés, restaurants, confectionaries and wine-rooms: villas and private apartments.

*Doctors:* Drs. Seiche, Eberle, Ficker, Krauss, Hirsch, Langstein, Von Krajewski, Janka, Delhaes, Keller, Eichler, Lustig, Musil, Baumeister, Saumely, Liblein, Wantuch, Redlich, Müller, Trentler, Karmin, Radnik and Löwy.

*Hotels:* *Grand Hôtel de la Poste*, *Hôtel de la Reine de Prusse*, both 1st class. *Hôtel Habsburg*, good 2nd class.

**Tercis.**—France, Department of Landes.

Saline sulphurous springs, 80° F.

*Special indications:* Rheumatism, skin diseases, and disorders of the bladder.

**Terme Luigiane.**—Italy, Calabria, Province of Cosenza, on the line from Naples to Cosenza.

Two sulphurous (212° F.) and ferruginous (70° F.) springs.

*Special indications:* Rheumatism, skin diseases, anchylosis, contractions, anæmia, chlorosis, difficult menstruation.

Establishments not good; the accommodation is of a primitive kind.

**Termignon.**—France, Savoy.

Cold saline waters.

Slightly purgative.

**Termini Castoreale.**—Italy, Sicily, Province of Messina.

Ferruginous sulphurous waters, 90° F., slightly effervescent.

*Special indications:* Affections of the respiratory organs, uterine diseases, rheumatism, gout, herpes.

There is an establishment, and the town is gaining in popular favour.

**Termini Imerese.**—Italy, Sicily, Province of Palermo, 22,000 inhabitants.

Sulphate of sodium water, 115° F.

*Special indications:* Skin diseases and rheumatism, liver, kidney, vesical and intestinal disorders.

There is a good establishment.

**Ternaut.**—France, Puy de Dôme.

Cold ferruginous bicarbonate waters.

*Special indications:* Feeble digestion.

**Terrasse (La).**—France, Department of Isère, near Grenoble.

Sulphate of calcium waters.

**Terrau.**—France, Department of Cantal.

Cold ferruginous bicarbonate waters.

**Teruel.**—Spain, Aragon, on the Alhama.

Inert waters, 80° F.

The establishments are quite insufficient, and are almost entirely neglected.

**Testa.**—Italy, Province of Siena, valley of the Paglia.

Ferruginous effervescent waters, 110° F.

Known under the Romans by the name of "Balnea Clusina," but now almost abandoned. The establishments are quite insufficient.

**Teste (La).**—France, Department of Gironde, near Arcachon.

Sea baths; sandy beach; mild climate, but heavy surf.

**Teufen.**—Switzerland, Canton of St. Gall; 2,640 feet above sea level.

Sulphurous waters.

Climatic station.

There are three bathing establishments, all alike antiquated.

**Thalgut.**—Switzerland, Canton of Berne, half-hour from Thun; 1,650 feet above sea-level.

Cold ferruginous sulphurous waters.

*Special indications:* Rheumatism and nervous affections.

The establishment is fairly good.

**Tharandt.**—Germany, Saxony, on the Weiseritz, near Dresden.

Cold ferruginous waters.

Very good arrangements; the place is much frequented.

**Theissholz.**—Austria-Hungary.

Earthy waters.

Very primitive arrangements, only used by the surrounding inhabitants.

**Thera.**—Greece, one of the Cyclades.

Chalybeate and sulphurous waters, 75° to 105° F.

Very potent waters, but there are no arrangements whatever for strangers.

**Thermas (Las).**—Spain, near Saragoza, on the frontier between Aragonia and Navarra.

Saline and sulphate of soda waters, 100° F.

*Special indications:* Rheumatism.

For Spain, very well appointed.

**Thermia.**—Greece, island in the Archipelago, anciently Dryopis.

Saline and saline ferruginous waters, 115° to 145° F.; mud baths.

No establishment, and used in primitive fashion.

**Thermopylæ.**—Greece, Thessalia, also called Herculesbath.

Saline sulphurous waters, 140° to 145° F.

The arrangements are altogether behindhand.

**Thesbis Spring.**—Greece, Boeotia, on the Helikon.

Ferruginous waters.

Renowned and much in use in antiquity in cases of sterility ; they are now altogether abandoned.

**Theusserbad.**—Germany, Württemberg, 3 hours from Heilbronn.

Earthy waters.

The situation is romantic, but the arrangements inadequate.

**Thingöe-Syssl.**—Iceland, near Reikiadal.

Alkaline waters, 195° F.

Not used therapeutically.

**Thorp Arch, or Boston.**—England, Yorkshire, West Riding, near Bramham.

Saline waters.

Very picturesque site ; air and climate good.

*Doctor* : Dr. Scatchard.

*Hotel* : Crown Hôtel.

**Thoune or Thun.**—Switzerland, Canton Berne, on the lake of Thun ; 4,600 inhabitants.

Climatic station.

*Season* : June—September.

Climate bracing and strengthening.

The surrounding country is covered with pine forests, and the excursions are numerous. Boating and fishing can be had ; the town is old and interesting, with a mediæval castle, and several good public buildings.

*English church.*

*Banker* : A. Knechtenhofer.

*House and Estate Agent* : A. Knechtenhofer.

*Hotels* : The *Hôtel and Pension Baumgarten* is situated in extensive gardens, and is a very comfortable and homelike place. J. H. Beilick, proprietor.

**Thuez.**—France, Department of Pyrénées Orientales, near Olette.

Sulphurous waters, 110° F.

Arrangements are imperfect.

**Thurso Bay.**—Scotland, Caithness, near Dunnet.

Sea baths, sandy beach ; climate bracing.

*Season* : June—September.

*Doctors* : Drs. Craven and Smith.

**Thusis.**—Switzerland, Canton of Grisons, on the Via Mala, near Coire.  
Mixed sulphurous waters.  
*Special indications* : Skin diseases.  
The establishment is old, accommodation comfortable.

**Tiflis.**—Asia, Caucasus, Georgia.  
Thermal sulphurous springs.

**Tillerborn.**—See Tönnistein.

**Tissières (les Boules).**—France, Department of Cantal.  
Cold bicarbonate of soda waters.  
Table water.

**Tissington.**—England, Derbyshire, near Ashbourne.  
Climatic and holiday resort.

**Titus (Banos de).**—Spain, on the road from Barcelona to Gerona.  
Thermal saline waters, 105° F.  
Good arrangements.

**Tivoli.**—France, Department of Upper Savoy, near Evian.  
Effervescing ferruginous waters.

**Tobelbad.**—Austria, Styria ; 1,050 above the sea level, near Graz.  
Inert waters, 80° F. A climatic station in summer.  
The establishments are excellent ; accommodation abundant and comfortable. The situation is picturesque, and residence very agreeable. There are large well-kept gardens and a park.  
*Doctor* : Dr. von Kottowitz.

**Tolpa.**—Italy, Romagna, near Campaccio.  
Effervescent ferruginous waters.  
There are no arrangements whatever for bathers.

**Tongeren.**—Belgium, Province of Limburg, near Liege.  
Cold bicarbonate of iron waters.

**Tönnistein.**—Germany, Rhenish Prussia, near Neuwied and Andernach.  
Bicarbonate table waters. Only used for exportation.  
There is an establishment.

**Töplika.**—Austria, Croatia, near Warasdin and Agram.  
Several sulphate of soda and alkaline springs, 145° F.  
*Special indications* : Arthritis and skin diseases.  
Several establishments and mud baths.  
The Emperor Constantine rebuilt the thermæ after they had been destroyed by a conflagration in the 3rd century.  
*Doctor* : Dr. Rakovec.

**Topolschiz.**—Austria, Styria, near Schönstein.

Indifferent waters, 80° F.

The arrangements are somewhat antiquated, but the accommodation is good, and the situation very fine.

**Topucsko.**—Austria, Croatia, near Sissek.

Several inert springs, 115° to 140° F.

Mud baths; climatic air station.

*Special indications:* Arthritism, scrofula, menstrual disorders.

Good arrangement; military hospital; large parks.

*Doctor:* Dr. Hinterberger.

**Torda.**—Austria, Transylvania.

Bromo-iodurated saline waters.

*Special indications:* Scrofula.

Arrangements pretty good.

**Toropetz.**—Russia, Government of Pleskow.

Effervescent ferruginous waters.

There are no proper arrangements.

**Torpa.**—Sweden, Province of Gothenburg.

Bromo-iodurated saline waters. Exported.

A good establishment.

**Torquay.**—England, Devonshire, Channel Coast.

Sea baths, small and bad beach; cool climate in summer, warm in winter.

Very much frequented.

*Doctors:* Drs. Gillow and Lambc.

*Hotel:* The Imperial.

**Torre-Anunziata.**—Italy, Naples, on the rail from Naples to Salerno.

Bicarbonate of soda and effervescent acidulated waters, 85° F. Mild and healthy climate.

*Season:* All the year round, but principally June—September.

*Special indications:* Feeble digestion, incipient hepatitis, hypochondriasis, hæmorrhoids, leucorrhœa and skin diseases.

A bathing establishment is in course of construction. Daily concerts in summer on the beach.

**Torre del Grecco.**—Italy, near Naples.

Natural gaseous baths.

The situation is very lonely, and the baths are consequently but little used.

**Torre de San Miguel.**—Spain, Province of Sarragozza.

Cold sulphurous waters.

*Special indications:* Nervous affections, pulmonary catarrh.

**Torres-Vedras.**—Portugal, near Lisbon.

Saline ferruginous waters, 150° F.

The bathing establishment affords but the most modest accommodation.

**Torretta (La).**—Italy, Tuscany, valley of the Nievole.

Saline waters.

The arrangements are very primitive.

**Totland Bay.**—England, Isle of Wight, 2 miles from the Needles.

Sea baths; fine sandy beach. Climate bracing and healthy.

Season: June September.

The place is rapidly coming into fashion, and is growing every year in public favour.

**Toulon.**—France, on the Mediterranean.

Sea baths, sandy beach.

Very good arrangements, but latterly somewhat neglected.

**Towyn.**—Wales, Merionethshire.

Sea baths; hard sandy beach. Climate mild and bracing.

Doctor: Dr. Jones.

Hotel: The Cambrian.

**Tramore.**—Ireland, Waterford, on the Atlantic coast.

Sea baths.

**Trani.**—Italy, 15½ hours rail from Bologna, on the Adriatic.

Sea baths; good beach.

The establishments are indifferent.

**Traishorloff.**—Germany, Hessen-Nassau, near Hungen.

Saline waters.

The establishments are old-fashioned.

The situation is charming.

**Travemünde.**—Germany, Mecklenburg, on the Baltic.

Sea baths; sandy beach. Very fashionable.

The establishment and accommodation are good.

**Trebas.**—France, Department of Tarn, near Alby.

Bicarbonate of iron waters, 45° F.

Special indications: Liver complaints, stomachic disorders, chlorosis.

There is an establishment.

**Tremblade (La).**—France, Department of Charente Inférieure, on the Bay of Biscay.

Sea baths; a very fine sandy beach.

**Tremiseau.**—France, Department of Cantal.

Ferruginous bicarbonate waters.

**Trenczin-Teplitz.**—Hungary, near Schemnitz and Pressburg.  
 Bicarbonate of lime sulphurous waters, 90° to 100° F.  
 Mud baths, climatic air station, whey cure.  
 One of the principal Hungarian establishments.  
*Special indications* : Rheumatism, skin diseases, affections of the respiratory organs.  
*Doctors* : Drs. J. N. von Heinrich, Nagel and Ventura.  
*Hotels* : Establishments.

**Treport (Le).**—France, Department of Seine Inférieure, near Dieppe.  
 Sea baths ; sandy and shingly beach.  
 Very picturesque scenery.  
*Season* : July—September.

**Tresclaux.**—France, Department of Hautes Alpes, near Gap.  
 Cold alkaline springs, containing silicate. (Silicate of aluminium, 0.112 gr.).

**Trescore.**—Italy, near Bergamo.  
 Saline sulphurous waters, 55° F. ; mud baths.  
 The establishments are inferior. The site is pretty.

**Trieste.**—Austria, Istria, on the Adriatic, the most important Austrian seaport.

Sea baths, fine sandy beach. The mean temperature of the sea is 80° F. in June, July, and August.

The arrangements are good. The town contains many buildings and objects of interest. It is the centre of Austrian commerce, and has a naval dockyard. There is a disposition to make a winter station of Trieste, but all attempts to do so have failed so far. The "Bora" is the natural enemy. A splendid view is obtained by ascending the Optschina.

*Bookseller* : Coen's, 608, Al Corso.

*Hotels* : The *Hotel de la Ville* is a first-class house, well situated on the sea. Large bathing establishment, with fresh and salt water baths ; moderate prices. F. Rosslacher, proprietor.

**Trillo.**—Spain, Province of Guadalupe.

Ferruginous nitrogen, saline, and sulphurous waters, 55° to 75° F.

*Special indications* : Arthritis, scrofula.

A very complete balneal establishment. The situation is fine. Good gardens and well kept promenades on the banks of the Tajo.

An hospital for the poor.

A well-frequented station.

**Tritoli.**—Italy, near the ruins of Cumæ, Bay of Naples.

Saline waters, 140° F. ; brine baths.

Used in primitive fashion.



**Trois-Torrens.**—Switzerland, Grisons, near St. Moritz; 2,570 feet above sea level.

Earthy ferruginous waters, 80° F.

The establishment is inadequate.

**Trolière (La.)**—France, Department of Allier, near St. Pardoux.

Effervescing, ferruginous bicarbonate waters, containing more carbonic acid than the waters of St. Pardoux.

**Troutbeck.**—England, Yorkshire, Ilkley, near Leeds.

Hydropathic establishment.

Doctor: Dr. Thomas Scott.

**Trouville-sur-Mer.**—Department of Calvados, near Pont l'Évêque.

Very fashionable and much frequented sea baths; sandy beach.

There is a Kurhaus. The establishment, and everything appertaining to it, is of the best.

Dentist: A. Preterre.

*Hotel:* The *Hôtel de la Roche Noire*, a really splendid house, situated in an unrivalled position, and under new management; has been entirely refurnished. It is the only hotel having a lift. Kitchen and cellar excellent. Ebensperg and Nitz, same proprietors as of *Hotel Splendid*, in Paris.

**Truskowice.**—Austria, Galicia, District of Sambór.

Three cold springs of saline, ferruginous, and sulphate of lime waters; mud baths, whey cure.

*Special indications:* Arthritis, chlorosis, skin diseases.

Fairly arranged establishments. The accommodation is comfortable and the site picturesque.

**Tschawitz.**—Austria, Bohemia, near Kaaden.

Earthy alkaline waters.

There is a small establishment, with good accommodation.

**Tuebingen.**—Germany, Würtemberg.

Earthy alkaline waters.

The establishment is good. There is a university, which is one of the best in South Germany. The situation is very good, and the accommodation ample, comfortable, and moderate in price.

**Tüffer.**—Austria, Styria, station on the railway line from Vienna to Trieste.

• Thermal inert springs, 100° F. Drinkhall.

*Special indications:* Nervous disorders.

The situation is amongst the finest in Styria.

*Season:* Open all the year round.

The Kaiser Franz Josef's baths is one of the best establishments of its kind in Austria. Theod. Gunkel, proprietor.

**Tunbridge Wells.**—England, Kent.

Cold ferruginous bicarbonate waters, containing 0·32 gr. of protoxide of iron.

Climate bracing and healthy.

*Season* : June—September.

*Special indications* : Anæmia, chlorosis.

Hydropathic establishment at Bishop's Down Grove.

Excellent arrangements.

*Doctors* : Drs. Barry, Wardell, and Rix.

*Hotels* : The Calverley, The Castle.

**Tunis.**—Africa.

The regency of Tunis has several thermal springs, which are in great repute with the natives.

**Tür.**—Austria-Hungary, Transylvania, near Blasendorf.

Bitter waters. Exported.

A difficult place to reach.

The town is situated in a plain, and owing to flooding of the rivers, is sometimes inaccessible for weeks. Bathing arrangements old-fashioned.

**Tusnád.**—Austria-Hungary, Transylvania, near Kronstadt.

Saline ferruginous waters ; climatic station.

The town is surrounded by very extensive pine forests. The climatic conditions are most favourable, and the establishment good.

**Tuy.**—See Caldas de Tuy.**Twer.**—Russia, capital of the Government of the same name on the Tmak.

Ferruginous waters. Exported.

The arrangements are primitive, and the waters are used only by the surrounding inhabitants.

**Tynemouth.**—England, Northumberland, at the mouth of the Tyne, on the North Sea.

Cold ferruginous waters and sea baths ; fine sandy beach.

Climate very mild.

*Season* : June—September.

*Doctors* : Drs. Bramwell and Gibbson.

*Hotel* : The Bath.

**Ueberkingen.**—Germany, Württemberg, near Ulm.

Cold effervescing alkali-saline and ferruginous waters.

*Special indications* : Atony, catarrh of the respiratory organs, anæmia, rhachitis.

Pretty good establishment and accommodation. The situation is charming and scenery romantic.

**Ueberlingen.**—Germany, Baden, near Schaffhausen ; 1,233 feet above the sea level, on the north-west shore of the Lake of Constance.

Effervescent ferruginous waters, bathing in the lake ; mild climate.

The establishment is good, and affords comfortable accommodation. The situation is very charming, and the excursions numerous and varied.

**Ugod.**—Hungary, comitat of Veszprém, near Pápa.

Earthy-saline ferruginous waters.

*Special indications:* Uterine affections and vesical disorders.

The establishment is antiquated ; situation charming ; accommodation indifferent.

**Uhlmühle.**—Germany, Hanover.

Cold ferruginous waters.

**Uleaborg.**—Russia, Finland.

Hydromineral station.

Sea baths in the Bay of Bothnia.

**Ullersdorff.**—Austria, Moravia, district of Ollmütz, near Hohenstadt.

Sulphurous waters, 75° F. Whey cure and climatic station.

The situation is romantic, and the surrounding country very mountainous. The establishments and accommodation are good.

**Ullswater.**—England, Westmorland, in the Lake District,

Hydropathic establishment, and summer holiday resort.

*Doctor :* Dr. MacNalty.

**Undary.**—Russia, Government of Simbirsk.

Effervescent ferruginous waters.

The arrangements are most primitive, and the water is used only in the immediate neighbourhood.

**Unterbad.**—Switzerland, Canton of Appenzell, on the Sitter ; 2,130 feet above sea level.

Earthy alkaline waters ; whey cure.

The situation is pretty, but the establishment leaves room for improvement.

**Unterhallau.**—Switzerland, near Schaffhausen ; 1,530 feet above sea level.

Sulphurous waters.

The bathing establishment is old fashioned, and the accommodation not good.

**Unter-Micsinye.**—Austria-Hungary, near Neusohl.

Earthy ferruginous waters ; exported.

The arrangements are intended only to facilitate exportation.

**Unterseen.**—Switzerland, Canton Berne.

Whey cure station.

**Upton.**—England, on the south coast.

Sea baths, and sandy beach, with very mild climate and sheltered position.

**Urbalacone.**—France, Corsica, near Ajaccio.

Sulphurous arsenical waters, 90° F.

*Special indications* : Phthisis of the larynx, skin diseases.

**Urberoaga de Alzola.**—Spain, Province of Guipuzcoa.

Bicarbonate of lime waters, 75° F.

*Special indications* : Affections of the uterus and urinary organs.

**Urberaga de Ubilla.**—Spain, Biscaya, near Villa de Marquina.

Sulphurous alkaline waters, 82° F. Sitz, steam, shower, and spray baths. Inhalations.

*Special indications* : Catarrh and other affections of the mucous membranes, laryngitis, pharyngitis.

The establishment is elegant and the accommodation comfortable and moderate in price. Scenery picturesque.

*Doctor* : Dr. Jimenez de Pedro.

**Uriage.**—France, Department of Isère, near Grenoble ; 1,250 feet above sea level. For routes see table.

Saline sulphurous waters, 81° F. There is also a muriatic ferruginous spring.

The former, the important water of the place, contains 7 grammes of chloride of sodium, and 0·0113 grammes hydro-sulphuric acid per litre. The waters likewise contain a considerable quantity of lime, soda and magnesia, with an appreciable percentage of arsenic.

*Season* : From 15th May till 15th October.

The thermal establishment, situated in one of the most picturesque valleys of the Dauphinese Alps, 400 m. above sea level, is one of the best in Europe, and can accommodate 2,000 bathers at a time; from 60,000 to 70,000 baths or douches are administered here annually. Taken to the amount of from three to six glasses per diem, the water acts as a purgative ; in from one to two glasses, it is alterative, and stimulates the digestive functions ; used externally in baths, douches, &c., it acts as a tonic and reconstituent ; in the form of spray it is frequently used with great success in chronic affections, espe-

cially those of the eyelids (blepharitis), of the pharynx (granular pharyngitis), and of the face (eczema, acne, &c.).

The *special indications* for the use of the waters are very numerous. They are employed with great success in scrofula and its various manifestations, especially in children; in chronic affections of the skin, notably eczema, impetigo, acne, &c.; in chronic rheumatism, in nervous affections, in convalescence after severe illnesses, long nursing, and in various pathological conditions resulting from anæmia and debility. Their efficacy has also been undeniably established in a certain class of cases which are met with chiefly among young girls. With such it is often necessary to encourage or regulate the menstrual functions. At the period of the menopause in elderly persons they are also highly beneficial, especially in cases where derivative action is desirable in order to prevent cutaneous or other localisations of disease, which either the family history or an acquired taint, render probable. In cases where consumption has commenced, they often arrest the progress of the disease, by modifying the whole system; also in constitutional syphilis, and especially in its tertiary and more inveterate forms they constitute an active auxiliary to mercurial treatment.

The baths are situated in the midst of a large and magnificent park. Ample accommodation may be found in the hotels and furnished villas. Milk and whey cure.

The walks and excursions are numerous, and the scenery most picturesque. Concerts every day; balls every Thursday and Sunday. Theatre; Casino.

Post and Telegraph. English Church. Carriages, horses and mules for excursions.

*Doctors* : Drs. Doyou (medical inspector of the baths) and Tenlon-Valio.

*Hotels* : Are all under the supervision of the Bath Committee.

Information from the Director of the Establishment free of charge.

**Urnäschén.**—Switzerland, Canton of Appenzell; 2,514 feet above sea-level.

Alkaline earthy waters; whey cure.

The site is romantic and the establishment fairly good.

**Ussat.**—France, Department of Ariège, near Foix; 1,300 feet above sea-level. For routes see table.

Saline and sulphurous waters, 80° to 100° F.

*Special indications* : Affections of the uterus, with a neuro-pathic tendency; neuroses.

The scenery is mountainous, the establishment very good, and the accommodation abundant and comfortable.

**Usson.**—France, Department of Ariège.

Sulphate of soda waters, 50° to 75° F.

**Ustrom.**—Austria, Silesia, near Teschen.

Hydropathic and whey cure station.

The establishment is thorough, and the accommodation comfortable.

**Utzer.**—Russia, Caucasus, near Kutais.

Effervescent ferruginous waters.

The arrangements are very incomplete.

**Vacia-Madrid.**—Spain, near Madrid, on the borders of the Tarama.

Purgative waters.

**Vaisse.**—France, Department of Allier, near the thermal establishment of Vichy.

Composition of the waters similar to that of Vichy; they are more effervescing.

**Val-André (Le).**—France, Department of Cotes-du-Nord, *vid* Lamballe.

Sea baths; sandy beach.

**Valdieri.**—Italy, Piedmont, Province of Coni; 4,100 feet above sea-level.

Several hyperthermal sulphate of soda springs, 180° F.

*Special indications:* Skin diseases, rheumatism, old sores, ulcers.

The establishment is incomplete, the site mountainous, but the climate rather humid. The garden and parks are extensive. Accommodation good and moderate in price.

**Valdorf.**—Germany, Westphalia.

Cold sulphate of lime waters.

**Valencia.**—Spain, capital of Province of the same name, on the Guadalquivir, about one mile from the Mediterranean.

Winter station and sea baths. The beach is sandy.

As a sea bathing station Valencia is one of the most important in Spain.

As a winter station, owing to the marshes in the vicinity, it is less frequented than its climate merits. Opinions vary, however, considerably as to this. The sky is almost always clear, the rainy days amounting to only 38 in the year. The mean winter temperature is 57° F., and never falls below freezing point. There is a heavy dewfall in the evening; snow is extremely rare. Relative humidity of the air, 66%. The drinking water contains a good deal of lime, as on the Riviera. Season for sea baths, the autumn months. Drainage comparatively good, being aided by the river.

*Doctor:* Dr. Serrano.

*Hotels:* *De la Ciudad de Madrid.*

**Valenza.**—Italy, Piedmont, Province of Alexandria.  
Sulphurous iodurated waters.

**Valle de la Cueva.**—Spain, Province of Madrid.  
Cold sulphate of soda waters; nine grammes of sulphate of sodium.

**Vals.**—France, Ardèche, near Aubenas.  
Various cold alkaline springs, which may be classed as light, medium, and strong, according to the amount of mineralisation.

Principally used as table waters.

The exportation of Vals water reaches several million bottles a year.

*Special indications:* Gravel, liver complaints, and disorders of the spleen.

*Doctor:* Dr. Charvet.

**Vals.**—Switzerland, Grisons, near Peiden; 2,450 feet above sea level.  
Ferruginous waters, 70° F.; very little used.

**Varennnes.**—France, Department of Maine and Loire, near Angers.  
Ferruginous arsenical waters.

**Várgéde.**—Austria-Hungary, comitat of Gómör.  
Effervescent ferruginous waters, 45° F.  
The establishment is an old-fashioned one.

**Vaugnières.**—France, Department of Drôme, Arrondissement of Die.  
Mixed bicarbonate of iron, and iodurated waters.

**Vaxholm.**—Sweden, near Stockholm.  
Sea baths, with sandy beach.  
A favourite resort with the inhabitants of Stockholm.

**Veierbach.**—Germany, Baden, near Offenburg.  
Cold ferruginous bicarbonate waters.  
Establishment very incomplete.

**Veldes.**—Austria, Carinthia.  
Climatic station; hydropathic establishment, with whey cure.

The establishment is new and thoroughly well fitted up.

The cure consists chiefly in the influence of sun and air on the skin, the whole body being uncovered during the time in which a patient is undergoing treatment; patients walk in the park more lightly clad than even in a Turkish bath. The site

is charming and quiet; the air pure and healthy. Good fishing and hunting.

*Doctor* : Dr. Germonik.

*Hotel* : Mallner's.

**Vellebro** (Acqua di).—Italy, Province of Bari, stop at Fasano, between Foggia and Brindisi.

Earthy alkaline waters.

*Special indications* : Constipation, hepatic complaints, vesical calculus and gravel.

Primitive establishments, with inadequate accommodation.

**Velleminfroy**.—France, Department of Haute Saône, near Vesoul, station of Creveney.

Cold sulphate of lime and magnesian waters; two grammes of mineralisation.

*Special indications* : Affections of the uterus and bladder.

**Velleron**.—France, Department of Vaucluse, near Carpentras.

Bicarbonate of soda water.

**Velmont**.—France, Department of Seine Inférieure, near Fecamp.

Cold ferruginous waters.

**Venafro**.—Italy, Province of Naples, near Teano, on the Volturno.

Saline waters. Exported. Only used in the locality as drinking waters. The arrangements are very imperfect.

**Venice**.—Italy, Province of Venetia, a seaport on the Adriatic.

Sea baths and winter station; sedative climate.

The mean winter temperature is 45° F. The climate is somewhat variable, and windy days are frequent. Mean barometric pressure, 760·07 m/m., with daily changes ranging from 2·23 m/m; mean relative humidity of the air, 75½ %; 50 rainy and snowy (five of latter) days during season are recorded. Fogs are very rare. The climate of Venice may thus be said to assimilate somewhat to that of Pau and Pisa, but chiefly as regards atmospheric moisture. The drinking water is rather bad.

The most favoured and most sheltered quarters are the Riva and the Zattere. Here patients can enjoy outdoor exercise without being obliged to hire a gondola. The choice of an apartment, &c., should, however, always depend on the advice of a resident medical man.

*English Church* : Palazzo Contarini San Trovaso.

*Optician and Photographs* : Carlo Ponti, 52, Place St. Marco.

*Chemist* : Zampironi, St. Moisé.

*Bookseller* : Münster, Piazza San Marco.

*Bankers* : S. & A. Blumenthal & Co., on the Traghetto.



*Doctors* : Drs. Kurz, Keppler, Lewi and Minich.

*Hotels* : The *Hôtel de l'Europe*, a first-class hotel, situated in the best position on the Grand Canal; large and small apartments for families. Marseille, proprietor.

The *Hôtel d'Angleterre*, situated full south on the Quay des Esclavons, near St. Mark's Square. Reduced prices for a prolonged winter stay. Modest and comfortable. F. Venturini, proprietor.

**Ventnor.**—England, Isle of Wight.

Sea baths; sandy and pebbly beach; climate mild and steady.

Very fashionable.

*Seasons* : June—September, and November—February.

*Doctor* : Dr. Bell.

*Hôtel* : The Royal.

**Vernet (Le).**—France, Department of Pyrénées Orientales, near Prades; 1,900 feet above sea level.

Mountain air cure, and winter station.

Sulphurous saline waters, 45° to 140° F.

Eleven springs, two establishments.

*Special indications* : Rheumatism, scrofula, syphilis and pulmonary affections.

The establishments are elegant, and the accommodation comfortable. The situation is charming, and the park and gardens extensive.

**Verrazano.**—Italy, Tuscany, valley of the Teverino.

Effervescent alkaline waters, 50° F. Little used.

**Vescovo** (Bagno del).—Italy, near Grosseto, Val d'Ombrone.

Bitter waters, slightly mineralised, 70° F.

There is a small and incomplete establishment.

**Vetzel.**—Austria-Hungary, Transylvania, Valley of Kalamar.

Alkaline waters, 50° F.

There are no arrangements to accommodate visitors.

**Veules.**—France, Department of Seine Inférieure, near St. Valéry.

Sea baths; sandy beach.

**Veulettes.**—France, near Dieppe.

Sea baths; sandy beach. Air bracing.

*Season* : July—October.

Residence here is quiet.

**Vevey.**—Switzerland, Canton Valais, on the Lake Leman.

Air cure station.

*Bookseller* : B. Benda.

*Doctor* : Dr. Murret.

**Veytaux.**—Switzerland, on the north-east shore of Lake Lemman, near Montreux.

Climatic station; visited chiefly as a station of call.

*Season* : Spring and Autumn.

The climate is very mild, and the situation picturesque and sheltered.

**Vialla.**—Italy, Tuscany, near Firenzuola.

Sulphurous waters, 40° F.

The establishment is incomplete.

**Viareggio.**—Italy, between Spezia and Leghorn.

Sea baths; sandy beach; climate very mild.

*Season* : August—October.

Coming into favour as a winter station, though rather foggy.

*Doctor* : Dr. Hirschl.

*Hotel* : *De la Grande Bretagne*.

**Vicarello.**—Italy, near Rome.

Alkali-saline waters, 112° F.

These waters are supposed to be the Apollinaris waters of the ancient Romans. Poor arrangements, and very much neglected.

**Vicarsbridge.**—Scotland, near Dollar.

Sulphate of iron waters.

Some of the richest iron waters known.

**Vichy.**—France, Department of Allier. For routes see table.

Several bicarbonate of soda alkaline springs, ranging from 35° to 105° F.

Three of the springs are ferruginous. Vichy may be taken the type of alkaline waters generally. Any disease due to excess of acidity may be benefited by waters such as those of Vichy.

*Special indications* : Dyspepsia, splenic and hepatic disorders, uric acid diathesis, catarrh of the urinary organs, diabetes.

Vichy has been well called "the Queen of thermal watering places;" it is visited by as many as 40,000 persons yearly.

*Bookseller* : Vve. Berne, Rue Sornin Gagnière.

*Doctors* : Drs. Durand-Fardel, Souligoux and Nicolas (Rue de Nîmes).

*Hotels* : The *Hôtel Mombrun and du Casino*, first-class house, situated in the park, facing the casino and baths. M. Giboin, proprietor.

**Vic-le-Comte.**—France, Puy du Dôme, near Isoire.

Ferruginous waters.

Used only in the immediate neighbourhood as table waters.

**Vicoigne.**—France, Department of Nord.

Cold sulphate of sodium waters.

**Vic-sur-Cer.**—France, Department of Cantal, near Aurillac.  
Bicarbonate of iron waters.  
*Doctor* : Dr. Soubeyran.

**Victoire.**—Italy, near Aosta, Val d'Entrèves ; 3,800 feet above sea level.  
Effervescent ferruginous waters.  
Very mild climate.  
• The arrangements are not satisfactory.

**Victoria Spa.**—England, Warwickshire.  
Sulphate of sodium waters.  
*Special indications* : Rheumatism, dyspepsia, liver complaints.

**Vidago.**—Portugal, near Oporto.  
Alkali-saline and ferruginous waters.  
*Season* : September–November.  
The establishments and arrangements generally are modern, and provided with all the latest and most scientific improvements. Trout fishing can be had. The situation is picturesque, and residence pleasant.

**Vignale.**—Italy, Piedmont.  
Cold saline sulphurous waters.

**Vignolles.**—France, Department of Vienne.  
Cold saline waters.

**Vignone.**—Italy, Tuscany, Siena, near San Quirico.  
Ferruginous alkaline waters, 100° F. Natural steam baths.  
The establishments are good, as is also the accommodation.  
Vegetation luxurious, and situation charming.

**Vihnye.**—Austria-Hungary, near Schemnitz.  
Earthy, ferruginous effervescent waters, 100° F. Climatic station in summer. Very mild climate.  
The establishment might easily be improved. Accommodation indifferent. The situation is fine and well sheltered. Vegetation luxurious. An extensive park has recently been laid out.

**Villacarillo.**—Spain, Province of Jaen.  
Sulphurous waters, 30° to 45° F.

**Villa delle Caselle.**—Italy, near Arezzo.  
Alkaline waters, 55° F.  
There is nothing here except the spring.

• **Villa d'Este.**—Italy, Lake of Como, near Cernobbio.  
Hydropathic establishments ; arranged to admit a limited number of indoor patients.

**Villafafila.**—Spain, Province of Zamora.

Nitrate of potash to the extent of 1·80 gr. is found in these waters.

**Villatoya.**—Spain, Province of Albacete.

Alkaline waters, 70° F.

*Special indications:* Rheumatism; one spring is used in cases of parasitical affections.

**Villavieja de Nules.**—Spain, Province of Castellon de la Plana, six hours from Valencia.

Sulphate of magnesia waters, 75° to 110° F.

*Special indications:* Rheumatism.

A well-frequented and well-appointed bathing establishment.

**Villefranche.**—France, Department of Alpes Maritimes.

Sea baths and winter station; little frequented, but in a very sheltered position.

The temperature is in the mean 5° higher in winter than at Nice and Cannes.

**Villefranche.**—France, Department of Aveyron.

Alkaline waters, 27° F.

**Villeneuve.**—Switzerland, Canton Vaud, on the Lake of Geneva, seven miles from Vevey, near the Castle of Chillon.

Climatic station.

*Season:* All the year round.

*English Church:* Service at the Hôtel Byron.

*Hotel:* The *Hôtel Byron*, splendidly situated on the hills, is a first-class house with a fine garden and extensive farm connected with it. Here Byron composed his "Prisoner of Chillon."

**Villers-sur-Mer.**—France, near Trouville.

Sea baths; fine sandy beach. Climate bracing.

*Season:* May—September.

**Villerville.**—France, near Deauville.

Sea baths; fine sandy beach. Climate bracing.

*Season:* May—September.

The scenery is picturesque, and the place is rising rapidly in public favour.

**Vilsbiburg.**—Germany, Bavaria.

Bicarbonate of lime waters. There is a small bathing establishment with good accommodation.

**Vinadio.**—Italy, Piedmont, near Coni.

Saline and sulphurous waters, 40° to 150° F. Diuretic and purgative action. In baths they are very invigorating and tonic.

*Special indications* : Rheumatism, and vesical disorders.

A good establishment. The accommodation is comfortable ; the society very select.

**Vinca.**—France, Department of Pyrénées Orientales, on the railway from Perpignan to Prades.

Saline sulphurous waters, 55° F.

*Special indications* : Rheumatism and skin diseases.

The establishment is good, and the situation picturesque.

**Vippach-Edelhausen.**—Germany, Saxe-Weimar, near Weimar.

Saline waters.

There is an establishment, but little has been done to develop the resources of the place.

**Visibachbad.**—Switzerland, between Schaffhausen and Baden.

Inert waters, 45° F.

The site is fine. There is a small establishment.

**Visk.**—Hungary, comitat of Marmarós, near Fecső.

Ferruginous bicarbonate of soda waters.

*Special indications* : Gravel, dyspepsia.

The site is romantic, and the establishment excellent. Much frequented.

**Visone.**—Italy, district of Rivalto d'Acqui.

Sulphurous waters, 60° to 75° F.

The site is unhealthy, and the establishment old-fashioned.

**Visos.**—France, Department of Hautes Pyrénées.

Sulphate of lime waters.

*Special indications* : Old sores and wounds.

**Visp or Viège.**—Switzerland, Canton Valais, railway station, 3 miles from Brigue ; 29 from St. Maurice.

Summer station and holiday resort, and a point of departure for Zermatt, Saasfee, and numerous other excursions and passes.

The *Hôtel de la Poste* will be found a well-appointed and very comfortable house. Lagger and Stampfer, also proprietors of *Hotel and Pension du Dome*, at Saasfee.

**Viterbo.**—Italy, Province of Rome.

Sulphurous thermal waters, 145° F., and cold ferruginous waters.

*Special indications* : Rheumatism, skin diseases, and syphilis.

**Vitry-sur-Marne.**—France, Department of Marne.

Ferruginous waters.

**Vittel.**—France, Vosges. For routes see table.

Alkaline ferruginous waters, 30° F.

Laxative action.

*Special indications* : Dyspepsia, vesical disorders, gout, gravel.

Well-appointed establishment.

*Doctor* : Dr. Bouloumié.

**Vizella.**—Portugal, Province of Minho, five miles from Guimaraes.

Chalybeate and sulphurous waters, 110° F.

*Season* : June–September.

*Special indications* : Skin diseases, gout, scrofula, rheumatism, old sores.

The establishment is situated in an extensive park, and is well arranged, and the town is held in much favour. The scenery is grand.

**Voltaggio.**—Italy, Province of Nori, on the Morcione.

Sulphurous waters, 70° F.

Formerly very celebrated, and much visited.

**Volterra.**—Italy, Tuscany, valley of the Cecina.

Saline waters and brine baths.

The establishment is incomplete and the situation barren.

**Voltri.**—Italy, on the Riviera di Ponente.

Sulphurous waters, 70° F. Little used.

**Vonitza.**—Greece, Arcania.

Saline waters, 90° F.

There is no accommodation, and the country around being flat and swampy, the place is little visited.

**Vöslau.**—Austria, Province of Lower Austria, one hour from Vienna by rail. From Paris by E. o. F., *via* Strasbourg, Kehl, Stuttgart, Munich, Vienna, 27½ hours, 172·95 fcs., 1st class. An express train brings travellers from Paris to Vöslau in 27 hours. 700 feet above sea-level.

Indifferent waters 75° F.; cold and warm baths; whey and grape cure; climatic station; hydropathic establishment.

*Season* : 15th May–30th September; grape cure, September and October.

*Special indications* : Female affections; hysteria, nervous complaints, anæmia, disorders of the lower intestines, convalescence after prolonged illness.

The annual list of strangers shows over 4,000 visitors.

Vöslau is a very favourite spot with the Viennese (who are not included in the above number), on account of its remarkably pure and healthy air, and charming situation on the vine-clad slopes of the Vienna forest. The waters of its springs belong

to the class of "Acrato Thermae," and the following analysis shows the ingredients contained in 10,000 parts :—

Carbonic acid.....	2·579	Sulphate of lime ...	1·389
Silicic acid .....	0·112	Strontium .....	traces
Sulphuric acid .....	1·336	Sulphate of magnesia	0·651
Chlorine .....	0·147	Potassium .....	0·048
Phosphate of lime...	0·002	Sodium .....	0·154
Oxyde of Iron .....	0·003	Organic substances	0·359

The bathing appliances consist of three large swimming baths, with douches and shower baths, open alternately to ladies and gentlemen. Warm and tepid waters are supplied in wooden and deep earthenware baths. Brine, resinous and extract of pine-cone baths are likewise to be had.

The characteristics of Vöslau as a "climatic station" are a charming, healthy and picturesque situation on the well drained borders of the "Viennese Forest," extensive pine woods by which, so to say, the town is surrounded, and last, but not least, vine-clad hills. From these latter comes its celebrated grape cure in autumn.

The **Curhaus** contains large concert rooms, billiard, card and reading rooms; balls and private theatricals are also given. The orchestra plays three times daily—in the morning at the baths, and in the afternoon and evening in front of the Curhaus.

The environs of Vöslau are noted for their attractive walks and drives. The forest begins, so to speak, in the very town, and is intersected by innumerable walks, roads and paths. In fact everything is arranged in such a way as to make a sojourn here as pleasant as possible. The constant return of visitors who have once passed a season here, is the best evidence that the authorities have succeeded in their endeavours to please.

Villas and private apartments to suit all tastes and purses.

*Doctors :* Drs. Venninger, Krischke.

*Hotels :* Hôtel Hallmayer, Back, Comunal, and Tägerhorn.

**Vrécourt.**—France, Department of Vosges.

Sulphate of soda waters.

**Wachenheim.**—Germany, Palatinate.

Grape cure station.

The accommodation is good and moderate in price.

**Wahlberga.**—Sweden, Wermland, near the Lake of Wenner.

Mineral mud baths. Good establishment.

**Waidhaldenbad.**—Switzerland, near Basle and Rheinfelden; 1,340 feet above sea level.

Whey cure station.

The accommodation is good.

**Walby-Brunnen.**—Sweden, near Upsala.

Effervescent alkaline, sulphurous and ferruginous waters.

The establishments are good, and the place much visited.

**Waldbad.**—Germany, Württemberg, near Kloster Weingarten.  
Inert waters.  
There is a small bathing establishment.

**Waldstatt.**—Switzerland, near Appenzell; 2,410 feet above sea level.  
Earthy ferruginous waters.  
The bathing establishment is built of wood, but affords good accommodation.

**Walton-on-the-Naze.**—England, Essex, near Harwich.  
Sea-baths, good beach; climate bracing and healthy.  
*Doctor* : Dr. Hayman.  
*Hotel* : The Albion.

**Wangeroog.**—Germany, Oldenburg, an island in the North Sea.  
Sea-baths, sandy beach; climate bracing and healthy.

**Warasdin-Töplitz** (Kroatic-Toplitz).—*See* Töplika.

**Warmbrunn.**—Germany, Silesia, near Hirschberg; 1,031 feet above sea level.

Sulphate of soda waters, 90° to 100° F.

*Special indications* : Rheumatism, paralysis, and affections of the respiratory organs.

One of the oldest of Silesian bathing places. The scenery is very picturesque, and the gardens, parks, &c., are scrupulously kept.

Establishments efficient and accommodation comfortable.

*Doctors* : Drs. Franz, Herzog and Höhne.

*Hotels* : De Prusse, Thomas, Victoria.

**Warm Springs.**—United States of North America, Arkansas.  
Thermal springs, used against rheumatism by the Indians.

**Warm Springs.**—United States of North America, Georgia.  
Thermal waters, 80° F.  
A well frequented station.

**Warm Springs.**—United States of North America, Virginia.  
Thermal effervescent alkaline waters, containing magnesia and chloride of lime.  
A very well-appointed establishment, and much frequented.

**Warnemünde.**—Germany, Mecklenberg-Schwerin, near Dobberan, on the Baltic sea coast.

Sea baths. Very much frequented; a first-class station.

The establishments and accommodation are excellent and very comfortable.

*Doctor* : Dr. Uterhard.

*Hôtel* : Kurhaus.



**Warnicken.**—Germany, Prussia, on the Baltic.

Sea baths, fine sandy beach.

The situation is very fine and the country around picturesque and romantic, with luxuriant vegetation.

**Warrenspoint.**—Ireland, County Down, near Newry.

Sea baths, pebbly beach; pure and healthy air.

*Season* : June—September.

*Doctor* : Dr. Douglas.

*Hotel* : The Crown.

**Wartenberg.**—Austria, Bohemia, near Königsgrätz.

Hydropathic establishments, climatic station in summer.

The country around is very charming.

The establishments, walks, gardens and parks, are extremely well kept, and residence is very pleasant.

**Wassacherberg.**—Germany, Württemberg; 1,700 feet above sea level.

Effervescent ferruginous waters.

The establishment is thoroughly well fitted up.

**Watchet.**—England, Somersetshire.

Sea baths; poor beach; climate pure and bracing.

*Season* : June—September.

**Wattenweiller.**—Germany, Alsatia, near Belfort.

Bicarbonate of iron waters. Mud baths.

*Special indications* : Chlorosis and anæmia.

**Wattwyl.**—Switzerland, Canton of St. Gall.

A whey cure station.

There is a drink-hall, with a variety of natural mineral waters, which can be mixed with the milk.

**Weggis.**—Switzerland, Lake of Lucerne; 1,350 feet above sea level.

Climatic station; whey cure.

The situation is picturesque and sheltered.

**Weilbach.**—Germany, Nassau. For routes see table.

Sulphurous alkaline iodurated waters.

*Special indications* : Catarrh of the respiratory organs.

A well-appointed bathing establishment.

*Doctor* : Dr. Stift.

*Hotel* : Kurhaus and Dependencies.

**Weissbad.**—Switzerland, Canton of Appenzell; 2,524 feet above sea-level.

Cold bicarbonate of lime waters.

Whey cure; good arrangements; fine situation.

**Weissenburg.**—Switzerland, Canton of Berne, near Thune.

Alkali-saline waters, 50° F. Sedative action.

*Special indications* ; Pulmonary catarrh, chronic bronchitis.

The bathing establishment and the accommodation are good.

**Weissenstein.**—Switzerland, near Solothurn ; 3,950 feet above sea-level.

Whey cure, fine situation, in a picturesque country.

Good accommodation.

**Wells-next-the-Sea.**—England, Norfolk.

Sea baths, good sandy beach.

*Season* : June—September.

*Doctor* : Dr. Fort.

*Hotel* : The Crown.

**Wemyss-Bay, and Skelmorlie.**—Scotland, Renfrewshire.

Hydropathic establishment. Sea baths, good beach.

Climate healthy and air pure.

*Season* : July—September.

*Doctor* : Dr. Wyllie.

**Wenzelsbad.**—Austria, Bohemia, near Tschawitz and Komotau.

Alkali-saline waters, 65° F.

The bathing establishment is good, though small.

**Westerland-Sylt.**—Germany, on the west coast of Schleswig.

Sea baths ; sandy beach with heavy surf.

The establishments are good, accommodation is comfortable and moderate in price.

**Westgate-on-Sea.**—England, Kent.

Sea baths ; firm sandy beach ; bracing air.

*Season* : June—September.

*Doctor* : Dr. Flint.

*Hotel* : Royal.

**Weston-Super-Mare.**—England, Somersetshire, near Bristol.

Sea baths ; bad beach ; pure and bracing air.

*Season* : May—October ; but principally July—September.

*Doctors* : Drs. Martin and Wallis.

*Hotel* : Bath Hotel.

**Westward Ho.**—England, Devonshire, near Northam Burrows.

Sea baths ; sandy beach. Climate bracing, and air pure.

*Season* : June—September.

*Hotel* : The Westward Ho !

**Weymouth.**—England, on the Channel coast, near Portland.

Sea baths, firm sandy beach, with mineral water springs in the neighbourhood.

*Doctors* : Drs. Colmer and Smith.

*Hotel* : Bourdon.

**Whitburn.**—England, Durham, near Sunderland.

Sea-baths; in the environs are several mineral springs; sandy beach; bracing climate.

**Whitby.**—England, Yorkshire.

Sea-baths; level sandy beach; climate bracing.

*Season* : June—September.

*Doctor* : Dr. Hayward.

*Hotel* : The Duke of Cumberland.

**White Sulphur Springs.**—United States, Delaware.

Sulphurous and ferruginous waters.

**White Sulphur Springs.**—United States, Virginia.

Sulphurous waters.

A much frequented station.

Resorted to by invalids, but quite as much by pleasure-seekers.

**Wieliczka.**—Austria, Galicia.

Saline waters, 139 grammes of mineralisation, of which 137 grammes are chloride of sodium; brine baths.

*Special indications* : Scrofula.

The establishment is thoroughly well fitted up.

**Wiesau.**—Germany, Bavaria.

Two effervescing ferruginous springs, analogous to the Pyrmont waters.

**Wiesbaden.**—Germany, Nassau. For routes see table.

Twenty-nine saline springs, 30° to 165° F.

Excitant, resolvent, reconstituent and laxative.

*Special indications* : Lymphatic affections, scrofula, rheumatism, paralysis and impaired digestion.

Much frequented station, offering every comfort.

*Doctors* : Drs. Cohn, Ritter, Ziemssen, Zinkeisen, Velten, Wibel, Alefeld, Albrecht and Huth.

*Hotels* : The Hôtel and Baths de Nassau.

**Wiesbaden.**—Germany, Saxony, near Annaberg.

Bicarbonate of soda waters, 50° F.

*Special indications* : Neuropathic conditions, female diseases, and calculous affections.

*Hotel* : Kurhaus.

**Wiesloch.** Germany, Baden, near Langenbrücken.  
Sulphurous waters, not used.

**Wildbad.**—Germany, Württemberg, near Stuttgart ; 1,335 feet above sea level.

Inert thermal waters, 80° to 95° F.

These are slightly mineralised waters, and resemble those of Gastein and Pfeffers ; they act efficaciously in nervous affections.

Very picturesque neighbourhood.

A very fashionable resort, which offers every comfort and amusement to visitors.

*Doctors :* Drs. Von Reuz and Von Burkhardt.

*Hotel :* The *Belle Vue Hôtel* is a first-class house for families, it has a covered way leading to the bath-house (new). The hotel faces the promenade and is near the English Church. J. Stockinger, proprietor.

**Wildeg.**—Switzerland, Canton of Argau. For routes see table.

Saline iodo-bromurated waters.

*Special indications :* Lymphatic affections and scrofula.

The scenery is very picturesque, the establishments good, and the accommodation comfortable and moderate in price.

**Wildhausbad.**—Switzerland, Canton St. Gall ; 3,430 feet above sea level.

A whey cure station ; sulphurous spring, not used.

The establishment is good.

**Wildungen.**—Germany, Waldeck, near Waldeck and Cassel. For routes see table.

Cold alkaline ferruginous waters.

*Special indications :* Diseases of the genito-urinary organs, and dyspepsia.

Nature and art have made of Wildungen a very charming place, and residence there is very pleasant.

*Doctors :* Drs. Muller, Kruger, Röhrig and Von Lingelsheim.

*Hotels :* Post, Waldeck.

**Wilhelmsbad.**—Germany, Hessen, near Hanau.

Cold chalybeate waters.

*Special indications :* Scrofula, anæmia, female complaints.

**Wilhelmsbad.**—Germany, Saxony, near Aschersleben.

Brine baths.

The establishment is incomplete.

**Wilhelmsbad.**—Germany, Silesia, near Ratibor.

Cold sulphurous waters.

The establishments are good, the accommodation comfortable and moderate in price, and the scenery very picturesque.

**Willoughby.**—England, Warwickshire, near Rugby.  
 Sulphurous and saline waters.  
 Climate healthy.  
*Season* : June September.

**Wimpfen.**—Germany, Hessen-Darmstadt, on the road from Heidelberg to Heilbronn.  
 Saline water, brine baths.  
 The establishment is good, and the scenery picturesque.

**Windermere.**—England, Westmorland, Lake District.  
 Summer air cure station and holiday resort.  
*Doctor* : Dr. Hamilton.

**Windsor Forest.**—England, Berkshire.  
 Sulphate of magnesia and soda effervescing waters; 8 grammes of mineralisation. Laxative action.

**Winterbach.**—Germany, Württemberg, near Stuttgart; 700 feet above sea level.  
 Sulphurous waters.  
 The establishment is good, the accommodation abundant and comfortable, and the scenery charming.

**Wipfeld.**—Germany, Bavaria, near Kissingen.  
 Cold sulphate of lime waters; mud baths.  
 The establishment is sufficiently good.

**Withernsea.**—England, Yorkshire, near Seathorne.  
 Sea baths; shingly beach; climate bracing.  
*Season* : July—September.  
*Hotel* : The *Queen's*.

**Wittekind.**—Germany, Prussian Province of Saxony, near Halle.  
 Brine baths, Russian and sulphurous baths.  
 The establishment is thoroughly well fitted up, and is very comfortable and elegant. The gardens are very beautiful and admirably laid out. The situation is charming.  
 There is a Casino, with assembly, concert, ball, and reading rooms.

**Wolfach.**—Germany, Baden, in the valley of the Kinzig; 875 feet above sea level.  
 Cold ferruginous waters.  
 Wolfach is better known for its pine-cone sap baths and resinous inhalations, than for its ferruginous spring.

**Wolfs.**—Austria-Hungary, near Oedenburg, on the Lake of Neusiedel.  
 Earthy alkaline sulphurous waters.  
 The establishment might be much improved.

**Wolfsegg.**—Austria, near Linz.

Alkaline waters.

The establishment is old fashioned.

**Woodhall.**—England, 3 hours from London, and 1 hour from Lincoln.

Cold saline bromo-iodurated waters.

An imperfectly arranged establishment; in a flat country.

**Wörth.**—Germany, Bavaria, near Regensburg.

Effervescent ferruginous waters.

No establishment and very imperfect appliances.

**Worthing.**—England, Sussex, near Brighton.

Sea baths; hard sandy beach. Climate mild.

*Season* : July—October.

*Doctors* : Drs. Collet and Smith.

*Hotel* : Egremont Hôtel.

**Wyk.**—On the Island of Föhr, in the Baltic, steamboat from Husum.

Sea baths, much frequented, sandy beach; climate mild.

The bathing arrangements are very good.

*Doctors* : Drs. Gerber and Hitscher.

*Hotels* : Kurhaus, Redlefsen.

**Yarmouth.**—England, Norfolk.

Sea baths.

**Yeuzet.**—France, Department of Gard.

Sulphurous waters.

The establishment is good.

**Yverdon.**—Switzerland, Canton of Vaud.

Mixed bicarbonate waters, 55° F.

*Special indications* : Affections of the pulmonary and vesical mucous membranes.

Very agreeably situated, salubrious climate and well organised bathing establishment.

**Yypport.**—France, Department of Seine Inférieure, *vis-à-vis* Fécamp.

Sea baths, sandy beach.

**Zafarana.**—Italy, Sicily, at the foot of Ætna.

Effervescent ferruginous waters.

No arrangements.

**Zagwera.**—Russia, Caucasus, near Borschom.

Alkaline ferruginous waters. Exported.

No establishment; owing to insufficient means of communication the place is not visited.

**Zaisenhausen.**—Germany, Baden, near Carlsruhe.

Cold sulphate of lime waters, with slightly laxative action.  
Establishment incomplete.

**Zajzon.**—Austria, Transylvania, near Kronstadt; 1,790 feet above sea level.

Ferruginous iodurated waters. Good accommodation. Very changeable climate.

The establishments are ample and much frequented.

**Zaldivar.**—Spain, Province of Biscaya.

Sulphate of lime waters, 50° F.

*Special indications:* Skin diseases.

**Zandvoort.**—Holland, near Haarlem.

Sea baths, sandy beach, climate bracing.

The arrangements are good. Accommodation abundant and comfortable, but rather dear.

**Zante.**—Greece, Ionian Islands, near Chieri.

Possesses a sulphurous and saline spring, which contains petroleum and bitumen.

**Zavelstein.**—Germany, Baden, near Teinach; 1,800 feet above sea level.

A whey cure station; well appointed.

**Zea.**—Greece, island in the Archipelago.

Alkaline waters; used in primitive fashion.

**Zerbst.**—Germany, Saxe-Anhalt.

Effervescent ferruginous waters.

The establishments are good.

**Zermatt.**—Switzerland, Canton Valais; 5,315 feet above sea level. Visp railway station 3 miles from Brigue, 9 miles from St. Maurice.

Climatic station; with bracing climate.

The scenery is very grand. The place is secluded, but is a good centre for excursions. Zermatt is reached in 7 hours from Visp, mule path and carriage included, the first 3½ hours are by mule to St. Nicolas.

Mr. Seiler, proprietor of the following hotels, is unceasing in his endeavours to render every assistance to all who visit the locality.

*Hotel Cervin*, 180 rooms, first hotel on entering Zermatt.

*Hotel Monte Rosa*, 70 rooms.

*Hotel Zermatt*, 130 rooms.

At the Riffel Alp, 2½ hours distant, is another hotel, with 150 rooms. For all information, address Mr. A. Seiler.

- Zinnowitz.**—Germany, on the island of Usedom in the Baltic.  
Very fashionable and much-frequented sea bathing station.  
*Doctor* : Dr. Sachse.  
*Hotel* : *Belvedere*.
- Zittau.**—Germany, Saxony, Oberlausitz.  
Pine-cone sap and resinous vapour baths.  
The establishment is thorough and the situation romantic.
- Zögg.**—Austria, Tyrol, valley of Passeyer.  
Effervescent ferruginous waters.  
*Special indications* : Gout, chronic nervous disorders, chronic skin diseases.
- Zoppot.**—Germany, near Danzig, on the Baltic.  
Sea baths, much frequented by Germans and Poles.  
There is a thoroughly well-appointed establishment.  
*Doctor* : Dr. Benzler.  
*Hotels* : *Kurhaus, Schulz*.
- Zovány.**—Austria-Hungary, Transylvania, near Szilagy-Sombyó.  
Ferruginous waters.  
*Special indications* : Chronic catarrh, blenorrhœa, disorders of the uterus, and chronic sores.  
The establishment is out of date.
- Zujar.**—Spain, Province of Granada.  
Thermal sulphate of lime springs, 100° F.  
The establishment contains tanks and sweating rooms, but is much neglected.
- Zürich.**—Switzerland ; 1,280 feet above sea level.  
Earthy alkaline waters.  
There are three establishments, all equally good—the Rösli baths, the Drahtschmidli baths, and Sulphur baths.
- Zwieselsalpe.**—Austria, near Abtenau, on the Lammer.  
Bitter waters. Exported.  
The situation is charming. The establishments are very good, and the accommodation comfortable and abundant.
- Zwolle.**—Holland, on the Zuider Zee.  
Sea baths, sandy beach ; the waters are considerably poorer in brine than those of the North Sea.





## STATIONS OF IMPORTANCE

AT WHICH

VISITORS ARE LIKELY TO STOP EN ROUTE.

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**Amsterdam.**—The former capital of Holland. From London by steamer, *via* Harwich.

On the Amstel, a branch of the Y, an inlet of the Zuider Zee. The town is built upon piles driven through from 50 to 60 ft. of peat and sand, and is protected by dykes. The numerous canals, passing between 95 islands, are spanned by nearly 300 bridges. The finest of these is the Hoogsluis, which is 610 ft. long.

**PLACES OF INTEREST.** Vondel's Park, New Museum, Crystal Palace, which was intended as an Hôtel de Ville; marble sculptures inside; Van den Hoop gallery of paintings; National Gallery in the Trippenhuis; Zoological Gardens; Fodor museum and Van Six gallery; Antiquarian Society's museum; nearly sixty Churches and Chapels of all denominations.

Docks and Royal Naval Wharf; Naval Academy; Koster's diamond cutting establishment; Wynand Focking's Factory for curaçoa and other liquors. Opera house. Post-office.

*Doctors:* Drs. Davids and Metzger.

*Hotel:* *Amstel Hotel.*

**Barcelona.**—Spain, capital of Province of same name, formerly of Catalonia. By Orleans and South of France Railway, by way of Toulouse and Cete.

**OBJECTS OF INTEREST.**—Barcelona is the second largest city in Spain, and the first commercially. It contains several well-arranged libraries and collections of natural history and antiquities. Opera house.

Cathedral, Churches of Sta. Maria del Mar and del Pino, Lonja, Deputacion, Casa Gralla, and Dusay.

The Rambla and Paseo de Gracia are the Hyde Park and Rotten Row of Barcelona, from 2 to 5 p.m. daily. Tivoly and

Campos Eliseos. Bull-fights, Casino. Gran cafe, and Cafe de las siete puertas.

Cars : one horse up to midnight, 4 reales ; two, 6 reales ; one horse, midnight to dawn, 6 reales ; and two horses, 9 reales. By the hour, the former 8 to 10 reales ; the latter, 10 to 15 reales. Every quarter of an hour is extra.

Many excursions in the country on horseback, mules, carriages, &c.

Post-office : Rambla de la Sta. Mónica.

Telegraph office : Plaza de Palacio.

Doctor : Dr. Roberts, Calle Cristina, 8.

Hotels : *De las cuatro Naciones, del Oriente.*

**Basle.**—Switzerland, on the Rhine, from Paris by East of France Railway, *via* Mulhouse, or by North of France Railway to Cologne, and *via* Coblenz, Mayence, and Strasburg.

Native town of Holbein the painter. Cathedral founded A.D. 1010. Byzantine church of St. Elizabeth. Museum ; Town Hall, Fountain, and Fish-market. Training institution for Protestant missionaries. Very fine excursions in the environs. Circulating library.

Visitors to Basle, who desire a good *Restaurant* for breakfasts and dinners, with the national dishes of all countries, cannot do better than try the *Hôtel Central*, near the port. Notice should be given a few hours in advance for any special dishes. Address : E. Gnoepff, proprietor, *ex chef* of H.I.M. the Empress of Austria.

Doctors : Drs. De Wette and Bruckner.

Hotels : The *Hôtel Hofer*, near the Swiss railway station, is a small and very comfortable clean house ; prices moderate ; no omnibus required. C. Hofer, proprietor.

**Berlin.**—Capital of Germany and Prussia, from Paris by North of France Railway, *via* Lehrte, Hanover, or Cologne Minden.

One of the largest and handsomest cities in Europe. Garrisoned by 20,000 soldiers, all guardsmen. The river Spree is crossed by more than fifty bridges. Principal street, Unter den Linden. Some very fine palaces.

OBJECTS OF INTEREST. -Brandenburg gate. Equestrian statue of Frederick the Great by Rauch. Palaces of the Emperor. Crown Prince, and Queen of Holland. Academy of Fine Arts. Opera-house, Arsenal, Academy of Engineers and Artillery. Schauspielhaus, Victoria, Wallner, and Woltersdorf Theatre. Kroll's establishments, Orpheum, Colosseum. Royal museum of pictures, New Museum, National Gallery and Historical Museum, Royal Palace and Royal Library, Raszynsky's Picture Gallery, Exposition of Artists ; Zoological and Botanical Garden ; Exchange and Town Hall, Parliament Buildings. Guards and military band play opposite the Court-house :

Sculpture Gallery, the Schlossbrücke, Royal Foundry, Borsig's Engine Works, Industrial Museum.

**Excursions:** To Charlottenburg, Tegel; Potsdam and Sanssouci Babelsberg; Pfingstberg and Glienicke.

**Cabs:** One or two persons, 1½ mile, 1 mark or 1 shilling. Three or four persons, 1½ marks.

**Post-office:** Leipzigerstrasse.

**Telegraph-office:** Französischestrasse.

**Dentist:** Dr. Suersen.

**Doctors:** Drs. Wendel, Baer, Gustorf and Hahn.

**Hotels:** Kaiserhof, de Rome, Central, Royal.

**Berne.**—Capital of Switzerland and Canton of Berne, from Paris by East of France Railway, *via* Basle.

**OBJECTS OF INTEREST.**—Church of the Holy Ghost, Hospital. Morat gate, Federal Palace with Picture Gallery, Museum. Cathedral, Bronze statue of Eulach, Platform or Terrace. Town Hall, Bear Pit.

Fine excursions in the neighbourhood.

Post and telegraph office at the railway station.

**Bookseller:** J. Dalp, Place de la Gare.

**Doctors:** Drs. Bourgeois, Niehaus and Schoeder.

**Hotels:** Bernerhof, du Faucon, Belle Vue, and du Maure.

**Bordeaux.**—France, on the Gironde, the capital of that Department, from Paris by Orleans Railway.

The third port of France, and a chief centre for wines and brandies; the Roman *Burdigala*.

**OBJECTS OF INTEREST.**—Remains of an amphitheatre. The town belonged to England from 1152 to 1453. Bell tower, Porte du Palais, and other old gates.

Cathedrals of St. André, St. Croix, St. Severin, and St. Bruno.

The Mairie in the old palace has a library of 150,000 volumes, a collection of antiquities and a picture gallery. Large Prefecture, Town Hall, Law Courts, Exchange and Custom House, Commercial Court, Bank, Mint, Theatre. Place des Quinconces, Quai des Chartrons, and botanical gardens.

**Cabs:** By the drive 1 fr., for the hour 2 fr.

**Doctor:** Dr. Breen.

**Hôtels:** Des Princes and de la Paix. Very good house. Queuille and Darie, proprietors.

**Brussels or Bruxelles.**—Capital of Belgium, from Paris by North of France Railway, *via* Maubeuge; from London *via* Ostende in 8½ hours.

Brussels is a very old town, and offers many attractions to visitors. The higher town is inhabited by the wealthy classes, and the lower by the artisan. The former is exclusively French and modern, while the latter retains its mediæval character much as Bruges, Ghent, and Antwerp do. Brussels is often spoken of as "le petit Paris."

**OBJECTS OF INTEREST.**—Cathedral St. Gudule, King's Palace with picture galleries, Palace of the Comte de Flandres (King's brother). Palace of the Nation, Palais Ducal of the Prince of Orange. Avenue Louise and Bois de la Cambre; the latter is considered finer than the Bois de Boulogne in Paris. Church of Notre Dame de la Chapelle, Exchange and Town Hall, Palais de Justice (Law Courts), Palais des Beaux-Arts. National Bank, museum, Palaces of the Dukes of Arenberg and De Ligne; Wiertz gallery of pictures, Mint, Gallery St. Hubert, Théâtre de la Monnaie. The Squares and Boulevards, Zoological and Botanical Gardens, Guild house. Many statues and fountains, amongst the latter the Mannekin Pis. Conservatory of Music, St. John's Hospital.

**Excursions :** To Laeken and Waterloo.

**Post and Telegraph Office :** Temple des Augustins, Boulevard Anspach.

**Cabs :** 1 fr. for first half-hour, and every  $\frac{1}{2}$  hour 40 c. more, for one-horse carriage; two-horse carriages 2 frs. first  $\frac{1}{2}$  hour, every  $\frac{1}{2}$  hour 50 c. more.

**Doctors :** Drs. Collignon, Thompson and Kelly.

**Hotels :** *Hôtel de Flandre, Grand Hôtel, Hôtel de Belle Vue, Mengelle, de Saxe, de Suède, and de la Poste.*

**Carlsruhe.**—Germany, capital of the Grand Duchy of Baden, a few miles east of the Rhine. From Paris by East of France Railway, *via* Strasburg and Kehl; or by North of France Railway, *via* Erquelines, Namur, Cologne, Mayence and Mannheim.

One of the most attractive capitals so far as situation and external appearances go. The Ducal palace is the centre, from whence the streets radiate in all directions.

**OBJECTS OF INTEREST.**—The Palace, with a Winter Garden 420 feet long, Conservatories and Botanical Gardens. The Kunsthalle, Polytechnic school, Friedrich's Platz, with united collections of paintings, Museum of natural history, &c. Catholic church.

**Doctors :** Drs. Battlehner, Gutsche, Maier (oculist), and Tenner.

**Hotels :** *Erbprinz and Englischer Hof.*

**Cassel.**—Germany, former capital of the Electorate, and now the capital of the Prussian Province of Hessen-Nassau. From Paris by North of France Railway, *via* Cologne and Giessen.

Founded by the Landgrave Frederick II. The town is beautifully situated on both banks of the Fulda.

**OBJECTS OF INTEREST.**—The Ducal palace, Museum with its library and picture gallery, several churches, and many charitable and educational institutions.

**Excursion :** To Wilhelmshöhe, where Napoleon III. was detained in 1870-71. It is the Versailles of Germany, and is now owned by the Prussian Crown. This spot is well worth visiting. The waters play every Wednesday and Sunday. The highest fountain on the Continent is here, one stream 12 in. in diameter being projected 200 ft. high. One

of the most magnificent residences in Europe. The palace at the bottom of the hill. Colossal statue of Hercules and cascade of Karlsburg.

*Dentist* : Chas. Zimmer.

*Doctors* : Drs. Schmidt, Schotten and Lange.

*Hotels* : *Hotel König von Preussen* and *Schirmer*.

**Coblentz.**—Germany, capital of the Province of Rhenish-Prussia on the confluence of the Mosel and Lahn with the Rhine. From Paris by North of France Railway, *via* Cologne, 12½ hours.

A fortified town of great reputation. Ehrenbreitstein (the Gibraltar of the Rhine) is one of the strongest fortresses known. Very charmingly situated.

**OBJECTS OF INTEREST.**—The Archbishop's Castle, or Burg, now a factory, Church of St. Castor, Metternich House and Teutonic House, now a magazine. The Royal Palace, the favourite resort of the Queens of Prussia.

Casino and promenades on the banks of the Rhine.

**EXCURSIONS** : To Stolzenfels, Ehrenbrietstein, to Sayn, to Moselweiss, and up the Moselle, to Ems, *via* the Asterstein and Oelberg, to Neuwied.

**CABS** : One-horse, for one or two persons, 50 pf.; for two-horse, 75 pf.; two-horse carriage, three or four persons, 1 mark 25 pf.; one-horse carriage, 1 mark.

Post and Telegraph Office : Brückenstrasse, near the Schlossplatz.

*Bookseller* : W. Fischer, railway station.

*Dentist* : F. O. Saal.

*Doctors* : Drs. Wegeler, Macurer and Zimmermann.

*Hotels* : *Belle Vue*, *Anchor*.

**Cologne.**—Germany, Rhenish-Prussia, on the left bank of the Rhine; from Paris by North of France Railway, 10 hours, 60 frs. 1st class.

Although Coblentz is the official capital of Rhenish Prussia, Cologne is the most important town in the province. It is the third most important in Prussia, and is strongly fortified. The old middle age fortifications are now being demolished, and new ones built. When these have been completed, their circuit will be nearly 30 miles. The circuit of the outer forts is about 50 miles. Cologne is the Roman "Colonia Agrippæ."

**OBJECTS OF INTEREST.**—The Cathedral of Cologne, the highest edifice in the world, was finished in 1880. The iron Railway Bridge, Museum and Library, Town Hall, Churches of St. Maria Capitol, St. Peter, Apostles, St. Ursula, St. Gereon; Casino Gurzenich, Chamber of commerce and Exchange, Theatre, Aquarium, Zoological and Botanical Gardens.

Post and Telegraph Office : Glockengasse.

**CABS** : One or two persons, ¼ mark; four persons, 1 mark. By the hour, one or two persons, 2 marks; three or four persons, 3 marks; parcels outside, 25 pfgs. each.

*Dentist* : G. A. Buechner.

*Bookseller* : Aug. Lesimple, High-street.

*Doctors* : Drs. Bardenheuer, Schmitz (specialist for respiratory organs, eye and ear), Birnbaum, and Robt. Hall.

**Hotels:** The *Hotel du Nord*. A first-class house near the Cathedral, 300 rooms, post, telegraph, railway tickets, and registration of luggage in the hotel; English church and central garden. J. Friedrich, proprietor.

**Cordoba.**—Spain, capital of the province of same name. From Paris by Orléans and South of France lines, *via* Bordeaux, Irun, and Madrid.

A very interesting old town, founded by the Romans. There are many antiquities, most of them Moorish. Under the Moors it was one of the most flourishing in Spain, but is now much reduced.

**OBJECTS OF INTEREST.**—The Cathedral or “La Mezquita,” with its Court of Oranges and Belfry, the Archiepiscopal Palace, Alcazar, Collegio de la Ascension, La Correda, Hospital, Octagon tower, the Bridge, El Triunfo.

**Excursions** to the ruins of the Palace of Azzíhira and Arrizafa, Hermitages of Valparaíso, and to the wine cellars at Montilla.

**Hotels:** *Fonda Suiza* and *Fonda Rizzi*.

**Dresden.**—Germany, capital of the kingdom of Saxony; from Paris by North of France Railway, *via* Cologne, Frankfurt and Leipzig, or Cologne, Berlin and Leipzig, 29½ hours. 137½ frs. 1st class.

A most fashionable place of residence for English and American families, who pass the winter here. It is styled the “German Florence.” Cheap living, cheap music, theatres, and works of art, select and elegant society, are some of the advantages it offers.

**OBJECTS OF INTEREST.** Royal palace, Green vaults, Picture gallery, Museum of natural history, Körner museum, Brühl terrace, Court church, the Court theatre, the Zwinger; Military museum or Historical Hall, Grand Opera house, Church of Our Lady, Grosser garten, Rietschel Museum, Zoological Gardens.

**Excursions:** To Saxon, Switzerland, Königstein, Bastei, Pillnitz, Ottowalder, Grund, Kuhstall and Winterberg.

**Post and Telegraph Office:** Waisenhausstrasse.

**CABS:** One to four persons, 40 to 90 pfgs.; by hour, 1 m. 60 pfgs. to 2½ mk.

*English club:* Bürgerwiese.

*Dentist:* Otto L. Schoch.

*Doctors:* Drs. F. Elb, Pierson, Vaust and Seltzner.

**Hotels:** *Great Union, Webers, Victoria, Belle Vue, Saxe, de Rome, de Russie, de Londres.*

**Florence.**—Italy, formerly capital of, but now only of the Province of Tuscany; from Paris through Mont Cenis, *via* Turin, Genoa, and Pisa, or *via* Marseilles, Nice, and Genoa, 32½ hours. 160½ frs. 1st class.

Florence, situated in the valley of the Arno, has been called “the fairest city of the world.” A great many English and American families reside here in winter and early spring.

**OBJECTS OF INTEREST.** The Cathedral or Duomo, Santa Maria del Fiore, the Campanile or bell tower, the Baptistry of San

Giovanini, with the doors by Ghiberti, generally called the "Doors of Paradise"; Church of St. Croce, Carmine, San Lorenzo, Palazzo Vecchio, Uffizi gallery, Palazzo Pitti, Loggia di Lanzi, Town Hall, Casa Buonarrotti, Boboli gardens, National museum, Etruscan museum, Royal Mosaic manufactory, Grand Opera, Theatres Cocomero, Goldoni, Leopoldo.

**Excursions:** Le Cascine, the Florentine Bois de Boulogne or Hyde Park, the most charming drive and promenade in all Italy; Villa Demidoff in the neighbourhood; the Monte Miniato, or Viale dei Colle; a walk up the hills to Galileo's tower; Vallombrosa, Pontassiere, Pelazo, Certaldo, Fiesoli.

**Cabs:** One-horse, by the drive, 80c.; by hour, 1 lire 30 c. if within the boundary; if outside, 2 lire; every  $\frac{1}{2}$  hour afterwards, 70 c. and 1 lire.

**Post-office:** Uffizi. **Telegraph:** Palazzo Ricardi.

**Bookseller:** Hrn. Loescher, 20, Via Tornabuoni.

**Doctors:** Drs. Forrest, Davidson, Young, Wilson and Duffy.

**Hotels:** The *Grand Hôtel de la Paix*, the largest in Florence, with southerly rooms, overlooking the Arno. E. Franceschini, proprietor.

The *Anglo-American Hôtel* and pension, large and small apartments, and moderate charges; good cooking. The *Hôtel du Nord*, in the centre of the town, belongs to the same proprietor, Paolo Isola.

**Frankfurt-on-Main.**—Germany, until 1806 one of the four free cities remaining of the Great Hansebund, but now annexed to Prussia; from Paris by North of France Railway, *via* Cologne and Mayence, or *via* Forbach and Mayence, 18 $\frac{1}{2}$  hours. 85 frs. 1st class.

A very wealthy commercial town; the birthplace of the Rothschilds.

**OBJECTS OF INTEREST.** The Cathedral, the Römer or Town Hall, Church of St. Paul, the Exchange, Städel Museum and Academy of Paintings, Bethman villas with Danecker's statue of Ariadne, Bethmann Museum, Goethe House. Public Gardens, Zoological, Botanical, and Palm Gardens, Old and New Cemetery; Günthersberg, near Bornheim, the seat of the Rothschilds.

**Post and Telegraph Office:** Zeil No. 52.

**Cabs:** For one or two persons, 50 pfg.; three or four, 70 pfgs.; for one hour, 1 mk. 70 pfgs., and 2 mk.

**Bookseller:** Schottenfels, Frankfurterhof.

**Dentist:** Brown-Townsend, Am.

**Doctors:** Drs. Varrentrop, Stein and Simrock.

**Hotels:** The *Swan Hotel*. A well managed and deservedly popular house, on the Theatre Platz. The treaty of 1871 was signed in this house. Geo. Fay, proprietor.

**Freiburg.**—Germany, Baden, in the Breisgau; 950 feet above sea level; 34,000 inhabitants. For routes, see table.

A very old town and the ancient capital of Breisgau. There is an old Münster, a fine specimen of Gothic architecture, containing many interesting objects. Archbishop's palace, Ducal



palace or Citadel, Merchant's Hall, Statue of Victory, University and Library, are well worth visiting.

**OTHER OBJECTS OF INTEREST.**—Ludwigshöhe, Loreto chapel, Kyffhäuser, Günthersthal and Schauinsland, Belchen, Mühlheim, Badenweiler, Hoellenthal, Suggenthal, Waldkirch, Titi lake, Kaiserstuhl and Feldberg, Black Forest.

English church service at the Post-office; Rev. N. G. Lawrence.  
Post and Telegraph: Close to Sommer's Hôtel.

*Dentist*: Von Langsdorf.

*Doctors*: Drs. Eschbacher and Schwerkhard.

*Hotel*: The *Hotel Sommer*, Zähingerhof. A handsome and well appointed hotel, in large gardens. Sommer Bros., the same proprietors as those of Hôtel Sommer at Badenweiler.

**Fribourg.**—Switzerland, capital of Canton of same name, from Paris, *via* Belfort and Basle to Fribourg.

A picturesque old town, founded in the twelfth century, and well worth staying at for a day, in order to see the various sights of interest, such as the Temple Réforme, Convent of Ursulines, Lyceum and College, Town Hall, Cathedral of St. Nicholas, Chancelry and Wire bridge, Church of St. Augustin, Convents of Montarge and Cordelier, Churches of Notre Dame and Capucins, Seminary, Pensionate of the Jesuits, Orphanage and Museum.

**Excursions**: Promenade of the Palatinate, Viaduct of Grandfrey, Hant-erive Bourgileon, artificial lake of Perolles, fish hatching establishments, garden of the hospital, the Black Lake, Kaiseregg, Gruyères, Morat and Avenches.

Post and Telegraph Office.

*Hotel*: The *Grand Hôtel National*. A well-managed house, clean and comfortable. F. Bassen, proprietor.

**Genoa.**—Italy, on the Bay of Genoa, in Liguria; long a Republic, but now united with the kingdom of Italy; from Paris by P.L.M., *via* Mont Cenis, or Marseilles, Nice, 25 hours. 120 frs. 1st class.

Genoa, called "La Superba," or the "Proud," is situated in the middle of the Riviera. It is a city of great antiquity, and is seen to the best advantage when entering the harbour by boat. The hills are covered with villas. A very fine harbour, protected by two moles.

**OBJECTS OF INTEREST.**—The Corso, Cathedral of San Lorenzo, l'Annunziata, Palazzo Brignole, Palazzo Pallavicini, Doria Torsi, Balbi, Palazzo Reale, Palazzo Doria, della Università with a library, Ducale; Bank of St. George (the oldest bank in Europe) Exchange in Loggia di Bancho, Academy, Public Library, Theatre Carlo Felice, Public Gardens, the Fortifications.

**Excursions**: Villas Doria and Pallavicini, at Pegli: Nervi and Sestri-pionente.

Post and Telegraph Office: Piazza Fontana Morose.

**Cabs**: One-horse, 1 fr. the drive; by the hour, 1 fr. 50 c.

*Doctor*: Dr. Breiting, 33, Via Mamelli.

*Hotels*: *Grand Hotel, Isotta, d'Italie, de Genes, de la Ville, Trombetta.*

**Granada.**—Spain, the ancient capital of the Moorish Kingdom, and at present of the Province of Granada; from Paris, *via* Bordeaux, Irán, and Madrid, 41½ hours.

Granada is a very old town, on the confluence of the Douro and Genil, partly built in a valley and partly on the slopes of a mountain. Built in the form of an amphitheatre, it adorns the hill slopes on which the Alhambra stands.

**OBJECTS OF INTEREST.**—The Alhambra, Generalife, and Moorish remains; Cathedral and Capilla de los Reyes, Cartuja, Churches of various saints, Public and Private Palaces, Zacatin, Alcaiceria, University, Museum, Casas Consistoriales, Court of Chancery, Lunatic Asylum, Libraries, several old Gateways, Theatre.

*Post Office*: Plaza de San Augustin.

*Telegraph Office*: Calle de la Duquesa.

*Cabs*: The course, 6 reals or 3 frs.; to any part of the town 12 reals or 6 frs., except Alhambra or Generalife, for which 10 reals extra are asked.

*Hotels*: *De la Alameda, De la Victoria, De los Siete Suelos, Washington Irving.*

**The Hague, or s'Gravenhagen.**—Present capital of Holland; from Paris, *via* Brussels, Antwerp, Rotterdam.

The residence of Court and Government, founded A.D. 1250, is one mile from the sea. Has been called the "largest village in Europe," owing to its having never had any fortifications.

**OBJECTS OF INTEREST.**—Royal Museum, Naval Museum, Town Hall, Buitenhof and Binnenhof, Library, Royal Palace, Prince of Orange's Palace, Great Church, Opera-house, Palace in the Wood.

*Post and Telegraph Office*: Close to the Great Church and Town Hall.

*Cabs*: One or two persons, 60 c. or 1s., three to four persons, 85 c.; by hour, 1 florin; to Scheveningen and back, 2 florins.

*Doctor*: J. H. Blom Coster.

*Hotels*: *Paulez, Oude Doelen, de l'Europe, de Belle Vue.*

**Hanover.**—Germany, former capital of Kingdom of same name. Since 1866 annexed to Prussia, and now capital of the Province of Hanover. From Paris, *via* Erquelines, Venlo, and Lehrte, or *via* Cologne, 15½ hours. 87 frs. 50 c. 1st class.

Beautifully situated on the banks of the river Leine, an affluent of the Weser.

Very much visited by English and American families, both for the beauty of the town and its environs, as also because the German language is spoken here with greater purity than in any other part of Germany.

**OBJECTS OF INTEREST.**—Royal Palace, Opera-house, Mint, Viceroy's Palace and Arsenal, Polytechnic School, Royal Church or Chapel, Museum, Collection of Pictures of George V., Town Hall in Old Town; Royal Theatre; Royal Library, Aquarium, Odeon and Tivoli.

**EXCURSIONS:** To Herrenhausen, Galleries, Orangeries, *Berggarten*, Museum of antiquities, Mausoleum, Eilenrode and Zoological Gardens, and numerous others.

**CABS:** One or two persons, by the course, 60 pfgs., in the environs of the town, 72 pfgs.; by hour, 1 m., 20 pfgs.

*Dentist:* F. L. Heyne.

*Doctors:* Drs. Becker, Dyes, Cumme and Eysell.

*Hotels:* *Royal, de Russie.*

**Leipzig.**—Germany, second city of the kingdom of Saxony; from Paris, *via* Forbach, Frankfurt, 27 hrs. 134 frs. 1st class.

One of the most highly industrial and commercial cities of Europe. Chiefly interesting during the great fairs, of which three are held; one at Michaelmas, one on New Year's Day, and one after Easter. It is the centre of the German book-trade, and sellers have an Exchange of their own. Every work, whether book, brochure, or pamphlet, edited in any part of the globe, can be procured here.

**OBJECTS OF INTEREST.**—Kingshall, the University, Buchhändler, Börse, Paulinum with the University Library; Town Hall, Theatre, Museum.

**EXCURSIONS:** To residence of Baron Speck, Pleissenburg and Battle Field.

**CABS:** One to four persons from  $\frac{1}{2}$  to  $1\frac{1}{2}$  marks by time,  $1\frac{1}{2}$  to 2 marks by the hour.

**Post Office:** Augustus Platz.

*Dentist:* P. G. Kneisel.

*Doctors:* Drs. Leukardt, Schildbach and Thiersch.

*Hotels:* *Hauffe, Rome, de Prusse, de Russie, de Bavière.*

**Lucerne.** Switzerland, capital of Canton of same name; from Paris by East of France Railway, *via* Basle.

Is charmingly situated on the bank of the Lake of the Four Cantons, and is the terminus of the Gotthard Railway on this side of the Alps. A very old town, with walls; divided into two parts by the Reuss; opposite the Riga Mountains, and at the foot of the Pilatus.

**OBJECTS OF INTEREST.**—Bridges over the Reuss, Water-tower, Cathedral, Town Hall, with a Museum of Antiquities: Arsenal, College or Lyceum, and a Glacier Garden; Staufler's Museum.

**EXCURSIONS** on the lake to the Rigi, Stanstadt, Bürgenstock, Engelberg, Seeligsberg, Mount Pilatus, Beggenreid, Brunnen, Schöneegg, and many others. To the Bernese Oberland, *via* the Brünig Pass to Brienz, Meyringen, Grindelwald, and Interlaken.

**CABS:** Half hour, one or two persons, 80 c.; three or four persons, 1. fr. 20 c.; by hour, 2 or 3 frs.

**Post and Telegraph Office:** Close to the station.

*Bookseller:* Prell, Kramgasse.

*Doctors:* Drs. Stöcker, Nager and Steiger.

*Hotels:* The *Schweizerhof* and *Lucernerhof*. Large first-class houses in the best part of Lucerne; open all the year round. Hauser Bros., proprietors.

The *Hotel de l'Europe*.

**Lyons.**—France, at the confluence of the Saône and Rhone; from Paris by P.L.M. Railway, 9 hours. 63 fr. 1st class.

The first industrial city in France, and for silk manufactures, in the world. The best view of the city is obtained from the observatory of Notre Dame.

**OBJECTS OF INTEREST.**—Public squares and Fountains, City Library, Botanical Garden, Cathedral, Church of St. Jean, Museum, Hall of Sculpture, Hospital, Commercial School, Exchange at the Palace of Commerce, Law Courts, Theatre, Park de la Tête d'Or.

**Excursions** to Mont Ceindre, Roche Cardou, Ile Barbe and Croix Rôusse, and many others.

**Post-office:** Place Bellecour.

**Telegraph-office:** Place de Lyon, 53.

**Cabs:** 1½ fr. the course, 2 fr. first hour.

**Bookseller:** V. Cantal, 9, Rue Bourbon.

**Hotel:** The *Grand Hôtel de Lyons*. A first-class house in every way, with the best position in the town. M. Kussler, Director.

**Macon.**—France, Department Saône and Loire, a very favourite stopping between The Riviera, Italy and Paris; 18,400 inhabitants.

**OBJECTS OF INTEREST.**—Town Hall, Prefecture, Cathedral, Law Courts, Statue of Lamartine, Old Towers of St. Vincent.

A good place in which to lay in a stock of Burgundy wine; as it is the centre of this trade.

**Hotels:** The *Hôtel de l'Europe* is a first class house for families; five minutes from the station; good stopping place between the Riviera and Paris.

**Madrid.**—Capital of Spain, on the left bank of the Manzanares. From Paris, *via* Bordeaux, Irun, and Saragozza, 41½ hours. 184½ fr. 1st class.

Situated on the slope of a sandy plateau surrounded by limestone hills. The climate, owing to the barrenness of the environs, is disagreeable and injurious to persons with delicate throats and chests. Since the commencement of Don Alfonso's reign, the city has commenced to make some progress.

**OBJECTS OF INTEREST.**—The Puerta del Sol, the Alcala Street, the Prado, the Casino, Royal palace, Artillery museum, Topographical museum, Naval and Natural History museums, Royal Picture Gallery, several private ones, National Library, and numerous private libraries, open daily. Several churches of little or no interest. The only one worth visiting is the Atocha, with the Virgin's image. Town Hall, Panaderia, Audiencia, Casa de los Consejos, Congress House, Senado (House of Lords), the different Ministries, Palaces of Duke of Alba, of Villahermosa, Marquis of Casariera, Duke of Medina Celi and Marquis of Salamanca, Buen Retiro, Casino de la Reina, Botanical Gardens, which have been turned into Zoological; Campos Eliseos, Italian Opera, various Theatres, Circus, and arenas for Bull and Cock-fights.

**Excursions:** Casa de Campo La Mancloa; Casino de la Reina; El Prado; Alameda, las Carabanchales; and many others of minor importance.

**Post-office:** Calle de San Ricardo 5.

**Telegraph:** Ground floor of Home Office.

**Cabs:** One horse, one to two persons, 2 fr. the course; two horses, 4 fr.; by hour, one horse, 4 fr.; and two horses, 6 fr.

**Doctors:** Drs. Hysem, Nuñez, Kispert, Jelly, Carretero and Toca.

**Hotels:** *Des Princes, de la Paix, de Paris, de Russie.*

**Mannheim.**—Germany, Baden, on the confluence of Neckar and Rhine, on the left bank of the latter, from Paris by E. of F. Railway, *via* Forbach and Bingen, or by N. of F., *via* Cologne-Mayence, 17½ hours. 7½ fr. 1st. class. 1½ hours from Dürkheim by carriage, by rail ½ hour. A high class and comfortable steamer now plies between Rotterdam and Mannheim direct, thus avoiding the frequent changes, which are so tiresome to invalids.

A comparatively modern town of great commercial importance. It is built like Philadelphia, in regular squares.

**OBJECTS OF INTEREST.**—The Castle, Picture-gallery, Cabinet of natural history, Collection of engravings and plaster casts, the Theatre, the Schillerplatz with statue, Church of the Jesuits.

**Cabs:** Course, one or two persons, 60 pfgs.; by hour, 1 fr. 20 cts.

**Post and Telegraph-office:** At the railway station.

**Dentist:** C. H. Glöckler.

**Doctors:** Drs. Mermagen (larynx) Stephani and Zeroni.

**Hotels:** The *Hotel Palatin*, a large first-class very comfortable house for families. Freytag & Kramer, proprietors.

**Mayence**, or Mainz.—Germany, on the left bank of the Rhine, at the confluence of the river Maine. From Paris by North of France, *via* Cologne, or by East of France Railway, *via* Forbach and Bingerbrück, 17½ hours. 75½ fr. 1st class.

The largest town in the Grand Duchy of Hessen-Darmstadt. It was annexed to Prussia in 1866. Very strongly protected by the castle opposite. Of great antiquity, having been founded by Drusus, 14 B.C.; was seat of one of the electors.

**OBJECTS OF INTEREST.**—The Palace, Museum, Library, Town Gardens or Neue-Anlage outside the walls, Schillerplatz and Cemetery, Cathedral, Citadel, Theatre, Tower of Drusus.

**Excursions:** To Wiesbaden, Biebrich, Bingerbrück, and various spots on the Rhine.

**Cabs:** ½ hour, one horse, 50 pfgs.; ½ hour, 1 mark.

**Dentist:** Dr. König.

**Doctors:** Drs. Hellwig, Wittmann and Dörr.

**Hotels:** *De Hollande, de l'Angleterre, du Rhin.*

**Milan.**—Italy, Capital of Piedmont. From Paris by P.L.M. through Mont Cenis, 27 hours. 116½ fr. 1st class.

The town is nearly circular in form, and surrounded by walls; erected mainly by the Spaniards. The space between the walls and canal is laid out in gardens and well planted

with trees. Like all old cities, Milan is very irregularly laid out, but is, for all that, one of the most interesting in Europe.

**OBJECTS OF INTEREST.**—The Cathedral, the Amphitheatre, the various Old Gates, the Church of San Ambrosio, the Military hospital, the Gallery of Victor Emanuel, Palazzo del Corte, the Brera, Observatory, Pinacoteca, Ambrosian Library, Museum, Theatre della Scala, Theatre Royal, Hospital, Civil museum, Town hall, several private Palaces, Zuggia degli Ossi, City hall, Mint, Judicial and government Palaces, Custom-house, Treasury, Public gardens, the Castle, and Royal Palace. **EXCURSIONS:** To Monza, to La Plaisance, to the Lakes, besides various others.

**CABS:** One horse, by course, 1 lira; by time, first half hour, 1 lira.

**Post office:** Via Rastralli, 20.

**Telegraph office:** Piazza dei Mercanti.

**Hotels:** The *Hotel de la Ville* has just been greatly improved by the addition of an enclosed court-yard, lift, and all modern requirements. A most popular house. J. Baer, proprietor.

**Munich.**—Germany, capital of the kingdom of Bavaria. From Paris, by East of France, by Strasburg and Kehl, 36 hours. 151 fr. 1st class.

Munich is, in proportion to its size, one of the finest and most interesting towns in Europe, especially as regards its collection of works of art. The public buildings, gardens, squares, and monuments, are numerous and handsome.

**OBJECTS OF INTEREST.**—Royal Palace is divided into the Old Residence, Königsbau and Festsaalbau; it is filled with art treasures in every room; Park and Gardens, the Pinacothek, the Glyptothek, the Propylaen and Palace of Fine Arts, old Picture Gallery, Wimmer & Co.'s Fine Arts Collections, Schwanthaler's Museum, National and Anatomical Museum, Art Exhibition, Royal Academy of Science, Royal Foundry, Art Union, Schack Picture Gallery, Hof-bräuhaus, Public Library, Government Palace, Town Hall, Gate of Victory, Cathedral, Churches of Michael and St. Bonifacius and St. Lewis.

**EXCURSIONS:** English garden, Brumthal, Great Prison, Public Cemetery, Nymphenburg, Schleissheim, Lake of Stahrenberg, Possenhofen, Berchtesgaden and Königssee, Hohenschwangau, Chateau de Berg and Rottmannshöhe, Oberammergau.

**CABS:** One horse,  $\frac{1}{2}$  hour 50 pf.;  $\frac{1}{2}$  hour, 1 mark; two horses, one to four persons,  $\frac{1}{2}$  hour, 1 mark;  $\frac{1}{2}$  hour, 2 marks.

**Post and Telegraph office:** Max Josephsplatz.

**Dentist:** Dr. Beraz.

**Doctors:** Drs. Von Feder and Von Gietl.

**Hotels:** The *Hôtel de Bavière*. Situated on the Promenade Platz, the best part of Munich; entirely re-furnished and greatly improved. An excellent house in every respect. Oscar Seif, proprietor.

The *Hôtel d'Angleterre*. A quiet family hotel; moderate prices for pension during the winter months; centrally situated, near the Post and Opera-house. H. Sitzler, proprietor.

**Nantes.**—France, former capital of Brittany.

Capital of Department of Loire Inférieure, and a very attractive old town. The ancient residence of the Dukes de Bretagne.

**OBJECTS OF INTEREST.**—The Castle, the Cathedral, Church of St. Croix with belfry, St. Nicholas, St. Clement, and Notre Dame, Town Hall, Prefecture, Exchange, Theatre, Library, Palais de Justice, Museum, Hospital, Lyceum.

**EXCURSIONS:** Guerande, Croisic, Sables d'Olonne and St. Nazaire.

**CABS:** Two horses, 1½ fr. the drive; one horse, 1 fr.

**Telegraph:** Rue St. Jules.

*Hotels: De Bretagne, de Paris.*

**Palermo.**—Italy, capital of Sicily. From Paris, *via* Mont Cenis and Naples, 46½ hours, 239½ fr. 1st class; thence by steamer, 10 hours. Also see in text for medical reference.

**OBJECTS OF INTEREST.**—The Marini, Public Gardens, Botanical Gardens, Cathedral, Churches of St. Guiseppe and Martorana, St. Domenico, the Royal Palace, Capella Palatina, Museum, Collection of Antiquities, Palace of Ziza, Catacombs, Palazzo Vercelle, Circus and Opera-house.

**EXCURSIONS:** Monreale, La Favorita, Termini, Girgenti, Lercana.

**CABS:** One horse, 50 c.; by the hour, 1 fr. 80 cts. Two horses, 80 c.; one hour, 2 fr. 20 cts.

*Hotels: Hôtel Trinacria, de France.*

**Paris.**—Capital of France, Department of Seine; 2,000,000 inhabitants; on both banks of the river Seine.

Paris is a strongly fortified town, extending as far as Mont Valerien and St. Denis. It is divided into 20 parishes or arrondissements, each having a church and several chapels. It is a very old town, but owing to the efforts of Napoleon III. its appearance has been greatly improved by the formation of boulevards, squares and wide airy streets. The municipal debt is consequently very heavy. Paris is a resort of all the idlers, pleasure-seekers and travellers of both hemispheres. The English and American colonies in the city are very considerable. In a word, Paris may be described as the "gayest" city of the world.

The chief thoroughfares are the Boulevards des Capucines, des Italiens, Poissonnière and Bonne Nouvelle, Rue de Rivoli, Rue de la Paix, Rue Royale and Champs Elysées, which are crowded until two or three o'clock in the morning. In the afternoon all the cafés along the boulevards are filled with idlers, and when the theatres are closed the same scene is renewed.

**Theatres:** New Opera, Theatre Italien, Français, Comédie Française, Vaudeville, Palais Royal, Gymnase, Eden, Odéon, Variétés, and several others.

**Places of Amusements:** Folies Bergères, Rue Bergère, Skating Rink, Hippodrome, Parque d'Hiver, and in summer the Cafés-chantants in the Champs Elysées.

**Churches:** Notre Dame, Madeleine, Notre Dame de Lorette,

St. Etienne du Mont, St. Germain l'Auxerrois, St. Eustache, St. Germain des Prés, St. Sulpice, Panthéon.

*Buildings*: The Louvre; the Luxembourg, Palais Royal; Law Courts; Post Office, La Sainte Chapelle; Palais de l'Ecole des Beaux Arts, Hôtel des Invalides, Town Hall, Palais de l'Elysée, Palais de l'Industrie, du Trocadero (Exhibition, 1878), the Exchange; Grain Hall and Wine Hall; the National Library; Museum of the Jardin des Plantes, Conservatoire des Arts and Métiers.

*Parks—Gardens*: Bois de Boulogne, Bois de Vincennes, Jardins des Tuileries, and Champs Elysées.

*Post Office*: The most central, Place de la Madeleine.

*Telegraph*: In most the large Hôtels.

*English Church*: Rue Royale, 23.

*Scotch Church*: 162, Rue de Rivoli.

*Wesleyan Chapel*: Rue Roquette, 4.

*House and Estate Agents*: Sprent, Sprent and Phipps, 252, Rue de Rivoli.

*Bankers*: John Arthur and Co., Rue Castiglione.

*Dentist*: A. Preterre, 29, Boulev. des Italiens.

*English Bookseller and Library*: Fotheringham, Rue des Capucines, 8.

*English Chemist*: Rodgers, Rue de la Paix.

*Doctors*: Dr. J. Chapman, 212, Rue de Rivoli; Dr. Boggs, 362, Rue St. Honoré; Dr. Vidal, 49, Rue du Luxembourg.

*Hotels*: The *Splendid Hôtel*. A first-class house, facing the Opera and boulevards, corner of Rue de la Paix, and Avenue de l'Opera; most central and very popular. Ebensperg, proprietor.

The *Windsor Hôtel*, 226, Rue de Rivoli. A small first-class family hotel, exceedingly well appointed, comfortable and homelike. Sprengel, proprietor.

The *Belle Vue Hotel*, Avenue de l'Opera. Excellent restaurant and table d'hôte; lift, telephone; thoroughly heated in winter; a modern house. Louis Hauser, proprietor.

The *Hôtel St. Petersburg*, Rue Caumartin. Centrally situated, near the Opera-house and boulevards; lift and good accommodation. F. Motte, proprietor.

**Perpignan**.—France, Department of Pyrenées Orientales; 28,000 inhabitants; near the Spanish frontier.

This is the Roman *Flavium Eprusum*. Its quaint and curious Spanish and Moorish looking houses give it an oriental appearance.

**OBJECTS OF INTEREST**: Cathedral of the 14th century; the Citadel close by, Museum, Theatre, Prefecture, Law Courts; a stopping-place for travellers to Le Boulou, Amélie-les-Bains and other East Pyrenean watering-places.

*Hotels*: The *Grand Hotel de Perpignan*. A good, comfortable



house, overlooking the river; good cooking and cellar. J. Jonca, proprietor.

**Prague** or **Prag**.—Capital of Bohemia. From Paris, *via* Strasburg, Kehl, Wurzburg, 38 hours. 161 fr. 1st. class.

Prague stands on both banks of the Moldau, and is the second city in the German provinces of Austria. It is a town of great antiquity and has quite an Oriental appearance.

**OBJECTS OF INTEREST.**—The Hradschin, or Royal Palace on the hill, Cathedral of St. Vitus, Palace of the Grand Duke of Tuscany, the Carolinum is the oldest university in Germany, Clementinum or university for theology, Tihen Church, Town Hall, Museum, Library, Military Hospital, House of Correction, Lunatic Asylum, Wisserad, Czernin Palace, Wallenstein Palace.

**CABS:** Two horses, 1 fr. 25 c.; half a day in the town, 10 fr.

**Post-office and Telegraph:** At the station.

**Hotels:** *Blue Star, Golden Angel, Stadt Wien, de l'Angleterre, Kaiser von Oesterreich.*

**Rome.**—Italy, Capital of. Residence of the Pope, and therefore the spiritual capital of the Roman Catholic world. See also page 230 for medical reference.

Rome is the most celebrated of European cities, famous alike in ancient and modern history. Since 1871 it has been the capital of the Italian kingdom. It is situated on seven hills, on both banks of the Tiber, and 16 miles from its mouth.

**OBJECTS OF INTEREST.**—St. Peters, Vatican, Lateran, Quirinal, Albani Villa, Borghese Villa and Palace, Barberini Palace, Capitulum Museum, Doria, Orsini and Colonna Palaces, Farnese Villa and Palace, Forum Romanum, Museo Kirchereano, St. Luca, Villas Ludovici and Massimo, Medici Villa, Palatine, Pamfili Doria Villa, Rospigliosi and Spada Palace, Wolkanski Villa, Colosseum, Capitol, various museums, Tarpeian rock, Column of Trajan, Pantheon, Temple of Neptune, of Æsculapius, Theatre of Marcellus, Baths of Diocletian, Tomb of Hadrian, or Castle of St. Angelo; Basilicas St. Paul, St. Lorenzo, St. Agnes, St. Cecilia, St. Clement, Churches of St. Agostino, St. Angelo, St. Maria, Capucini, St. Lorenzo, St. Maria in Loreto, St. Martino, St. Onofrio

**Excursions:** The Via Appia, Albano, Frascati, Via Latima, Claudian Aqueducts, Temple and grave of Bacchus, Palestrina, Mont Tivoli, Hadrian's Villa, Veii, Ostia, Segni, and many others.

**CABS:** Per course, 80 cts., one or two persons; two horse carriage, 1 fr. 50c. **Post and Telegraph office:** Piazza St. Silvestro.

**Chemist:** Sinimbergha, Evans & Co., 64, Via Condotti.

**Bookseller:** Herm. Loescher, 307, Via del Corso.

**House and Estate Agent:** Contini & Donzelli, 6, Via Condotti.

**Bankers:** Vansittart & Co., Piazza di Spagna.

**Doctors:** Drs. Aitken (surgeon), Gason, Drummond and Young.

**Hotel:** *The Anglo-American Hôtel*, 128, Via Frattina. Central

position, near Post and Telegraph Office; moderate prices. Visciotti & Merli, proprietors.

**Rotterdam.**—Holland, on the Maas. From Paris, *vid* Brussels and Antwerp.

The second commercial town in Holland. Formerly the seat of the Dutch East India House. Most of the principal thoroughfares are canals bridged over by draw-bridges.

**OBJECTS OF INTEREST.**—The Cathedral, Old church, South church, Town Hall, Exchange, Sailors' home, Courts of Justice, Museum of the Botanical Society, Botanical Gardens, Zoological gardens, House of Correction, Boyman's museum, Royal yacht club, Library.

**Excursions:** The Hague and Sheveningen, Moerdijk, Gouda, Schiedam, the mother city of Schiedam gin.

**Cabs:** One or two persons, 60 c. the drive; 1 fl. 20 c. per hour.

Post and Telegraph office: Wynstraat, corner of Wynehaven.

Doctor: Dr. Maury.

Hotels, *Victoria, New Bath, Leygraaf.*

**Rouen.**—France, Department of Seine Inférieure, 40 m. from Dieppe, 56 m. from Havre, 82 m. from Paris.

A very ancient commercial town, mostly industrial; many factories. The town is full of antiquities.

**OBJECTS OF INTEREST.**—The Cathedral, Church of St. Ouen, St. Godard, and St. Patrice, St. Maclau and St. Vincent, Courts of Law, Town Hall and Picture Gallery, Museum, Library, Custom-house, Exchange, Market-place, Hospital, Lunatic asylum, Theatres, two old Castles, Botanical Gardens.

English church service at All Saints.

Post-office: Rue Jeanne d'Arc.

Telegraph: Exchange.

Hotels: The *Grand Hôtel de Paris*. Celebrated for its wines and excellent cooking. Guenard-Bataillard, proprietor.

**Saragoza.**—Spain, capital of the Province of same name, from Paris. *vid* Bordeaux and Irun.

Situated on the Ebro. It is one of the most ancient towns of Spain.

The country all around is very productive, and the scenery charming. The town is said to have been founded by one of Noah's nephews; it is certainly one of the ancient "castra" of the Romans. It has become famous on account of its siege by the French in 1808 and 1809.

**OBJECTS OF INTEREST.**—The Cathedrals of la Seo and of el Pilar, Lonja, Torre Nueva, Aljaferia, Archiepiscopal palace; General Hospital, University, Workhouse. Casa del comercio, Casa del raporto, Casino, Theatre.

**Excursions:** Paseo de Sta. Eugracia, Torreo, Buena Vista, Monte Oscuro, Casa Blanca, Moncayo.

**Cabs:** No fixed tariff, make a bargain before engaging.

Post-office: In Calle del Coro.

Telegraph: At Civil Governor's house.

Doctor: Dr. Daina.

Hotels: *De l'Univers, de l'Europe, Cuatro Naciones, Viscaína.*

**Seville.**—Spain, capital of the Province of same name, from Paris, *vi* Bordeaux, Irun and Madrid.

As it is said to have been founded by the Phœnicians, the great antiquity of Seville must be admitted. It is one of the most interesting towns in Spain, and is situated in a plain on the right bank of the Guadalquivir.

It was one of the most formidable of Roman strongholds, and became a flourishing city after its siege and capture by Julius Cæsar.

**OBJECTS OF INTEREST.**—The Cathedral, the Alcazar, the Giralda, the Triana, Museum, Churches of la Caridad, St. Nidors, San Miguel, Sta. Maria la Blanca, Town Hall, Lonja, Fabrica de Tabaco, Picture galleries, Palace of St. Telmo Italica, Baños de Carmona, the walls around the town, Sta. Lorenzo, University, Colombian Library, the Palace of the Archbishop, Hospital, Mint, Casa de Pilatos, Tower of Gold.

**Excursions:** Ruins of Italica, Azualfarrache, Triana Cartujà.

**Cabs:** One or two persons, 2 fr.; three or four, 3 fr.; by hour, one or two persons, 4 fr.; three or four, 5 fr.

Post-office: Close to Hotel Madrid and de Paris.

Telegraph-office: Calle de Bailen.

Doctors: Dr. Hauser, de Uriarte.

Hotels: *De las Cuatro Naciones, de Paris, de Madrid, de l'Europe.*

**Strasburg.**—Germany, Capital of Alsace-Lorraine, on the left bank of the Rhine.

One of the strongest fortresses in Europe, captured in 1871 by the Germans, after a long and desperate resistance.

**OBJECTS OF INTEREST.**—The Cathedral, the University (formerly the Episcopal Palace), Church of St. Thomas, Public library, Town Hall and old Prefecture, Theatre, Academy, Lyceum, Tobacco factory.

**Excursions:** Mont St. Odile, aOverne, Greifenstein.

**Cabs:** A drive for one or two persons, 50 pfgs.; one hour 2 marks.

Post and telegraph-office: Schlossplatz.

Bookseller: Derivaux, Rue des Hallebardes.

Dentist: Jacques Wiesner.

Doctors: Drs. De Barry, Kussmaul and Kley.

Hotels: *De l'Angleterre, Maison Rouge.*

**Stuttgart.**—Germany, Capital of Württemberg; from Paris by Strasburg and Kehl, 17½ hours. 88 fr. 1st class.

Stuttgart, most beautifully situated a short distance to the west of the Neckar, surrounded by hills, covered with orchards and vineyards. The town is of comparatively recent origin.

It occupies the second place in Germany as a centre of the book trade.

**OBJECTS OF INTEREST.**—Old and new Royal Palace, Rosenstein and Wilhelmina, Public library, Museum of natural history, Commemorative Column, Museum of fine arts, Königsbau, Exchange, Barracks, Ministry of foreign affairs, Post-office, Museum, Liederhalle, and Carlsschule.

**Excursions:** Villa Rosenstein, Palace Gardens, Wilhelmina, Cannstadt and Solitude, and Hohenheim.

**CABS:** according to tariff.

*Dentist:*—Ferd. Young.

*Doctors:* Drs. Von Koch, Von Hausmann and Gärtner.

*Hotels:* Marquardt, Royal.

**Toulouse.**—France, Capital of Department of Haute Garonne, 456½ miles from; by O. Railway, 15 hours. 89 fr. 10 c. 1st class.

An old Roman town, taken by the Visigoths and afterwards by the Saracens, full of antiquities and objects of interest. A busy commercial town, also trading, more especially in fruit, vegetables, wines, truffles, and *pâte de foie gras*. There are also manufactories of cabinet work, hats, and steel goods.

**OBJECTS OF INTEREST.**—Cathedral and 10 other Churches, the most interesting of which is St. Severin and Jacobins; Town Hall, Lyceum, Library, Law Courts, Hospitals, Botanic Gardens, Artillery schools, Arsenal, Observatory, and Cemetery.

*Hotel:* The *Hôtel Tivollier*. Celebrated for its cellars of fine wines, and Perigord truffled pies. A homelike house. Tivollier, Proprietor.

**Turin.**—Italy, capital of Piedmont.

Turin is situated between the Dora and Po rivers, is very regularly built, and does not contain a single poor-looking house.

The climate is changeable and on the whole unpleasant.

**OBJECTS OF INTEREST.**—The Duomo or Cathedral, Churches of La Consolata, Corpus Domini, Royal palace, Palazzo Madama, Royal Armoury, Academy of Science, Royal Gallery of Paintings, Museum of Antiquities, Natural History, Royal University, Arsenal, Royal Theatre, Public Garden.

**Excursions:** To La Superga, to Nice, *vid* the Col di Tenda, Stupianigi, Cuneo, and to the Chartreuse de Pesio.

**CABS:** Course 1 fr.; per hour, 1½ fr.; two horses by hour, 2 fr.

**Post-office:** Palazzo Carignano.

**Telegraph:** Piazza Castello.

*Bookseller:* H. Loesher, 19, Via di Po.

*Hotels:* The *Hotel d'Europe*. A large, excellent, first-class house, facing the King's palace and in the best situation in the town; railway ticket office in the hôtel. Borgo and Gagliardi, proprietors.

**Vienna.**—Capital of Austria, from Paris, *vid* Strasburg, Munich, and Passau, 48½ hours. 190 fr. 1st class.

The town is situated near the southern bank of the Danube,

and is of very ancient origin. It has been the residence of the German Emperors from the 13th to the 19th centuries, and is full of historical interest.

It was unsuccessfully besieged by the Turks in 1683.

**OBJECTS OF INTEREST.**—The Cathedral of St. Stephen, Churches of the Capucines, Latin, Carmelites, St. Michael, St. Charles Borromeo, Imperial Palace or Burg, Imperial Library, Cabinet of antiquities, Cabinet of minerals, Museum, Coach-house and riding school, Imperial Jewel office, People's garden, Picture gallery, the Lower Belvedere with Ambras collection of armour, Esterhazy gallery, Liechtenstein gallery, Imperial arsenal, Town arsenal, University, General and Lying-in Hospitals, Opera-house, and Hofburg Theatre, the Prater, the Ring Strassen, Dreher's and Geyer's beer-houses, Aquarium and Exhibition Palace of 1873, many private gardens.

Amateurs of the bath will be amply repaid for travelling any distance by a visit to the Turkish baths of Dr. Von Heinrich.

The Royal Baths, a feature of their kind are worthy an inspection as being the most complete and approaching most nearly the ancient Roman Baths, in luxury of all similar institutions in Europe.

**EXCURSIONS** Schönbrunn, Hütteldorf, Hietzing, Neu Welt, Brühl Laxenburg, Franzenburg, Madling, Baden, warm springs; Leopoldsberg, Kahlenberg, and Klosternenburg.

**CABS:** One horse, one or two persons, 50 cts.; two horses, 1 fr.; by hour, 1 fr. 25 c.

Post-office: Alte Portgasse, 10.

Telegraph: Hotel National.

*Doctors:* Drs. von Heinrich, Bettelheim and Kapoli.

*Hotels:* Imperial, Golden Lamb, Grand, Metropole, and National.

**Zürich.**—Switzerland, on the Lake of Zürich, from Paris, *via* Strasburg and Basle.

Capital of the Canton of the same name, is a very thriving commercial town of much interest. Formerly a fortress, but the walls have now been pulled down.

**OBJECTS OF INTEREST.**—Gross Münster, or the Cathedral; Churches of St. Peter, St. Augustine, and Frauen Münster, Arsenal and Armoury, Cantonal buildings, Polytechnic school, University, Great Hospital and Observatory, Hall of Art and Paintings, Asylums, Library.

**EXCURSIONS:** Uetliberg, Kappel, Albisbrunn, Zürichberg, Rapperschwyl, Horden, Wädensweil, and up the lake.

**CABS:** One horse, two persons, 80 cts.; two horses, four persons, 1 fr. 20 cts.

Post and Telegraph office: Bahnhofstrasse.

*Doctors:* Drs. Rahn-Escher and Peters.

*Hotels:* The Hotel Victoria, facing the railway station. A well-appointed house, exceedingly comfortable, cooking first-class. J. Boller and Sons, proprietors.

# LIST OF DOCTORS

NAMED IN THE TEXT, AND THEIR SUMMER AND  
WINTER RESIDENCES.

*Doctors practising in Great Britain and Ireland, and mentioned  
in text, are not included in this list.*

Name.	Page.	Winter Station.	Page.	Summer Station.
Abbamondi ...	277	Teleze ...	277	Teleze.
Adam ...	101	Flinsberg ...	101	Flinsberg.
Adema ...	40	Biarritz.		
Aguglia ...	72	Chiatamone...	72	Chiatamone.
Aitken ...	230	Rome ...	230	Rome.
Albrecht ...		... ..	304	Wiesbaden.
Alefeld ...		... ..	304	Wiesbaden.
Alrig ...	24	Aulus...	24	Aulus.
Andral ...		... ..	107	La Garde de Bio.
Anglada ...		... ..	89	Eaux-Chaudes.
Anjel ...	116	Gräfenburg...	116	Gräfenberg.
Armieux ...		... ..	34	Barèges.
Arnal ...	17	Amélie-les-Bains	17	Amélie-les-Bains.
Arnold ...	125	Heidelberg ...	125	Heidelberg.
Arnz ...	74	Cleve ...	74	Cleve.
Arone ...	115	Görz ...	115	Görz.
Aschenbach ...		... ..	164	Lobenstein.
Averbeck ...	27	Baden-Baden ...	27	Baden-Baden.
Baer ...	312	Berlin ...	312	Berlin.
Bagnell ...	208	Pau ...	20	Bagns. de Bigorre.
Barranger ...	189	Naples.		
Barth ...	26	Baden (Austr.) ...	26	Baden (Austr.)
Barwinski ...		... ..	271	Suderode.
Bary, De ...	328	Strasburg ...	328	Strasburg.
Battersby ...	60	Cannes.		
Battlehner ...	143	Carlsruhe ...	314	Carlsruhe.
Baumann ...	256	Schlangenbad ...	256	Schlangenbad.
Becker ...	319	Hanover ...	319	Hanover.
Beeli ...		... ..	81	Davos Platz.
Bellini ...	230	Rome...	4	Acqua Santa.
Belvin ...	192	Monte Carlo ...	324	Paris.
Beneke ...		... ..	189	Nauheim.
Bennet ...	176	Mentone ...	—	London.
Benzler ...		... ..	309	Zoppot.
Berther ...	90	Evian...	96	Evian.

Name.	Page.	Winter Station.	Page.	Summer Station.
Bertier ...	...	...	238	St. Gervais.
Bertier ...	...	...	7	Aix-les-Bains.
Berton ...	27	Baden-Baden	27	Baden-Baden.
Bertrand ...	...	...	256	Schlangenbad.
Betons ...	...	...	34	Barèges-Barsun.
Biefel ...	...	...	215	Salzbrunn.
Biermann ...	250	San Remo	240	St. Moritz.
Biermann ...	27	Baden-Baden	27	Baden-Baden.
Bilfinger ...	122	Hall (Würt.)	122	Hall (Würt.).
Birnbaum ...	315	Cologne	258	Schwalbach.
Blanc ...	...	...	7	Aix-les-Bains.
Blom-Coster ...	319	Hague	319	Hague.
Blondin ...	133	Hyères	242	St. Sauveur.
Blumenfeldt ...	26	Baden (Austr.)	26	Baden Austr.).
Bode ...	...	...	182	Nauheim.
Bodenstein ...	...	...	75	Colberg.
Boell ...	...	...	196	Niederbronn.
Bongard ...	...	...	48	Bourbonne.
Bonjean ...	...	...	242	St. Simon.
Boucomont ...	...	...	233	Rouzat.
Bouer ...	...	...	81	Davos Platz.
Bouloumié ...	...	...	290	Vittel.
Bourgeois ...	313	Berne...	313	Berne.
Bouyer ...	...	...	17	Amélie-les-Bains.
Boyer ...	...	...	254	Saxon.
Brabant ...	83	Dinan...	83	Dinan.
Brachet ...	...	...	7	Aix-les-Bains.
Brandt ...	123	Hamman R'irha	233	Royat.
Branley ...	...	...	120	Guillon.
Breen ...	313	Bordeaux	313	Bordeaux.
Brehmer ...	113	Görbersdorf	113	Görbersdorf.
Breiting ...	318	Genoa	318	Genoa.
Breunig ...	21	Augustusbad	21	Augustusbad.
Bright ...	60	Cannes.	...	...
Brisgen ...	...	...	192	Neuenahr.
Brockmann ...	...	Clausthal	120	Grund.
Brück ...	87	Driburg	87	Driburg.
Bruckner ...	312	Basle	312	Basle.
Brüggelmann ...	136	Inselbad	136	Inselbad.
Brunner ...	313	Berne...	164	Loèche les Bains.
Brunner ...	320	Lucerne	94	Engelberg.
Bujakowsky ...	70	Charlottenbrun	70	Charlottenbrun.
Bundsen ...	171	Malaga.	...	...
Burdach ...	...	...	225	Reichenhall.
Camaran ...	102	Forges-les-Eaux	102	Forges-les-Eaux.
Camerer ...	194	Nice	225	Reichenhall.
Camme ...	319	Hanover	319	Hanover.
Carretero ...	321	Madrid	321	Madrid.
Caspari ...	...	...	175	Meinberg.
Cazalis ...	...	...	60	Challes.
Cazaux ...	...	Paris	80	Eaux-Bonnes.
Cazenave de la Roche ...	208	Pau	80	Eaux-Bonnes.
Cerio ...	62	Capri	62	Capri.
Chapman ...	324	Paris	324	Paris.
Champtier ...	...	...	67	Canvalat.

Name.	Page.	Winter Station.	Page.	Summer Station.
Chartres ... ..	19	Arcachon ... ..	—	Dublin.
Charvet ... ..	...	... ..	292	Vals.
Chéne-Bougerie ...	108	Geneva ... ..	108	Geneva.
Chlorin ... ..	...	... ..	175	Mehadia.
Clemens ... ..	...	... ..	234	Rudolstadt.
Coche ... ..	...	... ..	75	Condillac.
Cohn ... ..	...	... ..	304	Wiesbaden.
Colonna ... ..	10	Ajaccio. ... ..	...	...
Collignon ... ..	313	Brussels ... ..	313	Brussels.
Comandré ... ..	...	... ..	32	Bagnols.
Companyo ... ..	...	Estramer ... ..	95	Las Escaldas.
Cordes ... ..	...	... ..	12	Alexanderbad.
Cornilo ... ..	167	Lugano ... ..	167	Lugano.
Cosyn ... ..	43	Blankenberg ...	43	Blankenberg.
Coulon ... ..	182	Monaco. ... ..	...	...
Cramer ... ..	93	Elster ... ..	93	Elster.
Cros ... ..	...	... ..	153	La Malou.
Crosby ... ..	194	Nice. ... ..	...	...
Crucknell ... ..	268	Spezzia ... ..	—	London.
Cüppers ... ..	—	Trèves ... ..	39	Bertrich.
Czerny ... ..	125	Heidelberg ... ..	125	Heidelberg.
Daina ... ..	327	Saragossa ... ..	327	Saragossa.
Dantard ... ..	...	... ..	96	Evian.
Danjoy ... ..	324	Paris ... ..	48	La Bourboule.
Daremberg ... ..	176	Mentone ... ..	176	Mentone.
Daubeney ... ..	250	San Remo ... ..	94	Engelberg.
Davids ... ..	311	Amsterdam ... ..	311	Amsterdam.
Davidson ... ..	316	Florence ... ..	316	Florence.
Davillier ... ..	...	... ..	214	Plombières.
Debout d'Estree ...	...	... ..	75	Contrexéville.
De Damseaux ... ..	...	... ..	267	Spa.
Deetz ... ..	131	Homburg ... ..	131	Homburg.
Deetz ... ..	...	... ..	167	Luisenbad.
De la Harpe ... ..	156	Lausanne ... ..	156	Lausanne.
Delfau ... ..	62	Capvern ... ..	62	Capvern.
Dennis ... ..	...	... ..	267	Spa.
Deputowski ... ..	...	... ..	194	Neyrac.
Desprez ... ..	194	Nice ... ..	245	Salins (Savoy).
Desprez ... ..	...	... ..	50	Brides.
Dettweiler ... ..	98	Falkenstein ... ..	98	Falkenstein.
De Uriarte ... ..	328	Sevilla ... ..	328	Sevilla.
De Voogt ... ..	208	Pau. ... ..	...	...
De Wette ... ..	312	Basle ... ..	312	Basle.
Dietz ... ..	...	... ..	131	Homburg.
Dickinson ... ..	11	Alassio. ... ..	...	...
Diruf ... ..	...	... ..	146	Kissingen.
Dittmann ... ..	...	... ..	273	Sylt.
Dlauiy ... ..	...	... ..	191	Neudorf.
Döhner ... ..	...	... ..	160	Liebenstein.
Dommer ... ..	24	Angustusbad ...	24	Angustusbad.
Donné ... ..	203	Orezza ... ..	203	Orezza.
Dörr ... ..	322	Mayence ... ..	322	Mayence.
Doyon ... ..	...	... ..	269	Uriage.
Drescher ... ..	...	... ..	225	Reinerz.
Drummond ... ..	...	... ..	131	Homburg.
Drummond ... ..	194	Nice ... ..	240	St. Moritz, Eng.
Dubouloz ... ..	...	... ..	75	Coise.



Name.	Page.	Winter Station.	Page.	Summer Station.
Duchosal ... ..	...	...	69	Chamounix.
Ducoux ... ..	...	...	32	Balaruc.
Duffy ... ..	316	Florence ... ..	316	Florence.
Dufour ... ..	123	Hammam R'Irha ...	123	Hammam R'Irha.
Duhourcan ... ..	67	Cauterets ... ..	67	Cauterets.
Dumuz ... ..	...	...	96	Evian.
Dupeyron ... ..	66	Castrera Verduzan ...	34	Barbotan.
Dürr ... ..	122	Hall (Würt.) ... ..	122	Hall (Würt.).
Dyes ... ..	319	Hanover ... ..	319	Hanover.
Ebert ... ..	39	Berka... ..	39	Berka.
Eberle ... ..	328	Prague ... ..	278	Teplitz.
Ebner ... ..	62	Cannstadt ... ..	62	Cannstadt.
Eichler ... ..	...	...	278	Teplitz.
Elb ... ..	316	Dresden ... ..	316	Dresden.
Emond ... ..	324	Paris ... ..	185	Mont-Dore.
Engelmann ... ..	150	Kreuznach ... ..	150	Kreuznach.
Erfurt ... ..	99	Feldberg ... ..	99	Feldberg.
Erb ... ..	125	Heidelberg ... ..	125	Heidelberg.
Ewe ... ..	...	...	190	Nenndorf.
Eysell ... ..	319	Hanover ... ..	319	Hanover.
Fassbind ... ..	109	Gersau ... ..	109	Gersau.
Fani ... ..	316	Florence ... ..	31	Bagno-in-Romagna.
Fellerer ... ..	323	Munich ... ..	104	Franzensbad.
Feltgen ... ..	...	...	192	Neuenahr.
Felton ... ..	304	Wiesbaden ... ..	304	Wiesbaden.
Ferreti ... ..	...	Bologna ... ..	135	Imola.
Ficker ... ..	329	Vienna ... ..	278	Teplitz.
Finkelnburg ... ..	112	Godesberg ... ..	112	Godesberg.
Fitz-Henry ... ..	176	Mentone ... ..	...	London.
Flechsigg ... ..	93	Elster... ..	93	Elster.
Fletcher ... ..	209	Pegli. ... ..	...	...
Fleury ... ..	...	...	259	Schwalheim.
Flottard ... ..	...	...	96	Evian.
Fontau ... ..	...	...	57	Cadéac.
Forrest ... ..	316	Florence ... ..	316	Florence.
Förster ... ..	...	...	22	Artern.
Fraisse ... ..	...	...	180	Miers.
Frank ... ..	60	Cannes ... ..	—	London.
Franke ... ..	124	Harzburg ... ..	124	Harzburg.
Franz ... ..	...	...	301	Warmbrunn.
Frédet ... ..	...	...	233	Royat.
Freeman ... ..	250	San Remo. ... ..	...	...
Fresenius ... ..	...	...	266	Soden.
Frey ... ..	...	...	162	Lippspringe.
Freygang ... ..	39	Berka... ..	39	Berka.
Frickhöffer ... ..	...	...	258	Schwalbach.
Friedmann ... ..	...	...	299	Vöslau.
Fromm ... ..	...	...	198	Norderney.
Fukel ... ..	...	...	256	Schmalkalden.
Fürstenberg ... ..	137	Ischl ... ..	137	Ischl.
Galbais ... ..	305	Wildbad ... ..	146	Kissingen.
Gallus ... ..	167	Luhatschowitz ... ..	167	Luhatschowitz.
Gans ... ..	...	...	142	Karlsbad.

Name.	Page.	Winter Station.	Page.	Summer Station.
Garrigon ...	25	Ax ...	166	Bagnères de Luchon.
Gason ...	230	Rome ...	166	Lucca.
Gastl ...	110	Giesshübl ...	110	Giesshübl.
Gatti ...	—	Bologna ...	66	Castel St. Pietro.
Gaulejac, de ...	101	Fonfrede ...	101	Fonfrede.
Gazert ...	...	... ..	198	Norderney.
Geissé ...	...	... ..	93	Bad Ems.
Genieys ...	17	Amélie-les-Bains ...	17	Amélie-les-Bains.
Genth ...	...	... ..	258	Schwalbach.
Gerber ...	...	... ..	307	Wyk.
Gerber ...	112	Godesberg ...	112	Godesberg.
Germonik ...	329	Vienna ...	202	Veldes.
Gessens ...	133	Hyères ...	7	Aix-les-Bains.
Girdlestone ...	40	Biarritz.	...	...
Giserius ...	104	Freienwalde ...	104	Freienwalde.
Glaesgen ...	188	Münster am Stein...	188	Münster am Stein.
Glax ...	...	... ..	229	Rohitsch.
Goldschmidt ...	169	Madeira ...	169	Madeira.
Goodchild ...	45	Bordighera.	...	...
Gourdon ...	12	Alet ...	12	Alet.
Goyeneche ...	238	St. Jean de Luz ...	238	St. Jean de Luz.
Graef ...	103	Frankenhausen ...	103	Frankenhausen.
Graham ...	169	Madeira ...	169	Madeira.
Grandvilliers ...	194	Nice.	...	...
Green ...	17	Anacapri.	...	...
Griffiths ...	133	Hyères.	...	...
Grigor ...	230	Rome ...	230	Rome.
Gros ...	324	Paris ...	168	Luxeuil.
Grossmann ...	60	Cannes ...	256	Schlangenbad.
Gubian ...	...	... ..	154	Lamotte.
Guetz ...	...	... ..	172	Marienbad.
Guichard ...	32	Elmen ...	92	Elmen.
Guibert ...	60	Cannes.	...	...
Gurney ...	194	Nice.	...	...
Gustorf ...	312	Berlin ...	312	Berlin.
Gutschke ...	143	Carlsruhe ...	314	Carlsruhe.
Guttentag ...	93	Ems ...	93	Ems.
Guyenot ...	...	... ..	244	Salins (Jura).
Haase ...	194	Nice ...	131	Homburg.
Haberer ...	118	Griessbach ...	118	Griessbach.
Hahn ...	312	Berlin ...	93	Elster.
Hall ...	315	Cologne ...	315	Cologne.
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Harvey ...	...	... ..	47	Bonlogne-sur-Mer.
Hasenfeld ...	329	Vienna ...	274	Szliacz.
Hassall ...	250	San Remo ...	287	Tunbridge Wells.
Hassenstein ...	135	Ilmenau ...	135	Ilmenau.
Haueisen ...	122	Hall (Wurt.) ...	122	Hall (Würt.).
Haufe ...	328	Strasburg ...	237	St. Blasien.
Hauser ...	327	Sevilla ...	328	Sevilla.
Hausmann ...	...	... ..	178	Meran.
Helligenthal ...	...	... ..	27	Baden-Baden.
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Name.	Page.	Winter Station.	Page.	Summer Station.
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Herzog ... ..	...	... ..	301	Warmbrunn.
Hesse ... ..	...	... ..	160	Liebenstein.
Heusinger ... ..	...	Harzgerode ... ..	13	Alexisbad.
Hinterberger ... ..	...	... ..	283	Topusko.
Hirachl ... ..	212	Pisa ... ..	205	Viareggio.
Hirachfeld ... ..	75	Colberg ... ..	75	Colberg.
Hitscher ... ..	...	... ..	307	Wyk.
Hitzel ... ..	131	Homburg ... ..	131	Homburg.
Höber ... ..	131	Homburg ... ..	131	Homburg.
Höfler ... ..	...	... ..	150	Krankenheil.
Höhne ... ..	...	... ..	301	Warmbrunn.
Hoisel ... ..	...	... ..	229	Rohitsch.
Höring ... ..	...	... ..	179	Mergentheim.
Huber ... ..	...	... ..	178	Meran.
Hugemann ... ..	10	Ajaccio ... ..	258	Schöneegg.
Hüller ... ..	87	Driburg ... ..	87	Driburg.
Huth ... ..	304	Wiesbaden ... ..	304	Wiesbaden.
Hysern ... ..	321	Madrid ... ..	321	Madrid.
Ingrish ... ..	...	... ..	172	Marienbad.
Jacob ... ..	...	... ..	79	Cudowa.
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Janssens ... ..	...	... ..	203	Ostende.
Janvier ... ..	212	Pierrefonds ... ..	212	Pierrefonds.
Jarmay ... ..	257	Schmëcks ... ..	257	Schmëcks.
Jelly ... ..	321	Madrid ... ..	321	Madrid.
Jimenez de Pedro ... ..	321	Madrid ... ..	289	Urberoaga de Ubilla.
Joel ... ..	156	Lausanne ... ..	156	Lausanne.
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Kallay ... ..	104	Franzensbad ... ..	104	Franzensbad.
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Kiel ... ..	...	... ..	223	Rastenbergl.
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Kispert ... ..	321	Madrid ... ..	321	Madrid.
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Name.	Page.	Winter Station.	Page.	Summer Station.
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Köhler ...	...	...	220	Pyrmont.
Köhler ...	...	...	266	Soden.
Kohn ...	...	...	148	Königswart.
Kopf ...	140	Johannisbad ...	140	Johannisbad.
Körbl ...	121	Hall (Austr.) ...	121	Hall (Austr.).
Kostüm ...	84	Dobberan ...	84	Dobberan.
Kostus ...	...	...	15	Allevard-les-Bains.
Krauss ...	...	...	179	Mergentheim.
Krischke ...	150	Kreuzen ...	151	Kreuzen.
Kronser ...	...	...	142	Carlsbad.
Küchler ...	...	...	167	Luhatschowitz.
Kuhnemann ...	182	Monaco ...	166	Luchon.
Künger ...	305	Wildungen ...	305	Wildungen.
Kurz ...	293	Venice.	...	...
Kussmaul ...	323	Strasburg ...	323	Strasburg.
Laaff ...	40	Burtscheidt ...	40	Burtscheidt.
Labat ...	19	Arcachon ...	19	Arcachon.
Lacoste ...	152	Labassère ...	29	Bagneres de Bigorre.
Lahillone ...	208	Pau.	...	...
Lahs ...	...	...	220	Pyrmont.
Lamarque ...	123	Hammam R'Irha ...	123	Hammam R'Irha.
Landry ...	...	...	217	Pouillon.
Langaudin ...	324	Paris ...	233	Royat.
Lange ...	84	Dobberan ...	84	Dobberan.
Lange ...	314	Cassel ...	314	Cassel.
Langner ...	...	...	154	Landeck.
Larica ...	169	Madeira ...	169	Madeira.
Laspales-Mondon ...	...	...	166	Luchon.
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Lebert ...	...	...	187	Montreux.
Lee ...	176	Mentone.	...	...
Lehmann ...	...	...	167	Luisenbad.
Lehmann ...	...	...	200	Oeynhausens.
Le Roy ...	40	Biarritz ...	40	Biarritz.
Lersch ...	7	Aix-la-Chapelle ...	7	Aix-la-Chapelle.
Lescarmel ...	59	Cambo ...	59	Cambo.
Lesi ...	...	Bologna ...	135	Imola.
Leukardt ...	320	Leipzig ...	320	Leipzig.
Levy ...	293	Venice ...	71	Chateauf.
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## EXPLANATIONS AND TRANSLATIONS OF TECHNICAL TERMS AND PHRASES.

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*Amenorrhæa*.—Suppression of the menses.

*Anæmia*.—Poverty of the blood.

*Anchylosis*.—Stiffening of the joints.

*Antispasmodic*.—Against spasms.

*Aphonia*.—Loss of voice.

*Apnœa*.—Difficulty of breathing.

*Articulation*.—A joint.

*Articular*.—Concerning the joints.

*Atonic*.—Want of tone, debility.

*Atrophy*.—Lack of nourishment, emaciation.

*Bronchi*.—Small air passages in lungs.

*Bronchial-catarrh*.—Catarrh of the air-passages.

*Bronchitis*.—Inflammation of the bronchi.

*Bronchus*.—Windpipe.

*Cachexia*.—An unhealthy habit of body.

*Calcium*.—Lime.

*Calciferous*.—Lime-bearing.

*Carbonate*.—Containing carbonic acid.

*Cervical*.—Belonging to the neck.

*Chalybeate*.—Iron.

*Chlorosis*.—Green sickness.

*Cholagogues*.—Medicines promoting a flow of bile.

*Climacteric*.—Critical period of life.

*Congestion*.—Undue fulness of blood vessels, lungs, &c.

*Coryza*.—Inflammation of the lining membrane of the nostrils

*Cutis*.—Skin.

*Cutaneous*.—Concerning the skin.

*Diabetes*.—Inordinate flow of urine containing sugar.

*Diagnosis*.—Recognition of a disease.

*Diathesis*.—Peculiar constitutional state.

*Diphtheria*.—A disease of throat.

*Dislocation*.—Out of joint.

*Diuresis*.—Flow of urine.

*Diuretic*.—Causing a flow of urine.

*Douche*.—A form of bath in which the water comes from above or the sides by mechanical power.

*Dysmenorrhœa*.—Painful menstruation.

*Dyspepsia*.—Difficult digestion.

*Eczema*.—A skin disease.

*Effusion*.—Escape of a fluid from vessels within the body into other parts.

*Empyema*.—Internal collections of pus.

*Endemic*.—Diseases of particular countries or localities.

*Expectorants*.—A class of medicines which aid in clearing the throat and chest.

*Febrifuges*.—Medicines which dispel feverish conditions.

*Granulations*.—A stage in the process of healing.

*Gravel*.—A disease of the bladder or kidneys.

*Hæmorrhage*.—Bleeding.

*Hæmorrhoids*.—Piles.

*Hepatic*.—Belonging to the liver.

*Hernia*.—Rupture.

*Herpes*.—A skin disease.

*Homœopathy*.—A school of medicine.

*Hydatids*.—Minute parasites which form collections within the human body.

*Hydropathy*.—Water cure.

*Hypertrophy*.—Over-growth.

*Hypochondriasis*.—A form of melancholy.

*Idiopathic*.—Occuring without apparent cause.

*Idiosyncrasy*.—Individual peculiarity.

*Influenza*.—A severe form of feverish cold.

*Intermittent*.—Recurring at intervals.

*Iritis*.—A disease of the eye.

*Laryngitis*.—Inflammation of the larynx.

*Larynx*.—Portion of the throat in which the voice is formed.

*Leucorrhœa*.—A white discharge in females.

*Leprosy*.—A skin disease.

*Lithontriptics*.—Medicine supposed to dissolve stone in the bladder.

*Lumbago*.—A rheumatic pain the loins.

*Menorrhagia*.—Excessive menstruation.

*Miasma*.—An infectious element in the air.

*Neuralgia*.—A nervous pain.

*Neurosis*.—Nervous affection.

*Nephritis*.—Inflammation of the kidney.

*Obesity*.—Fatness.

*Ophthalmia*.—An eye affection.

*Panacea*.—A universal remedy.

*Paralysis*.—Palsy, loss of power.

*Percussion*.—A shaking.

*Pharynx*.—The back part of the mouth.

*Phlebitis*.—Inflammation of the veins.

*Phrenitis*.—Frenzy.

*Phthisis*.—Consumption.

*Plethora*.—Full habit of body.

*Pleurisy*.—Inflammations of lining membrane of lungs.

*Pneumonia*.—Inflammation of the lung.

*Pruritus*.—Itching.

*Pulmonary*.—Concerning the lungs.

*Rachitis*.—Rickets.

*Remittent*.—Which diminishes and increases febrile action periodically.

*Saccharine*.—Sugary.

*Sciatica*.—Pain in sciatic nerve (back of hip).

*Scrofula*.—A certain unhealthy condition of body.

*Styptics*.—Arresting flow of blood.

*Suppuration*.—Discharge of matter (pus).

*Synocha*.—Continuous fever.

*Tendinous*.---Belonging to the tendons.

*Tuberculous* or *Tubercles*.---A diseased condition of the lungs or other organs.

*Uterus*.---Womb.

*Uterine*.---Concerning the womb.

*Varicose*.--- Enlarged and tortuous veins.

*Viscera*.---Bowels and internal organs.

# CLASSIFICATION

ACCORDING TO THE DIFFERENT COUNTRIES OF THE  
STATIONS NAMED IN TEXT.

## AFRICA.

Aboukir  
Ain-Nonicy  
Algiers  
Bains de la Reine  
Ben Haroun  
**Cairo**  
Cèdres (Source des)  
Chazam  
Hamma

Hammam Berda  
Hammam de Gabes  
Hammam el Eux  
Hammam Melouane  
Hammam Meskutin  
**Hammam R'irha**  
Helouan-les-Bains  
Luksor

Madagascar  
**Madeira**  
Mara  
Mogador  
Monzaio-les-Mines  
Okme  
Ramleh  
Salah Bey

## AUSTRIA.

**Abazzia**  
Adelsberg  
Ajnacső  
Akná Szlatina  
Aláp  
Al-Gyógy  
Almamező  
Almás  
Alsó-Sebes  
Altsohl  
Alt-Tura  
Arapataka  
Arco  
Arpad  
Atya  
Aussee  
Baassen  
**Baden**  
Bacskó-Rahó  
Baczuch  
Bajfalú  
Balsócz  
Baracza  
Bari  
Bela  
Bellus  
Benedekfalva  
Benyus  
Berencze  
Bernstein  
Besenyőfalva  
Bikszád  
Bilén  
**Bilin**  
Bistritz  
Bisztrá  
Bodajk  
Böcsing

Borkút  
Borsa  
Borsáros  
Borszek  
Botzen  
Bréb  
Brixen  
Brusznó  
Budimir  
Budis  
Budos  
Budosko  
Bujak  
Buzias  
Carlsbrunn  
Cormus  
Czacko  
Czigelka  
Daruvar  
**Deutsch-Kreutz**  
Dios-Győr  
Dios-Jenő  
Disznopatak  
Doktorka  
Dolka  
Dombhát  
Dorna  
Dotit  
Dragomerfalva  
Drahowa  
Dreykirchen  
Drohobycz  
Dubowa  
Dubrawa  
Ebed  
Ebriach  
Egartbad  
Egbell

Eghegh  
Egerdach  
Egelhof  
Eichwald  
Einöd  
Eisenbach  
**Elisabeth Salz-**  
**baths**  
Erdöbenye  
Erlachbad  
Erlau  
**Ernsdorf**  
Falú-Szlatina  
Farkas-Meső  
Feletkut  
Fellathal  
Felső-Alap  
Felső-Apsá  
Felső Bajom  
Felső Nereszniczó  
Felső Rusbach  
Felső Visso  
Fortyógo  
Franzensbad  
Füred  
Gaberneg  
Gainfahn  
Galthof  
Gastein  
Gath  
Geltschberg  
Giesshübl-Puchstein  
**Gleichenberg**  
Gleisslibergerbad  
Gmünd  
Gmunden  
Görz  
Gortwa-Kisfúla



**AUSTRIA--continued.**

Gräfenberg	Klokocs	Po-Csevicze
Gran	Kobersdorf	Pojan
Grasnawawoda	Königswarth	Pongyelok
Gries	Konopkowka	Pötschnig
Grodeck	Korond	Preblau
Gross-Schlagendorf	Koroud	Prodersdorf
Grosswardein	Korsow	Prutzerbad
Gross-Wunitz	Korytnica	Püllna
Gyüzy	Kostreinitz	Pyrawarth
Haj-Stubna	Köstritz	Rabbi
Hall, nr. Linz	Kovaszva	Rabka
Hall, nr. Innsbruck	Krapina-Töplitz	Radein
Hallein	Kreuzen	Rajecz
Harkányi	Krynica	Rakós
Heilige-Kreuzbath	Krzessow	Ranigsdorf
Heiligenstadt	Kugelbad	Ratzes
Herculesbaths	Lesina	Reichenau
Herlein	Leszina	Rima-Brezó
Hevitz	Levico	Riva
Hildegard-Brunnen	Liebwerda	Rodna
Homok	Lienzmühl	Roggendorf
Homorod	Lipik	Rohitsch
Hozumzö	Lubien	Römerbad
Hradiszko	Lucsky	Ronya
Hunialy-Yános	Luhatschowitz	Rosenu
Innichen	Magyar-Szent-Lazlo	Roznau
Ischl	Malnas	Sadschutz
Ivanda	Marienbad	Saidschutz
Ivonicz	Mastinecz	St. Peter
Jacobfalva	Mattigbad	St. Radegund
Jahodnika	Mauer	Salzburg (Salzkam-
Jamnicza	Meidling	mergut)
Jaróslaw	Meran	Salzburg (nr. Her-
Jehu	Mitterbad	mannstadt
Johannisbad, nr. Par-	Moha	Sangerberg
dubitz	Monfalcone	San Georgen
Johannisbad, nr. Mel-	Mscheno	San Lorenzo
nik	Nelefin	Schmecks
Jood	Neudorf	Schöna
Josephsbad	Neuhaus	Schums
Jurowla	Neu-Lublau	Schwefelbad
Kabolapolyána	Neuschmecks	Sesavnik
Kács	Nensiedel	Sedlitz
Kaltenleutgeben	Neusohl	Sibó
Kammer	Nook	Sid
Karlsbad	Oberladis	Sisso
Karpfen	Obernhaus	Sombór
Keked	Obernau	Spalato
Kemend	Ober-Rauschenbach	Steinwasser
Kerö	Oelves	Sternberg
Keruly	Ofen	Stoika
Kierling	Olafalú	Stuben
Kiralyi	Ollmütz	Suliguli
Kiralymezö	Oroslau	Sulz
Kis-Czeg	Osztrovsk	Sutinsko
Kis-Kalau	Palitz	Szalatnya
Kis-Saros	Parád	Szaldobos
Klaussen	Pesth	Szator
Klein-Chocholna	Pilsen	Szczawnicza
Klieningen	Pistyán	Szent-Ivan

**AUSTRIA**—*continued.*

Szkleno  
Szklo  
Szlíacz  
Szmrda  
**Szobrancz**  
Szombhát-Falva  
Sztubicza  
Szulín  
Tapolcza  
Tatzmannsdorf  
Telgart  
Teneke  
Teplitz  
**Teplitz-Schönau**  
Theissholz  
Tobelbad

Töplika  
Topolschitz  
Topuczeko  
Torda  
Trenczin-Teplitz  
Trieste  
Truskowicze  
Tschawitz  
**Tüffer**  
Tür  
Tusnád  
Ugód  
Ullersdorf  
Unter-Micsnye  
Ustrom

Várgédo  
Veldes  
Vetzel  
Vihnye  
Visk  
**Vöslau**  
Wartenberg  
Wenzelsbath  
Wieliczka  
Wolfs  
Wolfsegg  
Zajzon  
Zögg  
Zovány  
Zwieselsalpe

**BELGIUM.**

Blanchemont  
Blankenbergh  
Chaufontaine

Heyst  
Middlekerke  
Ostende

**Spa**  
Tongeren

**DENMARK.**

Barestrand-Syssel  
Iceland  
Kirstenpils

Kopenhagen  
Marienlust

Randamel  
Thingöe-Syssel

**FRANCE.**

Abbecourt  
Absac  
Agon  
Aincelle  
Aix (Provence)  
**AIX-LES-BAINS**  
**Ajaccio**  
Albens  
Alais  
Aled  
Allevard-les-Bains  
**Amélie-les-Bains**  
Amphion  
Andabre  
Antibes  
Arborme  
**Arcachon**  
Arcs, Les  
Argentieres  
Arlam  
Arromanches  
Asnelles  
Audinac  
Augnac  
Aulus  
Availlies  
Avesne  
Ax  
**Bagnères de Bi-**  
**gorre**

Bagnet, Le  
Bagnoles  
Bagnols  
Bains  
Bains, near Arles  
Balaruc  
Banyuls  
Baran  
Barbazan  
Barberie  
Barbotan  
Barèges  
Barzun  
Bastennes  
Bauche La  
Beaumont  
Beaulieu, nr. Isoire  
Beaulieu, nr. Nice  
Beaupreau  
Bellesme  
Belleville  
Belloc  
Bernières  
Bernos  
Berthemont  
Besse  
Bétaille  
Beuzeval  
Biarritz  
Bilazai

Bleville  
Boisse, La  
Bondonneau  
Bonnesfontaine, La  
Bonneval  
Boudes  
Boulogne-sur-Mer  
Boulou, Le  
Bourasol  
Bouqueron  
Bourbon l'Archambault  
Bourbon Lancy  
Bourbonne  
**Bourboule, La**  
Bourg d'Ault  
Bourg d'Oisans  
Brides  
Brugheas  
Bruneval  
Bulgneville  
Bullycome, Le  
Busignargues  
Bussang  
Cabourg  
Cadéac  
Caille, La  
Calais  
Caldanicia  
Camarès

**FRANCE**—*continued.*

Cambo  
 Camoins  
 Campagne  
 Candé  
**Cannes**  
 Capvern  
 Carconières  
 Carteret  
 Casnefouls  
 Castel-Jaloux  
 Castera-Verduzan  
 Cauterets  
 Cauvalat-le-Vigan  
 Cayeux  
 Cayla, La  
 Celles  
 Chabetout  
 Chaldette, La  
 Challes  
**Chamounix**  
 Champoleon  
 Chapelle-Godefroy, La  
 Charbonnières  
 Chateau Gontier  
 Chateaufort  
 Chateldon  
 Chatel Guyon  
 Chaudes-Aigues  
 Chaumont  
 Chaumont  
 Chemille  
 Cherbourg  
 Choranche  
 Clermont  
 Coise  
 Collioure  
**Contrexéville**  
 Cordéac  
 Corenc  
 Corneille  
 Couchon  
 Coudes  
 Coudillac  
 Courpière  
 Cours  
 Courtomer  
 Courseulles  
 Coutainville  
 Cransac  
 Crèche  
 Criel  
 Croisic, Le  
 Crol, Le  
 Crotoy, Le  
 Deauville  
 Désaignes  
 Desvres  
 Deux Lacs  
 Dieppe  
 Dieu-le-fut

Digne  
 Dinan  
 Dives  
**Divonne-les-Bains**  
 Dinard  
 Domène  
 Domeray  
 Domèvre  
 Dorres  
 Douarnes  
 Douville  
 Douai  
 Duivon  
**Dunkerque**  
 Durtal  
**Eaux-Bonnes**  
 Eaux-Chaudes  
 Ebeaupin  
 Echailon  
 Ecquevilly  
 Ecuillé  
 Encausse  
 Enghien  
 Enn  
 Erquy  
 Escaldas, Las  
 Escouloubre  
 Etretat  
 Ezet  
 Evaux  
**Evian-les-Bains**  
 Farete  
 Fécamp  
 Felines  
 Ferranche  
 Ferrière, La  
 Féron  
 Fiumorbo  
 Fonciègues  
 Fonfrede  
 Fonsainte  
 Fonsalada  
 Fonsanches  
 Fonsronilleuse  
 Fontagne or Soré  
 Fontenelle  
 Foradade  
 Forcerai  
 Forges-les-Bains  
 Forges-les-Eaux  
 Foucaude  
 Fourchambault  
 Fumades  
 Gabian  
 Gamarde  
 Garde de Bio, La  
 Gardinière  
 Garris  
 Gazost  
 Genestelle

Gigondas  
 Ginoles  
 Glaine-Montaigne  
 Gournay  
 Gramat  
 Grandcamp  
 Grandeyrol  
 Grandril  
 Granville  
 Grasseville-l'heure  
 Gréoulx  
 Grinneaux  
 Guagno  
 Guillon  
 Guitera  
**Havre, Le**  
 Hennebon  
 Hermonville  
 Herse, La  
 Heucheloup  
 Home-Varaville, Le  
 Honfleur  
 Houches, Les  
 Houlgate  
 Hourdel  
**Hyères**  
 Jalleyrac  
 Joannette  
 Job  
 Jose  
 Jouche  
 Labassère  
 Labestz-Biscaya  
 Lacanne  
 Laifour  
 La Malou  
 Lamotte  
 Langrune  
 Larivière  
 Laroche  
 Lassère  
 Lavardens  
 Legué St. Breuil  
 Lepoulguen  
 Les Salins  
 Lion-sur-Mer  
 Llo  
 Lons-le-Saulnier  
 Luc-sur-Mer  
 Luchon  
 Luxeuil  
 Macon  
 Magnac  
 Marat  
 Marcols  
 Marlioz  
 Marseilles  
 Martigné-Briant  
 Martigny  
 Mattres

## FRANCE—continued.

Mâyes	Pont de Bared	St. Martin de Fenouille
Mazel, Le	Pontrieux	St. Martin Lantosque
Medagues	Pornic	St. Maurice
<b>Mentone</b>	Port-Bail	St. Myon
Merens	Porte	St. Nectaire
Mers	Port-en-Bessin	St. Ours
Mezières	Port Thareau	St. Pair
Miers	Pouques	St. Pardoux
Moingt	Pouillon	St. Parize
Molitz	Pouroille	St. Pierre d'Argenson
Monestier de Briançon	Prades Vernet	St. Prieste des Champs
Monestier de Clermont	Prechac	St. Prieste-la-Roche
Montbrison	Preste, La	St. Quentin
Montbrun	Prompsad	<b>St. Raphael</b>
Montchauson	Propiac	St. Remy
Mont-Dore	Provins	St. Roman
Montégut-Ségla	Prugues	St. Sautin
Montlignon	Puzzichello	St. Sauveur
Mont Louis	Quez	St. Simon
Montmirail	Quinéville	St. Thomas
Montner	Regneville	St. Vaast
Montol	Remolion	St. Valery-en-Caux
Montpellier	Renaissn	St. Valery-sur-
Montpensier	Renlaigne	Somme
Mortefontaine	Rennes	St. Vallier
Nebouzat	Reyrieux	St. Yorre
Nefflach	Rieumajou	Ste. Adresse
Neris	Roccabigliera	Ste. Helene
Neuville	Romeyer	Ste. Madeleine
Neyrac	Roncevaux	Ste. Marie (Cantal)
<b>Nice</b>	Roscoff	Ste. Marie (Hautes
Nohanend	Roucas Blanc	Pyrenées)
Nouvelle, La	Rouzat	Salces
Olette	Royan	Salies
Olliegues	<b>Royat</b>	Salies de Béarn
Orezza	Roye	Salins
Origny	Sables d'Olonne	Salins Montiers
Oriol	Sail-les-Bains	Salles
Outrancourt	Sail-sous-Couzan	Salz
Paimpal	St. Alban	Santenay
Panassan	St. Amand	Sarcey
Paramé	St. André	Saubuse
Paris	St. Boes	Saucats
Passy	St. Bonnet	Saulce
<b>Pau</b>	St. Briac	Sault
Pandraux	St. Christau	Sausillonges
Perrière, La	St. Denis	Saute-Vaux
Perruches	St. Diery	Savernolles
Petites Dalles, Les	St. Galmier	Saxe, La
Pierrefonds	St. Gervais	Scay
Pietrapola	St. Gildas	Segray
Plaine, La	St. Honoré	Segre
Plan, Le	St. Icaire	Semur
Planchamps	St. Jean d'Aulph	Sentein
Plan de Phazy	St. Jean de Luz	Sermaise
Plombières	St. Laurent	Silvanès
Poggeto Theniers	St. Loubouer	Siradan
Pontailac	St. Lunaire	Sixt
Pontamafrey	<b>St. Malo</b>	Sotteville
Pont à Mousson	St. Marie de Mont	Soulac

**FRANCE—continued.**

Soulieux  
Talloires  
Tarascon  
Tercis  
Termignon  
Ternaut  
Terraui  
Terrasie, La  
Teste, La  
Thuez  
Tissières  
Tivoli  
Toulon  
Trebas  
Tremblade, La  
Tremiseau  
Treport, Le  
Tresclaux

Trolière, La  
Trouville  
Urbalacone  
**Uriage**  
Ussat  
Usson  
Vaisse  
Val André, Le  
Vals  
Varennas  
Vaugnières  
Velleminfroy  
Velleron  
Velmont  
Vernet, Le  
Veules  
Veulettes

**Vichy**  
Vic-sur-Cer  
Vicoigne  
Vic-le-Comte  
Vignolles  
Villefranche(Aveyron)  
Villefranche (Alpes  
Maritimes)  
Villers-sur-Mer  
Villerville  
Vinça  
Visos  
Vitry  
Vittel  
Vrécourt  
Yeuzet  
Yport

**GERMANY.**

Abach  
Abensberg  
Adelheidsquelle  
Adelholzen  
Adorf  
**Aix-la-Chapelle**  
Alexanderbath  
Alexisbath  
Alt-Haide  
Altwasser  
Antogast  
Apollinaris  
Arnstadt  
Artern  
Assmannshausen  
Auerbach  
Augustusbath  
**Baden-Baden**  
**Badenweiler**  
Bebra  
Bentheim  
Berg  
Berg-Gilfshuebel  
Bergerbath  
Berka  
**Bertrich**  
Beuren  
Birkenfeld  
Birlenbach  
Birresborn  
Blankenburg  
Bocklet  
Bodendorf  
Bodenfelde  
Böll  
Boltenhagen  
Borbye  
Borkum

Bourtscheidt  
Bramstadt  
Braunfels  
Brückenau  
Burgbergheim  
Buschbath  
Calw  
Cannstadt  
Charlottenbrunn  
Charlottenburg  
Chatenois  
Christenhofsbath  
**Cleve**  
Colberg  
Crailsheim  
Cudowa  
Cuxhaven  
Czarskow  
Dangast  
Diedenow  
Diemerling  
Dievenow  
Dingolfing  
Dinkhold  
Dirschdorf  
Dizenbach  
Dobberan  
Dorfgeismar  
Draitschbrunnen  
Driburg  
**Dürkheim**  
Dürrheim  
Durrwangen  
Düsternbrook  
Eberbach  
Ebningen  
Echzell  
Eckartsbrunnen

Eckerberg  
Eckernförde  
Edenkoben  
Ehrenbreitstein  
Eilsen  
Eimbeck  
Elizabethbath  
Elmen  
Elster  
Empfing  
**Emms**  
Eppenhansen  
Ernabrunnen  
Eschellöb  
Fachingen  
Falkenberg  
Falkenstein  
Feldafing  
Feldberg  
Fiestel  
Flinsberg  
Forbach  
Frankfort-on-Maine  
**Freienwalde**  
Freyersbach  
Friedrichshafen  
Friedrichshall  
Friedrichsroda  
**Friedrichs Wil-**  
**helmsbath**  
Gehringswalde  
Geilnau  
Geisslingen  
Georgenbath  
Geroldgrün  
Geroldstein  
Giengen  
Gleisweiler

**GERMANY**—*continued.*

Gleissen	Kaudenbach	Moching
Goczalkowitz	Kellberg	Mondorf
Godelheim	Kiel	Münchshofen
Godesberg	Kirchberg	Münster
Goldbach	Kirchbrunnen	Munsterberg
Goldberg	Kirchheim	Muritz
Göppingen	Kissingen	Muskau
Görbersdorf	Kleinengstingen	Nammen
Goschwitz	Kleinern	Nassau
Greifenberg	Klein-Schirma	Nauheim
Greifswalde	Klützb	Naumberg
Griesbach	Kochel	Neenndorf
Griesbath	Kondrau	Neuenheim
Gross-Albertshofen	Königsborn	Neuhaus
Grosskarben	Königsbrunn	<b>Neuenahr</b>
Grüben	Königsdorff-Jastr-	Neumarkt
Grull	zembas	Neu Ragóczy
Grund	Königstein	Neuschwalheim
Grundhofen	Kornwestheim	Neustadt (Haart)
Günthersbath	Kösen	Neustadt (Saale)
Hackelthal	Köstritz	Neustadt-Eberswalde
Hafkreuz	Krähenbath	Niederbronn
Hall	Krankenheil	Niederhall
Halle	Kreuth	Nieder-Langenau
Halsbrücke	<b>Kreuznach</b>	Niedernau
Hambach	Kronberg	Niederselters
Hanau	Kronthal	Nieratz
Hardeck	Krumbach	Nierstein
Harzburg	Kunzendorf	Nördlingen
Hechingen	Laer	Norderney
Heckinghausen	Lamscheidt	Northeim
Heidelberg	<b>Landeck</b>	Ober-Brambach
Heilbrunn	Landskron	Ober-Herzern
Heilstein	Langenberg	Oberlahnstein
Heinrichbrunnen	Langenbrücken	Obermendig
Helmstädt	Langensalza	Oberselters
Heppingen	<b>Laubach</b>	Obertiefenbach
Heringsdorf	Lauchstadt	Oberwinter
Hermannsbach	Lausigk	Ochsenhausen
Heselwangen	Lauterberg	<b>Oeynhausien</b>
Hinnewieder	Lendershausen	Offenau
Hofgeismar	Leutstetten	Offenstein
Hohenberg	Lichtenthal	Okarben
Höhenstadt	Liebenstein	Oldesloe
Hohenstein	Liebenzell	Olmenhausen
Holzhausen	Limmer	Oppenau
Homburg	Lindenholzhausen	Osterspay
Hubertusbrunnen	Lippspringe	Osthofen
Hüttersbach	Löbenstein	Ottenstein
<b>Ilmenau</b>	Ludwigsbrunnen	Parchim
Imnau	Luisenbath	Partenkirchen
Inselbad	Lüneburg	Peissenberg
Jaxtfeld	Malmédy	Petersthal
Jobsbath	Mariabrunnenbath	Plaue
<b>Johannisberg</b>	Marienfels	Polzin
Jordansbath	Markammer	Potsdam
Jungbrunn	Meinberg	Prenzlau
Kanitz	Mergentheim	Pyrmont
Karlshafen	Michelstadt	Radeberg
Karlsruhe	Misdroy	Rappennau

**GERMANY—continued.**

Rastenberg  
Recklinghausen  
Rehburg  
Rehme  
**Reiboldsgrün**  
Reichenhall  
Reinerz  
Reutlingen  
Rietenau  
Rippoldsau  
Rodenberg  
Rohnau  
Roigheim  
Roisdorf  
Ronneburg  
Rosenheim  
Rosheim  
Rosswein  
Röthelbad  
Rothenbach  
Rothenburg  
Rothenfelde  
Rothenfels  
Rothwell  
Rudolstadt  
Ruhla  
Saargemünd  
Sachsa  
Säckingen  
St. Blasien  
St. Georgen  
St. Ulrich  
Salzbrunn  
Salzhauseu  
Salzschlirf  
Salzuffeln  
Salzungen  
Sassnitz  
Schandau  
Schieder  
Schlackenbath  
**Schlangenbad**

Schleusingen  
Schmalkalden  
Schmeckwitz  
Schönbeck  
**Schwalbach**  
Schwalheim  
Schwallungen  
Schweizermühle  
Schwelm  
•Sebastiansweiler  
Seebbruch  
Seeon  
Selters  
Sennfeld  
Sierk  
Sinzig  
Sironabath  
Soden  
Soest  
Sohl  
Staden  
Stavenhagen  
Steben  
Steinabad  
Steinfurt  
Steinheyde  
Streitberg  
Suderode  
Sulza  
Sulzbach  
Sulzbach (Alsatia)  
Sulzbach (Baden)  
Sulzmatt  
**Swinemünde**  
Sylt  
Tambach  
Tannenbrunnen  
Tatenhausen  
Tegernsee  
Teinach  
Tennstädt  
Tharandt

Theusserbad  
Tönnisstein  
Traishorloff  
Travemünde  
Tuebingen  
Ueberlingen  
Ueberlingen  
Uhlmühle  
Valdorf  
Veierbach  
Vippach-Edelhausen  
Wachenheim  
Waldbad  
**Wangeroo**  
Warmbrunn  
Warnicken  
Warnemünde  
Wassacherberg  
Wattenweiler  
Weilbach  
Westerland-Sylt  
Wiesau  
Wiesbaden  
Wiesenbad  
Wiesloch  
Wildbad  
Wildungen  
Wilhelmsbad (Silesia)  
Wilhelmsbad (Saxony)  
Wilhelmsbad (Hessen)  
Wimpfen  
Winterbach  
Wipfeld  
Wittekind  
Wolfach  
Wörth  
Zaisenhausen  
Zavelstein  
Zerbst  
Zinnowitz  
Zittau  
Zoppot

**GREAT BRITAIN.**

Aberayron  
Aberbrothwick  
Aberystwith  
Aberdaron  
Aghaloo  
Airthrey  
Aldborough  
Alderney  
Allonby  
Alnmouth  
Alton Towers  
Ambleside  
Amlwich  
Amroth

Antrim Spa  
Appledore  
Ardrossan  
Ashby-de-la-Zouche  
Arnside  
Athimonus  
Athlone  
Ballater  
Ballycotton  
Ballyspellan Spa  
Bangor  
Bantry  
Barmouth  
**Bath**

Baumaris  
Ben Rhydding  
Berwick  
Bexhill  
Birchington  
Bishops-Down Grove  
Blackpool  
Bognor  
Bonnington  
**Bournemouth**  
Bray  
Bridge of Allan  
Bridge of Earn  
Bridlington Quai

## GREAT BRITAIN—continued.

Bridport	Fleetwood	Llandrindod
Brighton	Flint	Llandudno
Brixham	Folkestone	Llandwrtyd
Broadstairs	Fordel	Llanfairfechan
Broughty Ferry	Fowey	Llangranog
Brownstown Spa	Fraserburgh	Llanstephen
Bude	Freshwater	Looe
Budleigh-Salterton	Galway Spa	Lowestoft
Builth	Garryhill Spa	Lucan
Bundorran	Gisland	Lulworth West
Burnham	Glanagarin	Lymington
Butterby	Glengariff	Lymouth
Buxton	Gloucester	Lytham
Campbelltown	Golden Bridge	Mablethorpe
Carnarvon	Grange-over-Sands	Malahide
Castel Connell	Gravesend	Mallow
Cheltenham	Great Yarmouth	Malta
Clacton-on-Sea	Guernsey	Malvern
Claremont	Hampstead	Margate
Cleethorpes	Harrowgate	Matlock
Clevedon	Hartlepool	Melcombe Regis
Clifton	Harwich	Melksham
Clynnog-Vawr	Hastings	Millport
Colwyn Bay	Hayling Island	Minehead
Courtmacherry	Helensburgh	Moffat
Cowes	Heligoland	Morecambe
Criccieth	Herne Bay	Mumbles
Crieff	Holbeck	Mumby-cum-Chapel
Cromer	Holkham	Nairn
Crosshaven	Holyhead	New Brighton
Cullercoats	Holywell	Newcastle
Dale	Hollywood	New Quay (Engl.)
Dalkey	Horley Green	New Quay (Wales)
Dartmouth	Hornsea	Newtondale
Dawlish	Hovehampton	Nottingham
Deal	Hovingham	Oban
Derrindaff	Howth	Paignton
Devonport	Hunstanton	Pannanich
Dinsdale	Hythe	Passage
Douglas	Ilfracombe	Peebles
Dovedale	Ilkley	Pembrey
Dover	Instow	Penarth
Drennan Springs	Islington	Pendine
Drogheda	Johnstown	Penmaenmawr
Droitwich	Keswick	Penzance
Drumsna	Kilburn	Pitcaithly
Drumgoon	Kilkee	Pitlacy
Drumrastel	Kilkenny	Plymouth
Dumlane	Killymard	Portland
Dunbar	Kilrush	Portobello
Dundrum	Kinsale	Port Rush
Dunmore	Knaresborough	Port Steward
Dunoon	Krevenish	Pwllheli
Durness	Lake District	Queenstown
Eastbourne	Largs	Ramsgate
Epsom	Leamington	Ramsay
Exmouth	Lee	Redcar
Falmouth	Lisdoonvarna	Redruth
Felixstowe	Littlehampton	Rhyl
Filey	Littlehaven	Rosstrevor



**GREAT BRITAIN—continued.**

Ryde	Shotley	Towyn
Ryhope	Sidmouth	Tramore
St. Andrews	Silloth	Troutbeck
St. Anne's-on-Sea	Skegness	Tunbridge Wells
St. Bee's	Skinburness	Tynemouth
St. David's	Southampton	Ullswater
St. Lawrence-on-Sea	Southbourne	Upton
St. Leonard's	Southend	Ventnor
St. Mary's	Southport	Vicarsbridge
Salcoaths	Southsea	Victoria Spa
Salcombe	South Shields	Walton-on-the-Naze
Salthurn	Southwold	Warrenspoint
Saltfleet-Haven	Spital	Watchet
Sandgate	Starbeck	Wells-next-the-Sea
Sandown	Streatham	<b>Wemyss Bay</b>
Sandrocks	Strathpeffer	Westgate-on-Sea
Sark	Sutton	Weston-Super-Mare
Saundersfoot	Swanage	Westward Ho
<b>Scarborough</b>	Swanlibar	Weymouth
Seaford	Swansea	Whitburn
Seascales	Temburg	Whitby
Seaton	Tenby	Willoughby
Seaton Carew	Thorpe Arch	Windermere
Sea-View	Thurso Bay	Windsor Forest
Shanklin	Tissington	Withernsea
Shap	<b>Torquay</b>	<b>Worthing</b>
Sheerness-on-Sea	Totland Bay	Yarmouth

**GREECE.**

Adepsos	Keuchræ	Methana
Aegina	Klemutzion	Moselli
Chios	Kythmos	Naxos
Corfu	Langassa	Nissyros
Cos	Laurion	Páros
Dirce	Lebetzoba	Peleikiton
Epidaurus	Lemnos	Santorin
Gythium	Lepanto	Skara-Chori
Hellopia	Lesbos	Tenos
Hermione	Letantus	Thera
Hypate	Liguria	Thermia
Ikaria	Lintzi	Thermopylae
Kaifa	Lucas	Thesbis Spring
Kaissariani	Lutraki	Vonitza
Kalauria	Melos	Zante
Karithena	Milo	Zea
Katharsion		

**HOLLAND.**

Hilversum	<b>Scheveningen</b>	Zwolle.
Katwyk	Zandvoort	

**ITALY.**

Abano	<b>Acquae-Albulæ</b>	<b>Acqua Santa</b>
<b>Acireale</b>	Acqua-Bolle	(Termi)
Acquaacetosa	Acqua Puzzolente	Acqua Santa di Buy-
Acqua-Acidola	Acqua Raineriana	huto

## ITALY—continued.

Acqua-Santa (Genoa)  
 Acquae-Subreni-Ho-  
 mini  
 Acqui  
 Agnano  
 Aitora  
 Alassio  
 Albano  
 Alcama  
 Ali  
 Alica  
 Allegrezza  
 Allume  
 Amalfi  
 Ammoniac Gas Spring  
 Anacapri  
 Anagni  
 Ancona  
 Anguillara  
 Arcidosso  
 Arenzano  
 Armajolo  
 Asciano  
 Ascoli  
 Asinolunga  
 Aspio  
 Astroni  
 Baccanella  
 Bagnaccio  
 Bagne-a-Baccanella  
 Bagnoli  
 Bagni-à-Acqua  
 Bagni-à-Morba  
 Bagni, Acqua dei  
 Bagno Bossale  
 Bagno d'Apollo  
 Bagno-Fresco  
 Bagno dei Rhachitici  
 Bagno-in-Romagna  
 Baldini, Acqua dei  
 Balnea d'Avignone  
 Bari, Acqua dei  
 Battaglia, La  
 Bellaggio  
 Benetutti  
 Bergallo  
 Bivuto di Termini  
 Bobbio  
 Bocheggiano  
 Bordighera  
 Borgo-Marò  
 Borla  
 Bormio  
 Borra  
 Borrono  
 Bottaccio  
 Bresigala  
 Brindisi  
 Bronia  
 Bruca

Buca dei Fori  
 Burrone  
 Caccio-Cotto  
 Cadenabbia  
 Caldanello  
 Caldieri  
 Caldini  
 Calliano  
 Calvello  
 Canal-grosso  
 Caprenne  
 Capri  
 Caprifico  
 Casale  
 Casamicciola  
 Casa Nuova  
 Casa Stronchino  
 Casciani  
 Casino  
 Casiola  
 Castel-Doria  
 Castellamare  
 Castelletto Mascagni  
 Castelletto d'Orba  
 Castel San Pietro  
 Castelnuovo  
 Castiglione  
 Castro-Caro  
 Catania  
 Catena  
 Cattenaja  
 Cave  
 Caz-di-Bagno  
 Cecinella  
 Cefalu  
 Cerresoles  
 Cesalpino  
 Cetona  
 Chianciano  
 Chiatamone  
 Chiavari  
 Chitignano  
 Chiusa dei Monaci  
 Cinciano  
 Cipollo  
 Citara  
 Civilliano  
 Civita Vecchia  
 Colico  
 Como  
 Cornigliano-Ligure  
 Corticella  
 Cotone  
 Cotto  
 Courmayeur  
 Craveggia  
 Doccio  
 Dofana  
 Dovadola  
 Elba

Eufemia  
 Faenza  
 Falciano  
 Fano  
 Ficoncella  
 Filetta  
 Florence  
 Fonga  
 Fontaccia  
 Fordignano  
 Fossino  
 Fosso degli Ontani  
 Gagliana  
 Gallerage  
 Gavorano  
 Genoa  
 Gerace  
 Giglio  
 Giunco-Marino  
 Grotto del Cane  
 Imola  
 Irno (Val d')  
 Ischia  
 Isola Bona  
 Lama  
 La Salute  
 Leccia  
 Levana  
 Lipara  
 Livorno  
 Loreta  
 Lu  
 Lucca  
 Macerrato  
 Madonna à Papiano  
 Madonna di tre Fiume  
 Maria dell'Aquila  
 Maria in Bagnos  
 Marsala  
 Masino  
 Massa  
 Mercantale  
 Messina  
 Meta  
 Miemo  
 Milan  
 Moggiona  
 Molla, Il  
 Monsummano  
 Montafia  
 Montagnone  
 Montalceto  
 Mont'Amiata  
 Monte-Catini  
 Montegrotto  
 Montefiascone  
 Monte-Ortone  
 Monte-Rotondo  
 Montione  
 Morba

**ITALY—continued.**

Mortagone  
**Naples**  
 Nave dell'Inferno  
 Nerone (Stufa di)  
 Nervi  
 Nitrolis  
 Nocera  
 Noceto  
 Palazonia  
 Palazzolo  
**Palermo**  
 Palestrina  
 Pallanza  
 Pantano  
 Paterno  
 Pegli  
 Pejo  
 Pelagio  
 Pelago  
 Penna, La  
 Pergine  
 Pertino  
 Pesaro  
 Pescara  
 Petraglia  
 Petriolo  
 Pietra  
 Pigna, La  
 Pillo  
 Pisa  
 Pisciarelli  
 Pitighiano  
 Pizzo, Il  
 Pizzofalcone  
 Poggetti  
 Poggibonzi  
 Poggio Curatale  
 Poggio Pinci  
 Poggio Rosso  
 Pontano  
 Popoli  
 Porretta, La  
 Pozzuoli  
 Pré St. Didier  
 Pretiolo  
 Puzza di Pienza  
 Quersola  
 Raddusa  
 Rapallano  
 Rapallo

**Ravone-in-**  
**Casaglia**  
**Recoaro**  
 Retorbido  
 Riando  
 Riguardo  
 Rimini  
 Rio  
**Riolo**  
 Rio Meo  
 Rio Sordo  
 Rita  
 Rocca San Felice  
 Rocegno  
 Romagna  
 Rombolo  
**Rome**  
 Roselle  
 Rostona  
 Poggetti  
 Poggibonzi  
 St. Cassien  
 St. Genis  
 St. Vincent  
 Salceti  
 Salerno  
 Salice  
 Saló  
 San Casciano  
 San Daniele  
 San Fedele  
 San Filippo  
 San Genesio  
 San Germano  
 San Giuliano  
 San Giuseppe  
 San Leopoldo  
 San Martino  
 San Marziale  
 San Michele  
 San Remo  
**Santa Cesarea**  
 Santa Gonda  
 Santa Margherita  
 Santa Restituta  
 Santa Vigone  
 Sasso di Maremma  
 Saturnia  
 Sciacca  
 Sciafani

Segesta  
 Seraglio  
 Serapis (Temple)  
 Seravalle  
 Sestri-Ponente  
 Sigliano  
**Sinigallia**  
 Sorrento  
**Spezia, La**  
 Sproffondo  
 Stresa  
 Sujo  
 Tabbiano  
 Talamanaccio  
 Taormina  
**Telese**  
 Terme Luigiane  
 Termini  
 Termini Castoreale  
 Testa  
 Tolpa  
**Torre Anunziata**  
 Torre del Grecco  
 Torretta, La  
 Trani  
 Trescore  
 Tritoli  
 Turin  
 Valdieri  
 Valenza  
 Vellebro  
 Venafrò  
 Venice  
 Verrazano  
 Vescovo  
 Vialla  
**Viareggio**  
 Vicarello  
 Victorie  
 Vignale  
 Vignone  
 Villa delle Caselle  
 Villa d'Este  
 Vinadio  
 Visone  
 Viterbo  
 Voltaggio  
 Volterra  
 Voltri  
 Zafarana

**PORTUGAL.**

Alcafache  
 Aregos  
 Bellas Agoas  
 Cabeça-da-Vida  
 Caldas de Geres  
 Caldas da Nossa  
 Senhora  
**Caldas da Raina**

Chaves  
 Gafete  
 Gaieiras  
 Junqueiro  
**Lisbon**  
**Madeira**  
 Mirardella  
 Monsão

**Oporto**  
 Rade de Corvaçeira  
 Rio-Mayor  
 Rio-Real  
 San Pedro do Sul  
 Torres-Vedras  
**Vidago**  
 Vizella

## PRINCIPALITY OF MONACO.

Condamine

Monaco

Monte Carlo

## RUSSIA.

Abas-Tuman  
Alexander's Spring  
Barbern  
Beschtan Bath  
Borschom  
Busk  
Bykowicz  
Ciechocinek  
Dubograedsk  
Eisenberg  
Essentuk  
Gori  
Helsingfors  
Janischek  
Kammietz-Podolsk  
Kaschin  
Kastanowka  
Katharinbath

Kemmern  
Kislawodsk  
Klutschewsk  
Kötschenowa  
Kunda  
Kungara  
Kuppis  
Langenberg  
Lipezk  
Neskutschnoie  
Nowosselja  
Odessa  
Oesel  
Orel  
Orenburg  
Oni  
Pjätigorsk  
Psekups Springs

Riga  
Sarepta  
Schelesna-Wodsk  
Schmardau  
Serdcpol  
Sergiewsk  
Siekeriki  
Sitka  
Slepzoff-Michael-  
off Springs  
Spag  
Stolypin  
Toropetz  
Twer  
Uleaborg  
Undary  
Utzer  
Zagwera

## SPAIN.

Alange  
Alaráz  
Alcala  
Alcantud  
Alceda  
Alhama de Aragon  
Alhama de  
Granada  
Alhama de Murcia  
Alicante  
Alicum  
Aliseda  
Almeida  
Almeria  
Aramazona  
Archena  
Archevaleta  
Arenosillo  
Arnedillo  
Arranzarre  
Artejo  
Baños  
Baza  
Bejar  
Bellus  
Benavente  
Benimarfull  
Bertua  
Bonar  
Braque  
Buyeres de Nava  
Buzost

Cadiz  
Caldas de Besaya  
Caldas de Bohi  
Caldas de Cuntis  
Caldas de Estrac  
Caldas de Malavella  
Caldas de Mombuy  
Caldas de Oviedo  
Caldas de Reyes  
Caldas de Tuy  
Caldillas de San Miguel  
Candín  
Canena  
Canillejas  
Carbagnal  
Carballino  
Carratraca  
Casares  
Castenar dei Bor  
Cati  
Cestona-guezalaya  
Chiclana  
Corcoles  
Cortejada  
Cuervo  
Diezgo  
Elche  
Elorrio  
Esparaguera  
Ferreira  
Fitero  
Fontarabbia

Fortuna  
Fuen-Alámo  
Fuente Caliente  
Fuente de Piedra  
Fuente del Rosal  
Fuente del Toro  
Galera  
Gandesa  
Gava  
Gaviria  
Gigonza  
Gijón  
Grabálos  
Graena  
Grao  
Guarda-Vieja  
Guesalivar  
Guitiriz  
Hermida, La  
Hervideros del  
Emperador  
Hervideros de  
Fontillesca  
Hervideros de  
Fuen Santa  
Hervideros de Villar  
del Pozo  
Horcajo de Lucena  
Huelva  
Humera  
Inchaurte  
Jacintos

**SPAIN**—*continued.*

Jaen  
 Jaraba  
 Landetta  
 Lanjarron  
 Ledesma  
 Lés  
 Lierganes  
 Lodova  
 Lucarnena  
 Lujo  
 Madrid  
 Mala  
 Malaga  
 Marbella  
 Marmolejo  
 Martos  
 Mecina-Burbaron  
 Molar, El  
 Molina de Aragon  
 Molinar de Caranza  
 Monda  
 Mondon  
 Monegrillo  
 Montemayor  
 Mula

Murcia  
 Navajas  
 Navalpino  
 Novelda  
 Olivera  
 Ontaneda  
 Orense  
 Panticosa  
 Paterna  
 Pixigueiro  
 Portovia  
 Portugos  
 Pozo-Amargo  
 Puda, La  
 Puente Viesgo  
 Puertolano  
 Quinto  
 Rio-Tinto  
 Rivera  
 Rubinat  
 Sacedon  
 San Adrian  
 San Juan  
 San Juan de Campos

San Sebastian  
 Santa Agueda  
 Saudon  
 Segura de Aragon  
 Segura  
 Solar de Cabras  
 Solares  
 Tardon  
 Teruel  
 Thermas, Las  
 Titus, Baños de  
 Torre de San Miguel  
 Trillo  
 Urberoaga de Alzola  
 Urberoaga de Ubilla  
 Vacia-Madrid  
 Valle de la Cueva  
 Valencia  
 Villacarillo  
 Villafafila  
 Villatoya  
 Villavieja de Nules  
 Zaldivar  
 Zujar

**SWEDEN AND NORWAY.**

Adolfsberg  
 Badstofuhver  
 Borås  
 Daneverd  
 Fällörne  
 Gustafsberg  
 Helenskilde  
 Hernösand

Lanaskede  
 Loka  
 Lund  
 Maestrand  
 Medewi  
 Modum  
 Porla  
 Ramlöza

Ronneby  
 Sandefjord  
 Stromstad  
 Torpa  
 Vaxholm  
 Wahlberga  
 Wallby Baths

**SWITZERLAND.**

Aigle  
 Albisbrunn  
 Allerheiligen  
 Alveneu  
 Andeer  
 Appenzell  
 Arp  
 Arzilhe  
 Attisholz  
 Axenstein  
 Baden  
 Bagni di Crana  
 Bagno  
 Balzach  
 Beggenried  
 Belalp  
 Bellrive  
 Bex  
 Birmansdorf  
 Bleichbad

Blumenstein  
 Blumenthal  
 Bonn  
 Brigg  
 Brüttalen  
 Bubendorf  
 Bürgenstock  
 Combe-Girard  
 Daetlingen  
 Davos  
 Dardagni  
 Dorfbad  
 Drise  
 Enathbühl  
 Engistein  
 Eppingen  
 Ermetschwyl  
 Evolena  
 Farnbühl  
 Fideris

Fläsch  
 Forstegg  
 Gais  
 Garmyswyl  
 Gempelenbath  
 Geneva  
 Gisi  
 Golaise  
 Gonten  
 Gränichenbad  
 Grindelwald  
 Gurnigel  
 Gyrenbath  
 Häbernbad  
 Haldenstein  
 Heiden  
 Heinrichsbath  
 Heustrichsbath  
 Horn  
 Ibenmoos

**SWITZERLAND—continued.**

<b>Iberg</b>	<b>Pfaeffers</b>	<b>Seewen</b>
<b>Interlaken</b>	<b>Piguien</b>	<b>Stachelberg</b>
<b>Jenatz</b>	<b>Pignol</b>	<b>Suot-Sass</b>
<b>Kirchleerau</b>	<b>Pontresina</b>	<b>Tarasp</b>
<b>Knutwyl</b>	<b>Ponts, Les</b>	<b>Teufen</b>
<b>Laemnoli</b>	<b>Poschiamo</b>	<b>Thalgut</b>
<b>Lalliaz</b>	<b>Ragatz</b>	<b>Thoune</b>
<b>Lausanne</b>	<b>Ransbath</b>	<b>Thusis</b>
<b>Lavey</b>	<b>Rheinfelden</b>	<b>Trois-Torrens</b>
<b>Leissigen</b>	<b>Righi</b>	<b>Unterbath</b>
<b>Leprese</b>	<b>Riedbad</b>	<b>Unterhallau</b>
<b>Limpach</b>	<b>Rolle</b>	<b>Unterseen</b>
<b>Locarno</b>	<b>Römerbath</b>	<b>Urnäsen</b>
<b>Lochbachbad</b>	<b>Röslibath</b>	<b>Vals</b>
<b>Loèche-les-Bains</b>	<b>Russwyl</b>	<b>Vevey</b>
<b>Losdorf</b>	<b>St. Cergues</b>	<b>Veytaux</b>
<b>Lugano</b>	<b>St. Moritz</b>	<b>Villeneuve</b>
<b>Luxburg</b>	<b>Samaden</b>	<b>Visibachbath</b>
<b>Maloja</b>	<b>San Bernhardino</b>	<b>Waidhaldenbath</b>
<b>Martigny</b>	<b>Saxon</b>	<b>Waldstatt</b>
<b>Meltingen</b>	<b>Schinznach</b>	<b>Wattwyl</b>
<b>Montbarri</b>	<b>Schimberg</b>	<b>Weggis</b>
<b>Montreux</b>	<b>Schmerikon</b>	<b>Weisbad</b>
<b>Morgins</b>	<b>Schönenbrunn</b>	<b>Weissenburg</b>
<b>Niederweil</b>	<b>Schöneck</b>	<b>Weissenstein</b>
<b>Nydelbad</b>	<b>Schöngau</b>	<b>Wildeggen</b>
<b>Ollon</b>	<b>Schüls</b>	<b>Wildhausbath</b>
<b>Osterfingen</b>	<b>Schüols</b>	<b>Yverdon</b>
<b>Paradies</b>	<b>Schwarzenberg</b>	<b>Zermatt</b>
<b>Passugg</b>	<b>Schwarzseebath</b>	<b>Zürich</b>
<b>Peiden</b>	<b>Schwefelbergerbath</b>	

**TURKEY (European and Asiatic).**

Servia, Roumania, Bulgaria.

<b>Ahioli</b>	<b>Gadara</b>	<b>Lidja</b>
<b>Aias</b>	<b>Hassan-Pacha-</b>	<b>Metelin</b>
<b>Aidos</b>	<b>Pallenka</b>	<b>Oloneschti</b>
<b>Bobotsch</b>	<b>Ildjak</b>	<b>Otschin</b>
<b>Brussa</b>	<b>Jalova</b>	<b>Patmos</b>
<b>Calliarhoë</b>	<b>Kalimaneste</b>	<b>Salonichi</b>
<b>Chios</b>	<b>Kimpalungi</b>	<b>Serboneschte</b>
<b>Eeski-cherrer</b>	<b>Kirkilissa</b>	<b>Sibitschudi-Suz</b>
<b>Feredschik</b>	<b>Kosia</b>	<b>Smokobo</b>
<b>Finceschti</b>	<b>Kostendil</b>	<b>Smyna</b>



# LONDON, PARIS,

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**MANAGER, Cav. Giuseppe Orlando.**

**CHIEF INSPECTOR, Cav. A. F. Rocchi, Assistant Manager.**

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	Leghorn, Naples, Messina, Palermo and the Levantine Coast, every Wednesday at 10 p.m., corresponding for Malta.		Malta, calling at Messina, Catania and Syracuse, Monday and Friday at 5 p.m.
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